

**2017 Indoor National Championships**

**Saturday, July 15, 2017**

**8:00 AM All Skaters Registration**

**8:00 AM Doors Open for Practice**

**Practice for Elite Individual Event**

8:30 AM Junior Women

8:35 AM Junior Men

8:40 AM Junior Women

8:45 AM Junior Men

8:50 AM Junior Women

8:55 AM Junior Men

9:00 AM **Regional Reps Meeting**

9:00 AM Senior Women

9:05 AM Senior Men

9:10 AM Senior Women

9:15 AM Senior Men

9:20 AM Senior Women

9:25 AM Senior Men

9:30 AM Classic Women

9:35 AM Classic Men

9:40 AM Classic Women

9:45 AM Classic Men

9:50 AM Sophomore Women

9:55 AM Sophomore Men

10:00 AM **Speed Tabulators Seminar**

10:00 AM Sophomore Women

10:05 AM Sophomore Men

10:10 AM Sophomore Women

10:15 AM Sophomore Men

10:20 AM Master Women

10:25 AM Master Men

10:30 AM Master Women

10:35 AM Master Men

10:40 AM Tiny Tot Girls

10:45 AM Tiny Tot Boys

10:50 AM Tiny Tot Girls

10:55 AM Tiny Tot Boys

11:00 AM Primary Girls

11:05 AM Primary Boys

11:10 AM Primary Girls

11:15 AM Primary Boys

11:20 AM Juvenile Girls

11:25 AM Juvenile Boys  
11:30 AM Juvenile Girls  
11:35 AM Juvenile Boys  
11:40 AM Elementary Girls  
11:45 AM Elementary Boys  
11:50 AM Elementary Girls  
11:55 AM Elementary Boys  
12:00 PM Freshman Girls  
12:05 PM Freshman Boys  
12:10 PM Freshman Girls  
12:15 PM Freshman Boys  
12:20 PM Grand Classic Women  
12:25 PM Grand Classic Men  
12:30 PM Grand Classic Women  
12:35 PM Grand Classic Men  
12:40 PM Grand Master Women  
12:45 PM Grand Master Men  
12:50 PM Grand Master Women  
12:55 PM Grand Master Men  
1:00 PM **Meet Directors Seminar**  
1:00 PM Veteran Women  
1:05 PM Veteran Men  
1:10 PM Veteran Women  
1:15 PM Veteran Men  
1:20 PM Grand Veteran Women  
1:25 PM Grand Veteran Men  
1:30 PM Grand Veteran Women  
1:35 PM Grand Veteran Men  
1:40 PM Esquire Women  
1:45 PM Esquire Men  
1:50 PM Esquire Women  
1:55 PM Esquire Men  
2:00 PM Grand Esquire Women  
2:05 PM Grand Esquire Men  
2:10 PM Grand Esquire Women  
2:15 PM Grand Esquire Men  
2:20 PM Clear Building  
2:30 PM **Speed Coaches Meeting**  
3:30 PM **Speed Officials Meeting**  
5:00 PM **Hall of Fame & Honors Reception**

**Sunday July 16, 2017**

**Elite Middle Distance****7:00AM**

Senior Men	1500M	5 Heats
Sophomore Men	1000M	5 Heats
Senior Ladies	1000M	3 Heats

**8:00AM**

Junior Men	1000M	4 Heats
Junior Ladies	1000M	3 Heats
Sophomore Ladies	1000M	4 Heats

**8:30AM**

Senior Men	1500M	3 Quarters
Sophomore Men	1000M	3 Quarters

**9:00AM**

Senior Ladies	1000M	2 Semis
Junior Mens	1000M	2 Semis
Junior Ladies	1000M	2 Semis

**9:25AM**

Classic Men	1000M	2 Heats
Sophomore Ladies	1000M	2 Semis
Senior Men	1500M	2 Semis
Sophomore Men	1000M	2 Semis

**9:55AM**

Freshman Boys	500M	5 Heats
Freshman Girls	500M	5 Heats
Elementary Girls	500M	5 Heats

**10:25AM**

Juvenile Boys	300M	5 Heats
Elementary Boys	500M	4 Heats
Primary Girls	300M	4 Heats

**10:45AM**

Freshman Boys	500M	3 Quarters
Freshman Girls	500M	3 Quarters
Elementary Girls	500M	3 Quarters

**11:15AM**

Juvenile Girls	300M	4 Heats
Juvenile Boys	300M	3 Quarters
Master Men	1000M	3 Heats
Grand Esquire Men	700M	3 Heats

**11:45AM**

Master Ladies	1000M	2 Heats
Grand Master Men	1000M	3 Heats
Veteran Men	700M	3 Heats
Grand Veteran Men	700M	3 Heats
Esquire Men	700M	2 Heats

**12:25PM**

Freshman Boys	500M	2 Semis
Freshman Girls	500M	2 Semis
Elementary Boys	500M	2 Semis

**12:40PM**

Juvenile Girls	300M	2 Semis
Juvenile Boys	300M	2 Semis
Elementary Girls	500M	2 Semis
Prim. Girls	300M	2 Semis

**12:55PM**

Tiny Tot Girls	200M	2 Heats
Primary Boys	300M	2 Heats
Master Men	1000M	2 Semis
Grand Esquire Men	700M	2 Semis

**1:10PM**

Grand Master Men	1000M	2 Semis
Veteran Men	700M	2 Semis
Grand Veteran Men	700M	2 Semis

**Clear Building****5:00PM Doors Open****Middle Distance Finals****5:30PM**

Tiny Tot Girls	200M	Final
Tiny Tot Boys	200M	Final
Primary Girls	300M	Final
Primary Boys	300M	Final
Juvenile Girls	300M	Final
Juvenile Boys	300M	Final

**5:45PM**

Elementary Girls	500M	Final
Elementary Boys	500M	Final
Freshman Girls	500M	Final
Freshman Boys	500M	Final

**6:15PM****Awards**

**6:45pm**

Master Ladies	1000M	Final
Master Men	1000M	Final
Grand Master Ladies	1000M	Final
Grand Master Men	1000M	Final

**7:15PM**

Veteran Ladies	700M	Final
Veteran Men	700M	Final
Grand Veteran Ladies	700M	Final
Grand Veteran Men	700M	Final

**7:30PM**

Esquire Ladies	700M	Final
Esquire Men	700M	Final
Grand Esquire Ladies	700M	Final
Grand Esquire Men	700M	Final

**8:00PM**

Classic Ladies	1000M	Final
Classic Men	1000M	Final
Grand Classic Ladies	1000M	Final
Grand Classic Men	1000M	Final

**8:30PM**

Sophomore Ladies	1000M	Final
Sophomore Men	1000M	Final
Juvenile Ladies	1000M	Final
Juvenile Men	1000M	Final

**9:00PM**

Senior Ladies	1000M	Final
Senior Men	1500M	Final

**AWARDS****Clear Building****Monday July 17, 2017****6:30AM Doors Open****Short Distance Heats and Semis****7:00AM**

Freshman Girls	300M	5 Heats
Freshman Boys	300M	5 Heats
Elementary Girls	500M	5 Heats

**7:30AM**

Juvenile Boys	200M	5 Heats
Elementary Boys	300M	4 Heats

Primary Girls	200M	4 Heats
<b>7:45AM</b>		
Freshman Girls	300M	3 Quarters
Freshman Boys	300M	3 Quarters
Elementary Girls	300M	3 Quarters
<b>8:00AM</b>		
Juvenile Girls	200M	4 Heats
Juvenile Boys	200M	3 Quarters
Master Men	500M	3 Heats
Grand Esquire Men	500M	3 Heats
<b>8:30AM</b>		
Master Ladies	500M	2 Heats
Grand Master Men	500M	3 Heats
Veteran Men	500M	3 Heats
Grand Veteran Men	500M	3 Heats
Esquire Men	500M	2 Heats
<b>9:00AM</b>		
Freshman Girls	300M	2 Semis
Freshman Boys	300M	2 Semis
Elementary Girls	300M	2 Semis
<b>9:15AM</b>		
Elementary Boys	300M	2 Semis
Juvenile Girls	200M	2 Semis
Juvenile Boys	200M	2 Semis
<b>9:30AM</b>		
Tiny Tot Girls	100M	2 Heats
Primary Girls	200M	2 Semis
Primary Boys	200M	2 Semis
Master Men	500M	2 Semis
Grand Esquire Men	500M	2 Semis
<b>9:45AM</b>		
Grand Master Men	500M	2 Semis
Veteran Men	500M	2 Semis
Grand Veteran Men	500M	2 Semis
<b>10:00AM</b>		
Senior Men	500M	5 Heats
Sophomore Men	500M	5 Heats
Senior Ladies	500M	3 Heats
<b>10:30AM</b>		
Junior Men	500M	4 Heats
Junior Ladies	500M	3 Heats
Sophomore Ladies	500M	4 Heats
<b>10:55AM</b>		

Senior Men	500M	3 Quarters
Sophomore Men	500M	3 Quarters
Senior Ladies	500M	2 Semis

**11:00AM**

Classic Men	500M	2 Heats
Junior Men	500M	2 Semis
Junior Ladies	500M	2 Semis
Sophomore Ladies	500M	2 Semis

**11:30AM**

Senior Men	500M	2 Semis
Sophomore Men	500M	2 Semis

**Long Distance Heats Only**

**12:00PM**

Tiny Tots Ladies	300M	2 Heats
Primary Ladies	400M	4 Heats
Primary Boys	400M	2 Heats
Juvenile Girls	500M	4 Heats
Juvenile Boys	500M	5 Heats

**12:30PM**

Elementary Girls	700M	5 Heats
Elementary Boys	700M	4 Heats
Freshman Girls	1000M	5 Heats
Freshman Boys	1000M	5 Heats

**1:45PM**

Master Men	1500M	3 Heats
Master Ladies	1000M	2 Heats
Grand Master Men	1500M	3 Heats

**2:30PM**

Veteran Men	1000M	3 Heats
Grand Veteran Men	1000M	3 Heats
Esquire Men	1000M	2 Heats
Grand Esquire Men	1000M	3 Heats

**3:10PM**

Classic Men	2000M	2 Heats
Sophomore Ladies	1500M	4 Heats
Sophomore Men	1500M	5 Heats

**4:15PM**

Junior Ladies	1500M	3 Heats
Junior Men	2000M	4 Heats

**5:00PM**

Senior Ladies	2000M	2 Heats
Senior Men	3000M	5 Heats

**CLEAR BUILDING**

**6:00PM Doors Open**

**6:15PM Opening Ceremonies**

**Elite Short Distance Finals (Sprint Night)**

**6:45PM**

Tiny Tot Girls	100M	Final
Tiny Tot Boys	100M	Final
Primary Girls	200M	Final
Primary Boys	200M	Final
Juvenile Girls	200M	Final
Juvenile Boys	200M	Final

**7:00PM**

Elementary Girls	300M	Final
Elementary Boys	300M	Final
Freshman Girls	300M	Final
Freshman Boys	300M	Final

**7:15pm**

**Awards**

**7:45PM**

Master Ladies	500M	Final
Master Men	500M	Final
Grand Master Ladies	500M	Final
Grand Master Men	500M	Final

**8:00PM**

Veteran Ladies	500M	Final
Veteran Men	500M	Final
Grand Veteran Ladies	500M	Final
Grand Veteran Men	500M	Final

**8:15PM**

Esquire Ladies	500M	Final
Esquire Men	500M	Final
Grand Esquire Ladies	500M	Final
Grand Esquire Men	500M	Final

**8:30PM**

Classic Ladies	500M	Final
Classic Men	500M	Final
Grand Classic Ladies	500M	Final



Grand Classic Men 500M Final

**8:45PM**

Sophomore Ladies 500M Final

Sophomore Men 500M Final

Junior Ladies 500M Final

Junior Men 500M Final

**9:00PM**

Senior Ladies 500M Final

Senior Men 500M Final

**Awards**

**Clear Building**

**Tuesday, July 18, 2017 6:00 AM Doors Open**  
**Practice for all 2 Person Relays**

6:30 AM Sophomore 2 Woman  
6:40 AM Sophomore 2 Man  
6:50 AM Senior 2 Woman  
7:00 AM Senior 2 Man  
7:10 AM Classic 2 Woman  
7:20 AM Classic 2 Man  
7:30 AM Primary 2 Girl  
7:40 AM Primary 2 Boy  
7:50 AM Elementary 2 Girl  
8:00 AM Elementary 2 Boy  
8:10 AM Primary 2 Mix  
8:20 AM Elementary 2 Mix  
8:30 AM Master 2 Woman  
8:40 AM Master 2 Man  
8:50 AM Veteran 2 Woman  
9:00 AM Veteran 2 Man  
9:10 AM Esquire 2 Woman  
9:20 AM Esquire 2 Man  
9:30 AM Sophomore 2 Mix  
9:40 AM Senior 2 Mix  
9:50 AM Classic 2 Mix  
10:00 AM Master 2 Mix  
10:10 AM Veteran 2 Mix  
10:20 AM Esquire 2 Mix  
10:30 AM **OPEN PRACTICE FOR ALL 3 & 4 PERSON RELAYS**  
**12:00 CLEAR BUILDING**

**Tuesday, July 18, 2017 Elite Long Distance Quarters and Semis**

**12:30PM Doors Open**

**1:00PM**

Senior Men	3000M	3 Quarters
Sophomore Men	1500M	3 Quarters
Freshman Ladies	1000M	3 Quarters
Freshman Boys	1000M	3 Quarters

**2:15PM**

Elementary Girls	700M	3 Quarters
Juvenile Boys	500M	3 Quarters
Primary Girls	400M	2 Semis
Juvenile Girls	500M	2 Semis
Elementary Boys	700M	2 Semis

**2:45PM**

Junior Ladies	1500M	2 Semis
Junior Men	2000M	2 Semis
Sophomore Ladies	1500M	2 Semis

**3:20PM**

Master Men	1500M	2 semis
Grand Master Men	1500M	2 Semis
Veteran Men	1000M	2 Semis
Grand Veteran Men	1000M	2 Semis
Grand Esquire Men	1000M	2 Semis

**4:00PM**

Senior Ladies	2000M	2 Semis
Senior Men	3000M	2 Semis
Sophomore Men	1500M	2 Semis

**4:45PM**

Freshman Girls	1000M	2 Semis
Freshman Boys	1000M	2 Semis
Elementary Ladies	700M	2 Semis

**CLEAR BUILDING****Elite Long Distance Finals****5:30PM****Doors Open****6:00PM**

Tiny Tots Girls	300M
Tiny Tots Boys	300M
Primary Girls	400M
Primary Boys	400M
Juvenile Girls	500M
Juvenile Boys	500M

**6:20PM**

Elementary Girls	700M
Elementary Boys	700M
Freshman Girls	1000M
Freshman Boys	1000M

**AWARDS****7:30PM**

Master Ladies	1000M
Master Men	1500M
Grand Master Ladies	1000M
Grand Master Men	1500M

**8:10PM**

Veteran Ladies	1000M
Veteran Men	1000M
Grand Veteran Ladies	1000M
Grand Veteran Men	1000M

**8:40PM**

Esquire Ladies	1000M
Esquire Men	1000M
Grand Esquire Ladies	1000M
Grand Esquire Men	1000M

**9:10PM**

Classic Ladies	1500M
Classic Men	2000M
Grand Classic Ladies	1500M
Grand Classic Men	1500M

**10:00PM**

Sophomore Ladies	1500M
Sophomore Men	1500M
Junior Ladies	1500M
Junior Men	2000M

**10:30PM**

Senior Ladies	2000M
Senior Men	3000M

**AWARDS****Wednesday, July 19, 2017****6:00 AM Doors Open****2 PERSON RELAY HEATS****6:30 AM**

Sophomore 2 Woman	2000M 4 Heats
Sophomore 2 Man	3000M 4 Heats

**7:30 AM**

Senior 2 Man	5000M 4 Heats
Senior 2 Woman	2000M 2 Heats

**8:45 AM**

Classic 2 Man	3000M 2 Heats
Master 2 Woman	2000M 2 Heats
Master 2 Man	2000M 2 Heats

**9:40 AM**

Veteran 2 Man	2000M 3 Heats
Elementary 2 Girl	2000M 4 Heats
Elementary 2 Boy	2000M 4 Heats

**10:50 AM**

Primary 2 Girl	1200M 2 Heats
Sophomore 2 Mix	3000M 4 Heats

**11:40 AM**

Senior 2 Mix	3000M 4 Heats
Classic 2 Mix	2000M 2 Heats

**12:40 PM**

Primary 2 Mix	1200M 2 Heats
Master 2 Mix	2000M 3 Heats
Veteran 2 Mix	2000M 2 Heats
Elementary 2 Mix	2000M 4 Heats

**2 PERSON RELAY SEMIS****1:45 PM**

Sophomore 2 Woman	2000M 2 Semis
Sophomore 2 Man	3000M 2 Semis
Senior 2 Woman	3000M 2 Semis

**2:45 PM**

Senior 2 Man	5000M 2 Semis
Classic 2 Man	3000M 2 Semis
Master 2 Man	2000M 2 Semis

**4:00 PM**

Elementary 2 Girl	2000M 2 Semis
Elementary 2 Boy	2000M 2 Semis
Sophomore 2 Mix	3000M 2 Semis
Veteran 2 Man	2000M 2 Semis

**5:00PM**

Senior 2 Mix	3000M 2 Semis
Master 2 Mix	2000M 2 Semis
Elementary 2 Mix	2000M 2 Semis

**Clear Building****2 PERSON RELAY FINALS****6:00 PM Doors Open****6:30 PM**

Primary 2 Mix	1200M	Final
Classic 2 Mix	2000M	Final
Master 2 Mix	2000M	Final
Veteran 2 Mix	2000M	Final
Esquire 2 Mix	2000M	Final
Elementary 2 Mix	2000M	Final

Sophomore 2 Mix	3000M	Final
Senior 2 Mix	3000M	Final
<b>7:30 PM</b>		
Primary 2 Girl	1200M	Final
Primary 2 Boy	1200M	Final
Elementary 2 Girl	2000M	Final
Elementary 2 Boy	2000M	Final
<b>8:00 PM AWARDS</b>		
<b>8:30 PM</b>		
Classic 2 Woman	2000M	Final
Classic 2 Man	3000M	Final
Master 2 Woman	2000M	Final
Master 2 Man	2000M	Final
Veteran 2 Woman	2000M	Final
<b>9:00 PM</b>		
Veteran 2 Man	2000M	Final
Esquire 2 Woman	2000M	Final
Esquire 2 Man	2000M	Final
Sophomore 2 Woman	2000M	Final
Sophomore 2 Man	3000M	Final
<b>9:30 PM</b>		
Senior 2 Woman	3000M	Final
Senior 2 Man	5000M	Final
<b>10:00 PM AWARDS</b>		
<b>Clear Building</b>		

**Thursday, July 20, 2017**

**5:00 AM Doors Open**

**5:30 to 6:30 OPEN Practice for ALL 3 and 4 Person Relays**

**6:30AM**

Senior 4 Man	4000M	3 Heats
Freshman 4 Mixed	2000M	3 Heats

**7:30AM**

Senior 4 Lady	4000M	2 Heats
Master 4 Man	2000M	2 Heats

**8:15AM**

Juvenile 4 Person	1200M	2 Heats
Freshman 4 Boy	2000M	2 Heats
Freshman 4 Girl	2000M	2 Heats

**8:50AM**

Senior 4 Mixed	4000M	3 Heats
Master 4 Mixed	2000M	2 Heats

**9:45AM**

Freshman 4 Mixed	2000M	2 Semis
Senior 4 Man	4000M	2 Semis

**10:30AM****BREAK****11:00AM**

Juvenile 4 Mixed	1200M	Final
Freshman 4 Mixed	2000M	Final

**11:15AM**

Master 4 Mixed	2000M	Final
Senior 4 Mixed	4000M	Final

**11:35AM**

Juvenile 4 Girl	1200M	Final
Juvenile 4 Boy	1200M	Final

**11:50AM**

Freshman 4 Girl	2000M	Final
Freshman 4 Boy	2000M	Final

**12:05PM**

Master 4 Lady	2000M	Final
Master 4 Man	2000M	Final

**12:20PM**

Senior 4 Lady	4000M	Final
Senior 4 Man	4000M	Final

**1:00PM****AWARDS FOR 4 PERSON RELAYS****1:30PM**

Freshman 3 Girl	3000M	3 Heats
Master 3 Man	4500M	4 Heats

**2:45PM**

Senior 3 Lady	4500M	3 Heats
Senior 3 Man	6000M	4 Heats

**4:30PM**

Juvenile 3 Person	1500M	2 Heats
Freshman 3 Boy	3000M	2 Heats

**5:00PM**

Freshman 3 Girl	4500M	2 Semis
Master 3 Man	4500M	2 Semis

**6:00PM**

Senior 3 Lady	4500M	2 Semis
Senior 3 Man	6000M	2 Semis

**7:00PM**

Juvenile 3 Person	1500M	Final
Master 3 Lady	4500M	Final
Master 3 Man	4500M	Final

**7:35PM**

Freshman 3 Lady	3000M	Final
Freshman 3 Boy	3000M	Final

**8:00PM**

Senior 3 Lady	4500M	Final
Senior 3 Man	6000M	Final

**8:30PM**

**AWARDS FOR ALL 3 PERSON RELAYS.**

**Friday, July 21, 2017**

**5:30 AM Doors Open**

**6:00AM to 8:30am Open Practice Quad Division Events**

**Quad Middle Distance Heats/Semis**

**9:00AM**

Freshman Girls	500M	3 Heats
Master Ladies	700M	2 Heats
Master Men	700M	2 Heats
Veteran Men	500M	2 Heats
Esquire Men	500M	2 Heats

**9:30AM**

Primary Girls	300M	2 Heats
Elementary Boys	500M	2 Heats
Freshman Boys	500M	2 Heats
Freshman Girls	500M	2 Semis

**9:45AM**

Junior Ladies	1000M	2 Heats
Junior Men	1000M	2 Heats
Senior Men	1500M	2 Heats

**Quad Middle Distance Finals**

**10:15AM**

Classic Ladies	1000M	Final
Classic Men	1000M	Final



Master Ladies	700M	Final
Master Men	700M	Final
Veteran Ladies	500M	Final
Veteran Men	500M	Final
Esquire Ladies	500M	Final
Esquire Men	500M	Final

**10:45AM**

Primary Girls	300M	Final
Primary Boys	300M	Final
Elementary Girls	500M	Final
Elementary Boys	500M	Final
Freshman Girls	500M	Final
Freshman Boys	500M	Final

**11:00AM**

Junior Ladies	1000M	Final
Junior Men	1000M	Final
Senior Ladies	1000M	Final
Senior Men	1500M	Final

**Quad Short Distance Heats/Semis**

**11:30AM**

Freshman Girls	300M	3 Heats
Master Ladies	300M	2 Heats
Master Men	300M	2 Heats
Veteran Men	300M	2 Heats
Esquire Men	300M	2 Heats

**11:45AM**

Primary Girls	200M	2 Heats
Elementary Boys	300M	2 Heats
Freshman Boys	300M	2 Heats
Freshman Girls	300M	2 Semis

**12:00PM**

Junior Ladies	500M	2 Heats
Junior Men	500M	2 Heats
Senior Men	1000M	2 Heats

**Quad Short Distance Finals**

**12:20PM**

Classic Ladies	500M	Final
Classic Men	500M	Final
Master Ladies	300M	Final

Master Men	300M	Final
Veteran Ladies	300M	Final
Veteran Men	300M	Final
Esquire Ladies	300M	Final
Esquire Men	300M	Final

**12:40PM**

Primary Girls	200M	Final
Primary Boys	200M	Final
Elementary Girls	300M	Final
Elementary Boys	300M	Final
Freshman Girls	300M	Final
Freshman Boys	300M	Final

**1:00PM**

Junior Ladies	500M	Final
Junior Men	500M	Final
Senior Ladies	500M	Final
Senior Men	1000M	Final

**Quad Long Distance Heats/Semis**

**1:30PM**

Freshman Girls	1000M	3 Heats
Master Ladies	1000M	2 Heats
Master Men	1000M	2 Heats
Veteran Men	700M	2 Heats
Esquire Men	700M	2 Heats

**2:15PM**

Primary Girls	400M	2 Heats
Elementary Boys	700M	2 Heats
Freshman Boys	1000M	2 Heats
Freshman Girls	1000M	2 Heats

**2:45PM**

Junior Ladies	1500M	2 Heats
Junior Men	1500M	2 Heats
Senior Men	3000M	2 Heats

**4:00PM Clear Building**

**6:30PM Doors Open**

**Quad Long Distance Finals**

**7:00PM**

Classic Ladies	1500M	Final
Classic Men	2000M	Final
Master Ladies	1000M	Final
Master Men	1000M	Final

**7:30PM**

Veteran Ladies	700M	Final
Veteran Men	700M	Final
Esquire Ladies	700M	Final
Esquire Men	700M	Final

**7:45PM**

Primary Girls	400M	Final
Primary Boys	400M	Final
Elementary Girls	700M	Final
Elementary Boys	700M	Final
Freshman Girls	1000M	Final
Freshman Boys	1000M	Final

**8:10PM**

Junior Ladies	1500M	Final
Junior Men	1500M	Final
Senior Ladies	2000M	Final
Senior Men	3000M	Final

**8:45PM****AWARDS**

**Sat July 22, 2017**

**6:00AM Doors Open**

**Open Practice for All Quad Relays**

**Quad Relay Events**

**8:00AM**

Classic 2 Mixed	2000M	2 Heats
Senior 2 Mixed	3000M	2 Heats

**8:45AM**

Master 2 Mixed	2000M	Final
Veteran 2 Mixed	2000M	Final
Juvenile 2 Mixed	1200M	Final
Freshman 2 Mixed	2000M	Final

**9:15AM**

Classic 2 Mixed	2000M	Final
Senior 2 Mixed	3000M	Final

**10:00AM AWARDS FOR 2 MIXED RELAYS**

**10:30AM**

Senior 2 Lady	3000M	2 Heats
Senior 2 Man	5000M	2 Heats

**11:45AM**

Classic 2 Lady	2000M	Final
Classic 2 Man	2000M	Final
Master 2 Lady	2000M	Final
Master 2 Man	2000M	Final
Veteran 2 Lady	2000M	Final
Veteran 2 Man	2000M	Final

**12:30PM**

Juvenile 2 Girl	1200M	Final
Juvenile 2 Boy	1200M	Final
Freshman 2 Girl	2000M	Final

	Freshman 2 Boy	2000M	Final
<b>1:00PM</b>	Senior 2 Lady	3000M	Final
	Senior 2 Man	5000M	Final

**1:30PM      AWARDS**