

USA ROLLER SPORTS 2022-2023 COMPETITIVE FIGURE AND DANCE

REQUIREMENTS FOR REGIONAL AND NATIONAL CHAMPIONSHIPS

Updated 11/10/2022



EVENT NAMES	FIGURES		LOOPS		SOLO DANCE		TEAM DANCE	
	Group 1	Group 2	Group 1	Group 2	Group 1	Group 2	Group 1	Group 2
Primary A	1 2 B 7 A	1 B 2 7 B	14 A/B 130 A/B	14 A/B 130 A/B	Double Cross Waltz (138)* Balanciaga (100)	City Blues (88) Denver Shuffle (100)*		
Juvenile B Figures/Loops Juv/Elem B Solo	3 A/B 7 A/B	5 A/B 9 A/B	14 A/B 130 A/B	14 A/B 130 A/B	Dutch Waltz (120) Siesta Tango (100)	Rhythm Blues (88) Chasse' Waltz (108)		
Juvenile A Figures/Loops/Solo Juvenile Team	5 A/B 8 A/B 11 A/B	3 A/B 7 A/B 9 A/B	14 A/B 15 A/B 30 A/B	14 A/B 15 A/B 30 A/B	Swing Waltz (120)* Skaters March (100 6/8) Siesta Tango (100)	Rhythm Blues (88) Sunshine Polka (100)* Chasse' Waltz (108)	Academy Blues (88) Sunshine Polka (100)*	Swing Waltz (120)* Skaters March (100 6/8)
Elementary B	5 A/B 9 A/B	3 11 A/B	14 A/B 30 A	14 A/B 30 A				
Elementary A Figures/Loops/Solo Elementary Team	10 A/B 19 A/B 27 A/B	8 A/B 19 A/B 28 A/B	14 A/B 15 A/B 30 A/B	14 A/B 15 A/B 30 A/B	Century Blues (88) Mason March (100) Fiesta Tango modified (100)*	Sweetheart Waltz (132) La Vista Cha Cha (100)* Marylee Foxtrot (92)	La Vista Cha Cha (100)* Chase Waltz (108)	Mason March (100) Fiesta Tango modified (100)*
Freshman/Sophomore B	8 A/B 28 A/B	11 A/B 27 A/B	14 A/B 30 A	14 A/B 30 A	Valse Adante (155) Fiesta Tango modified (100)	Mason March (100) Southland Swing (88)	Mason March (100) Chase Waltz (108)	Swing Schottische (100) Fiesta Tango modified (100)
Fresh/Soph A Men Figures/Loops Fresh/Soph A Team	13 18 A/B 22 A/B	12 A/B 21 A/B 32 A/B	14 A/B 16 A/B 30 A/B	15 A/B 16 A/B 30 A/B			Fascination Foxtrot (92)* Mirror Waltz (108) 14 Step (100 6/8)	Viva Cha Cha (100) Donna Lee Tango (100) California Swing (138)*
Freshman A Girls Figures/Loops Freshman A Solo	12 A/B 23 A/B 32 A/B	13 18 A/B 22 A/B	14 A/B 16 A/B 30 A/B	15 A/B 16 A/B 30 A/B	Silk Sonic (104) Mandi Lynn Tango (100) California Swing (138)*	Joann Foxtrot (92)* Metropolitan Tango (100) 32 beat Lyons Polka (104)		
Sophomore A Women Figures/Loops Sophomore A Solo	12 A/B 20 A/B 33 A/B	13 21 A/B 32 A/B	14 A/B 16 A/B 30 A/B	15 A/B 16 A/B 30 A/B	Willow Waltz (138)* Viva Cha Cha (100) Barsalona Bossa Nova (104)	Permly Waltz (138) Fascination Foxtrot (92)* Karen Lee Tango (100)		
Advanced Figures/Loops Advanced Domestic Solo	20 A/B 33 A/B 40 A/B	29 A/B 36 A/B 42 A/B	16 A/B 31 A/B 38 A/B	17 A/B 31 A/B 38 A/B	Dench Blues Border (88) Raymond Waltz (168)* Quickstep (100 6/8)	Iceland Tango Border (100) Silhouette Foxtrot (100)* Killian (100 2/4)		
Advanced International Solo					Italian Foxtrot (96)* Demi Waltz (155) Quickstep (112 2/4)	Midnight Blues (92) Argentine Tango (96)* Starlight Waltz (168) men's steps		
Open C - REGIONAL ONLY	1B 112 A/B	2B 111 A/B	114 A/B 130 A/B	115 A/B 130 A/B	City Blues (88) Progressive Tango (100)	Glide Waltz (108) American March (100 6/8)	Glide Waltz (108) American March (100 6/8)	City Blues (88) Progressive Tango (100)

OPEN C REGIONAL ONLY EVENTS - EACH REGION CAN SEPARATE C EVENTS (ADULTS & YOUTH) BY AGE BASED ON NUMBER OF ENTRIES, USING SAME REQUIREMENTS

*These dances will skate to contemporary music, please see USARS Figure Rules website for a link to the music.

USA ROLLER SPORTS 2022-2023 COMPETITIVE FIGURE AND DANCE

REQUIREMENTS FOR REGIONAL AND NATIONAL CHAMPIONSHIPS



Updated 11/10/2022



EVENT NAMES	FIGURES		LOOPS		SOLO DANCE		TEAM DANCE	
	Group 1	Group 2	Group 1	Group 2	Group 1	Group 2	Group 1	Group 2
Bronze Division 1, 2, & 3	1 A/B	2 A/B	114 A/B	115 A/B	Rhythm Blues (88)	Sweetheart Waltz (132)	Sweetheart Waltz (132)	Rhythm Blues (88)
Bronze Loops	112 A/B	111 A/B	130 A/B	130 A/B	Denver Shuffle (100)	Swing Schottische (100)	Swing Schottische (100)	Denver Shuffle (100)
Silver Division 1, 2, & 3	1	1B	114 A/B	114 A/B	Casino Tango (100)	Carey Foxtrot (92)	Carey Foxtrot (92)	Casino Tango (100)
Silver Loops	2B	2	115 A/B	115 A/B	Joyce Lee Waltz (138)	Sunshine Polka (100)	Sunshine Polka (100)	Joyce Lee Waltz (138)
	5A	5B	130 A/B	130 A/B	Honey Rumba (100)	La Vista Cha Cha (100)	La Vista Cha Cha (100)	Honey Rumba (100)
Gold Division 1	5 A/B	3 A/B	114 A/B	115 A/B	Mandi Lynn Tango (100)	Joann Foxtrot (92)	Joann Foxtrot (92)	Donna Lee Tango (100)
Gold Loops	7 A/B	7 A/B	130 A/B	130 A/B	Parisian Waltz (138)	California Swing (138)	California Swing (138)	Parisian Waltz (138)
	9 A/B	27 A/B	138 A/B	138 A/B	Viva Cha Cha (100)	Lyons Polka (104)	Lyons Polka (104)	Viva Cha Cha (100)
Gold Div 2 & 3	2	2 A/B			Century Blues (88)	Ruby Rumba (104)	Ruby Rumba (104)	Century Blues (88)
	5 A/B	5 A/B			Valse Adante (155)	Sharay Waltz (155)	Sharay Waltz (155)	Valse Adante (155)
	105 A/B	105 A/B			Milonga Tango (100)	Mason March (100)	Mason March (100)	Milonga Tango (100)
Classic Gold	19 A/B	12 A/B	14 A/B	14 A/B	Dench Blues Dbl Pattern (88)	Carroll Swing (100)	Pacifica Foxtrot (100)	Dench Blues Dbl Pattern (88)
	22 A/B	23 A/B	15 A/B	15 A/B	Metropolitan Tango (100) 32 Beat	Permyly Waltz (138)	Continental Waltz (168)	Iceland Tango Border (100)
	29 A/B	32 A/B	30 A/B	30 A/B	Silk Sonic (104)	Paso Doble (100) Men's steps	Paso Doble (100)	Carroll Swing (100)
Classic International Solo					Kinder Waltz (120)*	Kinder Waltz (120)		
Classic International Team					La Vista Cha Cha (108)*	La Vista Cha Cha (108)		
Original Compulsory Dance	Rhythm & Blues - Blues, Foxtrot, Boogie				Classic (forward Dances only)		Classic (forward Dances only)	
Classic/Classic Gold					Classic Gold (forward/backward Dances)		Classic Gold (forward/backward Dances)	

	SOLO DANCE	TEAM DANCE
Mini Solo Dance	Compulsory Dances - Skater's March & Carlos Tango	Compulsory Dances - Skater's March & Carlos Tango
Mini Team Dance	FREEDANCE - 2:30 +/- 10	FREEDANCE - 2:45 +/- 10
Espoir Solo Dance	Compulsory Dances - Roller Samba & Little Waltz	Compulsory Dances - Roller Samba & Little Waltz
Espoir Team Dance	FREEDANCE - 2:30 +/- 10	FREEDANCE - 3:00 +/- 10
Cadet Solo Dance	STYLE - Keats Foxtrot - 3:00 +/- 10	STYLE - Keats Foxtrot - 3:00 +/- 10
Cadet Team Dance	FREEDANCE - 3:30 +/- 10	FREEDANCE - 3:30 +/- 10
Youth Solo Dance	STYLE - Harris Tango - 3:00 +/- 10	STYLE - Harris Tango 3:00 +/- 10
Youth Team Dance	FREEDANCE - 3:30 +/- 10	FREEDANCE - 3:30 +/- 10
Juvenile/Elementary Compulsory Solo Dance	Country Polka (100)* Style B (108)*	
Freshman/Sophomore Compulsory Solo Dance	Easy Paso (104)* Flirtation Waltz (108)*	

	Group 1	Group 2	Group 3	Group 4	SOLO DANCE	TEAM DANCE
World Skate JUNIOR	42 A/B	43 A/B	44 A/B	45 A/B	STYLE - 3:00 +/- 10 - Westminster Waltz	STYLE - 3:00 +/- 10 - Dench Blues Double Pattern
	38 A/B	31 A/B	38 A/B	31 A/B	FREEDANCE - 3:30 +/- 10	FREEDANCE - 3:50 +/- 10
	36 A/B	40 A/B	40 A/B	37 A/B		
World Skate SENIOR	46 A/B	48 A/B	50 A/B	52 A/B	STYLE - 3:00 +/- 10 - Rhythm Roll	STYLE - 3:00 +/- 10 - Midnight Blues
	39 A/B	38 A/B	39 A/B	38 A/B	FREEDANCE - 3:30 +/- 10	FREEDANCE - 3:50 +/- 10
	47 A/B	49 A/B	51 A/B	53 A/B		

FIGURE/LOOP DESCRIPTIONS FOR 2022/2023



FIGURES	
1	- ROF-LOF Circle Eight
1 A/B	- OIF-OIF Change Eight
2	- RIF-LIF Circle
2 A/B	- IOF-IOF Change Eight
3 A/B	- OB-OB Circle Eight
4	- IB-IB Circle Eight
5 A/B	- OIF-IOF Serpentine
7 A/B	- OF-OF Three
8 A/B	- OF-IB Three
9 A/B	- IF-OB Three
10 A/B	- OF-OF Double Three
11 A/B	- IF-IF Double Three
12 A/B	- OB-OB Double Three
13 A/B	- IB-IB Double Three
18 A/B	- OF-IB Bracket
19 A/B	- IF-OB Bracket
20 A/B	- OF-OB Rocker
21 A/B	- IF-IB Rocker
22 A/B	- OF-OB Counter
23 A/B	- IF-IB Counter
26 A/B	- OIF-OIB Serpentine Three
27 A/B	- IOF-IOB Serpentine Three
28 A/B	- OIF-IOF Serpentine Double Three
29 A/B	- OIB-IOB Serpentine Double Three
32 A/B	- OIF-OIB Serpentine Bracket
33 A/B	- IOF-IOB Serpentine Bracket
36 A/B	- OF-IF Paragraph Double Three
37 A/B	- OB-IB Paragraph Dbl Three
40 A/B	- OF-IF Paragraph Bracket
42 A/B	- OF Counter Bracket IF Counter
43 A/B	- OF Rocker O Double Three
44 A/B	- IF Rocker I Dbl Three
45 A/B	- OB Counter OF Brkt LBI Counter
46 A/B	- OF Dbl 3 O Rocker and OB Dbl 3
47 A/B	- OF Brkt –IB Ctr –IF Brkt Paragraph
48 A/B	- OB Dbl 3 –OB Rocker OF Dbl 3
49 A/B	- OB Br –IF Ctr –IB Brkt Paragraph
50 A/B	- OF Dbl 3 O Ctr OB Dbl 3
51 A/B	- OF Br –IB Rocker –IF Brkt Paragraph
52 A/B	- OB Dbl 3 –OB Ctr –OF Dbl 3
53 A/B	- OB Br –IF Rocker –IB Brkt Paragraph
105 A/B	- OIOF-IOIF Double Change Serp.
111 A/B	- OF-OF Serpentine Eight
112 A/B	- IF-IF Serpentine Eight

LOOPS	
14 A/B	- OF-OF Loops
15 A/B	- IF-IF Loops
16 A/B	- OB-OB Loops
17 A/B	- IB-IB Loops
30 A/B	- OIF-IOF Serpentine Loop
31 A/B	- OIB-IOB Serpentine Loop
38 A/B	- OF-IF Paragraph Loop
39 A/B	- OB-IB Paragraph Loop
114 A/B	- OF-OF Circle Loops
115 A/B	- IF-IF Circle Loops
116 A/B	- OB-OB Circle Loops
130 A/B	- OIF-IOF Serpentine Circle Loop
131 A/B	- OIB-IOB Serpentine Circle Loop
138 A/B	- OF-IF Paragraph Circle Loop

Youth Divisions - Figures, Solo/Team Dance, Freeskating, Pairs	
Primary & Tot	ages 8 & under
Juvenile & Mini	ages 10 & under
Elementary & Espoir	ages 12 & under
Freshman & Cadet	ages 14 & under
Fresh/Soph	ages 13 & over
Sophomore & Youth	ages 15 & over
Advanced	ages 15 & over (figures/dance) ages 13 & over (freeskating)
Juvenile/Elementary	ages 12 & under

** please do not use the World Skate Rule Book for age determinations, other than WS Jr./Sr.*

Adult Divisions - Figures, Solo/Team Dance, Freeskating	
Bronze Division 1	ages 18 - 49
Bronze Division 2	ages 50 - 64
Bronze Division 3	ages 65 & over
Silver Division 1	ages 18 - 49
Silver Division 2	ages 50 - 64
Silver Division 3	ages 65 & over
Gold Division 1	ages 18 & over
Gold Division 2	ages 18 - 54
Gold Division 3	ages 55 & over
Classic & Classic Gold	ages 18 & over
Classic International	ages 18 & over
Adult Divisions - Loops	
Bronze Division	ages 18 & over
Silver Division	ages 18 & over
Gold Division	ages 18 & over
<i>(loop and figure events must be the same, to be considered for Combined Events)</i>	
<i>Example: Bronze 1, 2, OR 3 Figures & Bronze Loops can enter Bronze Combined</i>	