

USA ROLLER SPORTS 2022-2023 COMPETITIVE FIGURE AND DANCE

REQUIREMENTS FOR REGIONAL AND NATIONAL CHAMPIONSHIPS

Updated 9/28/2022



EVENT NAMES	FIGURES		LOOPS		SOLO DANCE		TEAM DANCE	
	Group 1	Group 2	Group 1	Group 2	Group 1	Group 2	Group 1	Group 2
Primary A	1 2 B 7 A	1 B 2 7 B	14 A/B 130 A/B	14 A/B 130 A/B	Double Cross Waltz (138) Balanciaga (100)	City Blues (88) Denver Shuffle (100)		
Juvenile B Figures/Loops Juv/Elem B Solo	3 A/B 7 A/B	5 A/B 9 A/B	14 A/B 130 A/B	14 A/B 130 A/B	Dutch Waltz (120) Siesta Tango (100)	Rhythm Blues (88) Chasse' Waltz (108)		
Juvenile A Figures/Loops/Solo Juvenile Team	5 A/B 8 A/B 11 A/B	3 A/B 7 A/B 9 A/B	14 A/B 15 A/B 30 A/B	14 A/B 15 A/B 30 A/B	Swing Waltz (120) Skaters March (100 6/8) Siesta Tango (100)	Rhythm Blues (88) Sunshine Polka (100) Chasse' Waltz (108)	Academy Blues (88) Sunshine Polka (100)	Swing Waltz (120) Skaters March (100 6/8)
Elementary B	5 A/B 9 A/B	3 11 A/B	14 A/B 30 A	14 A/B 30 A				
Elementary A Figures/Loops/Solo Elementary Team	10 A/B 19 A/B 27 A/B	8 A/B 19 A/B 28 A/B	14 A/B 15 A/B 30 A/B	14 A/B 15 A/B 30 A/B	Century Blues (88) Mason March (100) Fiesta Tango modified (100)	Sweetheart Waltz (132) La Vista Cha Cha (100) Marylee Foxtrot (92)	La Vista Cha Cha (100) Chase Waltz (108)	Mason March (100) Fiesta Tango modified (100)
Freshman/Sophomore B	8 A/B 28 A/B	11 A/B 27 A/B	14 A/B 30 A	14 A/B 30 A	Valse Adante (155) Fiesta Tango modified (100)	Mason March (100) Southland Swing (88)	Mason March (100) Chase Waltz (108)	Swing Schottische (100) Fiesta Tango modified (100)
Fresh/Soph A Men Figures/Loops Fresh/Soph A Team	13 18 A/B 22 A/B	12 A/B 21 A/B 32 A/B	14 A/B 16 A/B 30 A/B	15 A/B 16 A/B 30 A/B			Fascination Foxtrot (92) Mirror Waltz (108) 14 Step (100 6/8)	Viva Cha Cha (100) Donna Lee Tango (100) California Swing (138)
Freshman A Girls Figures/Loops Freshman A Solo	12 A/B 23 A/B 32 A/B	13 18 A/B 22 A/B	14 A/B 16 A/B 30 A/B	15 A/B 16 A/B 30 A/B	Silk Sonic (104) Mandi Lynn Tango (100) California Swing (138)	Joann Foxtrot (92) Metropolitan Tango (100) 32 beat Lyons Polka (104)		
Sophomore A Women Figures/Loops Sophomore A Solo	12 A/B 20 A/B 33 A/B	13 21 A/B 32 A/B	14 A/B 16 A/B 30 A/B	15 A/B 16 A/B 30 A/B	Willow Waltz (138) Viva Cha Cha (100) Barsalona Bossa Nova (104)	Permly Waltz (138) Fascination Foxtrot (92) Karen Lee Tango (100)		
Advanced Figures/Loops Advanced Domestic Solo	20 A/B 33 A/B 40 A/B	29 A/B 36 A/B 42 A/B	16 A/B 31 A/B 38 A/B	17 A/B 31 A/B 38 A/B	Dench Blues Border (88) Raymond Waltz (168) Quickstep (100 6/8)	Iceland Tango Border (100) Silhouette Foxtrot (100) Killian (100 2/4)		
Advanced International Solo					Italian Foxtrot (96) Demi Waltz (155) Quickstep (112 2/4)	Midnight Blues (92) Argentine Tango (96) Starlight Waltz (168) men's steps		
Open C - REGIONAL ONLY	1B 112 A/B	2B 111 A/B	114 A/B 130 A/B	115 A/B 130 A/B	City Blues (88) Progressive Tango (100)	Glide Waltz (108) American March (100 6/8)	Glide Waltz (108) American March (100 6/8)	City Blues (88) Progressive Tango (100)

OPEN C REGIONAL ONLY EVENTS - EACH REGION CAN SEPARATE C EVENTS (ADULTS & YOUTH) BY AGE BASED ON NUMBER OF ENTRIES, USING SAME REQUIREMENTS

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EVENT NAMES	FIGURES		LOOPS		SOLO DANCE		TEAM DANCE	
	Group 1	Group 2	Group 1	Group 2	Group 1	Group 2	Group 1	Group 2
Bronze Division 1, 2, & 3	1 A/B	2 A/B	114 A/B	115 A/B	Rhythm Blues (88)	Sweetheart Waltz (132)	Sweetheart Waltz (132)	Rhythm Blues (88)
Bronze Loops	112 A/B	111 A/B	130 A/B	130 A/B	Denver Shuffle (100)	Swing Schottische (100)	Swing Schottische (100)	Denver Shuffle (100)
Silver Division 1, 2, & 3	1	1B	114 A/B	114 A/B	Casino Tango (100)	Carey Foxtrot (92)	Carey Foxtrot (92)	Casino Tango (100)
Silver Loops	2B	2	115 A/B	115 A/B	Joyce Lee Waltz (138)	Sunshine Polka (100)	Sunshine Polka (100)	Joyce Lee Waltz (138)
	5A	5B	130 A/B	130 A/B	Honey Rumba (100)	La Vista Cha Cha (100)	La Vista Cha Cha (100)	Honey Rumba (100)
Gold Division 1	5 A/B	3 A/B	114 A/B	115 A/B	Mandi Lynn Tango (100)	Joann Foxtrot (92)	Joann Foxtrot (92)	Donna Lee Tango (100)
Gold Loops	7 A/B	7 A/B	130 A/B	130 A/B	Parisian Waltz (138)	California Swing (138)	California Swing (138)	Parisian Waltz (138)
	9 A/B	27 A/B	138 A/B	138 A/B	Viva Cha Cha (100)	Lyons Polka (104)	Lyons Polka (104)	Viva Cha Cha (100)
Gold Div 2 & 3	2	2 A/B			Century Blues (88)	Ruby Rumba (104)	Ruby Rumba (104)	Century Blues (88)
	5 A/B	5 A/B			Valse Adante (155)	Sharay Waltz (155)	Sharay Waltz (155)	Valse Adante (155)
	105 A/B	105 A/B			Milonga Tango (100)	Mason March (100)	Mason March (100)	Milonga Tango (100)
Classic Gold	19 A/B	12 A/B	14 A/B	14 A/B	Dench Blues Dbl Pattern (88)	Carroll Swing (100)	Pacifica Foxtrot (100)	Dench Blues Dbl Pattern (88)
	22 A/B	23 A/B	15 A/B	15 A/B	Metropolitan Tango (100) 32 Beat	Permyly Waltz (138)	Continental Waltz (168)	Iceland Tango Border (100)
	29 A/B	32 A/B	30 A/B	30 A/B	Silk Sonic (104)	Paso Doble (100) Men's steps	Paso Doble (100)	Carroll Swing (100)
Classic International Solo					Kinder Waltz (120)			Kinder Waltz (120)
Classic International Team					La Vista Cha Cha (108)			La Vista Cha Cha (108)
Original Compulsory Dance	Rhythm & Blues - Blues, Foxtrot, Boogie				Classic (forward Dances only)		Classic (forward Dances only)	
Classic/Classic Gold					Classic Gold (forward/backward Dances)		Classic Gold (forward/backward Dances)	

	SOLO DANCE	TEAM DANCE
Mini Solo Dance	Compulsory Dances - Skater's March & Carlos Tango	Compulsory Dances - Skater's March & Carlos Tango
Mini Team Dance	FREEDANCE - 2:30 +/- 10	FREEDANCE - 2:45 +/- 10
Espoir Solo Dance	Compulsory Dances - Roller Samba & Little Waltz	Compulsory Dances - Roller Samba & Little Waltz
Espoir Team Dance	FREEDANCE - 2:30 +/- 10	FREEDANCE - 3:00 +/- 10
Cadet Solo Dance	STYLE - Keats Foxtrot - 3:00 +/- 10	STYLE - Keats Foxtrot - 3:00 +/- 10
Cadet Team Dance	FREEDANCE - 3:30 +/- 10	FREEDANCE - 3:30 +/- 10
Youth Solo Dance	STYLE - Harris Tango - 3:00 +/- 10	STYLE - Harris Tango 3:00 +/- 10
Youth Team Dance	FREEDANCE - 3:30 +/- 10	FREEDANCE - 3:30 +/- 10
Juvenile/Elementary Compulsory Solo Dance	Country Polka (100) Style B (108)	
Freshman/Sophomore Compulsory Solo Dance	Easy Paso (104) Flirtation Waltz (108)	

	Group 1	Group 2	Group 3	Group 4	SOLO DANCE	TEAM DANCE
World Skate JUNIOR	42 A/B	43 A/B	44 A/B	45 A/B	STYLE - 3:00 +/- 10 - Westminster Waltz	STYLE - 3:00 +/- 10 - Dench Blues Double Pattern
	38 A/B	31 A/B	38 A/B	31 A/B	FREEDANCE - 3:30 +/- 10	FREEDANCE - 3:50 +/- 10
	36 A/B	40 A/B	40 A/B	37 A/B		
World Skate SENIOR	46 A/B	48 A/B	50 A/B	52 A/B	STYLE - 3:00 +/- 10 - Rhythm Roll	STYLE - 3:00 +/- 10 - Midnight Blues
	39 A/B	38 A/B	39 A/B	38 A/B	FREEDANCE - 3:30 +/- 10	FREEDANCE - 3:50 +/- 10
	47 A/B	49 A/B	51 A/B	53 A/B		

FIGURE/LOOP DESCRIPTIONS FOR 2022/2023



FIGURES	
1	- ROF-LOF Circle Eight
1 A/B	- OIF-OIF Change Eight
2	- RIF-LIF Circle
2 A/B	- IOF-IOF Change Eight
3 A/B	- OB-OB Circle Eight
4	- IB-IB Circle Eight
5 A/B	- OIF-IOF Serpentine
7 A/B	- OF-OF Three
8 A/B	- OF-IB Three
9 A/B	- IF-OB Three
10 A/B	- OF-OF Double Three
11 A/B	- IF-IF Double Three
12 A/B	- OB-OB Double Three
13 A/B	- IB-IB Double Three
18 A/B	- OF-IB Bracket
19 A/B	- IF-OB Bracket
20 A/B	- OF-OB Rocker
21 A/B	- IF-IB Rocker
22 A/B	- OF-OB Counter
23 A/B	- IF-IB Counter
26 A/B	- OIF-OIB Serpentine Three
27 A/B	- IOF-IOB Serpentine Three
28 A/B	- OIF-IOF Serpentine Double Three
29 A/B	- OIB-IOB Serpentine Double Three
32 A/B	- OIF-OIB Serpentine Bracket
33 A/B	- IOF-IOB Serpentine Bracket
36 A/B	- OF-IF Paragraph Double Three
37 A/B	- OB-IB Paragraph Dbl Three
40 A/B	- OF-IF Paragraph Bracket
42 A/B	- OF Counter Bracket IF Counter
43 A/B	- OF Rocker O Double Three
44 A/B	- IF Rocker I Dbl Three
45 A/B	- OB Counter OF Brkt LBI Counter
46 A/B	- OF Dbl 3 O Rocker and OB Dbl 3
47 A/B	- OF Brkt –IB Ctr –IF Brkt Paragraph
48 A/B	- OB Dbl 3 –OB Rocker OF Dbl 3
49 A/B	- OB Br –IF Ctr –IB Brkt Paragraph
50 A/B	- OF Dbl 3 O Ctr OB Dbl 3
51 A/B	- OF Br –IB Rocker –IF Brkt Paragraph
52 A/B	- OB Dbl 3 –OB Ctr –OF Dbl 3
53 A/B	- OB Br –IF Rocker –IB Brkt Paragraph
105 A/B	- OIOF-IOIF Double Change Serp.
111 A/B	- OF-OF Serpentine Eight
112 A/B	- IF-IF Serpentine Eight

LOOPS	
14 A/B	- OF-OF Loops
15 A/B	- IF-IF Loops
16 A/B	- OB-OB Loops
17 A/B	- IB-IB Loops
30 A/B	- OIF-IOF Serpentine Loop
31 A/B	- OIB-IOB Serpentine Loop
38 A/B	- OF-IF Paragraph Loop
39 A/B	- OB-IB Paragraph Loop
114 A/B	- OF-OF Circle Loops
115 A/B	- IF-IF Circle Loops
116 A/B	- OB-OB Circle Loops
130 A/B	- OIF-IOF Serpentine Circle Loop
131 A/B	- OIB-IOB Serpentine Circle Loop
138 A/B	- OF-IF Paragraph Circle Loop

Youth Divisions - Figures, Solo/Team Dance, Freeskating, Pairs	
Primary & Tot	ages 8 & under
Juvenile & Mini	ages 10 & under
Elementary & Espoir	ages 12 & under
Freshman & Cadet	ages 14 & under
Fresh/Soph	ages 13 & over
Sophomore & Youth	ages 15 & over
Advanced	ages 15 & over (figures/dance) ages 13 & over (freeskating)
Juvenile/Elementary	ages 12 & under

** please do not use the World Skate Rule Book for age determinations, other than WS Jr./Sr.*

Adult Divisions - Figures, Solo/Team Dance, Freeskating	
Bronze Division 1	ages 18 - 49
Bronze Division 2	ages 50 - 64
Bronze Division 3	ages 65 & over
Silver Division 1	ages 18 - 49
Silver Division 2	ages 50 - 64
Silver Division 3	ages 65 & over
Gold Division 1	ages 18 & over
Gold Division 2	ages 18 - 54
Gold Division 3	ages 55 & over
Classic & Classic Gold	ages 18 & over
Classic International	ages 18 & over
Adult Divisions - Loops	
Bronze Division	ages 18 & over
Silver Division	ages 18 & over
Gold Division	ages 18 & over
<i>(loop and figure events must be the same, to be considered for Combined Events)</i>	
<i>Example: Bronze 1, 2, OR 3 Figures & Bronze Loops can enter Bronze Combined</i>	