

USA ROLLER SPORTS 2021-2022 COMPETITIVE FIGURE AND DANCE

REQUIREMENTS FOR REGIONAL AND NATIONAL CHAMPIONSHIPS



Updated 5/12/2022



EVENT NAMES	FIGURES		LOOPS		SOLO DANCE		TEAM DANCE	
	Regional Elim	National Elim	Regional Elim	National Elim	Regional Eliminations National Final	National Eliminations Regional Final	Regional Eliminations National Final	National Eliminations Regional Final
Primary A Boys/Girls Primary A Solo (Co-ed)	1 2 B 7 A	1 B 2 7 B	14 A 130 B	14 B 130 A	Double Cross Waltz (138) Balanciaga (100)*	Academy Blues (88)* Denver Shuffle (100)		
Juv or Elem C Boys/Girls * Juv/Elem C Solo & Team *	2B 111 A	1B 112 B	115 B 130 A	114 A 130 B	Academy Blues (88) Progressive Tango (100)	Glide Waltz (108) American March (100 6/8)	Glide Waltz (108) American March (100 6/8)	Academy Blues (88) Progressive Tango (100)
Juvenile B Boys/Girls Juv/Elem B Solo	3 A 5 B 9 A	3 B 5 A 7 B	14 B 130 A	14 A 130 B	Rhythm Blues (88) Chasse' Waltz (108)	Dutch Waltz (120) Siesta Tango (100)		
Juvenile A Boys/Girls Juvenile A Solo & Juvenile Team	3 A 7 B 9 A	5 B 8 A 11 B	14 A 15 B 30 A	14 B 15 A 30 B	Rhythm Blues (88)* Skaters March (100 6/8) Chasse' Waltz (108)	Swing Waltz (120) Denver Shuffle (100) Siesta Tango (100)*	Academy Blues (88)* Double Cross Waltz (138) Denver Shuffle (100)	Tara Tango (100)* Swing Waltz (120) Skaters March (100 6/8)
Elementary B Boys/Girls	3 B 5 A 9 B	5 A 7 B 11 A	14 B 130 A	14 A 130 B				
Elementary A Boys/Girls Elementary A Solo & Elementary Team	8 B 11 A 26 B	4 10 B 27 A	14 B 15 A 30 B	14 A 15 B 30 A	Century Blues (88) Bounce Boogie (100)* Fiesta Tango modified (100)	Dutch Waltz (120) La Vista Cha Cha (100)* Marylee Foxtrot (92)	Dutch Waltz (120) Bounce Boogie (100)* Swing Dance (92)	Rhythm Blues (88) La Vista Cha Cha (100)* Chase Waltz (108)
Fresh/Soph C Men & Women * Fresh/Soph C Team *	2B 111 B	1B 112 A	115 A 130 B	114 B 130 A	Glide Waltz (108) Skaters March (100 6/8)	City Blues (88) Balanciaga (100)	City Blues (88) Balanciaga (100)	Glide Waltz (108) Skaters March (100 6/8)
Fresh/Soph B Men & Women Solo (Co-Ed) Fresh/Soph B Team	3 B 7 A 26 B	4 8 B 11 A	14 B 130 A	14 A 130 B	Dore Foxtrot (92) Swing Schottische (100) Siesta Tango (100)	Valse Adante (155) Bounce Boogie (100) Southland Swing (88)	Bounce Boogie (100) Chase Waltz (108)	Swing Schottische (100) Siesta Tango (100)
Fresh/Soph A Men Fresh/Soph A Team	13 19 A 21 B	12 A 22 B 32 A	14 B 16 A 30 B	15 A 16 B 30 A			Joann Foxtrot (92)* Donna Lee Tango (100) California Swing (138)	Border Blues (88) Mirror Waltz (108)* 14 Step (100 6/8)
Freshman A Girls Freshman A Solo (Co-ed)	13 19 A 22 B	12 B 23 A 32 B	14 B 16 A 30 B	15 A 16 B 30 A	Border Blues (88) Metropolitan Tango (100) 32 beat* Casino March (100 6/8)	Joann Foxtrot (92)* Mandi Lynn Tango (100) California Swing (138)		
Sophomore A Women Sophomore A Solo (Co-Ed)	13 19 A 21 B	12 B 18 A 23 B	14 A 16 B 30 A	15 B 16 A 30 B	Princeton Polka (100) men's steps Fascination Foxtrot (92)* Karen Lee Tango (100)	Continental Waltz (168) men's steps Viva Cha Cha (100) Barsalona Bossa Nova (104)*		
Advanced Figures Advanced Domestic Solo	23 A 29 B 40 A	20 B 33 A 36 B	16 A 31 B 38 A	17 B 31 A 38 B	Harris Tango (100)* Rocker Foxtrot Border (92) Killian (100 2/4)	Dench Blues Border (88) Willow Waltz (138)* Quickstep (100 6/8)		
Advanced International Solo					Dench Blues Double Pattern (88)* Argentine Tango (96) men's steps Starlight Waltz (168) men's steps	Italian Foxtrot (96) Flirtation Waltz (120) Paso Doble (112) men's steps*		

*These dances will skate to contemporary music, please see USARS Figure Rules website for a link to the music.

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	Regional Elim	National Elim	Regional Elim	National Elim	Regional Eliminations National Final	National Eliminations Regional Final	Regional Eliminations National Final	National Eliminations Regional Final
Bronze Division 1, 2, & 3 Bronze Loops	2 B 111 A	1 A 112 B	115 B 130 A	114 A 130 B	Rhythm Blues (88) Denver Shuffle (100)	Double Cross Waltz (138) Swing Schottische (100)	Double Cross Waltz (138) Swing Schottische (100)	Rhythm Blues (88) Denver Shuffle (100)
Silver Division 1, 2, & 3 Silver Loops	1B 2 5B	1 2B 5A	114 B 115 A 130 B	114 A 115 B 130 A	Carey Foxtrot (92) Tara Tango (100) Honey Rumba (100)	Luna Blues (88) Golden Skater Waltz (138) La Vista Cha Cha (100)	Luna Blues (88) Golden Skater Waltz (138) La Vista Cha Cha (100)	Carey Foxtrot (92) Tara Tango (100) Honey Rumba (100)
Gold Division 1 Gold Loops	3 A 7 B 27 A	5 B 7 A 9 B	114 A 130 B 138 A	115 B 130 A 138 B	Casino March (100 6/8) California Swing (138) Karen Lee Tango (100)	Mandi Lynn Tango (100) Joann Foxtrot (92) Viva Cha Cha (100)	Donna Lee Tango (100) Joann Foxtrot (92) Viva Cha Cha (100)	Casino March (100 6/8) California Swing (138) Karen Lee Tango (100)
Gold Div 2 & 3	2 5 B 105 A	2 B 5 A 105 B			Ruby Rumba (104) Sharay Waltz (155) Zig Zag Polka (100)	Syncopated Swing (96) Pilgrim Waltz (138) Parade March (100 6/8)	Syncopated Swing (96) side B Pilgrim Waltz (138) Parade March (100 6/8)	Ruby Rumba (104) Sharay Waltz (155) Zig Zag Polka (100)
Classic Gold	12 B 23 A 32 B	19 A 22 B 28 A	14 A 15 B 30 A	14 B 15 A 30 B	Dench Blues Dbl Pattern (88) Flirtation Waltz (108) Carroll Swing (100)	Fascination Foxtrot (92) Metropolitan Tango (100) 32 Beat Paso Doble (100) Men's steps	Fascination Foxtrot (92) Metropolitan Tango (100) 32 Beat Paso Doble (100)	Dench Blues Dbl Pattern (88) Flirtation Waltz (108) Carroll Swing (100)
Classic International Solo Classic International Team					Dynasty Blues (88) Daponte Do'Blay (100)		Dynasty Blues (88) Daponte Do'Blay (100)	
Original Compulsory Dance Classic/Classic Gold	Classic Medley - Waltz, March, Polka				Classic (forward Dances only) Classic Gold (forward/backward Dances)		Classic (forward Dances only) Classic Gold (forward/backward Dances)	

		SOLO DANCE	TEAM DANCE
Mini Solo Dance Mini Team Dance		Compulsory Dances - Denver Shuffle & La Vista Cha Cha FREEDANCE - 2:15 +/- 10	Compulsory Dances - Denver Shuffle & La Vista Cha Cha FREEDANCE - 2:30 +/- 10
Espoir Solo Dance Espoir Team Dance		Compulsory Dances - Manhattan Blues & Werner Tango FREEDANCE - 2:30 +/- 10	Compulsory Dances - Manhattan Blues & Werner Tango FREEDANCE - 3:00 +/- 10
Cadet Solo Dance Cadet Team Dance		Compulsory Dances - Tudor Waltz & Imperial Tango FREEDANCE - 3:00 +/- 10	Compulsory Dances - Tudor Waltz & Princeton Polka FREEDANCE - 3:15 +/- 10
Youth Solo Dance Youth Team Dance		Compulsory Dances - Bachata & Association Waltz FREEDANCE - 3:15 +/- 10	Compulsory Dances - Keats Foxtrot Double & Bachata FREEDANCE - 3:30 +/- 10

	Group 1	Group 2	Group 3	Group 4	SOLO DANCE	TEAM DANCE
World Skate JUNIOR	42 A/B 38 A/B 36 A/B	43 B 31 A 40 B	44 A/B 38 A/B 40 A/B	45 A/B 31 A/B 37 A/B	STYLE - 2:50 +/- 10 - Rocker Foxtrot FREEDANCE - 3:30 +/- 10	STYLE - 3:00 +/- 10 - Viennese Waltz FREEDANCE - 3:50 +/- 10
World Skate SENIOR	46 A/B 39 A/B 47 A/B	48 A/B 38 A/B 49 A/B	50 B 39 A 51 B	52 A/B 38 A/B 53 A/B	STYLE - 2:50 +/- 10 - Rhythm Roll FREEDANCE - 3:30 +/- 10	STYLE - 3:00 +/- 10 - Starlight Waltz FREEDANCE - 3:50 +/- 10

Regional group highlighted in yellow, National draw will be done at Nationals for WS Jr/Sr

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Freeskating/Pairs			Show Events - Large/Small Shows, Quartets, & Creative Solo Events, Precision			
EVENT NAMES	Time		EVENT NAMES	Time and Requirements		
Juv B and Elem B Boys/Girls	Max 2:30	Footwork Pattern: Straight Line (Long Axis)	Juvenile A Creative Solo	(ages 10 & under) - Max 2:15	Footwork Pattern: Serpentine	
Juv/Elem C Boys/Girls	Max 2:00		Elementary A Creative Solo	(ages 12 & under) - Max 2:15	Footwork Pattern: Serpentine	
Fresh/Soph B Men/Women	Max 3:00		Open A Creative Solo	(ages 13 & up) - Max 2:30	Footwork Pattern: Serpentine	
Fresh/Soph C Men/Women	Max 2:00		Open B Creative Solo	(open division) - Max 2:15	Footwork Pattern: Straight Line (Long Axis)	
Advanced Men/Women	Max 3:30		Open Inline Creative Solo	(open division) - Max 2:15	Footwork Pattern: Serpentine	
Open Youth Inline (17-) Freeskating	Max 3:00					
Classic Inline (18+) Freeskating	Max 3:00					
Classic Men/Women	Max 2:30			Youth Quartet	(ages 12 & under) - Max 3:00	
Juvenile Pairs	Max 2:30		Footwork Pattern: Diagonal	Open Quartet	(ages 13 & up) - Max 3:00	
Elementary Pairs	Max 3:00			WS Junior Quartet	(ages 12-17) - 3:00 +/- 10	
Fresh/Soph Pairs	Max 3:30	WS Senior Quartet		(ages 12 & up) - 3:00 +/- 10		
Juv/Elem Boys/Girls Short Program	Max 2:00	Footwork Pattern: Free Pattern (see Rulebook)	Open Show	(open division) - Max 4:00		
Fresh/Soph Men/Women Short Program	Max 2:00					
	Short	Long	WS Small Show	(12 & Up) - 4:30 - 5:00 +/- 10		
Tot Boys/Girls		2:30 +/- 10	WS Large Show	(12 & Up) - 4:30 - 5:00 +/- 10		
Mini Boys/Girls		2:45 +/- 10				
Espoir Boys/Girls	2:00 +/- 5	3:15 +/- 10	Junior Precision	(ages 15 & under) - Max 4:00		
Cadet Boys/Girls	2:30 +/- 5	3:30 +/- 10	Novice Precision	(ages 12 & up) - Max 4:00		
Youth Men/Women	2:30 +/- 5	4:00 +/- 10	WS Junior Precision	(12-17) - 4:00 +/- 10		
WS Junior/Senior Men	2:45 +/- 5	4:30 +/- 10	WS Senior Precision	(12 & Up) - 4:30 +/- 10		
WS Junior/Senior Women	2:45 +/- 5	4:15 - 4:30				
WS Inline Junior/Senior Men	2:40 +/- 5	4:00 - 4:30	Original Compulsory Dance	(ages 18 & up - Adult) - 2:15		
WS Inline Junior/Senior Women	2:40 +/- 5	4:00 +/- 10	<i>See Rulebooks (USA Roller Sports and World Skate) for complete rules and requirements.</i>			
Mini Pairs		2:30 +/- 10				
Espoir Pairs	2:00 +/- 5	3:00 +/- 10				
Cadet Pairs	2:30 +/- 5	3:30 +/- 10				
Youth Pairs	2:30 +/- 5	4:00 +/- 10				
WS Junior Pairs	3:00 +/- 5	4:30 +/- 10				
WS Senior Pairs	3:00 +/- 5	4:30 +/- 10				

Championship Draw – The championship draw for all figure, team and solo dance events will be posted to the USARS website on May 1st. WS Junior and WS Senior National figure draw will take place on the practice day at the National Championships. This can be adjusted by the FSC if needed. The requirements will be reversed from the Regional Championships to the National Championships.

- (a) If an event holds an elimination round and a final round, the "elimination listings" will be skated for the elimination round and "final listings" for final round.
- (b) If an event is skated as "final only" the "elimination listings" will be skated for the final round.
- (c) Adult dance draw will be opposite groups for Solo and Team Dance and will not skate the same dances at Regionals or Nationals

*** REGIONAL ONLY EVENTS - EACH REGION CAN COMBINE OR SEPARATE JUVENILE C AND ELEMENTARY C, BASED ON ENTRIES, USING SAME REQUIREMENTS**

NOTE: Solo Dances will be skated with women's steps when applicable or if otherwise specified as men's steps.

Updates will be posted on the USA Roller Sports website (www.usarollersports.org).

FIGURE/LOOP DESCRIPTIONS FOR 2021/2022



FIGURES	
1	- ROF-LOF Circle Eight
1 A/B	- OIF-OIF Change Eight
2	- RIF-LIF Circle
2 A/B	- IOF-IOF Change Eight
3 A/B	- OB-OB Circle Eight
4	- IB-IB Circle Eight
5 A/B	- OIF-IOF Serpentine
7 A/B	- OF-OF Three
8 A/B	- OF-IB Three
9 A/B	- IF-OB Three
10 A/B	- OF-OF Double Three
11 A/B	- IF-IF Double Three
12 A/B	- OB-OB Double Three
13 A/B	- IB-IB Double Three
18 A/B	- OF-IB Bracket
19 A/B	- IF-OB Bracket
20 A/B	- OF-OB Rocker
21 A/B	- IF-IB Rocker
22 A/B	- OF-OB Counter
23 A/B	- IF-IB Counter
26 A/B	- OIF-OIB Serpentine Three
27 A/B	- IOF-IOB Serpentine Three
28 A/B	- OIF-IOF Serpentine Double Three
29 A/B	- OIB-IOB Serpentine Double Three
32 A/B	- OIF-OIB Serpentine Bracket
33 A/B	- IOF-IOB Serpentine Bracket
36 A/B	- OF-IF Paragraph Double Three
37 A/B	- OB-IB Paragraph Dbl Three
40 A/B	- OF-IF Paragraph Bracket
42 A/B	- OF Counter Bracket IF Counter
43 A/B	- OF Rocker O Double Three
44 A/B	- IF Rocker I Dbl Three
45 A/B	- OB Counter OF Brkt LBI Counter
46 A/B	- OF Dbl 3 O Rocker and OB Dbl 3
47 A/B	- OF Brkt –IB Ctr –IF Brkt Paragraph
48 A/B	- OB Dbl 3 –OB Rocker OF Dbl 3
49 A/B	- OB Br –IF Ctr –IB Brkt Paragraph
50 A/B	- OF Dbl 3 O Ctr OB Dbl 3
51 A/B	- OF Br –IB Rocker –IF Brkt Paragraph
52 A/B	- OB Dbl 3 –OB Ctr –OF Dbl 3
53 A/B	- OB Br –IF Rocker –IB Brkt Paragraph
105 A/B	- OIOF-IOIF Double Change Serp.
111 A/B	- OF-OF Serpentine Eight
112 A/B	- IF-IF Serpentine Eight

LOOPS	
14 A/B	- OF-OF Loops
15 A/B	- IF-IF Loops
16 A/B	- OB-OB Loops
17 A/B	- IB-IB Loops
30 A/B	- OIF-IOF Serpentine Loop
31 A/B	- OIB-IOB Serpentine Loop
38 A/B	- OF-IF Paragraph Loop
39 A/B	- OB-IB Paragraph Loop
114 A/B	- OF-OF Circle Loops
115 A/B	- IF-IF Circle Loops
116 A/B	- OB-OB Circle Loops
130 A/B	- OIF-IOF Serpentine Circle Loop
131 A/B	- OIB-IOB Serpentine Circle Loop
138 A/B	- OF-IF Paragraph Circle Loop

Youth Divisions - Figures, Solo/Team Dance, Freeskating, Pairs	
Primary A & Tot	ages 8 & under
Juvenile A & Mini	ages 10 & under
Elementary A & Espoir	ages 12 & under
Freshman A & Cadet	ages 14 & under
Fresh/Soph A	ages 13 & over
Sophomore A & Youth	ages 15 & over
Junior & Advanced	ages 15 & over
Juvenile/Elementary B & C	ages 12 & under
Freshman/Sophomore B & C	ages 13 & over
* please do not use the World Skate Rule Book for age determinations, other than WS Jr./Sr.	
Adult Divisions - Figures, Solo/Team Dance, Freeskating	
Bronze Division 1	ages 18 - 49
Bronze Division 2	ages 50 - 64
Bronze Division 3	ages 65 & over
Silver Division 1	ages 18 - 49
Silver Division 2	ages 50 - 64
Silver Division 3	ages 65 & over
Gold Division 1	ages 18 & over
Gold Division 2	ages 18 - 54
Gold Division 3	ages 55 & over
Classic & Classic Gold	ages 18 & over
Classic International	ages 18 & over
Adult Divisions - Loops	
Bronze Division	ages 18 & over
Silver Division	ages 18 & over
Gold Division	ages 18 & over
<i>(loop and figure events must be the same, to be considered for Combined Events)</i>	
<i>Example: Bronze 1, 2, OR 3 Figures & Bronze Loops can enter Bronze Combined</i>	