

USAR-IP CONTINUING EDUCATION PROGRAM

CONTINUING EDUCATION UNITS (CEU'S)

The USAR-IP program is designed to allow instructors, coaches and players the flexibility to learn at their own pace. The purpose of the Continuing Education Program is to encourage certified instructors to stay abreast of evolving knowledge and skills in the profession. At the same time the program also provides non-certified players an opportunity to improve their skills through the use of on-line mobile resources.

CEU DOMAINS

The USAR-IP program has been designed to emphasis five major learning centers considered important for all instructors and coaches. The learning centers are:

- 1) Sport Safety and Injury
- 2) Coaching, Teaching and Communication
- 3) Skill techniques, Tactics and Rules
- 4) Psychology and Nutrition
- 5) Resistance Training, Physiology, and Stretching

To assure instructors and coaches are not just "book savvy" each unit includes practical experience options and requirements to test the instructors knowledge of the principles and material presented.

RECERTIFICATION

Certification is valid for a three year period. The program believes strongly that each instructor must participate in ongoing education to provide their students with the most updated information. Each certified instructor has three years to recertify. Continuing education units may be taken at anytime, but to complete recertification requirements each instructor must take a minimum of 6 CEU's total from ALL centers. Each center has a minimum number of CEU's that must be taken from that center.

MEMBERSHIP WITHOUT CERTIFICATION

The USAR-IP program realizes that not all players want to be certified but they do want information to improve their racquetball skills. All players may join the USAR-IP program and have access to a wealth of educational information. Of course certified instructors will have access (through a special USAR-IP TV Network) to restricted instructor and coaches information, but the USAR-IP program will also provide a great deal of educational material through easily accessible mobile applications available to all USAR-IP members.

Practical Experience Options and Guidelines

ALL PRACTICAL EXPERIENCE OPTIONS SHOULD BE PERFORMED UNDER THE GUIDANCE OF A MASTER PROFESSIONAL OF YOUR CHOICE

EXAMPLES OF PRACTICAL EXPERIENCE CEU'S

CENTER ONE

CPR and affiliated certifications- these certifications can be completed at various local certification centers (Red Cross etc or online). Verification of completion is required.

Sport Trainer- Verification of your sport trainer employment must be provided. Please see enclosed verification form that must be completed and submitted to the Master Professional.

Other Certifications- Certifications affiliated with our sport and experience related to our sport will be provided CEU credits. Please confirm with your Master Professional to verify credit.

CENTER TWO

Coaching High School or College Team-Appropriate form to confirm coaching position must be submitted. Continual communication with Master Professional is required.

Assisting at Clinic- Master Professional often hold reaching and certification clinics throughout the Unites States. Please contact any of the Master Professionals to arrange assisting at these clinics.

Creating or Directing a Racquetball League or Instructional Clinics- Instructor must supervise a league or instructional clinic that extends at least four weeks. Enclosed forms must be submitted and all instructors are advised to obtain advice for a Master Instructor to verify acceptance of the programs .

CENTER THREE

Hosting a Referee Clinic-Approval from the national office is required before credit is approved. Instructors must have completed the Level Two National Referee certification program in order to host a clinic.

Creating a Video- Instructors will; receive credit for a short video production that illustrates a rule infraction or policy , A total of 4 videos would be required with no video be longer than one minute. Example of previous videos is on line. Master instructor guidance recommended.

Writing an Article- Information pertaining to training techniques, nutrition etc is a valuable asset to instructors and players. An example of an acceptable topic --A comparison of footwork between sports (tennis, squash, badminton, racquetball) utilizing current research and perhaps interviews with biomechanical experts. Consultation with a Master Professional to review project is advised.

CENTER FOUR

Work as a consultant—various teams and sport programs require consultation for correct information. Consultants will received credit with submission of appropriate documentation (see enclosed forms).

Degrees- Any competes degree is an affiliated files will received CEU credits.

Articles- See Center Three for guidelines

CENTER FIVE

Trainers for Club or Team- Often high school and collegiate teams have assigned trainers. Verification and appropriate forms must be submitted to receive credit.

Articles – See Center Three for guidance and procedures.

Video production- See Center Three for guidance and procedures.