Athletes Evaluated at First Elite Training Camp

by Keith Calkins

Last summer the first Elite Training Camp was held at the Olympic Training Center in Colorado Springs. This, the first camp of its kind, brought together a staff responsible for setting up clinics and developing the different aspects of the operation. For all those who helped, and in particular Spare Time of Sacramento, CA, we appreciate the work in organizing the camp.

I personally had the opportunity to work in the area of fitness evaluation. We decided that the area of fitness was one aspect that needed to be emphasized to the athletes. Little has been done and there are very few norms available in this area that relate to a racquetball player.

Over the years, racquetball players have been somewhat remiss, spending too much time on the court learning technique and not enough time working on other elements of the game that are equally important. Fitness is one of these areas.

I personally believe that racquetball players should work diligently on skill development but also that time should be devoted to fitness, fitness development, and evaluation. Specifically, racquetball players should be knowledgeable regarding their own personal fitness levels.

What We Did

We decided to put together some type of fitness evaluation that included a profile of each player so they could compare themselves to other racquetball players and athletes. Ideally, these evaluations would be conducted in the areas of flexibility, speed, strength, endurance, and agility.

At the time we developed the program for the camp, there was some thought that we would be able to utilize the facilities of the U.S. Olympic Training Camp Sports Complex, specifically in the human performance lab and some of the other specific testing areas that are available for their athletes.

Fortunately, the timing of our camp was the same as the Los Angeles Olympics of 1984. Most of the experts who handled these programs and equipment were involved in the Summer Games; therefore, we didn't have an opportunity to utilize the facilities or get involved in some of the testing programs we had hoped to use.

About two weeks before the camp began, we realized that we had to do something as quickly as possible to develop a program for testing each camp sessions' members. We didn't want to spend a great amount of time on physical testing, but we wanted something that could be done which would give us some data for future use and something to use for comparison with other groups of athletes.

Hold Masters Games in Toronto

The inaugural Masters Games will take place August 7 — August 25, 1985, in Toronto, Canada, bringing together 10,000 athletes from around the world.

Racquetball is one of 22 sports selected for the first Masters Games. The games will provide athletes with an opportunity to compete with some of the true sports legends in this multi-sport competition.

The Masters Games have been created to provide long term goals in sport and to promote the ideals of sports for life. They offer the inspirational message to the mature and professional athletes that continuing sport competition at the highest level can be a life-long pleasure.

There will be no flags or national anthems. All competitors will participate as individuals, competing in the uniform of their sports. The Masters Games are solely for the purpose of providing fine competition for mature athletes in their own age group.

Funded through a combination of corporate sponsorship, government, and participant contributions, the Masters Games will take place once every four years in different cities around the world. Athletes are responsible for their own travel and accommodation expenses and will pay a nominal registration and entry fee.

What is a Master?

Many different terms have been used to define a “Master”; most often “senior” or “mature” athlete has been used. In the context of the Masters Games, the term applies to the mature male and female sports-person who meets the minimum age requirements for inclusion in their respective sports.

Most often, this minimum is 35 years for women and 40 years for men. However, in some sports, such as swimming in which open competition is quite often the preserve of the very young, the minimum eligibility begins at age 25. Many sports have age-based classifications or categories rising in five or 10 year intervals.

While a pre-determined level of skill is not a mandatory requirement of participation, many Masters are highly skilled. Some will have been international champions and others might not have been. Still more compete solely for the pleasure of beating their age. Some are latecomers to their sport. Whatever reason they compete, there will be more champions among Masters in the Masters Games.

To be eligible for the Games as masters, participants must agree to abide by the principles and regulations established by the Masters Games and meet the basic requirements for participation, which is proof of age.

For more information, contact Masters Games World Headquarters, P.O. Box 185, Postal Station P, Toronto, Canada M5S, 2Y7.

1st Steve’s Place Open Huge Success

Sacramento Court Club hosted the “1st Steve’s Place Open”, January 4-6, 1985 to benefit the CSUS Intercollegiate Racquetball team.

Ed Martin, the team’s coach, stated, “The most exciting fact about this tournament is that the whole city of Sacramento got behind it!”

This was the third biggest tournament this season with almost 300 entries, following only Schoebers’ and the State Championships. Out of the $20,000 which has been raised for scholarships, $4,000 came from the Steve’s Place Open.
**New Directions**

*by Luke St. Onge*

We are most pleased to announce that United Airlines has been named as the official airline of the AARA for 1985. United, who was the official airline of the 1984 Olympic Games and will continue to be the official carrier for the United States Olympic Committee, will offer to all AARA members attending the Lite/AARA Regionals, the U.S. National Singles Championships presented by Lite Beer, the Junior Regionals and Nationals, the U.S. Intercollegiate, and the U.S. National Doubles presented by Lite Beer, the following savings:

1. Special AARA discount fare for all attendees traveling round trip to the 1985 destinations such as the Regionals and Nationals. A special fare equal to 30% discount from the normal coach fare (Y Class) will be available to you. No minimum stay or advance purchase will be required, thus removing two of the significant restrictions of most discount fares.

Those who stay over a Saturday night (most of us) can achieve even greater savings — a 15% discount from United's already reduced Easy Saver (BE70) fare.

If at the time of registration is made a United promotional fare exists that is lower than the special AARA fare, the lowest price fare will be used.

2. Regarding ticketing, our system is designed with all attendees in mind. Experience has shown that most people prefer to purchase tickets locally. When reservations are made through United's Convention Desk, each attendee can individually select their method of location and ticketing, and still take advantage of your special fare discount. They may use any local travel agent, a United ticket office, or ask the Convention Desk to mail tickets directly to their home or office. It's another example of our attentive personal service.

3. Reservations may be made through United's toll free number: 800-521-4041 or 800-722-5243, extension 6868 (Alaska and Hawaii). Use your AARA discounted ticket number.

Or you can use a local United Travel Desk or your own travel agent. If you use your local travel agent, please be sure to use the 558M phone number so that the AARA will receive credit for your trip. As part of United's commitment to amateur and professional sports, they have agreed to supply one free ticket to the U.S. Team for every 50 tickets sold. These tickets are earned on an aggregate basis over the year and are not dependent upon a single event for qualifying. So you can fly at discounted rates with no restrictions and support the U.S. Team at the same time.

A new incentive has been included in the Lite/AARA Adult Regionals and Junior Regionals this year. All semi-finalists of the Championship divisions will automatically qualify for the National Elite Training Camp at the Olympic Training Center in Colorado Springs this summer. So if you make the semi-finals, be sure to get your invitation from your Tournament Director.

Again this year the only place that you can be a part of the U.S. National entry blank is at the Regionals. Be sure you have one before you leave.

In this issue of RACQUETBALL IN REVIEW is the annual ballot for the election to the Board of Directors. Exercise your constitutional right and vote. This is a very critical time for the officers and those who are now elected will have a major impact on the future of our sport.

In their own words... 

**AARA Board**

**Sherry Armstrong**

Colorado

After living in two states in different regions of the country, I realize that the player's needs and concerns are basically the same. I would like to serve on the AARA Board of Directors in order to address these concerns as well as be in a position to do something about them.

One concern is for women racquetball players. I would like to design some programs to encourage junior girls' participation through leagues and tournaments. In addition, I would encourage tournament directors to open their class selection to women's age groups.

I would also like to assist the association in developing a line of communication between the association and the players. This would be a good way to both inform and respond to the state associations and RACQUETBALL IN REVIEW.

**Cathie Frederickson**

Michigan

Being active on the AARA board interest me in many ways. I am already involved in the promotion and development of racquetball in Michigan, however, I would like to get involved on a larger scale as part of the national and growth of racquetball in the United States, as well as around the world.

My main interest is in the growth and development of women's racquetball. I feel the programs that were developed and promoted in Michigan would be of much value and benefit to women in other states.

Presently, I have time and ability to serve on the National Board to further its goals. My experience, knowledge and skills will serve to further the growth and development of racquetball in the United States, as well as around the world.

**Cheryl Sanford**

Indiana

I began working in 1981 as the Program and Tournament Director for our club. In 1982 I joined the AARA and was elected Indiana State Junior Director and Junior Regional Director. I am now serving a three year term as an active member of the Indiana State Racquetball Association.

My main concern thus far has been forming a strong junior program for Indiana and helping to promote Women's Rankings and Activities.

I am very proud of the AARA and all that it is doing for the sport of racquetball as a World Sport. I want to be a part of that movement to improve racquetball for everyone. I am willing to work at any level necessary to attain the goals of the AARA in its growth toward Olympic Recognition as an Amateur Sport.
Candidates State Qualifications

MALIA KAMAHOOHAO
North Carolina

Being active in the AARA system for the past five years has helped me to see the importance of the AARA. Without the AARA, racquetball would not be growing.

I’m sure we all attend/participate in tournaments which still operate in ignorance as far as procedures are concerned. There are still tournaments that don’t see the need in sanctioning tournaments through the AARA.

I still see professional racquetball players participating in AARA sanctioned tournaments. This should not be allowed by state directors. The AARA was developed for the amateur. More strictness would keep this from happening.

We must remember also the junior players, as they are our future. Tournaments need to include them more often by offering them a division to participate in. Often times they are not experienced enough to play in the openadult divisions. The Virginia State Championships, for example, are not offering junior division at all this year. Tournaments should at least give the juniors an opportunity, if there aren’t enough entries, junior players should be distributed to divisions where they might be competitive.

Without the voice of the amateur through the AARA, racquetball will cease to grow both nationally and internationally.

JUDI SCHMIDT
Florida

If re-elected, I pledge to continue to work as hard, if not harder for the betterment of the AARA, to aid in the growth of the sport, and to work on having racquetball accepted as an Olympic sport.

1985 — OFFICIAL AARA BALLOT
BOARD OF DIRECTORS

DAVID ANDERSON
An AARA member for four years, David Anderson has been involved in the club world, including program responsibilities for tournaments, clinics, camps, etc. for five years. He is a consultant for club development, management, and programming for Japan, California, Ohio, Washington.

In 1984, Anderson was the Administrative Director of the first AARA National Junior Racquetball Camp held at the Olympic Training Center, Colorado Springs, CO. He co-ordinated the staff from the Olympic Training Center, racquetball professionals, and AARA volunteers.

From 1980-1984, Anderson was the Tournament Director at the Adult Regional Tournaments, Area 14, and coordinated Junior Regional tournaments.

Anderson has co-directed numerous junior and adult camps with Keith Cakenas, Don Hamlet, Mina Misk, Kathy Oliva, and other instructors. He also assisted in the promotion and planning of the World Championships held this past summer in Sacramento.

JUDI SCHMIDT
Florida

During 16 years of participation in racquetball, I have contributed to its growth and development at (local, state, and regional) levels to the best of my ability both independently and as a representative of the AARA. I would like to continue my service to racquetball and the AARA on a national level because I believe strongly in the philosophy, ideals, and objectives of the AARA and am willing to work diligently through the coming years to see that our sport achieves the international status it deserves.

As a woman first, and athlete/coach second, I am convinced of the need for recreation and athletics in the formation of a well-rounded individual.

Therefore, I have been a spokesperson in the Southeast for female and junior involvement in racquetball. I would like to be more involved in the development of policies and programs which will attract women and children to the overall benefits to be derived from the racquetball experience.

I will bring to the National Board the same dedication, hard work, and energy that I have devoted to the growth and development of racquetball in Florida and the Southeast region since 1969.

ALLEN SEITELMAN
New York

Why would I want to be on the board of directors? While this question could generate some very complex rationalizations, it is very simple for me to answer: I’ve played racquetball for over 15 years and I love the game. I loved the sport so much that I gladly dedicated my efforts to help improve and promote it. I quickly found that the more time and effort I put into the sport, both as a player and as an administrator, the more I enjoyed it and loved racquetball.

Racquetball has undoubtedly become a major facet in my life, therefore, the opportunity to continue to serve as a member of the Board of Directors, National Vice President, and as the U.S. Olympic Committee delegate is a major concern of mine since there is still a great deal of work left to accomplish in order to make our Association even better.

If re-elected, I bring to the Board a combination of interests, abilities, and experiences that I feel are ideally suited to helping our Association grow and develop. If you like the way the AARA has been developing over the past few years, a vote for me will help to ensure the continuation of this trend (based on my track record as an integral part of the administration of the Association for the past seven years). In addition to my racquetball expertise, my education background (Master’s degree in public administration) and my work as Director of Planning provide me with an excellent basis to serve as an officer of the AARA.

Vote for THREE. You must vote for two women since AARA Constitution assures women representation on its Board. Attach your mailing label in the space provided below in order to make your ballot valid. Return the completed ballot to AARA, 615 N. Weber, #203, Colorado Springs, CO. Ballots must be returned to the AARA no later than May 10, 1985 in order to be valid.

☐ SHERRY ARMSTRONG
☐ JUDI SCHMIDT
☐ ALLEN SEITELMAN
☐ CATHIE FREDERICKSON
☐ DAVID ANDERSON
☐ MALIA KAMAHOOHAO

Place your RACQUETBALL in REVIEW label here:

March 1985
Tests that I could use. Basically, we work to be valid and reliable, but that they would give us an indication as to where racquetball players stand with other athletes.

Many has not done a great deal of work in individual sports. Most of his field evaluation has been with athletes in football, basketball, softball, track and field for men and women. Nonetheless he helped me develop what he thought would be a good indicator of fitness level in areas that I wanted to evaluate.

We hoped that by testing racquetball players we would not only evaluate, but establish norms and give our athletes an indication of how they fared with other athletes in other activities. It was also our hope that this would stimulate a need and interest for spending more time in the area of fitness development.

After a couple of sessions with Marv, we established seven tests in the flexibility area that he thought would be appropriate for racquetball players.

In the strength area, we concentrated on leg strength and used a vertical jump as one of the standard tests. We included a standing long jump and a bench jump as well.

We had to modify some of the women's evaluation because we found that the bench was a little too wide.

To measure agility, we used a standard agility run. We developed a 10-yard run for speed evaluation.

We would have liked to have done some type of cardiovascular endurance testing, but there wasn't time. In the future, we hope to be able to measure this by using a 15 minute run or step test, or possibly evaluating a submaximal uptake test on a treadmill or bicycle ergometer. Some of the facilities that are available at the USOC Training Center would greatly help us with these tests.

We did not give any of the athletes a chance to practice these tests. Using the norms Marv had established for both men and women, we placed them on a profile sheet (see example) which outlined their individual performance. We rated each individual's performance on a 1-9 basis, with 1 being the lowest score and 9 being an excellent score.

Making Sense Of It
In analyzing the data, we decided that for simplicity's sake, we would take the tests, divide them into thirds. The first three areas were classified as below average, the middle three scores as average, and the top three scores were classified as above average. After we gave the tests, we identified which people fell into what area (above average, average, below average), and then analyzed the data, trying to come out with percentages for each of the tests.

There were five or six people who were 50, 60, or 70 years of age. We did not include them in this data, even though we tested them because we had no norms for their ages. Some of the tests, we felt, were really not appropriate and we did not want to skew our data because of the scores of individuals not in a common age group.

Twenty-eight of the men that we considered to be in open competition were between 19-45 years of age. We also tested 15 junior men whose ages went up to 18. Thirty-eight women were tested, 23 in open competition and 15 juniors.

Of the 43 men we tested, all scored average on the flexibility tests. Hamstring scores for all 43 were average, too, but the 28 older men scored above average and the 15 juniors below average. Lower back scores were above average.

The groin test showed that 43 men were below average with 57% of the 28 older men below average as well.

The abductor score was above average, but 68% of the junior men were below average. Front shoulder scores were below average. Back shoulder scores were above average as 75% of the group held that score. Hip scores were average for the group.

The scores for the vertical jump and the standing long jump were below average. The junior men's scores in both these events were well below average. The scores on the shuttle run were average.

The total score for women in flexibility was above average. Both the 23 older women and the 15 junior women scored above average on the hamstring, back, groin, and back shoulder tests. They scored average on the abductor, front shoulder and hip tests.

The women scored average on the vertical jump tests, but were below average on the standing long jump, bench jump, and shuttle run. The junior women scored above average on the bench jump while the older women scored above average on the shuttle run.

Our Findings
It's important to note that the validity of the tests administered can be questioned as to their significance to racquetball players. The tests norms that were used came from years of testing men and women athletes from many different sports.

The important concept to remember is that some form of fitness evaluation was completed and a comparison can be made not only between other athletes in different sports, but between racquetball players themselves. It's important to make significant conclusions from the data and we would not

(Continued on page 5)
Our Observations
The men appear to need great flexibility. They appear to be weak in explosive leg power, although this may not be as important in racquetball as it is in other sports where jumping is important.
The shuttle run scores were not as high as expected for racquetball players.
As expected, the women scored extremely well in flexibility tests, but scored poorly in leg strength and agility portions of the tests.

We recommend that all players do some form of total fitness evaluation and that special consideration be given to flexibility, agility, speed, strength, and cardiovascular endurance. Of those racquetball players who had developed a program off the court (Bret Harnett and Terri Galbreath both do this and both had high scores), their games were greatly enhanced. These test results are from tests conducted on the top amateur and professional players.

In Closing
The conclusion, I think, indicates that there is a need to encourage our players to regulate their time and develop their total game. Although this was our first attempt at fitness evaluations, we were extremely pleased with the attitudes the players demonstrated during the testing. Many were very pleased at a chance to learn something about their weaknesses, strengths, and fitness levels.

We look forward to future camps and opportunities to work with outstanding students of racquetball.

REGION
Region #1
Jim Daly
3 Matillo Street
Quincy, MA 02169

Region #2
Ali Selkowitz
73 Babylon Drive
Sound Beach, NY 11789
516-821-0987

Region #3
Gib Loesel
532 West 8th Street
Erie, PA 16502
814-453-4335

Region #4
Van Dubosey
L24 Santa Fe, Community College
3000 N.W. 83rd Street
Gainesville, FL 32602
904-356-5356

Region #5
Jack Sorenson
Montgomery Athletic Club
5675 Carmichael Park
Montgomery, AL 46177

Region #6
Tom Wilkins
Pleasure Park Athletic Club
2303 Highway 70 East
Hot Springs, AR 71901

Region #7
Racquetball & Handball Club of San Antonio
849 Ison
San Antonio, TX 78216
512-340-0364

SITE
May 3-5
Southshore Athletic Club
28 Wood Road
Branford, MA 02184
617-848-8080

May 3-5
Royal Racquetball Club
607 Middle Country Road
Coram, NY 11727

May 3-5
Sawmill Racquetball Club
2680 Carol Road
York, PA 17402
717-755-0991

May 3-5
Omega 40
1 South Kings Road
Ormond Beach, FL 32074

May 3-5
Montgomery Athletic Club
5675 Carmichael Park
Montgomery, AL 46177

May 3-5
The Courts
1202 Tancred
Fort Smith, AR 72903
Attn: Russ Sawyer
501-785-1200

May 3-5
Racquetball & Handball Club of Houston
9651 Glenfield Court
Houston, TX 77098
713-781-6900
Attn: Gary Cohn

May 3-5
Sawmill Racquetball Club
2680 Carol Road
York, PA 17402
717-755-0991

May 3-5
Omega 40
1 South Kings Road
Ormond Beach, FL 32074

May 3-5
Montgomery Athletic Club
5675 Carmichael Park
Montgomery, AL 46177

May 3-5
The Courts
1202 Tancred
Fort Smith, AR 72903
Attn: Russ Sawyer
501-785-1200

May 3-5
Racquetball & Handball Club of Houston
9651 Glenfield Court
Houston, TX 77098
713-781-6900
Attn: Gary Cohn

May 3-5
STBA
Chicago, IL

May 10-12
Davison Racquetball Club
1111 East 40th St.
Davison, MI 48423

May 17-19
Full Court Club
111 East 40th St.
Anderson, IN 46014
Attn: Cheryl Sanford
317-649-7367

June 7-9
Russell Courts
817 West Russell
Sioux Falls, SD 57104

May 3-4
STBA
Denver, CO

March 29-31
Billings Racquetball Club
1777 14th Street West
Billings, MT 59102

May 10-12
Clarmont Racquetball Club
1777 Padua Ave.
Clarmont, CA 91711
714-622-6791

May 31-June 2
Pacific West Club
1340 West Smith
Kent, WA 98032
206-852-9500

REGION
Region #8
Al Barasch
7300 W. Cicero
Lincolnwood, IL 60646
312-673-7300

Region #9
Larry Cole
1192 Shady Hill
Flint, MI 48504

Region #10
Cheryl Sanford
1120 West 39th St.
Anderson, IN 46014

Region #11
Garner White
3628 Brookside Drive
Rapid City, SD 57702
605-348-5858

Region #12
John Frost
3051 S. Glencoe
Denver, CO 80222
303-449-4800

Region #13
Clint Kohle
3005 Walsabough
Gillette, WY 82716
307-666-9104
307-666-6009

Region #14
Scott Winters
Irvine Club House
17850 Skypark Blvd.
Irvine, CA 92714

Region #15
Sid Williams
5277 S. Palahee Sound
Tacoma, WA 98409
206-479-2266

Does your shoe boast a molded innersole, molded heel counter, forward-canted heel, padded collar, and leather reinforcement? Really?

Can you count on the comfort and protection offered by an EVA midsole?
**Approved Balls**

Balls approved for AARA.

*Listed Alphabetically*

- A
- B
- C
- D
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- F
- G
- H
- I
- J
- K
- L
- M
- N
- O
- P
- Q
- R
- S
- T
- U
- V
- W
- X
- Y
- Z

**Sanctioned Events**

**1. Eiken**
**2. Penn**
**3. RAM**
**4. Rapp**
**5. Sportcraft**
**6. Vot**
**7. Wilson**

**AAAR/ARHS National Rankings**

as of January 23, 1985

**Men's Open**


**Men's 75**


**Women's Open**


**Women's 75**


**Mixed Open**


**Mixed 75**

Demolish your opponent's game with the newest, most advanced racquet in the game—the DP Boron Graphite.

The unique combination of light but powerful boron and durable graphite results in a supremely efficient frame with little vibration. Boron fibers provide increased strength in the areas of greatest stress, and the sunburst string pattern maximizes racquet performance.

The DP Boron Graphite. To demolish, to crush, to kill...To win.
**Military Racquetball**

by Stephen D. Ducoff

Chanute AFB (IL) will be the host installation for the 1985 Armed Forces Racquetball Championships. It will be conducted as an AARA sanctioned event and held using AARA rules. One non-AARA will be effective in the 1985 event: All participants must wear eye protection.

Now that all services have mandatory eye protection requirements, it is only natural that the Armed Forces Championships be conducted with this rule. I've had several inquiries as to which eye protection is best. This real practice in racquetball, but based upon what I've read the best protection is the hinged, wraparound polycarbonate lenses. From there, in descending order, hinged polycarbonate and the open or tilt type are next best. Shatterproof "glasses" don't offer as much protection as one might think. In fact, if they are not polycarbonate lenses, they probably aren't shatterproof.

The hinged military issue lenses really don't offer much protection. You should probably wear the "gale." Let's protect one of our most valuable assets, our vision.

Going into 1985, I'd like to hear from you on the rule changes which became effective in 1984. Also, let me know what rule changes you'd like to see in the future. Send your comments and recommendations to Stephen Ducoff, AFRMC/PC/MCSOS, Randolph AFB TX 78150-6001.

**Mike Yellen Signs Million Dollar Contract**

Eketon, the leading manufacturer of racquetball racquets, has signed Mike Yellen, 1983 and 1984 National Racquetball Champion to a long-term million dollar agreement. This record-setting contract with the San Diego-based firm is the biggest in racquetball and history of racquetball, and will span the remainder of his professional career.

"Our investment in Mike reflects Eketon's continuing confidence in the health and future of racquetball," said Bob McCurry, Eketon vice president and general manager. "In addition to being the top player in the country, Mike is a great ambassador for Eketon and the sport of racquetball around the world."

Eketon will be utilizing Yellen's outstanding talents not only as a player, but as corporate spokesman by way of appearances, promotions, clinics, and exhibition matches.

Yellen, 24, from Southfield, MI, has been competing in the professional tour for the past seven seasons. Although his career has been filled with honors and records, Yellen cemented his place in the racquetball record book in 1985 when he became the top player in the history of the sport to win the "racquetball grand slam." He achieved this feat by winning the Eketon National Championship, the Catalina Cup, and the DP Nationals. More recently, Yellen has dominated the sport with victories in four out of the last five national championship events.

"I'm currently looking forward to continuing my association with Eketon," said Yellen. "Eketon has made an outstanding contribution to the sport and I am pleased to be able to play a major role for Eketon in their development of racquetball in the years ahead."
In order to qualify to participate in the 1985 National Championships, players competing at these regionals will receive applications to participate at the AARA Nationals.

March 1-3
Northeast Int. Regional Tournament (3)
Providence RI 02903
Pinehaven Open 250-327-9866
Mount Hope Open 250-327-9866
Men's Singles & Doubles (3)
(Pinehaven Country Club, Providence RI)
March 4-5
EASTERN REGIONAL CHAMPIONSHIPS (3)
$, The Racquet Club of Franklin. $,$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$,$$$, 
Bosco d. Charlie Frenz
Kohl d. Basim Alibari
Moss d. Gene Landrum
Gill d. Burdene Hansen
Mount d. Bert Schamblin
Mazza d. Jeff Bemar
Mellor d. Scott McBee
Rogers d. Scott McBee
Pardoe d. Celia Trimble
Cricao d. Ken llacera
Woznick d. Jan A
Arch d. Ken llacera
Songer d. Scott McBee
Chop d. Tony Mathieu
Konman d. John Johnigan
Kinnan d. John Johnigan
Kohut d. Basim Alibari
Carrico d. Ken llacera
Fabius Jones d. Bryce Evans
Replogle d. Bryce Evans
Church d. IU Granzow
Manor Parkway
Racquetball In Review
Supreme Courts
Sarasota Bath
MSRA State Doubles
14-00
Billings Racquetball Club
Billings MT 59102
STBA
Idaho
Braintree, Humboldt Y Open (3)
2228 South 78th
April APRIL
Tacoma Family Fitness Center
Mike Towne
Court Club of Durango
Durango Racquetball Classic
Durango, CO
Anderson IN 46014
Donna Lewellen, 317-649-7387
1111 Susan McMasters, 405-743-1328
Ute/AARA Adult Regionals,
Charlotte Racquetball Region #13
6th Annual Tiger Open (3)
Aubum, AL 36830
The Racquet Club
6-7
Memphis, TN, April U.S. National Intercollegiate Championships
June 22-26
U.S. National Doubles Championships
Downtown YMCA, Houston, TX, May 23-27, 1985
STS
Reg #4
State Doubles/Junior
Championships (4)
STBA
Idaho
3rd Annual Ridge Racquet Club Open
Brainerd, MN
Jim Brown, 740-0000
Huntckylk Y Open (3)
American Health & Fitness
3880 E. Robinson St.
Anaheim, CA 92801
STBA
APRIL
APRIL 3-4
Tournament
Towne & Country
2250 South 400 West
Wood Cross, UT 84087
Mike Vedder
April 4-7
Durango Racquetball Classic
Court Club of Durango
1650 Florida Road
Durango, CO 81301
April 5-7
Single Tournament (3)
Full Court Club
1111 E. 49th St.
Anderson IN 46041
Dana Lowell, 317-549-7367
AARAState (4)
TACUS (4)
Susan McKenney, 405-743-1289
April 11-14
Ute AARA Adult Regionals,
Region #4
Charlotte Racquetball & Fitness Center
5500-17 Center Dr.
Charlotte, NC 28215
Mike Dimoff, 919-855-7493
April 12-14
6th Annual Tiger Open (3)
The Racquet Club
465 N. Dean Rd.
Auburn, AL 36830
Gina Vinson, 887-9591
Lia AARA Adult, Northeast
Regionals Region #1
STBA
Lia AARA Adult Regionals,
Region #7
Bedford Racquet Club
Bedford NH
Bernie Howard
Lia AARA Adult Regionals, Region #8
STBA
U.S. National Collegiate Championships presented by Lite Beer from Miller
(Dqualifying required in Regions)
Downtown YMCA, Houston, TX, May 23-27, 1985
U.S. National Junior Championships
(Dqualifying required in Regions)
Newport Beach Sporting House, Newport Beach, CA, June 21-26
U.S. National Doubles Championships
Rocky Mountain Health Club, Cinyenne, WI, Oct. 24-27

Dates To Remember
U.S. National Intercollegiate Championships presented by Lite Beer from Miller
The Racquet Club, Memphis, TN, April 12-14, 1984
U.S. National Singles Championship presented by Lite Beer from Miller
(Dqualifying required in Regions)
Downtown YMCA, Houston, TX, May 23-27, 1985
U.S. National Junior Championships
(Dqualifying required in Regions)
Newport Beach Sporting House, Newport Beach, CA, June 21-26
U.S. National Doubles Championships
Rocky Mountain Health Club, Cinyenne, WI, Oct. 24-27

Racquetball In Review
March 1985
11

IS THE WEAKEST PART OF
YOUR GAME YOUR ANKLES?
For many racquetball players their ankle is their Achilles' heel. We give them our support. The new three-quarter height FootJoy Tuffs 3Q. A cushioned collar keeps your ankle firmly in place, while an EVA midsole makes light work of every step. Tuffs 3Q. To strengthen your game.

FootJoy - For Your Feet Only.

SHOES FOR ATHLETES WHO THINK.

Tourament Results — from page 9

Men's A Singles
Semi-finalists — Steve Donald d. Dave Rasmussen
Walker d. Grady Dillow, Jock Hamman; Mark
Garber d. Roger Deas
Finalists — Steve Donald d. Mark Garber
Men's B Singles
Quarter-finalists — John Wessels d. Bob Hall; Steve
Rasmussen d. Dave Rasmussen
Semi-finalists — Steve Donald d. Dave Rasmussen
Finalists — Steve Donald d. Dave Rasmussen
Men's C Singles
Quarter-finalists — Don Smith, Jr. d. Greg Gallman
Semi-finalists — Steve Donald d. Dave Rasmussen
Finalists — Steve Donald d. Dave Rasmussen
Men's D Singles
Quarter-finalists — John Wessels d. Bob Hall; Steve
Rasmussen d. Dave Rasmussen
Semi-finalists — Steve Donald d. Dave Rasmussen
Finalists — Steve Donald d. Dave Rasmussen
Men's E Singles
Quarter-finalists — Steve Donald d. Dave Rasmussen
Semi-finalists — Steve Donald d. Dave Rasmussen
Finalists — Steve Donald d. Dave Rasmussen
Men's F Singles
Quarter-finalists — John Wessels d. Bob Hall; Steve
Rasmussen d. Dave Rasmussen
Semi-finalists — Steve Donald d. Dave Rasmussen
Finalists — Steve Donald d. Dave Rasmussen

Women's A Singles
Semi-finalists — Laura Denman d. Susan Pei; Karen
Walters d. Lisa Hyten; Monique D. Theresa Nunez; Jan
Garber d. Debbie Stack
Finalists — Laura Denman d. Susan Pei
Women's B Singles
Semi-finalists — Laura Denman d. Susan Pei; Karen
Walters d. Lisa Hyten; Monique D. Theresa Nunez; Jan
Garber d. Debbie Stack
Finalists — Laura Denman d. Susan Pei
Women's C Singles
Semi-finalists — Laura Denman d. Susan Pei; Karen
Walters d. Lisa Hyten; Monique D. Theresa Nunez; Jan
Garber d. Debbie Stack
Finalists — Laura Denman d. Susan Pei
Women's D Singles
Semi-finalists — Laura Denman d. Susan Pei; Karen
Walters d. Lisa Hyten; Monique D. Theresa Nunez; Jan
Garber d. Debbie Stack
Finalists — Laura Denman d. Susan Pei

Classified Ad
National Recreation management and consulting firm seeks club managers, fitness directors, racquetball professionals for job openings throughout U.S. Excellent growth opportunities. Send resumes, picture to HRM 7501 Covina Ave., Suite 1011
Cherry Chase, MD, 20651
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FootJoy

University of Florida

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Once in every player's lifetime, something comes along that changes everything.

50% Greater Coverage
In the same way that "oversized" tennis racquets dramatically changed the game for millions of tennis players, Ektelon's new "oversized" MACRO SERIES racquets are going to change the game of racquetball for you. From the moment you pick it up, you'll hit winners on balls you're not even getting to now.

80% Bigger Sweet Spot
Longer. Wider. And located further from your hand than with standard-sized racquets - out where tests prove you hit balls the most. It means more powerful, more accurate shots a lot more often.

Actually Lighter Than Many "Standard-Sized" Racquets
As a result of exclusive new high-strength, aerodynamic aluminum alloys, the MACRO is extremely easy to swing and weighs only 245 grams. Which is, very possibly, lighter than the racquet you're using now. It's time for a change!

The MACRO Racquets Patent pending