Navarro, Rasmussen Take Top Honors

Fun Wins Every Division At Jr. Nat’ls

Players and fans alike gather at the ALL American Fitness Center in Fishkill, NY, for the A.A.R.A. Junior Nationals. Photo by A.Lahn

By Bo Champagne

During the week of June 24-29, 1983, normal club activities ceased at the beautiful All American Fitness Center in Fishkill, New York, as over four hundred Juniors from all over the country gathered for the annual event known as the A.A.R.A. Junior Nationals. At the week’s end, A.A.R.A. Executive Director Luke St. Onge was ecstatic over the results. “This is by far the best Junior Nationals we’ve put on,” he said. “This is a great club, the staff was super all week, and the kids were amazing. What happened Tuesday night was really special.” Luke was referring to the carnival and cook-out held in the area designated for parking behind the club. Everything took place under a huge tent, for it had rained all day. At the carnival the Juniors were able to win tickets giving them chances at an assortment of prizes given away at a drawing. Later, everyone gathered in and around Center Court to watch a slide presentation set to music which captured the flavor of the Tournament. The atmosphere throughout the evening was loose and informal and the Juniors seemed to love it!

But first and foremost, everyone came to play racquetball - so let’s see what happened at the Tournament.

Eighteen and Under (Boys):

Boys indeed! Not very many men “boys.” Most of the fifty-seven 18-open players in their home states, and those who aren’t probably will be soon.

Seventeen-year-old Ray Navarro of El Paso, Texas upheld his number one seed to win his fourth National title. Only Ohio’s Doug Garvey was able to slow Navarro’s drive for the finals, taking him to three games in the quarters. No one really came close to overcoming Ray’s combination of hard drive serves and superb court coverage. In the semi-finals Navarro eliminated Chuck Teets (Allen Park, MI) in about the same length of time. It took for both players to warm up. The finals weren’t much closer as Ray made some subtle changes in his game to keep sharpshooter Andy Roberts (Memphis, TN) from establishing his shooting game. Roberts had advanced via close

wins over Hughy Klein (Pittsburgh, PA) in the quarters and Peter Char dayovine (Shrub Oak, NY) in the semi’s. Chardavoyne, an excellent all-around athlete, overwhelmed Teets in their third-place match. Teets appeared to have much of his intensity sapped by a 16-14 third game win in the 16’s over a hot Dave Cardillo (Yorktown Heights, NY), and a tight 15-10 tiebreaker victory over a fine Hawaiian player, Egan Incue of Honolulu.

Asked about his strategy in the finals, Navarro replied, “I lobbed more than I usually do so that he wouldn’t get in the groove. When I saw that he was having trouble seeing the ball against the glass I tried to put a few more balls along the right wall.” Ray hasn’t let his previous successes go to his head and has maintained his same low-key personality in the face of the ever-increasing publicity he has received as a result of his tournament wins. “I’ve always been quiet around people until I get to know them,” Ray says. “Some people take that the wrong way, but I don’t mean anything by it — that’s just the way I’ve always been.”

Girls: Trina Rasmussen (Jacksonville, OR) was eliminated from the Junior Nationals in 1983 in Carson City, NV by eventual winner Marc Robb. This year Trina returned the favor — but just barely. She outlasted top-seeded Drexler in the semi-finals and went on to take the title in a three-game win over Becky Rush of Sherwood, AR.

Marc Drexler appeared to be cruising to another National title, reaching the semi’s with no trouble and then dominating the first game against Trina, 15-6. But Trina, as if to say, “This is my year,” shifted into high gear and did some dominating of her own in a 15-9 second game win. This set up the pressure-packed tiebreaker where Trina really earned her trip to the finals by prevailing 16-14.

In the other half of the bracket, unseeded Becky Rush put out second-seeded Brenda Young (Las Cruces, NM) in the quarterfinals, and then overwhelmed third-seeded Marci Drexler (Carmichael, CA) in the semi-finals. Young, a long-familiar face at the Junior Nationals, sprained an ankle in her match against Rush, but played on anyway and was never out of it. But Becky, who has shown steady improvement each year, has developed a tenacity that wore down Young and then never let Mo Nard, get started. The score in the semi was 15-9, 15-3.


(continued on p.2)
Junior Nationals

Continued from pg. 1

The finals were all Trina Rasmussen. Even though Rush pulled out a 12-15 second game win, Becky admitted afterward: ‘Trina was the better player, and that’s all there was to it. I tried to hang in there, which is what I seem to do best, but today Trina was faster and her shots were better.’

Trina was delighted with her win, for it not only gave her a National crown, but also earned her a berth on the U.S. National Team which will travel to Costa Rica October 5-10 for the Central American Games. (Cori Drexler, Director on the U.S. Team as a result of her Women’s Open win in the A.A.R.A. Nationals). Ray Navarro’s win in the 16 and under qualified him for the team as well. Both Ray and Trina will be good representatives for the country and for the sport of racquetball as well.

Sixteen and Under (Girls): The top-seeded Rasmussen didn’t fare too well in this division, as only one of the top four seeds even made it to the semi-finals. The finals pitted against each other two players who started in the middle of the pack — Michelle Morrow of Auburn, CA and Laramie, WY’s. Dot Vall, and Michelle dominated them as she had all week.

Dot put out first-seeded Tracy Ransdell (Apple Valley, CA) in an intense first-round match (15-14, 15-12) and rode the momentum to the finals. Dot combined her speed and agility with an ability to push up and score points at crucial times in her matches — until the final.

For Michelle Morrow there were no crucial points to speak of, as she simply came out on top of everyone with her strong shooting game. No one took a game from her all week. In fact, no one reached double figures against her. Second-seeded Shelly Lee (York, PA) looked strong in her first two matches before succumbing to Morrow’s power game in the semi’s (15-8, 15-6). Lisa Anthony (Shingleton, CA) beat Shelly for third place after losing her semi-final match against Dot Vall.

The final’s belonged to Morrow and she wasted no time proving it with a 15-4, 15-1 win over Vall. Vall’s retrieval served only to lengthen some of the volleys, but the end result was still the same — a Morrow kill-shot or power drive for the winner.

Boys: Cliff Swain dominated this division from start to finish, coming in as the number one seed and proving to everyone that was how it was supposed to be. The smooth southpaw was strong in every phase of the game physical and mental — and went all out in every match. It was too much for the rest of the field, and Swain never lost a game. Cliff is sponsored by his home club in Braintree, MA, and he represented them well.

Mike Lowe (Vacaville, CA) reached the finals via a semi’s win over Michigan’s Men’s Open champ, Andy Glantz (Crompond, NY) in the rec. Lowe played well enough to push Swain, but Swain always stayed a step ahead. Lowe, a leftie, was not the high quality; both players were on top of their games, and there were very few errors throughout. Swain’s semi-final opponent was Lowe’s doubles partner, David Garcia from Novato, CA, who had cruised to the semi’s without too much trouble but couldn’t get it going against Swain.

Fourteen and Under (Boys): David Simonette won his second straight 14 and under National title, although not without a few difficulties along the way. After breezing through his first quarter final, he ran into a fired-up Oscar Gonzales (Miami, FL) who grabbed the first game 15-13. As he often does, Simonette responded to his first game loss with a second game blow-out, 15-3. The tiebreaker was close, but David held the edge throughout, winning 15-12 over an exhausted Gonzales. Oscar had weathered two tough matches in earlier rounds — a three-game quarter-final win over Hugh Diddy (Des Moines, IA) and a highly entertaining round of 32 win over New York’s Tim Doyle (16-14 in the third game).

The other semi-final matched two fine athletes, Todd Kohout (Wayne, NJ) and James Lomello (last year’s 12 and under champion from Coral Gables, FL). Both players had reached the semi’s without much trouble and their match pitted Lomello’s excellent shot-making against Kohout’s speed and intensity, and it was Kohout’s concentration down to the wire. The stretch in the third game which earned him a trip to the finals.

In the finals, Simonette once again dropped a close first game (15-13), came back with a second game blow-out (15-2), and held the edge in the tiebreaker for the win (15-12). A determined Lomello dominated a tired Gonzales to take third. This division, with so many close matches and entertaining personalities, drew as many spectators as any of the older divisions.

Girls: Elaine Mardas captured the Girls 18 and under title, defending her number one seed without losing a game. Playing out of Columbus, OH, Elaine is already one of the top open players in her state (she took second in this year’s State Tournament). She had no trouble in her age group here until the finals where she met an equally good Christine Upson (Versailles, PA). Both games in the finals were very close, and could have gone either way. But Elaine made fewer errors down the stretch, and prevailed 15-13, 15-14.

Christine reached the finals with a convincing win over third-seeded Kelly Pullis (Fairfield, CA) in the quarters, and an even more convincing win over second-seeded Janet Burke (Newton Heights, MD). Mardas had a first-game struggle against Robin Levine of Fishkill before prevailing 15-12, 15-6. Levine’s smooth left-handed shooting was too much for Burke in their third place match as Robin took the medal with a 15-3, 15-10 victory.

Twelve and Under (Boys): John Gilroy, who has won the 10 and under division in each of his last two trips to Junior Nationals, fell one match short in his first crack at the 12 and under. He had the door slammed in his face by Nolan Glantz (Gompound, NY) in the final. Gilroy was unable to close each of his efforts in previous Nationals, and was obviously hungry for this. Esenpecially since the tournament was being hosted by his home club. Glantz didn’t lose a game all week, and only one set (15-9) to a 11-year-old in the first round in two games. That was quarter final loser Mike Altman (Coral Gables, FL) who gave Glantz his toughest match before bowing out at 15-8, 15-7.

Glilooy, on the other hand, struggled throughout the week winning (continued on p.2)
Junior Nationals (continued from p. 12)

via the tiebreaker in three of the four matches it took him to reach the finals. This seemed to have a

ing the finals that he has shown in previous years.

In the semi-finals Glantz topped his doubles partner, Duane Legill of Tempe, AZ 15-2, 15-6. Legill had

played well to reach the semi, beating the number two seed along the way. Brian Jorgenson took

Glilloy to the tiebreaker before beating the number

division was a family affair. Kimber­

semi-final match. Legill beat

the top four seeds. Each made the finals.

Stefanie controlled play (6-15, 15-6, 15-7). El Paso's

and in the quarters she stopped

match from Fuentes.

The finals were not played. After a

match in the Regional finals (won by Kim). And in Fischkll

the Pinolas also had a 12 and under
doubles final to play. They won that too, and went home satisfied.

Ten and Under (Girls): Erika Willhite, playing out of Bea­

her a National title at age 10. She

now also knows girls her age from

and stiffer competition. By the end

match-up of power vs. control, with

John's powerful serves and hard

accuracy. And the grin never left his

for he ankle is their Achilles' heel. We gi­

lights work of every step. Tuffs 3Q. To strengthen your game.

is the most of your game your ankles?

Thanks go out to Greg Eneveld

and D P Leach for their support of the Junior Nationals and

Boys: The boys' division was

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international slide presentation shown on

the main court after the
carnival. Thanks to Pat Gentry, floor

the Junior Program in the United

national slide presentation shown on

through local, state, regional and

sponse to the Junior Program in the United

we cannot say enough about the

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tional Junior Championships a

tremendous success. We sincere­

to the Junior Council who continues to be the

1983 U.S. Junior Nationals) for his most inspira­
ond, and regional Junior programs. Without

these two fine companies it is

questionable as to whether or not

the Junior Program in the United

States could survive.

We cannot say enough about the

hospitality extended to the 445

players as well as their parents by

the All Sport and Fitness Club

which hosted the Junior Nationals.

from the owners, Bill Austin, Mike Artega, the staff of Jim Burns and

Barbara Carol, and the many in­

suable employees and

volunteers who made the 1983 U.S.

National Junior Championships a

tremendous success. We sincere­

ly appreciate Jim Burns who put

the grass roots of racquetball

throughout the Championships.

And, another expression of ap­

preciation must go to the Junior

Council who continues to be the

steering committee for Junior

development in the United States.

Last, but not least, we owe

time to the 400 plus young

athletes who came to New York

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talents and great sportsmanship.

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tional Junior Championships.

(continued from p. 11)

Ray Navarro, winner of the 18 & Under Boys Division, dives fot this

wall shot. Photo by Alan
Playing with an erratic racquetball is like shooting pool during an earthquake. Either way, you're holding yourself back. And guessing a lot.

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Dear Members,

We would like to congratulate the U.S. National Team which will be competing in the Central American Regional Games in Costa Rica October 9-14, 1983. The men's team will consist of Dan Ferris of Minnesota, number 1 in Adult Nationals; Jim Basolo of New Jersey, number 2 in the Adult Nationals; Ray Navarro, Texas, number 2 in the Junior Nationals; Stan Wright and Steve Trent of California, the number 1 team in the Adult Doubles.

The women's team includes Cindy Baxter from Pennsylvania, number 1 in the Adult Nationals; Malie Ramakrishna of Virginia, number 2 in the Adult Nationals; Marci Drexler, California, number 3 in the Adult Nationals; Kathy Givna of Tennessee, number 1 in the Intercollegiate Nationals; Trina Rasmussen, Oregon, number 1 in the National Doubles Championships.

These fine athletes, under Head Coach Ed Martin of California, will represent Racquetball and the United States in its first international competition outside the United States.

One has to be heartened by the support and turnout at the Junior Nationals this year. Four hundred and forty-two Juniors entered and all had to qualify by participating in a Junior Regional. There was a lot of skepticism as to whether or not this qualifying system would work. The system was so successful that the Board adopted the same policy for the Adult Nationals this coming year. Exact procedures will be published in the November issue of "Racquetball in Review."

The 1983-84 season promises to be the year of the author as the Racquetball industry refocuses its attention on the grassroots market. The dream of the Grassroots Player is finally being recognized and can become a reality, especially if we continue our united efforts toward the promotion of the sport.

Remember, support those who support you!

Lute St. Onge

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St. Pete's Tyrene Club Chosen as Doubles Site

The A.A.R.A. Board of Directors recently voted to hold the 16th Annual U.S. National Doubles Championships at the beautiful Tyrene Racquetball Club in St. Petersburg, Florida, on Oct. 27-30, 1983. The Tampa - St. Petersburg area has become one of the fastest growing areas in the United States. Located on the fabulous Gold Coast of the Gulf side of Florida, St. Petersburg offers you days filled with swimming, diving, deep-sea fishing, water skiing and lots of sunshine in between racquetball games. If you enjoy sunshine, water and racquetball you won't want to miss the 1983 Nationals.

The Tyrene Racquetball Club, situated on 6690 Crosswinds Drive North, is two years old and boasts four-teen sports unlimited panel courts.

(Continued p. 7)

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Foot Injuries: News on Plantar Fascitis

Plantar fasciitis is one of the most common foot injuries in racquet sports. This disorder is also called the "Heel spur syndrome." Both conditions involve the plantar fascia and are worsened by pronation of the foot (the mechanics of the arch and heel area). The plantar fascia is a thick, tough ligament type of structure that runs from the front of the heel bone extending forward into the ball of the foot with small portions going into the base of the toes. You can frequently see these inside portions in your own plantar fascia in the arch area of your foot by pulling your big toe upward toward your nose.

The plantar fascia is a remnant from what was used to be a muscle. The muscle came down the back of the leg under the foot and our prehistoric ancestors used it to "grasp" with their big toes very much like we use our thumbs currently. Since we've progressed (?) to a bipedal being, or standing on our hind legs and feet, the foot portion of this muscle has adapted to the function of "backing" our normal "locking mechanism" our feet normally possess (we will discuss more about foot mechanics in later articles).

Sufficient to say, plantar fascia can be injured by anything that stretches this ligament-like structure, for instance rapid changes in activity, trauma, or tendonitis. "KISS" (KEEP IT SIMPLE, SILLY!) even feel a tender lump in your arch. When the symptoms are time until symptoms are diminished or resolved.

When the symptoms are first noted, ice should be used immediately to decrease the swelling, pain and spasm. For the first one to two days activity on your arch should be avoided, and as activity is resumed, it should be limited to tolerance ("Let pain be your guide"). A soft arch support or tape pulled firmly to support the arch is usually helpful. Ice should be used after activity and at bedtime until symptoms are diminished greatly or gone.

The more chronic form of plantar fasciitis is usually due to abnormal pronation and therefore, after the acute phase, orthotic control is accomplished to eliminate that abnormal pronation. Please remember that "cutting back" on competition is not enough. The foot never rests when we bear weight on it. Imagine a cut on your finger. If you lay it flat, it may heal, but every time you move it, the cut every time you walked or stood on your foot, it would take a long time to heal that cut. Even though it is totally impractical to stop walking or standing you have a foot injury, at least the competitive activity can and should be eliminated until healing is complete.

You will note from the diagram that there are other structures in the heel (nerve, bursal sac) that can be irritated and cause heel and arch pain. These can be differentiated accordingly. It is rare anymore that heel spurs have to be "removed" since orthotic control can usually eliminate the abnormal pronation that puts the stretch on the plantar fascia and subsequently causes a heel spur.

Prevention is the key! Make sure you stretch before playing, especially your calf muscles. 60 seconds of a straight leg wall lean on each leg is imperative in most racquet sports. Also, wear a good supportive shoe, preferably with a good arch support built in, and if you have chronic problems, for those who don't sleep well, try the "KISS" (KEEP IT SIMPLE, SILLY!) principle! I've given you above, see your sports medicine oriented podiatrist.

Editor's Note: Dr. Travers is a podiatrist who specializes in sports related injuries with eleven years of experience in this speciality. He has authored several articles related to his specialty. Among his many credentials are fellowship status in the American College of Foot Orthopedists and a diplomate status with the American Academy of Pediatric Sports Medicine.

The HEALTH RACQUET welcomes your questions on any health aspect affecting your racquetball activities. Your questions will be referred to the most appropriate authority and will be answered in this column. Please send your questions to: The HEALTH RACQUET, c/o Gerald R. Travers, D.P.M., F.A.C.F.O., 121 Barnes Avenue, Colorado Springs, CO 80909.
Racquetball in Review

President's Column
By Paul Hendrickson

Having just returned from the 1983 AARA Junior Nationals held at the Alleports Racquetball Club in Fishkill, New York I am pleased to report that the development of the junior players in our sport continues to rise. It was my pleasure to witness some of the finest examples of sportsmanship, camaraderie, and dedication to the sport. The Junior Council of the AARA is to be commended for their continuous efforts in promoting junior racquetball.

This year's nationals was an example that their efforts have not been in vain. With the floor management of the tournament in the capable hands of Pat Gerrity, the event progressed flawlessly.

The juniors were not only treated to a weekend of outstanding competition, but added excitement was created with a carnival, barbecue, and music for the whole family. Interest in the tournament was also heightened by the possibility of scoring points towards a team championship and the knowledge that both the boys and girls 16 & under champions would automatically qualify as members of the U.S. Racquetball Team which will compete in Costa Rica in October.

With fine representation from younger players, our sport is certainly destined to grow and prosper. It is important that we continue to refine and develop our sport while not losing sight of the fact that we are an amateur association and we should continue to promote and foster the development of the junior in our sport, not only as a participant, but as a "sportsperson".

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Well its been quite awhile since the last Stars and Stripes article. To bring everyone up-to-date on what's happened since last time: The Interservice Sports Committee approved a revised set of rules for the conduct of the Interservice Racquetball Championships. Some highlights of the changes include double elimination in both singles and doubles; there will be a separate men's and women's team championships. Play will begin on a Sunday and conclude on Saturday, with Wednesday off; finally all players will be seeded.

I attended the 1983 AARA Board of Directors meeting in conjunction with the National Singles Championships in Houston, TX. I had the opportunity to meet and renew friendships with many military players. The Board of Directors meetings were quite interesting. They are a dedicated and hardworking group. Promotion of racquetball is their main objective. We all should assist in encouraging our military folks to join AARA.

I've only received results of one military tournament during the last few months. There was a Clark AB RP Morales, Welfare and Recreation/AFM Volt "Let's get Physical!" racquetball tournament which was held 20-22 May 83. In the men's open finals Dee Dickey defeated Don Brown 21-14, 17-21, 11-7. Ron Holcomb defeated Chris Woffits for third place 21-11, 21-11.

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By Carole George

The 22 participants in this year's wheelchair divisions were so impressed by the AARA, that they decided to form a branch organization, the National Wheelchair Racquetball Association. Two-time national champion Jim Leatherman was elected commissioner, while men's runner-up Tony Dean of Maryland will represent the Northeast and women's runner-up Kathy Donoho of Texas will represent the Southwest.

"This game is great for everybody," praised Donoho. "Luke did such a great job. The tournament was so well organized." Many of the wheelchair participants went up personally to sponsor representatives and thanked them for their support and told them how much they enjoyed the tournament. Donoho explained, "I think even 10 years from now you'll still see people thanking everybody. We fought so hard to be recognized in sports that it's really nice when someone approaches us and says, 'Hey, I want you guys.'"

It was Luke St. Onge who contacted Bob Kafka, president of the Southwest Wheelchair Athletic Association in Houston and asked him if he could recruit some players. So Kafka began handing out complimentary DP Leach racquets to runners, basketball players, and swimmers, as well as co-workers and friends. With the exception of Leatherman and Dean, the other 20 entrants were locals who had just been introduced to the sport a few months ago at the most.

Laurie Gerkin had tried tennis before racquetball, but she was having trouble getting to the ball, then maneuvering the long ball. In other words, all the complaints any beginning tennis player has. Often Leatherman can talk his opponents into taking a seat, too. "My game is just a hair different from the other players," Leatherman explained. "When someone sits in a wheelchair to play me we're even. They've lost the use of their legs."

Like St. Onge has said in the past, the only difference between handicapped and non-handicapped is a split second. "That's how long it takes to happen. So being non-handicapped is really only temporary, but a disability is something you live with forever."

Jim Leatherman, Chairman of the National Wheelchair Racquetball Association, discusses strategy with Steve Keeley, right.

Wheelchair athletics have most definitely come a long way over the past few decades. And as more of the handicapped learn about our sport, the more we can learn about them. Leatherman and other pioneers in the field, envision a day when wheelchair divisions will just be standard for any tournament. That way, if someone gets injured temporarily, say in a skiing accident the weekend before, they can still enter the tournament just by switching divisions and competing in a chair.

Not all of the wheelchair players agree with Leatherman that the wheelchair divisions should be open to the able-bodied. As an amputee, Leatherman has alot more balance and upper-body flexibility than someone who has a spinal injury. Donoho feels that there's no problem for the advanced division, but unless wheelchair players can enter other divisions, she definitely says no. "It has to work both ways," she insists.

Several years ago there was a wheelchair racquetball tournament in San Diego. The winner had been a racquetball enthusiast long before his car accident, so when he challenged five-time national pro champion Charlie Brumfield to a sit-down duel, "The Bruin" was humiliated. He fell out of the chair several times and even managed to run over his racquet somehow.

So the moral of the story is, it's not as easy as it may look. And the only way you can truly understand what it's like to play wheelchair racquetball is to do it. Leatherman, 23, has been in a chair since the age of 6, but has only been playing racquetball for 3 1/2 years. Still, he's ready to defend his national title against anyone brave enough to be humbled a bit.

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Junior Nationals

(continued from p. 3)

Doubles: The doubles’ divisions are a major part of the atmosphere at Junior Nationals. Many of the players come to the tournament with friends and perhaps one or two others who have already found one themselves or have the A.A.R.A. find one for them. Although this makes for some last minute pairings, the end result is that new friends are made and some exciting teams emerge. Other players have already chosen their partners before they arrive, so some of the teams have been together for several years. And the matches are fairly unpredictable, for the experience that comes from playing together does not always outweigh what happens when two good players get together for the first time and play spontaneously.

Eighteen and Under: Perhaps what happened after the Boys’ 18 and Girls’ 18, since that is the last division on the days the play was very fast and intense throughout. After two hours of going at it the players concluded the last day of the Singles. A total of 343 doubles and 990 singles finals beat shows what sort of attitude many of these players bring to the Na­tionals. At no time in the Nationals did the play be boring. The first two rounds are always quick and intense.

Fourteen and Under: (Boys) Overheard just before the tiebreaker of a semifinals’ match; “You’ve go-to calm down! You’re too hyped; you’ve just gotta relax and stay under control!”

Youth: (Boys) A fourteen-year-old Todd Kohout spoke for the boys at the Results table after the Boys’ final. Todd and his partner Tim Doyle (Buffalo, NY) kept themselves under control with a strong performance in setting up their upset win in the finals against David Simonette (Baltimore) and Rich Vazzano (NJ). Simonette and Vazzano had eliminated the Florida team of Oscar Gonzales/James Lorello in the semi’s, while the Montana team of Scott/Pokovich/Thier/Hansen put on a good showing prior to their semi-final loss to Doyle/Kohout.

Boys: The lightweight team of Elaine Mardas (OH) and Robin Levine was too much for the rest of the division; they won with ease in the first game, beating Paul Russler (SD) and Angie Wyble (Colorado Springs, CO) in the finals. Wyble/Ryble dropped a close (11-15) first game in the semi-final match with the Afford-sisters, Jennifer and Pam.

Twelve and Under (Girls): Kim and Kathleen Pinola (Baltimore) beat four other teams to win beating the strong team of Cindy Dop Heather Adler in the finals. Doyle/Adler had beaten Michelle Gilmore (OH) and Kim Radey (MD) in the semi’s, while the Pinola sisters stopped Pam Beck and Jackie Charbonneau in two games.

Boys: Nolan Giantz took home two Gold Medals this year, teaming up with Duane Legil (AZ) to take the 12 and under Doubles title away from the team of Mike (MN) and Brad Nelson. Locker/Nelson had beaten California’s Jeff Russell and 190-year-old John Ellis in the semi-finals. Giantz/Legil put a halt to John Giley and George Delaney (MA). The Boys’ 14 and Under (Boys); (Girls) Cindy Baxter receives the Women’s Athlete of the Year Award at the Houston Nationals. Paul Henrickson, President of the A.A.R.A. and his wife, Maureen, look on.

Cindy Baxter of Lowistown, Penn­slyvania was selected as the A.A.R.A. Female Athlete of the Year for the second straight year.

Cindy was Open runner-up in 1982 and represented the U.S.A. in 1981 in the American Regional Games as well as winning numerous local and state titles.

If your answer to any of the above is “yes” then you should subscribe to

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October 1983

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State and National News

Rick Lukasek is the new Regional Director for Region No. 5 (Kansas, Missouri, Oklahoma, Arkansas), replacing Steve Boswell. Dave Bowserock is the new State Director for Kansas, replacing Duane Grimes. Garnet White has filled the void left by Clint Koble as new Regional Director for Region No. 11 (North Dakota, South Dakota, Nebraska, Minnesota). Clint has become Regional Director for Region No. 13 (Wyoming, Montana). We welcome the National Wheelchair Racquetball Association, headed by Jim Leatherman of Maryland, Kathy Donoho of Texas and Bob Kafka of Texas.

Juniors Council Commissioner
Kim Howe
SP&T RIMG, INC. 785 Scripps Rd., Sacramento, CA 95825
916-506-1205

Intercollegiate Commissioner
Larry Sliney
132 James Dr., Minneapolis, MN 55401
612-960-4114

Commissioner For The Disabled — Sam DiCarlo
372-567-5131

Midwest Commissioner
Bob Ruckman, Jim Hiser
800-457-3593

National High School Commissioner
J. S. Nyberg
317-274-1850

National Wheelchair Commissioner
Jim Leatherman
216-401-1190

REGION No. 1
Commissioner — Mike Brown of South Dakota, 1014 N. Dean Ave., Sioux Falls, SD 57104-2053
218-637-8791

REGION No. 2
Commissioner — K. L. Martindale
311-909-3448

REGION No. 3
Commissioner — Scott E. Martin, 4912 Hammersley Rd., Madison, WI 53711-6913
608-273-2411

REGION No. 4
Commissioner — Wayne B. Jones
2211 Enterprise, Dept. C, San Antonio, TX 78217
512-246-6200

REGION No. 5
Commissioner — Bill Vaughn
1901 W. Broadway, Dept. C, Abilene, KS 67410
620-336-8400

REGION No. 6
Commissioner — Steve Boasting
1400 Sump Rd., Dept. C, Rapid City, SD 57702
605-348-5858

REGION No. 7
Commissioner — Bob Bowersock
205-745-6295

REGION No. 8
Commissioner — Bob Brazil
2131 W. Madison Ave., Dept. C, Rapid City, SD 57702
605-348-5858

REGION No. 9
Commissioner — Jim Hiner
214 Fairway Dr., Dept. C, Rapid City, SD 57702
605-348-5858

REGION No. 10
Commissioner — Michael Arnold
205-745-6295

REGION No. 11
Commissioner — Jim McLaughlin
2119 S. Magnolia Dr., Dept. C, Rapid City, SD 57702
605-348-5858

REGION No. 12
Commissioner — John Touff
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REGION No. 13
Commissioner — Clark Kniepe
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REGION No. 14
Commissioner — Ed Mortland
205-745-6295

REGION No. 15
Commissioner — Bill Dingle
311-909-3448

REGION No. 16
Commissioner — Earl K. Goodwin
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512-246-6200

REGION No. 17
Commissioner — Bob Harkness
1901 W. Broadway, Dept. C, San Antonio, TX 78217
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Exteion Southern California Championships (4)
King's Racquetball Court
14731 Garden West St.
Westminster, CA 92683
Bill McClintock,
714-898-9441

OCT. 7-8, 1983
Full Court Club (3)
1111 E. 40th St.
Anderson, IN 46014
Bob Stapleton

OCT. 7-9, 1983
Hot Springs Athletic Club Tournament (3)
Hot Springs Athletic Club
P.O. Box 308
Glenwood Springs, CO 81601
Director, Dick Screen
303-945-6571

OCT. 6-9, 1983
Ektelon Southern California Championships (4)
The Kings Racquetball Court
260 Mayfield Ave
Mt. View, CA 94043
Bill McClintock,
415-965-2409

OCT. 14-16, 1983
AND
OCT. 21-23, 1983
4th Annual Walnut Creek Pro Am (3)
The Racquetball Club
1908 Olympic Blvd
Walnut Creek, CA 94596
Director, Greg Stogia
415-932-6400

OCTOBER 13-16
Hobbs Invitational Grand Prix (3)
Dil Norte Court House
1503 W. Colia Sur
Hobbs, NM 88240

OCT. 14, 15, 16, 1983
3rd Annual Oktoberfest Open Racquetball Tournament (3)
Davis Athletic club
1899 Picasso Ave
Davis, CA 95616
Kim Marsh,
916-753-5292

OCTOBER 21-23
1983 Sawmill Racquetball Club's 5th Annual White Rose Classic (3)
2850 Carol Rd.
York PA 17402
Bill Richards and Lenny Wong

OCTOBER 27-30
Espetin Open (3)
Supreme Courts
4160 Prosser Dr NE
Albuquerque, NM 87110

JCT. 26-30
Southwest Y.M.C.A. (3)
5181 W. Kenyon Ave.
Denver, CO 80234 (303) 761-7530
Rick Taylor

NOVEMBER 18-20, 1983
Tournament (3)
The Point Athletic Club
Colorado Springs, CO 80909
Chris White, Director
303-597-7775

NOV. 18-20
4th Annual Turkey Shoot (3)
Rallysport
2272 29th Street
Boulder, CO 80012 (303) 449-4800
Phil Rhodeas

DECEMBER 1-4
Holiday Classic (3)
Santa Fe Courthouse and Spa
1831 Warner
Santa Fe, NM 87501

DEC. 1-4,
Flatiron's 2nd Very Last Open Racquetball (3)
Tournament
Flatiron's Athletic Club
505 Thunderbird Drive
Boulder, CO 80303 (303) 499-6590
Larry Jordan

DECEMBER 3-6
COLORADO COURT SPORTS
FOOTHILLS OPEN
12120 Ralston Road
Arvada, Colo. 80004

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Oct. 27 - 30, 1983

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Tyrone Racquetball Club
6690 Crosswind Dr
St. Petersburg, FL 33710
813-381-8711

ENTRY FEE:
$30.00 first event
$15.00 second event
Players may enter two events
Make Checks payable to: AARA National Doubles
NO REFUNDS — Non AARA members add $6.00 for 1 year's membership

ENTRY DEADLINE:
Postmarked October 15, 1983
ALL ENTRIES ARE FINAL
Positively no applications will be accepted after this date.

MAIL ALL ENTRIES TO:
AARA Nationals
Suite 203
815 N. Weber
Colorado Springs, CO 80903

TRANSPORTATION:
From all major airports take limousine, Sun Coast Limousine Service. (Approximate cost of limo is $7.)

STARTING TIMES:
All players must be ready to play at 8 a.m., Oct. 27. For starting times call 813-381-8711 after 5 p.m. on Oct. 24.

HOUSING:
Tournament Headquarters: The Bay Front Concourse
331 1st St. S.
St. Petersburg, FL 33701
813-896-1111

Be sure to mention you are with this AARA Racquetball Tournament to receive special room rate. In order to assure you of a reservation, please make your plans before Oct. 1, 1983.

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TOURNAMENT DIRECTOR:
Luke St. Onge
815 N. Weber
Colorado Springs, CO 80903
303-635-5395

ROOMS:
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St. Petersburg, FL 33710
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Make Checks payable to: AARA National Doubles
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TOURNAMENT DIRECTOR:
Luke St. Onge
815 N. Weber
Colorado Springs, CO 80903
303-635-5395
RULES:
AARA Official rules will apply. Only amateurs may participate. AARA rules state the definition of an amateur racquetball player as any player (male, female or junior) who has not accepted prize money, regardless of the amount, in any PRO SANCTIONED tournament (NRC, WPRA, Catalina, or any other association so deemed by the AARA Board of Directors). ALL PARTICIPANTS MUST SHOW CURRENT AARA MEMBERSHIP CARD or purchase membership at time of registration.

TOURNAMENT BALL:
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AWARDS:
Given for first, second, third, fourth, and consolation. For seeding purposes, please send record of past accomplishments. B-Non-division will receive plaques.

NOTE: Men's and women's B divisions may be limited to 64 players per event. Due to the anticipated turnout B's will be accepted on a first come, first serve basis.

DEFINITION OF AMATEUR - as applies to AARA rules - AARA rules state the definition of an amateur racquetball player as any player (male, female or junior) who has not accepted prize money, regardless of the amount, in any PRO SANCTIONED tournament (NRC, WPRA, Catalina, or any other association so deemed by the AARA Board of Directors).

Please enter me in the event(s) checked below. Players may enter two events.

WOMEN'S DIVISION

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HIGHLIGHTS OF THE A.A.R.A. BOARD OF DIRECTORS AND MEMBERSHIP MEETING May 24-25, Houston, Texas

**

1. Adopted ARMS court specifications for building racquetball courts.
2. Received 501-D-3 status from the Internal Revenue Service.
3. Moved Illinois from Region No.10 to Region No.8 with Wisconsin and Iowa.
4. Established a means for a ballot through A.A.R.A. "Racquetball in Review" for the voting for new Board members by the membership at large in addition to the voting at the yearly membership meeting.
5. Restricted the National Singles Championships in 1984 to those players who will have played in the 1984 Regionals.
6. Selected Ed Martin as the U.S. Racquetball Team Coach throughout the remainder of 1983.
7. Moved the semi-annual Board of Directors meeting from the site of the National Doubles to the National Headquarters in Colorado Springs, Colorado in September.
8. Selected the Tyron Racquetball Club of St. Petersburg, Florida as the site of the 1983 National Doubles Championships.
10. Elected three Board members for three-year terms: Paul Henrickson, MA; Jim Austin, TX; Clint Koble, WY.
11. Appointed Jim Leatherman of Maryland as the National Wheelchair Commissioner.
12. Adopted a Referee's Certification Program to be available to the State Associations in September.
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