U. S. NATIONAL RACQUETBALL TEAM

POLICY, PROCEDURE, & PROTOCOL HANDBOOK

Revised October 22, 2018
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Dear U.S. National Team Qualifier,

Congratulations on qualifying to become a member of the elite United States National Racquetball Team. USA Racquetball (USAR) will be extremely proud to have you represent the United States racquetball community in both national and international competitions. Once you sign the U.S. National Racquetball Team Contract, you and USA Racquetball commit to working with one another to field the best possible teams for international competitions. The next year promises to be exciting and demanding for you in your role as a racquetball ambassador. You will play an integral part in molding the future development of our sport.

This handbook should be carefully reviewed and understood before you sign the contract. If you have any questions, please contact either your coaching staff or the USAR athlete representative.

Again, congratulations on qualifying to be a member of one of the world's premier racquetball teams.

Sincerely,

Dan Whitley
President
USA Racquetball

Larry Haemmerle
Chair, U.S. Team Committee
USA Racquetball
I. CODE OF CONDUCT

A. Basic Principle of Conduct

Conduct yourself at all times in such a manner to bring credit and honor to yourself, your teammates, USA Racquetball, and the United States of America.

B. Specific Principles of Conduct

1. Players must attend all scheduled practices. Any exception to this rule must be approved in advance by the head coach. For competitions, see page 12 (B.3) of this handbook.

2. Players are required to pursue all physical conditioning and on-court activities as designated by the coaching staff, unless medically excused.

3. All injuries, rehabilitation, or physical therapy issues must be reported immediately to the head coach/coaching staff.

4. Players must follow the rules established by USA Racquetball, various venues, and organizations (clubs, Olympic Training Center, medical facilities, gyms, etc.) when using/dealing with their facilities.

C. Staff and Team Positions

1. The Executive Director is the official liaison between the team members, coaches, staff and the USAR Board of Directors. Any questions regarding travel, USAR procedures, etc. should be directed to the Executive Director. The Executive Director will direct questions/issues to the staff liaison as necessary.

2. A team leader will be appointed for each team event as required or determined by the USAR Board of Directors. The team leader will coordinate housing, travel arrangements, communication to the team and act as the primary liaison between USAR and the Coach. On specified trips, the Coach may also assume the team leader responsibilities.

3. The team shall each select two captains (one of each gender) before competition begins at each event. The captains are the official liaisons between the team and the coaching staff. While the head coach/team leader and staff are responsible for ensuring team members follow the rules and regulations governing the team, the captains should assume a leadership role in encouraging all team members to follow these rules and regulations.
D. **Practice, Clinics, Uniforms, and Event/Function Attendance**

1. Every team member must be ready to practice and participate in practice according to the coaching staff's schedule.

2. Any taping or stretching must be completed prior to practice.

3. Any overt display of displeasure or frustration during practice will not be tolerated. If such a display occurs, the player will be asked to sit down or be dismissed from practice. Emotional control is an important part of practice.

4. Players must report injuries or sickness to the coach immediately after the occurrence and prior to the beginning of practice.

5. At least one training session per calendar year may be designated by the coaching staff where players will be required to attend. The training session will consist of no more than six (6) consecutive days. Team members shall have at least thirty (30) days advance notice prior to being required to attend each session. USAR will provide the players and staff with airfare and lodging plus a standard per diem unless meals are provided at the event.

6. Players, at times, may be required to participate in clinics, exhibitions or demonstrations. Players will have at least fourteen (14) days advance notice prior to each session.

7. Each team member may be required to participate in and support the procedures of all training programs developed by the coaching staff.

8. Uniforms: Each team member is required to wear apparel designated as acceptable for each individual event. In the interest of cost, comfort and respect to current U.S. Team sponsor(s) agreements; the Head Coach/Team Leader will decide and communicate to the team prior to the beginning of each event which additional apparel is acceptable to be worn. In any case, official team apparel must be worn during semifinal and final matches. Official team warm-ups must be worn during award ceremonies, team and individual photographs, and interviews.

9. Players must wear only authorized team clothing in any photographs or news releases published in relation to U.S. Team functions or events.

10. No part of any uniform or equipment may be altered, except for normal alterations for length, waist, etc.

11. Players are responsible for maintaining their practice uniforms and equipment in good repair and for notifying the coaching staff if a problem arises.
12. Attendance at all individual and team meetings called by the coaching staff is mandatory.

13. If a player refuses to attend a mandatory event, function, or team training camp, he/she may be suspended for a one-year period beginning the first day of the missed function or camp. This suspension includes U.S. Team competition events, U.S. Team goodwill tours, and all U.S. Team qualifying events.

14. The U.S. Team Committee shall be notified as soon as a U.S. Team member feels there may be an absence from a required event. Excused absences may include, for example, illness, death of a family member, or pregnancy. Unexcused absences may include, for example, employment issues, other plans, events, or obligations. Determination of excused/unexcused absences will ultimately be decided on a case-by-case basis by the US Team Committee and ratified by the USA Racquetball Board of Directors.

15. If a player resigns from the team, information regarding the resignation will be submitted to the U.S. Team Committee, which will evaluate circumstances regarding the resignation and present the decision to the Board of Directors for ratification. After evaluation, the resignation may be subject to the same penalties as failure to participate in a mandatory function. This policy ensures that players do not resign from their U.S. Team position in an effort to avoid a mandatory function or event and then re-qualify for the U.S. Team at the next qualifying event.

16. All official photographs taken by the official USAR photographer are completely owned by USA Racquetball.
E. Competitive Rules/Policies

1. Stand at attention for national anthems of all countries. Be respectful -- talking, fidgeting, phone use, etc. is not acceptable.

2. Follow the specific protocols determined prior to competition.

3. Team members are responsible for bringing their complete team uniforms and equipment, including at least three (3) pre-strung, ready-to-play racquets, to every function involving play.

4. Current team uniforms and clothing may not be given, traded, or exchanged before the end of competition. Under no circumstances may any clothing, equipment or other items be sold to individuals, clubs, or organizations. If players who will be competing in more than one event in a year have given away shirts, he/she will be responsible for purchasing sufficient inventory for each subsequent event. The official uniform sponsor will not be responsible for replacing inventory.

5. No individuals may participate in the promotion of racquets, camps, clinics, etc., while at an event unless cleared in advance by USAR.

6. During a match (either as a player or spectator), everyone must follow the rules of the game, and any conduct or behavior deviating from those rules will be subject to disciplinary review.

7. In a match situation, only words of encouragement are allowed. Any disagreement among players and/or coaches must be worked out during timeouts or at the end of the game.

8. Players are responsible for refereeing according to the format of the event. In certain situations, the player or the coaching staff may find a substitute referee, but it remains the player's responsibility to either referee or else immediately inform the tournament director of the substitution.

9. Good sportsmanship is required during all competitions.

F. Ceremonies, Award Presentations, and News Conferences

1. Team members will attend all opening and closing ceremonies and award presentations.

2. The official team uniform/warm-up of the event must be worn. The Head Coach/Team Leader will communicate this to the delegation prior to the beginning of the event. See V. Player Responsibilities for further information.
3. Protocol and conduct requirements of the local organizing committee must be followed.

4. Appropriate clothing must be worn for award banquets, receptions, team dinners, and all other occasions. Appropriate clothing is defined as business casual or more formal. Apparel will be clean, neat and in good repair as befitting a representative of one’s country. Local customs may dictate the wearing of more formal attire. Communication of final decisions about appropriate dress will be the responsibility of the Head Coach/Team Leader prior to the beginning of the event.

5. Players and/or coaches, as requested, may be required to attend news conferences.

G. Alcohol, Drug Policy, and Drug Testing

1. USA Racquetball follows the guidelines as set forth in the USOC Drug Control Program as administered by the United States Anti-Doping Agency (USADA). Every Team member will receive appropriate literature from USADA as it relates to doping and current USADA/International Olympic Committee banned substances.

2. Players who are under 21 years of age may not consume alcohol. Alcohol consumption by US Team members is restricted from 24 hours prior to the event’s (not the player’s or team’s) first scheduled match until the conclusion of the awards ceremony. While alcohol consumption is usually permitted at adult award banquets after competition, players who choose to drink are expected to drink responsibly and always behave in a respectable manner.

3. USAR, the USOC, and the USADA may drug test any athlete at random, during a competitive event, or at a training camp. The World Anti-Doping Agency (WADA) or any other doping agency affiliated with the IOC may also test athletes. Tests may come with advance notification or be of the No-Advanced-Notice (NAN) variety in accordance with USADA protocols and with adherence to athlete rights.

4. Further information, including a complete list of USADA protocols, forms and a list of banned substances may be obtained at the USADA website.
H. **Travel Rules**

1. Whenever necessary, players will assist the coach and staff with travel matters during, to and from designated locations. The coach will give assignments.

2. For security reasons, players should not wear conspicuous clothing or jewelry when traveling outside the United States. Also, excessive amounts of money should not be carried.

3. Whenever possible, the team will travel in small groups.

4. Punctuality is mandatory.

5. No one will leave a designated meeting place until the coaching staff confirms that everybody is present (e.g. when boarding planes, trains, buses, etc.).

6. Anyone who wants to depart from the group, in an airport, hotel, bus terminal, etc., must notify a staff member where they will be and how long they will be gone.

7. Every player is responsible for loading their own luggage and gear at airports, train stations, buses, hotels, etc. unless other arrangements are made.

8. All members of the team are required to have a current U.S. passport and have it with them for all competitions outside the United States. The expiration date must be at least six months after the last date of a scheduled competition.

9. The Coach and/or Team Leader will assign roommates. Only US Team members are allowed to remain after curfew in a team room unless specific permission is granted.

10. At designated events, athletes may receive a per diem to assist with food and other expenses.

11. Lodging and transportation to designated U.S. Team competitions may be dependent upon available funds.

12. Events designated for compensation will be determined by the U.S. Team Committee and recommended to the Board of Directors for decision.

13. Players may be assigned curfew times. Curfew times will be strictly enforced.
I. **Post Team Event Evaluation**

Each athlete is required to complete a Post-Event Evaluation Survey and submit it to the National Team Committee Chairperson and Executive Director within fourteen (14) days after the last day of the event.

J. **Elite Athlete Health Insurance (EAHI) Program**

Pursuant to the EAHI allocation from the U.S. Olympic Committee, the top 3 male and top 3 female Athletes according to the following criteria will be offered the EAHI. If an Athlete declines the EAHI insurance then the next eligible person of the same gender will be offered according to the following criteria until all 3 positions are filled:

#1 Singles Point Total

National Doubles Champion (Highest Doubles Ranking)
National Doubles Champion (2nd Highest Doubles Ranking)

#2 Singles Point Total

#3 Singles Point Total

National Doubles Runner-Up (Highest Doubles Ranking)
National Doubles Runner-Up (2nd Highest Doubles Ranking)

#4 Singles Point Total

Collegiate Champion

Any necessary Singles Point Total or Doubles player tiebreakers will utilize the USA Racquetball Singles and Doubles Rankings, respectively, as of May 31st of each year.

Should there be any available EAHI slots left after the above criteria have been exhausted, the available slots will remain unused. Coverage under this policy may begin as early as June 1st and depends upon when enrollment forms are properly submitted to the USOC. Coverage typically continues for one year so long as the athlete is a member in good standing of the U.S. National Racquetball Team. EAHI is a taxable benefit and recipients will receive a 1099 from the U.S. Olympic Committee.
K. Additional Benefits for U.S. Team Members

Other benefits of U.S. Team membership include:
- Reimbursement of first division entry fees at USA Racquetball events
- Renewal of USA Racquetball annual membership
- Reimbursement of costs relative to normal processing of passports and visas

L. Athletes' Bill of Rights and Due Process

Every member of the U.S. Team should become familiar with the "Player's Bill of Rights" as spelled out in the USA Racquetball Bylaws. The Player's Bill of Rights guarantees equal opportunity to all athletes to participate in athletic competition. Every athlete is guaranteed due process with fair notice and an opportunity for a hearing before being declared ineligible for competition.
II  US NATIONAL RACQUETBALL TEAM EVENT SELECTION

A. Player Pool

1. The U.S. National Racquetball Team singles pool for each gender is comprised of a maximum of five (5) athletes as identified in Section II. These athletes will receive invitations to join delegations as singles players in the following priority order, for each gender:

   1) Highest singles point recipient
   2) Second highest singles point recipient
   3) Third highest singles point recipient
   4) Fourth highest singles point recipient
   5) #1 Gold National Intercollegiate Champion

   In any instances of equal points, ties will be broken based on the USA Racquetball National Singles rankings as of May 31st immediately prior to term commencement.

2. The U.S. National Racquetball Team doubles pool for each gender is comprised of four (4) athletes – the first and second place teams in the Men’s and Women’s National Team Qualifier divisions at the USAR National Doubles Championships. All athletes must be U.S. citizens. Actual membership on the U.S. National Racquetball Team is not confirmed until the athlete and a USAR representative have both signed the U.S. National Racquetball Team Contract.

3. Unless otherwise provided for herein, the terms of all athletes on the U.S. National Racquetball Team run from June 1 following their qualification for the Team through May 31 of the following year.

B. Forming a Competition Team

1. Generally, the players selected for the men’s or women’s competition team must come from their respective singles and doubles pools. The actual number of players who comprise the competition team will be determined by the USAR Board of Directors for each competition. Therefore, a competition team might consist of two singles players plus a doubles team (four total persons) or possibly as few as two players who may be asked to play both singles and doubles. Several variables can create a number of possible scenarios. Any particular circumstance that arises but is not addressed below will be resolved on a case-by-case basis, upon request, by USAR’s Board of Directors.

2. It is mandatory that US Team members compete in all Operation Gold events (by invitation, based on player pool selection). If there are no Operation Gold events scheduled June 1st-May 31st of any given year, team members are obligated to compete in at least one event that year (by designation, based on player pool selection). If an invitation is not extended, members will not be
penalized for non-participation. Failure to meet this obligation will result in a Level II infraction.

3. Should a player decline to play singles at a competition, the Head Coach will select another player(s) from the current singles pool to complete the competition team singles roster. The order for selecting other players from the singles pool is covered in Section II. A. If necessary, the players in the doubles pool may also be selected once the entire singles pool has been exhausted without having completed the singles roster. If the entire team pool is exhausted, the Coach will collaborate with the Executive Director and National Team Committee Chairperson to form the strongest competitive delegation possible. Any US Citizen may be selected. The proposed delegation is subject to U.S. National Team Committee approval and ratification by the USAR Board of Directors.

4. The U.S. Team Head Coach should fill the competition doubles team position by selecting the National Champion Doubles team. If both players on that team cannot go or decline, then the Runner-up Doubles team will go. However, if one player from the National Champion Doubles team doesn’t want to go or elects to play only singles and thus abandons his doubles partner, then the Head Coach, in close consultation with the remaining doubles player, should conduct a broad search for the best possible partner for the abandoned partner without any restriction as to the new partner chosen. This same procedure is used to form the competition doubles team in the event that the National Champion Doubles team declines and one of the Runner-up Doubles partners abandons the other. If no players from either doubles team decide to go or else decline, then the Head Coach is empowered to conduct as broad a search as possible for the best possible doubles team. Any recommendation that involves sending other than the National Champion or Runner-up doubles teams to the competition fully “intact” is subject to U.S. National Team Committee approval and ratification by the USAR Board of Directors.

5. It is also possible that one or more players may qualify as both a singles and doubles player. With the agreement of the Head Coach, that player may choose, on an event-to-event basis, to play either singles or doubles or both. If necessary, the Head Coach may ask other players whether they want to play both singles and doubles. Playing in two events is usually not an ideal solution due to the rigors of competition. This decision may also affect the selection procedures described above.

6. If a player, after qualifying for the US Team, sustains an injury or develops a condition that prevents him/her from potentially competing at a level previously exhibited prior to the injury or condition occurring, the player may be disqualified from one or more competitions based on a consensus decision involving the player, the player's physician(s), the US Team Coach, and the US Team Committee, with the final decision resting with the USA Racquetball Board of Directors.
III IMPORTANT DATES AND PHONE NUMBERS

Once individual(s) have officially qualified to be on the U.S. National Team, the General Athlete Information Form (Appendix A); the U.S. National Racquetball Team Contract (Appendix B); and the Receipt of Policy, Procedures, & Protocol Handbook (Appendix C) must be signed/sent to USA Racquetball within fourteen days of being provided the above referenced materials.

Key phone numbers

National Office (719) 635-5396

USA Racquetball, 2812 W. Colorado Ave, Suite 200, Colorado Springs, CO 80904

IV OBTAINING, RENEWING, AND EXPEDITING A PASSPORT

A passport (and sometimes a visa) is required to enter any country outside the United States. Players should obtain or renew their passports as soon as they qualify for the U.S. National Racquetball Team. USAR will reimburse for the costs of normal processing of passports and visas. Refer to travel.state.gov for more information.

USAR will not reimburse for emergency and express services. The expiration date must be at least six months after the last date of a scheduled competition.
V PLAYER MAJOR RESPONSIBILITIES

1. Once individual(s) have officially qualified to be on the U.S. National Team, the General Athlete Information Form (Appendix A); the U.S. National Racquetball Team Contract (Appendix B); and the Receipt of Policy, Procedures, & Protocol Handbook (Appendix C) must be signed/sent to USA Racquetball within fourteen days of being provided the above referenced materials.

2. It is mandatory that US Team members compete in all Operation Gold events (by invitation, based on player pool selection). If there are no Operation Gold events scheduled June 1st-May 31st of any given year, team members are obligated to compete in at least one event that year (by designation, based on player pool selection). If an invitation is not extended, members will not be penalized for non-participation.

3. Notify the USAR staff liaison of all U.S. Team public relations appearances and press releases.

4. Fulfill all training requirements as designated by the coaching staff.

5. Communicate regularly with the Head Coach or his/her designated representative.

6. Wear designated U.S. Team attire when representing the U.S. Team in photographs, public appearances, news conferences, interviews, opening/closing/awards ceremonies, etc. The following is not acceptable for any of the above referenced activities: flip flops, sandals, hats, sunglasses, chewing gum.

7. Provide uniform sizes to the Head Coach and/or Team Leader. A copy of a valid passport must also be included with the required forms.

8. Ensure valid passport; apply for passport or renew existing passport as appropriate. Expiration date must be at least six months after the last date of the competition.

9. Submit to USADA and WADA testing when required as well as complete all necessary paperwork. This may require advanced submission of daily reports including all activities as well as random drug testing.

10. Failure to complete any of the above responsibilities may result in a penalty.
VI. TABLE OF PENALTIES

Athletes will be accorded due process as required by the USAR Player's Bill of Rights in all disciplinary actions. The U.S. Team Committee will decide on all penalties assigned and may either increase or reduce the penalty based on the particular circumstances. Infractions are categorized as either Level I or Level II. **

<table>
<thead>
<tr>
<th>BEHAVIOR WARRANTING A PENALTY (Levels)</th>
<th>I</th>
<th>II</th>
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<tbody>
<tr>
<td>1. Unsportsmanlike conduct during match (examples follow)</td>
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<tr>
<td>- swearing on court</td>
<td>X</td>
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<tr>
<td>- any unsportsmanlike conduct that results in a technical foul</td>
<td>X</td>
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<td>- aggressive behavior toward an official or opposing player</td>
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<td>X</td>
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<tr>
<td>- any disqualification from a match</td>
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<td>X</td>
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<tr>
<td>2. Unauthorized selling/trading current uniforms or equipment while at an official function.</td>
<td>X</td>
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<td>3. Wearing unauthorized clothing</td>
<td>X</td>
<td></td>
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<tr>
<td>4. Unauthorized alteration of official clothing/equipment</td>
<td>X</td>
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<tr>
<td>5. Failure to attend mandatory practice or meeting; refusing to practice per the head coach's direction</td>
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<td>6. Consumption of alcohol</td>
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<tr>
<td>a) unauthorized</td>
<td>X</td>
<td></td>
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<tr>
<td>b) excessive</td>
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<td>X</td>
</tr>
<tr>
<td>7. Leaving practice, meeting, competition without notifying coaches</td>
<td>X</td>
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<tr>
<td>8. Refusal to attend camp, clinic, exhibition, or event</td>
<td>X</td>
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<td>9. Failure to follow proper protocols</td>
<td>X</td>
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<tr>
<td>10. Failure to bring proper equipment/clothing</td>
<td>X</td>
<td></td>
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<tr>
<td>11. Failure to referee if asked to by the coach</td>
<td>X</td>
<td></td>
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<tr>
<td>12. Illegal drug usage:</td>
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<tr>
<td>a) inadvertent</td>
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<tr>
<td>b) intentional</td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>13. Failure to obtain proper documentation</td>
<td>X</td>
<td></td>
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<tr>
<td>14. Failure to remain in assigned room</td>
<td>X</td>
<td></td>
</tr>
</tbody>
</table>
BEHAVIOR WARRANTING A PENALTY

15. Unauthorized people in team room after curfew

16. Misrepresentation of USAR

17. Disrespect for coaches and/or staff

18. Showing preference for or coaching an opponent of the USA National Racquetball Team

19. Criminal action by courts

20. Sexual misconduct

21. Repeated lateness with required reports

22. Intentionally losing a match by giving up or not trying.

LEVEL I (Behavior deemed harmful to the administration of the U.S. National Racquetball Team, team discipline, or the reputation of USAR.)

- Each Level I infraction results in two demerits.
- Each Level I infraction may result in probation for up to six months or for one international team competition.
- Disqualification for selection as USAR’s Male or Female Athlete of the Year.

LEVEL II (Behavior deemed harmful to the U.S. National Racquetball Team, the United States of America, USA Racquetball, or the sport of racquetball.)

- Each Level II infraction results in six demerits.
- A Level II infraction (or 3 cumulative Level I infractions) accumulate a total of six demerits, thus resulting in punishment up to and including:
  - Suspension from U.S. National Racquetball Team for up to 1 year.
  - Suspension of all grant funding (including EAHI insurance) during the suspension period.
  - Disqualification for selection as the USAR’s Male or Female Athlete of the Year.

**Based on the severity of consequences and outcomes of infractions described herein, the US Team Committee and the USAR Board of Directors reserve the right to reclassify infractions.**
APPENDICES

A -- General Athlete Information
B – U.S. National Racquetball Team Contract
C – Receipt of Policy, Procedure, & Protocol Handbook
APPENDIX A
UNITED STATES RACQUETBALL TEAM

GENERAL ATHLETE INFORMATION

Submit to:
USA Racquetball
ATTN: Executive Director
2812 W. Colorado Ave., Suite 200
Colorado Springs, CO  80904
Fax: (719) 635-0658
rgundolff@usaracquetball.com
Please type or print legibly.

Name of Athlete __________________________________
Date of Birth (mm/dd/yyyy) _________________________
Address ___________________________________________________________________

Work Phone _______________________________________
Mobile Phone _______________________________________
E-mail Address _____________________________________
Club Affiliation ______________________________________

Name ______________________________________________
Address ______________________________________________
Phone ______________________________________________

Sponsors (use additional sheet if necessary):

1) Name
   ________________________________________________
   Address
   ________________________________________________

2) Name
   ________________________________________________
   Address
   ________________________________________________

3) Name
   ________________________________________________
   Address
   ________________________________________________
Please provide a close-up (head/shoulders) digital photo for promotional purposes.

Change of address – please notify the National Office, as usual, however, when you are on the U.S. National Racquetball Team, in addition, call the National Team liaison to give your current address. This is the person who usually mails various checks, provides the addresses to which uniforms and equipment are shipped, etc.

City from which you will normally depart when flying: (The ticketing process typically begins 2-3 months out from a trip. If you will be leaving from other than your usual airport, you must inform the National Team Leader before tickets are bought)

Full Name on Passport ________________________________

Passport Number ___________________________ Date of Expiration ______________________

Fax or email a copy of the inside cover page (the one with your photo, name, and expiration date) of your passport to the National Office at (719) 635-0685.

Person to contact in case of an emergency
Name ________________________________
Relationship ________________________________
Address ________________________________
Phone # ________________________________

UNIFORM: (if a female athlete, supply both women’s and unisex sizes.)
T-Shirt ________________________________

Short/Skort Size ________________________________

Warm-up jacket ________________________________ Warm-up pants ________________________________
APPENDIX B

UNITED STATES NATIONAL RACQUETBALL TEAM

U.S. TEAM CONTRACT

Agreement is entered into this __________ day of ___________________________, 20____, between USA Racquetball (USAR), a Colorado corporation, having its principal office at 2812 W. Colorado Ave., Suite 200, Colorado Springs, Colorado 80904, and

___________________________________(team member).

It is agreed.

1.0 Responsibilities of the Team Member. The team member, having been identified by USAR as eligible to serve as a member of the United States National Racquetball Team, shall represent USAR and serve as a member of the United States Racquetball Team. The team member shall participate in all activities as may be designated by the coaching staff including, but not limited to, participating in racquetball tournaments to which the U.S. National Racquetball Team has been invited. In addition, the member shall at all times:

1.1 Abide by USAR Bylaws.

1.2 Abide by rules of eligibility in the sport of racquetball as may be adopted from time to time by the International Racquetball Federation and USAR.

1.3 Read and adhere to the information provided in the U.S. National Racquetball Team Policy, Procedure, & Protocol Handbook.

1.4 Promote USAR and racquetball and participate in promotional efforts as outlined in the Policy, Procedure, & Protocol Handbook.

1.5 Perform such other duties as may be required by USAR or by the coaching staff or team liaison with guidance of the U.S. National Team Committee.

1.6 Participate in and support the procedures of all training programs and competitions as outlined in the Policy, Procedure, & Protocol Handbook.

2.0 Responsibilities of USAR. USAR shall:

2.1 Provide opportunities for the team member to demonstrate racquetball skills.

2.2 Provide no payment or benefits that might in any way jeopardize the eligibility of the team member to play for the U.S. National Team.
3.0 **Indemnification**

3.1 USAR shall not be responsible for any losses, claims, damages, or injuries to the team member or the team member's equipment or property unless those losses, claims, damages, or injuries relate to the negligent acts or omissions or willful misconduct of USAR.

3.2 The team member shall be responsible and liable for, and agrees to indemnify and hold harmless, USAR and its officers, directors, employees, and agents for any and all losses, damages, claims, and injuries arising out of injury or damage to the team member, to other team members, to third persons and to equipment and property of the team member and others which is the result of negligent acts or omissions or willful misconduct of the team member.

3.3 USAR shall give team members notice of any claims against it.

4.0 **Term** - This agreement shall be in effect from June 1, 2019 through May 31, 2020.

5.0 **Amendment** - This agreement may be altered or amended at any time by the mutual agreement of USAR and the team member.

6.0 **Non-Exclusivity** - This is a non-exclusive agreement and, therefore, USAR may enter into similar agreements with other racquetball athletes.

7.0 **Force Majeure** - Both USAR and the team member shall be relieved of their obligations under this agreement in the event and to the extent that performance of those obligations is unavoidably delayed or prevented by acts of God, public enemy, war, civil disorder, fire, flood, explosion, riot, labor disputes or strike, any act or order of any governmental authority, or any other causes, whether similar or dissimilar, beyond their control.

8.0 **Assignment** - The team member may not assign or otherwise transfer any rights or obligations of the member under this agreement.

9.0 **Waiver** - The right of USAR or the team member to require strict performance and observance of any obligations under this agreement shall not be affected in any way by any previous waiver, forbearance, or course of dealing.

10.0 **Governing Law** - This agreement and any disputes arising under it shall be governed by the laws of the State of Colorado.
11.0 **Termination**

11.1 USAR may terminate this agreement and remove the team member from the United States Racquetball Team by written notice to the team member upon occurrence of any of the following events:

11.1.1 The team member's failure to qualify as an eligible competitor under the International Racquetball Federation or USAR rules.

11.1.2 The team member's continuous illness or incapacity for a period in excess of 120 days.

11.1.3 The insolvency, dissolution, or termination of existence of USAR.

11.1.4 A determination by USAR that the member has failed to perform his or her duties under this agreement with reasonable diligence or, in USAR's view has acted in a manner contradictory to the best interests of USAR and the sport of racquetball.

11.2 The team member may terminate this agreement by giving 30 days' written notice to USAR.

11.3 If this agreement is terminated by the team member or USAR, all clothing, equipment, or other materials supplied to the athlete during the agreement period must be surrendered to USAR within two weeks of official notice.

12.0 **Headings** - The headings and number appearing in this agreement have been inserted as a matter of convenience, and this agreement is not to be construed with reference thereto. If there is any conflict between such numbers and headings and the text of this agreement, the text will control.

13.0 **Entire Agreement** - This agreement contains all of the terms agreed upon by the parties with respect to the subject matter of this agreement and supersedes all prior agreements, arrangements and communications between the parties concerning such subject matter, whether oral or written.

IN WITNESS WHEREOF, the parties to this agreement have entered into it on the day and date first written above.

**USA Racquetball**

By _____________________________  By _____________________________
U.S. National Team Member  Executive Director

By _____________________________
Parent or Legal Guardian if U.S. National Team member is under 18 years of age.
APPENDIX C

UNITED STATES NATIONAL RACQUETBALL TEAM

Receipt of Policy, Procedure, & Protocol Handbook

On this the __________ day of ________________________, 20____, I,
___________________________________ (team member) have received the U.S. Team
Policy, Procedure, & Protocol Handbook with the following information explained.

PLAYER MAJOR RESPONSIBILITIES

1. Once individual(s) have officially qualified to be on the U.S. National Team, the General Athlete Information Form (Appendix A); the U.S. National Racquetball Team Contract (Appendix B); and the Receipt of Policy, Procedures, & Protocol Handbook (Appendix C) must be signed/sent to USA Racquetball within fourteen days of being provided the above referenced materials.

2. It is mandatory that US Team members compete in all Operation Gold events (by invitation, based on player pool selection). If there are no Operation Gold events scheduled June 1st-May 31st of any given year, team members are obligated to compete in at least one event that year (by designation, based on player pool selection). If an invitation is not extended, members will not be penalized for non-participation.

3. Notify the USAR staff liaison of all U.S. Team public relations appearances and press releases.

4. Fulfill all training requirements as designated by the coaching staff.

5. Communicate regularly with the Head Coach or his/her designated representative.

6. Wear designated U.S. Team attire when representing the U.S. Team in photographs, public appearances, news conferences, interviews, opening/closing/awards ceremonies, etc. The following is not acceptable for any of the above referenced activities: flip flops, sandals, hats, sunglasses, or chewing gum.

7. Provide uniform sizes to Coach and/or Team Leader. A copy of a valid passport must also be included with the required forms.

8. Ensure valid passport; apply for passport or renew existing passport as appropriate. Expiration date must be at least six months after the last date of the competition.

9. Submit to USADA and WADA testing when required as well as complete all necessary paperwork. This may require advanced submission of daily reports including all activities as well as random drug testing.

10. Failure to complete any of the above responsibilities may result in a penalty.

I understand the above responsibilities and receipt of the U.S. National Racquetball Team Policy, Procedure, and Protocol Handbook. I agree to read and adhere to the information provided.
By _____________________________  By _____________________________
   U.S. National Team Member     Executive Director

By _____________________________  Print Name _____________________________
   Parent or Legal Guardian if U.S. National Team member is under 18 years of age.