PLANNER OF
THE YEAR
WHO IS THE BEST?
RUNNING AND
RACQUETBALL
U.S. NATIONAL
JUNIOR RESULTS

1985 YEARBOOK
TREASURY OF RACQUETBALL TRIVIA

THE DP
NATIONALS
GREGG PECK TAKES
1ST NAT' L TITLE

THE WRIST:
HOW TO MAKE
IT STRONGER
HUMOR BY
LOU KAPLAN
Demolish your opponent's game with the newest, most advanced racquet in the game—the DP Boron Graphite.

The unique combination of light but powerful boron and durable graphite results in a supremely efficient frame with little vibration. Boron fibers provide increased strength in the areas of greatest stress, and the sunburst string pattern maximizes racquet performance.

The DP Boron Graphite. To demolish, to crush, to kill...To win.
FEATURES
6 Gregg Peck Steals The Show In Boston
As Everybody Expected, The Unexpected Happened At DP
By DREW STODDARD
14 Lynn Adams Takes The Triple Crown
With Three Major Titles In A Row, Lynn Seeks a Challenger
By DREW STODDARD
20 Humor: Playing Racquetball To Lose Weight
The 4000 Calories A Day Plus Racquetball Diet
By LOU KAPLAN
21 Special Section: 1985 Yearbook
The Top 50 Men And Women Of All-Time And More!
27 Player Of The Year Awards
National Racquetball Picks The Best And Most Improved Players For 1985
29 Conine & Pritchett Take The Junior Nat'ls
Racquetball's Future Stars Came Out To Play
By DREW STODDARD

INSTRUCTION
11 It's All In The Wrist
Strengthen Your Wrist With These Simple Exercises
By KEITH STRANDBERG
18 Harder Isn't Better
Championship Service Returns Part II
By MARTY HOGAN
38 B & C Players: Utilize Your Backhand Correctly
Tips To Turn You Into An A Player
By CHARLIE GARFINKEL

FITNESS
32 Footloose!
Running And Racquetball—How To Start This Effective Fitness Combination
By JEAN SAUSER

DEPARTMENTS
2 First Serve
By CHUCK LEVE
3 Letters To The Editor
4 Short Lines
31 Off-Court Fitness
By JEAN SAUSER
44 Extra
45 New Products
46 Schedule Of Events
47 Rankings
48 Side Out
By DREW STODDARD

Cover: Gregg Peck photo courtesy the RMA, Drew Stoddard, photographer.
National Racquetball (ISSN-0161) is published monthly and copyrighted 1985 by Publication Management, Inc., with business and editorial offices at 4350 DiPaolo Center/Dearlove Road, Glenview, IL 60025. Second Class postage paid at Glenview, Illinois and at additional mailing offices. POSTMASTER: send form 3579 to business office address above. Subscriptions are $18 for one year for U.S., $24 for Canada and $28 for foreign subscriptions.
I saw a movie the other night called "Back To The Future!" Pretty good flick about a kid who accidentally gets thrown back in time 30 years and even more accidentally interrupts the first meeting between his parents, then spends much of the remainder of the film trying to get them together so that he can exist in the future.

Being a Spielberg movie, of course, the end wraps everything up neatly, with a few twists. But it was interesting, funny, thought provoking and worth the $4.50 they get these days.

And "Back To The Future" got me thinking about what it might be like to be sent back in time to when racquetball was young. I wonder what things might be like if certain other things did or didn't happen.

For example, back in the mid to late 1960's there was quite an effort by a segment of the (then) paddle racket players to organize their new sport on their own. Many of these players had tennis and badminton backgrounds and envisioned a whity-clad, more "appropriate" image for racquetball than what emerged.

Instead, of course, it was the handball segment of the court sports that won the race to organize racquetball, with the U.S. Handball Association leading the way, Bob Kendler at the helm. The winning argument back then was the USHA controlled the 17,000 courts in existence, already had a viable magazine, tournament structure and experience. The choice was a simple one.

Yet, I've always wondered what would have happened had the tennis/badminton group won out. Would the sport have grown more like tennis, with big sponsors, lots of television coverage and tournaments where in the draw one plays three and two plays four (rather than one plays four and two plays three)?

Would there have been a rush of apparel firms to embrace the sport, assuming our image would have been squeaky clean rather than t-shirts and cutoffs as we were in those days? Would the boisterous, blustery battles on the court have been replaced by a more gracious type of competition?

Around the turn of the decade (1969-70) much of the controversy surrounding racquetball (it's always been so) had to do with ball speed. One element of racquetball desired a slower, deader ball to allow the lob shot and serve to continue its prominence. This group had primarily a paddleball background, where the slow ball and heavy paddle make for a more difficult, but still enjoyable game, if you don't mind Popeye forearms.

The other group felt that racquetball matches bordered on the boring and that what was really needed was a faster ball to put some zip into the rallies. This group won out and within a few years racquetballs were replaced by green rockets, many of which were blasted by a kid named Marty Hogan, and well, the rest is history.

Would Hogan have dominated like he did with the tomato balls of the past? Would television coverage have been easier with the slower balls and more entertaining with longer rallies? Did the rocket boosters envision that evolution would have brought them two-hit rally racquetball? Is that worse than a 25-hit ceiling ball rally racquetball?

Probably the biggest question in racquetball's history is what would have happened had Kendler and the old International Racquetball Association (IRA-predecessor of today's AARA) not parted ways in April of 1973. Had cooler heads prevailed back then, one wonders what today's sport would look like.

Kendler began professional racquetball as a vehicle to gain publicity for his new association and to ride the pro game to his re-emergence of domination of the sport, which he did for six or seven years.

I've often wondered if there would ever have even been an AARA, let alone the professional game had Kendler worked it out with the IRA. Few know that Kendler was staunchly anti-pro and begrudgingly supported the pros because the means lead to what he thought the ends should be.

Ironically, Kendler's dream was to get racquetball (after handball, of course) into the Olympics, the very dream that the AARA works daily to achieve. One of Kendler's closest friends was Avery Brundage who ruled the U.S. Olympic Committee the way Kendler wanted to rule racquetball, with an iron fist. The two men were former handball partners in the 1920's, both Chicagoans and both tough, stubborn leaders who saw benevolence in the mirror.

And while I believe the pro game was inevitable, how many players of the 1970's would have stuck with it for trophies, plaques and clock radios?

It's hard to tell, of course. And none of these questions have answers. I guess the only thing to do is find myself a time machine.
LETTERS TO THE EDITOR

Take That You Whippersnapper!
I am a solid B+/A— club player and I'm 27 years old. My grandfather who is 75 years old, recently beat me five out of six games. Are there tournaments for his age group on a national level?
David Tellekson
Chicago, IL

There are tournaments for his age bracket, yes, but by your account, I don't know if I should turn him loose against those other guys. Then again, I know some of those 75+ players, and they are tough as nails. They would welcome some new blood. Call the AARA 303-635-5396 for more information on the 75+ division play.—Ed.

Racquetball Conquers the North Pole
Greetings from Thule! I've been stationed 800 miles south of the North Pole for the last year and a half. I am going home this month. My tour has been a pretty good one because we have a fairly nice gym facility with weights, basketball and three racquetball courts. I've had a lot of time to work on my game. The only bad part is that there are only four or five guys that play in the B or higher level. Thanks for all the lessons in your magazine. I've really studied them. I'm ready for tournament play! I also bought a video camera to help my game. By the way, Thule is in Greenland—the northern-most racquetball in the world!
Dwight Kirkland
Lompoc, CA

Thanks for the letter and the postcard from the top of the world. Looks like you're going back to sunny California and it's a good thing you had time to improve your game because competition there is tough. Good luck!—Ed.

Racquetball Sport of Fitness?
Dear Editor:
June's fitness article, "Racquetball is the Sport of Fitness; Doctor Played and Tested!" is in error on several accounts. The article is based on the misconception that maintenance of 60-90% of one's maximum heart rate (not maximum heart rate reserve, as claimed in the article) meets the criteria of exercise intensity established by the ACSM.

While it is true that racquetball does provide fitness benefits—it burns calories, promotes weight loss, improves heart and lung strength and possibly endurance—it is not continuous, not rhythmic, and not aerobic in nature. In fact, playing racquetball will cause wide fluctuations in heart rate. For these reasons and several others, racquetball is not recommended for many exercise populations, especially those with multiple Coronary Heart Disease factors.

I can understand your desire to promote the game of racquetball. It is a fun game and for most people, a healthy game. But to publish erroneous material about exercise and racquetball is irresponsible. Exercise is not unlike medical treatment, and caution should be observed when discussing its benefits or application.
Raymond Penn
One On One Sports Training Center
Philadelphia, PA

We stand by our article and hopefully we can clear up any misconceptions you have about it. Dr. Leland Morgan's study (Continued on page 36.)

M G SPORT & TENNIS
301-363-3998
FREE T-SHIRT W/EACH ORDER OVER $50.00
CALL FOR RACQUETS NOT LISTED
WRITE IN FOR FREE CATALOG
CALL FOR DAILY
SPONSORS ON ALL
ITEMS LISTED

Prices good Aug 15 - Sept 15

All racquets come strung w/nylon

Racquetball

HEAD:
GRAPHITE APSX . . . . . $46.95
GRAPHITE EXPRESS . . . . . $49.95
MASTER NEW . . . . . $52.95
BORON IMPULSE . . . . . $60.95
PROFESSIONAL . . . . . $86.95
VECTOR . . . . . $95.95
STANDARD NEW . . . . . $129.95

EKTelon:
GRAPHITE CBX . . . . . $154.95
COMPOSITE 2900 . . . . . $79.95
STPS . . . . . $86.95
MARATHON GRAPHITE . . . . . $48.95
AXION . . . . . $29.95
EXCEL GRAPHITE . . . . . $52.95
OPTIMA GRAPHITE . . . . . $89.95
CITORI . . . . . $22.95
NEW MACRO MAXIMUM OVERSIZE . . . . . $35.95
NEW EXCEL GRAPHITE . . . . . $52.95
NEW MACRO CONTRA OVERSIZE . . . . . $35.95

PRO-KENNEX:
HOGAN GRAPHITE . . . . . $77.95
HOGAN COMPOSITE . . . . . $57.95
NEW BLASTER 4M . . . . . $29.95
NEW BLASTER O5 . . . . . $29.95
NEW GRAPHITE BLASTER . . . . . $23.95

VIOIT:
NEW IMPACT ONE XP XC . . . . . $42.95
NEW IMPACT ONE XC . . . . . $38.95

STIPS:
NEW BORON GRAPHITE . . . . . $107.95
GRAPHITE USA . . . . . $89.95
GRAPHITE 8000 . . . . . $50.95
GRAPHITE 200 . . . . . $43.95
GRAPHITE GOLD . . . . . $41.95
CHALLENGER . . . . . $26.95

T-SHIRTS:
EKTELEON STAFF . . . . . $30.95
EKTELEON CARRETTA . . . . . $59.95
EKTELEON SYNTHETIC . . . . . $79.95
HEAD GLOVE . . . . . $59.95

SHOES:
EKTELEON EYE SENTRY . . . . . $23.95
EKTELEON CT GOGGLES . . . . . $16.95
EKTELEON SENTINEL . . . . . $29.95
EKTELEON DEFLECTOR . . . . . $12.95
NEW INTERCEPTOR . . . . . $23.95

PADDLES:
EKTELEON T-SHIRTS . . . . . $7.95
EKTELEON SHOOTS . . . . . $6.95
EKTELEON WARM UPS . . . . . $39.95
EKTELEON SOCKS . . . . . 3 for $8.95
HOGAN T-SHIRTS . . . . . $19.95

ACCESSORIES:
EKTELEON WRIST TETHER . . . . . $15.95
TAUC-MAC GRIP . . . . . W ADHESIVE . . . . . $8.95
AME GRIP . . . . . $5.95
SUPREME GRIP . . . . . $5.00

Most orders shipped within 48 hours weekends. Add $2.75 for shipping and insurance. Add $10.00 in Hawaii. Alaska and Canada. For mail orders send credit card & exp. date or M.O. All returns accepted within 30 days of receipt of goods and must be accompanied by sales receipt. Prices subject to change without notice.

11 Gwynn's Mills Court
Owings Mills, MD 21117
Mon. - Fri. 9-5 Sat 9-1 PM

September 1985 / National Racquetball/3
SHORT LINES

Short Lines features personal stories of racquetball pros, celebrities, and industry leaders. Short Lines is about the special performances of racquetball people around the world, their personal bests and their personal sides.

The Witherow-Cherny wedding was a hit on the court.

Racquetball Wedding Goes To Court

The Bride Wore Sneakers... Wearing warm-ups and matching white shirts, Bernice A. Cherny and William P. Witherow III were married on June 15 at 4 pm on the glass court at Off The Wall Racquetball Club in Bethel Park, PA. Behind the glass wall, 150 guests looked on as wedding vows were exchanged in front of Rev. Robert Brashear of South Hills Interfaith Ministries. In keeping with a sporty and festive mood, the reverend wore deck shoes and a pink shirt.

Behind the glass wall, 150 guests looked on as the couple exchanged wedding vows. Upon completion of the ceremony, there was no rice thrown, no music played, just hearty applause as the newlyweds walked off the court into the crowd.

"Play ball!" called one voice.
"Serve!" said another.
"Now the party starts!" said the groom.
And so it did. As specified on the guests' wedding invitations, a wrong handed racquetball tournament immediately followed the wedding with Bernice and John leading off the event.

John handily defeated his new bride by a score of 15-9.
"If anyone knows your weaknesses, it's your mate," Bernice sighed as she explained away her loss. "Bill and I originally met at a racquetball party. Getting married on the court seemed appropriate since we spend so much time on it anyway!"

The wedding was a first for Off The Wall, a second for Cherny and a third for Witherow. Since both players had been married before, they decided that something more festive and original would make their commitment special. So, they had shirts printed with the 1st Witherow-Cherny Invitational tournament logo on them for those who competed in the racquetball tournament. A D.J. played records in the early afternoon followed by a live band, Rock-Ola that kept everyone dancing past midnight.

Other memorable activities besides dancing and racquetball included volleyball, whirlpooling, drinking and eating.
"I guess everyone had a good time,"

4/National Racquetball/September 1985
says Bernice about the event. “Every­
time we go into our club now, we feel
like stars!”

Good times are what weddings and
racquetball are about. We applaud the
Witherows’ exercise in good taste!

Waterskiers Gregg and Dave Peck.

Water Ski Season Follows Rac­
quetball Season For Top Pros
The Dog Days of Summer ... Ever­
wonder what some of the pros do
during the summer? World class racquet­
ball players Dave Peck (background
with the family dog), and Gregg Peck
(foreground), are also first class water
skiers. When they are taking time off
from court time, the brothers can be
found on or in the lake, up or down off
their slalom skis. Gregg claims the
sport provides the pause that refreshes
as well as a good total body workout.

Racquetballers Bike For American Cancer Society
Friends for Claudia . . . Claudia Loizzo,
one Illinois best women racquetball
players recently died of cancer after a
four year struggle against the disease.
To show their respect and appreciation
for her, many of Illinois most dedicated
players vacated the courts for the bike
trails along Chicago’s waterfront to
participate in the American Cancer
Society’s Summer Bike-A-Thon.

“Claudia was a very special lady,” said
Jim Thompson, one of the players.

football players in exhibition racquet­
ball matches. Chronic knee problems
took Rita off the tour in 1983.

Today, Rita is married to Peter Scott,
a golf promoter who’s major account
is also Anheuser Busch. You can find
the Scott’s on the golf course nowadays.

Rita Hoff Goes Golfing
Rita Retires ... One pro tour regular
that will be missed by everyone in the
racquetball industry is Rita Hoff. As a
player on the NRC, the WPRA pro
tour, Rita consistently ranked among
the top players in the country. As Direc­
tor of Racquetball for Natural Lite
Beer, Rita toured the country on behalf
of Anheuser Busch playing professional

Rita and husband Peter Scott.

Gilreath’s Hot Summer
Racquetball Clinic
The Show Must Go On ... Terri
Gilreath is a trouper. While conducting
her teacher’s clinic at Cal Poly Univer­
sity—San Luis Obispo, California’s
notorious brush fires raged all around
the campus. Since access to the racquet­
ball courts was eventually cut off by
the fire, Gilreath conducted the clinic in
the dorms.

“She was a gifted athlete, a runner as
well as a racquetball player. Anyone
who came to know her liked her.”

Friends for Claudia averaged 10
pledges per biker and raised over $3,000
in Claudia’s name to be donated to the
American Cancer Society. They hope
that it will be a worthy contribution
toward finding a cure for a disease that
has already taken too many players off
the courts.

Who said womens pros aren’t tough?

September 1985 / National Racquetball / 5
Peck Steals The Show

Gregg Peck Soars To Victory At The DP Nationals, As Mike Yellen Wraps Up His Third Consecutive National Title

by Drew Stoddard

It was never really a question of whether he would do it—it was only a question of when. After struggling for years with his unenviable role as the point man for racquetball's new generation, 21-year-old Gregg Peck of Austin, TX, finally threw off the albatross of his own destiny by stopping top-ranked Marty Hogan, and inching by defending national champion Mike Yellen to win the richest racquetball tournament in the world—the $110,000 1985 DP Nationals, a tournament he has virtually owned since 1983, was only slightly less impressive than Peck's. While publically expressing concern about the tenderness in his left knee, the result of a collision with Hogan that forced him to withdraw in the final at Cheyenne in mid-May. He need not have been concerned; Mike breezed through his first three rounds without losing a game.

The stunning victory was the final rung on a ladder Gregg has been climbing steadily since joining the men's tour in 1979, a six-year baptism of fire that transformed him from Dave Peck's awkward little brother into a skilled, powerful, world-class player. It also capped a remarkable season for Peck, one of chilling consistency: 11 tournaments, two victories, nine finishes in the semi-finals or finals.

As his name goes down in the history books as only the fifth champion in the 11-year span of the DP and Leach Nationals, the record will show that Peck took the crown by coming from behind to defeat the defending tournament champion Yellen in a beautifully played five-game final, 11-10, 6-11, 9-11, 11-4, 11-6.

But the legacy of the 1985 DP Nationals will probably be Peck's 11-6, 11-2, 0-11, 11-10 semi-final disposal of top-seeded Hogan, the most important single match of the 1984-85 RMA pro season. Hogan's failure to reach the finals dropped him from the number one rank and thrust Yellen into the position for the first time since the season opener, and delivered Mike his third consecutive national championship.

Yellen's performance at the DP Nationals, a tournament he has virtually owned since 1983, was only slightly less impressive than Peck's. While publically expressing concern about the tenderness in his left knee, the result of a collision with Hogan that forced him to withdraw in the final at Cheyenne in mid-May. He need not have been concerned; Mike breezed through his first three rounds without losing a game.

In the semi-finals Yellen faced what has become one of the most dreaded tasks on the tour—squearing-off against Cliff Swain, the red-hot rookie who won the Ektelon Nationals in Anaheim. In a brilliant display of experience over raw talent, Yellen ran Swain into the slats in front of a rabidly pro-Swain crowd, 6-11, 11-3, 11-7, 11-9.

Interestingly, Gregg Peck's biggest concern coming into Boston wasn't winning the tournament, but making it through the quarter-finals. "When I got here I just looked at my first round," said Peck after his victory. "The only thing I knew about my draw after that was if Dave and I both kept winning, we would meet in the quarters. That's all I knew!"

Considering the problems Gregg has had in the past playing his older brother, it would have been interesting to see the all-Peck quarter-final. But the possibilities of that scenario disappeared when #22 ranked John Egerman ended Dave Peck's year in the round-of-32. Playing his best match of the season, Egerman upset the former national champion in a marathon match that started Sunday night and ended early Monday morning, 10-11, 11-6, 11-5, 6-11, 11-9—probably the first two-day match in pro history.

The elder Peck was not the only seeded casualty in the first round. Sixth-ranked Scott Oliver, who's season gave new meaning to the phrase "feast or famine", fell to habitual giant-killer Dave Johnson. And David Gross became the first of two pro victims of Andy Roberts, the top player for the AARA U.S. Team playing in his first pro event ever. Roberts earned the double upset by edging past Egerman in the round-of-16.

Although two of the quarter-final matchups had the potential of going the distance, all the victors won convincingly; Gregg Peck handled Roberts with ease, Yellen pounded Ruben Gonzalez, Hogan eased by Bret Harnett in four games, and after a slow start Swain blew Jerry Hilecher off the court.

Facing Swain in a crucial semi-final match on the exhibition court in Boston could easily have been a brutal experience for anyone other than Yellen. Because of his phenomenal success on this year's tour—unseeded to number five in the rankings in six months—Swain has become a true national racquetball hero. In his hometown Boston, Cliff's stature sits just below that of Larry Bird. On Saturday afternoon, while the open matches and pro qualifying rounds were going full bore, the galleries at the Playoff Club were completely empty; everyone was jammed around the lounge's big screen TV to cheer the ESPN replay of
the home-town-boy’s Ektelon victory.

But on Tuesday evening, facing raquetball’s smartest player for the first time, Swain’s invincibility fell to pieces.

Yellen’s method is to use the first game to program the computer; he watches the patterns, identifies the weaknesses, and formulates the game plan. To the brief delight of the crowd Swain took the first game 11-6. But by game two Yellen’s program was ready.

Swain’s only real weakness is his play from backcourt, and no one can lock an opponent there like Yellen. Returning Swain’s blistering serves to the ceiling and then passing him until his knees turned blue, Yellen frustrated his younger foe into a chain of errors that quickly proved fatal. Turning back a strong last-minute challenge, Yellen took three straight games to win, 11-7, 11-3, 11-9.

It was a frustrating loss for “the kid”. Nevertheless, Swain’s semi-final finish at DP capped one of the most remarkable season’s in pro history. In the last seven tournament’s of the year he notched two wins, two semi-finals, and victories over nine of the top 10 players. Unranked at the start of the season, Cliff ended it ranked fifth, a mere point behind #4 Hilecher.

As prestigious as the DP crown is, the significance of Gregg Peck’s consecutive wins over Hogan and Yellen in the final two rounds at Boston goes far beyond a mere single-tournament triumph. Peck has attracted great attention over the last two years not just for his skill, but because he is the first player to succeed with a game style that has been emerging for a decade, and is certain to become the standard within the sport for the foreseeable future. It is the perfect blend of Hogan’s massive offense and Yellen’s methodical defense, built around a strategy of single purpose: reducing errors to zero.

Hogan, Yellen, Harnett, and Dave Peck are all capable of switching game styles in streaks. What makes Gregg Peck unique is his ability to alter styles from shot to shot. Although the shifts can be subtle to the spectator, the strategy is so potent that when it is implemented correctly there is no effective counter-attack.

Never has that principle been demonstrated better than in Peck’s masterful semi-final defeat of Hogan.

After falling behind 0-5 in the first game, Gregg kicked on the jets forcing Hogan into four glaring mistakes and winning 11-6. Game two was the same story; four errors for Hogan, none for Peck, game to Gregg 11-2. Peck was forced to pitch in the towel to Marty’s offensive streak in the third game, which ended 0-11. Hogan’s hot streak nearly took the match into the tie-breaker when he served four times at game point. But Peck was patient. Under the watchful eye and constant guidance of his older brother Dave, Gregg caught Hogan at 10-all, and finally ended the match with a passing shot to the left rear corner, 11-10.

The telling statistic of the match was
errors tallied; in the four games Hogan committed 11, while Peck had only 3.

No one can really be sure how much intensity was drained from Yellen when he knew he had won the national championship with Peck's defeat of Hogan on Wednesday night. To be sure, both Yellen and Peck played beautifully throughout all five games of the final match. But though he did everything well, Mike clearly seemed unable to go for the jugular at crucial moments in the match, as even Peck would observe after his victory.

The most critical moment came at the end of the first game with Peck and Yellen locked at 10-all. Yellen had two serves at game point and uncharacteristically failed to convert. It was Gregg who took the game 11-10 with a pinpoint forehand roll out.

Mike was sharpest in games two and three, when his backhand was on fire. Eleven times he scored deep from the left side to go up 2-1 in games with 11-6, 11-9 wins.

It was at that point that Gregg took control for the last time. Everything seemed to come together; his drive serve began dropping perfectly over the short line, his passes kept Yellen always on the move, and his backhand splat—perhaps the best in the game—rattled off point after point.

Game four was no contest. Peck rocketed two aces to the left as he rolled to an 8-0 lead. Yellen knew this one was gone, and turned to ask referee Brian Hawkes, "What was the score of the second game?" His obvious intention was to play for the opening serve in the tie-breaker which is determined by total points scored. He didn't get enough of them; Peck ran the game out 11-4.

The only time the score was close in the final game was at 4-all. From that point Peck was in complete control. There was just one last-minute glitch. Serving for his first match point Gregg was blessed with an absolute plumb in center court. His eyes looked like balloons as he blasted a drive right in front of his feet. To the laughter of the crowd Peck grinned and raised his hand to his throat to acknowledge his own "choke". It was his last one. Moments later he moved to center court again, and this time rifled a forehand down the glass right wall to seal the greatest victory of his career, 11-6.

"This feels really good," said an exuberant and apparently surprised Peck, "but to tell you the truth, throughout the tournament I just thought I was playing okay. After each match I would tell David, 'I'm hitting the ball good, but I just don't feel like I'm playing that well.' He said I was playing consistent and that's what it takes, so I tried not to worry about it. I know I can play better. But I played consistent and I played smart, and that's what you have to do to beat these guys. You can't make mistakes!"

Rookie Andy Roberts finds himself in no-man's-land during quarter-final with Gregg Peck.
If you're going to play racquetball, you better have good hand and foot coordination.

If you’re at all interested in racquetball, you probably know about us. Foot-Joy. You may also know that we make the best racquetball gloves in the world. Gloves made with only the finest Cabretta leather.

But what you may not know is that, right now, we’ve got a terrific deal for you. Buy any pair of Foot-Joy racquetball shoes – whether it be Tuffs, Tuffs Trainers, Court Lights or any other Foot-Joy racquetball footwear – and we’ll give you a matching glove free.

All you have to do is look for the special display at your sporting goods store or pro shop, send us the coupon with proof of purchase and we’ll send you a free glove.

Which just goes to show you. Now, more than ever, Foot-Joy really does beat the competition hands down. Foot-Joy.

You ought to take your feet more lightly.®
In the most important match of the season, Gregg Peck upset Marty Hogan in four-games.

"Nobody's tougher than Mike. He makes you move and you have to do the same to him. You have to wait for the set up and then go for the kill right then because he covers front court so well."

Gregg also talked about the business-like way the match was played; "We looked sort of boring out there didn't we? We really didn't get too excited, no yelling or screaming. I think I'm turning into a mellow guy."

Boring? Hardly. But Peck's point was well taken. In a game that used to be characterized by boorish behavior, the last two years have brought a startling change. Apparently the boors have been banished.

Along with the coveted DP crown, Peck earned $11,750 for his victory (part of which went into IRS coffers before Gregg could even shower). Yellen departed with $5,650—and, oh yes, the national championship.

Over 500 amateur men competed in 14 divisions. Fred Calabrese of Rhode Island, who also qualified into the main pro draw, defeated Scott St. Onge of Massachusetts in the Men's Open final.

The DP Nationals is traditionally known as one of the better social events in the sport of racquetball. This year the players were treated to a Boston Red Sox victory on Sunday, and a rather rowdy cruise of Boston harbor Wednesday night.

The tournament was sponsored by Diversified Products and Penn Racquetball, and was staged under the direction of Paul Hendrickson and the New England Racquetball Association.
The wrist and its proper use is vital to your racquetball success. Examine your wrist; feel the muscles move throughout the different motions of the swings. The actual muscles are difficult to isolate, but the theory is simple: muscles pull on bones and move them. In racquetball, the forearm muscles are pulling on the bones of the hand and moving them, resulting in the racquet striking the ball.

Once you have analyzed your hand through your strokes, do the following exercises to stretch and strengthen the forearm muscles, thus making your shots stronger and more versatile. Then go back out on the court and practice your shots, learning how to use the power and flexibility you are gaining.

Remember, practice is not playing. It's almost impossible to try new things while playing, because the bottom line is that you are trying to win. When you practice, the goal is to learn how to use your new-found power and versatility. Get out on the court and practice.

Now, after analyzing, understanding, stretching, strengthening and practicing, go out to your local club and blow the competition away.

That is, if they haven't seen this article first.

Forehand
In the forehand stroke, the elbow leads the shot with the butt of the racquet following. Note that the wrist is fully extended (photo 1). At point of contact with the ball, the racquet head snaps through the ball at high speed (photo 2).

‘Remember, practice is not playing. It’s almost impossible to try new things while playing, because the bottom line is that you are trying to win.’
Backhand

The backhand stroke works on the same basic principle as the forehand, although it is hard to generate as much

(Continued on page 42.)

Wrist Circles

(photos 5-8): with your racquet hand out in front of your body, move your wrist in as full a circle as possible. Go clockwise for 10 slow, full turns, then counter clockwise for 10 turns. Repeat.

PLAY HARD, PLAY SAFE

If you play hard at racquetball, basketball, running or any strenuous exercise, you need the protective products used by most professional trainers and world class athletes. AthletiCare from Johnson & Johnson is now available for you. Sports Tape and Underwrap to support knees, wrists, ankles and elbows before you exercise, Elastic Bandage and Cold Pack to reduce pain and swelling from sprains and strains when minor injuries do occur. Look for AthletiCare Products ONLY from Johnson & Johnson.
AN ASTOUNDING REVELATION? NO, AN AMAZING INNOVATION, AND IT'S CALLED INDOOR TANNING.

Because we are now able to effectively duplicate the tanning effects of the sun, restrictions such as inclimate weather, prohibitive work schedules, even sensitive skin have become obsolete. Merritan, the steadfast innovator of the indoor tanning industry, has created safer, more comfortable, effective sun tanning systems designed to bring the sun to you. In a few short sessions you have a golden, healthy looking tan. So in effect there are no more sunsets; the sun now shines everywhere, all the time—when you have the time to enjoy it.

UNENDING SUNSHINE. SPECIALLY FOR YOU, FROM MERRITAN.
Adams Takes The Triple Crown:
Lynn Adams Sweeps The DP Nationals, Vicki Panzeri Spoils Heather McKay's Last Hurrah

by Drew Stoddard

With the fervor of a rookie going after her first win, veteran Lynn Adams capped her greatest season in the history of women's professional racquetball by overwhelming Vicki Panzeri of Seattle, to win the 1985 DP National Championships.

It was the second consecutive DP title for the 26-year-old from Costa Mesa, CA, and was the final jewel of the only triple crown ever won by a woman player—consecutive wins at the Ektelon, WPRA, and DP National Championships.

The Boston event brought to a close the 1984-85 women's professional season, a nearly perfect season for Adams. In seven tournaments she notched six victories, and lost only one match.

Adams marched to the DP title completely untouched as she eliminated every opponent but one in three straight games. In the finals she shut down the aggressive arsenal of third-ranked Panzeri in just over an hour, 21-12, 21-11, 21-18.

The final matchup between Adams and Panzeri, however, was not exactly what the script had called for. The Boston tournament had been billed for months as the final showdown between Adams and Canadian Heather McKay, who together have totally dominated the women's game for most of the 1980's.

Two months previously, McKay had announced her retirement from competitive racquetball at the conclusion of the Boston event to return to her native home in Australia.

But the dream matchup was ap-
parently never meant to be. In a long five-game semi-final match, Panzeri deprived McKay of her one last hurrah by taking out the defending WPRA national champion, 21-19, 14-21, 22-24, 21-14, 15-10.

The action between Adams and Panzeri in the final match was a clear demonstration that McKay's exit will—temporarily at least—turn the women's pro game into a one-horse race. Lynn totally dominated her opponent, moving unchallenged around the court and firing kill shots from every distance at will.

Panzeri, who is unquestionably the "best of the rest," tried desperately to get into the match, but only as Adams was preparing to seal the victory was she able to do so, and that opportunity was short-lived.

"I thought I played really well," Adams observed with confidence following the brief final. "The last time I played this well was at the Ektelon Nationals. It wasn't that Vicki was missing shots, I was making them all and there just wasn't much chance for her to do anything. In that last game when I did start missing you could see how good Vicki really is. It was just one of those days!"

Commenting on her reactions to McKay's premature elimination Adams remarked, "I had mixed feelings. I wanted to play Heather one more time, to be with her on the court again. On the other hand it was good for women's racquetball for everyone to see Vicki beat her last night. It was good just to show people that there is competition out there, and that Heather and I are not invincible, and that the women's game is going to be strong whether she's there or not!"

"I'm really excited about this win. I'm excited about the history. I'm the first one that's won all three, and that's what I wanted to do!"

On her way into the finals Adams roared through Cindy Ekuzian, Marcy Lynch, Marci Drexler, and Caryn McKinney. Only Drexler was able to take a single game from the champion. Short but remarkably powerful, Drexler is the oft-touted wunderkind of women's pro racquetball, and she proved worthy of that title by extending Adams in the quarter-finals to four games before yielding 21-17, 21-19, 15-21, 21-10.

McKinney of Atlanta, who has had a few near-misses with Adams and McKay during the past two years, mounted a good challenge and stayed close to Lynn throughout their semi-final contest, but was unable to take any of the three games. She fell 21-18, 21-16, 21-18.

Panzeri, who came to Boston seeded second, swept by Dina Pritchard, Dot Fischl, and Liz Alvarado in the first three rounds before holding off McKay in the semi-finals. McKay's loss there, combined with the tournaments she missed because of a neck injury, dropped her career-end WPRA ranking to seventh. Panzeri ended the year firmly entrenched in the number two position.

Two top players were upset in the round-of-32. National women's amateur champion Cindy Baxter plowed right through sixth-ranked Janell Marriott, 22-20, 21-14, 21-18. And in the shocker of the tournament, unseeded Toni Bevelock needed only four games to take out third-ranked Terri Gilreath, 18-21, 26-24, 21-17, 21-14. Bevelock was eliminated in the round-of-16 by Laura Martino.

Adams earned $4,000 for her victory; Panzeri left with the $2,000 for second-place. Adams' win also boosted her so far into first place in the WPRA rankings that the numbers are almost ludicrous; at 316 points, she leads #2 Panzeri by 108 points!

The amateur women competed in nine different age brackets. In the women's open division, Fischl upset top-seeded Baxter in an all-Pennsylvania final.

Runner-up Vicki Panzeri.

Vicki Panzeri closed Heather McKay's career with a semi-final loss.
Protection. Comfort. The “Eyes” Have It.

We only have two eyes and, unfortunately, they can’t be replaced. That’s why protecting them is so important. And that’s why the top professionals, like five-time National Racquetball Champion Marty Hogan, rely on Leader eyeguards.

All Leader eyeguards are made of impact and shatter resistant polycarbonate. To ensure the clearest vision possible, even during competition, Leader eyeguards feature our exclusive anti-fog impregnated lenses with scratch resistant Silatec® hardcoat.

These optically-correct, one-piece eyeguards are available in five styles to fit any face. Each model has a cushioned silicone, hypo-allergenic nose pad for comfort and a new adjustable strap for better fit.

So look for the leader when you visit your favorite sports center or pro shop. Your eyes will thank you.

Leader Sport Products • 60 Lakeshore Road • Essex, NY 12936
DP National Championships

WOMEN'S PRO
Qualifying Round:
Higgins d. Carow; Simon d. Williams; Parent d. Buck; Pritchard d. Dunn.

Round of 32:

Round of 16:

Quarter-finals:
Adams d. Drexler 21-17, 21-19, 15-21, 21-10; McKinnon d. Baxter 21-19, 21-14, 21-16; McKay d. Martino 21-7, 22-20, 21-9; Panzeri d. Alvarado 21-15, 17-21, 21-10, 21-17

Semi-finals:
Adams d. McKinnon 21-18, 21-16, 21-18; Panzeri d. McKay 21-19, 14-21, 22-24, 21-14, 15-10

Finals:
Adams d. Panzeri 21-12, 21-11, 21-18

Division Champions:
Women's Open: Dot Fischl (PA); Women's A: Nadia Verilli (CAN); Women's B: JoAnn Busse (CAN); Women's C: JoAnn Busse (CAN); Women's D: Rose Raymond (MA); Women's 19+: Robin Whitmore (GA); Women's 25+: Beth Gutowski (MI); Women's 30+: Holly Rentz (KY); Women's 35+: Sue Carow (IL)

WOMEN'S PRO

Robson 21-13, 21-23, 21-13, 21-13; Panzeri d. Rasmussen; 21-14, 21-13, 21-10; Fischl d. Paese 21-3, 21-10, 21-5; Bevlock d. McKinnon 21-12, 21-11, 21-6; Panzeri d. Pritchard; 19-21, 21-13, 21-18, 22-20

Vicki Panzeri lunges into center court during finals loss to Adams.

Lyn Adams dominated Caryn McKinney in a three game semifinal.
A blistering, pin-point drive serve simplifies racquetball to short bursts of serve and shoot. It is an indispensable tool in the power game. It's those adrenaline-pumping power drive serves which get all the press coverage and electrify the galleries during comeback surges and awesome displays of power racquetball.

However, seldom recognized are the equally important soft serves of the control game. Championship players don't just put the ball into play. They put as much effort into their soft serves as their hard ones, recognizing that control takes a bit longer to work its scoring magic.

Soft serves are more than just a poor man's alternative to a drive serve. They increase the effectiveness of the power serves, playing a complementary role by presenting serves which must be contacted above the waist—outside the power zone—and require a more patient and restrained response.

Furthermore, soft serves buy time for the player who has to wear down an opponent possessing an excellent return of drive serves. Soft serves can also be used to hide a weak drive serve.

Your opponent's weak zone lies above the chest—exactly the area to which serves should be hit. This serves two purposes. First, you're keeping the ball as far as possible from the power zone (between waist and knee). Second, you drain energy from your opponent by forcing him to use the relatively weaker muscles of the upper body as opposed to the stronger muscles of the legs for the power return.

Over the course of a match you will get weaker returns and finally less precise ground strokes as your opponent wears down. Don't abandon the soft serves even if your opponent attacks them early in the match. The player who starts against you is rarely the player who finishes.

Soft serves should be moved around your opponent's weak zone to force him to make continuous timing adjustments. When properly combined with power serves, you can keep your opponent always off balance, thus reducing his offensive opportunities.

The simplest soft serve is the well
known half-lob (garbage) serve (Diagram 1). It is hit 8 to 10 feet high with some underspin into the left, rear corner, making contact with the side wall about shoulder high, three or four feet from the back wall.

If you find your opponent hitting good split shots off your half-lob, try serving more toward the center of the court to present a different angle. In order to prevent your opponent from fly (volley) shooting your serve or short hopping (half-volleying), hit the serve so the ball bounces on the floor in the safety zone between the receiving and short lines.

The stroke for the half-lob is simple, although quite different than the normal forehand. The motion is more similar to a punch than anything else. Although your wrist is cocked, it doesn't break at impact. The contact point is about chest high and all of the arm movement occurs as a slight pivot of the arm at the shoulder joint. This movement is more for maintaining proper orientation than generating velocity.

All of the ball speed comes from a weight shift from the rear foot to the front foot and a slight uncoiling of the upper torso.

One popular variation of the half-lob is the high-lob (Diagram 2). It's particularly effective against short players. Some players hit this serve with top spin, getting good depth and height, preventing your opponent from running up on your serve, even though the ball bounces on the floor near the short line. Spin is important with other variations on the high-lob. If hit with a great

(Continued on page 37.)

---

**Introducing THE RACQUETEER**

A Racquetball Practice Machine

How often have you said to yourself "I wish I could have that shot over again!!" Now with the Racqueteer, racquet ball instruction has been revolutionized. You can have that identical shot hundreds of times if you like. This amazing consistancy allows you to concentrate on footwork, form and timing in order to groove those shots. • "The Racqueteer" can give you virtually any shot in the game from floating lobs to 95 m.p.h. drive serves, from ceiling balls to "Z" balls at your choice of speed and angle. • "The Racqueteer" is battery powered, very quiet, easily portable and virtually maintenance free.

Radio Remote Control Optional

Write for illustrated brochure

RPM Enterprises
1107 Rivara Road
Stockton, CA 95207
(209) 957-3542
Playing Racquetball To Lose Weight

Playing racquetball to lose weight is easy. First you cut out cake, ice cream, halvah and pizza...

by Lou Kaplan

I like racquetball. I play it for fun, exercise and relaxation. And now I'm concentrating on playing the game to lose some weight.

I don't know what it is, but as a guy gets older (see below) it gets more difficult to take off that bulge that has been building up. Oh, for the good old days when I was a slim, muscular 165 pounds!

*Notice I said "older," not "old." Old is the guy who is 10 years older than you. If you're 50, it's the guy who's 60. If you're 60, it's the one who's 70. And so on.

Using the same incontestable logic, I don't accept it when some wise guy calls me fat. I don't mind being called heavy, but please, not fat. Fat is someone who is 15 pounds heavier than I am. Fat is someone who can't play racquetball because he can't bend down to tie his sneakers or grab the loose balls.

Internally, I feel slim. Externally, I get the bitter truth when I look at the mirror and ask:

"Mirror, mirror on the wall, Who is slimmest of them all?"
And the mirror comes back with:

"Who you trying to kid, buster?"
The racquetball courts I play on in Delray Beach, FL, are of the three wall outdoor variety. Most of the guys I play with are in my category, that is age: below 70. Racquetball rating: S-1 (Schlepper Grade 1). Actually, we're not all that bad, just most of us. But we can hold our own in any D tournament.

We don't hit kill shots. We don't hit any 90 mph passes. As a matter of fact, if a player gets hit by one of our shots, he rarely knows it. The other day Sonny hit Lefty with one of his best rips and then begged him, "Lefty, please, please, say it hurts.'

Naturally, Lefty didn't even know he had been hit, let alone by one of Sonny's best shots.

Okay, so now that I've made up my mind to take off some of that soft muscle, I've got to establish a baseline weight. First I set the scale at two pounds below zero. (That's to allow for the extra magnetic pull of the earth in the Delray Beach area.)

Then I move the scale around on the floor until I find the best spot—the one that gives the lowest reading. Before I get on the scale I make sure that I haven't eaten and that I've taken a close shave, a haircut and a shower.

Now I'm ready. I place my left hand on the sink, my right hand on the door knob and press down hard. (You have to be sure that you don't break the knob.) I expel all my breath, letting my weight settle slowly, I try lifting one foot off the scale, lean to the right, lean to the left. I doesn't help a bit. What I see is what I've got—185 pounds. If I can lose 10 pounds I'll be okay.

I've been playing racquetball (doubles) two mornings a week. I figure I'll increase it to three days. Playing five games at every session will give me 15 games a week. If I can drop an ounce a game I would be able to lose about a pound a week, 50 pounds a year. After four years I would disappear. Have to be careful I don't work too hard.

I weighed myself at the end of a week. The extra day of playing did the trick. I put on a pound! Something was wrong. Maybe the 4000 calories a day I was eating was just a little too much.

I cut out all cake and after 10 weeks, success. I dropped half a pound.

I guess I'll have to wait for the hot weather to take off some of that excess poundage. It will be easier to do that than cut out ice cream, candy, halvah, and pizza. After all, I need strength to play my 15 game a week schedule.

Ah—the heck with all this weight stuff. As long as I can still move around, enjoy, and have fun playing the great game of racquetball, what's the worry. There's nothing like it; even for non-champs like us. ☐
1985 YEARBOOK
A Treasury Of Racquetball Records And Rankings

How These Records Were Compiled

These statistics were compiled from two microcomputer databases which contain records of every match played in every men's and women's ranking professional tournament since the beginning of pro racquetball in 1973. The top 50 players are ranked by win/loss percentage - matches won divided by matches played. Only those men who played at least 15 matches and women who played at least 10 are included in the listing.

Those tournaments included for the men (118 total) are: 9/73-6/81, all NRC and IRA tour events; 10/81-6/83, all Catalina Tour events; 8/83-1/85, all RMA Tour events.

Those tournaments included for the women (85 total) are: 9/75-6/79, all NRC tour events; 10/79-6/85, all WPRA Tour events.

Although these records are as complete as possible, some first-round matches during the period 1973-1975 are missing because of incomplete records during that period. Qualifying rounds are not included in the statistics.
Deciding the best court shoes to buy can be more challenging than the game itself. Because in the long run, the wrong racquetball shoe will cost you. Not just your initial cash outlay. Sometimes you don’t pay the full price for the wrong decision until you’ve played several matches. Then it starts. Stumbling. Slipping. Sore feet the next morning. Shots you could have made but couldn’t get to. Excessive wear on essential pivot points. Turned ankles or even worse, injuries to really keep you off your game.

WE’RE WITH YOU BODY AND SOLE

Asahi gives you priceless qualities in a racquetball shoe that amazingly little money can buy. Performance-oriented soles of exclusive Asahi dual-density compound rubber that just won’t quit. Split-second response to the most gruelling demands. Full-grain leather or mesh bodies for cool control. Stability...support...flexibility...everything you need to take you as far as you want to go. Appreciate the full measure of victory in Asahi.

For more information contact:
Yamaha International Corporation, Sporting Goods Division, 6600 Orangethorpe Avenue, Buena Park, California 90620

Committed to breeding better court shoes for over 15 years.

By YAMAHA
### Top 50 Men Pros of All Time Ranked By Win/Loss Percentage

<table>
<thead>
<tr>
<th>RANK</th>
<th>PLAYER</th>
<th>MATCHES WON</th>
<th>MATCHES LOST</th>
<th>MATCHES PLAYED</th>
<th>W/L</th>
<th>W/L TOURN.</th>
<th>PLAYED</th>
<th>16 32</th>
<th>QUAR</th>
<th>SEMI</th>
<th>2ND</th>
<th>10</th>
<th>TOURN. PLAYED</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Hogan, Marty</td>
<td>369</td>
<td>49</td>
<td>418</td>
<td>88.2775</td>
<td>53 14 18 10 6 1</td>
<td>102</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Brumfield, Charlie</td>
<td>162</td>
<td>49</td>
<td>211</td>
<td>76.7772</td>
<td>16 11 8 18 7 5</td>
<td>65</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Yellen, Mike</td>
<td>196</td>
<td>69</td>
<td>263</td>
<td>73.9622</td>
<td>13 12 23 14 16 4</td>
<td>82</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Peck, Dave</td>
<td>163</td>
<td>59</td>
<td>222</td>
<td>73.4324</td>
<td>10 14 18 12 4 11</td>
<td>69</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Hilecher, Jerry</td>
<td>220</td>
<td>103</td>
<td>323</td>
<td>68.1114</td>
<td>5 14 28 39 22 0</td>
<td>108</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Swan, Cliff</td>
<td>22</td>
<td>11</td>
<td>33</td>
<td>66.6666</td>
<td>2 0 2 1 5 3</td>
<td>13</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>Gonzalez, Ruben</td>
<td>47</td>
<td>26</td>
<td>73</td>
<td>64.3835</td>
<td>0 1 4 15 6 0</td>
<td>26</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>Strandemo, Steve</td>
<td>131</td>
<td>74</td>
<td>205</td>
<td>63.9024</td>
<td>3 7 15 33 12 7</td>
<td>77</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Peck, Greg</td>
<td>75</td>
<td>43</td>
<td>118</td>
<td>63.5933</td>
<td>2 3 11 11 10 8</td>
<td>45</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Bledsoe, David</td>
<td>115</td>
<td>66</td>
<td>181</td>
<td>63.5359</td>
<td>2 5 13 20 18 10</td>
<td>68</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>Harnett, Bret</td>
<td>73</td>
<td>45</td>
<td>118</td>
<td>61.8644</td>
<td>3 3 11 12 10 9</td>
<td>48</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Serot, Steve</td>
<td>98</td>
<td>64</td>
<td>162</td>
<td>60.4938</td>
<td>4 7 14 12 13 18</td>
<td>68</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>Keeley, Steve</td>
<td>86</td>
<td>58</td>
<td>144</td>
<td>59.7222</td>
<td>4 4 9 14 21 10</td>
<td>62</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>Wagner, Rich</td>
<td>133</td>
<td>92</td>
<td>225</td>
<td>59.1111</td>
<td>1 7 15 26 31 13</td>
<td>93</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>Oliver, Scott</td>
<td>29</td>
<td>21</td>
<td>50</td>
<td>58.0000</td>
<td>0 4 0 3 7 7</td>
<td>21</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>McCoy, Craig</td>
<td>109</td>
<td>79</td>
<td>188</td>
<td>57.9787</td>
<td>0 6 11 22 34 6</td>
<td>79</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>Price, Gerry</td>
<td>37</td>
<td>27</td>
<td>64</td>
<td>57.8125</td>
<td>0 1 3 7 11 5</td>
<td>27</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>Muchislen, Bud</td>
<td>9</td>
<td>7</td>
<td>16</td>
<td>56.2500</td>
<td>0 0 1 3 2 1</td>
<td>7</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>19</td>
<td>Jones, Jay</td>
<td>34</td>
<td>27</td>
<td>61</td>
<td>55.7377</td>
<td>0 0 1 9 14 3</td>
<td>27</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>Kolton, Ben</td>
<td>72</td>
<td>60</td>
<td>132</td>
<td>54.5454</td>
<td>0 0 5 20 26 9</td>
<td>60</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>21</td>
<td>Thomas, Don</td>
<td>61</td>
<td>59</td>
<td>120</td>
<td>50.8333</td>
<td>0 0 6 20 16 14</td>
<td>59</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>22</td>
<td>Andrews, Ed</td>
<td>31</td>
<td>30</td>
<td>61</td>
<td>50.8196</td>
<td>0 0 3 8 13 6</td>
<td>30</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>Morrow, Mark</td>
<td>40</td>
<td>41</td>
<td>81</td>
<td>49.3827</td>
<td>0 0 2 5 25 9</td>
<td>41</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>Fleetwood, David</td>
<td>34</td>
<td>36</td>
<td>70</td>
<td>48.5714</td>
<td>0 1 0 6 19 10</td>
<td>36</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>Schmittke, Bill</td>
<td>39</td>
<td>43</td>
<td>82</td>
<td>47.5609</td>
<td>0 2 2 15 13 11</td>
<td>43</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>26</td>
<td>Newman, Jack</td>
<td>18</td>
<td>20</td>
<td>38</td>
<td>47.3684</td>
<td>0 0 0 4 10 6</td>
<td>20</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>27</td>
<td>Myers, Lindsay</td>
<td>33</td>
<td>37</td>
<td>70</td>
<td>47.1428</td>
<td>0 1 1 9 13 13</td>
<td>37</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>28</td>
<td>Hawkes, Brian</td>
<td>11</td>
<td>13</td>
<td>24</td>
<td>45.8333</td>
<td>0 0 0 1 7 5</td>
<td>13</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>29</td>
<td>Blym, Corey</td>
<td>15</td>
<td>19</td>
<td>34</td>
<td>44.1176</td>
<td>0 0 0 3 8 8</td>
<td>19</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>30</td>
<td>Gross, David</td>
<td>14</td>
<td>18</td>
<td>32</td>
<td>43.7300</td>
<td>0 0 0 3 6 9</td>
<td>18</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>31</td>
<td>Cohen, Doug</td>
<td>40</td>
<td>52</td>
<td>92</td>
<td>43.4782</td>
<td>0 0 1 8 33 10</td>
<td>52</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>32T</td>
<td>Zeitman, Mike</td>
<td>39</td>
<td>51</td>
<td>90</td>
<td>43.3333</td>
<td>0 0 2 15 19 15</td>
<td>51</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>32T</td>
<td>Strom, Ron</td>
<td>13</td>
<td>17</td>
<td>30</td>
<td>43.3333</td>
<td>0 0 3 3 5 5</td>
<td>17</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>34</td>
<td>Egerman, John</td>
<td>34</td>
<td>45</td>
<td>79</td>
<td>43.0379</td>
<td>0 0 2 10 16 17</td>
<td>45</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>35T</td>
<td>Ikier, Paul</td>
<td>11</td>
<td>15</td>
<td>26</td>
<td>42.3076</td>
<td>0 0 0 1 10 4</td>
<td>15</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>35T</td>
<td>Gross, Andy</td>
<td>11</td>
<td>15</td>
<td>26</td>
<td>42.3076</td>
<td>0 0 0 1 8 5</td>
<td>15</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>37T</td>
<td>Dunn, Bill</td>
<td>9</td>
<td>13</td>
<td>22</td>
<td>40.9090</td>
<td>0 0 1 2 7 3</td>
<td>13</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>37T</td>
<td>Sel, Bill</td>
<td>9</td>
<td>13</td>
<td>22</td>
<td>40.9090</td>
<td>0 0 0 1 5 7</td>
<td>13</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>39</td>
<td>Lynch, John</td>
<td>13</td>
<td>19</td>
<td>32</td>
<td>40.6250</td>
<td>0 0 0 1 11 7</td>
<td>19</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>40</td>
<td>Bowman, Jeff</td>
<td>17</td>
<td>25</td>
<td>42</td>
<td>40.4761</td>
<td>0 0 0 2 13 10</td>
<td>25</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>41</td>
<td>Rubenstein, Ron</td>
<td>9</td>
<td>14</td>
<td>23</td>
<td>39.1304</td>
<td>0 0 2 8 2 2</td>
<td>14</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>42</td>
<td>Thurman, Bill</td>
<td>7</td>
<td>11</td>
<td>18</td>
<td>38.8888</td>
<td>0 0 1 1 5 3</td>
<td>11</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>43</td>
<td>Fancher, Terry</td>
<td>8</td>
<td>13</td>
<td>21</td>
<td>38.0952</td>
<td>0 0 0 6 7 13</td>
<td>13</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>44</td>
<td>Zuckerman, Jerry</td>
<td>23</td>
<td>39</td>
<td>62</td>
<td>37.0967</td>
<td>0 0 0 2 17 20</td>
<td>39</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>45</td>
<td>Wong, Ken</td>
<td>7</td>
<td>12</td>
<td>19</td>
<td>36.8421</td>
<td>0 0 0 1 8 3</td>
<td>12</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>46</td>
<td>Meyers, Larry</td>
<td>16</td>
<td>28</td>
<td>44</td>
<td>36.3636</td>
<td>0 0 1 4 7 16</td>
<td>28</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>47</td>
<td>Ray, Mike</td>
<td>11</td>
<td>20</td>
<td>31</td>
<td>35.4838</td>
<td>0 0 0 2 6 12</td>
<td>20</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>48</td>
<td>Chase, Steve</td>
<td>18</td>
<td>33</td>
<td>51</td>
<td>35.2941</td>
<td>0 0 0 1 16 16</td>
<td>33</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>49</td>
<td>Lerner, Steve</td>
<td>9</td>
<td>17</td>
<td>26</td>
<td>34.6153</td>
<td>0 0 0 1 6 10</td>
<td>17</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>50</td>
<td>Stafford, Randy</td>
<td>11</td>
<td>24</td>
<td>35</td>
<td>31.4285</td>
<td>0 0 0 2 7 15</td>
<td>24</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

September 1985 / National Racquetball / 23
## Top 50 Women Pros of All Time Ranked By Win/Loss Percentage

<table>
<thead>
<tr>
<th>RANK</th>
<th>PLAYER</th>
<th>MATCHES WON</th>
<th>MATCHES LOST</th>
<th>MATCHES PLAYED</th>
<th>W/L PECENT.</th>
<th>WINS 2ND SEMI QUAR 16 32</th>
<th>TOURN. PLAYED</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>McKay, Heather</td>
<td>161</td>
<td>23</td>
<td>184</td>
<td>87.3000</td>
<td>19 15 6 1 1 0</td>
<td>42</td>
</tr>
<tr>
<td>2</td>
<td>Adams, Lynn</td>
<td>180</td>
<td>27</td>
<td>207</td>
<td>86.9565</td>
<td>22 14 8 3 2 0</td>
<td>49</td>
</tr>
<tr>
<td>3</td>
<td>Wright, Shannon</td>
<td>205</td>
<td>42</td>
<td>247</td>
<td>82.9595</td>
<td>23 12 26 2 2 0</td>
<td>65</td>
</tr>
<tr>
<td>4</td>
<td>Greer, Marci</td>
<td>93</td>
<td>54</td>
<td>147</td>
<td>63.2653</td>
<td>1 5 15 15 17 2</td>
<td>55</td>
</tr>
<tr>
<td>5</td>
<td>Steding, Peggy</td>
<td>86</td>
<td>50</td>
<td>136</td>
<td>63.2352</td>
<td>12 9 4 6 10 21</td>
<td>62</td>
</tr>
<tr>
<td>6</td>
<td>Marriott, Janell</td>
<td>115</td>
<td>76</td>
<td>191</td>
<td>60.2094</td>
<td>2 7 22 20 20 7</td>
<td>78</td>
</tr>
<tr>
<td>7</td>
<td>Green, Sarah</td>
<td>46</td>
<td>32</td>
<td>78</td>
<td>58.9743</td>
<td>1 2 8 10 11 1</td>
<td>33</td>
</tr>
<tr>
<td>8</td>
<td>Walton, Karin</td>
<td>43</td>
<td>30</td>
<td>73</td>
<td>58.9041</td>
<td>1 0 5 16 8 1</td>
<td>31</td>
</tr>
<tr>
<td>9</td>
<td>Panzeri, Vicki</td>
<td>67</td>
<td>47</td>
<td>114</td>
<td>58.7719</td>
<td>2 4 4 12 22 5</td>
<td>49</td>
</tr>
<tr>
<td>10T</td>
<td>Gardner, Peggy</td>
<td>40</td>
<td>30</td>
<td>70</td>
<td>57.1428</td>
<td>0 0 2 16 5 7</td>
<td>30</td>
</tr>
<tr>
<td>10T</td>
<td>Martino, Laura</td>
<td>52</td>
<td>39</td>
<td>91</td>
<td>57.1428</td>
<td>0 2 5 14 11 7</td>
<td>39</td>
</tr>
<tr>
<td>10T</td>
<td>Drexler, Marci</td>
<td>16</td>
<td>12</td>
<td>28</td>
<td>57.1428</td>
<td>0 0 3 3 3 3</td>
<td>12</td>
</tr>
<tr>
<td>13</td>
<td>Harding, Jennifer</td>
<td>96</td>
<td>73</td>
<td>169</td>
<td>56.8047</td>
<td>2 4 9 27 27 6</td>
<td>75</td>
</tr>
<tr>
<td>14</td>
<td>Gilreath, Terri</td>
<td>51</td>
<td>42</td>
<td>93</td>
<td>54.8387</td>
<td>0 3 9 9 12 2</td>
<td>42</td>
</tr>
<tr>
<td>15</td>
<td>McKinney, Caryn</td>
<td>46</td>
<td>38</td>
<td>84</td>
<td>54.7619</td>
<td>0 1 4 16 11 6</td>
<td>38</td>
</tr>
<tr>
<td>16</td>
<td>Prefontaine, Linda</td>
<td>25</td>
<td>21</td>
<td>46</td>
<td>54.3478</td>
<td>0 0 2 8 7 4</td>
<td>21</td>
</tr>
<tr>
<td>17</td>
<td>Williams, Kathy</td>
<td>33</td>
<td>32</td>
<td>65</td>
<td>50.7692</td>
<td>0 0 12 14 6 0</td>
<td>32</td>
</tr>
<tr>
<td>18</td>
<td>Maltby, Barbara</td>
<td>12</td>
<td>12</td>
<td>24</td>
<td>50.0000</td>
<td>0 0 1 3 5 3</td>
<td>12</td>
</tr>
<tr>
<td>19</td>
<td>Hoffman, Rita</td>
<td>48</td>
<td>49</td>
<td>97</td>
<td>49.4845</td>
<td>0 2 3 20 15 9</td>
<td>49</td>
</tr>
<tr>
<td>20</td>
<td>Bullard, Diane</td>
<td>11</td>
<td>12</td>
<td>23</td>
<td>47.8260</td>
<td>0 2 0 1 5 4</td>
<td>12</td>
</tr>
<tr>
<td>21</td>
<td>Poe, Brenda</td>
<td>21</td>
<td>24</td>
<td>45</td>
<td>46.6666</td>
<td>0 0 2 4 9 9</td>
<td>24</td>
</tr>
<tr>
<td>22</td>
<td>Lee, Elaine</td>
<td>20</td>
<td>24</td>
<td>44</td>
<td>45.4545</td>
<td>0 0 0 5 12 7</td>
<td>24</td>
</tr>
<tr>
<td>23</td>
<td>Campbell, Jan</td>
<td>11</td>
<td>14</td>
<td>25</td>
<td>44.0000</td>
<td>0 0 0 7 7 0</td>
<td>14</td>
</tr>
<tr>
<td>24T</td>
<td>Weisbach, Hope</td>
<td>7</td>
<td>9</td>
<td>16</td>
<td>43.7500</td>
<td>0 0 0 1 6 2</td>
<td>9</td>
</tr>
<tr>
<td>24T</td>
<td>Baxter, Cindy</td>
<td>7</td>
<td>9</td>
<td>16</td>
<td>43.7500</td>
<td>0 0 1 1 3 4</td>
<td>9</td>
</tr>
<tr>
<td>26</td>
<td>Davis, Francine</td>
<td>40</td>
<td>52</td>
<td>92</td>
<td>43.4782</td>
<td>0 0 4 9 26 13</td>
<td>52</td>
</tr>
<tr>
<td>27</td>
<td>Alvarado, Liz</td>
<td>12</td>
<td>16</td>
<td>28</td>
<td>42.8571</td>
<td>0 0 1 2 7 6</td>
<td>16</td>
</tr>
<tr>
<td>28</td>
<td>Bell, Babette</td>
<td>7</td>
<td>10</td>
<td>17</td>
<td>41.1764</td>
<td>0 0 0 2 4 4</td>
<td>10</td>
</tr>
<tr>
<td>29</td>
<td>McDonald, Martha</td>
<td>32</td>
<td>48</td>
<td>80</td>
<td>40.0000</td>
<td>0 1 0 13 23 11</td>
<td>48</td>
</tr>
<tr>
<td>30</td>
<td>Stupp, Heather</td>
<td>10</td>
<td>16</td>
<td>26</td>
<td>38.4615</td>
<td>0 0 2 2 6 6</td>
<td>16</td>
</tr>
<tr>
<td>31</td>
<td>Stoll, Bonnie</td>
<td>30</td>
<td>49</td>
<td>793</td>
<td>79.9746</td>
<td>0 0 1 6 24 18</td>
<td>49</td>
</tr>
<tr>
<td>32</td>
<td>Sauser, Jean</td>
<td>34</td>
<td>60</td>
<td>94</td>
<td>36.1702</td>
<td>0 1 5 14 23 17</td>
<td>60</td>
</tr>
<tr>
<td>33</td>
<td>Jackson, Joyce</td>
<td>26</td>
<td>47</td>
<td>73</td>
<td>35.6164</td>
<td>0 0 2 6 19 20</td>
<td>47</td>
</tr>
<tr>
<td>34</td>
<td>McCarthy, Camille</td>
<td>6</td>
<td>12</td>
<td>18</td>
<td>33.3333</td>
<td>0 0 0 4 7 1</td>
<td>12</td>
</tr>
<tr>
<td>35</td>
<td>Carow, Sue</td>
<td>18</td>
<td>37</td>
<td>55</td>
<td>32.7272</td>
<td>0 1 1 12 14 9</td>
<td>37</td>
</tr>
<tr>
<td>36</td>
<td>Fletcher, Stacy</td>
<td>12</td>
<td>25</td>
<td>37</td>
<td>32.4324</td>
<td>0 0 0 4 10 11</td>
<td>25</td>
</tr>
<tr>
<td>37</td>
<td>Bishop, Kip</td>
<td>8</td>
<td>17</td>
<td>25</td>
<td>32.0000</td>
<td>0 0 0 0 8 9</td>
<td>17</td>
</tr>
<tr>
<td>38</td>
<td>Ambler, Cheryl</td>
<td>7</td>
<td>15</td>
<td>22</td>
<td>31.8181</td>
<td>0 0 0 0 7 8</td>
<td>15</td>
</tr>
<tr>
<td>39</td>
<td>O'Brien, Molly</td>
<td>11</td>
<td>24</td>
<td>35</td>
<td>31.4285</td>
<td>0 0 0 4 11 9</td>
<td>24</td>
</tr>
<tr>
<td>40T</td>
<td>Moore, Alicia</td>
<td>7</td>
<td>17</td>
<td>24</td>
<td>29.1666</td>
<td>0 0 0 1 15 1</td>
<td>17</td>
</tr>
<tr>
<td>40T</td>
<td>Dugan, Susie</td>
<td>7</td>
<td>17</td>
<td>24</td>
<td>29.1666</td>
<td>0 0 0 1 10 6</td>
<td>17</td>
</tr>
<tr>
<td>42</td>
<td>Rasmussen, Trina</td>
<td>3</td>
<td>8</td>
<td>11</td>
<td>27.2727</td>
<td>0 0 0 0 3 5</td>
<td>8</td>
</tr>
<tr>
<td>43</td>
<td>Pasternak, Jan</td>
<td>6</td>
<td>19</td>
<td>25</td>
<td>24.0000</td>
<td>0 0 1 4 13 1</td>
<td>19</td>
</tr>
<tr>
<td>44</td>
<td>Schmidt, Pat</td>
<td>5</td>
<td>17</td>
<td>22</td>
<td>22.7272</td>
<td>0 0 0 3 11 3</td>
<td>17</td>
</tr>
<tr>
<td>45</td>
<td>Dee, Mary</td>
<td>9</td>
<td>32</td>
<td>41</td>
<td>21.9512</td>
<td>0 0 0 1 13 18</td>
<td>32</td>
</tr>
<tr>
<td>46</td>
<td>Lynch, Marcy</td>
<td>6</td>
<td>22</td>
<td>28</td>
<td>21.4285</td>
<td>0 0 0 0 7 10</td>
<td>17</td>
</tr>
<tr>
<td>47</td>
<td>Woods, Gail</td>
<td>4</td>
<td>17</td>
<td>21</td>
<td>19.0476</td>
<td>0 0 0 0 7 10</td>
<td>17</td>
</tr>
<tr>
<td>48</td>
<td>Thompson, Judy</td>
<td>3</td>
<td>14</td>
<td>17</td>
<td>17.6470</td>
<td>0 0 0 0 9 5</td>
<td>14</td>
</tr>
<tr>
<td>49</td>
<td>Crawley, Beth</td>
<td>2</td>
<td>10</td>
<td>12</td>
<td>16.6666</td>
<td>0 0 0 0 5 5</td>
<td>10</td>
</tr>
<tr>
<td>50</td>
<td>Robson, Sandy</td>
<td>2</td>
<td>12</td>
<td>14</td>
<td>14.2857</td>
<td>0 0 0 0 3 9</td>
<td>12</td>
</tr>
</tbody>
</table>
## Major Men's Title Holders

### MEN'S OVERALL NATIONAL CHAMPIONS
- 1975 - Charlie Brumfield
- 1976 - Charlie Brumfield
- 1977 - David Bledsoe
- 1978 - Marty Hogan
- 1979 - Marty Hogan
- 1980 - Marty Hogan
- 1981 - Marty Hogan
- 1982 - David Peck
- 1983 - Mike Yellen
- 1984 - Mike Yellen
- 1985 - Mike Yellen

### MEN'S EKTELEON NATIONAL CHAMPIONS
- 1980 (Los Angeles, CA) - David Peck
- 1981 (Los Angeles, CA) - Marty Hogan
- 1982 (Anaheim, CA) - David Peck
- 1983 (Anaheim, CA) - Mike Yellen
- 1984 (Anaheim, CA) - Bret Harnett
- 1985 (Anaheim, CA) - Cliff Swain

### MEN'S CATALINA NATIONAL CHAMPIONS
- 1982 (Ft. Worth, TX) - David Peck
- 1983 (Chicago, IL) - Mike Yellen

### MEN'S DP/LEACH NATIONAL CHAMPIONS
- 1975 (Las Vegas, NV) - Charlie Brumfield
- 1976 (San Diego, CA) - Charlie Brumfield
- 1977 (San Diego, CA) - David Bledsoe
- 1978 (Belleville, IL) - Marty Hogan
- 1979 (Tempe, AZ) - Marty Hogan
- 1980 (Las Vegas, NV) - Marty Hogan
- 1981 (Tempe, AZ) - Marty Hogan
- 1982 (Chicago, IL) - Marty Hogan
- 1983 (Atlanta, GA) - Mike Yellen
- 1984 (Atlanta, GA) - Mike Yellen
- 1985 (Boston, MA) - Gregg Peck

### Career Head-To-Head Records Of Top 20 Men
(For wins read across - losses read down)

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Hogan, M</td>
<td>-</td>
<td>12</td>
<td>20</td>
<td>18</td>
<td>24</td>
<td>2</td>
<td>1</td>
<td>16</td>
<td>6</td>
<td>13</td>
<td>10</td>
<td>9</td>
<td>6</td>
<td>20</td>
<td>4</td>
<td>16</td>
<td>4</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>2</td>
<td>Brumfield, C</td>
<td>6</td>
<td>-</td>
<td>4</td>
<td>0</td>
<td>7</td>
<td>0</td>
<td>0</td>
<td>8</td>
<td>0</td>
<td>4</td>
<td>1</td>
<td>14</td>
<td>9</td>
<td>4</td>
<td>0</td>
<td>8</td>
<td>0</td>
<td>0</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>Yellen, M</td>
<td>8</td>
<td>4</td>
<td>-</td>
<td>9</td>
<td>10</td>
<td>1</td>
<td>6</td>
<td>2</td>
<td>10</td>
<td>2</td>
<td>5</td>
<td>1</td>
<td>0</td>
<td>6</td>
<td>2</td>
<td>8</td>
<td>3</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>4</td>
<td>Peck, D</td>
<td>5</td>
<td>1</td>
<td>1</td>
<td>-</td>
<td>7</td>
<td>1</td>
<td>5</td>
<td>4</td>
<td>6</td>
<td>2</td>
<td>5</td>
<td>1</td>
<td>2</td>
<td>5</td>
<td>0</td>
<td>5</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>5</td>
<td>Hilecher, J</td>
<td>6</td>
<td>4</td>
<td>8</td>
<td>5</td>
<td>-</td>
<td>1</td>
<td>1</td>
<td>4</td>
<td>4</td>
<td>10</td>
<td>0</td>
<td>7</td>
<td>6</td>
<td>5</td>
<td>2</td>
<td>6</td>
<td>3</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>6</td>
<td>Swain, C</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>-</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>10</td>
<td>1</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>7</td>
<td>Gonzalez, R</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>-</td>
<td>1</td>
<td>1</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>8</td>
<td>Strandemo, S</td>
<td>1</td>
<td>3</td>
<td>0</td>
<td>2</td>
<td>3</td>
<td>0</td>
<td>0</td>
<td>-</td>
<td>1</td>
<td>3</td>
<td>3</td>
<td>6</td>
<td>7</td>
<td>4</td>
<td>0</td>
<td>3</td>
<td>0</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>9</td>
<td>Peck, G</td>
<td>3</td>
<td>0</td>
<td>4</td>
<td>0</td>
<td>2</td>
<td>0</td>
<td>3</td>
<td>0</td>
<td>-</td>
<td>1</td>
<td>5</td>
<td>0</td>
<td>0</td>
<td>4</td>
<td>1</td>
<td>2</td>
<td>0</td>
<td>0</td>
<td>2</td>
</tr>
<tr>
<td>10</td>
<td>Bledsoe, D</td>
<td>2</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>8</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>-</td>
<td>1</td>
<td>5</td>
<td>5</td>
<td>6</td>
<td>2</td>
<td>0</td>
<td>2</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>11</td>
<td>Harnett, B</td>
<td>3</td>
<td>0</td>
<td>1</td>
<td>5</td>
<td>6</td>
<td>0</td>
<td>2</td>
<td>2</td>
<td>5</td>
<td>2</td>
<td>-</td>
<td>0</td>
<td>0</td>
<td>2</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>12</td>
<td>Soree, S</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>1</td>
<td>4</td>
<td>0</td>
<td>0</td>
<td>7</td>
<td>0</td>
<td>5</td>
<td>0</td>
<td>-</td>
<td>3</td>
<td>4</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>13</td>
<td>Keaney, S</td>
<td>2</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>4</td>
<td>0</td>
<td>0</td>
<td>4</td>
<td>0</td>
<td>3</td>
<td>0</td>
<td>6</td>
<td>-</td>
<td>2</td>
<td>0</td>
<td>2</td>
<td>0</td>
<td>0</td>
<td>2</td>
</tr>
<tr>
<td>14</td>
<td>Wagner, R</td>
<td>3</td>
<td>5</td>
<td>1</td>
<td>1</td>
<td>8</td>
<td>0</td>
<td>1</td>
<td>4</td>
<td>0</td>
<td>4</td>
<td>2</td>
<td>2</td>
<td>4</td>
<td>-</td>
<td>0</td>
<td>4</td>
<td>2</td>
<td>0</td>
<td>3</td>
</tr>
<tr>
<td>15</td>
<td>Oliver, S</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>2</td>
<td>1</td>
<td>0</td>
<td>2</td>
<td>0</td>
<td>2</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>-</td>
<td>0</td>
<td>2</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>16</td>
<td>McCoy, C</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>3</td>
<td>2</td>
<td>0</td>
<td>2</td>
<td>7</td>
<td>0</td>
<td>2</td>
<td>1</td>
<td>1</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>-</td>
<td>0</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>17</td>
<td>Price, G</td>
<td>1</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>1</td>
<td>0</td>
<td>2</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>2</td>
<td>0</td>
<td>1</td>
<td>-</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>18</td>
<td>Mucheleisen, B</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>19</td>
<td>Jones, J</td>
<td>0</td>
<td>1</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>2</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>-</td>
</tr>
<tr>
<td>20</td>
<td>Kolun, B</td>
<td>0</td>
<td>2</td>
<td>0</td>
<td>1</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>2</td>
<td>1</td>
<td>1</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>2</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>
Major Women's Title Holders

**WOMEN'S OVERALL NATIONAL CHAMPIONS**
1976 – Peggy Steding
1977 – Shannon Wright
1978 – Shannon Wright
1979 – Karin Walton
1980 – Heather McKay
1981 – Heather McKay
1982 – Lynn Adams
1983 – Lynn Adams
1984 – Heather McKay
1985 – Lynn Adams

**WOMEN'S EKTELEON NATIONAL CHAMPIONS**
1981 (Los Angeles, CA) – Shannon Wright
1982 (Anaheim, CA) – Heather McKay
1983 (Anaheim, CA) – Heather McKay
1984 (Anaheim, CA) – Heather McKay
1985 (Anaheim, CA) – Lynn Adams

**WPRA NATIONAL CHAMPIONS**
1980 (Chicago, IL) – Heather McKay
1981 (Chicago, IL) – Heather McKay
1982 (Denver, CO) – Lynn Adams
1983 (Chicago, IL) – Lynn Adams
1984 (Ft. Worth, TX) – Heather McKay
1985 (Ft. Worth, TX) – Heather McKay

**WOMEN'S DP NATIONAL CHAMPIONS**
1984 (Atlanta, GA) – Lynn Adams
1985 (Boston, MA) – Lynn Adams

---

**Career Head-To-Head Records Of Top 20 Women**
(For wins read across – losses read down)

|   | McKay, H | Adams, L | Wright, S | Greer, M | Steding, P | Marriott, J | Green, S | Walton, K | Panzeri, V | Gardner, P | Martino, L | Drexler, M | Harding, J | Gilreath, T | McKinney, C | Prefontaine, L | Williams, K | Malaby, B | Hoff, R | Bullard, D |
|---|----------|----------|----------|----------|------------|-------------|---------|-----------|------------|-------------|------------|-----------|-----------|-----------|-------------|-------------|---------------|-------------|---------|-------|--------|
| 1 | McKay, H |          |          |          |            |             |         |           |            |             |            |          |           |           |             |             |               |             |         |       |        |
| 2 | Adams, L | 12       | 14       | 11       | 3          | 4           | 2       | 3         | 11         | 3           | 6          | 4         | 5         | 8         | 9          | 2            | 0             | 2           | 1       | 2     | 1      |
| 3 | Wright, S | 4        | 6        | 10       | 16         | 4           | 5        | 7         | 12         | 3           | 7          | 4         | 6         | 1         | 10        | 1            |               |           |         |       |        |
| 4 | Greer, M | 2        | 0        | 2        | –          | 3           | 1        | 4         | 2          | 4           | 0          | 2         | 1         | 3         | 0           | 2            | 3           | 1         | 0     | 4     | 0      |
| 5 | Steding, P | 0       | 0        | 5        | 2          | –           | 9        | 6         | 4          | 1           | 0          | 1         | 0         | 6         | 0           | 0            | 0           | 7         | 0     | 4     | 0      |
| 6 | Marriott, J | 1   | 0        | 5        | 5          | 4           | –        | 2         | 4          | 1           | 2          | 3         | 0         | 7         | 3           | 1            | 0           | 7         | 0     | 5     | 0      |
| 7 | Green, S | 1        | 0        | 1        | 1          | 2           | 3         | –         | 3          | 0           | 1          | 0         | 0         | 0         | 0           | 0            | 1           | 3         | 0     | 2     | 0      |
| 8 | Walton, K | 0       | 0        | 2        | 2          | 2           | 3         | 0         | –          | 2           | 0          | 1         | 2         | 1         | 0           | 1            | 0           | 1         | 0     | 1     | 1      |
| 9 | Panzeri, V | 2   | 3        | 1        | 1          | 0           | 3         | 0         | 0         | –           | 1           | 2         | 1         | 3         | 3           | 1            | 0           | 0         | 2     | 0     | 2      |
| 10 | Gardner, P | 0 | 0        | 0        | 1          | 1           | 4         | 0         | 0          | 3           | –           | 0          | 1         | 0         | 2           | 1            | 0            | 1         | 0     | 1     | 1      |
| 11 | Martino, L | 0 | 0        | 0        | 1          | 0           | 2         | 1         | 2          | 0           | –           | 0          | 1         | 0         | 3           | 0            | 0            | 4         | 0     | 4     | 0      |
| 12 | Drexler, M | 0 | 0        | 0        | 0          | 0           | 1         | 0         | 0          | 1           | 0          | 0         | 1         | 0         | 0           | 0            | 0            | 0         | 0     | 0     | 0      |
| 13 | Harding, J | 1 | 0        | 1        | 3           | 1           | 4         | 4         | 1          | 1           | 0          | 2         | 0         | –          | 4           | 2            | 1            | 3         | 0     | 4     | 0      |
| 14 | Gilreath, T | 0 | 1        | 1        | 1           | 1         | 0         | 0         | 3         | 1           | 2         | 1         | 3         | –          | 2           | 0            | 0            | 1         | 2     | 0     | 2      |
| 15 | McKinney, C | 0 | 0        | 0        | 0           | 0           | 1         | 0         | 1          | 0           | 1         | 4         | 0         | 2         | 2           | –            | 0           | 0         | 1     | 1     | 1      |
| 16 | Prefontaine, L | 0 | 0        | 0        | 0           | 1           | 0         | 1         | 1          | 1           | 2         | 0         | 2         | 1         | 0           | –            | 0            | 0         | 1     | 0     | 0      |
| 17 | Williams, K | 0 | 0        | 0        | 0           | 1           | 1         | 0         | 0          | 0           | 0         | 0         | 0         | 0         | 0           | 0            | 0            | 0         | 0     | 0     | 0      |
| 18 | Malaby, B | 0 | 0        | 2        | 0           | 0           | 0         | 0         | 0          | 0           | 0         | 0         | 0         | 0         | 0           | –            | 0            | 0         | 0     | 0     | 0      |
| 19 | Hoff, R | 0 | 0        | 1        | 3           | 4           | 0         | 2         | 1         | 0           | 0         | 0         | 0         | 0         | 1           | 2            | 0            | 1         | 1     | 0     | 1      |
| 20 | Bullard, D | 0 | 0        | 0        | 1           | 0           | 2         | 0         | 0         | 0           | 0         | 0         | 0         | 0         | 1           | 1            | 0            | 0         | 0     | 0     | 0      |

26 / National Racquetball / September 1985
1985 PLAYERS OF THE YEAR

GREGG PECK

For those who follow professional racquetball closely, the rise of Gregg Peck to the top of the men's game has been a foregone conclusion for years. Since joining the tour as a 16-year-old in 1979, his march up the rankings has been so steady and predictable that his season-to-season record looks like a road map to the national championship.

If he soon becomes the world's top-ranked player, which now seems very likely, the 1984-85 season will be remembered as Gregg's initiation into the "inner circle". He won the first ranking tournament of his career by defeating Marty Hogan in the final at Stockton in September, and then ended his season with a stunning victory over Mike Yellen to win the DP Nationals in Boston. Over the season he took out Hogan twice, and Yellen three times.

Peck's most remarkable achievement this season, however, was what he did when he wasn't winning tournaments. In the eleven ranking tour events, he finished in the semifinals or higher nine times, making him by far the most consistent player in the game.

With the biggest title in the sport now in his pocket, Peck seems ready to mount a serious assault on the dominance of Hogan and Yellen. At 21, and still improving with every match, Gregg stands an excellent chance of becoming the first player to accomplish that since his older brother David.

LYNN ADAMS

Stated simply, no woman racquetball player has ever equalled in a single season the 1984-85 record of Lynn Adams. In seven tournaments she lost only one match—to Terri Gilreath in the semifinals at Lynnwood. She is the first woman to ever win the Women's Professional Racquetball Association "triple crown"—consecutive victories at the Ektelon, WPRA, and DP National Championships. Amazingly, she lost only one game en route to the Ektelon and DP crowns.

Practically since the WPRA was formed in 1979, women's professional racquetball has been dominated by Adams and her only rival Heather McKay—a combined dynasty not unlike that of Navratilova and Everett-Lloyd in tennis. But that dominance is about to change: McKay dropped out during the season because of a nagging neck injury and officially retired following the DP Nationals.

There is no doubt that eventually one of the other talented women on the tour—Panzeri, Gilreath, McKinney, Drexler—will rise to take her place, but that process could take years, and in the meantime Lynn Adams is likely to reign as the absolute monarch of the women's pro tour.

What makes Adams so unusual, and her dominance in the game so unchallengable, is that despite her phenomenal success over the years she still finds excitement playing the tour. She has made no secret of her goal of playing an entire pro season without a loss. That has never been done in either the men's or women's game; Lynn Adams has a good chance of pulling it off next season.
1985
MOST IMPROVED PLAYERS

CLIFF SWAIN

1984-85 SEASON RECORD
Davison, MI-Round-of-16
Stockton, CA-Round-of-32
Tulsa, OK-Win
Beaverton, OR-Round-of-16
Concord, CA-Round-of-16
Baltimore, MD-Quarterfinal
Anaheim, CA-Win
Cheyenne, WY-Semifinal
Boston, MA-Semifinal

Not since Marty Hogan roared to the top of men’s pro racquetball in 1976 has any player climbed as fast in the rankings as 19-year-old Cliff Swain. His climb from 25th to number five in a single season was astonishing, but Swain used only four months of the season to do it. In February he became the first unseeded player in the history of the pro game to win a ranking event by sweeping through the Tulsa Open—the first time he had ever even made it past the second round.

Three months later he proved Tulsa was no fluke by upsetting Marty Hogan, Dave Peck, and Gregg Peck in succession to win the prestigious Ektelon National Championships in Anaheim, California. Swain finished the season with semifinal showings in both Cheyenne and Boston. Perhaps the most telling statistic is that over the course of the 1984-85 season he took out every player in the top 10 with the exceptions of Mike Yellen nad Ruben Gonzalez.

Cliff’s year-end ranking established him well ahead of Bret Harnett as the game’s highest ranked left-hander. He is unquestionably the greatest drive server to come along since Hogan himself—maybe the best ever.

Swain will begin the 1985-86 season a mere 3/10 of a point behind Jerry Hilecher in fourth place, and will probably take over that position after the first tournament. Considering the current level of competition, for a rookie who has only competed in 13 professional events, that accomplishment is almost beyond belief.

MARCI DREXLER

1984-85 SEASON RECORD
Auburn, MA-Round-of-32
Burlington, VT-Round-of-16
Lynnwood, WA-Round-of-16
Lawton, OK-Quarterfinal
Ft. Worth, TX-Semifinal
Boston, MA-Quarterfinal
Anaheim, CA-Semifinal

Although she has dabbed in pro competition occasionally since 1982, the 1984-85 WPRA season was the first as a full time touring pro for 20-year-old Marci Drexler of North Hollywood, California. Her performance justified her status as the most promising young player to join the women’s tour in many years. In seven tournaments she boosted her ranking from 28 to number five. In the three nationals—Ektelon, WPRA, and DP—she chalked up one quarterfinal and two semifinal finishes. More importantly, with the exception of her first outing of the season Drexler did not lose a match to any player outside the top four—McKay, Adams, Panzeri, and Gilreath.

Marci carries with her all of the credentials necessary for a future national champion. In 1982, at age 16, she won the AARA National Junior Championships in Carson City, Nevada. In 1984 she upset top-seeded Cindy Baxter to win the AARA National Singles title in Houston. A naturally gifted athlete, Drexler possesses all the attributes necessary to take her to the top: she is short, powerful, and extremely fast on the court.

If the potential of a player can be judged by how much her opponents dread playing her, then Marci Drexler’s future is very bright. Like many of today’s younger players her only weakness is lack of experience, and that is coming very quickly.
Conine and Pritchett Take 1985 Junior Nationals

The Future Stars Of Racquetball Made Their First Appearance At Newport Beach, CA

by Drew Stoddard

Every year in late June, after the professional and amateur national champions have been coronated, all turn to watch the outcome of one of the sport's most important tournaments—the AARA National Junior Championships. It is much more than just a passing interest in talented young players. National junior champions have a habit of making big waves in the sport before their trophies even get home.

Last year, a young man named Cliff Swain took third-place in the event; today Swain is the fifth-ranked player on the planet.

In fact, the level of competition in the younger ranks has risen so far that these days it sometimes seems that the only difference between the Junior Nationals and the pro tour is that most of the pros are simply too old to enter the former.

The 1985 AARA National Junior Championships, held June 24-29 at the Newport Beach Sporting House in Newport Beach, California, was a case in point. Southern California's own Jeff Conine—dubbed "Conan the Crusher" by his opponents for his tremendous hitting power—swept past Jim Juron (NY), Dan Hugelen (MT), Mike Griffith (OR), and Mike Bronfeld (CA) to win the men's 18-and-under division. In his most recent competition prior to Newport Beach, Conine upset Ed Andrews in the final of an open division tournament in nearby Irvine—Andrews was ranked seventh on the men's pro tour at the time.

Dina Pritchett of Indiana defeated Elaine Mardas of Ohio to win the woman's 18-and-under crown. And like Conine, Pritchett has shown her own ability to play with the best. One week prior to the juniors tournament she extended Vicki Panzeri—the second-ranked player on the women's tour—to four close games at the DP Nationals in Boston.

Over 600 aspiring junior players ranging in age from 8 to 18 traveled to Newport Beach in hopes of leaving with one of 22 different Junior National crowns. In addition to the coveted titles, the Winner's of both the men's and women's 18-and-under divisions were given automatic berths on the prestigious U.S. National Team which represents the AARA in international competition.

Conine, who has been playing racquetball for seven years, may have difficulty playing with the Team. Jeff is an amazingly gifted athlete, and racquetball actually is his second sport. For most of the year he concentrates his efforts on his job as starting relief pitcher for the UCLA Bruins while attending college on a baseball scholarship.

Although racquetball is clearly his favorite sport, Jeff realizes that he can make a much better living throwing fastballs.

"I prefer racquetball," he said. "It's a lot more fun. I like the individual aspect of it. It's too bad there's not as much money in racquetball as there is in baseball. If there is a (stronger) tour by the time I get out of college, I'd like to play racquetball, but right now it looks like baseball."

Interestingly, Conine was unseeded in the event because he had never previously competed in national junior competition. Those who were seeded had a rough time. Top-seed Mike Lowe (CA) fell to Bobby Rodriguez (CO) in the tie-breaker of their quarter-final match. Pre-tournament favorite David Simonette (MD) met a similar fate at the hands of talented Mike Griffith (OR) also in the quarterfinals, 15-4, 15-8.

Unlike the men's division, the women's seeds held like glue, with #1 Pritchett downing #2 Mardas 15-7, 15-1 in the final.

In the men's 18-and-under doubles division, Charlie Nichols (FL) and...
Footloose!

Running and Racquetball Are A Great Fun and Fitness Combination. Here's How To Start—

by Jean Sauser

Maybe one of the reasons you play racquetball is so that you don't have to run for fitness. But, have you ever considered running for racquetball? Besides being an excellent activity for achieving and maintaining aerobic fitness, running can improve your racquetball game.

Who Should Run

You should run if you are in good health. Check with your physician to verify this fact. Your doctor's the one that knows the history of your body. Because running can be a moderate to heavy duty workout, especially for your heart, your legs, and your lower back, you'll want to make sure that you have the "all systems go" signal from someone who is qualified to know whether running will add to your health or place it in jeopardy.

Getting Started

You cannot run in your court shoes, so you'll have to purchase a pair of running shoes. All of today's major shoe manufacturers make good quality running shoes. So, if you are happy with the court shoe you are presently playing racquetball in, check into a running shoe made by the same company. Chances are they have the right shoe to give your feet the cushioning and support they need to cope with the special stresses of running.

Clothing for running is simple enough. You should be able to run comfortably in your racquetball clothes, adding a warm-up for the colder days, or running in a tank top and shorts on the warmer days. Last but not least, be sure and wear socks when you run. Cotton socks are best as they are highly absorbent and will keep your feet dry and comfortable instead of damp and grungy. Socks also prevent your shoes rubbing against your feet and serve to prevent blisters as well as other uncomfortable situations that come from shoes rubbing against bare feet. Socks will also provide that extra cushion between your feet, your shoes and the ground.

Flexibility

Like racquetball, running develops your leg muscles. Failing to execute flexibility exercises before and after you run will eventually lead to injury. That's because as your legs develop strength, the muscles will hypertrophy (get larger) and tighten if flexibility is not increased along with strength. Without flexibility exercises, eventually the range of motion your legs can make will become limited. Any sudden movement out of that limited range of motion (during your run or on the court for that matter)

Photo 1: Running is a pleasant outdoor break from racquetball. To avoid excess tightening of the calf muscles, always run so that your feet hit the ground heel first.
'Like racquetball, running develops your leg muscles. Failing to execute flexibility exercises before and after you run will eventually lead to injury.'

To increase flexibility along with strength, warm up before you run and cool down properly afterward.

**Warm Up**

Slowly and statically stretch your hamstrings, calf muscles, and upper body after you've laced up your shoes and before you begin your run.

1. **Calf Muscles**—Stand slightly more than an arm’s length from a wall or fixed upright object (like a post, etc.). Place your hands flat against that object at shoulder level. Split your stance so that your thigh is at a 45 degree angle to your calf and the heel of your bent leg on the floor. Your other leg should be straight behind you with its heel down as close to the floor as comfortable (Photo 4.).
   
   Slowly lean forward by bending your front leg to stretch the calf muscles of your straight leg. Keep your head up and lead with your head and chest into the stretch. Hold for a count of 8.
   
   Switch legs and repeat the procedure.
   
   Execute two to three stretches for each calf, holding each slow static stretch for a count of 8.

2. **Hamstrings**—Stand with one leg raised up against a fixed object at hip level, and the foot of the other leg on the ground. Keep both knees slightly bent. Slowly bend forward leading with your head and chest into the stretch.
   
   Hold this position for a count of 8.
   
   Breathe naturally and relax the back of your legs (hamstrings) as well as your lower back. As you do so, keep your hands resting on the ankle of your elevated leg. (Photo 2.)
   
   Execute two to three slow static stretches for an 8 count on each leg.

3. **Upper Body**—Stand with your legs slightly more than hip’s width apart. Fold your hands behind your head. Slowly twist back to the left and to the right sides of your body. Repeat this procedure 25 times, stretching farther as you feel your muscles start to get warm. (Photo 3.)
   
   The last part of your warm up will occur as you begin to run. START SLOWLY! All you want to do during
the first five minutes of your run is to give your body a chance to warm up further as it acclimates itself to the muscle motions you will be using. After five minutes, your muscles should feel warm and you can increase your speed to a faster pace if desired.

Proper Running Form
The safest and most effective way to run is to keep your weight directly over your hips. Keep your spine straight. Keep your shoulders relaxed and let your forearms remain slightly bent swinging freely back and forth. Make sure that your feet always hit the ground heel first (Photo 1.)

Always try to remember that you'll want to run at a pace where your breathing is not labored. A good guideline is to give yourself a talk test while you run. That is if you can talk without losing your breath, you are running at the right pace. If not, slow down. Remember that running to the point of breathlessness will terminate your run within the first five minutes. Keep in mind that the objective of running for racquetball is increasing your cardiovascular (heart and lung) strength. This can only be done if you can run for a period of 30 minutes or more three to five times a week.

Cool Down
Always end your run with a walk. That means you never just stop once you've completed the distance you set out to cover. Simply slow down into a walk and keep walking for two or three minutes. Then it will be time to execute flexibility exercises so that you can return your muscles to or beyond their original flexible state.

1. Calf Stretches—Repeat the Warm Up Procedure, but instead of executing two to three stretches on each calf muscle at 8 seconds each, execute a minimum of five stretches at 10 seconds each. If you run up hills, or play a lot of racquetball, your calf muscles will have a tendency to be tight. Also your achilles tendons can shorten. Make sure that you cool down your calf muscles properly at all times.
2. Hamstring Stretches—Repeat the Warm Up Procedure again increasing the number of stretches to five for 10 seconds on each leg.
3. Upper Body Stretches—Repeat the Warm Up Procedure. No increase is necessary.

Beginning Your Program
If you've never run for conditioning, then starting out properly is a must for you. For the first one to two weeks, walk briskly to give your body a chance to acclimate itself to this new form of exercise. Fastwalking is done at a pace that is obviously faster than window shopping at your favorite mall. In other words, you'll want to walk fast enough...
'Fastwalking is done at a pace that is obviously faster than window shopping at your favorite mall. Walk fast enough to be just short of running.'

Weeks three and four will require a combination of running and walking. Try to run until you feel yourself getting overly out of breath, physically very tired and uncomfortable or feel a sideache coming on. Then switch back to walking until you feel comfortable enough to try running again.

After eight weeks, if your goal is fat loss, increase the frequency of your running workouts to four or five times a week. If your goal is just fitness, maintain the same program.

Running can be the perfect complement for your racquetball game. It gives you the aerobic conditioning you need to last longer on the court. At the same time, running provides an excellent means of weight control while contributing to a healthier heart and lung capacity. You can run for fun, you can run for racquetball or you can run for fitness. Whichever reason you choose, you'll automatically improve all three. And that can be very healthy!

---

Photo 3: Warm-up and cool-down with upper body stretches.

Photo 4: Calf muscle flexibility is important for running.

Next month: How To Make Your Running Program Aerobic.
Model 696 Champ, II Glove Racquetball

You always have a firm grip...wet or dry. It's the unusual tannage of the finest suede leather. And, the 696 dries soft and stays soft. Statite elastic material and adjustable tab provide maximum comfort. In men's and ladies' sizes white, blue, red, natural or yellow. Ask your sporting goods store or racquetball club.

17 NATIONAL CHAMPIONS USE TACKI-MAC GRIPS!*

TACKI-MAC CONGRATULATES:
Cliff Swain
Jim Cascio
Joe Cline
Dennis Aceto
Joe Icasa
Roger Harrippersad
Bob Daku
Cliff Hendrickson
Dwayne Kohuch
Marla Friedman
Claudia McCarthy
Scott Reid
Charlie Nichols
Scott Richbourg
John Ellis
Sudsy Monchick
Britt Engle
Charlie Garfinkel

Try Tacki-Mac... “Hot Shots Take Tacki-Mac”
*Now available in pink and grey, too!

Available at most major distributors

CLASSIFIED ADS

Racquetball Home
For sale—Active family home with racquetball court in Sacramento foothills, 4 bedrooms, 3¾ baths, near golf course and airport. Very motivated seller. $329,000. Contact: Joyce (916) 988-5357 Agent.

For Sale
Seven used racquetball courts (Wilson RB system) includes: panels, light fixtures and 3 glass backwalls. TOTAL PACKAGE $49,000 per court. Delivery and installation available at extra cost. Call Steve Yoder 216-674-4176.

Pro Shop Racquetballs
Penn balls at $1.75-$2.00 a can. Call R.P.M. Distributors (209) 957-3542.

For Sale

How To Buy A Classified Ad
National Racquetball Classified Ads are an inexpensive way to reach the people you need to sell your product. Just send your ad copy to National Racquetball, Attention: Jean Sauser, 4350 DiPaolo Center/Dearlone Road, Glenview, IL 60025, and enclose a check for $70.00 for each month you would like your ad to run. For more information, call (312) 699-1703.

Letters...
(Continued from page 3.)

the ACSM for prescription of exercise intensity. If you still have a question about that, we would be glad to put you in touch with Steve Blair, the gentleman in charge of writing this year’s revisional guidelines for the ACSM.
Lastly, when we said racquetball belongs in the world of fitness and should be an integral part of everyone’s fitness program, we of course meant those already in good health. It is our fitness as well as racquetball editorial policy to encourage our readers to get regular physical examinations. Thanks for reinforcing our efforts. —Ed.
Harder Isn’t…
(Continued from page 19.)

Diagram 5. Soft, overhead Z serve. Be sure to reposition yourself quickly.

deal of underspin, it will catch the side wall about 5 to 10 feet high. If hit with the backhand starting from a position closer to the left wall (Diagram 3) you force your opponent to contend with the left wall.

A more complex, but rewarding serve is the high-Z (Diagram 4). The easiest way to hit the serve is with your backhand. This technique gives you the angle necessary to get the Z trajectory while allowing you to remain well positioned near center court. Although there are almost as many variations of high Z serves as there are lob serves, the typical high Z is hit with underspin and a very high trajectory.

The high Z adds the dimension of angle to the lob serve and offers a much smaller region where an opponent can meet the ball for an effective return. As in the lob, the ball should bounce on the floor in the safety zone.

The overhead Z serve is a less popular serve which can yield good results in special situations. In one variation, stand in the service zone near the left wall. Bounce the ball over your head and softly propel the ball in a high Z trajectory as before. This technique will give you a higher, more difficult to return trajectory than its backhand variant. Unfortunately, you are momentarily out of position and therefore susceptible to being attacked.

But if you combine this serve with a higher velocity overhead Z serve, you can decrease the possibility of such an attack. The key to hitting the harder Z serve is to put a lot of side spin on the ball and aim for the ball to bounce on the floor near the side wall in the safety zone.

The ball will kick into the center of the court straight at your opponent’s head, giving him no avenue of attack.

Although the lob and high Z serves don’t have the glamour of the power serves, they are necessary tools in any championship player’s repertoire. They are often your best choices of serves even though they will give you few aces.

But in the context of the entire match, they can be combined with power serves to give you much more than the sum of their parts. □


SPORTS-MASTER™
THE WORLD’S FINEST
RAQUETBALL COURTS

APPEARANCE… Permanent Seamless Beauty
PLAYABILITY… World-Class Tournament Quality
DURABILITY… Unrivaled Maintenance Savings

AMERICAN SPORTS COURTS, INC.
222 LANCASTER AVE., DEVON, PA 19333, 215/687-6356

September 1985 / National Racquetball / 37
B & C Players: Utilize Your Backhand Correctly

Charlie Garfinkel's 'Spot' Racquetball
by Charlie Garfinkel

Recently, while watching a local Men's B final, I was extremely impressed by the fluid strokes that each player exhibited when hitting a backhand. If I hadn't looked at the referee's score card I could have easily mistaken the players as A or Open.

However, after watching for 15 or 20 minutes it became quite apparent why these were B players. Their shot selection was abominable. When they had each other out of position they would continually hit the ball back to where the other player was stationed. When they should have passed, they shot the ball. When they should have shot the ball, they attempted to pass.

Even worse, when either player had an easy shot with his backhand 5-7 feet from the front wall, they invariably lost the point. Why? They'd try a soft drop shot that continually was hit too high. This gave their opponent plenty of time to rekill.

Or, they'd hit the backhand shot down the line as hard as they could. Often, this resulted in a hinder, or an avoidable hinder. And, if they didn't try one of the aforementioned shots, they'd often skip the ball into the floor.

Equally as foolish were the service returns that each player was hitting. They rarely tried to return the serve with a ceiling ball or other defensive shots. Instead, they both tried to hit most service returns as hard as they could.

A situation that often occurred after they had an extended rally resulted in both players being stationed at the short line. Player B had an easy setup on his backhand. A cross court backhand pass would've been foolish as his opponent was already positioned on the right side of the court.

A cross court kill shot was also un...
wise, unless your name is Mike Yellen, of course. If the shot wasn't a flat rollout, Player A could easily rekill. Player B could be tempted to try a left side pinch shot or a reverse corner shot into the right side. But, those shots have a tendency to carom towards center court if not executed correctly, thus giving Player A ample time to return the ball. And, I personally felt that Player B didn't have the expertise to execute those types of shots effectively.

Therefore, a hard backhand drive, straight down the wall, as shown in (Diagram 1) was the correct shot to use. The ball should have been hit 4-6 inches high on the front wall, as close to the left side wall, as possible. Although this strategy usually works 90% of the time, on occasion the ball may sit up a little, this giving Player A time to get to it. However, he'll still have an extremely difficult time returning the shot, as it will be so close to the left side wall.

During the match between the two B finalists I noticed that Player B was constantly in front of Player A on the left side. He appeared to have many easy setups. Yet, he rarely won the point outright. Player B would do one of two things. He'd either pass cross court, or he'd try a pinch into the left corner. You're probably saying to yourself, "I know that a cross court passing shot is foolish as Player A will have time to retrieve it. But what is wrong with a left side wall pinch when you're in front of your opponent?"

Guess what? You're right in your assumption. However, Player B continually hit his backhand pinch too far back on the left side wall. This caused the ball to bounce near the center of the front wall enabling Player A to return many shots.

Player B (Diagram 2) should have hit the ball as low as possible into the left side wall, as close as possible to the left front wall. This sharp angle would make the shot unreturnable, even if it was up a little.

Another tactical error that was constantly made by both players occurred when they had a set-up 5-7 feet from the front wall on their backhands. They'd either hit the shot too softly or skip the ball in. They should (Diagram 3) have hit a hard and low cross court, away from their opponent. By doing this, they would have scored a point nearly every time.

A shot that gives players at all levels great difficulty was readily evident in the B finals match that I watched. When Player B had a shot off the back wall on his backhand, Player A was constantly standing on the right side of the court near the short line.

Unbelievably, Player B kept trying to pass Player A cross court. And, Player A put shot after shot away in the right hand corner. The correct shot to hit (Diagram 4) was a backhand kill into the left side of the front wall as low as possible.

In a similar situation player B again had a set up off the back wall on his backhand with Player A stationed at the service line. Fortunately, Player B realized that Player A was positioned too far forward in the court and (Diagram 5) unleashed a beautiful cross court V pass.

The shot hit 3-4 feet high on the front wall, 2-4 feet to the left of center. The ball then hit the right side wall, behind Player A and caromed away from Player A before he could react.

Watching both players in the B final, I noticed a definite pattern emerging. Player A continually played almost every shot to the deep left corner. Player B was presented with many opportunities that he didn't capitalize on.

However, I was impressed with one strategic ploy that Player B used effectively. Because Player B had been shooting and passing so many back-

'I recommended a simple strategy that has enabled me to win 14 out of 17 national championships. When my opponent is stationed near the service line, I'll pass. If he's stationed near the short line, I'll shoot.'
Racquetball: The Fun Sport Of Fitness!

Racquetball's a great workout. Everybody knows that, but it's also just flat out fun to play! Day or night, winter or summer, racquetball is in season every season. Keep up with all that's happening. Find out about the new shots, new products, new events and new directions by subscribing to National Racquetball Magazine. Just snip out the form on this page, send it in and we'll send you a monthly magazine jam-packed with racquetball fun.

Subscribe Today!

Make Checks or money orders (U.S. currency) payable to:
National Racquetball
4350 DiPaolo Center/Dearlove Road
Glenview, IL 60025

N/C 507
In addition to using the same serves continually, both players rarely looked to see where the receiver was stationed before they served. This made their serves less effective, as the receiver was continually aware of what was coming.

Hand shots cross court, Player A continued to station himself on the right side. On occasion, he'd move extremely close to the right side wall and that's when Player B used his head.

Stationed at three quarters court (Diagram 6) he hit a backhand passing shot straight down the line. The ball hit 2-3 feet high on the front wall. A kill shot attempt wasn't needed as Player A was so far over on the right.

During extended rallies in the B finals both players were often drastically out of position. They'd try impossible shots such as off balance kills, wide angle pinches, or passes that would carom off the back wall, giving their opponent an easy set up. Instead of hitting these foolish and low percentage shots that invariably resulted in lost points, they should have hit shots that would have enabled them to have time to recover and get set for the next return.

We see that Player B (Diagram 7) is caught out of position at the service line. Player A passes him cleanly. However, Player B is able to retreat and make contact with the ball on his backhand. He hits a ceiling ball to the center of the court, 3-5 feet from the front wall. This forces Player A to the back court. More important, it gives Player B the precious time needed to recoup and prepare for Player A's next shot.

Finally, both players in the B finals were serving identical serves throughout the match—hard drives on their first serves and lobs on their second serves. This serving pattern habit is quite common to players at the B and C level.

In addition to using the same serves continually, both players rarely looked to see where the receiver was stationed before they served. This made their serves less effective, as the receiver was continually aware of what was coming.

If either player had tried a backhand Z-serve, especially on the second serve, they would have completely disrupted the receiver's timing. To hit this serve (Diagram 8) Player B should stand near the left side wall. His serve should hit the right front wall, 3-4 feet from the right side wall, about 4-6 feet from the ceiling. The ball will then hit the right side wall, and carry just over the short line on the left side of the court. Due to an extremely high bounce it creates a difficult return for the receiver.

Watching other players perform both in tournaments and in practice, can help you "spot" weaknesses that you can capitalize on the next time you play.
Hand Push (photos 9-10): with your other hand, push your racquet hand (slowly) forward as far as possible (when you feel the pull, stop), then push it backwards as far as possible. Repeat.

Up and Down (photos 11-12): with your racquet hand out in front of your body, move your hand up and down, flexing and extending from the wrist. This provides several functions, stretching as well as strengthening the flexors and extensors.

Kneeling Stretch (photos 13-14): Kneel down on the floor and put your racquet hand down next to your leg, palm down and fingers pointing backward. Slowly, keeping your palm on the floor, tilt your body backward until you feel the stretch. Hold for a 10 count, then relax. Repeat.

...In The Wrist!
(Continued from page 12.)

power as on the forehand side—primarily because there is less range of motion for the wrist snap.

The elbow leads the shot with the butt of the racquet following. The wrist is fully flexed here (photo 3).

At point of contact with the ball, snap the wrist and the racquet head through the ball at high speed (photo 4).

A quick note here to check your grip size! Your grip should allow your wrist to snap fully when hitting the ball. A grip that is too large will only defeat this purpose and thus reduce the power you are able to generate.

Strengthening Your Wrist

Now that we know how important a role the wrist plays, how do we go about strengthening the muscles that move the hand? Below are listed specific stretching exercises that will help. Next month we'll detail weighted and non-weighted exercises.

The stretching exercises can be done any time. Make sure that you are warmed up, by jogging, jumping rope, riding bicycle, etc. before starting them. The warmer the muscles, the less the chance of injury.

A strong wrist motion can double your power, as well as give you the ability to vary the positioning of the ball without changing your stroke, letting you fool your opponents, throwing them off their game and leaving great spaces of open court for winners.

See yourself on the court, serving to your opponent. You have just served three strong serves to the backhand side. Now, using the same service motion but altering the amount of snap in your wrist, you zing the ball down the forehand line, while your opponent goes running to the backhand side, expecting the serve there.

The ball bounces around in the corner, untouched. A clean ace!

But in order to accomplish this feat, you need more strength in your wrist. The stretching exercises in this article are just the beginning. Next month we'll detail the weight and non-weighted exercises.
Specialists in racquetball/handball/squash court construction and hardwood flooring since 1974 with over 5,000 courts installed worldwide including seven facilities which have hosted National Championships.

For more information on SPORTS Unlimited Products and Services, please call us toll free at 1-800-654-6810 (in Oklahoma 405-624-1252) or write: SPORTS Unlimited, Inc., P.O. Box 1207, Stillwater, OK 74074.

(Represented in Canada by C.R.S. SPORTS, Ltd., Edmonton, Alberta, Canada, T5P 4M9, (403) 483-5149 Telex: 30742560)

JOIN THE
American Amateur Racquetball Association

To Join AARA, Mail This Coupon Today!

☐ YES! I would like to be a member of the AARA, eligible for tournament play. Please send me the membership kit, which includes: the membership card, official rule book and discount coupons worth $20.

I am enclosing $6 for one year.

Name ____________________________________________

Address ____________________________________________

City ___________________________ State _______ Zip _______

MAIL TO: American Amateur Racquetball Association
815 North Weber, Suite 203
Colorado Springs, CO 80903
Hilecher Signs With AMF Head

Jerry Hilecher, the world's #4 ranked racquetball player, has signed a yearly renewable sponsorship contract with the AMF Head company. National Racquetball contacted Jerry at home for his comments on the new deal.

"We've been talking to each other off and on for about a year and a half now," stated Hilecher, "and it all came to a head, so to speak, when I won the Baltimore pro stop this last spring. I've always thought that Head made excellent products and I'm happy that I can represent them this next year.'

One interesting clause in the contract mentions Jerry's court behavior. It is well-known that Jerry's temper had been volatile in the past, but, as he said to us, "I've changed. These past two years have mellowed me out quite a bit. AMF Head was impressed with my on-court manners throughout this past season and I'm sure that was part of the reason I got the contract. That part of the contract doesn't bother me at all. I think it's right that Head should protect their image against bad behavior. It's just good business.'

Another interesting development is a direct result of Hilecher's new contract. Jerry will be playing with Head's new mid-sized Radial racquet that hits the stores this fall. (See the Radial in our New Products section.)

They suggested I try the racquet out," explained Hilecher, "but they didn't pressure me into using it. I just liked it. Believe it or not, I can hit a backhand now!"

Jerry said he will use the racquet for the first time at the Stockton, CA, pro stop this September. Fran Davis, John Egerman, Doug Cohen and Jim Canso are other top pros who will be playing with Head's mid-sized racquets this season.

Minstar Buys AMF Companies

Minstar Corporation, whose holdings include Beekins Moving and Storage Company and the Wellcraft Boating Company, has purchased some 30 divisions of the AMF Company of which AMF Head is subsidiary. A company spokesman for AMF Head told National Racquetball that AMF Head, which manufacturers a full line of racquetball racquets and shoes, is excited about the new management which is headed by Erwin Jacobs, Chairman of the Board for Minstar.

"Mr. Jacobs has a record of increasing the profits of the companies he heads," commented our source. "He is a very shrewd businessman and his purchase of the AMF companies bodes well for us. He has made it known to us that he has been involved with leisure industries for some time now and enjoys working in that area. All of us at AMF Head look forward to a very profitable relationship with the Minstar Corporation.'

AMF Head does not foresee any changes in the current structure of the company and a name change is highly unlikely considering the success of the AMF Head products. The headquarters will remain in Princeton, New Jersey.

Dream Factory and Omega Sponsor Tournament

Omega Racquets and the Dream Factory will co-sponsor a tournament to benefit terminally and chronically ill children. The tournament which will be held September 27-29 in Olathe, KS, expects over 200 amateur racquetball players to participate.

For applications and information regarding this event, write Omega Sports, Inc., 9200 Cody, Overland Park, KS 66214 or call 913-492-3994.

NR Promotes Jean Sauser

Jean Sauser, our Associate Editor in charge of the fitness section for National Racquetball, has been promoted to the position of the mid-west Advertising Sales Representative. Ms. Sauser, who was a nationally ranked professional racquetball player is an athletic club owner. She brings years of experience and know-how to our sales staff. Jean will also continue her editorial responsibilities in conjunction with her new sales position.
New Fitness And Racquetball Books By HPBooks

Addressing the needs of today's active lifestyles in the areas of family health, fitness, beauty, sports and medicine, HPBooks has announced the publication of five new titles: High-Performance Racquetball by Marty Hogan; MuscleAerobics by Patricia Patano and Linette Savage; Low Stress Fitness by Millie Brown; Stretch and Relax by Maxine Tobias and Mary Steward; and The Complete Guide to Symptoms, Illness & Surgery by Dr. Winter Griffith.

The President of HPBooks commented on the new titles. "HPBooks is committed to expand our publishing program into important and timely lifestyle areas. For more information regarding these colorful, timely books, write Linda Johns, 1019 W. Prince Road, Tuscon, AZ 85705.

Mid-Sized Muscle From Head

Four new mid-sized racquets will be added to Head's fall line of racquetball racquets. The Radial, Spectrum, Laser and Sprint are all racquets that have a larger hitting surface than conventional racquets. Mark Ventura of Head stated, "Because the new mid-sized racquets are the same length as most racquets, a player does not have to change or re-adjust the way they hold or hit the ball."

Mr. Ventura added, "One has to wonder how many players will be switching to the larger racquets next year considering the present mid-sized phenomenon in tennis!"

The new mid-sized line has been designed for the beginner up to the professional player offering choices both in metal and composite performance. For more information, contact Head Racquet Sports, Box CN-5227, Princeton, NJ 08540, 609-799-9000.

Pro-Kennex Introduces Duratack Racquetball Glove

After extended research and development, Pro-Kennex is introducing the Duratack glove that uses an exclusive patent-pending leather treatment on Cabretta Sheepskin. The process builds a barrier with the Cabretta fibers that prevents perspiration from passing through the glove material to the grip. Dryout and decay, even in heavy use, are inhibited. Pro-Kennex president David Armstrong commented, "The Duratack embodies the Pro-Kennex philosophy: a high-tech, value-oriented product that works!"

For more information about Duratack gloves, contact John Weaver, Pro-Kennex 619-271-8390.
Have a problem with your subscription?

Wed like to solve it - fast!
Please write to:
Marge Patino
National Racquetball
5615 W. Cermak Road
Cicero, IL 60650

You can help us by attaching your magazine label here, or copy your name and address as it appears on your label. Send this along with your correspondence.

Moving

Just attach the label from this issue and write in your new address below. (Please allow 6-8 weeks).
Your New Address Goes Here

Subscription Rate:
12 issues...$18.00 Add $6.00 per year for Canadian or $10 for foreign postage.

Need Faster Service?
Please do yourself and us a favor by writing us. Whether it be an address change or delivery problem, we need your magazine label. These problems are handled more efficiently by mail. However, if you need to reach us quickly, just give us a call at
(312) 762-2193.
Circulation Department
National Racquetball
5615 West Cermak Road
Cicero, IL 60650

SCHEDULE OF EVENTS

1985-86 RMA MEN'S PRO RACQUETBALL TOUR
MASTER SEASON SCHEDULE

Aug. 24-Sept. 2, 1985
$15,000 Open
West Lane Racquet Club
3074 E. Bianchi Road
Stockton, CA 95209
Bob Farrans
305-681-1771
Sept. 19-22, 1985
$15,000 Open
Davisson Racquet Club
G-2140 Fairway Drive
Davisson, MI 48423
Jim Hiler
313-653-9602
Oct. 2-6, 1985
$15,000 Open
Crystal Racquet & Health Club
1333 Crystal Gateway Arcade
Crystal City
Arlington, VA 22202
Judd Grossman
703-979-9600
Oct. 16-20, 1985
$15,000 Open
Park Avenue Health Club
501 Park Avenue
Omaha, NE 68105
Todd Higgins
402-345-8175
Nov. 5-10, 1985
$25,000 Regional Qualifying
U.S. Open Racquetball
Championships
Dallas/Ft. Worth, TX
Mark Fairbairn
612-592-4226
Dec. 11-15, 1985
Special Event To Be Announced
Jan. 15-19, 1986
$15,000 Open
Arizona Athletic Club
1425 West 14th Street
Tempe, AZ 85281
Jack Nolan
602-894-2281
Feb. 12-16, 1986
$15,000 Open
Tulsa Aerobics & Racquetball
Club
4535 South Harvard
Tulsa, OK 74135
Mark Fairbairn
918-493-3331
Feb. 26-March 2, 1986
$15,000 Open
Griffith Park Athletic Club
4925 S.W. Griffith Drive
Beaverton, OR 97005
503-644-3900
March 12-16, 1986
$15,000 Open
Midtown Athletic Club
5400 Kennedy Avenue
Cincinnati, OH 45223
Mike Spies
513-351-3000
March 25-29, 1986
$15,000 Open
Big C. Athletic Club
1301 Galaxy Way
Concord, CA 94524
Tom Martin
415-634-3528
April 16-20, 1986
$10,000 Open
Merritt Racquetball and Fitness Center
Security
Baltimore, MD
RAMB - Dave Pierce
301-532-2250
April 30-May 4, 1986
$22,800 Open
Ekston National Championships
The Sports Gallery
2500 East Kansas Avenue
Anchorage, AK 92080
May 14-18, 1986
$15,000 Open
Rocky Mountain Health Club
1880 Westland Road
Cheyenne, WY 82001
Steve Calassini
307-634-8884
June 10-15, 1986
$33,000
DP National Championships
Site To Be Announced
WPRRA 1985-86
SEASON SCHEDULE
The schedule for next season's WPRRA tour will begin in October 1985, and will be published in the October issue of National Racquetball.

FOR TOURNAMENT INFORMATION:
For RMA Pro Tour Events:
Drew D'Amico
Commissioner, RMA Pro Tour
P.O. Box 7548
Reno, NV 89510
702-826-6037
For WPRRA Tour Events:
Jim Carson
Director, WPRRA Tour
3097 Fernheath Lane
Costa Mesa, CA 92626
714-979-6942

AARA NATIONAL EVENTS
Oct. 24-27, 1985
National Doubles
(Qualifying required)
Rocky Mountain Health Club
Cheyenne, WY
Contact: AARA 303-635-5396

April 1986
Intercollegiate Championships
Site to be announced
Contact: AARA 303-635-5396
May 1986
National Singles Championships
(Qualifying required)
Downtown YMCA
Houston, TX
Contact: AARA 303-635-5396
June 1986
National Juniors Championships
(Qualifying required)
Site to be announced
Contact: AARA 303-635-5396
July 1986
World Games
(Qualifying required)
Site to be announced
Contact: AARA 303-635-5396
July-August 1986
AARA Elite Training Camp
(Qualifying required)
Colorado Springs, CO
Contact: AARA 303-635-5396

CLUB CONVENTION CALENDAR
Sept. 12-13, 1985
IRSA Western Fall Conference
Moscone Center
San Francisco, CA
Jeanne Murphy 617-734-8000
Sept. 28, 1985
IRSA Club Manager's Round
Table
North Meadow Hotel
Tewksbury, MA
Jeanne Murphy 617-734-8000
Oct. 17, 1985
IRSA Eastern Fall Conference
Hilton Hotel
Lowell, MA
Jeanne Murphy 617-734-8000
Oct. 25, 1985
IRSA Mid-Western Conference
Hyatt Regency-O'Hare
Chicago, IL
Jeanne Murphy 617-734-8000
Nov. 6, 1985
IRSA Regional Convention
Regency Hotel
Denver, CO
Jeanne Murphy 617-734-8000
Nov. 7, 1985
IRSA Regional Convention
Loews Ashton Hotel
Dallas, TX
Jeanne Murphy 617-734-8000
Feb. 19-23, 1986
IRSA National Convention
 Oprand Hotel
Nashville, TN
Suzanne Lentie 617-734-8000

CALENDAR
May 1986
AARA National Championship
Picasso's West
Cicero, IL
Jeanne Murphy 617-734-8000

SEPTEMBER 1985

46/National Racquetball/September 1985
RANKINGS

The sources for these national rankings are as follows: Men's—Official RMA Pro Racquetball Tour rankings; Women's—Official WPRA Tour rankings; Amateur—Official AARA national rankings.

RMA PRO RANKINGS
JUNE 20, 1985

<table>
<thead>
<tr>
<th>Player</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yellen</td>
<td>85.00</td>
</tr>
<tr>
<td>Green, M.</td>
<td>82.22</td>
</tr>
<tr>
<td>Peck, G.</td>
<td>74.00</td>
</tr>
<tr>
<td>Hillecher, J.</td>
<td>63.75</td>
</tr>
<tr>
<td>Skolkin, M.</td>
<td>55.20</td>
</tr>
<tr>
<td>Gonzalez, A.</td>
<td>48.00</td>
</tr>
<tr>
<td>Hartnett, B.</td>
<td>47.50</td>
</tr>
<tr>
<td>Price, G.</td>
<td>44.00</td>
</tr>
<tr>
<td>Oliver, S.</td>
<td>42.00</td>
</tr>
<tr>
<td>Peck, D.</td>
<td>42.00</td>
</tr>
<tr>
<td>Cohen, D.</td>
<td>38.00</td>
</tr>
<tr>
<td>Miller, D.</td>
<td>30.00</td>
</tr>
<tr>
<td>Gross, A.</td>
<td>26.00</td>
</tr>
<tr>
<td>Andrews, E.</td>
<td>20.00</td>
</tr>
<tr>
<td>Mathew, M.</td>
<td>17.33</td>
</tr>
<tr>
<td>Gross, A.</td>
<td>14.85</td>
</tr>
<tr>
<td>Byrum, M.</td>
<td>11.11</td>
</tr>
<tr>
<td>Eggers, J.</td>
<td>10.56</td>
</tr>
<tr>
<td>Williams, R.</td>
<td>10.30</td>
</tr>
<tr>
<td>Hawksworth, W.</td>
<td>10.21</td>
</tr>
<tr>
<td>Newman, J.</td>
<td>9.11</td>
</tr>
<tr>
<td>Egerman, J.</td>
<td>8.88</td>
</tr>
<tr>
<td>Frenier, D.</td>
<td>5.00</td>
</tr>
<tr>
<td>Terry, E.</td>
<td>2.50</td>
</tr>
<tr>
<td>Johnson, D.</td>
<td>2.50</td>
</tr>
<tr>
<td>Moskwa, S.</td>
<td>2.50</td>
</tr>
<tr>
<td>Lerner, S.</td>
<td>1.33</td>
</tr>
<tr>
<td>Inoue, E.</td>
<td>1.25</td>
</tr>
<tr>
<td>Roberts, A.</td>
<td>1.25</td>
</tr>
<tr>
<td>Moore, M.</td>
<td>1.25</td>
</tr>
<tr>
<td>Negrete, D.</td>
<td>1.00</td>
</tr>
<tr>
<td>Sneed, W.</td>
<td>1.00</td>
</tr>
<tr>
<td>Nolan, J.</td>
<td>1.00</td>
</tr>
<tr>
<td>Levine, M.</td>
<td>1.00</td>
</tr>
<tr>
<td>Thomas, D.</td>
<td>1.00</td>
</tr>
<tr>
<td>Sell, B.</td>
<td>1.00</td>
</tr>
<tr>
<td>Low, M.</td>
<td>0.80</td>
</tr>
<tr>
<td>Clove, W.</td>
<td>0.50</td>
</tr>
<tr>
<td>Fairbank, M.</td>
<td>0.50</td>
</tr>
<tr>
<td>Griffith, M.</td>
<td>0.50</td>
</tr>
<tr>
<td>Vieux, D.</td>
<td>0.50</td>
</tr>
<tr>
<td>Marino, P.</td>
<td>0.50</td>
</tr>
<tr>
<td>Calabrese, F.</td>
<td>5.00</td>
</tr>
<tr>
<td>Ramos, M.</td>
<td>5.00</td>
</tr>
<tr>
<td>Terr, M.</td>
<td>5.00</td>
</tr>
<tr>
<td>Plazak, J.</td>
<td>5.00</td>
</tr>
<tr>
<td>Fitzpatrick, S.</td>
<td>5.00</td>
</tr>
<tr>
<td>Simnet, D.</td>
<td>0.50</td>
</tr>
<tr>
<td>Britos, P.</td>
<td>0.50</td>
</tr>
</tbody>
</table>

WPRA RANKINGS
JUNE 20, 1985

<table>
<thead>
<tr>
<th>Player</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lynn Adams</td>
<td>116.75</td>
</tr>
<tr>
<td>Vicki Panzeri</td>
<td>208.00</td>
</tr>
<tr>
<td>Terri Gilrath</td>
<td>140.00</td>
</tr>
<tr>
<td>Carolyn Kinney</td>
<td>110.00</td>
</tr>
<tr>
<td>Marcel Drexl</td>
<td>108.00</td>
</tr>
<tr>
<td>Janell Marriott</td>
<td>88.25</td>
</tr>
<tr>
<td>Heathc McKeary</td>
<td>81.50</td>
</tr>
<tr>
<td>Liz Alvarado</td>
<td>75.00</td>
</tr>
<tr>
<td>Diane Bullard</td>
<td>59.25</td>
</tr>
<tr>
<td>Cindy Baxter</td>
<td>56.25</td>
</tr>
<tr>
<td>Laura Martin</td>
<td>54.00</td>
</tr>
<tr>
<td>Molly O'Brien</td>
<td>44.50</td>
</tr>
</tbody>
</table>

Women's Open

<table>
<thead>
<tr>
<th>Player</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gonzalez, R.</td>
<td>42.75</td>
</tr>
<tr>
<td>Barnette, B.</td>
<td>38.50</td>
</tr>
<tr>
<td>Roberts, S.</td>
<td>30.60</td>
</tr>
<tr>
<td>Hildreth, M.</td>
<td>30.45</td>
</tr>
<tr>
<td>Buonopane, M.</td>
<td>15.00</td>
</tr>
</tbody>
</table>

Women's

<table>
<thead>
<tr>
<th>Player</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gonzalez, R.</td>
<td>42.75</td>
</tr>
<tr>
<td>Barnette, B.</td>
<td>38.50</td>
</tr>
<tr>
<td>Roberts, S.</td>
<td>30.60</td>
</tr>
<tr>
<td>Hildreth, M.</td>
<td>30.45</td>
</tr>
</tbody>
</table>

CALL TOLL FREE!

PRO KENNY
Hogan graphite ... $75.95
Hogan Composite ... $75.95
Hogan Bronze ... $75.95
Blaster 46 ... $27.95
Graphite Blaster ... $24.95

EKTENOL
NEW CBK Graph/Boron ... $154.95
NEW Aris Graphite ... $99.95
NEW Toron Graphite ... $99.95
NEW Optima Graphite ... $49.95
Composite 250G ... $99.95
St 245 ... $72.95
Citron ... $9.95
Maxum Oversize ... $6.95
Excel Graphite ... $54.95
Contura Oversize ... $36.95
Comp Jr. ... $22.95

HEAD
Graphite Apex ... $96.95
Graphite Express ... $67.95
Boron Impulse ... $60.95
Vector ... $56.95
Pro Professional ... $44.95
Master ... $36.95

BP LEACH
Boron Graphite ... $107.95
NEW Graphite USA ... $79.95
Graphite 5000 ... $59.95
Graphite 245 ... $44.95

Purchase 2 Racquets or more
and get FREE SHIPPING!

CALL TOLL FREE:

NEW Ektelon Wedg/Whiffle Ball ... $14.95
Ektelon Stay-Soft ... $11.95
Ektelon Cabretta ... $9.95
Ektelon Syntex ... $7.95
DP Pro Staff Cabretta ... $9.95
DP Pro Leather ... $7.95
Footjoy Sta-Sof ... $11.95
Head Glove ... $4.95
Penn Cabretta ... $4.95
Buckskin ... $7.95

GLOVES

NEW Ektelon Wedg/Whiffle Ball ... $14.95
Ektelon Stay-Soft ... $11.95
Ektelon Cabretta ... $9.95
Ektelon Syntex ... $7.95
DP Pro Staff Cabretta ... $9.95
DP Pro Leather ... $7.95
Footjoy Sta-Sof ... $11.95
Head Glove ... $4.95
Penn Cabretta ... $4.95
Buckskin ... $7.95

(Eyeguards)

Leader New York ... $17.95
Leader Albany ... $16.95
NEW Ektelon Intercaptor ... $24.95
Ektelon Eye Senter ... $24.95
NEW Sentinel (For Glasses) ... $29.95
Ektelon Court Goggles ... $18.95
Bausch & Lomb Action Eyes ... $21.95

ACCESSORIES

Hogan Pro Tour Bag ... $25.95
Hogan Barrel Bag ... $16.95
Ektelon Tour, Pro Bag ... $33.95
Ektelon Overmier Bag ... $27.95
Ektelon Traveler Bag ... $19.95
NEW Ektelon Champ, Dr. Bag ... $17.95
NEW Ektelon Aerobic Spt. Bag ... $15.95
Racquetball Saver ... $7.95
Ektelon Wrist Tether ... $5.95
Tacki-Mac Grip Washhesive ... $5.95
AME Grip Washhesive ... $4.95

CALL TOLL FREE and use your VISA or MASTERCARD. By mail, send MONEY ORDER — no personal checks, please. Add $2.50 for UPS shipping & insurance. For 2nd day air, add additional $2.50. COD add $2.50. Alaska, Hawaii, Canada $5.00. California residents add 6% sales tax.

September 1985 / National Racquetball/47
The Tour

Here I sit in the middle of July (that’s how far in advance we work) still recovering from the whirlwind of the DP Nationals, and it’s already time to announce the schedule for the next pro season. Don’t get me wrong, I love my job. But right now the idea of starting the whole thing all over again makes me want to . . . well, go to a movie.

But it is time. So fans, get out your calendars, and players, let’s hit those weight machines. Men’s professional racquetball is about to embark on the largest, richest, and most expansive tour in the history of the sport.

The 1985-86 RMA Men’s Pro Tour will consist of 14 ranking tournaments, each with minimum prize money of $15,000. The total prize money up for grabs will be a record $250,000. As in the past, the season will run from Labor day weekend through Father’s Day.

The season will kick off on August 29 in Stockton, CA, where Gregg Peck will try to defend his first tour win. Three weeks later, veteran tournament promoter Jim Hiser will host the men in Davison, MI, at the eighth annual Bud Light Pro-Am, a veritable institution of men’s professional racquetball.

In October, two new stops come on board. A $15,000 tournament at the Crystal Racquet & Health Club in Arlington, VA, will mark the first appearance ever by the pros in the Washington DC area. Then on to the Park Avenue Health Club in Omaha, NE, where racquetball fans will see the best players in the world for the first time since 1980.

On November 5th, a new tradition in pro racquetball will be born: The United States Open Racquetball Championships in Dallas/Ft. Worth.

It’s back to the Midwest in mid-March for Cincinnati’s first ranking pro tournament at the Midtown Athletic Club. Concord, CA, follows in late March as the tour returns to the beautiful Big C Athletic Club—and one of the rowdiest crowds in the county.

A quick trans-continental red-eye and we’re back at the Merritt Security Club in Baltimore, where Jerry Hilecher and company will take another shot at driving away in a new Toyota.

May and June, of course, are reserved for the Ektelon and DP National Championships, with the $15,000 Crackshooter Open in Cheyenne, WY, sandwiched in-between.

After a period of near-chaos, the men’s pro game has come back in a big way. Considering that during the 1983-84 season the men played only six tournaments for a total of $106,000, we’ve come a long way in just two years!

But the 1985-86 tour, though it is a good one, is really just a first step—it’s where we should have been in 1983. With a strong, healthy, visible tour, professional racquetball should begin to generate interest from television and potential national sponsors.

The 14 events of the 1985-86 RMA Pro Tour are all independently staged and funded. We estimate that on average five individuals per tournament spend three to five months of their time—most of it uncompensated—preparing for a single pro stop. That translates into something like 2,000 hours of volunteer time, and a quarter-million dollars raised at the local level, all to support men’s professional racquetball. The credit for next season’s tour belongs to those people. When pro racquetball finally hits the big time—and it will—we must never forget those who worked so hard to make it possible.

So there it is—the 85-86 tour. I think I actually got a little excited there for a moment. But it is still July. So, if you don’t mind, I think I’ll go take in a flick.

Drew Stoddard is the editor of National Racquetball magazine, and Commissioner of the RMA Pro Racquetball Tour.
How To Win $200,000 A Year In Court.

With the world's finest indoor tanning systems, you can turn one slightly-used racquetball court into a smashing return.

With fourth-generation Bellarium "S" super lamps, the Wolff System creates a deep, dark, natural tan in just eight 20-minute sessions. A single unit can also create $20,000 a year. And a regulation-sized court has enough space for ten separate tanning booths.

Club owners around the world have found genuine profit in offering the outdoor look to indoor athletes. And the patented features found only in the genuine Wolff System have made it their number one choice.

For more information about natural indoor tanning and the genuine Wolff System, call toll-free 1-800-526-9061. In New Jersey, 201-836-8030.

Offices in Atlanta, Boston, Chicago, Dallas, Los Angeles, New Jersey, Portland, San Francisco, Seattle and Washington D.C.

© 1985 SCA
In case you haven't been introduced, CBK (its proper name is Graphite CBK™) is the most powerful racquet in racquetball. That's why top pros like Dave Peck, Lynn Adams and Mike Yellen all play with it. And why it's used by more top tournament players than all other racquets combined.