CHARLIE GARFINCKEL'S TOURNAMENT TRAVEL TIPS
PASSING SHOTS: A NEW ANGLE  THE ATLANTA OPEN

Racquetball
Official Publication of the American Amateur Racquetball Association
$1.50 • Vol. 3 No. 11 • December, 1979

TURNING PRO
WILL YOUR BIG-MONEY DREAMS COME TRUE?
MEET THE ASSASSIN
PATENT PENDING

The revolutionary Dimpled Racquetball by Seamco.

The unique design provides deadly accuracy plus exceptional control. Add spin or english and the ball will curve, rise, dip... a totally new dimension to racquetball.

We could talk dimples and aerodynamics or we could talk innovative technology in tooling and secret rubber compounds, but we won't. We prefer the Assassin talk for itself. So, lure your favorite enemies to the court and assassinate them.

SEAMCO SPORTING GOODS COMPANY, DIVISION OF DART INDUSTRIES, LAGRANGE, GEORGIA 30240
A racquetball court may look like a perfectly harmless place to you. But if you were your shoes, you'd see things differently.

You see, few sports are as brutal on shoes as racquetball. All that skidding and lunging and twisting can all too quickly do them in.

Unless, of course, you're wearing Tuffs by Foot-Joy. Tuffs have special features like 3 separate rows of stitching at the toe for extra strength.

A gum rubber sole that borders on the indestructible with even more stitching all the way around to prevent sole separation.

And 2-ply nylon mesh uppers that are light, yet so strong, it's eerie.

Now if you think all this toughness comes at the expense of lightness and comfort, think again.

Tuffs are cool because they've got a special innersole that's literally riddled with air channels. And no shoe has thicker, cushier heel padding.

So next time you go out on the court, put on a pair of Tuffs. And run your opponent ragged. Instead of your shoes.
Rollout® Bleu® Racquetballs have the same fresh liveliness the 300th time you play with them as they do the first. That's because AMF Voit puts the zip in the rubber walls of the ball, instead of pressurizing them.

If you've ever played with pressurized balls you know they start out strong, but go "dead" quickly. Not Rollout Bleus. You get the same true rebounds game after game after game. And chances are, you'll buy balls less often.

All that liveliness is easy to keep your eye on, too, because our bright blue is the most visible color on indoor courts. No wonder Rollout Bleus have been chosen for hundreds of tournaments since 1977. And they keep on outselling nearly every other brand.

For a sample Rollout Bleu Racquetball and a copy of our booklet, Racquetball for Winners, send $2 to AMF Voit. Next game, freshen things up.

Santa Ana, California 92704
Features

15 Turning Pro
First, Some Things You Should Know • Tom Carlson

21 Dieting: Losers Weepers
There's More to Lose Than You Think • Frances Sheridan Goulart

28 On the Road
Tournament Travel Tips from 'The Gar' • Charlie Garfinkel

34 Southern Siege
The Third Annual Atlanta Open • Harvey Wysong

Departments

6 Short Lines
News Round-Up

8 New Directions
Miami Slated for AARA Singles

9 Receiving Line
Letters to the Editor

11 Industry News
People and Equipment

13 Pro Page
News from the Front

24 Calendar
Upcoming Tournaments

39 Winning Points
The Grip • Michael Mjehovich

40 Winning Points
Wide-Angle Passing Shots • Mike Yellen

43 Scorecard
Tournament Results

COVER: Photograph by Larry Kuzniewski.
Rolls-Royce courtesy of Robertson Rolls-Royce, Memphis, Tn.
PINCH SHOT

ONE SHOT YOU CAN DEPEND ON...

MORE CONSISTENT...
MORE DURABLE...
MORE VISIBLE...
MORE CONTROL...
MORE LIVELY...
MORE BOUNCE...
MORE ACTION...
MORE...
MORE...
MORE...
MORE...

PINCH SHOT

SPORT CRAFT

A SPORT CRAFT EXCLUSIVE

GENERAL SPORTCRAFT CO., LTD., BERGENFIELD, N.J. 07621
AJAY brings out the animal in you.

Whatever animal you turn into when you step onto the court, Ajay has just the racquet that suits your style. Not four or five models, FOURTEEN! And 6 different head shapes. From the largest legal-size to the lightest weight. And you'll never growl about the price. Make tracks for your sporting goods department, pro shop or dealer and bag yours.
Racquetball is the fastest growing participant sport in the country, according to a survey of U.S. households conducted by A.C. Nielsen Company. Participation in racquetball is up 283 per cent over the three year period from 1976 to 1979 and currently boasts an estimated 10,654,000 individual participants. Other sports which showed significant growth over the last three years include platform tennis (although its devotees are few in number), snow skiing, sailing, water skiing and tennis.

Swimming, with 105,441,000 participants, nearly one out of every two Americans, continues to be the nation’s favorite sporting activity. Rounding out the list of the country’s 10 favorite sporting activities are bicycling, camping, fishing, bowling, boating, jogging/running, tennis, pool/billiards and softball.

The survey, the third in a series of studies on sports participation conducted by the worldwide market research firm, provides extensive information on the 30 sports surveyed including demographic profiles of the participants (“light,” “medium,” and “heavy” participation), trends, selected equipment purchases and a variety of special tabulations for specific sports. The original bench-mark study was conducted in 1973 and consisted of 23 studies on sports participation conducted. The data was gathered through telephone interviews with a randomly selected sample of about 3,000 households within the continental United States, reflecting the sports activities of some 9,000 individuals.

Senior Sports: Getting It Together

A non-profit organization, designed to serve the competitive and recreational sports interests of Americans in the 50-plus age group, is being organized in Washington, D.C. The name of the organization is the National Senior Sports Association (NSSA), and the executive director is Lloyd Wright.

According to Wright, the NSSA will conduct regional and national tournaments for its members in golf, tennis, bowling and fishing, and will sponsor recreational events involving other sports. (As membership expands and interests are tallied, the NSSA will expand its tournament sponsorship to include a wider variety of sports.) The organization will offer special money-saving package plans with accommodations, meals, entrance fees and other expenses to be included. In addition, the NSSA plans to make sports equipment and wearing apparel available to members at a discount rate.

Also included in future plans for member benefits are an Information Service to answer members’ questions, instructional books, cassettes, films and clinics designed to help the senior sports enthusiast improve his game, a Member Exchange Service for traveling members, and a newsletter, which will eventually expand to a magazine format.

The concept has apparently been received enthusiastically, judging from the response pilot golf tournaments generated at Myrtle Beach, S.C. Executive director Wright noted that these tournaments attracted 1,700 golfers from 40 states.

NSSA’s first year charter membership fee, which includes spouse, is $10.

For further information, contact: National Senior Sports Association, P.O. Box 57017, Washington, D.C. 20037.

**One Day At A Time—Painfully**

Curt Nance is not likely to forget Labor Day, 1979. That’s the day he set a new Guinness world record for marathon racquetball. It’s also the day he was admitted to St. Mary’s Medical Center in Evansville, Ind., for treatment that included four operations and a month of hospitalization, an unexpected side-effect of the marathon.
Nance, 25-year-old manager-pro at Racourts racquetball club in Evansville, chose to stage the marathon in order to raise money for the Muscular Dystrophy Association, which held its national telethon over the Labor Day holiday. The previous Guinness record of 101 hours, 48 minutes and 30 seconds had been set by Mike Maddocks of San Diego, Calif., during the 1978 Muscular Dystrophy fund-raiser. Maddocks raised over $12,000 through his feat. Nance not only eclipsed the previous record, but went well beyond it to play a full 120 hours of racquetball (with a five minute rest period each hour).

The event was sponsored by Ektelon and sanctioned by the AARA (formerly the IRA). Challengers paid $1 to play a 21-point game with Nance, and $5 to play for a full hour. The net result was about $8,000 for the Muscular Dystrophy Association, and a lot of physical pain and damage for Nance.

Nance, who trained for three months prior to the marathon, has been quoted as saying, "Tremendous preparation and expert medical advice should be obtained for anyone playing over 60 hours." Sound advice, indeed, for consider the consequences of Nance's performance: legs swollen three times their normal size, feet which enlarged from a size 10 to a size 15, and four operations to correct the resulting circulatory problems. Nance was hospitalized for a month. (He has since recovered, and reportedly plans to return to competitive racquetball within six months.)

Obviously, judging from Nance's experience, any would-be racquetball marathoner should seek competent medical advice before attempting such a feat. After all, playing racquetball for 120 hours is a lot harder than, say, sitting in a rocking chair all day. It's simply a matter of knowing which end is up.
Due to the overwhelming response to the C.P.I. Racquet Ball “Family Court” Franchise program, Court Planners and Investor Services Ltd. will no longer contract with the public for the construction of racquetball courts for racquet sport facilities.

CPI will concentrate its experience and efforts solely on the success of the “Family Court” Franchise program. If interested in the franchise program, call us today.

Thank you.

Dear Members,

On behalf of the Board of Directors, I am most pleased to announce that the AARA’s 1980 Singles Championships will be held May 22-26 at the Sportrooms Complex in Coral Gables, Florida.

The Sportrooms, under the professional guidance of Bruno Cerchiai and Carl Dean, have hosted numerous professional and amateur events. We have great confidence in the experience of this premier tournament committee.

The Sportrooms facility speaks for itself. It features 24 championship courts, all of which have glass viewing. In addition, there is a championship court with a three-sided glass wall and seating for up to 1,000 spectators. The Sportrooms has virtually all the facilities and services desired by the tournament players, from plush locker rooms to a full bar and restaurant. The facilities are beyond adequate and we are most proud to take the 12th Annual AARA National Singles Championships there.

One last note of importance—at the Board of Directors meeting in October the “no screen serve” rule in doubles WAS REPEALED. Henceforth, screen serves will be called in all AARA-sanctioned tournaments in doubles matches.

Regards,

Luke St. Onge
Executive Director
Letters to The Editor

Thank you very much for the enlightening issue on racquetball fashions, in which you explained the importance of fashion on the court.

As a result, I was able to examine my game (which has been in existence since before the term "racquetball club" was coined) and realized that it wasn't me, but my clothes! There I was, looking in the mirror, when suddenly it became clear. I was dressed in an old pair of gym shorts, an old T-shirt and my college lacrosse socks. Immediately I realized that the problem with my game was that my clothes weren't coordinated, and that in order to improve what I needed was a brand new YSL (Yves Saint Laurent) racquetball suit.

One last point. In the introduction to the fashion section you stated that [at one time] "talking about racquetball and fashion in the same breath would have been...laughable." Well, it still is! But, editorially speaking, by saying "we take no side in this dispute," you really do. By publishing this account you have taken the side of "Fashion and Racquetball" for the AARA. And I think it stinks!

P.S. See you at Bloomingdale's.

W.A. Uhlfelder
Scarsdale, NY

[We suggest that Mr. Uhlfelder read the article, "Fashion Foolery," which was also included in our September fashion issue. In the article, writer Mark Holland advances the same point—albeit humorously—for which Mr. Uhlfelder argues: namely, that there's a great deal of foolishness inherent in the current crop of racquetball fashions.]

As a long-time, over-mature racquetball player, I have been extremely pleased to see the AARA establishing tournament classes for the older players. However, it's not always working out that way.

A great many of the tournaments that are being operated under your banner are not providing for any class over and above the Masters. When I contact the tournament director about it, he always says, "Well, we didn't think we'd have enough entries." Well, as long as there's not a category on the tournament entry form, they're right, they won't have any entries.

I wonder if it would be in the sport's best interest for the AARA to require that all tournaments offer at least through the Golden Masters class (55+). I'd be interested in your reaction.

Fred Ricketts
Dallas, Tex.

[The AARA strongly recommends that all tournament directors run the 55+ category. Obviously, as more and more of the Masters division players reach the 55+ bracket, tournament directors will have to accommodate them.]

Racquetball welcomes correspondence from its readers. Letters are subject to editing for clarity and length.
The new Head Master. Because no matter how powerful you are, you still need racquet control to win.

No matter how powerful you are, you still need racquet control to win. The new Head® Master is lighter and more flexible than most racquetball racquets so that you can control it better. The better you control your racquet, the better you control the ball and the better you control the game.

Here’s how the Master is significantly different from all other racquetball racquets from its head to its handle.

Head:
The kind of aluminum we use and the way we use it contribute to a markedly light, flexible, well-balanced racquet, which, in turn, makes it easier to control.

Handle:
It’s contoured much like an hourglass, making it easier to grip, less likely to slip. And the inside is filled with foam to better absorb shock.

The new Head Master doesn’t cost more than ordinary racquetball racquets, which may be the most extraordinary thing about it.

See it, feel it, swing it at your nearest sporting goods store or racquet club. If you can resist it, you’ve got better control than most racquetball players.

AMF
Head
We can make a difference in your game.

© AMF Incorporated, 1979
Lights, Camera, Action

If you’re a trend-setter, one of those upbeat folks who has a reputation for providing unusual entertainment at parties, Pyramid Films of Santa Monica, Calif., may have just the thing for you.

It’s a 15-minute color film called “Off the Wall,” and, you guessed it, the subject is racquetball.

Lee Stanley, director of the film, has put together an entertaining combination of on-the-court activities and antics from players ranging from the polished pro to the bumbling beginner. There is a match featuring well-known pro Steve Strandemo, scenes from outdoor tournaments and even one scene involving toddlers. As the distributors say: “Young and old, large and small, play with wide-open enthusiasm and a desire to beat the pants off one another.”

Stanley is not above using obvious humor, and he does so through more than photography. For instance, the sequence in the film which describes the essentials of the game is set to a “toe-tapping square dance tune.”

This film could be rated AA—for adolescents and adults. Most racquetballers are bound to see themselves more than once: in the action shots of players running into one another, climbing up walls or missing that perfect kill shot. There’s a faux pas to suit every player’s taste—and his game.

The film can be purchased in 16mm form for $275, videocassette for $210, or rented for a mere $30 (a great idea for between-match tournament entertainment).

“Off the Wall,” by Lee Stanley, is distributed by Pyramid Films, P.O. Box 1048, Santa Monica, Calif. 90406.

Dimples for Sale

Seamco Sporting Goods Company is marketing a new racquetball with an unusual surface. It’s dimpled.

The pressureless blue ball, called the “Assassin,” is being promoted by Seamco as “the most unique, innovative racquetball ever produced.” The dimpled surface is supposed to enhance “slice, cut and spin,” thus making for more controlled shots.

There’s one problem with Seamco’s new ball, however. Every ball is hand-tooled, and the availability of the ball is limited. It comes packaged two balls per can with a plastic lid. Check your local court club or sporting goods store.

Voit’s Volley

AMF Voit has a new racquetball racquet on the market: the Impact XC (for “extra control”). According to the manufacturer, a variety of special features on this racquet are “expected to endear it to serious racquetball players.”

The special features include: an extruded aluminum frame which Voit officials insist provides a larger hitting surface; a nylon “floating throat,” which reportedly keeps the ball on the strings longer; a string pattern of one string per hole, for uniform tension; and a permanently stitched-in head bumper.

This silver-colored racquet is available in four grip sizes, ranging from 3 7/8” to 4 1/4”, with the grip covered in calfskin leather. In addition, each Impact XC comes with a vinyl, zippered head cover for protection.

Moving Up

Charles S. Leve, 31, was recently named executive director of the National Court Clubs Association (NCCA), the 265-member international organization of racquetball court club owners headquartered in Chicago.

Prior to joining NCCA, Leve was national director of the United States Racquetball Association (USRA). Before the formation of the USRA in 1973, he was executive secretary of the International Racquetball Association (now the American Amateur Racquetball Association).

While with the USRA, Leve was editor of National Racquetball, the association’s official publication. He had also been head referee on the racquetball pro tour since 1973, when the National Racquetball Club (NRC), governing body of the pro tour, was formed.

Descriptions of new products are as according to information provided by the manufacturer; products have not been tested by Racquetball magazine.
Position Wanted

Racquet Club Mgr./Director
4 years experience in club management and merchandising.
Prefer Eastern U.S. - Salary open
Send for resume or additional information to:

Placement Service
Racquetball Magazine
P.O. Box 16566
Memphis, TN 38116

EXCLUSIVE SCIENTIFIC TREATMENT
REGROW YOUR OWN HAIR

A revolutionary scientific achievement is available now. Based on a comprehensive biochemical analysis supervised by doctors, we can determine your chances and degree of hair regrowth. Combined with this regrowth program, our doctors perform medically approved transplants if needed as a total hair regrowth program. We regrow hair from your existing follicles and provide transplants if needed. Mail coupon for free illustrated literature and details on our unique "Fly-Buy Vacation Plan".

International Bio-Medical Centers, Inc.
Olympia Bldg., Suite 208, 951 N.E. 167th St.,
N. Miami Beach, FL 33162 (305) 981-2525

Attention COURT CLUB OWNER/MANAGERS
Enter your members in this fabulous sweepstakes
Call for details - Jill Fazakerly 901-345-8000

LOOK FOR THE
In the tournament quarterfinals, Don Thomas (left) upset top-ranked Marty Hogan (right) 21-15, 21-19.

Steve Keeley (left) lost to Charlie Brumfield in the quarterfinals, 21-14, 21-17. Brumfield went on to win the tournament.

Craig McCoy (background) won over Ben Kolton (foreground) 12-21, 21-17, 11-10 in the quarters, and later defeated Don Thomas to make his way to the finals.

**WPRA Holds Tournament**

The Women’s Professional Racquetball Association (WPRA) will hold its first sanctioned tournament next month. Scheduled to begin January 10, the location for the tournament will be Centre Court, Sunrise Highway, Rockville Centre, Long Island, N.Y. 11570.

The owner of the club, Jim Farrell, expects 250 to 300 amateurs to compete. In addition, a total of 32 professionals is anticipated. Among the participants expected are Janell Marriott, Karin Walton and possibly Shannon Wright. Over $10,000 in prize money will be supplied by Andrea Cosmetics and Jean Nate. AMF Head is also one of the sponsors.

Ellen Schuerger, tournament director, will supply further details for those interested. Schuerger can be reached at Centre Court, 516-536-8700.

**What Makes A Pro?**

This is an age of vague generalizations and lack of clarity in everything from Supreme Court decisions to dinner menus. And dealing with “professional” athletes is no different. In every sport there are conflicting opinions about just who qualifies as a “professional.” So it goes with racquetball, too.

Therefore, to make sure we’re all talking about the same thing, we offer here a couple of thumbnail descriptions of the “pros” we’ll be concerned with on this page in the coming months.

First, for the USRA (United States Racquetball Association), a pro is defined by National Commissioner and Business Manager, Joseph Ardito, as: “Anyone who has won $1,000 or more during that year in direct prize money.” To return to amateur status, then, Ardito says that a player need only have earned less than $1,000 in prize money during the year. There is no required waiting period for making the switch from pro to amateur.

As for the AARA (American Amateur Racquetball Association), the official rule book reads thusly: “A professional shall be defined as any player—male, female or junior—who has accepted prize money, regardless of amount, in any pro-sanctioned tournament.” If a professional player wishes to return to amateur status in this organization, that player must make a written application to the Executive Director, and refrain from accepting prize money for one year, at the end of which year his or her amateur status will be reinstated.

**Brumfield Wins Maine Pro/Am**

Marty Hogan lost his first match in over a year during the Holiday Health and Racquet Club Pro/Am Invitational, held recently in Bangor, Maine. The Holiday Health and Racquet Club was assisted in sponsorship of the tournament by Leach and Seaco.

Charlie Brumfield emerged as the victor in the tournament finals, as he defeated Craig McCoy with relative ease by scores of 21-17, 21-16.

Other results were:

Quarterfinals: Charlie Brumfield over Steve Keeley 21-14, 21-17; Craig McCoy over Ben Kolton 12-21, 21-17, 11-10; Don Thomas over Marty Hogan 21-15, 21-19; Lindsay Myers over Rich Wagner 21-11, 21-3;

Semifinals: Craig McCoy over Don Thomas 21-11, 21-14; Charlie Brumfield over Lindsay Myers 21-9, 21-15.
Only $5.95. Reg. Price $7.95

Please send me ___ copies of RACQUETBALL: WHERE TO PLAY U.S.A.
Enclosed is check or money order for $5.95 for each book. California residents, please add 6% sales tax.

Name _____________________________
Address ____________________________
City/State/Zip _______________________

RACQUETBALL MAGAZINE GIFTS
P.O. BOX 16566
MEMPHIS, TN. 38116
"Oh, Charlie, Charlie, I could have had class; I could have been a contender. I could have been somebody instead of a bum, which is what I am..."

—Marlon Brando, *On the Waterfront*

We all remember him, Brando's tough and tender Terry Malloy. He sits there in the back seat of the car sorting through the wreckage of his life, the dashed hopes and good intentions, realizing that he has blown it. He has failed to go for it, and now it's too late. Now, instead of the laurels, the money and the women, it's a one-way ticket to Palookaville.

The speech is genuinely moving, probably because we can all identify with Malloy’s predicament. Indeed, we are constantly being bombarded with warnings not to blow our chance at the big time. From bards ("It's better to have loved and lost...") to beer commercials ("You only go around once, so grab for all the gusto you can...") the message is clear: Don't let what happened to Terry Malloy happen to you.

Probably no one feels the pressure to "go for it" any more than an athlete with talent and desire. Whether it's in boxing or football, tennis or racquetball, the athlete who puts himself on the line in the public arena is a breed apart. Even rarer are those athletes who actually succeed in the high-risk world of professional sports. So if they are loud and arrogant, if they strut and demand the best tables in the best restaurants, it's all right. They've done something few people will ever accomplish. They've proved they're contenders, somebodyds, instead of bums—like Terry Malloy.

Undoubtedly, among the 9 or 10 million racquetball players today, there are many who have the itch to turn pro. After all, the rewards can be great: fame, fortune, frequent travel and fun times. But while the allure of professional racquetball has attracted many an aspiring young player, the struggle to make it into the pro ranks often means more than just glitter and gold. It can also mean frustration and disappointment, beans and weiners warmed over a broken down hot plate, and working as a waiter in a pizza joint while you wait for your "big chance." It can, in short, mean hard times.

So if you're thinking about making the big move, it's best (and smart) to do some planning first...to sort of look before you leap. Honestly assess your own capabilities, recognize the odds you will be facing and—perhaps most importantly—heed the advice of those who have gone before. After all, Columbus didn't set sail for the New World until he'd talked to a whole boatload of sailors who had already tried it.

To most amateur players, the pro tour means Marty Hogan. Today Hogan dominates racquetball the way Muhammad Ali ruled boxing, the way Chris Evert-Lloyd now presides over...
women’s tennis. If Joe Sobek is the father of racquetball, then Marty Hogan is his son, the bionic incarnation of the modern power game. His success on the courts is rivaled only by his success in the marketplace. At the United States Racquetball Association (USRA) National Racquetball Club (NRC) Nationals alone this year, Hogan took home $12,000 for his championship plus an extra $15,000 in bonus pool money. And this is just one tournament; there are seven other stops on the NRC pro tour plus numerous satellite tournaments ripe for the picking. You can do your own adding.

For most top-flight players, however, prize money is just the tip of the financial iceberg. Real security comes from sponsorship by one of the major sporting goods companies—Ektelon, Leach, Wilson, whoever. Expenses for travel, food and lodging on an eight stop tour might run anywhere from 12 to 13 thousand dollars a year. So without financial backing from one of these companies, you don’t tour—plain and simple. The top 10 players have standard contracts that allow an annual salary plus travel expenses to make the tour. Those ranked from eleventh to around sixteenth or seventeenth probably have an “expenses only” contract which gives travel money but no salary.

Marty Hogan is retained by Leach for an annual salary that runs to five figures. Add to this fees for promotions, clinics, speaking engagements, product endorsements and occasional appearances on ABC’s “Superstars” competition, and we’re talking about enough money to bankroll a small Midwestern town. While there are no official figures, Marty Hogan’s income is probably somewhere between one quarter and one half million dollars annually.

B

ut before you grab your racquet and toothbrush and head for San Diego, you should realize that in earnings as well as ability, Marty Hogan is in a class by himself. That doesn’t mean that the rest of the racquetball pros are starving. But the fact is, once you get below Marty Hogan, the money drops off fast. Get out of the top 10 and the drop is even more dramatic.

But simply making it onto the pro tour, much less making it into the top 10, can be extremely difficult for a young player just starting out. Every year, several of these ambitious aspirants—who were minor stars at the court clubs back home—make the trek to San Diego, drawn by the opportunity to compete against the top players and perhaps attract the attention of one of the major racquetball manufacturers headquartered in California. Most of them go home after a year or two, a little older and wiser, and invariably a lot poorer too. Then there are those players who, though they make it onto the pro tour, never really make it big. Insiders tell the story of one pro who played on the men’s circuit for two years, but never finished in the money. There are also a number of women players who can only compete in those pro stops that are close to their hometowns, so that they can travel there at their own expense. And then they often have to compete against dozens of other women to qualify for one of four openings.

Still, for that handful of players who are successful on the pro tour, life at the top can be heady indeed. “Anyone ranked in the top 10 can make a pretty good living,” says Mike Yellen, currently ranked third. By good living he means in the 50 to 60 thousand dollars a year range. And he knows whereof he speaks. At the tender age of 19, Yellen is not only an accomplished player, but a shrewd and experienced businessman as well. He’s worked harder than most to make a buck at the game. He’s been on the tour since he was 16, and has had a lucrative contract with Ektelon longer than that. He makes all the stops on the pro tour, does a great deal of promotional work, attends court club grand openings, organizes clinics, and has a shoe (Lotto) and racquet (Ektelon) named after him, for which he gets handsome royalties. Only about a third of his income comes from tournament prize money; the rest is generated by his other business dealings. With his income, Yellen, who is unmarried, supports himself, his mother and his three brothers in a large and comfortable house in Southfield, Mich.

Mike Yellen knows that being a great player is not enough to ensure success in the pro game. “It helps to have a good agent,” says Yellen wryly. “When my agent made me deal with Ektelon, I wasn’t even ranked as a professional player, and probably only the top five players had a better business arrangement. Heck, I’m the only player besides Hogan with an autographed shoe on the market, and I had my deal when I was ranked twelfth.”

David Fleetwood, currently ranked seventh, couldn’t agree more—probably because he and Yellen have the same agent. “Everybody thinks companies like Ektelon and Leach will come
"Because the purses are small," says novice pro Elaine Lee, "most women players have to hold down full-time jobs. It's difficult to concentrate on the tour when you've got someone covering for you back at the court club where you work."

knocking on your door after you've won a few major tournaments and gained some reputation," observes Fleetwood. "But it doesn't happen that way. You have to go to them, and the best way to do that is through an agent."

Besides athletic ability, business hustle and a good agent, Fleetwood would add personality to a prospective pro's shopping list for success. "Companies are looking for players who are people-oriented," he explains. "Let's face it; we're hired by companies to sell products. They're looking for the good players, sure, but they're even more interested in good players with personalities suited to doing promotional work."

Fleetwood's right. From a purely dollars and cents perspective, a pro's promotional work is probably more important to a company than his finish in a tournament. At a promotion or exhibition, a pro player might meet four or five hundred new people, turn them on to the game and turn them into racquetball consumers. The spectators at a tournament, on the other hand, tend to be the "old guard," those who know the game well and have already been hooked.

or the women on the pro tour, the scenario is essentially the same: getting ranked, getting sponsored, hustling for clinics, promotions, endorsements. The big difference is in prestige and purses. In some respects the competition on the women's side of the current NRC tour is even fiercer than the men's. One reason is that the men have 32 slots or berths for each stop on the tour, with each of the 32 players guaranteed at least $250. On the women's side there are only 16 berths with a minimum guarantee of $125 per player. "And four of those 16 slots are qualifying spots," notes Jennifer Harding with some anger in her voice. "That means at some tournaments you find 40 or 50 women fighting for four measly spots."

Harding's complaints aren't colored by self-interest. With five years on the pro tour and a current ranking of fourth, she is doing quite well financially. Last year she won $8,000 in prize and bonus money, and that was just the beginning. Add to that total a handsome salary from Ektelon, some lucrative equipment endorsements and ownership of the Milwaukee Racquetball Club in her hometown of Milwaukee, Ore., and it becomes clear that Jennifer Harding speaks from a position of strength.

What's got Jennifer Harding mad is what she sees as second class citizenship for women—especially the new ones—on the NRC tour. "We train just as hard as the men," she says. "But we're forced to play at off hours—mornings or afternoons—while the men play at night when the crowds come. We don't get the publicity, we don't get the best courts and the purses are half or less than half of the men's."

No one is more aware of these obstacles than Elaine Lee, who only recently turned pro. Because she is so new to the tour (her first stop was in Chicago in September), Lee remains unranked. Her talent, however, has landed her a contract with Ektelon. It's not the salary-plus-expenses variety enjoyed by Jennifer Harding. "Mine is travel expenses only," she explains. The idea is to do well, get ranked and then move up to a standard player contract.

Easier said than done. It's especially difficult for players on the tour like Elaine Lee to devote full time to the training, conditioning and concentration necessary for success. "Because the purses are small," explains Lee, "most women players have to hold down full-time jobs. It's difficult to concentrate on the tour when you've got someone covering for you back at the court club where you work." Lee is assistant manager and teaching pro at the Greenfield Court Club in Lancaster, Penn.

Yet, in spite of the hassles, the distractions, the elusive money, few players on the tour would trade places with the nine-to-five set. Most of the top tour pros, both men and women, would agree with David Fleetwood's general observation that "not many people my age (22) get to travel around the country free of charge. It's a nice trip to be on."

No doubt they would also agree with Mike Yellen that a real benefit of the relatively small pro tour is the sense of camaraderie that develops among the players. It's something most of the pros end up talking about as they describe the pro tour. Says Yellen: "You see the same players stop after stop, so you get to know them after a while. You begin hanging around together, going out, and eventually it gets to be like family."

Ben Koltun, another top pro, and Yellen have the same birthday. It's an excuse to go out during one stop on the tour and really party. "This year we'll be playing in Florida," says Yellen, "and Ben and I are already planning to get half a dozen of us together and go over to the Bahamas for five days or so."
Some towns are better than others for parties," muses bachelor pro David Fleetwood. "Lots of girls." As for racquetball groupies, "they're there if you want them," says Fleetwood in his best I-never-indulge deadpan.

David Fleetwood also likes to party. "Some towns are better than others for parties," he muses. "My personal favorites are Denver and Atlanta." Why? "Lots of girls." Playing the same city 10 or 12 times you tend to build up a backlog of phone numbers and addresses. And, yes, there are racquetball groupies. It may not be like back stage at a Rod Stewart concert, but "they're there if you want them," says Fleetwood in his best I-never-indulge deadpan.

Most players will admit that the pro racquetball tour is not in the same league with tennis or golf when it comes to glamour. But while it's not exactly spotlights and locker room mobs, neither is it peanut butter and jelly and rainy, one-nighters in Flamingo Motor Courts. Veteran Jennifer Harding probably captures the tenor of the tour most succinctly. "It's a lot of groupies. It may not be like back stage at a Rod Stewart concert, but 'they're there if you want them,'" says Fleetwood in his best I-never-indulge deadpan.

Recently, the lot of the touring pro has been made much more difficult because of the new politically charged climate on the circuit. Since its inception in 1973, the NRC pro tour has been managed and bankrolled by Leach (a subsidiary of Colgate-Palmolive), Seamco, and, most of all, Bob Kendler, multi-millionaire Chicago businessman and acknowledged godfather of the pro side of the sport.

Kendler almost singlehandedly nursed the NRC tour through its infancy. But now, some eight years later, there are signs of massive rebellion in the ranks. Both the men and women pros have broken away from the NRC governing body and formed their own independent players' associations. What's more, the women are in the process of forming a "women only" tour on the order of the Virginia Slims tennis circuit. The men, too, are organizing a separate tour. Right now they are deep in negotiations with Playboy Enterprises (of Playboy magazine fame) for a new tour that would guarantee a minimum of $50,000 per stop plus plenty of promotion.

All of which is to say that professional racquetball today is in a state of rapid evolution—or revolution. Within a year we might well see three separate pro tours (the NRC, the "women only" and the Playboy tour), each competing for the same crowds and the same players. It remains to be seen whether racquetball can sustain this rapid expansion. If it can't, chances are the pro tour will collapse under an avalanche of fierce business competition, petty infighting and verbal skirmishing.

One thing is certain. Bob Kendler won't take this new competition lying down. Those who recall Kendler's past actions with the United States Handball Association (USHA) and the International Racquetball Association (IRA), now the AARA, know him to be a skilled political infighter. For better or worse, say most observers, the 75-year-old Kendler is a graduate of the old school that holds "you're either for me or against me." He is not, in short, a man inclined to recognize shades of gray. As a result, if you get on his fighting side, Hell hath no fury like Bob Kendler possessed.

Right now, Kendler isn't talking. When asked recently to discuss the new players' associations and the rival tours, Kendler insisted he knew nothing about them. It might be tempting to see Kendler's reticence as a conciliatory gesture. No messy public outbursts, no threats. More likely, though, it is simply a shrewd move by a master tactician calculated to buy some time until a counter-strike is called for.

Martin Artiano, lawyer for the maverick National Association of Racquetball Professionals (NARP), is not at all surprised by Kendler's stony silence. "You have to realize that pro racquetball is a business," Artiano says. "Right now Kendler's NRC is the only vehicle for the pro athlete. It would be naive to assume that such a group would smile kindly on competition in the form of a players' association and a rival tour."

The root of the present dissatisfaction is indeed the monolithic way in which the NRC has controlled professional racquetball. "We simply felt that we were being taken advantage of," says Jerry Hilecher, one of the prime movers behind the NARP. "Kendler and the NRC became too autocratic in their rule. We [the players] had no say about court sites, scheduling, rules changes, rankings, publicity—the whole bit. We also felt we should be making more money. But since the NRC is a profit-making organization, the books were closed to everybody."

A little over a year ago, Hilecher and Davey Bledsoe contacted Martin Artiano, and the machinery for a new players' association and a new tour was put in motion. An ad hoc committee was formed to coordinate activities: members were Hilecher, Bledsoe, Bill Schmidtke, Mark Morrow and Mike...
"We agreed at the Tempe meeting," says women's pro tour organizer Jennifer Harding, "that we wanted a tour in which we controlled... the whole ball of wax." The alternative, she says, was to continue playing second fiddle to the men on the NRC tour.

Yellen.

"At the time, we didn't see this as a dramatic move," recalls Yellen. "We didn't see ourselves as seceding from the union, or acting out some vendetta against Bob Kendler or anybody else. We felt then and we still do now that this new tour will create variety and spread the wealth a little."

But for Bob Kendler and his NRC associates—particularly Charlie Drake at Leach and Al Mackie, president of Seamco—such an attitude fell somewhere between disloyal and traitorous. "If those people involved with the new players' association were really interested in the welfare of racquetball," says Charlie Drake, "it would make more sense for them to join with Bob Kendler and those involved directly with the sport, and seek ways to expand player involvement and the [present] tour."

A showdown of sorts occurred at the Nationals this past June in Tempe, Ariz. A meeting was called to discuss the new tour and the new players' association. The result was that the NARP's ad hoc committee was designated as the group's official board of directors, with Hilecher as president and Davey Bledsoe as vice president. This action was taken over the stringent objections of Charlie Drake, who was also in attendance at the meeting.

As of this writing, the NARP is still negotiating with Playboy. Just how far those talks have gotten depends on who you talk to. All parties involved admit that things have gone slower than expected. Originally, the idea was that Playboy would sell the whole tour package (a deal in excess of a million dollars) to a single sponsor, an IBM, say, or some other major advertiser in Playboy magazine.

That plan soon proved unworkable, however, so a new strategy involving a series of regional and local sponsors was initiated. At the moment Playboy is still talking with this group of potential sponsors. "The hold-up right now," says Jerry Hilecher, "is that Playboy has to convince these companies to invest a great deal of money in a sport many of them are not familiar with."

Charlie Drake sees such bogging down in negotiations as the inevitable result of naivete and poor planning. "I'm probably as familiar with promoting racquetball and securing sponsors as anyone in the country," says Drake, "and believe me, racquetball is a hard sell. Sponsors don't fall over themselves to get into the tour. This new association has to learn that."

Martin Artiano, however, isn't nearly so pessimistic. "Sure we're disappointed in the pace of the negotiations," he says, "but everyone's still pulling. No one's walking away."

While the men's negotiations grind on, the women pros have moved with dispatch to get their new Women's Professional Racquetball Association (WPRA) and their new tour off the ground. According to Dan Seaton, Las Vegas District Attorney and Commissioner of the fledgling WPRA tour, the impetus for the new women's organization was begun a little over a year ago at a trade show in Anaheim, Calif., when a couple of the women pros asked him to help them organize a new association. Seaton agreed, and by the time of the Nationals at Tempe, the women, like the men, were ready to meet and organize. At their Tempe meeting, the women created a non-profit organization and elected a board of directors with Janell Marriott as president, Judy Thompson as vice president and Jennifer Harding, Rita Hoff and Jean Sauser as voting members.

Recalls Jennifer Harding: "We agreed at the Tempe meeting that we wanted a tour in which we controlled site, sponsors, referees, scheduling, seeding, purses—the whole ball of wax."

The alternative, she says, was to continue playing second fiddle on the NRC tour for less than half the money the men were getting. Currently on the NRC tour, the women split $6,000 in prize money per stop, while the men get around $15,000.

It soon became apparent that the women meant business. Early on, they, too, talked with Playboy, but eventually backed off. Having just broken off from what they saw as the stifling authoritarianism of the NRC tour, many of the women felt that making a deal with Playboy might get them right back into the same kind of situation.

Certainly Playboy wasn't underwriting the new tour without making a few demands. "We wanted to be able to pick our own sponsors," recalls Jennifer Harding, "but Playboy insisted on the right of first refusal. So we just dropped the whole thing."

This past September in Chicago, the NRC bigwigs—Bob Kendler, Al Mackie, Charlie Drake and USRA National Commissioner Joe Arditto—made a final effort to keep the women in the NRC fold. After a long and stormy session, Kendler and company left shaking their heads in both disap-
ATTENTION PHOTOGRAPHERS: Racquetball magazine is seeking freelance photographers to cover AARA sanctioned tournaments throughout the country. If you are interested in representing your area, please send samples of black and white sports photos (preferably racquetball) to: P.O. Box 16566, Memphis, Tn. 38116, ATTN. MURRY KEITH. Photos will not be returned unless self-addressed, stamped envelope is enclosed.

Nobody builds a racquetball shoe like the Copenhagen

When it comes to Racquetball shoes the Copenhagen by Patrick stands alone. We were the first to develop a shoe specifically designed for Racquetball. We didn’t take a tennis or basketball shoe and adapt it with a different sole; we started from scratch and built a shoe that nobody has come close to in quality and design.

The Copenhagen is available at pro shops and fine Sporting Goods stores. Try a pair. You won’t believe it!

Now available:
The High-Top Copenhagen

PATRICK
You owe it to your feet™
45 East 30th Street, New York, N.Y. 10016 (212) 686-3052

pointment and admiration. "I’ll tell you one thing," says Charlie Drake grudgingly. "Those women are a helluva lot better organized than the men, and they’re tough as nails." The women asked some hard questions of the NRC representatives, and then demanded a minimum of eight major tour stops with a minimum purse for the women of $10,000 at each stop—$4,000 above what they’re getting now. Kendler, Mackie and Drake balked, and so the new women’s tour was born.

Commissioner Dan Seaton has already firmed up the first two stops of the projected five-stop WPRA tour. The initial tournament will be held beginning January 10 at the Centre Court complex in Rockville Centre, Long Island. (See page 13.) "From there," says Dan Seaton, "it’s on to St. Louis in March and then perhaps to Montana, Chicago or Nevada; the last three stops are still in the talking stages."

Things will be different in Long Island and St. Louis, Seaton says. The women will get the best courts, and they’ll play in prime time; they’ll also control the publicity and the ticket prices. Says Jennifer Harding of this last item: "We feel that ticket prices are way too high on the NRC tour [currently a one-day ticket is $10 and a tournament pass is a whopping $100]."

Finally, there will be 32 berths for the women instead of the usual 16. And prize money will reach all the way to the bottom. "It may mean that the first, second and third places get less money," notes Harding, "but it will spread the wealth a little more. And in the long run, that will help the tour."

Independent players’ groups, rival tours, tighter money—these are unsettling times for professional racquetball. Where these developments will take the pro sport 8 or 10 years from now is a question that would probably discourage the most gifted of psychics. It’s also a question that every potential pro should consider, before making the big jump.

Let’s get clear about one point, however. If there’s no such thing as a professional racquetball tour in 1989, it will be because of political squabbling. It won’t be because of a lack of quality players. Because somewhere out there in the living rooms of America, watching television reruns of “On the Waterfront,” a whole new generation of racquetball players is coming of age. They’re cocky young turks, determined that Terry Malloy’s fate won’t be theirs. They’re eager to prove themselves contenders, somebodys, instead of a bum, which is what Brando was. For these starry-eyed youngsters, the dream of turning pro never dies.
"Think about it," says one reformed armchair athlete. "Since the yield of a pound of fat is 3,500 calories, an extra cookie each day for a year will make you 1 1/2 pounds fatter next year than you were this year."

Obviously, we've all thought about it. Otherwise, there wouldn't be 27,960 diets on the record books. Because inside every pleasingly plump racquetball player, there is a thinner one who would give up his last passing shot, his first wallpaper ball, to get out.

We all know what we have to gain by losing. The middle-aged, male player who is 25 per cent overweight has a death rate, for instance, 45 per cent higher than his normal weight counterpart. But what about the dangers an athlete faces when he diets? What exactly do you stand to lose when you lose?

A lot more than plain pounds, as it turns out. Because in spite of its often-stated advantages (see sidebar on page 22), dieting also involves a number of potentially negative side effects. Fatigue and insomnia, for example, can sometimes result from dieting, along with a loss of nutrients essential to athletic performance. That means that while you may be losing pounds on a diet, you could also be losing that long sought after competitive edge on the racquetball court. It means, too, that for the athlete, the question of whether to diet or not becomes especially important.

Consider, for example, the way in which dieting can sometimes lead to a loss of valuable muscle protein. That's the opinion of Covent Bailey, exercise physiologist and author of *Fit Or Fat*. Dieting, says Bailey, may even make you fatter than you were before because it can "result in a loss of the fragile substances called enzyme proteins. These exist only in the muscle, and they allow it to burn large amounts of calories fast, up to 50 per cent faster during exercise than while at rest." Your muscle mass, in fact, is a veritable furnace. It burns up 90 per cent of what you eat, so the more you've got, the closer you are to being marathon-thin again. Losing this calorie-eating muscle can make losing weight that much harder.

Then there's the question, still in dispute among some nutrition authorities, of just how high a level of caloric restriction is safe for most people. Sure, fewer calories will make you thinner, but too few calories can retard your body's normal process of protein biosynthesis, the formation of protein compounds that are essential to all living organisms. "The body needs energy for exercise," explains physiologist Bailey.

"If calories are limited, the protein in the diet will be converted to glucose and fat or energy, so that the protein won't be available for biosynthesis. The energy demand will always take precedence over protein biosynthesis."

"It's difficult to pinpoint the minimum caloric level at which protein biosynthesis can take place. I would suggest, however, that men of average size eat not less than 1,500 calories a day while women of average size should not eat less than 1,200 calories."

Some diets can also lead to a loss of nutrients crucial to proper cellular function. This is especially true of those diets that emphasize one food group to the exclusion of others (a high carbohydrate diet, for example). "A wrong diet," warns Dr. Hans Kugler in the book, *Slowing Down the Aging Process*, "can make you age at 10 to 15 times the normal rate. That means if you diet wrong for one week, you can do as much damage to your system as 30 weeks of normal aging would do. We interfere ... with hundreds of chemical reactions ... we do damage to our systems; and that's exactly what happens when you go on one of those diets that limits you to one

**DIETING: LOSERS WEEPERS**

Taking It Off Could Take You Out Of The Action

By Frances Sheridan Goulart
type of food only.''

Specifically, advise the authors of another study sponsored by the Nutritional Council of Plus, Inc., in Irvine, Calif., a low calorie diet "... reduces your overall nutrient intake as well as your weight so that fewer calories mean less A, D, E, C and B complex vitamins as well as sports-specific minerals like iron..." By contrast, a diet low in carbohydrates may produce a wide spectrum of symptoms especially negative for the athlete—fatigue, calcium depletion, dehydration and a worsening of that dread condition known as low blood sugar.

If you eat and compete on a low fat diet, you run the risk of running too low on the three fats the body cannot manufacture on an unbalanced diet—linoleic, linoleic and arachidonic acids. And you also run the risk of impaired cellular function because fat deficiency produces low levels of fat soluble vitamins A, D and E.

On the other hand, if you reduce protein and emphasize carbohydrates, your body could go into negative nitrogen balance, which will result in fatigue because B vitamins (largely responsible for energy production) and minerals are found in greatest concentration in high-protein foods. But high-protein diets can cause excessive losses of sodium, water and whole body energy reserves.

And besides, the best laid plans for disposal of that extra lard often go awry no matter what the diet for the simple reason that the body has a metabolic mind of its own. Though information is still sketchy on this point, recent tests have suggested that if a person is fat and significantly lowers his calorie intake, the body may undergo a number of metabolic changes. It may, for example, begin processing food more efficiently in an attempt to maintain its previous "remembered" weight. What all this adds up to is that permanent weight change is a very complex process, one which no one fully understands as yet.

Equally complex is the negative effect dieting has on the mental and emotional stability of some individuals. "Severe caloric restrictions may produce symptoms of emotional illness more readily than total fasting," holds one of the conclusions reached by a Stanford University weight loss research team studying dieting. This may not (and probably doesn't) include out-and-out mental illness, but certainly irritability and insomnia, for example, are potential dieting side effects.

According to Dr. Ismet Karacan, professor of the Sleep Disorder Center at Baylor College of Medicine in Houston, "People suffer from sleep disturbances when they diet. Scientists don't know why," And Dr. Edward Stonehill, a consulting psychiatrist at Central Middlesex Hospital in London, adds, "There are nutritional factors important in getting a good night's sleep... When you diet, you alter the balance and you're more likely to develop sleep disturbances..." (For more on the relationship between diet and sleep, see Racquetball, October, 1979.)

But if not dieting to banish that extra padding, then what? Says sports physiologist Dorothy V. Harris: "Lack of physical activity may be a more significant factor in becoming overweight than overeating. In one recent study of 350 obese subjects, the onset of obesity was related to inactivity in nearly 70 per cent of the cases; in only 3.2 per cent of the cases was increased food intake related to weight gain..."

"Dieting," he agrees clinical psychologist Michael and Kathryn Mahoney, "is the worst way to lose weight... Remember you only need to make a difference of 100 calories a day in order to make a difference of a minimum of 10 pounds per year... If you remove one extension phone in your home, it will save you about 10 pounds per year because of the number of steps involved.

If you take the farthest parking place rather than the closest one, or if you use the stairway rather than the elevator, you can have a dramatic effect..." Adding just three 15-minute walks a day, to take another example, should result in a loss of one pound in two weeks or 24 pounds over the period of a year.

Of course, none of this is news to you regular racquetball players. You’re already sold on the benefits of exercise, or you probably wouldn’t be racquetball players. But what you may not know is that exercise in and of itself is a mild appetite depressant. That means that regular exercise could help keep your hunger in check, thus moderating your food intake as well (without the imposed regimen of a diet).

Better yet, as a natural means of weight control, would be to better your game. Professional racquetball players, after all, burn up to 1,000 calories an hour in action, which is 400 calories more than the average amateur. So improving the skill—and more importantly, the intensity—with which you play could have benefits above and beyond an extra trophy or two.

Short of that, though, there are some ways to keep eating and playing when you’ve gone past your stop, calorically

(cont. on p. 26)
This new ball is so lively, so consistent, so durable, we guarantee it. Twice.

Introducing the new Penn Ultra-blue Racquetball. So tough, it comes with something no other ball offers. The exclusive Penn Double Performance Guarantee: "If any Penn ball should fail before the label wears off, return it to the place of purchase or to Penn for two new balls."

Strong stuff. But so is the Penn ball. Because that's the way we build them.

With the same, uncompromised quality control that's made Penn the standard of excellence in tennis balls.

Nobody else backs their ball with this kind of guaranteed performance. Maybe nobody else can.
DECEMBER 7-9  
Forest Hills Racquetball Tournament  
Forest Hills Racquetball Club  
Erie, PA  
Tournament Director:  
Bernie Howard  
717-667-2209  

Melrose Park Insurance Agency Championships (3)  
Veterans Park Sports Museum & Racquetball Club  
1203 N. 24th  
Melrose Park, IL  
Tournament Director:  
Ray Mitchell  
312-343-5151  

Towson Court Club  
Santa Claus Anonymous Tournament Director:  
Tom Whipple  

DECEMBER 8-10  
Western New England Open (3)  
Racquet Club of Bousquet Pittsfield, MA  
Tournament Director:  
Mike Meyer  
413-499-4600  

DECEMBER 14-16  
Maine Closed Doubles Only (2)  
Brunswick Tennis and Racquetball Club  
Harpswell Rd.,  
Brunswick, ME  
Tournament Director:  
Jerry Caron  
207-773-6438  

JANUARY 3-7  
AARA Open State Men and Women Doubles (3)  
Central YMCA  
401 Atkinson Dr.  
Honolulu, HI 96814  
Tournament Director:  
Phylis Gomes  

JANUARY 4, 5, 6  
Auburn Open Regional (3)  
Auburn University  
Auburn, AL  
Tournament Director:  
John Jordan or Gary Bell  
205-885-6144  

JANUARY 11-13  
Maine Closed (2)  
Andy Valley Racquetball Club  
Lewiston, ME  
Tournament Director:  
Bruce Lewis  
207-773-6438  

Mason Dixon Invitational  
Greenville Racquetball Club  
3700 Kennett Pike  
Greenville, DE 19807  
Tournament Director:  
D.C. Lantz or John Checcoli  
302-654-2473  

JANUARY 25-27  
Rockville Courts Royal Maryland State Doubles Tournament Director:  
Tom Whipple  

World's Best Racquetball Tournament (3)  
Capitol Courts  
Sterling, VA  
Tournament Director:  
Sue Graham  
703-430-0666  

FEBRUARY 1-3  
6th Annual Big Orange Racquetball Tournament (1)  
University of Tennessee  
Memphis, TN  
Tournament Director:  
Dave Mullinax  
901-528-3613  

FEBRUARY 7-11  
Open AARA State Men and Women Singles (4)  
Central YMCA  
401 Atkinson Dr.  
Honolulu, HI 96814  
Tournament Director:  
Phylis Gomes  

FEBRUARY 22-24  
Racquetball Northeast Grand Prix (3)  
Racquetball International Tournament Director:  
Jim Power  
45 Vanderbilt Ave.  
Newport, RI 02840  
617-769-2340  

MARCH 27-30  
AARA Maine Open (3)  
For further details contact  
Bruce Lewis  
207-773-6438  

MARCH 28-30  
Racquetball Northeast Grand Prix (3)  
Racquetball International Tournament Director:  
Jim Power  
45 Vanderbilt Ave.  
Newport, RI 02840  
617-769-2340  

APRIL 25-27  
AARA Regionals (5)  
sites to be announced  

MAY 9-11  
Racquetball Northeast Grand Prix (3)  
Shrewsbury Tennis and Racquetball Club  
Tournament Director:  
Gregory Still  
302-227-7906  

MAY 10-11  
Racquetball Northeast Grand Prix (3)  
Shrewsbury Tennis and Racquetball Club  
Tournament Director:  
Gregory Still  
302-227-7906  

MAY 22-26  
AARA National Singles  
Racquetball Northeast Grand Open (3)  
For further details contact  
Tom Whipple  
617-848-8080  

JULY 18-20  
Racquetball Northeast Grand Prix (3)  
Worcester Court Club  
Tournament Director:  
Dave Forsberg  
Gold Star Blvd.  
Worcester, MA  
617-852-9209  

AUGUST 22-24  
Racquetball Northeast Grand Prix (3)  
Shrewsbury Tennis and Racquetball Club  
Tournament Director:  
Gregory Still  
302-227-7906  

OCEAN CITY OUTDOOR COURTS  
Maryland Outdoor Championships  
Contact Tom Whipple for details
Wisconsin State Doubles (2) Downtown Athletic Club Van Buren and Juno Streets Milwaukee, WI Tournament Director: Tom Radai 414-291-0444

Downtown Athletic Club
Van Buren and Juno Streets
Milwaukee, WI
Tournament Director: Tom Radai
414-291-0444

DECEMBER 21-23
Pennsylvania Invitational
Men's and Women's Round
Robinson Doubles
Monroeville Racquet Club
Monroeville, PA
Tournament Director: Al Schattner

DECEMBER 28-30
Racquetball Northeast Grand Prix (3)
Boston Tennis Club Tournament Director: John Friend

JANUARY 19-20
Johnson City Racquetball Club Winter Warm Up (3)
Johnson City Racquetball Club
309 Spring Brook Dr.
Johnson City, TN 37601
Tournament Director: Steve Miller
615-282-3091

WASHINGTON BIRTHDAY OPEN (3)
Merry Meeting Racquetball Club
Topsham, ME 04086
Tournament Director: Bruce Lewis
207-773-6438

FEBRUARY 15-17
March of Dimes Benefit Tournament (3)
The Bentley Club Winter Classic (3)
The Bentley Club Courts
Harrisburg, PA
Tournament Director: John Friend
717-545-4231

WASHINGTON BIRTHDAY OPEN (3)
Merry Meeting Racquetball Club
Topsham, ME 04086
Tournament Director: Bruce Lewis
207-773-6438

JUNE 20-22
Racquetball Northeast Grand Prix (3)
Racquetime Tournament Director: Rich Derby
200 VFW Parkway (Rear)
Dedham, MA 02026
617-828-7632

AARA Juniors’ Regionals
Sites to be announced
Annapolis Court Club
Maryland State Singles
Contact Tom Whipple for details

JULY 11-13
AARA National Juniors-Singles and Doubles
Kangaroo Kours
Sacramento, CA
Tournament Director: Ed Martin

AARA sanctioned tournaments in bold
(1) - 1st level tournament
(2) - 2nd level tournament
(3) - 3rd level tournament
(4) - 4th level tournament
(5) - 5th level tournament
(6) - 6th level tournament

**CALENDAR**
green burg e r recip e with fr es h g round
h a lf th e ground b ee f in any stew o r
beans , you save 290 calories! Or replac e
mu s hroom s , a nd you s av e two - third s the
off food and improves your se lf - im age.

blood s u ga r lev e ls, takes your atte n ti o n
play . Exercis e burns calories, r a is e s
eat too much if you know you' II have to
dieting . To wit :
(cont. from p. 22)

• Write it down ! You’ re less likely to
eat too much if you know you’ II have to
eat. Just say, ''I’ m going to eat this.

• Imitate! Make some “mock” ice
cream rich in energizing potassium. Just
peel, freeze and chunk one sweet, very
ripe banana. Put the chunks in a blender
and mix in a bit of milk or water. (Optional:
flavor with a bit of almond or vanilla extract.)

• Substitute! If you eat one cup of
green beans instead of one cup of baked
beans, you save 290 calories! Or replace
half the ground beef in any stew or
burger recipe with fresh ground
mushrooms, and you save two-thirds the
calories. (Do your sautéing in a heavy
skillet rubbed with just enough oil to
prevent sticking and burning, and
conserves a few more calories.)
• Use a smaller plate for your meals.
Appetite satisfaction is largely a mental
process, and one scoop of mashed
potatoes on a small plate can often seem
just as filling as two scoops on a large
one.
• Sacrifice! Just give up two
teaspoons of sugar a day or one 12 oz.
soda four times a week and by the end of
the year, you’ ll be 4½ pounds lighter!
(You’ ll probably save calories too just by
switching your fork from your eating
hand to your non-eating hand.)
• Hangry? Don’ t eat and play. Just
play. Exercise burns calories, raises
blood sugar levels, takes your attention
off food and improves your self-image.
• Substitute! If you eat one cup of
green beans instead of one cup of baked
beans, you save 290 calories! Or replace
half the ground beef in any stew or
burger recipe with fresh ground
mushrooms, and you save two-thirds the

• Junk the junk. The results of a
study conducted by experimental
psychologist Dr. Stephen Gale, published in House & Garden magazine,
revealed that “a diet consisting solely of
so-called junk food—candy, sugared
cereals, marshmallows and the like—can
alter eating habits and preferences
permanently. After being fed exclusively
on such highly refined, nutritionally
deficient foods, a group of test animals
came to reject their standard and far
more wholesome fare. As a result, they
became overweight, as much as one-third
heavier than before.” A diet high in
junk food, Gale believes, could produce
the same effect in humans. According to
this theory, because such low-fiber foods
must be ingested in larger-than-usual
quantities to satisfy a normal appetite,
overeating is inevitable.

Still, there’s nothing inevitable about
fat, popular notions to the contrary.
Fighting the waistline woes is difficult,
but not impossible. And while dieting is
certainly an acceptable weight control
tool for more sedentary folk, its potential
negative side effects are enough to give
pause to an athlete considering such
measures. Besides, there are so much
more attractive weight losing alter-
vatives available for athletic types. After
all, shooting passing shots is a lot more
fun than passing up food.
Everyone Wins with dynaCam

The World's Finest Health & Fitness Machines

DynaCam equipment features:

- Brilliant Chrome Finish
- Solid Steel Construction
- Cardio-Respiratory Endurance
- Improvements in Strength
- Changes in Body Composition

Documented results and years of design and research make DynaCam the perfect weight machine for the winning point.

Call us for full-line catalog, layouts and planning assistance.

Dynamics Health Equipment Manufacturing Co., Inc.
1538 College Avenue, South Houston, Texas 77587
Call Toll Free 1-800-231-4245. In Texas, call (713) 946-5734
EDITOR'S NOTE: Charlie H. (for “Humble,” or so he says) Garfinkel is one of the more well-known and well-traveled, and certainly one of the most flamboyant figures in racquetball today. He's also a self-confessed penny-pincher. And since he travels to an average of 15 tournaments each year, “The Gar” is well qualified to share some of his tips for saving money while on the tournament trail. In this article, Garfinkel combines his own brand of wit and wisdom to assist even the most spendthrift racquetballer in becoming a first-class tightwad.

In my 10 years of traveling to local, state and regional racquetball championships, I've picked up some tricks of the trade for saving money. I hope these suggestions will be of use to those players I've heard complain about the price of everything from hotel rooms to entry fees. I've also found a solution for the traditional complaint, "I got a 'bad draw.'"

Of course, not every player who laments, "I was robbed; I got a lousy draw," has a legitimate complaint. There are, however, enough genuinely bad draws to warrant a little preventive action on your part.

The main reason for a competitor getting a bad draw is that he neglected to include his tournament record when he sent in his entry form. He assumed that the tournament chairman knew who he was. Don't assume anything! Going to tournaments can be a considerable expense and you want to take advantage of whatever you can to save money. A "good draw," or better stated, a draw that you are entitled to, will give you a better chance of winning your first match and thus allow you to continue playing in the tournament.

So when you enter a tournament, you should list all of your accomplishments. I always list my record of accomplishments. I also make sure I inform the tournament chairman of recent victories over any of the other participants in the tournament. Some players are embarrassed to do this, as they feel it looks as if they are bragging. Don't be foolish! Even if you're playing near home, you are still participating at your own expense, so get your money's worth.

Here is a sample of a brief letter I attach to my entry blank. In it, as you can see, I manage to inform the chairman of my achievements as well as provide a laugh or two:

Dear Ogelthorpe:

You may inform the press that the "GREAT
"If you're driving to a tournament, carpool. If you're flying, try to arrange a charter flight."

If you're driving to a tournament, carpool. If you're flying, try to arrange a charter flight.
"My favorite solution to housing is staying with friends who are active players and who are also participating in the tournament."

you with private housing. However, you should expect to spend long hours at the tournament if you take him up on the offer. Chances are you’ll find yourself refereeing extra matches, helping with the tournament and leaving the tournament when he does. It’s hard to refuse your host when he’s giving you free room and board.

Personally, my favorite solution to housing is staying with friends who are active racquetball players and who are also participating in the tournament. These hosts are usually tremendous, because they have first-hand experience with the typical scheduling problems. They really go out of their way to make your weekend a great experience.

Of course, a thank you note and a gift are common courtesy in return for their hospitality. It is the least you can do.

You may want to send a unique gift that will secure your memory in their minds and hearts. I have two dear friends in New Jersey. After staying with them recently, I sent them a bath towel set with “GAR” embroidered on each piece. The saleslady at the department store claimed that in her 14 years of selling, she had never heard of anyone sending a towel set to someone with the sender’s own name or initials on it.

As for other places to stay, the YMCA are inexpensive. They are also usually located a considerable distance from the tournament site. But if you really want to save money and don’t mind spending the extra time getting to and from the club, the YMCA may be the place for you.

Still, if you can share a room with two or three of your buddies, you can often stay at a reasonably priced motel nearer the tournament site. Get a room with two double beds and a cot. I’ve even been to tournaments where as many as five or six players slept in one room. The secret: three or four sleeping bags.

When playing in national championship tournaments, I’ve found that the hotel nearest the tournament site is usually expensive. This may be true of other tournaments too. You needn’t panic. If you call the host club well in advance of the date the tournament begins, you may be able to find out the names of some other hotels in the same area priced at more reasonable rates. I did this two years ago when I was in Detroit, and saved myself $11.50 a night. The hotel where I stayed was only 150 yards away from the more “famous” one and I saved myself a considerable amount of money.

Even when you’re traveling from the airport to the hotel, you can save money. There is usually a hotel limousine available, or a bus. At the worst, you can split the cost of a taxi with other players going to the same hotel.

As for renting a car, forget it. At most national tournaments there will be vans to take you to and from the club and the hotel. In addition, many of the hotels themselves have transportation available at no charge. There are also many players driving back and forth who will be glad to give you a ride.

If you’re worried about food costs, don’t be. Most tournament sites have excellent hospitality rooms. These hospitality rooms usually provide lunch and dinner. Many of them provide breakfasts consisting of juice, coffee, milk, doughnuts and some fruit. The Saturday night of a tournament will often be the occasion for a banquet. So you can save yourself considerable expense by taking advantage of tournament hospitality. After all, that is why it’s there. The earlier you can arrive in the hospitality room, though, the better.

Unfortunately, I’ve seen some hospitality rooms run out of food. If you prefer restaurants, ask around for tips on good, inexpensive local fare.

Entry fees, travel arrangements, proper housing and meals are all important. However, another important tournament preparation is having a sufficient amount of proper equipment on hand. Lack of it could prove very expensive. So make sure you have an ample supply of racquets, shirts, shorts, supporters, gloves, socks, warm-up suits, sweatbands and sneakers.

The reason for taking extra equipment is simple. I’ve seen many instances where a player has had to buy a new racquet, sneakers or shorts because he foolishly took only a limited supply to a tournament. I’ve learned new words from players who cursed as they paid from $30 to $60 for a new pair of sneakers or racquet when they had the same equipment at home. Regardless of which type of tournament I’m going to, I always take two pairs of sneakers. When you wear size 15, as I do, you won’t find too many people available to lend you a pair of sneakers if something happens to yours.

If you use a lot of tape, vitamins, savings, etc., make sure you take these with you too. You surely can find them more cheaply in your hometown than at the tournament site.

Many players who participate in the Nationals also like to see the professionals play. Buying tickets before the tournament begins can be very expensive. However, I’ve found that usually you can buy a ticket the day of the matches at a very nominal rate. If you want to watch the matches and can’t afford the daily nominal fee, you can always volunteer to be a line judge or scorer. If you’re highly capable you may want to referee. In this case, I suggest you consider the possibility that the chance to save money may not be worth the aggravation which, inevitably, will result when one of the pros becomes upset with your calls.

You can even pick up some extra money at a tournament if you’re particularly industrious. You can referee several matches, or perhaps (if you have the talent) you can photograph the tournament, or even write a tournament report. Talk to the tournament director about doing these things, as he will be, the one to make the decision as to how to pay you for your efforts. He may, for example, waive your entry fee or provide you with housing in exchange for your work.

In conclusion, if you’ve carefully read these suggestions, and dutifully implement them the next time you go to a tournament, you should soon be as qualified a penny pincher as I am. And take my word for it, that’s saying a lot.
## AARA STATE DIRECTORS

### WESTERN REGION
- **Regional Commissioner**: Bill Dunn
  - **Address**: 3245 Vera Cruz
  - **Phone**: 310-689-2536
- **California**
  - **Phyllis Hodge**: Home 29 Harpe Canyon Rd, Salina CA 93908
    - **Phone**: 559-541-4080
  - **Bruce Lewis**: 39 Bow St, Freeport ME 04032
    - **Phone**: 207-773-8438
- **Oregon**
  - **Alfred Sorensen**: 305 E St, Milwaukie OR 97267
    - **Phone**: 503-253-5019
- **Puerto Rico RACQUETBALL ASSOCIATION**:
  - **Executive Director**: Cindy Soto
    - **Phone**: 787-777-8079
- **SOUTH WEST REGION**
  - **Regional Commissioner**: Gary Nystrom
    - **Address**: 3208 Alta Loma Rd, Colorado Springs CO 80918
    - **Phone**: 719-530-2500
  - **Gary Nystrom**: 3208 Alta Loma Rd, Colorado Springs CO 80918
    - **Phone**: 719-530-2500

### MIDWEST REGION
- **Regional Commissioner**: Marlowe Phillips
  - **Address**: 3510 W 11th St, Lincoln NE 68507
  - **Phone**: 402-477-2500
  - **Missouri**
    - **Bob Hackett**: 3526 S Eden St, St Louis MO 63117
      - **Phone**: 314-752-8830
    - **Kentucky**
      - **Karen Ridder**: Box 500, Bowling Green KY 42102
        - **Phone**: 270-786-9000
  - **North Dakota**
    - **John Pfeifer**: 3102 11th St, Bismarck ND 58501
      - **Phone**: 701-224-3000
  - **WISCONSIN**
    - **Bob Jansen**: 2125 S 3rd St, Milwaukee WI 53212
      - **Phone**: 414-321-0188
    - **Wisconsin**
      - **Mary Wienen**: 7421 W Western Ave, Chicago IL 60634
        - **Phone**: 773-752-2500
  - **Illinois**
    - **Gene Blevins**: 8120 E 20th St, Chicago IL 60615
      - **Phone**: 312-733-9090

### EASTERN REGION
- **Regional Commissioner**: Rob Justice
  - **Address**: 3100 W 11th St, New York NY 10001
  - **New York**
    - **Timothy Clymer**: 212-329-5000
      - **Phone**: 212-329-5000
  - **New Jersey**
    - **Pete Talbot**: c/o Yogi Berra's Hall of Fame 3300 N Gotham Plaza
      - **Phone**: 201-227-9000
  - **New Mexico**
    - **Jim Colman**: c/o New Mexico State University, Las Cruces NM 88001
      - **Phone**: 505-525-8000
  - **Connecticut**
    - **Donald Chamberlain**: 350 W Park Ave, New Haven CT 06510
      - **Phone**: 203-432-3491
  - **Massachusetts**
    - **Paul Reiter**: 20 Oakes St, Millbury MA 01527
      - **Phone**: 508-655-5600
  - **Maryland**
    - **Rex Newell**: 1001 Beckley St, Savannah GA 31401
      - **Phone**: 912-922-2000

### EUROPEAN RACQUETBALL ASSOCIATION
- **Director**: John Pfeifer
  - **Address**: 612 Charlotte Dr, Virginia Beach VA 23462
  - **Phone**: 703-752-2200
  - **Britain**
    - **Vivian Ewers**: 352-452-8000
      - **Phone**: 703-752-2200
  - **France**
    - **Christiane Leber**: 350 W Park Ave, New Haven CT 06510
      - **Phone**: 203-432-3491
  - **Spain**
    - **Isabel Naranjo**: 350 W Park Ave, New Haven CT 06510
      - **Phone**: 203-432-3491
  - **Germany**
    - **Johannes Bachhuber**: 350 W Park Ave, New Haven CT 06510
      - **Phone**: 203-432-3491

### STATE DIRECTORS
- **Arkansas**
  - **Bill Dunn**: 3245 Vera Cruz
  - **Connecticut**
  - **Delaware**
  - **District of Columbia**
  - **Florida**
  - **Georgia**
  - **Georgia**
  - **Illinois**
  - **Indiana**
  - **Iowa**
  - **Kansas**
  - **Kentucky**
  - **Louisiana**
  - **Maine**
  - **Maryland**
  - **Massachusetts**
  - **Michigan**
  - **Minnesota**
  - **Missouri**
  - **Nebraska**
  - **New Jersey**
  - **New York**
  - **Ohio**
  - **Oklahoma**
  - **Oregon**
  - **Pennsylvania**
  - **South Carolina**
  - **South Dakota**
  - **Tennessee**
  - **Texas**
  - **Wisconsin**
  - **WYOMING**

### SPANISH RACQUETBALL ASSOCIATION
- **Luis Velez**: 1591 Hwy 104
  - **Phone**: 203-432-3491
  - **Spain**
  - **France**
  - **Germany**
  - **Italy**
  - **Portugal**
  - **United Kingdom**

### MEXICAN RACQUETBALL ASSOCIATION
- **Executive Director**: John Pfeifer
  - **Address**: 612 Charlotte Dr, Virginia Beach VA 23462
  - **Phone**: 703-752-2200

### JUNIOR NATIONAL COMMISSIONERS
- **Del Martin**: 350 W Park Ave, New Haven CT 06510
  - **Phone**: 203-432-3491

### INTERCOLLEGIATE NATIONAL COMMISSIONER
- **Lori Lutes**: 1122 Lower Rd, Memphis TN 38117
  - **Phone**: 901-320-2200

### EUROPEAN RACQUETBALL FEDERATION
- **Director**: John Pfeifer
  - **Address**: 612 Charlotte Dr, Virginia Beach VA 23462
  - **Phone**: 703-752-2200

### GUAM RACQUETBALL ASSOCIATION
- **Executive Director**: John Pfeifer
  - **Address**: 612 Charlotte Dr, Virginia Beach VA 23462
  - **Phone**: 703-752-2200

### VENEZUELAN RACQUETBALL ASSOCIATION
- **President**: Jose Flores
  - **Phone**: 01375
  - **Venezuela**

### JAPAN AMATEUR RACQUETBALL ASSOCIATION
- **Executive Director**: John Pfeifer
  - **Address**: 612 Charlotte Dr, Virginia Beach VA 23462
  - **Phone**: 703-752-2200

### CHINESE RACQUETBALL ASSOCIATION
- **Executive Director**: John Pfeifer
  - **Address**: 612 Charlotte Dr, Virginia Beach VA 23462
  - **Phone**: 703-752-2200
Why be an AARA member?
The following is an excerpt from a letter to a questioning potential member.

THE AARA
1. Is a not-for-profit, charitable, educational, membership organization incorporated under the laws of Illinois and Tennessee since 1968;
2. Has been a viable force in the promotion of the sport from 50,000 participants in 1968 to 10.5 million in 1979 - (Nielsen ratings, 1979);
3. Conducts local, state, regional and national championships in both singles and doubles since 1968;
4. Conducts local, state, regional, and national championships in both singles and doubles for men and women in the following age categories: 10 and under, 13 and under, 15 and under, 17 and under, open, 30+ -35+, 40+, 45+, 50+, 55+, 60+, 65+;
5. Has crowned over 250 National Champions;
6. Has compiled with all requirements to become a National Governing Body under the Amateur Athletic Act of 1978 including the 20% active players' clause, equal rights clause, definition of amateurism and the players' right to grievance;
7. Has over 20,000 dues paying members; projected 1980 membership to exceed 60,000;
8. Is a membership organization with 90% operating funds derived from yearly membership dues;
9. Publishes a monthly communications magazine;
10. Embraces the Olympic ideals and movement;
11. Charter member in the International Amateur Racquetball Federation along with twelve other countries' national governing bodies. The IARF has applied for membership in GAIF and soon to the IOC;
12. Has local, state, and regional representatives and organizations throughout the United States with a paid National Staff located in Memphis, Tennessee;
13. Will participate in the World Racquetball Championships slated in the United States for the Fall of 1980;
14. Has and actively conducts a Junior development program - since 1972;
15. Has and actively conducts an Intercollegiate program - since 1972;
16. Has and actively conducts an Intercollegiate program - since 1972;
17. Has and actively conducts an Intercollegiate program - since 1972;
18. Plans a European tour of American National Amateur Champions to Europe under the auspices of the European Racquetball Federation in the Summer of 1980;
19. Will supply a clinician and team to the Organization of American States Sports Development project for touring North and South America;
20. Will conduct National Team and Metro Championships in the Summer of 1980;
21. Have been instrumental in the following major developments in racquetball:
   A. Drafting and acceptance of a players' Bill of Rights;
   B. Is an open and free market place for manufacturers;
   C. Has established a Junior Council patterned after the USTA's Council;
   D. Required safety equipment for players;
   E. Conducts open business meetings;
   F. Is strictly an amateur organization having no contact with professional players;
   G. Has a duly elected Board of Directors;
   H. Has an open financial statement;
   I. Has been instrumental in organizing and founding the newly created International Amateur Racquetball Federation;
   J. Lobbied for the 1978 Amateur Sports Act;
   K. Is the chief clinician for the President's Council on Physical Fitness; conducted five clinics reaching over 20,000 people;
   L. Developed and is presently participating in "Racquetball without the Walls" project which will bring racquetball to over 1,000,000 elementary and high school children in 1979. Projections of this program are to reach an excess of 3,000,000 children in 1980.

I hope that the information included in this letter will be of interest to you and will influence you in your decision to become a member of the AARA. Your dues support these and other programs.

Regards,

Luke St. Onge
Executive Director
Babette Burkett (left) and Caryn McKinney (right) in the finals of the Women's Open.
THE THIRD ANNUAL ATLANTA OPEN

n a picturesque fall weekend in Atlanta, over 300 tournament players converged on COURTSOUTH’s (so-new-it-still-smells-new) Akers Mill club to vie for trophies in the Third Annual Atlanta Open. Six states had contributed some of their finest players to a tournament made possible by the sponsorship of AMF Head and Anheuser-Busch Natural Lite beer. And what with old rivalries, new challengers and a fair sprinkling of upsets, this three-day southern seige made the War Between the States look like a warm-up exercise.

MEN’S OPEN

Following in the footsteps of Sherman (the famous—or infamous—Union general), Bryce Anderson of Knoxville, Tenn., invaded Atlanta to capture his second Atlanta Open in as many years. His finals opponent was the 16-year-old southpaw, Mike Ray, of Atlanta.

The finals match promised to be a classic confrontation between a veteran and a relative newcomer to the game. After clawing his way to the finals, Ray—the hometown teenager—was a sentimental favorite to capture his first Open tournament. Having competed this year in both the USRA and AARA National Junior Championships, Ray seems to have learned the essence of competition. He shocked the gallery with a win over Larry Liles of Memphis in the round of 16 and stunned them again with a come-from-behind win over another Memphian, John Dunlap, in the semifinals.

But Bryce Anderson was not awed by the brash young Ray. He had chopped up some pretty formidable opposition of his own en route to the finals, namely Wayne Vincent, Bobby Seigal and Jay Schwartz. Only Seigal had taken him to three games. Second-seeded Anderson dispatched Ray 21-8 and 21-13 in the finals, controlling play without dominating it. He made few mistakes of his own and capitalized on nearly all of Ray’s. He seemed to divine where every shot was going. “He was always where I

BY HARVEY WYSONG·
hit it—super anticipation,” said Ray after the match, adding, “He put away everything I left up.” The steady, powerful Anderson left little doubt in anyone’s mind, then, that the first place hardware went home in the proper ditty bag.

ANDERSON’S ODYSSEY

In the round of 16, Bryce Anderson dismissed a stalwart Wayne Vincent by 21-7, 21-7—a vivid warning to the other quarterfinalists. Bobby Seigal was Anderson’s quarterfinals rival and the only opponent to take a game from him during the entire tournament. The first game was Anderson’s, 21-15. He then seemed to withdraw from the competition as Seigal sprinkled the game with a few Barnum and Bailey “show time” shots on his way to a 21-3 victory. In game three, Anderson returned to his efficient, aggressive game to punch his semifinals ticket, 15-10.

In the semifinals, it was Anderson versus Jay Schwartz. Schwartz, a rapidly-rising Floridian, had just defeated the third-seeded tournament director, Jim Cullen, in a fierce three-game match. In that match, Schwartz played an inspired, tenacious game registering scores of 19-21, 21-19, 15-13. But against Anderson on Sunday, inspiration was not enough, and Schwartz bowed to the unrelenting medical student from Tennessee 21-13, 21-10.

CINDERELLA IN SNEAKERS

Mike Ray rewrote the Cinderella story with a racquetball scenario. The unseeded youngster faced James Hawkins of Auburn, Ala., in the round of 32. Ray quickly sent Hawkins to join the gallery with games of 21-7, 21-10.

But in the round of 16, Ray faced a different class of opponent: fifth-seeded Larry Liles, coach of the Memphis State University racquetball team. Liles is the owner of a legendary forehand and possesses a visceral understanding of court tactics. Enter the Kid. Exit the surprised veteran, 21-5, 21-14. Word spread like tear gas through the club: watch out for this kid.

Then came teaching pro, Dutch Sears, of Atlanta. Earlier in the day, Sears had defeated fourth-seeded Alabama State Champion, John Jordan, in a grueling three-game match, 21-14, 18-21, 15-12. Accurately assessing the situation, Ray lobbed serves, waited for the returns and killed. The tired but game Sears soon joined the other tournament retirees after decisions of 21-9, 21-5.

Mike Ray couldn’t have slept well Saturday night: on Sunday, he faced the tournament’s number one seed, perennial favorite, John Dunlap of Memphis. Dunlap had retired Alan Dunn of Atlanta 21-18, 21-8, then Vic
Match of Atlanta 21-17, 21-20. He looked awesome.

Game one was all Dunlap as he dominated Ray with his incomparable forecourt play, taking the game at 21-7. Game two looked like an instant replay with Dunlap off to a 17-10 lead. Then something snapped, and Mike Ray began looking like a Steve Serot protege. For the first time in his short racquetball career he began to dive. "I didn't even know the score at that point," Ray said. He said he first realized the score when he took the lead at 18-17. Three points later, he was living a fantasy: Ray's game 21-17. In Game three, Ray took the lead and held on despite several determined charges by Dunlap. Ray cashed in at 15-9. Typically, Dunlap had only gracious praise for the younger.

MEN'S SENIORS

The Men's Seniors division was the occasion for the continuation of many an old rivalry. Most notably, two perennial finalists, Roger Wehrle, number one seed, and Vic Oliver, number two seed, were seemingly ordained by Destiny to continue their leviathan struggle in the finals of the Atlanta Open. Oliver, a former squash champion and famous anthropologist, has long displayed a Midas touch with the racquet that threatens his opponents from even a defensive posture. Wehrle, a tennis player who came in from the cold, is likewise a past master of precision racquetball. He seems to believe he invented the pinch shot.

In their last two confrontations, Oliver had prevailed. For this one, each had added something new to his arsenal of tricks—raw power! These two much-improved players pushed toward the finals like Cossacks, neither dropping a single game to a talent-laden field. Oliver defeated Terry Jones 21-5, 21-15 in the semis, while Wehrle defeated Marshall Chamberlain 21-14, 21-7.

The final was a fearsome match, the thrilling equal of any during the entire tournament. This Wehrle-Oliver confrontation mimicked a Wyatt Earp shoot-out. In Game one, Wehrle was flawless and dominated a scrambling Oliver, 21-11. But Oliver found new strength during the intermission, and took the second game 21-12.

In the tiebreaker, Oliver seemed to have the game under control when Wehrle began to mount a comeback from the dark recesses of a single digit score. After several ulcer-provoking services at 14-14, Roger Wehrle pushed it over, won the match and set the stage for future confrontations.

WOMEN'S OPEN

The finals of the Women's Open featured racquetball professional, Babette Burkett of Pensacola, Fla., and Caryn McKinney, a law student at Atlanta's Emory University. These
THANK YOU, SPONSORS.

Your interest in racquetball and your desire to reach the players is obvious by your support of our Giant
Everyone-Wins
$100,000
Sweepstakes.

Aero Mexico Airlines
Aftate Products
Jokari Games
Olympian Racquets
Patrick Shoes
Penn Ball
Rainbo Eyeguards
Top Seed Fashions

We appreciate it.
The American Amateur
Racquetball Association and
RACQUETBALL
Magazine.

two had met twice before, and both times Burkett had prevailed.
Burkett, well known in tournament play, displays remarkable court
coverage, a first-rate forehand and unparalleled competitive zeal.
McKinney began playing racquetball just last January, and immediately
vaulted to the top levels of regional competition. In September, hard work
and natural ability combined to enable McKinney to win the Georgia Open
Championship.
In the Atlanta Open semifinals, Burkett scored a convincing 21-13, 21-6
win over Eunice Zachary, who had previously ousted fourth-seeded Beth
Crawley 21-9, 21-13. Meanwhile, McKinney overpowered Brenda Lepley
21-3, 21-5, and dittoed the performance with a 21-3, 21-5 victory over Susan
Glen.

In Game one of the finals, Burkett used her superior mobility and ex-
perience to profitable advantage, winning 21-19. Game two witnessed the
emergence of McKinney’s powerful yet patient style of play as she convincingly
won 21-15. Game three was a confrontation between two determined,
tenacious players. But coming down to the wire to the delight of an exhilarated
gallery, McKinney found the final point that had eluded Burkett. Final score: 15-
14, McKinney.

TIME OUT

MANY THANKS TO:

AMF Head, for providing
tournament balls and shirts.
Anheuser Busch, for the free beer.
Bob Penrod, who handled the
hospitality. The staff of COURT-
SOUTH, and especially manager
Preston Fields, for their hard
work. Finally, many thanks to all
the participants who helped make
the Third Annual Atlanta Open a
successful tournament.
GETTING A HANDLE ON THINGS
By Michael Mjehovich

EDITOR’S NOTE: Mike Mjehovich has been associated with Supreme Court Sports Centers for several years and is currently manager and owner of a Supreme Court Club in Nashville, Tn. He is a racquetball instructor and is author of the book Racquetball Step-by-Step, from which this article is taken.

Getting off to a good start in racquetball requires a basic understanding of the fundamentals surrounding the stroke. A good stroke in any racquet sport begins with the use of a proper grip. This is especially true with racquetball. An improper grip will cause you to alter the face of the racquet as you contact the ball, sending it in an undesired direction. As in tennis, there are many different philosophies on the ideal grip. The following is a very simple explanation of a good beginner’s grip.

The “Handshake”

First, turn the racquet on its side. Grip the racquet handle using a handshake. Your thumb will wrap around the inside of the racquet grip and come to rest on the side of your middle finger. There will be a gap between your middle finger and your forefinger. This is to allow you more control over the racquet.

Observe that the racquet handle will bisect the palm of your hand. In this position your wrist will be able to control the amount of snap you have in your swing. The grip should feel comfortable yet be firm enough to exert power without slipping. To always be sure of your grip, check to see that your thumb and forefinger form a visible “V” in the racquet handle. Once you have the grip ready, check to make sure the racquet face (strings) is not visible while holding the racquet out in front of you. This will ensure an even face, necessary for a proper stroke.

Contact Point

The desired contact point in racquetball is out in front of the body even with the lead foot. As you step forward and swing you should meet the ball at about knee level. If you examine this stroke slowly you can see the racquet face is uneven until it passes your upper body. At this point your racquet face will even out as your wrist snaps. As long as your racquet face is even upon contact, there is no need to change your grip. Many say the most controversial subject in racquetball is the backhand grip. I am not going to argue whether the use of a separate grip is necessary for a good backhand. My experiences are such that, in teaching racquetball to beginners and intermediates for over two years, I have had only a handful of students who could properly use a backhand grip successfully. As a beginner you should concentrate on one basic grip. If your swing and contact point are correct you need not change your basic grip for your backhand. You will have enough to worry about as you chase the ball around the court in vain, without adding to your thinking by “slightly” altering your grip during backhand stroke. It is my experience that as you gain confidence in your game you may want to study different philosophies concerning the use of a backhand grip. Wait until you have all the basics before you complicate the game any further.

Problems and How To Solve Them

Keeping the racquet from slipping in your hand is one of the problems faced by all racquetball players. Use of a drying agent or a towel worn outside the player’s pants are two commonly used methods for keeping the hand dry. Many players use a glove, which is best. Some players insist that use of a glove causes loss of touch and feeling. However, most players agree, that for keeping the hand dry and the grip firm, the glove is the best way to go. Lost points because of a slippery grip are very frustrating since, in most cases, you can prevent this from occurring.

It is a good idea to check your grip occasionally. First hold the racquet out in front of you. Notice if the racquet is held evenly. It should not be tilted in either direction (right or left). Check to see if your thumb and forefinger form a visible “V” while holding the racquet.

Now turn the racquet on its side, still holding the grip firm. Use your other hand to hold the racquet head as you open your hand. Completely open your fingers away from the handle. Check to make sure the racquet handle bisects the palm of your hand from the forefinger to the heel of your hand. If all is right you should have a good grip for both forehand and backhand.

If you would like your own copy of Michael Mjehovich’s book, send $2.95 to: Racquetball Step-by-Step, 4633 Trousdale Dr., Nashville, Tn. 37204.
Racquetball is no different from any other sports contest: to be successful, you have to learn to adapt. There is no pie-in-the-sky shot that will see you through every situation, not even my old favorite, the passing shot.

There will always be some players who are very difficult, if not impossible, to "pass" in the traditional sense. This may be due to their keen anticipation, exceptional quickness, longer reach or a combination of the three. But, whatever the reason, these people are able to move over and cut off the normal passing shot, usually while they’re in front of you. The result can mean disaster for you.

How can you contend with such competition? Adapt, by widening the angle on your passes. Those extra couple of inches could be all you need to get the ball around and past your opponent. I’m referring, of course, to cross-court wide-angle passes, not down-the-line passes. The wide-angle pass, like a good kill or pinch shot, can be a rally ender. In fact, it generally has a higher chance of success than either the kill or the pinch.

When properly executed, the pass—forehand or backhand—sinks like a stone into one of the rear corners, as close to the juncture of walls and floor as possible. A potential point winner, the pass drives for the corner fast and low, straight from the front wall. At the very least, it should take your opponent scurrying into the backcourt, off balance and trying to hit the ball toward the front wall while moving in the opposite direction.

The circumstances under which you should hit a wide-angle pass are identical to those for the normal pass. For example, you should never hit a pass when your opponent is in backcourt because that is where the ball will land. It is not wise to hit a pass any time your opponent is behind you. It is better to pinch it to a front corner instead.

If both you and your opponent are in mid-court or forecourt, then the pass is a good choice. Any time your opponent is in front of you, you are in a particularly good position to pass the ball because you can see his position. Unfortunately, that is no guarantee that he won’t dig it out anyway. That’s where the couple of extra inches that a wide-angle pass gives you can make a big difference.

If the normal pass is a straight, fast ball from the front wall to the rear corner, then the wide-angle pass is a curve ball and, like baseball’s curve pitch, it’s just a little harder to execute. In order to hit it correctly, you should angle it so that the ball comes off the front wall and strikes the sideline about the same distance from the front wall as your opponent. Keep it low on the front

Here Mike Yellen (right) takes advantage of his position behind opponent Mark Sulkowski by executing a wide-angle pass.

In photo two, Sulkowski has run over to relieve Yellen’s wide-angle pass. But it was hit so low that it pinched out from the sideline. Note that the ball was placed even with Sulkowski on the sideline. Had it not pinched out, it would have continued past him into the backcourt.
wall and the ball may even crack out on
the sidewall. At any rate, it will still
rebound behind your opponent, into the
backcourt. As in the case of the normal
pass, your opponent will be chasing the
wide-angle pass into the backcourt while
trying to get a shot off to the front wall.
Don’t be surprised if you find it dif-
cult to put the ball at the correct point
on the sidewall. The angle of contact
with the front wall will always be
changing as you move around court and
you can expect a certain degree of error,
such as the ball landing too far forward
or too far behind your opponent.
If you are going to make a mistake in
your shot placement, though, it is better
to choose the second alternative. If the
ball strikes the sidewall too far forward,
it will angle toward the middle of the
court, giving your opponent a good
chance to cut it off. If the ball is hit
farther back on the sidewall, the damage
won’t be irreparable, as long as it isn’t
hit so high that it comes off the back wall
too. That would give your opponent time
to run it down.
Unquestionably, this shot will take
some practice. Get on the court alone
and hit the shot from a variety of spots,
aiming at a preselected point on the
sidewall. But, don’t expect to pick it up
right away.
From the standpoint of game strategy,
begin with your normal passing shots,
since those are easier to master. (If you
find, though, that your opponent is able
to move over and cut them off, widen the
angle.) Don’t forget to mix your shots to
balance your attack. Don’t go to a pass or
a wide-angle pass every time a passing
situation presents itself or your opponent
will begin to anticipate your shots.
Throw in a down-the-line pass, a ceiling
ball or whatever other shot is ap-
propriate. If your opponent is falling back
to cover the pass, a pinch or kill will keep
him honest.
In short, learn to adapt. Remember,
your brain is the most effective weapon
you have on the court.

“Like a good kill
or pinch shot, the
wide-angle pass can
be a rally ender.”

Our MODUCOURT
System is new!
But the quality
and workmanship
are proven.

Sports Unlimited now offers
you two great court systems.
First, the Sports Unlimited
Panel has been used in over
1600 courts throughout the
United States and Canada.
Now, the Sports Unlimited
MODUCOURT™ System is
designed and engineered to
bring the Racquetball court
to where the players are:
apartment complex,
recreation centers, shopping
centers, anywhere.
Our MODUCOURT System is
built tough to withstand the
rigors of racquet sports and
totally modular for quick
erection time.
When you are ready to build,
write or better yet, call us for
our two Sports Unlimited Court
Systems planning kits. It will
be worth your time.

Racquetball, handball,
squash, whatever the
sport, our courts stand
up.
We have changed our name to

AMERICAN AMATEUR RACQUETBALL ASSOCIATION

At the Board of Directors meeting in Oklahoma City, October 17, 1979, it was decided that the International Racquetball Association will henceforth be known as the American Amateur Racquetball Association.
RACQUETBALL welcomes all tournaments to report their results. Please list all rounds of each event. Scorecard will report as many rounds of each tournament as space allows.

For reasons of space and clarity, tournament results submitted for listing in “Scorecard” should be arranged as shown in the example below. Entries using this format stand a better chance of being included in the “Scorecard” section.

MEN’S OPEN:
Quarterfinals: R. Gonzalez over Valinoti, forfeit; H. Gonzalez over Bierman 21-19, 21-18; Diemar over Booker 21-16, 21-20; Capitanelli over Giamportone-Valinoti 21-11, 21-7.
Semifinals: R. Gonzalez over H. Gonzalez 21-14, 21-17; Capitanelli over Diemar 21-20, 15-10.
Third: Diemar.

MEN’S SENIORS:
Quarterfinals: Letter over Walsh 21-7, 21-13; Webber over Drobin 21-18, 16-21, 15-7; Sergentanis over Cosmi 21-14, 21-14; Kolby over Fluehr 21-11, 21-4.
Semifinals: Letter over Webber 21-11, 21-18; Sergentanis over Kolby 21-16.
Finals: Letter over Sergentanis 21-11, 21-18.
Third: Webber.

MEN’S MASTERS:
Quarterfinals: Talbot over Pressley 21-8, 21-6; Webber over Cowie 21-5, 21-18; Elia over Hurrle 21-12, 21-4; Wickham over Bennett 21-10, 21-3.
Semifinals: Talbot over Webber 21-7, 21-12; Wickham over Elia 21-4, 21-15.
Finals: Talbot over Wickham 21-16, 21-20.
Third: Webber.

OPEN DOUBLES:
Quarterfinals: Diemar-Luft over Steffens-Frass 21-13, 21-14; Wong-Mackelca over Giamportone-Valinoti 17-21, 21-9, 15-9; H. Gonzalez-Cateno over Wickham-Talbot 21-18, 21-16; Yee-Booker over Buickie-Premice 21-6, 21-17.
Semifinals: Diemar-Luft over Wong-Mackelca 15-21, 21-9, 15-3; Yee-Booker over H. Gonzalez-Cateno 21-19, 21-16.
Finals: Diemar-Luft over Yee-Booker 21-12, 21-9.
Third: Wong-Mackelca.

MEN’S B:
Quarterfinals: Petrie over Merino, forfeit; Englander over Gershaw 21-16, 21-18; Frena over Nahhas 16-21, 21-10, 15-11; Manino over Pezza 21-8, 21-14.
Semifinals: Englander over Petrie 14-21, 21-16, 15-3; Manino over Frena 21-15, 21-17.

MEN’S C:
Quarterfinals: DeMarco over Goodwin 21-17, 15-21, 15-12; Letteri over Miller 21-15, 21-20; Ortiz over Iwasok 20-21, 21-15, 15-12; DiEmidio over Betts 21-16, 15-21, 15-14.
Semifinals: Letteri over DeMarco 21-13, 15-21, 15-10; DeEmidio over Ortiz 20-21, 21-15, 15-8.
Finals: DeEmidio over Letteri 21-18, 21-12.

WOMEN’S OPEN:
Quarterfinals: Borga over Taylor, forfeit; Kimberling over Marchini 21-9, 21-6; Pallas over Rudyz 15-21, 21-19, 15-7; Lynch over Cluess 14-21, 21-9, 15-9.
Semifinals: Borga over Kimberling 21-20, 21-11; Lynch over Pallas 21-16, 21-4.
Finals: Lynch over Borga 21-5, 21-8.

WOMEN’S B:
Quarterfinals: Strandskov over Nestle 19-21, 21-9, 15-5; Rasmussen over Capitanelli 21-14, 21-17; Palumbo over Humphreys 21-12, 21-17; Byk over Soffel 16-21, 21-16, 15-5.
Semifinals: Strandskov over Rasmussen 21-18, 21-18, 15-7; Palumbo over Byk 21-11, 21-11.
Finals: Palumbo over Strandskov 21-8, 21-7.

WOMEN’S C:
Quarterfinals: Booker over Porter 21-10, 9-21, 15-3; Von Barthold over Koenig 21-13, 21-14; Elia over Barrow 21-18, 21-18; Nestle over Hoffman 21-18, 21-18.
Finals: Von Barthold over Nestle 21-17, 21-12.

FIRST ANNUAL OKTOBERFEST RACQUETBALL TOURNAMENT Oakwood Racquet Club Waukegan, Illinois

Men’s B: 1st: Lance Moon; 2nd: Roy Jackson; 3rd: Rick Granneman; Consolation: Carl Ross.
Men’s C: 1st: Jim Fyle; 2nd: Steven Johnson; 3rd: Rick Ersham; Consolation: Allan Schmilt.

Women’s A: 1st: Peg Cronin; 2nd: Jeanne Lyttle; 3rd: Billie Granneman; Consolation: Ellie Cohn.
Women’s C: 1st: Beth Haebig; 2nd: Lori Grissinger; 3rd: Josie Nix; Consolation: Elvira Veliz.

GOURMET CLASSIC OPEN Racquetball World and Aerobic Health Center Fountain Valley, California

Men’s B: 1st: Dave Doehr over Tom Malone 21-19, 21-17.
Men’s C: 1st: Ben Jenkins over Bob Holcomb 20-21, 21-8, 11-1.

Men’s Novice: Todd Monzo over Randy Markley 21-20, 21-11.
Men’s A: 1st: Ronald Adams over Ed Moriyama by forfeit.

Women’s B: Carolynn Kottman over Janet Preleyko 21-5, 21-6.
The ultimate swing development system for racquetball, tennis and squash. Scientifically designed to improve every swing. Swing Master lets the arm and body work together as a unit, developing a natural smooth effortless swing, this patented system can be adjusted to individual needs.

Swing Master is used as a warmup before playing 3-5 minutes of total swing practice will improve performance on the court by stretching and strengthening the muscles. It also reduces the chance of injury. As a training system pros can teach and students will learn proper strokes in a short time.

Feel the ultimate swing order Swing Master today!

DEALER/DISTRIBUTORS INQUIRIES WELCOME

$9.99 freight included
California residents add 6% sales tax
We accept VISA, Master Charge, Money Order & Certified Check.

PEDRO MENA ENTERPRISES, P.O. Box 1046, Morgan Hill, CA 95037 · (408)779 0840

The fastest growing business internationally
Before you invest hundreds of thousands of dollars in the very viable Racquetball Court Club business do the necessary HOMEWORK that will eliminate costly mistakes. Our Court Club development seminars cover financial packaging, construction and design, operations, promotions, how to determine the best facility for a given market, sales campaign—all aspects necessary for the successful club.

DOUBLEHEADER—Los Angeles, Hyatt House Hotel, Court Club Development, Dec. 14-15 1979; $150 per person, $100 2nd and succeeding persons from same group. Management/Personnel Workshop, Dec. 15-16, 1979; $200 per person, $150 2nd and succeeding persons from same group.

ATTEND ONE OR THE OTHER—OR BOTH—$300 per person, $250 per person 2nd and succeeding person from same group.

HYATT HOUSE HOTEL, 6225 W. Century Blvd, Los Angeles, CA 90045
(213) 670-9000

make checks payable to:
COURT CLUB ENTERPRISES
8303 E. Thomas, Scottsdale, Arizona 85251

For further details contact Mort Leve (602) 991-0253

Please reserve: [ ] places for L.A. Court Club Development
[ ] places for L.A. Management/Personnel Workshop
[ ] places for BOTH in Los Angeles
[ ] places for Atlanta Court Club Development

Name ____________________________ Club ____________________________
Address ______________________________________________________________________
City __________________ State __________ Zip ________________

Now Available—Needed “Tools”
New Seminar Report Booklet—$15
New 60-minute Tape Cassette—Feasibility of Court Club—$10

Women’s C Doubles: Cascinale-Esser over Cline-Fabiani 21-3, 21-5.

1979 IRA FLORIDA STATE DOUBLES CHAMPIONSHIPS
Omega 40 Racquetball Club
Ormond Beach, Florida

Men’s Open:
Finals: Zetrouer-Dubolsky over Ackins-Potter 21-19, 21-5.
Third: Morrison-Owens by forfeit.

Men’s Jr. Vets:
Finals: Adkins-Potter over Zetrouer-Shaik 21-11, 21-10.
Third: Dubolsky-Tannen over Blackard-Owens 21-13, 21-5.

Men’s Senior:
Seminars: Swanson-Arieta over Xynidis-Bonfleur 21-14, 21-10; Blackard-Shaik over Majer-Sobel 21-9, 21-13.
Third: Majer-Sobel over Xynidis-Bonfleur 21-8, 21-19.

Men’s B:
Seminars: Koran-Borrel over Morrison-Potter 15-21, 21-6, 15-14; Gianni-Brugger over Druky-Lewis 21-12, 21-8.
Finals: Gianni-Brugger over Koran-Borrel 21-6, 21-1, 15-9.
Third: Morrison-Potter by forfeit.

Men’s C:
Seminars: Koran-Medina over Winter-Mikosky 21-14, 21-14; Davis-Jeter over Lovingood-Mele 21-10, 21-12.
Finals: Medina-Koran over Davis-Jeter 21-13, 21-8.
Third: Winter-Mikosky over Lovingood-Mele 21-17, 15-3.

Men’s Novice:
Seminars: Ganga-Ganga over Ritch-Giles; McKinnley-Cone over Parker-Kopp.
Finals: McKinnley-Cone over Ganga-Ganga 21-4, 21-17.
Third: Ritch-Giles over Parker-Kopp.

Women’s Open:

Women’s B:
Seminars: Jarvie-Marvin over Law-Webb; Mcdaniels-Osborne over Cusick-Jones.
Finals: Mcdaniels-Osborne over Jarvie-Marvin.
Third: Cusick-Jones over Law-Webb 21-20, 21-10.

Women’s C:
Seminars: Winter-Bowden over Marvin-Jarvie; Bailey-Burton over Mcdaniel-Osborne.
Finals: Winter-Bowden over Bailey-Burton 21-8, 21-6.
Third: Marvin-Jarvie over Mcdaniel-Osborne 21-12, 21-12.

HOT TUB CITY-SHASTA COUNTY RACQUETBALL CHAMPIONSHIPS
Sun Oaks Racquet Club
Redding, California

MEN’S OPEN:
Seminars: Ken Soamans over Dennis Bales 15-8, 3-15, 11-7; Duane Carellon over Butch Hanks 15-10, 15-7.
PLAN TO ATTEND
A TRULY
SIGNIFICANT EVENT
IN THE RACQUETBALL
INDUSTRY

NCCCA'S 3RD
NATIONAL RACQUETBALL
CONVENTION

- Plus racquetball's 3rd
industry trade show, held
in conjunction with the
National Convention.

JANUARY 18-21, 1980
Hyatt House Hotel
Sarasota, Florida

CALL OR SEND THIS
COUPON NOW FOR
COMPLETE DETAILS
WITHOUT OBLIGATION

☐ Please send the information about NCCCA's 3rd National Racquetball
Convention, January 18-21, 1980 in Sarasota, including convention
opportunities near the convention site, and registration fees.

Name: ____________________________ Opening Date: __________
Club Name: _______________________
Mailing Address: ___________________
City: __________________ State: _______ Zip: _______
Phone/Area Code: __________ Phone: __________
☐ Club Owner
☐ Non-Owner thinking of entering business

Call or mail this coupon to:
NATIONAL COURT CLUBS ASSOCIATION
441 N. Wabash
Chicago, Illinois 60611
(312) 527-1296

☐ If you now operate or are building
a court club, or if you are thinking
about entering the racquetball court
business — you should attend
this informative and exciting
program. Conducted by NCCCA, the
recognized authority for the court
club industry, this program is the
best, most reliable source of
professional information on the
opportunities and challenges faced
by the court club industry.

☐ A separate program of seminars
and presentations exclusively for
prospective developers of court clubs
will provide an in-depth appraisal of
the business.

☐ A special program of seminars,
presentations and workshops
restricted to and exclusively for
owners and operators of existing
court clubs or clubs under
construction.
Racquetball Magazine is seeking articles and freelance writers. Articles can cover everything from new developments in the game to interesting racquetball personalities. How-to articles, on improving your backhand, returning serves, etc., are also welcome. Please send manuscripts (along with a stamped, self-addressed envelope) to: P.O. Box 16566, Memphis, Tn. 38116. For further information, call Larry Conley at (901) 345-8000.

NOW AARA MEMBERS ARE WINNERS WITH A 15% DISCOUNT FROM HERTZ.

American Amateur Racquetball Association members are entitled to a 15% discount on published daily Gas-Not-Included, Time and Mileage Rates at all corporate and participating licensee locations in the 48 contiguous United States except Florida. Other discounts apply in Alaska, Hawaii, Puerto Rico and Florida. Different discounts apply on weekly and monthly Gas-Not-Included Rates, Canadian rates and at International Destinations. Check Hertz for details.

Discounts do not apply to Tour/Touring Rates and certain other non-discountable rates, nor do they apply to CDW, PAI, drop charges, refueling service charges and taxes.

Please present your AARA membership card at the time of rental. Standard Hertz rental qualifications are applicable.

REMEMBER—when making your reservations, give the AARA Hertz ID No. 21779.

CALL HERTZ NOW (800) 654-3131 or call your Travel Consultant

WHERE WINNERS RENT.
Hertz Rents Fords and Other Fine Cars.
SUMMER MADNESS II
RACQUETBALL CHAMPIONSHIP
Family Fitness Center
Tacoma, Washington

MEN'S OPEN SINGLES:
1st: John Kubasek over Wendell Talaber 21-9, 10-21, 11-8; 3rd: Charles Carosella over Rhett Kirk.
Consolation: Les Gee over Doub Talaber.

WOMEN'S OPEN SINGLES:
1st: Lee Jew over Leilani Olbu 21-10, 21-16; 3rd: Heather Morley over Kathy Schilling.
Consolation: Wanda Schaff over Melodie Fox.

MEN'S B SINGLES:
1st: Jeff Bannerman over Don Owens 21-17, 16-21, 11-9; 3rd: Mike Leight over Cliff Gibbons.
Consolation: Gary Eyering over Mike Razummy.

WOMEN'S B SINGLES:
1st: Kathy Schilling over Kay Trepanier 21-12, 21-11; 3rd: Robyn Stuhhr over Mary Ellen Stewart.
Consolation: Susan Saraceno over Julie Aquirre.

MEN'S C SINGLES:
1st: Duane Stevens over Jim Wilson 21-2, 21-7; 3rd: Dean DeBower over Howard Quaill.
Consolation: Frank Tadonio over Robert Johnston.

WOMEN'S C SINGLES:
1st: Sandy Hawkins over Elisabeth Roche 21-17, 12-21, 11-7; 3rd: Joanne Fleming over Kathy Tisdale.
Consolation: Carol Davis over Cindi Munt.

MEN'S NOVICE SINGLES:
1st: Jeffrey Bell over Mel Brown 21-3, 21-7; 3rd: Don Collins over Chris Pamplin.
Consolation: Richard Plass over Lynn Dowly.

WOMEN'S NOVICE SINGLES:
1st: Colleen Lytton over Vicki Brown 21-9, 21-2; 3rd: Joane Femia over Anita Rechschiller.
Consolation: Cindy Clark over Ester Hill.

MEN'S SENIORS SINGLES:
1st: Sid Williams over Dave Kieler 17-21, 21-18, 11-8; 3rd: Doug Moore over Tom Graham.
Consolation: Ron Roe over Mike Kovac.

MIXED DOUBLES:
Consolation: Josi Sproule-Tom Graham over Sandy Hawkins-Sid Williams.

As of press time the following ball manufacturers have received tentative approval of their products in AARA sanctioned tournaments.

Final contracts and authorization are forthcoming and will be announced in a future issue of RACQUETBALL Magazine. For tournament sponsorship contact these manufacturers, your AARA state director, or national headquarters.

Head Regent Trenway
Penn Seamco Vittert
Point West Sportcraft Voit

SANCTION YOUR TOURNAMENT THROUGH
AMERICAN AMATEUR RACQUETBALL ASSOCIATION
AND RECEIVE FREE:

Balls
Score cards
Draw Sheets
Clinic Booklets
Tournament programs
Qualification for World Amateur rankings
Guidelines of how to run a successful tournament

Dec. Racquetball 47
Spalding is creating quite a racquet within the confines of four-walled courts these days.
And it's no wonder.
Because we bring to every racquet we make a fine-tuned understanding of the game no other company can match.
Our 7000 Series aluminum frames are extruded right through the handle, so there's never a twist between the flick and the wrist.
Our composite frames have the optimum blend of glass, nylon and graphite for flexibility, weight and strength.
Our leather grips and lanyards let you let go without the fear of letting go.
All handles are available in the size to match the feel and comfort of your particular game.
And because not every player is ready for the "A" ladder, our racquets are priced to match your level of commitment.
So whether it be our Junior Tournament, our very unlady-like Lady Spalding, our intimidating Intimidator, or any of our other racquets, look to Spalding for the dependability, playability and power you need.
Spalding.
We're playing your game.
Racquetball requires strength, flexibility, muscular endurance, and cardiovascular ability. Only Nautilus provides the means and scientifically based training concepts capable of meeting these demands.

The Ultimate Equipment for Racquetball

Nautilus SPORTS/MEDICAL INDUSTRIES
P.O. Box 1783 • DeLand, Florida 32720 • Telephone (904) 228-2884
At 110 mph, you don’t want to lose control.

**Ektelon’s new Marathon Graphite...**

This new Ektelon racquet blends flexible fiberglass fibers and stiffer lighter-weight graphite in a super-tough nylon matrix.

The fiberglass makes the Marathon Graphite tremendously flexible and gives you a better feel for the ball. The graphite decreases overall weight for a faster swing, and controls the flex so you get just the right amount. And the light, flexible Marathon Graphite is so durable it carries a two-year warranty.

You get more powerful kills, more accurate passing shots, and effortless ceiling balls. The new Marathon Graphite—it puts pure power in your hands, but never lets you lose control.

*Ask for the new Ektelon SpeedFlite™ racquetball. Featuring truer bounce, ideal speed, and perfect flight.*

**EKTELON**

The Most Recommended Racquet in Racquetball.*

*Research results available from Ektelon. All Ektelon racquetball racquets are manufactured by Ektelon in San Diego, CA. Ektelon is a registered trademark of Ektelon, San Diego, CA. Marathon Graphite is a trademark of Ektelon, San Diego, CA.