



# TIPS FOR PARA SWIMMERS SEARCHING FOR COLLEGE

## HIGH SCHOOL SENIORS



Do you want to be a part of varsity collegiate swimming or a club?  
Para swimmers have opportunities to swim in college.

### ACADEMIC SIDE

- Continue to study hard. Fall grades matter.
- Submit applications in timely manner. Keep a copy and keep track of your information. Double check with each school you applied received all necessary documents.
- In January file the free application for Federal Student (FAFSA). Check with the Financial Aid office at your prospective colleges about any additional financial aid forms and requirements.

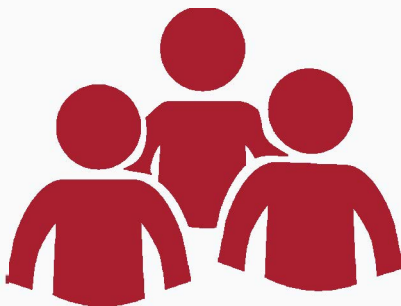


### ATHLETIC SIDE

- Train well and continue to perform well as an athlete and as a leader.
- Update your Resume by the end of your season in the SR year.
- Be prepared to talk with coaches and the team.
- Respond to any correspondence from college coaches on your list. If you have not received any correspondence, then you should reach out.
- Prepare to enter college in a state of readiness. College coaches want you to graduate HS and come to them ready for the next chapter but not out of fitness shape.

### SOCIAL SIDE

- Refine what a good “fit” is in this area.
- Remember that as a FR in college there will be many social organizations influencing you from day one. You will need to choose wisely what you can balance along with Academics and Athletics.



### GENERAL THOUGHTS

- As you begin your SR year in HS you should have on your college search list:
  - o 1-2 Reaching or stretch options
  - o 1-2 Likely options
  - o 1-2 Safety options
- Make final campus visits or recruit overnight experience with the team. Follow up with coaches to express your interest in the team.
- Check email often for correspondence from each college you applied.
- Re-evaluate your criteria in each area in choosing the right “fit”.
- Use the summer wisely. College coaches are interested in how you spend your free time.
- Look ahead and plan if Para events will overlap school/team events.