Ohio Track & Field Clinic

January 24-26, 2013

Ohio Sports

Ohio's Division I track team was recently honored as one of the top 25 teams in the country. They are a part of the Ohio State University program, which is ranked 2nd in the nation. The team is made up of some of the best athletes in the country, and they have won numerous championships at the national level. Their success is a testament to the hard work and dedication of their coaches and athletes.

The 2013 track & field clinic will offer educational sessions and seminars to help coaches learn how to overcome the challenges they face in their programs. Attendees will have the opportunity to network with other coaches and experts in the field.

Ohio High School Athletic Association (OHSAA)

The OHSAA is proud to announce the formation of an Adapted Sport Division. This division will provide opportunities for athletes with disabilities to participate in track and field events. The division will include the following events:

- 900m run
- 1500m run
- 3000m run
- 4x400m relay
- 4x800m relay
- Pentathlon

The OHSAA is committed to providing fair and equal opportunities for all athletes, regardless of their abilities.

Track & Field to Pioneer New Area of Ohio Athletics

Creation of Wheelchair Division

Wheelchair Track & Field

OHSAA adds Adapted Events to State T & F Championships

Highlights

- Non-Sports
- Non-Pure
- Non-Certified
- Non-Approved
- Non-Registered
- Qualification:

These events shall follow all NFPA and OSHA rules.
Any questions regarding Rules and/or Interpretations should be directed to the OHSAA.

distance and impeding another competitor is a disqualification. Crossing a lane line for any
more than 10 consecutive feet is a disqualification. Crossing a lane line for any

legs to going in lane of not touching or crossing over lane lines for

A. No part of the chair may be wider than the width of the track.

B. Wheelchair Division races shall be scored the same as their-poducted events in

In the Wheelchair Division, the chair is considered an extension of the athlete's body, therefore:

Rules 5.1-12 and 5.1-13 deal with races run in lanes and races run in lanes respectively.

Sections 1-3 "No part of the chair may be wider than the width of the track.

caution: see the note in Rule 4-4-2 p. 26

Precautions: American Association to Curb the Use of Prosthetics by an Athlete under

Breezes, the rule outlines rules for breezes, Guards, Spins, etc.

considered legal—this is so to define these situations.

"Red" or "White": The rule outlines the clarification given to medical alert medallions—which are not

which may not be possible for a wheelchair athlete.

Each competitor shall wear shoes. The nuts replacing the bolts on both feet

Coach may want to consider the following highlighted rules which could directly impact their Wheelchair Division athlete:

Wheelchair Division athletes must meet all OSHA and NFHS uniform regulations. However, NFHS Rule 4-4 (PP 24-25).

Event Rules—Waiver Required for Uniform Modifications

- Athletes who are in a wheelchair may compete in the same physical & apprentice athletics but will be placed separately.
- The size of the slot for wheelchair participants shall be the same as for all other male and female participants.
- One shock must remain in contact with the seat during the throw.
- The school does have to provide the down spots for throwing athletes. A coach (only) may hold the chair during the throw.
- A coach (only) may assist the athlete in getting into the chair.
- A coach (only) may assist the athlete in getting into the chair.
- A coach is allowed in the chair during the throw.
- Any part of the chair touching the top of the stop
- The chair will be considered in extension of the athlete's body. For example: Any part of the chair touching the top of the stop
- No part of the throwing frame or wheelchair may be outside the circumference of the circle
- If the same lane is being used, it must be freed (no athletes allowed)
- The uppermost part of the student on any chair may not exceed 75cm (29.5 inches).
- "Standing chairs" will not be allowed.
- All competitions must use the sitsch (manual wheelchair, throwing chair, power wheelchair, scooters and
- The top 8 wheelchair places of division will qualify for the final.
- Meet the qualifying standards for each event (see Coach's Checklist, page 8).
Boys Relay — 4 x 400 meters
Girls Relay — 4 x 400 meters
Boys 400 meters
Girls 400 meters
Boys 200 meters
Girls 200 meters
Boys 100 meters
Girls 100 meters
Boys Shot Put
Girls Shot Put
Boys Discus
Girls Discus
Boys Long Jump
Girls Long Jump
Boys High Jump
Girls High Jump
Boys Triple Jump
Girls Triple Jump
Boys 400 meters Dash
Girls 400 meters Dash
Boys 800 meters
Girls 800 meters
Boys 1600 meters
Girls 1600 meters
Boys 3200 meters
Girls 3200 meters
Boys 110 meters hurdles
Girls 110 meters hurdles
Boys 300 meters hurdles
Girls 300 meters hurdles
5:35 p.m.
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6:05 p.m.
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3:40 a.m.
3:45 a.m.
Coaches and athletes have planned ahead for a GREAT weekend in Columbus!

Coaches and athletes have verified the final entry/acceptance.

Athlete in the OHSAA State Championship. All deadlines MUST be met.
Coaches with athletes listed on the performance list have followed the declaration process of ensuring their (OATCC) results collection site.

The coach has verified that meet management has forwarded all FAT qualifying times to the OHSAA

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<tr>
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<td>800M</td>
<td>400M</td>
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The athlete has met the qualifying times in the 100M, 400M, and/or 800M. (These times must be FAT).

The athlete has verified the functioning of all equipment required for competition.

The athlete has verified both physically and mentally for the events being entered.

The athlete has addressed any uniform modifications and received written waivers from the OHSAA authorities.

The athlete has contacted meet officials to inquire about wheelchair events and to confirm participation.

The athlete meets all OHSAA eligibility requirements of residency and academic.

Changes to OHSAA rules are now part of the eligibility process.

NOTE: The OHSAA reserves the right to request this documentation as part of the eligibility process.

The athlete's disability has been verified by a licensed physician (see Appendix D) and this record is maintained on permanent file at the school.
Media contacts

Consideration has been given as to how to present the awards to these athletes—the podium doesn’t work...

USOC Paralympic Division upon request of the wheelchair athlete and/or their coach.

The Meet Director has verified that meet management has forwarded all FAA qualifying times to the

OHSAA (OATCC) result collection site.

The Meet Director has verified that meet management has forwarded all FAA qualifying times to the

The FAA finish line people know that the front axle of the wheel is where we mark the finish line.

The Starter knows the commands to be given in all wheelchair events.

Official must understand the even rules.

The Meet Referee understands the guidelines for wheelchair competition

The Meet has addressed any uniform modifications and received written waivers from the OHSAA authorities.

Any special instructions at the coaches’ meeting?

Accessibility

We have considered restroom facilities and/or special needs temporary restroom management for wheelchair

We have considered the parking and/or drop-off areas for handicapped athletes and their drivers.
1.0 INTRODUCTION

Section 2. Eligibility: Identifies the types of impairments that are eligible for OHSAA track & field in OHSAA track & field wheelchair events.

Eligibility: Identifies the types of impairments that are eligible for OHSAA track & field, wheelchair events, as well as minimal disability criteria.

Appeals Process: A description of the appeals process by which an athlete not described in "Section 2. Eligibility" may be granted an OHSAA Participation Waiver.

Appeals Process: A description of the appeals process by which an athlete not described in the "Section 2. Eligibility" may be granted an OHSAA Participation Waiver.

"Section 2. Eligibility" may be granted an OHSAA Participation Waiver.

Il is divided into three parts:

1.0 INTRODUCTION

Purpose and Structure

Appendix A

Eligibility Rules and Regulations

Track & Field Wheelchair Events
Minimal Disability Criteria

- Related amputation or congenital limb deficiency ( dysmelia)

- Loss of lower extremity (below the knee) limb at any point as a result of trauma

- Lower Extremity Loss of a limb or limb deformity

<table>
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<th>Minimal Disability Criteria</th>
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<tr>
<td>Minor</td>
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<tr>
<td>- Mild atrophy or shortening of a limb</td>
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<tr>
<td>- Slightness of rigidity in 1 or more limbs</td>
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<tr>
<td>- Weakness of flexion or extension</td>
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<td>- Clear evidence of absences or absence of movement</td>
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<tr>
<td>- Notocord, bony or cartilaginous tissue between thigh and leg</td>
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<tr>
<td>- Clean unoin or partial amputation (G-4) tears</td>
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<td>- Clean unoin or partial amputation</td>
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<td>- Includes at least 1 major sign and 1 minor sign from the list below:</td>
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<td>- Specie provided mobility uninterpted and more than 1 gait. Clear evidence should</td>
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<td>- Notocord, minimal orthopedic absence which must have clear evidence of</td>
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<td>- Minimal viability diagnose. Provided mobility</td>
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<td>- Hypotonia</td>
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<tr>
<td>- The following impairments listed are eligible for competition in OHSAA Track &amp; Field</td>
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Guidelines is not related to the appeal handled in 2.30
Handbook must follow the appeals process outlined herein. This appeal to OSHA’s OSHAP
and available at the OSHA’s website: https://www.osha.gov
Appeals to items in the OSHAP
Guidelines must meet all other OSHA’s eligibility guidelines as listed in the OSHA Handbook

2.40

Athletes must meet all other OSHA’s eligibility guidelines as listed in the OSHA Handbook

2.30

Athletic administrators or the athlete’s doctor must be sent to the OSHA
2.30

Athletic administrators or the athlete’s doctor must be sent to the OSHA

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Permanently disabled athletes identified in Section 2.2 must be verified by a licensed

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2.2
The decision is final and not subject to further Process.

Upon completion of the Review of the OSHA, Aandalone a decision in writing to all relevant parties. The decision is final and not subject to further Process.

3.23

Process shall be borne by the individual and/or the Institution Fining the Process.

If the Process is accepted, the OSHA A standalone a decision in writing to all relevant parties. The OSHA A will retain the Process.

3.22

In writing of the decision and explanation, the OSHA A will retain the Process Form is incomplete, the Process shall be returned to the individual and/or the Institution with a written notification. If it is determined that there is no valid reason for the Process of the Process, it shall be conducted in writing.

3.21

Processes must be entered on the OSHA A Avenue Form and submitted to

3.20

In Appendices, sections 3.30 and 3.40, in accordance with the decision of the OSHA A, the decision shall be presented in writing. The decision is final and no further Process is required.

3.16

If the Process is accepted, the individual and/or the Institution Fining the Process.

3.15

The decision of the OSHA A shall be presented in writing. The decision is final and no further Process is required.

3.14

Individual and/or Institution Fining the Process.

National Registration Form: The cost of any such Process shall be borne by the individual and/or Institution.

The OSHA A may request additional assistance in this determination in the Form of an additional evaluation and/or an additional Evaluation conducted by a registered individual.

3.13

The OSHA A reserves the right to examine the documentation of the athlete in question.

3.12

The decision in question may continue to compete while the Process is completed.

3.11

The decision in question may continue to compete when a formal decision is made.

3.10

PROTESTS AND APPEALS

3.0

ELIGIBILITY RULES AND REGULATIONS

TRACK & FIELD WHEELCHAIR EVENTS

APPENDIX A

OSHA A WHEELCHAIR DIVISION NEWSLETTER

Page 13
Appeals Procedures

If the Appeal is filed against the decision in whole or in part, the decision is final and no further appeal is permissible. The decision of the OSHA is final and no further appeal is permitted. If the appeal is not filed within the time limit, the decision is final and no further appeal is permissible.

The OSHA reserves the right to examine the documentation of the athlete in question and make a non-medical decision based on the evidence presented. There may be an administrative cost for this investigation including legal counsel which shall be borne by the individual or institution filing the appeal.

The OSHA reserves the right to examine the documentation of the athlete in question and file a non-medical appeal against the decision in whole or in part. The OSHA may file an appeal on behalf of a registered or affiliated organization if the appeal is filed within 30 days of the decision.

The term "appeal" refers to the procedure by which a formal objection is made to the decision in whole or in part.
(1) To allow an athlete the opportunity to appeal a Protests, decision which changed the

result of a protest.

The purpose of this form is to a school to challenge the results of another

school to participate in OSHA4 wheelchair track and field events based on a protest.

The purpose of this form is to a school to challenge the results of another

school to participate in OSHA4 wheelchair track and field events based on a protest.

There are three forms:

1. APPEAL FORM
2. PROTEST FORM
3. THE ADAPTED SPORTS VERIFICATION FORM

Further elaboration and completion requirement will be detailed to the OSHA website at http://osha.gov

After the Implementation Committee and the OSHA has modified this Appendix of consistency in participation in

the wheelchair might be processed and/or appealed. For the purpose of consistency in participation by which

This Appendix continues the forms necessary to document an athlete’s eligibility and/or the process by which

PURPOSE AND STRUCTURE

FORMS

TRACK & FIELD WHEELCHAIR EVENT

APPENDIX B

OSHA4 WHEELCHAIR DIVISION NEWSLETTER
Part Three: Physician's/Certified Employee Certification (May not be a relative of the athlete)

Date: __________________________ Title: __________________________

Signature of physician or employee

I certify that the above named athlete meets all OHSA eligibility requirements of age, residency, and academics.

Address: ______________________ City: ______ State: ______ Zip: ______

Name: ______________________

Head Coach

Part Two: High School Information

Address: ______________________ City: ______ State: ______ Zip: ______

Name: ______________________

Year: _____ Grade: ______

Part One: Athlete Information
PART TWO. PROTESTED ATHLETE INFORMATION

<table>
<thead>
<tr>
<th>Event (Circle all that apply):</th>
<th>100M</th>
<th>400M</th>
<th>800M</th>
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<tbody>
<tr>
<td>Name of athlete:</td>
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<tr>
<td>High School:</td>
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<tr>
<td>Short Run:</td>
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3.14 The OSHAA may request additional assistance in the determination of the length of the medical investigation including legal counsel which shall be borne by the individual and/or institution filing the protest.

3.15 The OSHAA reserves the right to examine the documentation of the athlete in question and make a non-medical decision based on the evidence presented. There may be an administrative cost for this investigation.

Appendix A: Tack 1 & Tack 2: Field Wheelchair Event Eligibility Rules and Regulations

Appendix B: OSAA Wheelchair Division Newsletter

The purpose of this form is for a school to challenge the eligibility of an athlete from another school to participate in OSHAA forms.
Proposed remedy to the problem:

Attach all documents, facts, and expert witnesses, and other evidence to be offered in evidence in support of the appeal.

Grounds for Appeal:

Even (circle all that apply):

Even (circle all that apply):

High School

PART TWO. ATHLETE INFORMATION

Preprint a signature (this is the same name on account and photograph)

I personally guarantee the payment of the costs identified above to the OSHA upon completion of this process.

The cost of any such proceeding shall be borne by the individual and or institution financing the process.

The OSHA may request additional assistance in this determination in the form of either a medical examination.

The OSHA reserves the right to examine the documentation of the athlete in question and make a non-medical decision based on the evidence presented. There may be an administrative cost for this expense.

Appendix A: This is the standard Appendix A which should be borne by the individual and or institution financing the process.

I certify, that on behalf of my high school and athletic department, I am preparing the participation of the athlete identified in Part One.

Principal

PART ONE. SCHOOL FILING THE APPEAL

FORMS

Confidential Form

Appendix B

Page 18

OHSAA WHEELCHAIR DIVISION NEWSLETTER