

2016 Standards-Women

Class	Event	Eligible Classes	Trials Entry	Jr. Trials Entry (Ages 14-19)
11	100	11	17.23	18.00
12	100	12	16.50	18.00
13	100	13	16.50	18.00
33	100	33/34	33.00	36.00
34	100	33/34	33.00	36.00
35	100	35	26.00	28.30
36	100	36	20.35	24.00
37	100	37	18.55	21.00
38	100	38	18.60	19.30
42	100	42	23.52	25.00
43	100	43/44	18.11	19.50
44	100	43/44	18.11	19.50
45	100	45/46/47	17.20	18.40
46	100	45/46/47	17.20	18.40
47	100	45/46/47	17.20	18.40
51	100	51/52	41.17	43.00
52	100	51/52	41.17	43.00
53	100	53	23.52	26.88
54	100	54	22.23	25.00
11	200	11	36.47	38.00
12	200	12	34.70	37.00
35	200	35	49.41	52.00
36	200	36	44.70	47.00
43	200	43/44	38.82	40.00
44	200	43/44	38.82	40.00
45	200	45/46/47	32.00	34.11
46	200	45/46/47	32.00	34.11
47	200	45/46/47	32.00	34.11
11	400	11	1:24.71	1:30.00
12	400	12	1:23.53	1:25.00
13	400	13	1:22.35	1:25.00
20	400	20	1:22.35	1:25.00
33	400	33/34	1:43.53	1:45.00
34	400	33/34	1:43.53	1:45.00
37	400	37	1:34.12	1:35.50
38	400	38	1:30.59	1:34.00
43	400	43/44	1:34.00	1:38.00
44	400	43/44	1:34.00	1:38.00
45	400	45/46/47	1:26.29	1:28.00
46	400	45/46/47	1:26.29	1:28.00
47	400	45/46/47	1:26.29	1:28.00
51	400	51/52	1:40.00	1:45.00
52	400	51/52	1:40.00	1:45.00
53	400	53	1:22.35	1:25.00
54	400	54	73.60	75.00
34	800	34	3:14.12	3:30.50
52	800	52/53	2:47.06	3:00.00
53	800	52/53	2:47.06	3:00.00

2016 Standards-Women

Class	Event	Eligible Classes	Trials Entry	Jr. Trials Entry (Ages 14-19)
54	800	54	2:32.94	2:38.50
11	1500	11	7:27.06	7:30.00
12	1500	12--13	6:34.12	6:40.00
13	1500	12--13	6:34.12	6:40.00
20	1500	20	6:16.47	6:20.00
53	1500	53/54	4:10.00	4:15.00
54	1500	53/54	4:10.00	4:15.00
53	5000	53/54	12:30.00	12:55.58
54	5000	53/54	12:30.00	12:55.58
11-13	4 x 100	11--13		
35-38	4 x 100	35--38		
53-54	4 x 400	53--54		
31	Club	31/32	11.00	9.00
32	Club	31/32	11.00	9.00
51	Club	51	7.45	6.75
11	Discus	11	17.00	15.00
37	Discus	37/38	17.00	16.45
38	Discus	37/38	17.00	16.45
40	Discus	40/41	14.50	13.90
41	Discus	40/41	14.50	13.90
43	Discus	43/44	14.70	13.90
44	Discus	43/44	14.70	13.90
51	Discus	51/52	3.40	3.20
52	Discus	51/52	3.40	3.20
54	Discus	54/55	12.45	11.00
55	Discus	54/55	12.45	11.00
56	Discus	56/57	15.00	14.50
57	Discus	56/57	15.00	14.50
12	Javelin	12--13	14.00	13.25
13	Javelin	12--13	14.00	13.25
34	Javelin	34	10.00	8.95
37	Javelin	37	15.10	14.00
45	Javelin	45/46	17.00	15.00
46	Javelin	45/46	17.00	15.00
53	Javelin	53/54	9.10	8.35
54	Javelin	53/54	9.10	8.35
55	Javelin	55/56	11.30	9.45
56	Javelin	55/56	11.30	9.45
11	Long Jump	11	3.15	3.00
12	Long Jump	12	3.50	3.42
20	Long Jump	20	3.80	3.70
37	Long Jump	37	3.00	2.90
38	Long Jump	38	3.30	3.13
42	Long Jump	42	2.60	2.50
43	Long Jump	43/44	3.40	3.20
44	Long Jump	43/44	3.40	3.20
45	Long Jump	45/46/47	3.75	3.60
46	Long Jump	45/46/47	3.75	3.60

2016 Standards-Women

Class	Event	Eligible Classes	Trials Entry	Jr. Trials Entry (Ages 14-19)
47	Long Jump	45/46/47	3.75	3.60
11	Shot Put	11---12	8.45	7.75
12	Shot Put	11---12	8.45	7.75
20	Shot Put	20	8.35	8.00
32	Shot Put	32	2.50	2.40
33	Shot Put	33	3.38	3.25
34	Shot Put	34	4.85	4.50
35	Shot Put	35	5.65	5.50
36	Shot Put	36	5.15	5.00
37	Shot Put	37	6.50	6.39
40	Shot Put	40	3.40	3.30
41	Shot Put	41	4.65	4.35
53	Shot Put	53	2.50	2.40
54	Shot Put	54	4.20	4.00
56	Shot Put	56/57	6.30	6.00
57	Shot Put	56/57	6.30	6.00

2016 Standards-Men				
Class	Event	Eligible Classes	Trials Entry	Jr. Trials Entry (Ages 14-19)
11	100	11	14.47	15.00
12	100	12	14.00	15.00
13	100	13	14.11	15.00
33	100	33	32.00	35.00
34	100	34	25.00	27.00
35	100	35	17.94	19.00
36	100	36	16.91	18.38
37	100	37	16.20	18.75
38	100	38	16.15	18.75
42	100	42	16.00	18.11
43	100	43/44	14.85	16.75
44	100	43/44	14.85	16.75
45	100	45/46/47	13.00	15.00
46	100	45/46/47	13.00	15.00
47	100	45/46/47	13.00	15.00
51	100	51	35.29	38.00
52	100	52	23.00	25.00
53	100	53	19.30	20.50
54	100	54	17.30	18.30
11	200	11	31.00	33.00
12	200	12	28.00	30.25
35	200	35	40.19	43.69
42	200	42	37.00	40.00
43	200	43/44	29.90	31.00
44	200	43/44	29.90	31.00
11	400	11	67.00	72.00
12	400	12	64.00	68.00
13	400	13	58.00	65.00
20	400	20	62.00	64.50
36	400	36	1:20.00	1:24.00
37	400	37	1:20.00	1:24.00
38	400	38	1:20.00	1:24.00
43	400	43/44	1:10.04	1:16.13
44	400	43/44	1:10.04	1:16.13
45	400	45/46/47	61.45	65.00
46	400	45/46/47	61.45	65.00
47	400	45/46/47	61.45	65.00
51	400	51	2:15.00	2:23.00
52	400	52	1:14.00	1:22.00
53	400	53	1:02.00	1:05.00
54	400	54	59.10	64.10
33	800	33/34	3:00.00	3:15.00
34	800	33/34	3:00.00	3:15.00
36	800	36	2:50.25	3:08.00
52	800	52/53	2:10.00	2:20.00
53	800	52/53	2:10.00	2:20.00
54	800	54	1:55.00	2:00.00
11	1500	11	5:20.00	5:30.00

2016 Standards-Men				
Class	Event	Eligible Classes	Trials Entry	Jr. Trials Entry (Ages 14-19)
12	1500	12--13	5:00.00	5:10.00
13	1500	12--13	5:00.00	5:10.00
20	1500	20	5:00.00	5:10.00
37	1500	37	5:30.00	5:50.00
38	1500	38	5:30.00	5:50.00
45	1500	45/46	5:20.00	5:30.00
46	1500	45/46	5:20.00	5:30.00
51	1500	51/52	5:20.00	5:40.00
52	1500	51/52	5:20.00	5:40.00
53	1500	53/54	3:50.00	4:00.00
54	1500	53/54	3:50.00	4:00.00
11	5000	11	20:10.19	21:51.00
12	5000	12--13	18:30.00	19:00.00
13	5000	12--13	18:30.00	19:00.00
53	5000	53/54	12:45.00	13:15.00
54	5000	53/54	12:45.00	13:15.00
11-13	4x100	11-13		
42-47	4x100	42-47		
53/54	4x400	53/54		
31	Club	31/32	13.50	12.00
32	Club	31/32	13.50	12.00
51	Club	51	15.00	12.00
11	Discus	11	20.00	18.00
37	Discus	37	21.25	19.80
43	Discus	43/44	36.00	32.00
44	Discus	43/44	36.00	32.00
51	Discus	51/52	7.80	7.00
52	Discus	51/52	7.80	7.00
54	Discus	54/55/56	21.00	18.00
55	Discus	54/55/56	21.00	18.00
56	Discus	54/55/56	21.00	18.00
42	High Jump	42	1.35	1.25
44	High Jump	44	1.35	1.25
45	High Jump	45/46/47	1.35	1.25
46	High Jump	45/46/47	1.35	1.25
47	High Jump	45/46/47	1.35	1.25
12	Javelin	12-13	38.00	30.00
13	Javelin	12-13	38.00	30.00
34	Javelin	34	14.50	13.00
38	Javelin	38	23.00	19.50
40	Javelin	40/41	22.50	19.00
41	Javelin	40/41	22.50	19.00
42	Javelin	42/43/44	35.00	32.00
43	Javelin	42/43/44	35.00	32.00
44	Javelin	42/43/44	35.00	32.00
46	Javelin	46	30.00	28.00
53	Javelin	53/54	14.00	12.00
54	Javelin	53/54	14.00	12.00

2016 Standards-Men				
Class	Event	Eligible Classes	Trials Entry	Jr. Trials Entry (Ages 14-19)
56	Javelin	56/57	16.50	14.00
57	Javelin	56/57	16.50	14.00
11	Long Jump	11	4.45	4.25
12	Long Jump	12	4.70	4.30
20	Long Jump	20	5.25	5.00
36	Long Jump	36	3.40	3.15
37	Long Jump	37	3.70	3.55
38	Long Jump	38	3.45	3.28
42	Long Jump	42	4.00	3.75
43	Long Jump	43/44	4.50	4.15
44	Long Jump	43/44	4.50	4.15
45	Long Jump	45/46/47	5.00	4.75
46	Long Jump	45/46/47	5.00	4.75
47	Long Jump	45/46/47	5.00	4.75
11	Shot	11--12	8.00	7.50
12	Shot	11--12	8.00	7.50
20	Shot	20	8.80	8.30
32	Shot	32	3.40	3.30
33	Shot	33	4.30	4.15
34	Shot	34	5.00	4.50
35	Shot	35	5.00	4.50
36	Shot	36	7.20	6.50
37	Shot	37	8.00	6.90
40	Shot	40	5.00	4.30
41	Shot	41	7.25	6.50
42	Shot	42	8.80	7.50
53	Shot	53	4.35	4.00
54	Shot	54/55	6.59	5.90
55	Shot	54/55	6.59	5.90
56	Shot	56/57	8.10	7.75
57	Shot	56/57	8.10	7.75