

# U.S. Paralympics Track & Field 2021 Athlete and Sport Program Plan

Sherrice Fox, Director, U.S. Paralympics Track & Field

Office Phone: (719) 866-3353 / Cell Phone: (719)- 439-6850/ Email: Sherrice.Fox@usopc.org

Alec Hewett, Manager, U.S. Paralympics Track & Field

Office Phone: (719) 866-3236 / Cell Phone: (719) 644-9005 / Email: Alec.Hewett@usopc.org

Joaquim Cruz, Resident Coach, U.S. Paralympics Track & Field

Office Phone: (619) 482-6151 / Cell Phone: (619) 454-5541 / Email: Joaquim.Cruz@usopc.org

General Inquiries: USParaTFInfo@usopc.org

## DEFINITIONS

1. **“2021”**: The following dates and seasons:
  - a. Summer Sports – the 2021 season, which lasts January 1, 2021 through December 31, 2021
2. **“2022”**: The following dates and seasons:
  - a. Summer Sports – 2022 season / January 1, 2022 through December 31, 2022
3. **“Athlete Stipend”**: Previously referred to as Direct Athlete Support or DAS
4. **“EAHI”**: Elite Athlete Health Insurance
5. **“IF”**: an International Federation
  - a. ATH – World Para Athletics (WPA)
  - b. CYC – Union Cycliste Internationale
  - c. SKA – World Para Alpine Skiing
  - d. SBD – World Para Snowboard
  - e. SKN – World Para Nordic Skiing
  - f. SWI – World Para Swimming
6. **“NGB”**: National Governing Body. For para ATH, CYC, SKA, SBD, SKN, SWI, U.S. Paralympics serves as the NGB.
7. **“USADA”**: The U.S. Anti-Doping Agency
8. **“Guide”**: For the purposes of these procedures (except as noted throughout), guides will be considered athletes.

## PROGRAM GOALS

The primary focus in 2021 will be to provide opportunities for athletes to compete and for priority athletes to obtain international classification while keeping the risk associated with COVID-19 to a minimum. Our goals always include working toward being best in the world. In order to move up in the medal tables, we must emphasize building a sustainable infrastructure for talent identification, coaching education, official’s education, athlete retention and athlete development. Our infrastructure needs constant reviewing and development, but in 2021 our main focus will be directed towards the Tokyo Paralympic Games.

Specific activities in pursuit of these program goals will include:

- Provide competition opportunities for podium potential athletes.
- Continue to provide enhanced resources and incentives through athlete support and performance incentive programs.
- Provide athletes with opportunities for competition to increase preparation for Tokyo 2020.
- Provide international classification opportunities for athletes with medal potential in Tokyo.
- Early implementation of science, technology and provide physiological support to athletes with podium potential.
- Provide rotational opportunities for athletes with podium potential access to temporarily train at Chula Vista Elite Athlete Training Center.

### **2021 NATIONAL TEAM**

U.S. Paralympics Track & Field will nominate National Team(s) for 2021, based on criteria outlined below:

Term 1: January 1, 2021 - June 30, 2021

Term 2: July 1, 2021 - December 31, 2021

- U.S. Paralympics 2021 National Team status applies for January 1, 2021 - June 30, 2021 (Term 1) and July 1, 2021 - December 31, 2021 (Term 2). National Team status and benefits are only awarded to athletes who accept, sign and remain current with their obligations under the U.S. Paralympics National Team Athlete Agreement and Personal Performance Plan.
- Athletes who meet a National Team standard during 2021, at a World Para Athletics approved competition, become eligible for National Team benefits and will retain their National Team status through December 31, 2021. Athletes will be nominated to the team on the first day of the month following achievement of the National Team standard.
- Athletes nominated to the 2021 National Team(s), even if the nomination is not accepted by the athlete, will be added to the USADA registered testing pool and will be responsible for remaining compliant with all policies and procedures, required by USADA. More information regarding USADA can be found in Attachment E.
- Prior to being nominated to the National Team, athletes ***must have undergone international classification evaluation and hold an international Paralympic-eligible sport class*** as per the World Para Athletics master list and hold a current season athlete license through World Para Athletics before the standard is achieved. Please note, guide athletes do not undergo international classification evaluation, but must meet World Para Athletics requirements to fulfill guide role for specified athlete on National Team.

2021 International Classification Opportunities-

<https://www.paralympic.org/athletics/classification/evaluation-opportunities>

### **Athletes nominated to the national team on January 1, 2021:**

- Athletes who achieved the 2021 National Team A or B standard between January 1, 2019 and December 31, 2020 at an approved World Para Athletics event.
- Athletes who earned a Gold, Silver or Bronze medal at the 2019 Dubai World Para Athletics Championships in an individual event.
- Athletes who competed in the finals of their respective event and placed 4<sup>th</sup> or 5<sup>th</sup> at the 2019 Dubai World Para Athletics Championships.

Athletes who are nominated to the team on January 1, 2021 based on the criteria above must also achieve a National Team A or B standard in at least one Tokyo medal event between January 1, 2021 - June 30, 2021 to maintain their National Team status through December 31, 2021.

Athletes who do not obtain a National Team A or B standard by June 30, 2021 will be removed from the National Team effective July 1, 2021.

### **Guide Athletes nominated to the national team on January 1, 2021:**

- Guide athletes currently assigned to an athlete by U.S. Paralympics Track & Field staff and competing with an athlete who was nominated to the team on January 1, 2021 based on the criteria outlined above will be nominated to the team on January 1, 2021.
- Beginning Term 2, July 1, 2021-December 31, 2021 guide athletes will be paid equivalent to the amount the guided athlete receives.

### **Athletes nominated to the national team throughout 2021:**

Athletes must meet one of the following criteria to be considered for nomination to the National team in 2021. If criteria is met, the athlete will be added to the national team at the start of the month following when the criteria was met.

- Athletes who achieved the 2021 National Team A or B standard between January 1, 2021 and November 30, 2021 at an approved World Para Athletics event.
- Athletes who earn a Gold, Silver or Bronze medal at the Tokyo Paralympic Games.

Athletes nominated to the team in 2021 can only be nominated to Tier 1 or 2 status unless a verified World Record at a Grand Prix competition in 2021 is obtained.

### **Guide athletes nominated to the national team throughout 2021:**

All eligible and contracted guide athletes not assigned to or training directly with a National Team athlete may receive athlete stipends on an individual basis as agreed upon by the guide athlete and U.S. Paralympics Track & Field staff. Guide athletes must meet the same requirements as National Team athletes including, but not limited to, having a World Para Athletics athlete license, and showing proof of performance from a verifiable World Para Athletics approved competition, USATF sanctioned meet or IAAF sanctioned event in the last 18 months.

## **National Team Tiers**

**Tier 1-** Athletes nominated to Tier 1 must meet at least one of the following requirements.

Athletes who earned a Gold, Silver or Bronze medal at the 2019 Dubai World Para Athletics Championships in an event on the Tokyo Paralympic Games program will be nominated to Tier 1.

OR

Athletes who established a verified World Para Athletics World Record at a World Para Athletics Grand Prix competition between January 1, 2019 through December 31, 2020. In combined medal events, the World Record mark must place the athlete first overall in the combined WPA World Rankings. The athletes who meet these criteria will be nominated as Tier 1. (\$1,250/month)

Athletes must be nominated to the team at the Tier 1 level on January 1, 2021 to be eligible for Tier 1 funding in 2021 unless an athlete obtains a World Para Athletics verified World Record at a Grand Prix competition held between January 1, 2021-September 6, 2021. In combined medal events, the World Record mark must place the athlete first overall in the combined WPA World Rankings. If a Tier 1 athlete nominated on January 1, 2021 does not meet the National Team A or B standard in Term 1, they will be removed from the National Team effective July 1, 2021. If an athlete is removed from Tier 1 status at the end of Term 1, the athlete may only be nominated to the National Team using the process for athletes nominated through 2021 listed in this plan.

**Tier 2-** Athletes who achieve the U.S. Paralympics Track & Field 2021 National A Standard at a World Para Athletics approved event between January 1, 2019 and December 31, 2021. (\$950/month)

Athletes nominated to Tier 2 on January 1, 2021 must obtain a National A or B standard by June 30, 2021 in order to maintain Tier 2 funding beginning Term 2, July 1, 2021. If a Tier 2 athlete does not obtain a National A or B standard in Term 1 between January 1, 2021- June 30, 2021 they will be removed from the National Team effective July 1, 2021.

**Tier 3-** Athletes who achieved the U.S. Paralympics Track & Field 2021 National B Standard at a World Para Athletics approved event between January 1, 2019 and December 31, 2020 will be nominated as Tier 3. Athletes who competed in the finals of their respective event and placed 4th or 5th at the 2019 Dubai World Para Athletics Championships will be nominated to Tier 3. (\$600/month)

Athletes nominated to Tier 3 must obtain a National B standard by June 30, 2021 in order to maintain Tier 3 funding through Term 2. If an athlete does not obtain at least a National Team B standard by June 30, 2021 the athlete will be removed from the National Team effective July 1, 2021. If an athlete nominated to Tier 3 obtains a 2021 National A standard in 2021 they will be nominated to Tier 2 at the beginning of the following month.

If an athlete is removed from Tier 1, 2 or Tier 3 at the end of Term 1 and then obtains a National Team A or B standard in Term 2, they will be nominated to the National Team utilizing the criteria for athletes nominated throughout 2021.

**Talent Protection Program (TPP)** - The purpose of the TPP is to offer support for athletes who for various reasons have not made the National Team however have demonstrated medal potential and/or the ability to make the Tokyo Paralympic Games team. Athletes who are not on the 2021 National Team but meet one or more of the following criteria are eligible to be in the TPP. Athletes in the TPP will be eligible to apply for athlete support funding outlined in the sport and program plan. Athletes in the TPP may also receive invites to domestic competitions and camps. If not internationally classified, athletes must have a Paralympic eligible national classification that was conducted at a U.S. Paralympics Track & Field approved national classification opportunity prior to the TPP eligible mark being achieved. The athlete must obtain a current World Para Athletics athlete license, USA Track & Field athlete license, complete an NCSI background check and U.S. Center for SafeSport training (for athletes over 18) and complete a non-national team athlete agreement (including U.S. Paralympics Code of Conduct), etc. prior to support and invitations to competitions and camps being offered.

There is no application process for eligible TPP athletes. U.S. Paralympics Track & Field will review submitted results at end of each month and directly notify eligible athletes that will be entered into the TPP.

- Athlete has a verifiable mark at a World Para Athletics approved competition and that mark places them in the Top 3 of their sport class in the World Para Athletics World Rankings. The result must be recognized by World Para Athletics, wind legal and be an event on the Tokyo Paralympic Games program for the athlete's eligible sport class.
- Athletes who were on the 2019 National Team in Term 2 and have not obtained a 2021 National Team A or B standard who have demonstrated medal potential by remaining in the Top 8 of the 2019 or 2020 World Para Athletics world rankings (with a minimum of 12 athlete rankings).
- Athletes who are not on the 2021 National Team and who are nominated and meet all requirements to be named to the Tokyo Paralympic Games Team will be named to the TPP July 1, 2021.
- Athlete is eligible for and needed to complete the make-up of the Universal Relay Team due to specific sport class requirements for the Universal Relay.

If an athlete who was named to the TPP for 2021 does not obtain a National A or B standard based on the criteria to be nominated to the National Team throughout 2021 as listed in the plan, and/or if the athlete does not receive a nomination and meet all requirements to be named to the 2020 Paralympic Games team, they will be removed from the TPP effective June 30, 2021.

2021 National Team standards (Attachment A) are based on the following:

- National Team A Standard: Best third-place performance (mark or time) from 2019 according to the World Para Athletics World Ranking List.
- National Team B Standard: Best fifth-place performance (mark or time) from 2019 according to the World Para Athletics World Ranking List.

*\*\* National Team status may not be earned based on performances in relays or team events unless noted. If an athlete competes in a medal event with combined classifications, the top third-place and fifth-place finish overall amongst all combined classifications have been listed.*

## **2022 NATIONAL TEAM**

U.S. Paralympics will nominate a U.S. Paralympics Track & Field National Team for 2022, based on athlete performance during the Tokyo Paralympic Games and athlete performance at WPA approved competitions between January 1, 2021 and November 30, 2021. Athletes who meet the following criteria will be automatically nominated to the 2022 National Team on January 1, 2022.

- Athletes who earned a Gold, Silver or Bronze medal at the Tokyo Paralympic Games.
- Athletes who placed 4<sup>th</sup> or 5<sup>th</sup> at the Tokyo Paralympic Games in the finals of their event. (The finals must include a minimum of 8 competitors).
- Athletes who obtained a 2021 National Team A standard at a WPA approved competition between January 1, 2021 and November 30, 2021.
- Athletes who obtained a verified World Para Athletics World Record in 2021 in an event on the 2024 Paris Paralympic Games Medal Program. The record must place the athlete first in the World Rankings overall for the medal event.
- Guide athletes who are assigned to an athlete nominated to the team on January 1, 2022.

**\*\*Eligible events must be included on the 2024 Paris Paralympic Games program. \*\***

## **NATIONAL TEAM BENEFITS**

**National Team athletes MAY be eligible for the following benefits:**

1. USOPC Athlete Stipend (Attachment B)
2. Operation Gold for the Tokyo Paralympic Games
3. U.S. Paralympics Track & Field Additional Athlete Support Programs (Attachment C)
4. USOPC Elite Athlete Health Insurance Program (Attachment D)
5. Air transportation (or ground equivalent), lodging, ground transportation, meal per diem, and coaching support at designated U.S. Paralympics Track & Field training and competition activities.
6. USOPC Athlete Career & Education Program (<https://www.teamusa.org/athlete-resources/athlete-career-and-education-program>).
7. U.S. Paralympics National Team uniform and apparel.

## EMERGING ATHLETES

Athletes who meet the Emerging standard during 2021, at a WPA approved competition, **may** be invited to participate in selected U.S. Paralympics Track & Field Program activities as outlined below. Invitation is at the discretion of U.S. Paralympics Track & Field.

2021 Emerging standards (Attachment A) are based on 15% of the 2021 National A Standard for events on the track and 25% for field events.

Athletes nominated to the Emerging Team must be internationally classified by World Para Athletics OR nationally classified by U.S. Paralympics Track & Field and hold a Paralympic-eligible sport class as per World Para Athletics and/or U.S. Paralympics master list and hold a current season license for Track & Field from World Para Athletics. Please note, guide athletes do not undergo international classification evaluation but must meet WPA requirements to fulfill guide role for specified athlete.

## 2021 PROGRAM ACTIVITIES

The 2021 National Team(s) activities are outlined below. Athletes will be required to attend all 2021 activities included in their personal performance plan which will be developed in conjunction with the staff at U.S. Paralympics Track & Field and the athlete's coach.

Each athlete is responsible for individual arrangements (including expenses) to attend these activities (i.e. travel, lodging, accommodation, entries) **unless otherwise indicated** in the activity listing or the athlete's personal performance plan (as applicable).

National Team athletes are required to obtain a 2021 WPA Athlete License.

National Team athletes are required to be registered members of their respective U.S. NGB (USA Track & Field).

World Para Athletics Approved/Sanctioned events are noted in the 2021 Program Activities listed below.

All competitions listed below will be automatically submitted for competition approval by U.S. Paralympics Track & Field. Competitions and camps that are listed as invite only mean you will not be able to attend unless invited by U.S. Paralympics Track & Field. Competitions listed as Invite Only/Open mean U.S. Paralympics Track & Field will plan to take a team however any athlete may be eligible to enter on their own.

The 2021 competition schedule is subject to change due to COVID-19.

<u>Event Type</u>	<u>Start Date</u>	<u>End Date</u>	<u>Name of Competition</u>	<u>Location</u>	<u>Eligibility/Events</u>
Camp	11-Feb	22-Feb	USPTF Camp #1	Chula Vista, CA	Invite Only
Grand Prix	10-Feb	13-Feb	Dubai Grand Prix	Dubai, U.A.E.	Invite Only/Open
Domestic	TBA	TBA	Baldy Castillo Invitational	Tempe, AZ	Invite Only
Domestic	TBA	TBA	San Diego State Aztec Invite	San Diego, CA	Invite Only
Grand Prix	25-Mar	27-Mar	Sau Paulo Grand Prix	Sau Paulo, Brazil	Invite Only/Open
Domestic	TBA	TBA	Sun Angel Classic	Tucson, AZ	Invite Only
Domestic	TBA	TBA	Pomona Pitzer	Claremont, CA	Invite Only
Camp	8-Apr	19-Apr	USPTF Camp #2	Chula Vista, CA	Invite Only
Domestic	TBA	TBA	UCSD Triton Invite	San Diego, CA	Invite Only
Domestic	TBA	TBA	Arnie Robinson	Mesa College	Invite Only
Domestic	15-Apr	TBA	Bryan Clay Invitational	Azusa, CA	Grant Eligible
Domestic	15-Apr	TBA	Mt. Sac Relays	Walnut, CA	Invite Only
Domestic	21-Apr	24-Apr	Drake Relays	Des Moines, IA	Invite Only
Trials	TBC	TBC	Ambulatory Trials Marathon	TBC	Not Funded
Domestic	25-Apr	25-Apr	London Marathon	London, UK	Grant Eligible
Grand Prix	TBD	TBD	Desert Challenge Games	Tempe, AZ	Grant Eligible
Domestic	TBA	TBA	Steve Scott Invite	Irvine, CA	Invite Only
International	TBA	TBA	Japan Invite	Tokyo, Japan	Invite Only
Grand Prix	5-May	7-May	Paris Grand Prix	Paris, France	Invite Only/Open
Domestic	TBA	TBA	Oxy Invitational	Occidental, CA	Invite Only
Grand Prix	16-Apr	18-Apr	Italian Open	Jesolo, Italy	Invite Only/Open
Grand Prix	14-May	16-May	Switzerland Grand Prix	Notwill, Switzerland	Invite Only/Open
Domestic	21-May	23-May	Great Lakes Games	Chicago, IL	Grant Eligible
Domestic	TBA	TBA	Fast Cow	TBA	Grant Eligible
<b>Trials</b>	<b>17-Jun</b>	<b>20-Jun</b>	<b>U.S. Paralympic Trials</b>	<b>Minneapolis, Minnesota</b>	<b>Not Funded</b>



Domestic	TBA	TBA	Jim Cal Bush Invitational	Long Beach, CA	TBD
Camp	1-Jul	12-Jul	Tokyo Prep Camp	Chula Vista, CA	Invite Only
Domestic	26-Jul	1-Aug	USATF Exhibition Event	Jacksonville, FL	Open (Age Restricted)
<i>Camp</i>	<i>TBA</i>	<i>TBA</i>	<i>Games Training Camp</i>	<i>TBA</i>	<i>Invite based on selection</i>
<i>International</i>	<i>24-Aug</i>	<i>5-Sep</i>	<i>Paralympic Games</i>	<i>Tokyo, JP</i>	<i>Invite based on selection</i>
<i>Marathon</i>	<i>10-Oct</i>	<i>10-Oct</i>	<i>Chicago Marathon</i>	<i>Chicago, IL</i>	<i>Grant Eligible</i>
Marathon	TBD	TBD	Boston Marathon	Boston, MA	<i>Grant Eligible</i>
Camp	30-Sep	11-Oct	Development Camp	Chula Vista, CA	Invite Only
<i>Marathon</i>	<i>7-Nov</i>	<i>7-Nov</i>	<i>New York Marathon</i>	<i>New York City, NY</i>	<i>Grant Eligible</i>

## 2021 OPERATION GOLD

The Operation gold qualifying event for U.S. Paralympics Track & Field is the PARALYMPIC GAMES in TOKYO.

In a Paralympic Games year, teams and individuals must place in the top-three at the Paralympic Games to qualify for Operation Gold Awards; multiple Operation Gold Awards can be received if an athlete has multiple top-three finishes at the Paralympic Games.

For purposes of Operation Gold, a team is defined as three or more athletes (pairs are awarded at the same rate as individual athletes).

### Paralympic Sport Payment Schedule

Place	Paralympic Games Year (Paralympic Games Only)
<b>1<sup>st</sup></b>	\$37,500
<b>2<sup>nd</sup></b>	\$22,500
<b>3<sup>rd</sup></b>	\$15,000

**Attachment A**

**2021 U.S. Paralympics Track & Field Standards  
2021 Men's Standards**

<b>Class</b>	<b>Event</b>	<b>National Team A</b>	<b>National Team B</b>	<b>Emerging</b>	<b>Tokyo High Performance Standard</b>	<b>Tokyo Minimum Entry Standard</b>	<b>Trials Entry Standard</b>
T11	100m	11.10	11.20	12.77	11.52	11.90	13.09
T12	100m	10.74	10.77	12.35	11.10	11.50	12.65
T13	100m	10.88	10.99	12.51	11.13	11.50	12.65
T33	100m	17.41	18.79	20.02	20.90	24.00	26.40
T34	100m	15.41	15.54	17.72	16.38	17.30	19.03
T35	100m	12.03	12.7	13.83	13.52	15.60	17.16
T36	100m	11.95	12.09	13.74	12.51	13.70	15.07
T37	100m	11.48	11.57	13.20	11.93	12.80	14.08
T38	100m	11.05	11.35	12.71	11.58	12.50	13.75
T45/46/47	100m	10.69	10.83	12.29	11.06	11.60	12.76
T51	100m	20.97	21.62	24.12	22.74	28.00	30.80
T52	100m	17.06	17.45	19.62	17.96	20.00	22.00
T53	100m	14.76	14.95	16.97	15.30	16.20	17.82
T54	100m	13.98	14.19	16.08	14.31	14.70	16.17
T63(42)	100m	12.32	12.42	14.17	13.09	15.60	17.16
T62/64(43/44)	100m	10.99	11.00	12.64	11.47	12.00	13.20
T35	200m	24.24	26.45	27.88	28.29	32.00	35.20
T37	200m	22.88	23.1	26.31	24.22	26.00	28.60
T51	200m	37.82	41.17	43.49	42.84	51.00	56.10
T61(42)	200m	24.63	26.56	28.32	28.00	28.50	31.35
T64/44	200m	22.73	22.78	26.14	23.65	25.10	27.61
T11	400m	50.91	51.56	58.55	54.34	57.00	62.70
T12	400m	48.99	49.92	56.34	50.40	54.00	59.40
T13	400m	49.45	50.59	56.87	51.00	54.00	59.40
T20	400m	47.96	48.74	55.15	49.87	52.60	57.86
T36	400m	54.28	55.85	62.42	59.36	01:04.0	1:10.40
T37	400m	51.53	52.24	59.26	55.12	01:00.0	01:06.0
T38	400m	52.28	52.66	60.12	54.36	01:00.0	01:06.0
T45/46/47	400m	48.96	49.44	56.30	50.15	53.5	58.85
T51/52	400m	59.98	01:01.30	68.98	01:03.0 (1:03.27)	01:30.0	01:39.0
T53	400m	49.02	49.40	56.37	50.74	54.00	59.40

T54	400m	45.55	46.27	52.38	46.75	48.50	53.35
T62(43)	400m	51.17	54.19	58.85	55.15	1:10.00	01:17.0
T33/34	800m	1:40.17	01:42.15	01:55.20	1:47.00 (1:47.49)	2:03.00	2:15.30
T53	800m	1:35.89	01:36.53	01:50.27	1:41.00 (1:40.69)	1:51.00	2:02.10
T54	800m	1:31.41	01:31.95	01:45.12	1:33.00	1:37.00	1:46.70
T11	1500m	4:08.71	04:11.49	04:46.02	4:21.00 (4:21.42)	4:32.00	4:59.20
T12/13	1500m	3:49.30	03:51.62	04:23.70	3:58.00 (3:58.32)	4:08.00	4:32.80
T20	1500m	3:56.32	03:57.84	04:31.77	4:00.00 (3:59.93)	4:12.00	4:37.20
T37/38	1500m	4:05.12	04:09.07	04:41.89	4:24.00 (4:23.86)	4:45.00	5:13.50
T45/46	1500m	3:51.99	03:58.49	04:26.79	4:05.00 (4:05.39)	4:26.00	4:52.60
T51/52	1500m	3:55.21	03:56.70	04:30.49	3:57.00 (3:56.52)	5:20.00	5:52.00
T53/54	1500m	2:53.96	02:54.18	03:20.05	2:55.00 (2:55.21)	3:07.00	3:25.70
T11	5000m	15:45.32	15:46.74	18:07.12	16:04.00 (16:04.27)	16:55.00	18:36.50
T12/13	5000m	14:42.62	14:48.87	16:55.01	15:11.00 (15:11.47)	15:57.00	17:32.70
T53/54	5000m	9:44.01	09:44.45	11:11.61	10:00.00 (10:00.27)	10:50.00	11:55.00
T11/12	Marathon	2:25:50	2:28:29	2:47:43	2:33:49	3:00:00	3:18:00
T45/46	Marathon	2:27:36	2:30:44	2:49:44	2:47:39	3:00:00	3:18:00
T52/53/54	Marathon	1:22:51	01:23.41	1:35:17	1:24:02	1:35:00	1:44:30
T11-13, T33-34/T51- 54, T35-38, T42-47/T61-64	4x100m Medley Relay	-	-	-	-	-	-
F31/32	Club	34.42	34.01	25.82	30.72	22.00	18.70
F51	Club	29.91	29.33	22.43	27.49	17.00	14.45
F11	Discus	42.23	38.18	31.67	36.41	29.00	24.65
F37	Discus	51.43	50.39	38.57	45.46	39.00	33.15
F51/52	Discus	19.91	19.24	14.93	17.19	10.00	8.50
F54/55/56	Discus	43.51	41.58	32.63	37.26	33.00	28.05

F63/64 (43/44)	Discus	62.13	54.09	46.60	48.30	40.00	34.00
T45/46/47	High Jump	2.00	1.94	1.50	1.86	1.50	1.35
T61/63 (42)	High Jump	1.80	1.78	1.35	1.59	1.50	1.35
T64(44)	High Jump	1.99	1.93	1.49	1.86	1.40	1.26
F12/13	Javelin	61.97	59.12	46.48	54.06	43.00	36.55
F33/34	Javelin	35.59	34.17	26.69	26.38	19.00	16.15
F38	Javelin	54.63	51.29	40.97	45.87	30.00	25.50
F40/41	Javelin	42.24	40.05	31.68	34.83	27.00	22.95
F45/46	Javelin	61.22	59.95	45.92	49.43	39.00	33.15
F53/54	Javelin	30.56	29.76	22.92	24.00	19.70	16.75
F56/57	Javelin	46.01	41.71	34.51	39.75	31.00	26.35
F61-64 (42-44)	Javelin	57.36	56.95	43.02	55.20	44.00	37.40
T11	Long Jump	6.44	6.32	4.83	5.99	5.30	4.77
T12	Long Jump	7.06	7.00	5.30	6.65	6.00	5.40
T13	Long Jump	7.04	6.88	5.28	6.30	5.50	4.95
T20	Long Jump	6.89	6.79	5.17	6.65	6.00	5.40
T36	Long Jump	5.57	5.50	4.18	5.02	4.00	3.60
T37	Long Jump	6.16	6.07	4.62	5.80	5.00	4.50
T38	Long Jump	6.42	6.16	4.82	5.61	4.70	4.23
T45/46/47	Long Jump	7.27	6.99	5.45	6.65	6.10	5.49
T61/63 (42)	Long Jump	6.70	5.66	5.03	5.42	4.40	3.96
T62/64 (43/44)	Long Jump	7.34	6.91	5.51	6.50	5.50	4.95
F11	Shot	13.99	13.20	10.49	11.63	7.50	6.38
F12	Shot	16.35	15.09	12.26	13.38	11.50	9.78
F20	Shot	16.61	15.96	12.46	14.22	11.00	9.35
F32	Shot	10.26	9.88	7.70	8.47	6.50	5.53
F33	Shot	11.14	10.49	8.36	8.88	6.50	5.53

F34	Shot	11.35	11.11	8.51	10.24	7.70	6.55
F35	Shot	15.87	13.49	11.90	13.45	9.00	7.65
F36	Shot	14.77	14.01	11.08	12.69	9.00	7.65
F37	Shot	14.40	13.95	10.80	12.69	11.00	9.35
F40	Shot	10.77	10.28	8.08	9.02	6.00	5.10
F41	Shot	14.03	12.06	10.52	10.65	8.70	7.40
F46	Shot	15.56	15.26	11.67	14.29	11.00	9.35
F53	Shot	7.91	7.50	5.93	7.12	5.00	4.25
F54/55	Shot	12.15	11.41	9.11	10.66	9.50	8.08
F56/57	Shot	14.29	14.21	10.72	12.49	11.00	9.35
F61/63(42)	Shot	14.39	13.49	10.79	12.99	11.20	9.52

### 2021 Women's Standards

Class	Event	National Team A	National Team B	Emerging	Tokyo High Performance Standard	Tokyo Minimum Entry Standard	Trials Entry Standard
T11	100m	12.02	12.16	13.82	13.26	14.50	15.95
T12	100m	12.00	12.12	13.80	12.51	14.30	15.73
T13	100m	12.33	12.41	14.18	13.07	15.00	16.50
T33/34	100m	18.83	19.17	21.65	20.15	25.00	27.50
T35	100m	15.42	15.51	17.73	16.14	20.50	22.55
T36	100m	14.30	14.68	16.45	15.29	17.30	19.03
T37	100m	13.27	13.49	15.26	14.43	15.40	16.94
T38	100m	12.94	13.14	14.88	13.88	15.20	16.72
T45/46/47	100m	12.36	12.50	14.21	12.92	13.60	14.96
T53	100m	16.45	16.74	18.92	17.59	20.00	22.00
T54	100m	16.05	16.23	18.46	17.33	18.25	20.08
T61/63(42)	100m	15.32	15.64	17.62	16.62	20.00	22.00
T62/64(43/44)	100m	12.90	13.06	14.84	13.56	16.00	17.60
T11	200m	25.05	25.53	28.81	27.11	31.00	34.10
T12	200m	24.44	24.75	28.11	25.96	30.00	33.00
T35	200m	32.15	33.26	36.97	34.15	42.00	46.20
T36	200m	30.31	30.82	34.86	32.93	37.00	40.70
T37	200m	27.46	27.98	31.58	29.83	33.20	36.52
T45/46/47	200m	25.08	25.56	28.84	26.59	29.00	31.90
T64 (44)	200m	26.98	28.09	31.03	28.11	33.00	36.30

T11	400m	58.93	01:00.69	67.77	01:02.00 (1:02.19)	01:12.00	01:19.20
T12	400m	57.88	58.31	66.56	01:02.00 (1:01.89)	01:12.00	01:19.20
T13	400m	57.55	58.44	66.18	01:03.00 (1:02.73)	01:16.00	01:23.60
T20	400m	59.08	59.38	67.94	01:00.00 (1:00.06)	01:06.00	01:12.60
T37	400m	01:05.34	01:06.95	01:15.14	01:08.00 (1:07.84)	01:20.00	01:28.00
T38	400m	01:03.96	01:05.00	01:13.55	01:06.00 (1:06.11)	01:17.00	01:24.70
T45/46/47	400m	58.44	58.94	01:07.21	01:02.00 (1:01.99)	01:14.00	01:21.40
T53	400m	55.04	55.28	01:03.30	57.32	01:10.00	01:17.00
T54	400m	53.12	54.21	01:01.09	57.53	01:01.00	01:07.10
T33/34	800m	02:01.35	02:12.66	02:19.55	02:37.00 (2:36.74)	02:50.00	03:07.00
T53	800m	01:47.96	01:48.48	02:04.15	01:52.00 (1:52.50)	02:22.00	02:36.20
T54	800m	01:42.35	01:44.14	01:57.70	01:51.00 (1:52.21)	02:05.00	02:17.50
T11	1500m	04:53.81	04:55.38	05:37.88	04:56.00 (4:56.28)	06:20.00	06:58.00
T12/13	1500m	04:39.63	04:41.71	05:21.57	04:57.00 (4:56.57)	05:35.00	06:08.50
T20	1500m	04:40.86	04:43.66	05:22.99	04:57.00 (4:57.48)	05:20.00	05:52.00
T53/54	1500m	03:17.86	03:18.71	3:47.54	03:29.00 (3:28.72)	03:50.00	04:13.00
T53/54	5000m	10:59.05	10:59.28	12:37.91	11:46.00 (11:46.51)	13:30.00	14:51.00
T11/12	Marathon	03:09.55	03:12.57	03:37.98	3:15:29	3:35:00	3:56:30
T52/53/54	Marathon	01:34.19	01:36.00	01:48.32	1:44:43	1:58:00	2:09:48
T11-13, T33-34/T51- 54, T35-38, T42-47/T61- 64	4x100m Medley Relay	-	-	-	-	-	-
F31/32	Club	21.58	19.04	16.19	17.44	13.00	11.05
F51	Club	22.22	18.05	16.67	11.92	10.00	8.50

F11	Discus	35.32	35.00	26.49	26.35	18.00	15.30
F37/38	Discus	33.91	32.99	25.43	26.05	22.00	18.70
F40/41	Discus	32.38	27.74	24.29	22.60	17.00	14.45
F51/52/53	Discus	13.52	12.98	10.14	11.62	6.00	5.10
F54/55	Discus	22.97	22.4	17.23	19.45	14.50	12.33
F56/57	Discus	31.05	27.92	23.29	26.68	19.00	16.15
F62/64(43/44)	Discus	36.43	34.14	27.32			15.30
					28.90	18.00	
F12/13	Javelin	38.87	37.65	29.15	33.04	19.00	16.15
F33/34	Javelin	17.15	16.92	12.86	13.80	11.50	9.78
F45/46	Javelin	41.97	39.36	31.48	32.89	18.00	15.30
F53/54	Javelin	18.38	16.22	13.79	13.71	9.00	7.65
F55/56	Javelin	22.67	21.73	17.00	16.98	13.00	11.05
T11	Long Jump	4.92	4.74	3.69			3.06
					4.60	3.40	
T12	Long Jump	5.54	5.40	4.16			3.33
					4.93	3.70	
T20	Long Jump	5.61	5.41	4.21			3.87
					5.17	4.30	
T37	Long Jump	4.45	4.30	3.34			3.15
					4.06	3.50	
T38	Long Jump	4.98	4.85	3.74			3.38
					4.56	3.75	
T45/46/47	Long Jump	5.52	5.48	4.14			3.60
					5.05	4.00	
T61/63 (42)	Long Jump	4.44	4.13	3.33			2.70
					3.93	3.00	
T62/64 (43/44)	Long Jump	5.38	5.34	4.04			3.42
					5.14	3.80	
F11/12	Shot	13.39	11.85	10.04	11.02	9.00	7.65
F20	Shot	13.06	12.86	9.80	11.92	10.00	8.50
F32	Shot	6.22	5.96	4.67	5.35	3.00	2.55
F33	Shot	6.42	6.37	4.82	5.59	3.50	2.98
F34	Shot	7.68	7.41	5.76	6.20	5.20	4.42
F35	Shot	9.47	8.47	7.10	6.57	6.00	5.10
F36	Shot	9.32	8.92	6.99	7.14	6.00	5.10
F37	Shot	13.48	11.06	10.11	8.88	7.50	6.38
F40	Shot	8.15	7.47	6.11	6.17	4.00	3.40
F41	Shot	9.19	9.06	6.89	7.85	5.50	4.68
F54	Shot	7.64	7.48	5.73	6.30	4.30	3.66
F56/57	Shot	10.32	9.95	7.74	9.35	7.00	5.95

## **Attachment B**

### **2021 U.S. Paralympics Track & Field Athlete Stipends**

1. Athlete stipends are processed monthly on/before the first day of each month.
2. Athletes are eligible for athlete stipends at the beginning of the month following nomination to the National Team(s).
3. Athlete stipends are provided to athletes that are in compliance with their 2021 Athlete Agreement obligations and personal performance plan obligations. If an athlete is not current with the agreement/plan obligations and/or USADA on the first day of the month in which the payment is being made, the athlete's payment will be withheld until he/she is compliant.
4. Athletes sanctioned by USADA, WADA and/or the respective sport IF for a doping violation are not eligible for an athlete stipend, regardless of any National Team(s) status, during the period of such sanction.
5. Athletes sanctioned by the IPC and/or the respective sport IF for classification Intentional Misrepresentation are not eligible for an athlete stipend, regardless of any National Team(s) status, during the period of such sanction.
6. Athletes sanctioned by the U.S. Center for SafeSport, the USOPC, or another National Governing Body (NGB) for a SafeSport Code violation are not eligible for athlete stipends, regardless of any National Team(s) status, during the period of such sanction.
7. Athlete stipends will only be paid once the USOPC's Athlete Stipend Designee Form, Direct Deposit Form and W-9 Form have been completed and submitted (annual basis).
8. Athlete stipends are paid directly to the athlete. National Team athletes are responsible for understanding and maintaining their own eligibility status with other organizations where applicable (i.e. NCAA, NFHS, etc.), and may choose to decline athlete stipend payments in order to retain high school or collegiate eligibility.
9. Athlete stipends will be reported to the IRS and may be subject to federal and state income tax. The USOPC encourages athletes to speak with a tax professional to receive guidance regarding tax implications.
10. Female athletes who become pregnant must inform the USOPC health benefits administrator at [eahi@USOPC.org](mailto:eahi@USOPC.org). More information can be found on the [EAHI website](#).
11. Athlete support is contingent upon:
  - a. Athlete training in a year-round program that is approved by U.S. Paralympics Track & Field.
  - b. Maintaining consistent performance standards and competition results as well as complying with team obligations (e.g., proper communication, following travel polices, event commitments, etc.).
  - c. Meeting all requested deadlines for travel forms, reimbursements, athlete agreements and code of conduct.
  - d. Athlete stipends will only be paid to athletes who are training with a licensed/certified or coach. Athletes who do not have a coach must submit yearly training plan with their personal performance plan. Also, athletes without a coach must submit the results from the training plan for the prior month and the training plan for the next two months in order to receive athlete stipend payments each month.



- e. Athlete support is contingent upon maintaining consistent performance standards and competition results as well as complying with team obligations (e.g. following travel policies, competition commitments, team rules, etc.)

**2021 Criteria for U.S. Paralympics Track & Field Athlete Stipends:**

<b><u>Tier</u></b>	<b><u>Monthly 2021 Athlete Stipend</u></b>	<b><u>Monthly Coaching Stipend</u></b>	<b><u>Training &amp; Travel Grants</u></b>	<b><u>International Travel Stipend</u></b>
Tier 1	\$1250	\$100 No Coaches Ed Certification \$300 USATF Level I \$300 USTFCCCA TFTC 201, 251 \$300 USATF Level II \$300 USTFCCCA 302-306	Up to \$1000 per term	N/A
Tier 2	\$950	\$100 No Coaches Ed Certification \$300 USATF Level I \$300 USTFCCCA TFTC 201, 251 \$300 USATF Level II \$300 USTFCCCA 302-306	Up to \$1000 per term	N/A
Tier 3	\$600	\$100 No Coaches Ed Certification \$300 USATF Level I \$300 USTFCCCA TFTC 201, 251 \$300 USATF Level II \$300 USTFCCCA 302-306	Up to \$1000 per year	N/A
TPP	N/A	N/A	Up to \$750 per year	N/A
Emerging	N/A	N/A	N/A	N/A

\*\*Coaching stipends amounts in 2022 may change which may include a maximum amount per month for coaches who have multiple athletes. \*\*

## Attachment C

### 2021 U.S. Paralympics U.S. Paralympics Track & Field Additional Athlete Support Programs

**Athletes must meet criteria in Attachment B to be eligible for additional athlete support programs.**

#### **TRAVEL SUPPORT**

Athletes who are nominated to the National Team may be eligible for training and travel grants to attend a World Para Athletics approved competitions. Athletes may be invited to camps and competitions depending on availability.

When indicated, U.S. Paralympics will fund and make travel arrangements (flight, meals, housing, ground transportation, entries, etc.) based on USOPC policies to specific National Team events. The anticipated competition(s) must be outlined in the National Team Athlete's 2021 Personal Performance Plan.

This funding is subject to approval by U.S. Paralympics Track & Field and the same requirements outlined in the Athlete Stipend section (Attachment B) and National Team Procedures & Obligations (Attachment F). If all of the requirements are not met or an athlete cancels from the competition after confirmation outlined in their agreed upon/signed Personal Performance Plan, the athlete may be subject to team fines and will be required to pay back the travel costs and/or Athlete Stipend payments will be withheld for the remainder of the calendar year or until the correct sum is repaid—whichever is applicable.

#### **Invite Only Competitions**

Athletes must be invited by U.S. Paralympics Track & Field to competitions labeled as invite only. Invitations are sent out in priority order based on national team status as well as goals of the competition or camp. Athletes not on the national team may be invited to invite only competitions based on their percentage to the A standard, event availability at a competition or goals of the camp/competition. Athletes invited to a competition may be eligible for training and travel grants as noted above.

U.S. Paralympics does **not** fund National Team athletes to attend Trials/National Championships/selection events; however, attendance at U.S. Paralympics Track & Field trials competition(s) may be required as per the athlete's Personal Performance Plan.

#### **COACHING SUPPORT**

The 2021 National Team athlete can nominate their personal coach by submitting their Personal Performance Plan and other documents as outlined below. National Team athletes who are coached by a USOPC or U.S. Paralympics Employee /funded Coach are not eligible for this benefit but are required to submit the plan. National Team athletes may not nominate themselves nor any family member as their coach to receive the Coaching Stipend unless extenuating circumstances apply that are directly related to impairment and lack of available coaching opportunities. If a National Team athlete does not have a coach or is unable to locate one, U.S.

Paralympics will work with the athlete to help find an appropriate coach in their area. If a coach cannot be assigned, athletes must submit the required training documents each month (outlined in Attachment B and below). Athlete stipends will be held each month until the required training documents are received.

After approval, the coach will receive a confirmation email which will include the W-9 form, background check information, SafeSport training, and invoice process. The payments can be processed only after the invoice is submitted, signed W-9 form has been submitted, a green light is issued for the background check and SafeSport training is completed.

Coaches will be required to submit a monthly invoice no later than 30 days after the service was completed. For example invoices for coaching services from January 1, 2021-January 31, 2021 must be submitted no later than February 28, 2021 to receive payment. Late invoices will not be accepted, and back pay will not be distributed. The Coaching Stipend amount will be paid directly to the coach according to the chart outlined above in Attachment B. Workouts are no longer required with monthly invoices for coaches of athletes in Tier 1 and Tier 2. Coaches of Tier 3 athletes are required to submit a periodized yearly training plan no later than January 31, 2021 and a monthly training update when submitting monthly invoice.

Periodized yearly training plan—general overview of training with focus areas for each month or six-week block (i.e., endurance, speed endurance, interval training speed, etc. race pace, competition, tactical training, strength training, volume throws/jumps, recovery, etc.).

Monthly training update—a brief overview of what the athlete did the previous month as well as a brief overview of what the athlete will do the next month.

If an athlete has a coaching change, this change must be reported to [USParaTFTeam@usopc.org](mailto:USParaTFTeam@usopc.org) by the athlete prior to any change in coaching stipend occurring. The previous coach will not be eligible for a coaching stipend effective immediately unless the coaching notification occurred after the 15<sup>th</sup> of the respective month. The new and approved coach will be eligible for the coaching stipend beginning the month following the athlete notification and completion of an updated personal performance plan by the athlete and coach.

## **PERFORMANCE INCENTIVE SUPPORT**

U.S. Paralympics Track and Field will provide a world record bonus incentive program for 2021 National Team athletes. World record bonuses will be awarded only for the events scheduled to be hosted at the Tokyo Paralympic Games and based on results from World Para Athletics approved events (outdoor events ONLY). Two thousand dollars (\$2,000) will be awarded for each world record AFTER it has been approved/published by World Para Athletics on the 2021 World Para Athletics world ranking list. Athletes may only collect one world record bonus per competitive event between January 1, 2021 and December 31, 2021. (i.e., athlete X can only receive one world record bonus payment for the Women's T54 800m, but athlete X will receive an additional payment if the world record is approved in the Women's T54 100m). Relay world record bonuses will be split/paid to each of the four athletes establishing the World Record (\$500/person/relay event).

## **PRIZE MONEY**

Prize money will be awarded to National Team athletes based on results compared to the 2021 National A standard at World Para Athletics approved competitions as follows:

### **April:**

\$2500/gender (1st place = \$1250, 2nd place = \$750, 3rd place = \$500)

*Coach of 1<sup>st</sup> place Performance per gender \$500*

### **May:**

\$2500/gender (1st place = \$1250, 2nd place = \$750, 3rd place = \$500)

*Coach of 1<sup>st</sup> place Performance per gender \$500*

### **June:**

\$5000/gender (1st place = \$2000, 2nd place = \$1500, 3rd place = \$1000, 4<sup>th</sup> Place=\$500)

*Coach of 1<sup>st</sup> place Performance per gender \$500*

### **Desert Challenge Games:**

\$5000/gender (1st place = \$2000, 2nd place = \$1500, 3rd place = \$1000, 4<sup>th</sup> Place=\$500)

*Coach of 1<sup>st</sup> place Performance per gender \$500*

\*Prize money amounts, opportunities and dates may be adjusted due changes in the competition schedule related to COVID-19. Adjustments will be made at least 30 days prior to the start of the month in which prize money is scheduled to be awarded. (i.e. April prize money changes must be announced by March 2, 2021) \*

## **2021 U.S. Paralympics Track & Field Supplemental Athlete Support Programs**

### ***Athlete Travel Stipend – N/A***

Due to the uncertainty of travel restrictions related to COVID-19, athletes will not be eligible to receive an international travel stipend in 2021. Athletes will have the opportunity to attend events funded by U.S. Paralympics Track & Field as outlined and approved in their athlete performance plans.

***Domestic Training and Travel Grant*** - Domestic training and travel grants are available to all National Team and Talent Protection Program athletes to support expenses such as training and competition equipment, travel and supplemental training and competition needs. Grants are not guaranteed but **may** be issued based on clear and concise rationale and demonstrated need. All eligible athletes will have an opportunity for at least one domestic training and travel grant in 2021. The first grant application will be sent to eligible athletes no later than March 1, 2021. The deadline to apply is March 7, 2021. Additional domestic training and travel grant opportunities may be awarded in 2021 based on funding availability. All eligible athletes will receive an email when grants are available and will have a maximum of seven days to apply. Applications will be sent to eligible athletes directly.

***Paralympic Team Training Support Grant***

For athletes who are not named to the National Team for Term 2 and are nominated to and meet all the requirements to be named to the Tokyo Paralympic Games team, they will be eligible for a one-time training support grant. The grants purpose is to help support training, equipment, sports medicine and travel needs leading up to the Paralympic Games. Applications for the Paralympic Team training support grant will be sent directly to all eligible athletes by July 1, 2020 and will be due July 8, 2020. Please note deadlines are firm and grants may be approved **up to** \$1,000 per eligible athlete.

## Attachment D

### 2021 U.S. Paralympics U.S. Paralympics Track & Field Elite Athlete Health Insurance (EAHI)

All 2021 Tier 1, Tier 2 and Tier 3 National Team athletes are eligible for EAHI. Upon meeting the criteria below eligible athletes will receive an email from the USOPC outlining the EAHI program benefits for further consideration.

12. Athletes must be currently training and competing to receive EAHI.
13. Athletes must sign and be in compliance with 2021 Athlete Agreement obligations and personal performance plan obligations.
14. Athletes are eligible for EAHI at the beginning of the month following nomination to the National Team(s).
15. Enrollment in EAHI will only be completed once the athlete has accepted an EAHI offer via email from [eahi@usopc.org](mailto:eahi@usopc.org) and has completed and submitted the USOPC Elite Athlete Health Insurance Designee Form and W-9 Form (annual basis).
16. Athletes sanctioned by USADA, WADA and/or the respective sport IF for a doping violation are not eligible for EAHI, regardless of any National Team(s) status, during the period of such sanction.
17. Athletes sanctioned by the IPC and/or the respective sport IF for classification Intentional Misrepresentation are not eligible for EAHI, regardless of any National Team(s) status, during the period of such sanction.
18. Athletes sanctioned by the U.S. Center for SafeSport, the USOPC, or another National Governing Body (NGB) for a SafeSport Code violation are not eligible for EAHI, regardless of any National Team(s) status, during the period of such sanction.
19. When National Team status is no longer conferred upon the athlete, EAHI benefits will cease. Termination is effective the first of the month following 30 days written notification.
20. Athlete stipends will be reported to the IRS and may be subject to federal and state income tax. The USOPC encourages athletes to speak with a tax professional to receive guidance regarding tax implications.
21. Female athletes who become pregnant must inform the USOPC health benefits administrator at [eahi@USOPC.org](mailto:eahi@USOPC.org). More information can be found on the [EAHI website](#).

## Attachment E

### U.S. Anti-Doping Agency (USADA)

#### **Whereabouts:**

An important part of USADA's testing program is the ability to test athletes without any advance notice in an out-of-competition setting. Athletes are subject to testing 365 days a year and do not have "off-seasons" or cutoff periods in which testing does not occur. Whereabouts information, (dates, times, locations, etc.) is information submitted to USADA by an athlete that allows the athlete to be located for out-of-competition testing.

For more information on whereabouts, please go to <https://www.usada.org/testing/whereabouts/>.

#### **Therapeutic Use Exemptions (TUEs):**

In some situations, an athlete may have an illness or condition that requires the use of medication listed on the World Anti-Doping Agency's Prohibited List. USADA can grant a Therapeutic Use Exemption (TUE) in these situations in compliance with the World Anti-Doping Agency International Standard for TUEs. The TUE application process is thorough and designed to balance the need to provide athletes access to critical medication while protecting the rights of clean athletes to compete on a level playing field.

For more information on TUEs, please go to <https://www.usada.org/substances/tue/>.

#### **Global Drug Reference Online (Global DRO):**

The Global Drug Reference Online (Global DRO) provides athletes and support personnel with information about the prohibited status of specific medications based on the current World Anti-Doping Agency (WADA) Prohibited List.

Global DRO does not contain information on, or that applies to, any dietary supplements.

The Global DRO can be found at <https://www.globaldro.com/Home>.

#### **Additional Resources from USADA:**

USADA Website: <https://www.usada.org/>

Supplement 411: <https://www.usada.org/substances/supplement-411/>

WADA Prohibited List: <https://www.usada.org/substances/prohibited-list/>

Anti-Doping 101: <https://www.usada.org/athletes/antidoping101/>

## **Attachment F**

### **2021 U.S. Paralympics U.S. Paralympics Track & Field National Team Procedures & Obligations**

#### **U.S. Paralympics Track & Field Team Procedures**

- Failure to comply with the Athlete Obligations listed below or violating the Athlete Agreement will result in a suspension of athlete stipends, other team benefits, and/or removal from the National Team.
- U.S. Paralympics will provide athlete stipends for multi-sport athletes in only the multi-sport athlete's designated primary sport.
- Failure to attend national team event(s) as outlined in the Athlete's Personal Performance Plan may result in forfeiture of national team benefits including future invitations to camps and clinics hosted by U.S. Paralympics Track & Field, prize money eligibility, international travel stipends (if applicable) and/or domestic travel and training grants.
- Failure to submit all 2021 National Team Paperwork by January 31, 2021 will result in a loss of benefits until the paperwork has been completed.
- Failure to submit monthly progress report/training logs by the deadline will result in a fine of \$25 per occurrence.
- Failure to compete at required meets as listed in the Athletes' Personal Performance Plan may result in athlete fines. 1<sup>st</sup> occurrence- \$100, 2<sup>nd</sup> occurrence- \$250, 3<sup>rd</sup> occurrence- \$500.
- U.S. Paralympics Track & Field issued National Team uniforms and competition gear must be worn at required competitions and training camps as requested. Requested events will be funded by U.S. Paralympics Track & Field through direct funding and/or athlete international travel stipend and/or athlete domestic travel and training grants unless otherwise pre-approved by U.S. Paralympics Track & Field staff. Funded events where issued National Team uniforms and competition gear are required will be noted in the athlete's direct invitation. Failure to wear issued team uniforms will result in athlete fines. 1<sup>st</sup> occurrence- \$100, 2<sup>nd</sup> occurrence- \$250, 3<sup>rd</sup> occurrence- \$500.

#### **U.S. Paralympics Track & Field Athlete Obligations**

- Maintain compliance with U.S. Paralympics Athlete Agreement
- Maintain compliance with 2021 Athlete Personal Performance Plan
- Maintain compliance with the National Team Code of Conduct
- Maintain compliance with USADA, IPC, IF, and WADA anti-doping policies/
- Maintain a proper level of fitness throughout 2021
- Maintain regular communication with U.S. Paralympic Track & Field and participate in national team meetings
- Maintain compliance with 2021 U.S. Paralympics Track & Field Team Rules and Regulations and travel polices.

#### **U.S. Paralympics Track & Field Team Rules and Regulations (if applicable)**

- The possession or use of weapons, such as guns, knives, swords, etc., by any athlete or staff member is prohibited.
- Daily Curfews ("lights out" times) established by the Team Staff must be observed by all athletes.



- Team members and staff will attend all team functions including meetings, practices, exhibitions, press conferences, competitions, etc., unless otherwise excused or instructed by the Head Coach or Team Leader.
- Team members and staff will cooperate with all Team leadership and U.S. Paralympics staff (captains, Program Manager, Team Leader, Head Coach, and U.S. Paralympics and U.S. Paralympics Track & Field staff).
- Team members and staff will refrain from behavior that would detract from a positive image of the U.S. Paralympics U.S. Paralympics Track & Field National Team or that would be detrimental to its performance objectives.
- Team members and staff will display proper respect and sportsmanship toward coaches, officials, administrators, fellow competitors and the public.
- Team members and staff will wear USOPC and/or U.S. Paralympics U.S. Paralympics Track & Field provided apparel as required and as designated by Team leadership (captains, Program Manager, Team Leader, Head Coach, and U.S. Paralympics Track & Field staff).
- Team members and staff are required to sleep in their assigned rooms and are not permitted to switch rooms – even temporarily – without prior approval from team staff.
- Team members are not permitted to be any other room other than their assigned room or dedicated Team activity rooms or medical rooms as assigned by U.S Paralympics Track & Field staff.
- Team members and staff are required to adhere to team logistical assignments as arranged by U.S. Paralympics Track & Field staff. This includes flight confirmations, ground transportations, team meals and hotel accommodations. Changes are not permitted without written approval from U.S. Paralympics Track & Field staff.
- Team members and staff are responsible for any change fees incurred after 24 hours of a flight confirmation.
- Public intoxication or consuming alcohol to excess is prohibited.
- Staff drinking with athletes is not allowed. This includes being in the same establishment or in the same room together.
- Team member and staff credentials are dedicated to that specific team member or staff. It is prohibited to pass your credential to a friend, family, personal coach, other athlete, etc. in order to gain access to credentialed areas.
- Team members must comply with team travel policies including guidelines in place due to COVID-19.
- Athletes under the age of 21 may not consume alcohol regardless of the laws in the country the team is competing or training in.
- To ensure the propriety of the athletes and to protect the staff, there will be no male athletes in female athletes' rooms, and no female athletes in male athletes' rooms. There will be a team room provided for relaxation and recreation whenever possible.
- Team members and staff will keep accommodations clean and in good condition.
- Friends and family are not permitted in athlete rooms or beyond the hotel lobby.
- No friends/family/personal coaches permitted on the field of play or in team areas. Only Team USA staff is allowed in these areas unless prior approval is received in writing from Director, U.S. Paralympics Track & Field.
- An open and observable environment should be maintained for all interactions between staff and athletes. Private, or one-on-one situations should be avoided unless open and

observable. Common sense should be used to move a meeting to an open and observable location if the meeting inadvertently begins in private.

## **Attachment G**

### **2021 U.S. Paralympics Track & Field Resident Program**

U.S. Paralympics Track & Field implements a Resident Program at the Chula Vista Elite Athlete Training Center (CVEATC).

#### **Eligibility:**

- Be at least 18 years of age.
- Be a current US Citizen eligible to represent the USA in the Paralympic Games.
- Applicants who take college courses must maintain a 2.0 GPA.
- Be willing to submit to a complete health profile coordinated by USOPC Sports Medicine including thorough medical history and comprehensive physical examination.
- Any athlete age 18 or older will be required to undergo a background screen in accordance with the current USOPC Background Check Policy.
- Any athlete age 18 or older will be required to complete the U.S. Center for SafeSport's online training.

Interested athletes should view the on and off campus athlete program at the following link for additional details and requirements. <https://www.teamusa.org/usparatrackandfield/resident-and-rotation-program>

Application information, program description, participant responsibilities, important dates, etc. can be found in the on and off campus athlete program memo at the following link. <https://www.teamusa.org/usparatrackandfield/resident-and-rotation-program>