

# U.S. Paralympics Track & Field 2020 Athlete and Sport Program Plan

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## DEFINITIONS

1. **“2020”**: The following dates and seasons:
  - a. Summer Sports – the 2020 season, which lasts January 1, 2020 through December 31, 2020
  - b. **“2021”**: The following dates and seasons:
    - c. Summer Sports – 2021 season / January 1, 2021 through December 31, 2021
    - d. **“Athlete Stipend”**: Previously referred to as Direct Athlete Support or DAS
2. **“EAHI”**: Elite Athlete Health Insurance
3. **“IF”**: an International Federation
  - a. ATH – World Para Athletics
  - b. CYC – Union Cycliste Internationale
  - c. SKA – World Para Alpine Skiing
  - d. SBD – World Para Snowboard
  - e. SKN – World Para Nordic Skiing
  - f. SWI – World Para Swimming
4. **“NGB”**: National Governing Body. For para ATH, CYC, SKA, SBD, SKN, SWI, U.S. Paralympics serves as the NGB.
5. **“USADA”**: The U.S. Anti-Doping Agency

## PROGRAM GOALS

The primary focus in 2020 is to work towards being the number one team in the World. In order to move up in the medal tables, we must emphasize building a sustainable infrastructure for talent identification, coaching education, official’s education, athlete retention and athlete development. Our infrastructure needs constant reviewing and development, but in 2020 our main focus will be directed towards the 2020 Tokyo Paralympic Games.

Specific activities in pursuit of these program goals will include:

- Continue to provide enhanced resources and incentives through athlete support and performance incentive programs.
- Provide athletes with opportunities for competition to increase preparation for Tokyo 2020.
- Provide international classification opportunities for athletes with medal potential in Tokyo.
- Early implementation of science, technology and provide physiological support to athletes with podium potential.

- Provide rotational opportunities for athletes with podium potential access to temporarily train at the Chula Vista Elite Athlete Training Center.

## 2020 NATIONAL TEAM

U.S. Paralympics Track & Field will nominate National Team(s) for 2020, based on criteria outlined below:

Term 1: January 1, 2020 – June 30, 2020

Term 2: July 1, 2020 – December 31, 2020

Results must be approved and recognized by World Para Athletics, wind legal and from events on the 2020 Paralympic Games program. Athletes **MUST** hold a current World Para Athletics License and have a current International Classification before the standard is achieved.

- U.S. Paralympics 2020 National Team status applies for January 1, 2020 through June 30, 2020 for Term 1 and/or July 1, 2020 through December 31, 2020 for Term 2. National Team status and benefits are only awarded to athletes who accept, sign and remain current with their obligations under the U.S. Paralympics National Team Athlete Agreement and Personal Performance Plan.
- Athletes who meet a National Team standard during 2020, at a World Para Athletics approved event, become eligible for National Team benefits and will retain their National Team status until the end of the respective term. Athletes will be nominated to the team on the first day of the month following achievement of the National Team standard.
- Athletes nominated to the 2020 National Team(s), even if the nomination is not accepted by the athlete, will be added to the USADA Registered Testing Pool and will be responsible for remaining compliant with all policies and procedures, required by USADA. More information regarding USADA can be found in Attachment E.
- Prior to being nominated to the National Team, athletes ***must have undergone international classification evaluation and hold an international Paralympic-eligible sport class*** as per World Para Athletics master list and hold a current season license for Athletics from World Para Athletics.

2020 International Classification Opportunities-

<https://www.paralympic.org/athletics/classification/evaluation-opportunities>

Athletes nominated to the National Team on January 1, 2020:

- Athletes who achieved the 2020 National Team A or B standard between January 1, 2019 and December 31, 2019 at an approved World Para Athletics event.
- Athletes who received a Gold, Silver or Bronze medal at the 2019 Dubai World Para Athletics Championships in an individual event.
- Athletes who competed in the finals of their respective event and placed 4<sup>th</sup> or 5<sup>th</sup> at the 2019 Dubai World Para Athletics Championships.

Athletes who are automatically nominated to the team on January 1, 2020 based on the criteria above must also achieve a National Team A or B standard in at least one Tokyo medal event on or before June 30, 2020 to maintain their National Team status through December 31, 2020.

Athletes who do not hit a National Team A or B standard by June 30, 2020 will be removed from the National Team effective July 1, 2020.

Guide Athletes nominated to the National Team on January 1, 2020:

- Guide athletes currently assigned to an athlete by U.S. Paralympics Track & Field staff and competing with an athlete who was nominated to the team on January 1, 2020 based on the criteria outlined above will be nominated to the team on January 1, 2020.
- Beginning Term 2, guide athletes assigned to an athlete will be paid equivalent to the amount the guided athlete receives.

**Tier 1** - Athletes who received a Gold, Silver or Bronze medal at the 2019 Dubai World Para Athletics Championships in an event on the 2020 Paralympic Games program will be nominated as Tier 1. Athletes who established a recognized World Para Athletics World Record at a World Para Athletics Grand Prix competition between January 1, 2019 and November 30, 2019. In combined medal events the World Record mark must place the athlete first overall in the combined WPA World rankings. The athletes who meet these criteria will be nominated as Tier 1. (\$1250)

Athletes must be nominated to the team at the Tier 1 level on January 1, 2020 to be eligible for Tier 1 funding in 2020 unless an athlete obtains a World Para Athletics verified World Record at a Grand Prix event between January 1, 2020 and November 30, 2020 or during the 2020 Tokyo Paralympic Games. In combined medal events the World Record mark must place the athlete first overall in the combined WPA World rankings. Athletes with Tier 1 funding must obtain a National A or National B standard in Term 1 in order to maintain Tier 1 funding through Term 2. If the athlete has not met the National A or National B standard in Term 1, they will be removed from the National Team effective July 1, 2020. If an athlete is removed from Tier 1 status beginning Term 2, they athlete may only be nominated to the National Team using the process for athletes nominated throughout 2020 listed below.

**Tier 2** – Athletes who achieved the U.S. Paralympics Track & Field 2020 National A Standard at a World Para Athletics approved event between January 1, 2019 and November 30, 2019. (\$950)

Athletes nominated to Tier 2 must obtain a National A standard by June 30, 2020 in order to maintain Tier 2 funding beginning Term 2. If an athlete does not obtain a National A standard in Term 1, the athlete will be reduced to Tier 3 status, if the athlete has met the National B standard in Term 1. If the athlete has not met the National A or National B standard in Term 1 they will be removed from the National Team effective July 1, 2020.

**Tier 3** - Athletes who achieved the U.S. Paralympics Track & Field 2020 National B Standard at a World Para Athletics approved event between January 1, 2019 and November 30, 2019 will be nominated as Tier 3. Athletes who competed in the finals of their respective event and placed 4th or 5th at the 2019 Dubai World Para Athletics Championships will be nominated to Tier 3. (\$600)

Athletes nominated to Tier 3 must obtain a National B standard by June 30, 2020 in order to maintain Tier 3 funding through Term 2. If an athlete does not obtain at least a National B standard by June 30, 2020 the athlete will be removed from the National Team effective July 1, 2020. If an athlete nominated to Tier 3 obtains a National A standard in 2020 they will be nominated to Tier 2 beginning the following month.

If an athlete is removed from Tier 1, Tier 2 or Tier 3 at the end of Term 1 and then obtains a National Team A or B standard in Term 2, they will be nominated to the National Team utilizing the criteria for athletes nominated throughout 2020 listed below.

**Talent Protection Program (TPP)** - The purpose of the TPP is to offer support for athletes who for various reasons have not made the National Team however have demonstrated medal potential and/or the ability to make the 2020 Tokyo Paralympic Games team. Athletes who are not on the 2020 National Team but meet one or more of the following criteria are eligible to be in the TPP. Athletes in the TPP will be eligible to apply for athlete support funding outlined in the sport and program plan. Athletes in the TPP may also receive invites to domestic competitions and camps. Athletes must at least have a Paralympic eligible national classification that was conducted at a U.S. Paralympics Track & Field approved national classification opportunity prior to the TPP eligible mark is achieved. The athlete must obtain a current World Para Athletics athlete license prior to support and invitations to competitions and camps are offered.

There is no application process for eligible TPP athletes. U.S. Paralympics Track & Field will review results at end of each month and directly notify eligible athletes that will be entered into the TPP.

- Athlete has a verifiable mark at a World Para Athletics approved event and that mark places them in the Top 3 of their sport class in the World Para Athletics World Rankings. The result must be recognized by World Para Athletics, wind legal and be an event on the 2020 Paralympic Games program.
- Athletes who were on the 2019 National Team in Term 2 and have not obtained a 2020 National Team A or B standard who have demonstrated medal potential by remaining in the Top 8 of the 2019 World Para Athletics world rankings.
- Athletes who are not on the 2020 National Team who are nominated and meet all requirements to be named to the 2020 Paralympic Games Team.

If an athlete who was named to the TPP for 2020 does not obtain a National A or B standard based on the criteria to be nominated to the National Team throughout 2020 listed below, and/or if the athlete does not receive a nomination and meet all requirements to be named to the 2020 Paralympic Games team they will be removed from the TPP effective July 1, 2020.

#### **Athletes nominated throughout 2020**

Athletes who achieve the respective U.S. Paralympics Track & Field 2020 National A or B Standard in either term at a World Para Athletics approved event between January 1, 2020-

November 30, 2020 will be nominated to the team at the start of the next month. Athletes nominated to the National Team throughout 2020 will be added to Tier 2 or Tier 3. Athletes nominated to the National Team throughout 2020 may only be eligible for Tier 1 if the athlete achieves a World Para Athletics verified World Record at a Grand Prix event in 2020. The World Record of a combined medal event must place the athlete in first place overall in the World Rankings.

U.S. Paralympics 2020 National Team status applies for each respective term (January 1, 2020-June 30, 2020- Term 1 and/or July 1-December 31, 2020- Term 2). National Team status and benefits are only conferred upon athletes who accept, sign and remain current with the U.S. Paralympics National Team Athlete Agreement and Personal Performance Plan.

Athletes who obtain a National Team standard during 2020, at a World Para Athletics approved event, become eligible for National Team benefits and will retain their National Team status through December 31, 2020. Athletes will be nominated to the team on the first day of the month following achievement of the National Team standard.

Athletes nominated to Tier 1, 2 or 3 of the 2020 National Team will be added to the USADA Registered Testing Pool (RTP) and will be responsible for remaining compliant with all forms, updates and tutorials as required by USADA. If an athlete chooses not to accept the nomination to the team, the athlete will still be added to the RTP and will be responsible for remaining compliant with all forms, updates and tutorials as required by USADA. More information regarding USADA can be found in Attachment E.

Athletes nominated to the National Team(s) *must have undergone an international classification evaluation and hold an international Paralympic-eligible sport class* as per the World Para Athletics master list and hold a current season license for Track & Field from World Para Athletics (before the standard is achieved).

<https://www.teamusa.org/USParalympics/Sports/Track-and-Field/IPC-Licensing>

2020 National Team standards (Attachment A) are based on:

- National Team A Standard: Best third-place performance (mark or time) from 2019 according to the World Para Athletics World Ranking List.
- National Team B Standard: Best fifth-place performance (mark or time) from 2019 according to the World Para Athletics World Ranking List.

\*\* National Team status may not be earned based on performances in relays or team events. If an athlete competes in a medal event with combined classifications, the top third-place and fifth-place finish overall amongst all combined classifications have been listed. \*\*

### **Guide Athletes Nominated throughout 2020**

All eligible and contracted guide athletes not assigned or training directly with a National Team athlete may receive athlete stipends on an individual basis as agreed upon by the guide athlete and U.S. Paralympics Track & Field staff. Guide athletes must meet the same requirements as National Team athletes including, but not limited to, having a World Para Athletics athlete

license and showing proof of performance from a verifiable World Para Athletics approved event, USATF sanctioned meet or IAAF sanctioned event within the last 18 months.

## **2021 NATIONAL TEAM**

U.S. Paralympics will nominate a U.S. Paralympics Track & Field National Team(s) for 2021, based on athlete performance between January 1, 2020 through December 31, 2020 at a World Para Athletics sanctioned event. Athletes who medal at the Tokyo Paralympic Games will be nominated to the 2021 National Team on January 1, 2021. Standards and events where standards can be achieved will be reassessed after Tokyo to include eligible results over the course of a four-year period. Results must be recognized by World Para Athletics, wind legal and from events on the 2024 Paralympic Games program. Athletes must hold a current World Para Athletics License and have a current International Classification before the standard is achieved.

## **NATIONAL TEAM BENEFITS**

**National Team athletes MAY be eligible for the following benefits** – all athlete support recommendations submitted by the NGB are subject to USOPC Paralympic Sport Performance approval:

1. USOPC Athlete Stipend (Attachment B)
2. U.S. Paralympics Track & Field Additional Athlete Support Programs (Attachment C)
2. USOPC Elite Athlete Health Insurance program (Attachment D)
3. Air transportation (or ground equivalent), lodging, ground transportation, meal per diem, and coaching support at designated U.S. Paralympics Track & Field training and competition activities.
4. USOPC Athlete Career & Education Program (<https://www.teamusa.org/athlete-resources/athlete-career-and-education-program>).
5. U.S. Paralympics National Team uniform.

## **EMERGING ATHLETES**

Athletes who meet the Emerging standard during 2020, at a World Para Athletics approved event, **may** be invited to participate in selected U.S. Paralympics Track & Field Program activities as outlined below. Invitation is at the discretion of U.S. Paralympics Track & Field.

2020 Emerging standards (Attachment A) are based on 15% of the 2020 National A Standard for events on the track and 25% for field events.

Athletes nominated to the Emerging Team must be internationally classified by World Para Athletics OR nationally classified by U.S. Paralympics Track & Field and ***hold a Paralympic-eligible sport class*** as per World Para Athletics and/or U.S. Paralympics master list and hold a current season license for Track & Field from World Para Athletics.

## **2020 PROGRAM ACTIVITIES**

The 2020 National Team(s) activities are outlined below. Athletes will be required to attend all 2020 activities included in their personal performance plan which will be developed in conjunction with the staff at U.S. Paralympics Track & Field. 2020 National Team activities outlined below may require invitations from U.S. Paralympics Track & Field.

Each athlete is responsible for individual arrangements (including expenses) to attend these activities (i.e. travel, lodging, accommodation, entries) **unless otherwise indicated** in the activity listing or the athlete's personal performance plan (as applicable).

National Team athletes are required to obtain a 2020 World Para Athletics Athlete License.  
<https://www.teamusa.org/US-Paralympics/Sports/Track-and-Field/IPC-Licensing>

National Team athletes are required to have a current membership from USA Track & Field.  
<https://www.usatf.org/home/top-utility-nav-content/membership>

World Para Athletics approved competitions are noted in the 2020 Program Activities listed below.

## 2020 U.S. Paralympics Track & Field Schedule of National Team Competitions

*The following events will be submitted for WPA event approval by U.S. Paralympics Track & Field.*

**\*\*Additional REQUIRED competitions and camps will be outlined in each approved personal performance plan\*\***

*To view a full list of WPA approved events please visit the WPA Master Calendar at the following link. <https://www.paralympic.org/athletics/events>*

<u>Event Type</u>	<u>Start Date</u>	<u>End Date</u>	<u>Name of Competition</u>	<u>Location</u>	<u>Eligibility/Events</u>
Camp	17-Feb	28-Feb	Warm Weather Camp	Chula Vista, CA	Invite Only
Grand Prix	14-Mar	17-Mar	Dubai Grand Prix	Dubai, U.A.E.	Stipend/Grant Eligible
Domestic	20-Mar	21-Mar	Baldy Castillo Invitational	Tempe, AZ	Invite Only
Domestic	26-Mar	28-Mar	San Diego State Aztec Invite	San Diego, CA	Invite Only
Grand Prix	26-Mar	28-Mar	Sau Paulo Grand Prix	Sau Paulo, Brazil	Stipend/Grant Eligible
Grand Prix	1-Apr	5-Apr	Desert Challenge, Grand Prix	Tempe, AZ	Invite/Grant Eligible
Domestic	3-Apr	4-Apr	Sun Angel Classic	Tucson, AZ	Invite Only
Domestic	3-Apr	3-Apr	Pomona Pitzer	Claremont, CA	Invite Only
Camp	6-Apr	12-Apr	Throws Camp	Chula Vista, CA	Invite Only
Domestic	11-Apr	11-Apr	UCSD Triton Invite	San Diego, CA	Invite Only
Domestic	10-Apr	10-Apr	Arnie Robinson	Mesa College	Invite Only
Domestic	15-Apr	17-Apr	Bryan Clay Invitational	Azusa, CA	Grant Eligible
Domestic	16-Apr	18-Apr	Mt. Sac Relays	Walnut, CA	Invite Only
Trials	20-Apr	20-Apr	Boston Marathon	Boston, MA	Not Funded
Domestic	22-Apr	25-Apr	Drake Relays	Des Moines, IA	Invite Only
Marathon	26-Apr	26-Apr	London Marathon	London, UK	Grant Eligible
Domestic	1-May	2-May	Steve Scott Invite	Irvine, CA	Invite Only
Domestic	4-May	10-May	CVEATC HP	San Diego, CA	Invite Only
International	2-May	3-May	Japan Invite	Tokyo, Japan	Invite Only
Camp	4-May	10-May	Sprint/Power Camp	Chula Vista, CA	Invite Only
Grand Prix	6-May	8-May	Paris Grand Prix	Paris, France	Stipend/Grant Eligible
Domestic	9-May	9-May	Oxy Invitational	Occidental, CA	Invite Only
Grand Prix	21-May	23-May	Italian Open	Jesolo, Italy	Stipend/Grant Eligible
Grand Prix	28-May	30-May	Switzerland Grand Prix	Notwill, Switzerland	Stipend/Grant Eligible
Camp	8-Jun	14-Jun	High Performance Camp	Chula Vista, CA	Invite Only
Domestic	13-Jun	14-Jun	Great Lakes Games	Chicago, IL	Grant Eligible
Domestic	TBA	TBA	Fast Cow	TBA	Grant Eligible
<b>Trials</b>	<b>25-Jun</b>	<b>28-Jun</b>	<b>U.S. Paralympic Trials</b>	<b>Minnesota</b>	<b>REQUIRED/Not Funded</b>
Domestic	TBA	TBA	Jim Cal Bush Invitational	Long Beach, CA	TBD
Camp	15-Jul	21-Jul	Tokyo Prep Camp	Chula Vista, CA	Invite Only
<b>Camp</b>	<b>TBA</b>	<b>TBA</b>	<b>Games Training Camp</b>	<b>TBA</b>	<b>Invite based on selection</b>
<b>International</b>	<b>25-Aug</b>	<b>6-Sep</b>	<b>Paralympic Games</b>	<b>Tokyo, JP</b>	<b>Invite based on selection</b>
Marathon	11-Oct	11-Oct	Chicago Marathon	Chicago, IL	Grant Eligible



## 2020 OPERATION GOLD

The Operation gold qualifying event for U.S. Paralympics Track & Field is the 2020 Paralympic Games in Tokyo, Japan.

In a Paralympic Games year, teams and individuals must place in the top-three at the Paralympic Games to qualify for Operation Gold Awards; multiple Operation Gold Awards can be received if an athlete has multiple top-three finishes at the Paralympic Games.

In non-Paralympic years, Operation Gold Awards are limited to one award per athlete in a program year; athletes who qualify for more than one award automatically receive the higher award. Individuals must finish in one of the top eight places, while teams must finish in one of the top six places at the qualifying event in order to qualify for Operation Gold Awards in non-Paralympic years, provided individuals/teams finish among the top 50% of the individuals/teams who started the event.

For purposes of Operation Gold, a team is defined as three or more athletes (pairs are awarded at the same rate as individual athletes).

NOTE: For Paralympic sports with a discipline or event that is not included on the program of the Paralympic Games, that discipline or event will not be eligible for Operation Gold. However, if a Paralympic sport has a revolving program for the Paralympic Games (i.e., an event is taken from the program one quad, but is added back to the program the next quad), that event or discipline will be eligible for Operation Gold at the approved qualifying event.

### Paralympic Sport Payment Schedule

Place	1st Year of Quad	2 <sup>nd</sup> Year of Quad	3 <sup>rd</sup> Year of Quad	Paralympic Games Year (Paralympic Games Only)
<b>1<sup>st</sup></b>	\$6,250	\$6,250	\$7,500	\$37,500
<b>2<sup>nd</sup></b>	\$5,000	\$5,000	\$6,250	\$22,500
<b>3<sup>rd</sup></b>	\$4,375	\$4,375	\$5,000	\$15,000
<b>4<sup>th</sup></b>	\$3,750	\$3,750	\$4,375	
<b>5<sup>th</sup></b>	\$3,125	\$3,125	\$3,750	
<b>6<sup>th</sup></b>	\$3,125	\$3,125	\$3,750	
<b>7<sup>th</sup></b>	\$2,500	\$2,500	\$2,500	
<b>8<sup>th</sup></b>	\$2,500	\$2,500	\$2,500	

**Attachment A**

**2020 U.S. Paralympics Track & Field Standards**

**2020 Men's Standards**

<b>Class</b>	<b>Event</b>	<b>National Team A</b>	<b>National Team B</b>	<b>Emerging</b>	<b>Tokyo High Performance Standard</b>	<b>Tokyo Minimum Entry Standard</b>	<b>Trials Entry Standard</b>
T11	100m	11.10	11.20	12.77	11.52	11.90	13.09
T12	100m	10.74	10.77	12.35	11.10	11.50	12.65
T13	100m	10.88	10.99	12.51	11.13	11.50	12.65
T33	100m	17.41	18.79	20.02	20.90	24.00	26.40
T34	100m	15.41	15.54	17.72	16.38	17.30	19.03
T35	100m	12.03	12.7	13.83	13.52	15.60	17.16
T36	100m	11.95	12.09	13.74	12.51	13.70	15.07
T37	100m	11.48	11.57	13.20	11.93	12.80	14.08
T38	100m	11.05	11.35	12.71	11.58	12.50	13.75
T45/46/47	100m	10.69	10.83	12.29	11.06	11.60	12.76
T51	100m	20.97	21.62	24.12	22.74	28.00	30.80
T52	100m	17.06	17.45	19.62	17.96	20.00	22.00
T53	100m	14.76	14.95	16.97	15.30	16.20	17.82
T54	100m	13.98	14.19	16.08	14.31	14.70	16.17
T63(42)	100m	12.32	12.42	14.17	13.09	15.60	17.16
T62/64(43/44)	100m	10.99	11.00	12.64	11.47	12.00	13.20
T35	200m	24.24	26.45	27.88	28.29	32.00	35.20
T37	200m	22.88	23.1	26.31	24.22	26.00	28.60
T51	200m	37.82	41.17	43.49	42.84	51.00	56.10
T61(42)	200m	24.63	26.56	28.32	28.00	28.50	31.35
T64/44	200m	22.73	22.78	26.14	23.65	25.10	27.61
T11	400m	50.91	51.56	58.55	54.34	57.00	62.70
T12	400m	48.99	49.92	56.34	50.40	54.00	59.40
T13	400m	49.45	50.59	56.87	51.00	54.00	59.40
T20	400m	47.96	48.74	55.15	49.87	52.60	57.86
T36	400m	54.28	55.85	62.42	59.36	01:04.0	1:10.40
T37	400m	51.53	52.24	59.26	55.12	01:00.0	01:06.0
T38	400m	52.28	52.66	60.12	54.36	01:00.0	01:06.0
T45/46/47	400m	48.96	49.44	56.30	50.15	53.5	58.85
T51/52	400m	59.98	01:01.30	68.98	01:03.0	01:30.0	01:39.0
T53	400m	49.02	49.40	56.37	50.74	54.00	59.40
T54	400m	45.55	46.27	52.38	46.75	48.50	53.35
T62(43)	400m	51.17	54.19	58.85	55.15	1:10.00	01:17.0
T33/34	800m	1:40.17	01:42.15	01:55.20	1:47.00	2:03.00	2:15.30
T53	800m	1:35.89	01:36.53	01:50.27	1:41.00	1:51.00	2:02.10

T54	800m	1:31.41	01:31.95	01:45.12	1:33.00	1:37.00	1:46.70
T11	1500m	4:08.71	04:11.49	04:46.02	4:21.00	4:32.00	4:59.20
T12/13	1500m	3:49.30	03:51.62	04:23.70	3:58.00	4:08.00	4:32.80
T20	1500m	3:56.32	03:57.84	04:31.77	4:00.00	4:12.00	4:37.20
T37/38	1500m	4:05.12	04:09.07	04:41.89	4:24.00	4:45.00	5:13.50
T45/46	1500m	3:51.99	03:58.49	04:26.79	4:05.00	4:26.00	4:52.60
T51/52	1500m	3:55.21	03:56.70	04:30.49	3:57.00	5:20.00	5:52.00
T53/54	1500m	2:53.96	02:54.18	03:20.05	2:55.00	3:07.00	3:25.70
T11	5000m	15:45.32	15:46.74	18:07.12	16:04.00	16:55.00	18:36.50
T12/13	5000m	14:42.62	14:48.87	16:55.01	15:11.00	15:57.00	17:32.70
T53/54	5000m	9:44.01	09:44.45	11:11.61	10:00.00	10:50.00	11:55.00
T11/12	Marathon	2:25:50	2:28:29	2:47:43	2:33:49	3:00:00	3:18:00
T45/46	Marathon	2:27:36	2:30:44	2:49:44	2:47:39	3:00:00	3:18:00
T52/53/54	Marathon	1:22:51	01:23.41	1:35:17	1:24:02	1:35:00	1:44:30
T11-13, T33-34/T51-54, T35-38, T42-47/T61-64	4x100m Medley Relay	-	-	-	-	-	-
F31/32	Club	34.42	34.01	25.82	30.72	22.00	18.70
F51	Club	29.91	29.33	22.43	27.49	17.00	14.45
F11	Discus	42.23	38.18	31.67	36.41	29.00	24.65
F37	Discus	51.43	50.39	38.57	45.46	39.00	33.15
F51/52	Discus	19.91	19.24	14.93	17.19	10.00	8.50
F54/55/56	Discus	43.51	41.58	32.63	37.26	33.00	28.05
F63/64 (43/44)	Discus	62.13	54.09	46.60	48.30	40.00	34.00
T45/46/47	High Jump	2.00	1.94	1.50	1.86	1.50	1.35
T61/63 (42)	High Jump	1.80	1.78	1.35	1.59	1.50	1.35
T64(44)	High Jump	1.99	1.93	1.49	1.86	1.40	1.26
F12/13	Javelin	61.97	59.12	46.48	54.06	43.00	36.55
F33/34	Javelin	35.59	34.17	26.69	26.38	19.00	16.15
F38	Javelin	54.63	51.29	40.97	45.87	30.00	25.50
F40/41	Javelin	42.24	40.05	31.68	34.83	27.00	22.95
F45/46	Javelin	61.22	59.95	45.92	49.43	39.00	33.15
F53/54	Javelin	30.56	29.76	22.92	24.00	19.70	16.75
F56/57	Javelin	46.01	41.71	34.51	39.75	31.00	26.35
F61-64 (42-44)	Javelin	57.36	56.95	43.02	55.20	44.00	37.40
T11	Long Jump	6.44	6.32	4.83	5.99	5.30	4.77
T12	Long Jump	7.06	7.00	5.30	6.65	6.00	5.40

T13	Long Jump	7.04	6.88	5.28	6.30	5.50	4.95
T20	Long Jump	6.89	6.79	5.17	6.65	6.00	5.40
T36	Long Jump	5.57	5.50	4.18	5.02	4.00	3.60
T37	Long Jump	6.16	6.07	4.62	5.80	5.00	4.50
T38	Long Jump	6.42	6.16	4.82	5.61	4.70	4.23
T45/46/47	Long Jump	7.27	6.99	5.45	6.65	6.10	5.49
T61/63 (42)	Long Jump	6.70	5.66	5.03	5.42	4.40	3.96
T62/64 (43/44)	Long Jump	7.34	6.91	5.51	6.50	5.50	4.95
F11	Shot	13.99	13.20	10.49	11.63	7.50	6.38
F12	Shot	16.35	15.09	12.26	13.38	11.50	9.78
F20	Shot	16.61	15.96	12.46	14.22	11.00	9.35
F32	Shot	10.26	9.88	7.70	8.47	6.50	5.53
F33	Shot	11.14	10.49	8.36	8.88	6.50	5.53
F34	Shot	11.35	11.11	8.51	10.24	7.70	6.55
F35	Shot	15.87	13.49	11.90	13.45	9.00	7.65
F36	Shot	14.77	14.01	11.08	12.69	9.00	7.65
F37	Shot	14.40	13.95	10.80	12.69	11.00	9.35
F40	Shot	10.77	10.28	8.08	9.02	6.00	5.10
F41	Shot	14.03	12.06	10.52	10.65	8.70	7.40
F46	Shot	15.56	15.26	11.67	14.29	11.00	9.35
F53	Shot	7.91	7.50	5.93	7.12	5.00	4.25
F54/55	Shot	12.15	11.41	9.11	10.66	9.50	8.08
F56/57	Shot	14.29	14.21	10.72	12.49	11.00	9.35
F61/63(42)	Shot	14.39	13.49	10.79	12.99	11.20	9.52

### 2020 Women's Standards

Class	Event	National Team A	National Team B	Emerging	Tokyo High Performance Standard	Tokyo Minimum Entry Standard	Trials Entry Standard
T11	100m	12.02	12.16	13.82	13.26	14.50	15.95
T12	100m	12.00	12.12	13.80	12.51	14.30	15.73
T13	100m	12.33	12.41	14.18	13.07	15.00	16.50
T33/34	100m	18.83	19.17	21.65	20.15	25.00	27.50

T35	100m	15.42	15.51	17.73	16.14	20.50	22.55
T36	100m	14.30	14.68	16.45	15.29	17.30	19.03
T37	100m	13.27	13.49	15.26	14.43	15.40	16.94
T38	100m	12.94	13.14	14.88	13.88	15.20	16.72
T45/46/47	100m	12.36	12.50	14.21	12.92	13.60	14.96
T53	100m	16.45	16.74	18.92	17.59	20.00	22.00
T54	100m	16.05	16.23	18.46	17.33	18.25	20.08
T61/63(42)	100m	15.32	15.64	17.62	16.62	20.00	22.00
T62/64(43/44)	100m	12.90	13.06	14.84			17.60
					13.56	16.00	
T11	200m	25.05	25.53	28.81	27.11	31.00	34.10
T12	200m	24.44	24.75	28.11	25.96	30.00	33.00
T35	200m	32.15	33.26	36.97	34.15	42.00	46.20
T36	200m	30.31	30.82	34.86	32.93	37.00	40.70
T37	200m	27.46	27.98	31.58	29.83	33.20	36.52
T45/46/47	200m	25.08	25.56	28.84	26.59	29.00	31.90
T64 (44)	200m	26.98	28.09	31.03	28.11	33.00	36.30
T11	400m	58.93	01:00.69	67.77	01:02.00	01:12.00	01:19.20
T12	400m	57.88	58.31	66.56	01:02.00	01:12.00	01:19.20
T13	400m	57.55	58.44	66.18	01:03.00	01:16.00	01:23.60
T20	400m	59.08	59.38	67.94	01:00.00	01:06.00	01:12.60
T37	400m	01:05.34	01:06.95	01:15.14	01:08.00	01:20.00	01:28.00
T38	400m	01:03.96	01:05.00	01:13.55	01:06.00	01:17.00	01:24.70
T45/46/47	400m	58.44	58.94	01:07.21	01:02.00	01:14.00	01:21.40
T53	400m	55.04	55.28	01:03.30	57.32	01:10.00	01:17.00
T54	400m	53.12	54.21	01:01.09	57.53	01:01.00	01:07.10
T33/34	800m	02:01.35	02:12.66	02:19.55	02:37.00	02:50.00	03:07.00
T53	800m	01:47.96	01:48.48	02:04.15	01:52.00	02:22.00	02:36.20
T54	800m	01:42.35	01:44.14	01:57.70	01:51.00	02:05.00	02:17.50
T11	1500m	04:53.81	04:55.38	05:37.88	04:56.00	06:20.00	06:58.00
T12/13	1500m	04:39.63	04:41.71	05:21.57	04:57.00	05:35.00	06:08.50
T20	1500m	04:40.86	04:43.66	05:22.99	04:57.00	05:20.00	05:52.00
T53/54	1500m	03:17.86	03:18.71	3:47.54	03:29.00	03:50.00	04:13.00
T53/54	5000m	10:59.05	10:59.28	12:37.91	11:46.00	13:30.00	14:51.00
T11/12	Marathon	03:09.55	03:12.57	03:37.98			3:56:30
					3:15:29	3:35:00	
T52/53/54	Marathon	01:34.19	01:36.00	01:48.32			2:09:48
					1:44:43	1:58:00	
T11-13, T33-34/T51- 54, T35-38, T42-47/T61- 64	4x100m Medley Relay	-	-	-	-	-	-
F31/32	Club	21.58	19.04	16.19	17.44	13.00	11.05
F51	Club	22.22	18.05	16.67	11.92	10.00	8.50
F11	Discus	35.32	35.00	26.49	26.35	18.00	15.30

F37/38	Discus	33.91	32.99	25.43	26.05	22.00	18.70
F40/41	Discus	32.38	27.74	24.29	22.60	17.00	14.45
F51/52/53	Discus	13.52	12.98	10.14	11.62	6.00	5.10
F54/55	Discus	22.97	22.4	17.23	19.45	14.50	12.33
F56/57	Discus	31.05	27.92	23.29	26.68	19.00	16.15
F62/64(43/44)	Discus	36.43	34.14	27.32			15.30
					28.90	18.00	
F12/13	Javelin	38.87	37.65	29.15	33.04	19.00	16.15
F33/34	Javelin	17.15	16.92	12.86	13.80	11.50	9.78
F45/46	Javelin	41.97	39.36	31.48	32.89	18.00	15.30
F53/54	Javelin	18.38	16.22	13.79	13.71	9.00	7.65
F55/56	Javelin	22.67	21.73	17.00	16.98	13.00	11.05
T11	Long Jump	4.92	4.74	3.69			3.06
					4.60	3.40	
T12	Long Jump	5.54	5.40	4.16			3.33
					4.93	3.70	
T20	Long Jump	5.61	5.41	4.21			3.87
					5.17	4.30	
T37	Long Jump	4.45	4.30	3.34			3.15
					4.06	3.50	
T38	Long Jump	4.98	4.85	3.74			3.38
					4.56	3.75	
T45/46/47	Long Jump	5.52	5.48	4.14			3.60
					5.05	4.00	
T61/63 (42)	Long Jump	4.44	4.13	3.33			2.70
					3.93	3.00	
T62/64 (43/44)	Long Jump	5.38	5.34	4.04			3.42
					5.14	3.80	
F11/12	Shot	13.39	11.85	10.04	11.02	9.00	7.65
F20	Shot	13.06	12.86	9.80	11.92	10.00	8.50
F32	Shot	6.22	5.96	4.67	5.35	3.00	2.55
F33	Shot	6.42	6.37	4.82	5.59	3.50	2.98
F34	Shot	7.68	7.41	5.76	6.20	5.20	4.42
F35	Shot	9.47	8.47	7.10	6.57	6.00	5.10
F36	Shot	9.32	8.92	6.99	7.14	6.00	5.10
F37	Shot	13.48	11.06	10.11	8.88	7.50	6.38
F40	Shot	8.15	7.47	6.11	6.17	4.00	3.40
F41	Shot	9.19	9.06	6.89	7.85	5.50	4.68
F54	Shot	7.64	7.48	5.73	6.30	4.30	3.66
F56/57	Shot	10.32	9.95	7.74	9.35	7.00	5.95

## **Attachment B**

### **2020 U.S. Paralympics Track & Field Athlete Stipends**

1. Athlete stipends are processed monthly on the first Friday of each month.
2. Athletes are eligible for athlete stipends at the beginning of the month following nomination to the National Team(s).
3. Athlete stipends are provided to athletes that are in compliance with their 2020 Athlete Agreement obligations and personal performance plan obligations. If an athlete is not current with the agreement/plan obligations and/or USADA on the first day of the month in which the payment is being made, the athlete's payment will be withheld until he/she is compliant.
4. Athletes sanctioned by USADA, WADA and/or the respective sport IF for a doping violation are not eligible for an athlete stipend, regardless of any National Team(s) status, during the period of such sanction.
5. Athletes sanctioned by the IPC and/or the respective sport IF for classification Intentional Misrepresentation are not eligible for an athlete stipend, regardless of any National Team(s) status, during the period of such sanction.
6. Athletes sanctioned by the U.S. Center for SafeSport, the USOPC, or another National Governing Body (NGB) for a safe sport code violation are not eligible for athlete stipends, regardless of any National Team(s) status, during the period of such sanction.
7. Athlete stipends will only be paid once the Athlete Support Designee Form has been completed and submitted (annual basis).
8. Athlete support is paid directly to the athlete. National Team athletes are responsible for understanding and maintaining their own eligibility status with other organizations where applicable (i.e. NCAA, NFHS, etc.), and may choose to decline athlete stipend payments in order to retain high school or collegiate eligibility.
9. Athlete support will be reported to the IRS and may be subject to federal and state income tax. The USOPC encourages athletes to speak with a tax professional to receive guidance regarding tax implications.
10. Athlete support is contingent upon:
  - A. Athlete training in a year-round program that is approved by U.S. Paralympics Track & Field
  - B. Maintaining consistent performance standards and competition results as well as complying with team obligations (e.g., proper communication, following travel polices, event commitments, etc.)
  - C. Meeting all requested deadlines for travel forms, reimbursements, athlete agreements and code of conduct.

### **2020 Criteria for U.S. Paralympics Track & Field Athlete Stipends:**

<u>Tier</u>	<u>Monthly 2020 Athlete Stipend</u>	<u>Monthly Coaching Stipend</u>	<u>Training &amp; Travel Grant</u>	<u>International Travel Stipend</u>
Tier 1	\$1250	\$150 No Coaches Ed Certification \$300 USATF Level I \$300 USTFCCCA TFTC 201, 251 \$350 USATF Level II \$350 USTFCCCA 302-306	Up to \$1250	Up to \$3000 International Stipend
Tier 2	\$950	\$150 No Coaches Ed Certification \$300 USATF Level I \$300 USTFCCCA TFTC 201, 251 \$350 USATF Level II \$350 USTFCCCA 302-306	Up to \$1000	Up to \$3000 International Stipend
Tier 3	\$600	\$150 No Coaches Ed Certification \$300 USATF Level I \$300 USTFCCCA TFTC 201, 251 \$350 USATF Level II \$350 USTFCCCA 302-306	Up to \$1000	N/A
TPP	N/A	N/A	Up to \$750	N/A
Emerging	N/A	N/A	N/A	N/A

### Attachment C

#### 2020 U.S. Paralympics U.S. Paralympics Track & Field Additional Athlete Support Programs

#### TRAVEL SUPPORT

Athletes who are nominated to the National Team are eligible for training and travel grants to attend a World Para Athletics approved event and may be invited to camps and competitions depending on availability.

When indicated, U.S. Paralympics will fund and make all of the travel arrangements (flight, meals, housing, ground transportation, entries, etc.) based on USOPC policies to specific



National Team events. The anticipated competition(s) must be outlined in the National Team Athlete's 2020 Personal Performance Plan.

This funding is subject to approval by U.S. Paralympics Track & Field and the same requirements outlined in the Athlete Stipend section (Attachment B) and National Team Procedures & Obligations (Attachment F). If all of the requirements are not met or an athlete cancels from the competition after confirmation outlined in their agreed upon/signed Personal Performance Plan, the athlete may be subject to team fines and will be required to pay back the travel costs and/or Athlete Stipend payments will be withheld for the remainder of the calendar year or until the correct sum is repaid—whichever is applicable.

U.S. Paralympics does **not** fund National Team athletes to attend Trials/National Championships/selection events; however, attendance at certain events may be required as per the athlete's Personal Performance Plan.

### **COACHING SUPPORT**

The 2020 National Team athlete can nominate their personal coach by submitting their Personal Performance Plan and other documents as outlined below. National Team athletes who are coached by a USOPC or U.S. Paralympics Employee /funded Coach are not eligible for this benefit but are required to submit the plan. National Team athletes may not nominate themselves nor any family member as their coach to receive the Coaching Stipend unless extenuating circumstances apply that are directly related to impairment and lack of available coaching opportunities. If a National Team athlete does not have a coach or is unable to locate one, U.S. Paralympics will work with the athlete to help find an appropriate coach in their area. If a coach cannot be assigned, athletes must submit the required training documents each month (outlined in Attachment B and below). DAS will be held each month until the required training documents are received.

After approval, the coach will receive a confirmation email which will include the W-9 form, background check information, SafeSport training, and invoice process. The payments can be processed only after the signed W-9 form has been submitted, a green light is issued for the background check and SafeSport training is completed.

Coaches will be required to submit an invoice by the 15th of each month following the previous month of service. Late invoices will not be accepted, and back pay will not be distributed. The Coaching Stipend amount will be paid directly to the coach according to the chart outlined above in Attachment B. Workouts are no longer required with monthly invoices for coaches of athletes in Tier 1 and Tier 2. Coaches of Tier 3 athletes are required to submit a periodized yearly training plan when submitting initial contract and a monthly training plan when submitting monthly invoices.

Periodized yearly training plan—general overview of training with focus areas for each month or six-week block (i.e., endurance, speed endurance, interval training speed, etc. race pace, competition, tactical training, strength training, volume throws/jumps, recovery, etc.).

Monthly training report—a brief overview of what the athlete did the previous month as well as a brief overview of what the athlete will do the next month.

If an athlete has a coaching change, this change must be reported to [USParaTFTeam@usopc.org](mailto:USParaTFTeam@usopc.org) by the athlete prior to any change in coaching stipend occurring. The previous coach will not be eligible for a coaching stipend effective immediately unless the coaching notification occurred

after the 15<sup>th</sup> of the respective month. The new and approved coach will be eligible for the coaching stipend beginning the month following the athlete notification and completion of an updated personal performance plan by the athlete and coach.

### **PERFORMANCE INCENTIVE SUPPORT**

U.S. Paralympics Track and Field will provide a world record bonus incentive program for 2020 National Team athletes. World record bonuses will be awarded only for the events scheduled to be hosted at the 2020 Paralympic Games and based on results from World Para Athletics approved events (outdoor events ONLY). Two thousand dollars (\$2,000) will be awarded for each world record AFTER it has been approved/published by World Para Athletics on the 2020 World Para Athletics world ranking list. Athletes may only collect one world record bonus per competitive event between January 1, 2020 and December 31, 2020. (i.e., athlete X can only receive one world record bonus payment for the Women's T54 800m, but athlete X will receive an additional payment if the world record is approved in the Women's T54 100m). Relay world record bonuses will be split/paid to each of the four athletes establishing the World Record (\$500/person/relay event).

### **PRIZE MONEY**

Prize money will be awarded to National Team athletes based on results compared to the 2020 National A Standard at World Para Athletics Approved Track & Field Events hosted as follows:

**Feb/March:** \$2500/gender (1st place = \$1250, 2nd place = \$750, 3rd place = \$500)  
*Coach of 1<sup>st</sup> place Performance per gender \$500*

**April:** \$2500/gender (1st place = \$1250, 2nd place = \$750, 3rd place = \$500)  
*Coach of 1<sup>st</sup> place Performance per gender \$500*

**May:** \$2500/gender (1st place = \$1250, 2nd place = \$750, 3rd place = \$500)  
*Coach of 1<sup>st</sup> place Performance per gender \$500*

**June:** \$5000/gender (1st place = \$2000, 2nd place = \$1500, 3rd place = \$1000, 4<sup>th</sup> Place=\$500)  
*Coach of 1<sup>st</sup> place Performance per gender \$500*

### **2019 U.S. Paralympics Track & Field Supplemental Athlete Support Programs**

#### ***Athlete Travel Stipend – \$3,000 (International)***

Tier 1 and Tier 2 athletes are eligible to elect to have an international travel stipend to be distributed by March 31, 2019. This stipend must be applied to a World Para Athletics Approved Track & Field Event during Term 1. Indication must be made on the Personal Performance Plan and agreed upon by U.S. Paralympics Track & Field staff. Confirmation of participation must be evident by referencing competition results. If an athlete does not compete in specified competition athletes will be required to pay back the full stipend amount.

***Domestic Training and Travel Grant*** - Domestic training and travel grants are available to all National Team and Talent Protection Program athletes to support expenses such as training and competition equipment, travel and supplemental training and competition needs. Grants are not guaranteed but **may** be issued based on clear and concise rationale and demonstrated need. Domestic Training and Travel Grant applications will be sent to all eligible athletes no later than February 1, 2020. The applications must be submitted to U.S. Paralympics Track & Field by February 15, 2020. Applications will be sent to eligible athletes directly. Please note deadlines

are firm and grants may be approved **up to** the following amounts: Tier 1 – up to \$1,250, Tier 2 & 3 – up to \$1,000 per term, TPP –up to \$750.

***Paralympic Team Training Support Grant***

For athletes who are not named to the National Team for Term 2 and are nominated to and meet all the requirements to be named to the 2020 Tokyo Paralympic Games team, they will be eligible for a one-time training support grant. The grant purpose is to help support training, equipment, sports medicine and travel needs leading up to the Paralympic Games. Applications for the Paralympic Team training support grant will be sent directly to all eligible athletes by July 1, 2020 and will be due July 8, 2020. Please note deadlines are firm and grants may be approved **up to** \$1,000 per eligible athlete.

## **Attachment D**

### **2020 U.S. Paralympics Track & Field Elite Athlete Health Insurance (EAHI)**

All 2020 National Team athletes are eligible for EAHI. Upon meeting the criteria below eligible athletes will receive an email from the USOPC outlining the EAHI program benefits for further consideration.

1. Athletes must be currently training and competing to receive EAHI.
2. Athletes must sign and be in compliance with 2020 Athlete Agreement obligations and personal performance plan obligations.
3. Athletes are eligible for EAHI at the beginning of the month following nomination to the National Team(s).
4. EAHI will only be offered once the Athlete Support Designee Form has been completed and submitted (annual basis).
5. Athletes sanctioned by USADA, WADA and/or the respective sport IF for a doping violation are not eligible for EAHI, regardless of any National Team(s) status, during the period of such sanction.
6. Athletes sanctioned by the IPC and/or the respective sport IF for classification Intentional Misrepresentation are not eligible for EAHI, regardless of any National Team(s) status, during the period of such sanction.
7. Athletes sanctioned by the U.S. Center for SafeSport, the USOPC, or another National Governing Body (NGB) for a safe sport code violation are not eligible for EAHI, regardless of any National Team(s) status, during the period of such sanction.
8. When National Team status is no longer conferred upon the athlete, EAHI benefits will cease. Termination is effective the first of the month following 30 days written notification.

## Attachment E

### U.S. Anti-Doping Agency (USADA)

#### **Whereabouts:**

An important part of USADA's testing program is the ability to test athletes without any advance notice in an out-of-competition setting. Athletes are subject to testing 365 days a year and do not have "off-seasons" or cutoff periods in which testing does not occur. Whereabouts information, (dates, times, locations, etc.) is information submitted to USADA by an athlete that allows the athlete to be located for out-of-competition testing.

For more information on whereabouts, please go to <https://www.usada.org/testing/whereabouts/>.

#### **Therapeutic Use Exemptions (TUEs):**

In some situations, an athlete may have an illness or condition that requires the use of medication listed on the World Anti-Doping Agency's Prohibited List. USADA can grant a Therapeutic Use Exemption (TUE) in these situations in compliance with the World Anti-Doping Agency International Standard for TUEs. The TUE application process is thorough and designed to balance the need to provide athletes access to critical medication while protecting the rights of clean athletes to compete on a level playing field.

For more information on TUEs, please go to <https://www.usada.org/substances/tue/>.

#### **Global Drug Reference Online (Global DRO):**

The Global Drug Reference Online (Global DRO) provides athletes and support personnel with information about the prohibited status of specific medications based on the current World Anti-Doping Agency (WADA) Prohibited List.

Global DRO does not contain information on, or that applies to, any dietary supplements.

The Global DRO can be found at <https://www.globaldro.com/Home>.

#### **Additional Resources from USADA:**

USADA Website: <https://www.usada.org/>

Supplement 411: <https://www.usada.org/substances/supplement-411/>

WADA Prohibited List: <https://www.usada.org/substances/prohibited-list/>

Anti-Doping 101: <https://www.usada.org/athletes/antidoping101/>

## **Attachment F**

### **2020 U.S. Paralympics Track & Field National Team Procedures & Obligations**

#### **U.S. Paralympics Track & Field Team Procedures**

- Failure to comply with the Athlete Obligations listed below or violating the Athlete Agreement will result in a suspension of athlete stipends, other team benefits, and/or removal from the National Team.
- U.S. Paralympics will provide athlete stipends for multi-sport athletes in only the multi-sport athlete's designated primary sport.
- Failure to attend national team event(s) as outlined in the Personal Performance Plan may result in forfeiture of national team benefits including future invitations to camps and clinics hosted by U.S. Paralympics Track & Field, prize money eligibility, international travel stipends (if applicable) and/or domestic travel and training grants.
- Failure to submit all 2020 National Team Paperwork by the posted deadline will result in a loss of benefits until the paperwork has been completed.
- Failure to submit monthly progress report/training logs by the deadline will result in a fine of \$25 per occurrence.
- Failure to compete at required meets as listed in the Athletes' Personal Performance Plan will result in athlete fines. 1<sup>st</sup> occurrence- \$100, 2<sup>nd</sup> occurrence- \$250, 3<sup>rd</sup> occurrence- \$500.
- U.S. Paralympics Track & Field issued National Team uniforms and competition gear must be worn at required competitions and training camps as requested when funded by U.S. Paralympics Track & Field through direct funding and/or athlete international travel stipend and or athlete domestic travel and training grants unless otherwise pre-approved by U.S. Paralympics Track & Field staff. Funded events where issued National Team uniforms and competition gear are required will be noted in the athlete's direct invitation. Failure to wear issued team uniforms will result in athlete fines. 1<sup>st</sup> occurrence- \$100, 2<sup>nd</sup> occurrence- \$250, 3<sup>rd</sup> occurrence- \$500.

#### **US. Paralympics Track & Field Athlete Obligations**

- Maintain compliance with U.S. Paralympics Athlete Agreement
- Maintain compliance with 2020 Personal Performance Plan
- Maintain compliance with the National Team Code of Conduct
- Maintain compliance with USADA, IPC, IF, and WADA anti-doping policies
- Maintain a proper level of fitness and compete in the number of competitions agreed upon

#### **U.S. Paralympics Track & Field Team Rules and Regulations**

- The possession or use of weapons, such as guns, knives, swords, etc., by any athlete or staff member is prohibited.
- Daily Curfews ("lights out" times) established by the Team Staff must be observed by all athletes.
- Team members and staff will attend all team functions including meetings, practices, exhibitions, press conferences, competitions, etc., unless otherwise excused or instructed by the Head Coach or Team Leader.
- Team member and staff will cooperate with all Team leadership and U.S. Paralympics staff (captains, Program Manager, Team Leader, Head Coach, and U.S. Paralympics and U.S. Paralympics Track & Field staff).

- Team members and staff will refrain from behavior that would detract from a positive image of the U.S. Paralympics U.S. Paralympics Track & Field National Team or that would be detrimental to its performance objectives.
- Team members and staff will display proper respect and sportsmanship toward coaches, officials, administrators, fellow competitors and the public.
- Team members and staff will wear USOPC and/or U.S. Paralympics U.S. Paralympics Track & Field provided apparel as required and as designated by Team leadership (captains, Program Manager, Team Leader, Head Coach, and U.S. Paralympics Track & Field staff).
- Team members and staff are required to sleep in their assigned rooms and are not permitted to switch rooms – even temporarily – without prior approval from team staff.
- Team members are not permitted to be any other room other than their assigned room or dedicated Team activity rooms or medical rooms as assigned by U.S Paralympics Track & Field staff.
- Team members and staff are required to adhere to team logistical assignments as arranged by U.S. Paralympics Track & Field staff. This includes flight confirmations, ground transportations, team meals and hotel accommodations. Changes are not permitted without written approval from U.S. Paralympics Track & Field staff.
- Team members and staff are responsible for any change fees incurred after 24 hours of a flight confirmation.
- Public intoxication or consuming alcohol to excess is prohibited.
- Staff drinking with athletes is not allowed. This includes being in the same establishment or in the same room together.
- Team member and staff credentials are dedicated to that specific team member or staff. It is prohibited to pass your credential to a friend, family, personal coach, other athlete, etc. in order to gain access to credentialed areas.

## Attachment G

### 2020 U.S. Paralympics Track & Field Resident Program

U.S. Paralympics U.S Paralympics Track & Field Resident Program is located at the Chula Vista Elite Athlete Training Center (CVEATC).

#### **Athlete Eligibility:**

- Be at least 18 years of age.
- Be a current US Citizen eligible to represent the USA in the Paralympic Games.
- Applicants who take college courses must maintain a 2.0 GPA.
- Be willing to submit to a complete health profile coordinated by USOPC Sports Medicine including thorough medical history and comprehensive physical examination.
- Must maintain a current license with World Para Athletics.

#### **Guide Athlete Eligibility:**

- Be at least 18 years of age.
- Be a current US Citizen eligible to represent the USA in the Paralympic Games.
- Applicants who take college courses must maintain a 2.0 GPA.
- Be willing to submit to a complete health profile coordinated by USOPC Sports Medicine including thorough medical history and comprehensive physical examination.
- Must obtain specific performance markers as outlined in Guide athlete agreement and approved by Resident Team Head Coach.
- Must comply with all resident athlete requirements.

For further eligibility and criteria information refer to the Resident Athlete and Rotation Program Memo found on the U.S. Paralympics Track & Field website. <https://www.teamusa.org/US-Paralympics/Sports/Track-and-Field/Resident-and-Rotation-Program>

#### **Acceptance & Application**

Acceptance to the Resident Program will be at the sole discretion of U.S. Paralympics Track & Field and all positions available in the Resident Program will not necessarily be filled.

Evaluation of athletes for acceptance to the Resident Program will consider a wide range of factors including:

- Space availability.
- Meeting and maintaining a minimum emerging standard (Attachment A) per the athlete's specific event/sport class.
- Athlete's current "home" training environment.
- Potential for the athlete to medal at the World Championships/Paralympic Games.
- Projected effect/impact of the U.S. Paralympics Track & Field Resident Program on
- The athlete's medal potential.
- Athlete's desire and willingness to commit fully to the training Resident Program.
- Training compatibility with other resident athletes.
- Relevant performance data from current quadrennium.



The Application and all necessary forms for the Resident Program are available at [www.usparalympics.org](http://www.usparalympics.org). Any athlete who wishes to participate must apply and be accepted into the Resident Program.

### **Program Description**

The Track & Field Resident Program hosted at CVEATC is designed for athletes training in the Paralympic throws, jumps, sprints and distance events. All athletes should be competing in accordance with an approved Personal Performance Plan or approved competition plan by U.S. Paralympics Track & Field staff.

- Agree to and follow the training program defined by the Resident Program Coach for that athlete, develop short-, mid-, and long-term performance markers with the Resident Program Coaches (as well as Strength and Conditioning Coaches), pursue achievement of those markers,
- Attend all training sessions, competitions and other team activities (meetings, testing, community appearances, USOPC-hosted special events, etc.) as directed by the Resident Program Coaches,
- Wear U.S. Paralympics Track & Field designated uniforms, competition wear and other clothing at official competitions and functions as directed by the Resident Program Coaches,
- Provide his/her own clothing and equipment appropriate for training and competition (including shoes), except when required to wear U.S. Paralympics provided uniforms and competition wear,
- Agree to and abide by the rules of the CVEATC.

Additional information can be found in Resident and Rotation Program memo and application. <https://www.teamusa.org/US-Paralympics/Sports/Track-and-Field/Resident-and-Rotation-Program>

### **Participant Responsibilities**

Each athlete participating in the program is required to cover his/her expenses for moving from Chula Vista. U.S. Paralympics will provide travel support for move-in only. USPTF may purchase a one-way ticket or may reimburse up to \$600.00 for mileage for move-in only. All other costs are the responsibility of the athlete/guide.

For additional participant responsibilities refer to the Resident Athlete and Rotation Program Memo found on the U.S. Paralympics Track & Field website. <https://www.teamusa.org/US-Paralympics/Sports/Track-and-Field/Resident-and-Rotation-Program>

### **Removal from Program**

Athlete participation in the program may be terminated at any time by U.S. Paralympics Track & Field. Notice of removal from the program will be provided to the athlete in writing and will be effective immediately upon such notice or as specified in the notice. An athlete may appeal removal from the program pursuant to the USOPC Grievance Procedures for U.S. Paralympics National Teams and Programs, provided as a part of the U.S. Paralympics National Team Agreement.

Removal from the program may result from any of the following or any other reason determined valid by U.S. Paralympics:

- Failure to meet the requirements to qualify for the national team (annually)

- Failure to qualify for a U.S. team to the major international competition (such as World Championships or Paralympic Games)
- Failure to meet the performance markers or other elements of the athlete's personal performance plan
- Failure to comply with the U.S. Paralympics Athlete Agreement, USOPC Code of Conduct, the CVEATC rules and guidelines or the requirements of the resident program
- Violation of the USADA Anti-Doping policies
- Persistent incompatibility with the National Team Coach and/or other resident athletes that detracts from the training or performance of any member of the CVEATC community

For additional information please refer to the Resident Athlete and Rotation Program Memo found on the U.S. Paralympics Track & Field website. <https://www.teamusa.org/US-Paralympics/Sports/Track-and-Field/Resident-and-Rotation-Program>

### **Coaching Staff**

Joaquim Cruz	U.S. Paralympics Track & Field Head Coach
Erica Wheeler	U.S. Paralympics Track & Field Throws Coach
Jeremy Fischer	U.S. Paralympics Track & Field Sprints and Jumps Coach

### **Important Dates/Schedule**

As determined essential and specific for each athlete by U.S. Paralympics Track & Field staff.