



Chula Vista Elite Athlete Training Center Rotational & Residency Program Application

The primary objective of the Resident and Rotation Program at the Chula Vista Elite Athlete Training Center is to provide an environment of high performance for athletes to grow athletically and personally as Paralympic hopefuls. The initial qualification standards, as well as the program requirements and expectations are provided within this application and will be supplemented through information provided to you from US Paralympic Track and Field and the USOC staff. Athletes will be evaluated for eligibility based on the information submitted as well as their performance, their ability to sustain a productive training and competition schedule and their ability to thrive within the environment at the training center. Access to the training center is a privilege that has proven to support athlete podium pursuits and sustainable independence, initiative and collaboration with staff and coaches are very important aspects of success at the center.

****FORM MUST BE ENTIRELY COMPLETE OR IT WILL NOT BE ACCEPTED. IF NO ANSWER IS NEEDED PLEASE WRITE N/A****

Name

Program Caliber (please indicate highest level)

Track & Field Event(s)

Classification T F

Are you requesting full time residency or rotation?

Requested date of arrival:

Requested date of departure:

Rationale or personal statement- Please provide a detailed explanation of why you would like to utilize the resident or rotational program at Chula Vista.

Goals or objectives and planned competitions for requested dates

<u>Goal</u>	<u>Event</u>	<u>Competition or Training</u>	<u>Location</u>	<u>Date</u>	<u>Misc.</u>
<i>Attain B Standard</i>	<i>Shotput</i>	<i>San Diego State Invite</i>	<i>San Diego, CA</i>	<i>3/23/2019</i>	<i>n/a</i>

<u>Goal of Session</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
<u>Speed</u>							
<u>Speed Endurance</u>							
<u>Strength</u>							
<u>Technique</u>							
Other: Please specify							
Other: Please specify							

Sport Performance Services

Sports Medicine: *Please review the USOC Sport Med Practice Coverage Policy*

Injuries of Areas of Need

Specific Requests

Specific Requests
Strength & Conditioning

Specific Requests
Other Services
(Nutrition, Testing, etc.)

Personal Development Plan Information

Name of Employer
of hours per week

Charity Organization
of monthly appearances

Year/Make/Model of Vehicle

Name of School
of credit hours

Speaking Engagements
of monthly appearances

License Plate Number

Please list your personal coach and indicate whether you will be requesting personal coach access to CVEATC:

Coach	Email Address	City/State				
Cell #	Overnight Access	Yes	No	Daily Facility Use	Yes	No

Please list any guest that will require access to CVEATC:

Undecided

Letter of Intent

It is important to carefully read this entire document before signing. It establishes a commitment between you, U.S. Paralympics Track & Field, the United States Olympic Committee (USOC), and the Chula Vista Elite Athlete Training Center (CVEATC).

By signing this Letter of Intent, I understand that I will be agreeing to participate in the U.S. Paralympics Track & Field/USOC's Resident Athlete and Rotation Program, made available by funding from the USOC. To receive this privilege, I agree to comply with all the requirements described in this memo and each of its Attachments. Further, I agree to:

- Commit myself to a program of training with the intent of qualifying for and competing in the Paralympic Games. I realize that satisfactory progress in my performance is a requirement for continued resident status; all resident athletes will be required to re-apply at the conclusion of each resident athlete cycle.
 - Understand that the you are free to work with approved coaches while at the center, however, resident head coach, Joaquim Cruz, is your program contact while on campus.
 - Weekly check ins, submission of annual, monthly and weekly training plans and meetings with you and your coach must occur to ensure you are being provided the appropriate support in your training regime
 - A detailed program of training and competition one week prior to arrival.
 - The resident coach and/or director of U.S. Paralympics Track & Field must approve your training to ensure you are able to receive the appropriate support while at the center.

 - Attend all scheduled practices and participate in all scheduled competitions throughout the program period, unless excused by the resident head coach prior to the scheduled activity.
 - Be mature, responsible and behave accordingly at CVEATC and at all resident team activities.
 - Report all injuries and illnesses to the training room and Resident Head Coach within 24 hours of injury/illness occurring to ensure proper coverage and support services are provided
 - Subject myself to drug testing, including no advanced notice, short-notice and/or out of competition basis, conducted by WADA, USADA, the USOC, Olympic Training Center, U.S. Paralympics Track & Field, or the International Paralympic Committee (IPC), in accordance with the procedures of those bodies.
 - Participate in evaluation and testing programs as conducted by the USOC or U.S. Paralympics Track & Field; this includes a physical
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examination by sports medicine to establish a medical history and required check-ins from sport performance staff, including nutritionist Liz Broad.

- Participate in all sport science testing, sport psychology sessions and nutrition counseling as directed by the resident head coach.
 - Attend training sessions, competitions and other team activities (meetings, media training, community appearances, special events, etc.) as directed by the resident head coach.
 - Be responsible for my personal coaches and guests when visiting the CVEATC. All personal coaches and guests must abide by the rules outlined in Attachment C.
 - Accept and defer to the authority of U.S. Paralympics Track & Field, its International Federation (IF), the USOC, the IPC, and any properly constituted adjudicatory body, for any and all matters relating to my participation in programs, activities and events of those parties, including all hearing procedures and appeal procedures established by those bodies.
 - Follow established check-in/check-out procedures, maintain an appropriate level of sanitation of USOC/OTC/CVEATC property for health reasons, and understand I may be charged for undue wear and/or damages to USOC/OTC/CVEATC property, missing keys/cards, or other offenses. In addition, I understand the USOC or CVEATC may require access to my room for health and safety inspections, or for reasons of security.
 - Subject myself to removal from the program and termination of CVEATC and OTC residency if I violate any condition herein, or if in the judgement of U.S. Paralympics Track & Field or the USOC, any of my actions impact negatively on the reputation of the USOC, U.S. Paralympics Track & Field or the program. Failure to abide by any of these guidelines is grounds for loss of privileges, sanctions and/or removal from the Program by U.S. Paralympics Track & Field and/or the USOC and all further USOC resources and facilities;
 - Agree to and abide by the U.S. Paralympics National Team Athlete Agreement.
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ATHLETE ACCEPTANCE OF TERMS AND CONDITIONS OF LETTER OF INTENT

I certify that I have read all terms and conditions of the Letter of Intent, and fully understand, accept, and agree to be bound by them. I declare to the best of my knowledge and belief, that all statements and information provided by me in this application are complete and true. It is my intent to participate fully in the programs offered at the CVEATC and OTCs in order to do the best I can to realize my full potential, as an athlete and a student, employee, and/or volunteer.

I understand that I have qualified for this support based on a program approved by U.S. Paralympics Track & Field and the USOC. I understand that if I do not meet the standards established and agreed to by me in this application and the U.S. Paralympics Track & Field performance recommendation, I may be released from the resident program within the time period established for my stay. In order to qualify for support in future years, I will have to demonstrate progress toward the goal of excellence in international competition according to the standards established by U.S. Paralympics Track & Field. If attending an educational institution, I will also have to demonstrate satisfactory progress in my course of study as determined by the public schools or the college/university I attend, according to my educational PDP for the year. I understand that I am representing the USOC and U.S. Paralympics Track & Field in the community and at any service agency where I may volunteer. I am a current member in good standing of my national governing body, U.S. Paralympics Track & Field.

Signature

By checking this box, I confirm that I have read and acknowledge all provisions of this application, including but not limited to, the Letter of Intent and that my signature below is authentic and is the signature of the participant named in this application or his/her parent or legal guardian.

Name of Athlete

Date

Signature of Athlete

Date

Printed Name of Parent/Legal Guardian if Athlete is a Minor

Date

Signature of Parent/Legal Guardian if Athlete is a Minor

Date

Submit completed and signed application to cathrine.erickson@usoc.org.