

2018 U.S. Paralympics Swimming Standards

Event	Class	M/W	2018 National A Team Standard	2018 National B Team Standard	2018 Emerging Team Standard
50 Free	S4	Women	0:40.55	0:42.55	0:46.60
50 Free	S6	Women	0:34.40	0:36.15	0:39.55
50 Free	S8	Women	0:30.55	0:32.05	0:35.10
50 Free	S10	Women	0:28.20	0:29.60	0:32.45
50 Free	S11	Women	0:31.25	0:32.80	0:35.90
50 Free	S13	Women	0:27.95	0:29.35	0:32.15
100 Free	S3	Women	1:34.85	1:39.60	1:49.10
100 Free	S5	Women	1:22.55	1:26.70	1:34.94
100 Free	S7	Women	1:12.60	1:16.25	1:23.50
100 Free	S9	Women	1:02.95	1:06.10	1:12.35
100 Free	S10	Women	1:01.15	1:04.20	1:10.30
100 Free	S11	Women	1:08.55	1:12.00	1:18.85
100 Free	S12	Women	1:00.25	1:03.25	1:09.25
200 Free	S5	Women	2:51.35	2:59.95	3:17.10
200 Free	S14	Women	2:10.20	2:16.70	2:29.75
400 Free	S6	Women	5:24.85	5:41.10	6:13.60
400 Free	S7	Women	5:18.95	5:34.90	6:06.75
400 Free	S8	Women	4:49.50	5:03.95	5:32.90
400 Free	S9	Women	4:42.85	4:57.00	5:25.30
400 Free	S10	Women	4:35.50	4:49.25	5:16.80
400 Free	S11	Women	5:20.25	5:36.30	6:08.30
400 Free	S13	Women	4:42.00	4:56.10	5:24.30
50 Back	S2	Women	1:05.15	1:08.40	1:14.95
50 Back	S3	Women	0:53.45	0:56.10	1:01.45
50 Back	S4	Women	0:52.30	0:54.90	1:00.10
50 Back	S5	Women	0:45.25	0:47.55	0:52.05
100 Back	S2	Women	2:22.00	2:29.10	2:43.30
100 Back	S6	Women	1:26.80	1:31.15	1:39.85
100 Back	S7	Women	1:23.85	1:28.05	1:36.45
100 Back	S8	Women	1:18.10	1:22.05	1:29.85
100 Back	S9	Women	1:10.65	1:14.20	1:21.25
100 Back	S10	Women	1:09.00	1:12.45	1:19.35
100 Back	S11	Women	1:19.90	1:23.90	1:31.90
100 Back	S12	Women	1:10.15	1:13.65	1:20.65
100 Back	S13	Women	1:12.25	1:15.85	1:23.10
100 Back	S14	Women	1:08.65	1:12.10	1:19.00
50 Breast	SB3	Women	1:02.40	1:05.50	1:11.75
100 Breast	SB4	Women	1:55.55	2:01.35	2:12.90
100 Breast	SB5	Women	1:45.20	1:50.45	2:01.00
100 Breast	SB6	Women	1:37.80	1:42.70	1:52.45
100 Breast	SB7	Women	1:34.65	1:39.40	1:48.85
100 Breast	SB8	Women	1:22.00	1:26.10	1:34.30
100 Breast	SB9	Women	1:17.00	1:20.85	1:28.55
100 Breast	SB11	Women	1:26.60	1:30.95	1:39.60
100 Breast	SB12	Women	1:20.20	1:24.20	1:32.25
100 Breast	SB13	Women	1:17.00	1:20.85	1:28.55
100 Breast	SB14	Women	1:17.35	1:21.20	1:29.20
50 Fly	S5	Women	0:45.75	0:48.05	0:52.60
50 Fly	S6	Women	0:36.80	0:38.65	0:42.35
50 Fly	S7	Women	0:36.50	0:38.30	0:41.95
100 Fly	S8	Women	1:10.55	1:14.05	1:21.10
100 Fly	S9	Women	1:09.20	1:12.65	1:19.60

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100 Fly	S10	Women	1:08.75	1:12.20	1:19.10
100 Fly	S13	Women	1:04.95	1:08.20	1:14.65
100 Fly	S14	Women	1:08.05	1:11.45	1:18.25
150 IM	SM4	Women	2:57.25	3:06.10	3:23.85
200 IM	SM5	Women	3:28.60	3:39.00	3:59.85
200 IM	SM6	Women	3:09.80	3:19.25	3:38.25
200 IM	SM7	Women	3:04.15	3:13.40	3:31.80
200 IM	SM8	Women	2:45.20	2:53.50	3:10.00
200 IM	SM9	Women	2:36.25	2:44.05	2:59.70
200 IM	SM10	Women	2:31.45	2:39.05	2:54.20
200 IM	SM11	Women	2:52.00	3:00.60	3:17.80
200 IM	SM13	Women	2:27.30	2:34.70	2:49.40
200 IM	SM14	Women	2:29.50	2:36.95	2:51.90
50 Free	S3	Men	0:42.20	0:44.30	0:48.50
50 Free	S4	Men	0:39.45	0:41.45	0:45.40
50 Free	S5	Men	0:33.70	0:35.35	0:38.75
50 Free	S7	Men	0:28.45	0:29.90	0:32.75
50 Free	S9	Men	0:25.90	0:27.25	0:29.80
50 Free	S10	Men	0:23.75	0:24.95	0:27.30
50 Free	S11	Men	0:26.35	0:27.70	0:30.35
50 Free	S13	Men	0:24.10	0:25.30	0:27.70
100 Free	S4	Men	1:25.75	1:30.05	1:38.60
100 Free	S5	Men	1:15.70	1:19.50	1:27.05
100 Free	S6	Men	1:06.20	1:09.50	1:16.50
100 Free	S8	Men	0:58.20	1:01.10	1:06.90
100 Free	S10	Men	0:51.50	0:54.05	0:59.20
100 Free	S12	Men	0:54.40	0:57.15	1:02.55
200 Free	S2	Men	3:43.70	3:54.85	4:17.25
200 Free	S3	Men	3:23.10	3:33.25	3:53.55
200 Free	S4	Men	3:01.60	3:10.70	3:28.85
200 Free	S5	Men	2:40.65	2:48.70	3:04.75
200 Free	S14	Men	1:56.70	2:02.50	2:14.20
400 Free	S6	Men	5:11.60	5:27.15	5:58.35
400 Free	S7	Men	4:46.75	5:01.10	5:29.75
400 Free	S8	Men	4:32.80	4:46.40	5:13.70
400 Free	S9	Men	4:18.55	4:31.50	4:57.35
400 Free	S10	Men	4:04.65	4:16.85	4:41.30
400 Free	S11	Men	4:41.05	4:55.10	5:23.20
400 Free	S13	Men	4:06.65	4:18.95	4:43.60
50 Back	S1	Men	1:15.40	1:19.20	1:26.75
50 Back	S2	Men	0:50.25	0:52.75	0:57.75
50 Back	S3	Men	0:46.50	0:48.80	0:53.45
50 Back	S4	Men	0:45.30	0:47.55	0:52.10
50 Back	S5	Men	0:38.90	0:40.85	0:44.75
100 Back	S1	Men	2:27.45	2:34.80	2:49.55
100 Back	S2	Men	1:49.75	1:55.25	2:06.20
100 Back	S6	Men	1:15.40	1:19.20	1:26.70
100 Back	S7	Men	1:12.50	1:16.10	1:23.35
100 Back	S8	Men	1:04.70	1:07.90	1:14.40
100 Back	S9	Men	1:03.75	1:06.90	1:13.30
100 Back	S10	Men	0:59.35	1:02.35	1:08.30
100 Back	S11	Men	1:08.20	1:11.65	1:18.45

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100 Back	S12	Men	1:01.05	1:04.10	1:10.20
100 Back	S13	Men	0:59.55	1:04.15	1:10.25
100 Back	S14	Men	1:03.40	1:06.60	1:12.95
50 Breast	SB2	Men	0:54.30	0:57.00	1:02.45
50 Breast	SB3	Men	0:49.90	0:52.40	0:57.40
100 Breast	SB4	Men	1:37.25	1:42.10	1:51.80
100 Breast	SB5	Men	1:36.85	1:41.70	1:51.40
100 Breast	SB6	Men	1:23.45	1:27.65	1:36.00
100 Breast	SB7	Men	1:20.20	1:24.20	1:32.25
100 Breast	SB8	Men	1:11.10	1:14.65	1:21.75
100 Breast	SB9	Men	1:06.55	1:09.85	1:16.50
100 Breast	SB11	Men	1:12.90	1:16.50	1:23.80
100 Breast	SB12	Men	1:09.00	1:12.45	1:19.35
100 Breast	SB13	Men	1:06.70	1:10.05	1:16.70
100 Breast	SB14	Men	1:07.65	1:11.00	1:17.80
50 Fly	S5	Men	0:35.60	0:37.40	0:40.95
50 Fly	S6	Men	0:30.95	0:32.50	0:36.60
50 Fly	S7	Men	0:30.05	0:31.55	0:34.60
100 Fly	S8	Men	1:01.20	1:04.25	1:10.35
100 Fly	S9	Men	0:59.85	1:02.85	1:08.85
100 Fly	S10	Men	0:56.50	0:59.35	1:05.00
100 Fly	S11	Men	1:03.40	1:06.55	1:12.90
100 Fly	S12	Men	1:00.00	1:03.00	1:09.00
100 Fly	S13	Men	0:56.50	0:59.30	1:04.95
100 Fly	S14	Men	0:58.40	1:01.30	1:07.15
150 IM	SM3	Men	2:52.30	3:00.95	3:18.15
150 IM	SM4	Men	2:33.65	2:41.35	2:56.70
200 IM	SM6	Men	2:41.40	2:49.45	3:05.60
200 IM	SM7	Men	2:37.00	2:44.85	3:00.55
200 IM	SM8	Men	2:21.20	2:28.25	2:42.35
200 IM	SM9	Men	2:17.70	2:24.60	2:38.40
200 IM	SM10	Men	2:10.50	2:17.00	2:30.05
200 IM	SM11	Men	2:27.75	2:35.15	2:49.95
200 IM	SM13	Men	2:10.20	2:16.75	2:29.75
200 IM	SM14	Men	2:15.46	2:22.25	2:35.80