

2020 Road Standards: Time Per Kilometer (Individual Time Trial)

Men	National Standard	Talent Pool Standard (105%)	Emerging Standard (115%)
H1	02:24.62	02:31.85	02:46.31
H2	01:46.10	01:51.40	02:02.01
H3	01:34.72	01:39.46	01:48.93
H4	01:29.64	01:34.12	01:43.08
H5	01:31.57	01:36.15	01:45.31
C1	01:29.50	01:33.97	01:42.92
C2	01:26.17	01:30.47	01:39.09
C3	01:22.80	01:26.94	01:35.22
C4	01:20.47	01:24.49	01:32.54
C5	01:18.45	01:22.37	01:30.22
T1	02:03.30	02:09.46	02:21.79
T2	01:43.59	01:48.77	01:59.13
B	01:14.01	01:17.71	01:25.11

Women	National Standard	Talent Pool Standard (105%)	Emerging Standard (115%)
H1	04:48.36	05:02.78	05:31.62
H2	02:42.46	02:50.59	03:06.83
H3	01:49.68	01:55.16	02:06.13
H4	01:49.78	01:55.27	02:06.25
H5	01:45.00	01:50.25	02:00.75
C1	01:59.95	02:05.94	02:17.94
C2	01:41.10	01:46.16	01:56.27
C3	01:36.17	01:40.98	01:50.59
C4	01:34.90	01:39.65	01:49.14
C5	01:29.26	01:33.73	01:42.65
T1	02:25.00	02:32.25	02:46.75
T2	01:59.07	02:05.02	02:16.93
B	01:24.20	01:28.41	01:36.83

2020 Track Standards: Time Per Event

Men	National Standard	Talent Pool Standard (105%)	Emerging Standard (115%)
C1 3km Pursuit	04:03.95	04:16.15	04:40.54
C2 3km Pursuit	03:55.03	04:06.78	04:30.28
C3 3km Pursuit	03:41.70	03:52.79	04:14.96
C4 4km Pursuit	04:45.87	05:00.16	05:28.75
C5 4km Pursuit	04:41.74	04:55.83	05:24.00
B 4km Pursuit	04:24.50	04:37.73	05:04.17
C1 1km Time Trial	01:17.65	01:21.53	01:29.30
C2 1km Time Trial	01:17.23	01:21.09	01:28.81
C3 1km Time Trial	01:12.33	01:15.95	01:23.18
C4 1km Time Trial	01:08.51	01:11.94	01:18.79
C5 1km Time Trial	01:08.46	01:11.88	01:18.73
B 1km Time Trial	01:02.97	01:06.12	01:12.42

Women	National Standard	Talent Pool Standard (105%)	Emerging Standard (115%)
C1 3km Pursuit	04:52.18	05:06.79	05:36.01
C2 3km Pursuit	04:24.28	04:37.49	05:03.92
C3 3km Pursuit	04:20.93	04:33.98	05:00.07
C4 3km Pursuit	04:08.34	04:20.76	04:45.59
C5 3km Pursuit	04:00.12	04:12.13	04:36.14
B 3km Pursuit	03:40.65	03:51.68	04:13.75
C1 500m Time Trial	00:47.62	00:50.00	00:54.76
C2 500m Time Trial	00:42.89	00:45.03	00:49.32
C3 500m Time Trial	00:43.91	00:46.11	00:50.50
C4 500m Time Trial	00:40.90	00:42.95	00:47.03
C5 500m Time Trial	00:39.55	00:41.53	00:45.48
B 1km Time Trial	01:10.26	01:13.77	01:20.80