

2019 Track Standards: Time Per Event

	National Std	Talent Pool (105%)	Emerging (110%)
Men C1 3-kilometer Pursuit	04:08.87	04:21.32	04:46.20
Men C2 3-Kilometer Pursuit	03:59.06	04:11.01	04:34.92
Men C3 3-kilometer Pursuit	03:45.76	03:57.05	04:19.63
Men C4 4-kilometer Pursuit	04:48.14	05:02.55	05:31.36
Men C5 4-kilometer Pursuit	04:46.72	05:01.06	05:29.73
Men B 4-kilometer Pursuit	04:30.24	04:43.75	05:10.77
Women C1 3-kilometer Pursuit	05:00.10	05:15.10	05:45.11
Women C2 3-kilometer Pursuit	04:30.60	04:44.13	05:11.19
Women C3 3-kilometer Pursuit	04:27.11	04:40.46	05:07.18
Women C4 3-kilometer Pursuit	04:13.30	04:25.96	04:51.29
Women C5 3-kilometer Pursuit	04:04.38	04:16.60	04:41.04
Women B 3-kilometer Pursuit	03:43.66	03:54.84	04:17.21

	National Std	Talent Pool (105%)	Emerging (110%)
Men C1 1-Kilometer TT	01:18.92	01:22.86	01:30.75
Men C2 1-Kilometer TT	01:19.05	01:23.00	01:30.90
Men C3 1-Kilometer TT	01:13.45	01:17.13	01:24.47
Men C4 1-Kilometer TT	01:09.27	01:12.73	01:19.66
Men C5 1-Kilometer TT	01:08.94	01:12.39	01:19.28
Men B 1-Kilometer TT	01:04.34	01:07.56	01:13.99
Women C1 500-meter TT	00:48.81	00:51.25	00:56.13
Women C2 500-meter TT	00:44.43	00:46.65	00:51.09
Women C3 500-meter TT	00:45.02	00:47.27	00:51.77
Women C4 500-meter TT	00:41.52	00:43.59	00:47.74
Women C5 500-meter TT	00:39.88	00:41.88	00:45.87
Women B 1-Kilometer TT	01:11.70	01:15.29	01:22.46

2019 Road Standards: Time Per Kilometer (Individual Time Trial)

Men	National Standard	Talent Pool Standard (105%)	Emerging Standard (115%)
H1	02:30.81	02:38.35	02:53.43
H2	01:48.61	01:54.04	02:04.90
H3	01:35.07	01:39.83	01:49.33
H4	01:31.01	01:35.56	01:44.66
H5	01:33.32	01:37.98	01:47.31
C1	01:30.73	01:35.27	01:44.34
C2	01:27.43	01:31.80	01:40.55
C3	01:24.58	01:28.81	01:37.27
C4	01:21.04	01:25.09	01:33.19
C5	01:18.82	01:22.76	01:30.64
T1	02:06.97	02:13.32	02:26.02
T2	01:45.83	01:51.12	02:01.70
B	01:14.38	01:18.10	01:25.54

Women	National Standard	Talent Pool Standard (105%)	Emerging Standard (115%)
H1*	04:10.41	04:22.93	04:47.97
H2	02:58.86	03:07.81	03:25.69
H3	01:52.34	01:57.96	02:09.20
H4	01:53.38	01:59.05	02:10.38
H5	01:46.29	01:51.61	02:02.23
C1*	01:48.32	01:53.74	02:04.57
C2	01:44.15	01:49.36	01:59.77
C3	01:39.24	01:44.20	01:54.12
C4	01:38.20	01:43.11	01:52.93
C5	01:31.84	01:36.43	01:45.61
T1	02:33.80	02:41.49	02:56.87
T2	02:00.79	02:06.83	02:18.90
B	01:25.14	01:29.40	01:37.91

* Calculated based off of men's standards due to insufficient data