

**Minutes for USA Pentathlon Board Meeting
Colorado Springs, CO
USA National Championships
July 23, 2010**

Board members present included: Barry Matchett, Rob Stull, Monica Rowland, Atif Siddiqi, Anita Allen
A quorum was present.

Absent- Directors Vaho Iagorashvili and Fred Hower

The 2010 USAP Annual Meeting was held immediately following the Youth National Championships in the OTC Meeting Room (due to a power failure in the Theater)

Managing Director Rob Stull gave an update on the current status of USA Pentathlon to the membership. Included in the discussion was 2010 National Championships. 2011 World Cup, recruiting, financials, and projected timeline of future events.

USAP National Championship Reception Invitation- Managing Director Stull extended the invitation to the USAP membership to attend the reception at Penrose House tomorrow evening beginning at 6pm. The reception will be attended by members of the USOC and will feature “Art of the Olympians”- an art exhibit of pieces created by past Olympians.

Call to Order: 8:30pm MT

The meeting was called into Executive Session immediately and included discussion on the following topics:

2010 National Championship update- Managing Director Stull gave a detailed presentation of the competition and the work he has been doing to ensure its success.
See attached schedule of events and invitation.

HPP Discussion

Directors Allen and Siddiqi gave a presentation on Management Structure and reported to the board on ideas to divide administrative functions and duties into three essential roles for increased productivity and efficiency.

Also included in their report were discussions on the following topics:

- 1. Pentathlete to Pentathlete (P2P):** Former athletes on board reaching out to past pentathletes to raise a discretionary fund for elite athletes to draw from.
- 2. Team Culture:** Requiring team to travel together to competitions
- 3. Establish contact with WCAP leadership.**

The HPP Discussions included: Coaching, Athlete Criteria for OTC, 2011 Schedule, Training Plans, Fundraising, expansion of Board, Administrative needs, 2011 World Cup Palm Springs.

Meeting Adjourned- 12:35 am Mountain Time



PENTATHLON

AMERICA'S COMPLETE ATHLETE

2010 NATIONAL CHAMPIONSHIPS

A Rocky Mountain State Games Event

Colorado Springs, Colorado July 23rd to 25th 2010

**2010 USA PENTATHLON
OPEN NATIONAL CHAMPIONSHIPS**

**July 23-25, 2010
Colorado Springs, Colorado**

Invitation and registration information

**Hosted by;
USA Pentathlon
*In cooperation with***

**The Rocky Mountain State Games
The City of Colorado Springs and
The U.S. Olympic Training Center**

OPEN NATIONAL CHAMPIONSHIPS

We are delighted to invite you to join us July 23-25 in Colorado Springs, Colorado for the 98th edition of the US Open National Pentathlon Championships. This competition will determine the 2010 US National Champion (US citizens only) as well as the Open Champion (all athletes). This year's event is also considered part of the Rocky Mountain State Games, which include many events taking place around the state of Colorado throughout the summer of 2010.

- For additional information and general inquiries, contact Penny Warren at pwarren@usapentathlon.org or call her at 1-719-866-3029.

SCHEDULE

The following schedule is the basic order of events. A detailed schedule will be sent to all registered athletes and posted on our website www.usapentathlon.org after the July 9th entry deadline. For general planning purposes, all events will begin at 8:00 AM and finish in the late afternoon the same day. There will be opening and closing social events.

Competitions will follow the normal UIPM official order of Pentathlon disciplines – Fence, Swim, Ride, Combined for Juniors and Seniors while the order for Youth will be Fence, Swim, Combined.

Friday, July 23 - Boys and Girls/Youth A, B, C, D, and E

Saturday, July 24 - Women/Juniors, Seniors, Masters

Sunday, July 25 Men/Juniors, Seniors, Masters

DIVISIONS

The competition will be held in accordance with UIPM rules. Drug testing will be administered per USADA regulations.

Divisions (age on December 31, 2010)

- Youth E (10 and under)
- Youth D (11–12)
- Youth C (13–14)
- Youth B (15–16)
- Youth A (17–18)
- Junior (19–21)
- Senior (22 and older)
- Masters (Men 40 and older) (Women 35 and older)
- Open Division (Non-US citizens)

All divisions will participate in the combined run/shoot discipline with a handicapped start. Youth will not ride per UIPM rules. Masters riding will be determined based on the numbers of participants, interest and horses.

Youth B, C, D, and E will all compete under Youth B guidelines as specified in the UIPM rules with a 2,000 meter run and a 200 meter swim. Awards will be given separately to each division.

Competitors will be allowed to enter in more than one division. However, there is a **\$50 fee per division** for multiple entries. Youth A wishing to also compete as Juniors must be designated as riders on their UIPM cards. Should you not have a UIPM riding card, you may be tested on-site during the warm-up for the ride. All riders must have a UIPM card or the approval of the equestrian chief of discipline. The decision of the equestrian chief of discipline shall be final in these matters.

ACCOMMODATIONS

All participants are responsible for their own lodging. We have arranged for rooms from July 23rd through July 25th at the Double Tree Hotel, World Arena, Colorado Springs. The Double Tree is part of the Hilton family of hotels and is a proud sponsor of the USOC. Singles / Doubles from \$92 per night and Kings from \$102
Be sure to say you are with the US Modern Pentathlon Nationals.

Double Tree Hotel
1775 E. Cheyenne Mountain Blvd.
Colorado Springs, CO. 80906
Phone 719-576-8900

U.S. Olympic Training Center Accommodations and Pre- Nationals Training Camp

We have reserved a number of rooms at the US Olympic Training Center (USOTC) for **COMPETING ATHLETES ONLY**. Meals at the USOC dining facility are included. The cost for the competition period is **\$60 per person per day** and the rooms are typically double occupancy. Those individuals participating in the pre-Nationals Training Camp from July 18-22 (see www.usapentathlon.org) will have the opportunity to register for rooms at the USOTC for the entire period (during the camp period the cost is \$79 per person per day and is inclusive of training costs). **Athletes MUST BE AT LEAST 13 years old to stay at the OTC.**

IMPORTANT NOTE: Those athletes requesting USOTC accommodations must register by June 18 to guarantee a room. Registrations received after June 18 but prior to July 2nd may be allocated a room depending on availability.

TRANSPORTATION

Colorado Springs Airport is the easiest way to arrive via air. The Double Tree hotel free shuttle is available for transportation to and from this airport – arrange with reception at the Double Tree Hotel.

There is a free airport shuttle to and from the USOTC for those athletes staying at the USOTC. Arrangements can be made through the USAP office and by registering.

Athletes can also fly in to Denver International Airport (DIA), which is an hour away. However, participants would need to arrange their own private transportation from these airports. Shuttle services and rental cars are available.

VENUES

The competition will be carried out according to UIPM rules at the following venues:

- **Ride:** M M Equestrian Center, Fountain Colorado (South Colorado Springs 30 minutes from downtown).
- **Swim:** Olympic Training Center Natatorium. Indoor, 10 lane, 50 meter pool.
- **Fencing:** Olympic Training Center Gymnasium, Colorado Springs
- **Combined (Run/Shoot)** – To be held at Memorial Park in Colorado Springs (2 minutes from the Olympic Training Center). In the event of bad weather the Combined will be held at M M Equestrian Center. The running course will be on grass, packed dirt with small areas of asphalt.

REQUIRED EQUIPMENT

Combined - Run/Shoot

The Combined run/shoot rules specify:

- A pentathlete must wear athletic clothing.
- The pentathlete must wear a top with their **name clearly visible and professionally printed** on the back side of the top. It is suggested but not required for the Nationals that below the name should be the NF (nation) code, 7 to 12 cm high and in a contrasting color to the color of their shirt.
- Pentathletes must compete with athletics shoes, with or without spikes.
- Pistols must be air or CO2. Gas will be available on-site at OTC.

Fencing

- Protective fencing clothing with fencer's surname on jacket back and it is suggested but not required for the Nationals that the national code also appear on the back of the jacket.

We will have an armourer on-site at the fencing venue who can assist with minor repairs. It is highly suggested to have your gear in good working order.

Riding

- Breeches, jacket, shirt, and tie for men
- Breeches, jacket, and blouse for women
- Riding boots with heel
- ASTM-approved helmets are mandatory

Equipment Control will take place at each event.

VISAS

Visiting foreign athletes participating in the camp or Open event should confirm visa requirements for entry into the United States prior to traveling to the event. USA Pentathlon cannot accept responsibility for arranging visas but can provide a personal letter of invitation for you to the competition. Please request this letter as soon as possible so you may be accommodated.

INSURANCE

All participants **MUST BE** members of USA Pentathlon for insurance purposes. USA Pentathlon will assume no responsibility financial or other, for loss, injury, or illness of any delegation member.

ENTRY INFORMATION

Name: _____

Address: _____

Cell phone: _____ E-mail address: _____

Age: ____ Birth date: _____ Gender: ____ UIPM # _____

Division(s) you wish to compete in:

If competitor is a minor, please provide the following parent/guardian information:

Name: _____

Address: _____

Cell phone: _____ E-mail address: _____

Arrival time/date: _____ Flight # _____

Departure time/date: _____ Flight # _____

I am arriving via auto or other type of transportation _____

If you are flying into Colorado Springs International Airport, a hotel shuttle is available for guests of the Double Tree Hotel. If you are staying at the Olympic Training Center, a shuttle can be arranged as well to take you to the OTC.

Will you be staying at the Double Tree Hotel? _____

Will you be staying at the Olympic Training Center? _____

Will you require shuttle service? _____

Print and return this page with payment

ENTRY FEES and DEADLINE DATES

To make this event a success, we need to know the number of participants very soon. Please indicate your interest in the competition by returning the entry form as early as possible.

Deadline for guaranteed USOTC room is June 18 after that date (until July 2nd) it is based on availability. Absolute deadline for registering for the competition is July 9.

Entry fees include – competition entry, social events during the competition (Opening and Closing events) and limited transportation between venues.

Registration fee (before July 9, 2010):
\$125 for nonriders; \$150 for riders

Late registration fee (after July 9, 2010): \$50

Applications received AFTER July 18, 2010 accepted at the discretion of the organizers.

T-shirts \$25 each: ____ Sizes: _____ \$ ____

Total fees: \$_____

Method of Payment

_____ Check or Money Order Enclosed _____ Credit Card

Signature _____

_____ Visa _____ MasterCard

Card Number _____

Expiration Date _____

Please make checks payable to USA Pentathlon. **To complete your entry, fill out pages 7, 8 and 9 of this entry form and sign the attached waivers and mail, fax or email to the address below. Payment must be included with entry.**

WAIVERS: The attached waivers **MUST** be signed by the applicant and parent or legal guardian if the applicant is under 18 years of age and returned with the application.

Mail completed registration forms with payment to:

USA Pentathlon
One Olympic Plaza
Colorado Springs, Colorado 80909

You may fax your completed forms to: 719-866-3036

You may email your forms to - pwarren@usapentathlon.org

WAIVER AND INFORMATION PAGE

Print Name _____ Birth Date if under 18

**All Participants MUST Read and Sign Each of the Following Statements
(For athletes under the age of 18, a parent or guardian must also sign)**

WAIVER OF LIABILITY: Upon entering this competition under the auspices of the USAP, I agree to abide by the current rules of the USAP. I enter this competition at my own risk and release the USAP and its sponsors, referees, and event organizers from any liability. The undersigned certifies that the birth date of the individual is as stated on the entry form and that the individual is a current competitive member of the USAP for the 2009-2010 pentathlon season. In addition, I understand that entering this competition under the auspices of the USAP, photography, filming, recording or any other form of media of this athlete can be used by the USAP.

Signature _____

Date _____

Athlete's Signature /Date --Signature of Parent or Guardian if for Minor and Date

DRUG TESTING: I understand that drug testing may be conducted for athletes who compete in this competition and that detection of the use of banned drugs would be cause for suspension for a period of 3 months, 1 year or 2 years, based on substance detected. I will lose any national points earned. By registering for this competition, I am consenting to be subject to drug testing if selected and its penalties if declared positive for a banned substance. If selected, I am aware that failure to comply with the drug test will be cause for the same penalties as for those who are positive for a banned substance. **I KNOW THAT I MAY CALL THE USADA HOTLINE, 800-233-0393, FOR QUESTIONS ABOUT MEDICATIONS AND BANNED SUBSTANCES OR PRACTICES.** I realize that there are **OVER-THE-COUNTER** medications that may contain banned substances and that it is my responsibility to insure that I do not inadvertently take any medication that contains a banned substance.

Signature _____

Date _____

Athlete Signature/ Date Signature of Parent or Guardian if for Minor and Date

CONSENT FOR MEDICAL TREATMENT: This is to certify that on this date I, _____, give my consent to the USAP and its representative to obtain medical care from any licensed physician, hospital or clinic for the above named athlete for any injury or illness that may arise during activities associated with USAP competitions.

Athlete's Signature / Date or Signature of Parent or Guardian if for Minor and Date

If said athlete is covered by any insurance company, please complete the following (please print legibly):

Name of Carrier Name of Policy Holder

Address of Carrier Policy / Number

EMERGENCY CONTACT:

Name _____ Relationship _____ Phone _____

PLEASE READ THIS INFORMATION CAREFULLY!

Entry Fees:

Submit your entry early. Your complete Entry Form must

arrive by the deadline or you will be charged a late fee. **Postmarks are not considered.** Late entries will be accepted with late fees until the final Late Fee Deadline. Entries will be accepted via mail, fax or via email.

Refunds:

For refund of event fee(s), withdrawals must be reported, in writing, to the National Office by the Monday before the first day of the competition. You can fax or email your withdrawal request to: - Fax: (719) 866-3036 or email: info@usapentathlon.org.

A Registration fee of \$75 is nonrefundable. Refunds are processed 4-6 weeks after the Competition. Olympic Training Center housing/room fees of \$45 per person per registered day are non-refundable.

Confirmation:

Entry Receipt Confirmation: IF YOU SUBMIT AN ENTRY VIA MAIL OR FAX YOU MUST INCLUDE A SELF-ADDRESSED STAMPED POSTCARD OR THE FAX/EMAIL RETURN SHEET WITH YOUR ENTRY. The post card or fax/email return sheet will be stamped with our USPA date stamp and returned to you. (Faxes/Emails will be returned within 3 - 5 business days; post cards will be mailed the next business day.) **THESE USPA STAMPED POSTCARDS, FAXES/EMAILS OR PRINTED E-CONFIRMATION WILL BE ACCEPTABLE PROOF THAT AN ENTRY WAS RECEIVED BY THE USPA OFFICE** (other than official confirmation material).

USPA Competition Fax/Email Receipt Confirmation

The United States Pentathlon Association

1 Olympic Plaza, Colorado Springs, CO 80909

Fax: (719) 866-3036 Email: www.info@usapentathlon.org

Please complete all information below to receive your Receipt Confirmation:

To: _____ From: United States Pentathlon Association

Your Name Printed Here

Fax Number: _____ Email Address: _____

Your Fax Number Here Your Email Address Here

Name of the Competition you are entering:

Name of Athlete (if different than above):

This USPA Stamped Fax/Email/Mail Receipt Confirmation shows that the USPA National Office has successfully received and processed the Entry Form sent by you..

Faxes and Email Confirmations will be date stamped and faxed/emailed/mailed back within 3-5 Business Days. If you wish

to have this Confirmation Form mailed to you, include a self-addressed stamped envelope with your Competition Entry Form.