

# IRO 2018, Supplement 6

## Regulations for Doubles Youth A women



### Resolution of the 66<sup>th</sup> FIL Congress 2018 in Bratislava/SVK

#### § 3 Eligibility (Youth A World Cup)

3.4 Doubles Youth A women  
per NF: 3 doubles pairs

- ♦ Start height: singles Youth A female

#### § 5 Sled, equipment, and inspections Youth A women's doubles

##### 1. General regulations on the sled

- All components of the standard sled can only be obtained from the manufacturer named by the FIL. Exceptions are the steels.

##### 1.2 The weights including attached accessories are:

Sled	Minimum weight	Maximum weight	Basis for calculation
Doubles Youth A women	25 kg	30 kg	27 kg

##### 1.3.2 Women's doubles pod

- The original pod must be used.
- Pod form may not be changed with the exception of repairs and cutouts.
- The pod construction may not be changed.
- The seat construction may not be changed; however, it is permitted to change the position of the raised seat.
- The front woman's belts are to be worn underneath the race suit.
- The closure system of the belts may not be changed.

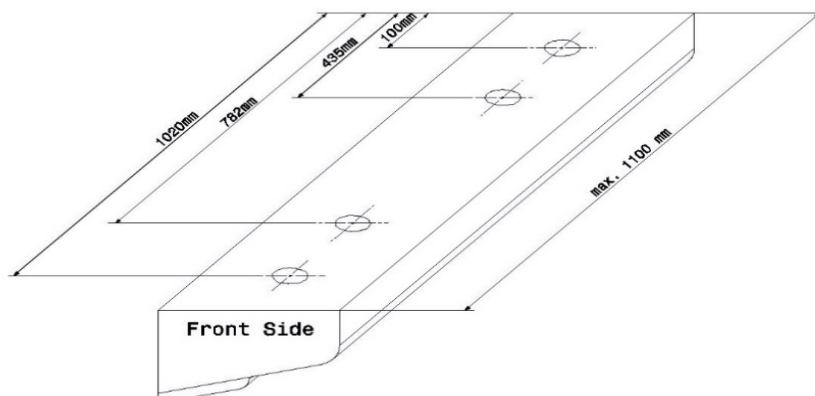
##### 1.3.3 Women's doubles runner

- The original runners must be used.
- The runner form may not be changed on the outside with the exception of repairs and evening out the radius.
- Cutting out the foot supports is permitted.
- The runner construction may not be changed.
- 4 steel screws/bolts M 8
- No additional drilling in the runner is permitted.
- Braking device runner

##### 1.3.4 Doubles bridges

- The original bridges must be used.
- The distance between the runners must measure 415 to 450 mm.
- The connection between the pod and the bridges may not be changed. However, various inserts with the same measurements can be used to adjust hardness.
- The connection between bridges and runners may not be changed. However, various hardnesses with the same measurements (rubber inserts that cover the bridge foot) can be used.

##### 1.3.5 Women's doubles steels



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- The steel may not be longer than 1100 mm.
- 4 steel screws/bolts M 8.
- The whole scheme may not be changed.

### § 8 Training, weigh-in, individual supplemental weights Youth A women's doubles

#### 5. Individual supplemental weights

- ♦ The use of additional weights is permitted in doubles competitions in the Youth A women's class.
- ♦ **Basis for calculation**

#### Doubles:

discipline	base weight	weight compensation	max. weight athlete pair
Youth A women	70 kg	50 %	140 kg

- ♦ The maximum amount of additional weight permitted is (AW)
  - doubles (Youth A women) 8 kg
- ♦ **Doubles Youth A women** may use additional weight amounting to 50% of the difference between body weight (KG) and a base weight (BW) of 70 kg.  
Additional weight is not allowed if the combined BW of the front woman and back woman exceeds 140 kg.  
If one of the partners weighs more than 70 kg, the weight exceeding the 70 kg mark will be added to the lighter partner.

#### **Weight table:**

#### **Doubles Youth A women:**

**AW= 50% of the difference between 70 kg and BW (maximum 8 kg)**

**TW = BW + AW + 4 kg RC= Total weight (TW)**

Body weight	Additional weight	Race clothing	Total weight	Total
BW in kg	AW in kg	RC in kg	TW in kg	with sled
<b>54,0</b>	<b>8,0</b>	<b>4,0</b>	<b>66,0</b>	<b>93,0</b>
54,1	8,0	4,0	66,1	93,1
54,2	7,9	4,0	66,1	93,1
54,3	7,9	4,0	66,2	93,2
54,4	7,8	4,0	66,2	93,2
54,5	7,8	4,0	66,3	93,3
54,6	7,7	4,0	66,3	93,3
54,7	7,7	4,0	66,4	93,4
54,8	7,6	4,0	66,4	93,4
54,9	7,6	4,0	66,5	93,5
<b>55,0</b>	<b>7,5</b>	<b>4,0</b>	<b>66,5</b>	<b>93,5</b>
55,1	7,5	4,0	66,6	93,6
55,2	7,4	4,0	66,6	93,6
55,3	7,4	4,0	66,7	93,7
55,4	7,3	4,0	66,7	93,7
55,5	7,3	4,0	66,8	93,8
55,6	7,2	4,0	66,8	93,8
55,7	7,2	4,0	66,9	93,9
55,8	7,1	4,0	66,9	93,9
55,9	7,1	4,0	67,0	94,0
<b>56,0</b>	<b>7,0</b>	<b>4,0</b>	<b>67,0</b>	<b>94,0</b>
56,1	7,0	4,0	67,1	94,1
56,2	6,9	4,0	67,1	94,1
56,3	6,9	4,0	67,2	94,2



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56,4	6,8	4,0	67,2	94,2
56,5	6,8	4,0	67,3	94,3
56,6	6,7	4,0	67,3	94,3
56,7	6,7	4,0	67,4	94,4
56,8	6,6	4,0	67,4	94,4
56,9	6,6	4,0	67,5	94,5
<b>57,0</b>	<b>6,5</b>	<b>4,0</b>	<b>67,5</b>	<b>94,5</b>
57,1	6,5	4,0	67,6	94,6
57,2	6,4	4,0	67,6	94,6
57,3	6,4	4,0	67,7	94,7
57,4	6,3	4,0	67,7	94,7
57,5	6,3	4,0	67,8	94,8
57,6	6,2	4,0	67,8	94,8
57,7	6,2	4,0	67,9	94,9
57,8	6,1	4,0	67,9	94,9
57,9	6,1	4,0	68,0	95,0
<b>58,0</b>	<b>6,0</b>	<b>4,0</b>	<b>68,0</b>	<b>95,0</b>
58,1	6,0	4,0	68,1	95,1
58,2	5,9	4,0	68,1	95,1
58,3	5,9	4,0	68,2	95,2
58,4	5,8	4,0	68,2	95,2
58,5	5,8	4,0	68,3	95,3
58,6	5,7	4,0	68,3	95,3
58,7	5,7	4,0	68,4	95,4
58,8	5,6	4,0	68,4	95,4
58,9	5,6	4,0	68,5	95,5
<b>59,0</b>	<b>5,5</b>	<b>4,0</b>	<b>68,5</b>	<b>95,5</b>
59,1	5,5	4,0	68,6	95,6
59,2	5,4	4,0	68,6	95,6
59,3	5,4	4,0	68,7	95,7
59,4	5,3	4,0	68,7	95,7
59,5	5,3	4,0	68,8	95,8
59,6	5,2	4,0	68,8	95,8
59,7	5,2	4,0	68,9	95,9
59,8	5,1	4,0	68,9	95,9
59,9	5,1	4,0	69,0	96,0
<b>60,0</b>	<b>5,0</b>	<b>4,0</b>	<b>69,0</b>	<b>96,0</b>
60,1	5,0	4,0	69,1	96,1
60,2	4,9	4,0	69,1	96,1
60,3	4,9	4,0	69,2	96,2
60,4	4,8	4,0	69,2	96,2
60,5	4,8	4,0	69,3	96,3
60,6	4,7	4,0	69,3	96,3
60,7	4,7	4,0	69,4	96,4
60,8	4,6	4,0	69,4	96,4
60,9	4,6	4,0	69,5	96,5
<b>61,0</b>	<b>4,5</b>	<b>4,0</b>	<b>69,5</b>	<b>96,5</b>



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61,1	4,5	4,0	69,6	96,6
61,2	4,4	4,0	69,6	96,6
61,3	4,4	4,0	69,7	96,7
61,4	4,3	4,0	69,7	96,7
61,5	4,3	4,0	69,8	96,8
61,6	4,2	4,0	69,8	96,8
61,7	4,2	4,0	69,9	96,9
61,8	4,1	4,0	69,9	96,9
61,9	4,1	4,0	70,0	97,0
<b>62,0</b>	<b>4,0</b>	<b>4,0</b>	<b>70,0</b>	<b>97,0</b>
62,1	4,0	4,0	70,1	97,1
62,2	3,9	4,0	70,1	97,1
62,3	3,9	4,0	70,2	97,2
62,4	3,8	4,0	70,2	97,2
62,5	3,8	4,0	70,3	97,3
62,6	3,7	4,0	70,3	97,3
62,7	3,7	4,0	70,4	97,4
62,8	3,6	4,0	70,4	97,4
62,9	3,6	4,0	70,5	97,5
<b>63,0</b>	<b>3,5</b>	<b>4,0</b>	<b>70,5</b>	<b>97,5</b>
63,1	3,5	4,0	70,6	97,6
63,2	3,4	4,0	70,6	97,6
63,3	3,4	4,0	70,7	97,7
63,4	3,3	4,0	70,7	97,7
63,5	3,3	4,0	70,8	97,8
63,6	3,2	4,0	70,8	97,8
63,7	3,2	4,0	70,9	97,9
63,8	3,1	4,0	70,9	97,9
63,9	3,1	4,0	71,0	98,0
<b>64,0</b>	<b>3,0</b>	<b>4,0</b>	<b>71,0</b>	<b>98,0</b>
64,1	3,0	4,0	71,1	98,1
64,2	2,9	4,0	71,1	98,1
64,3	2,9	4,0	71,2	98,2
64,4	2,8	4,0	71,2	98,2
64,5	2,8	4,0	71,3	98,3
64,6	2,7	4,0	71,3	98,3
64,7	2,7	4,0	71,4	98,4
64,8	2,6	4,0	71,4	98,4
64,9	2,6	4,0	71,5	98,5
<b>65,0</b>	<b>2,5</b>	<b>4,0</b>	<b>71,5</b>	<b>98,5</b>
65,1	2,5	4,0	71,6	98,6
65,2	2,4	4,0	71,6	98,6
65,3	2,4	4,0	71,7	98,7
64,4	2,3	4,0	70,7	97,7
65,5	2,3	4,0	71,8	98,8
65,6	2,2	4,0	71,8	98,8
65,7	2,2	4,0	71,9	98,9



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65,8	2,1	4,0	71,9	98,9
65,9	2,1	4,0	72,0	99,0
<b>66,0</b>	<b>2,0</b>	<b>4,0</b>	<b>72,0</b>	<b>99,0</b>
66,1	2,0	4,0	72,1	99,1
66,2	1,9	4,0	72,1	99,1
66,3	1,9	4,0	72,2	99,2
66,4	1,8	4,0	72,2	99,2
66,5	1,8	4,0	72,3	99,3
66,6	1,7	4,0	72,3	99,3
66,7	1,7	4,0	72,4	99,4
66,8	1,6	4,0	72,4	99,4
66,9	1,6	4,0	72,5	99,5
<b>67,0</b>	<b>1,5</b>	<b>4,0</b>	<b>72,5</b>	<b>99,5</b>
67,1	1,5	4,0	72,6	99,6
67,2	1,4	4,0	72,6	99,6
67,3	1,4	4,0	72,7	99,7
67,4	1,3	4,0	72,7	99,7
67,5	1,3	4,0	72,8	99,8
67,6	1,2	4,0	72,8	99,8
67,7	1,2	4,0	72,9	99,9
67,8	1,1	4,0	72,9	99,9
67,9	1,1	4,0	73,0	100,0
<b>68,0</b>	<b>1,0</b>	<b>4,0</b>	<b>73,0</b>	<b>100,0</b>
68,1	1,0	4,0	73,1	100,1
68,2	0,9	4,0	73,1	100,1
68,3	0,9	4,0	73,2	100,2
68,4	0,8	4,0	73,2	100,2
68,5	0,8	4,0	73,3	100,3
68,6	0,7	4,0	73,3	100,3
68,7	0,7	4,0	73,4	100,4
68,8	0,6	4,0	73,4	100,4
68,9	0,6	4,0	73,5	100,5
<b>69,0</b>	<b>0,5</b>	<b>4,0</b>	<b>73,5</b>	<b>100,5</b>
69,1	0,5	4,0	73,6	100,6
69,2	0,4	4,0	73,6	100,6
69,3	0,4	4,0	73,7	100,7
69,4	0,3	4,0	73,7	100,7
69,5	0,3	4,0	73,8	100,8
69,6	0,2	4,0	73,8	100,8
69,7	0,2	4,0	73,9	100,9
69,8	0,1	4,0	73,9	100,9
69,9	0,1	4,0	74,0	101,0
<b>70,0</b>	<b>0,0</b>	<b>4,0</b>	<b>74,0</b>	<b>101,0</b>

This regulation appears as an attachment and is in addition to the terms described in the IRO 2018.

It contains:

- Eligibility Doubles Youth A Women World Cup
- Start height: Youth A World Cup
- General regulations on the sled, weight of the sled, amendments to the sled, runners, bridges, steels, and § 8 individual weight supplements with weight table.