



Where Olympic Journeys Begin



USA National Karate-do Federation National Championships & Team Trials Schedule of Competition



Thursday June 30, 2022

The following divisions need to be in the competition venue and prepared to be called to Staging. This does not mean you will be called to staging at this time, this is only a general estimate for your convenience.

7:30am	All Shotokan Kata Divisions All Wado-Ryu Kata Divisions 12 Year Old FEMALE Kata Divisions All 12-13 Years Elite Kata	SK302-SK303 SK306-SK307 K350-K353 EK500 & EK501
8:00am	All Shito-Ryu Kata Divisions 12 Year Old MALE Kata Divisions	SK300-SK301 K354-K357
8:45am	13 Year Old FEMALE Kata Divisions All 14-15 Years Elite Kata	K358-K361 EK502 & EK503
9:30am	13 Year Old MALE Kata Divisions All 18-34 Years Kobudo	K362-K365 WB328-WB333 & WS328-WS333
10:30am	14 Year Old FEMALE Kata Divisions All 35 Years and Up Kobudo All Goju-Ryu Kata Divisions All 16-17 Years Elite Kata	K366-K369 WB334-WB335 & WS334-WS335 SK304-SK305 EK504 & EK505
11:30am	14 Year Old Male Kata Divisions All 18-20 Years Elite Kata	K370-K373 EK506 & EK507
12:00pm	All 15 Year Old Kata Divisions	K374-K381
12:30pm	All 16 Year Old Kata Divisions All 17 Year Old Kata Divisions	K382-K389 K390-K397
1:00pm	All 17 and Under Team Kata Divisions	TK300-TK305 & TK310-TK315
1:30pm	All 18-34 Years Team Kata Divisions All 35 and Up Team Kata Divisions	TK306-TK307 & TK316-TK317 TK308-TK309 & TK318-TK319
2:00pm	All 16-34 Years Old Elite Kata All Mixed Team Kata Divisions	EK600 & EK601 TK320-TK329
2:30pm	All Family Team Kata Divisions All 18-20 Years Elite Team Kata	TK330-TK331 ETK502 & ETK503
3:00pm	All 14-17 Years Elite Team Kata All 18-34 Years Elite Team Kata	ETK500 & ETK501 ETK600 & ETK601



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Friday July 1, 2022

The following divisions need to be in the competition venue and prepared to be called to Staging.
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7:30am	All 5 Year Old and Under Kata Divisions All 6 Year Old Kata Divisions All 7 Year Old Kata Divisions 14-15 Year Old Male Elite Kumite	K300 & K301 K302-K309 K310-K317 ES508-ES512
8:15am	All 8 Year Old Kata Divisions 14-15 Year Old Female Elite Kumite	K318-K325 ES513-ES515
9:00am	All 9 Year Old Kata Divisions	K326-K333
9:30am	10 Year Old FEMALE Kata Divisions	K334-K337
10:00am	10 Year Old MALE Kata Divisions 18-20 Year Old Male Elite Kumite	K338-K341 ES525-ES529
10:30am	11 Year Old FEMALE Kata Divisions	K342-K345
11:00am	18-20 Year Old Female Elite Kumite	ES530-ES534
11:30am	11 Year Old MALE Kata Divisions 12-13 Year Old Male Elite Kumite	K346-K349 ES500-ES504
12:00pm	All Para-Karate Divisions All ages Iaido Divisions	PK300-PK341 IS300-IS302
1:00pm	12-13 Year Old Female Elite Kumite	ES505-ES507
1:30pm	16-17 Year Old Male Elite Kumite All 9 and Under Kobudo	ES516-ES520 WB300-WB303 & WS300-WS303
2:00pm	All 10-11 Years Kobudo	WB304-WB309 & WS304-WS309
2:30pm	16-17 Years Old Female Elite Kumite	ES521-ES524
3:00pm	All 18-34 Years Old Kata Divisions All 35 and Up Kata Divisions All 18-34 Years Old Advanced Kata	K398-K403 K404-K415 K416 & K417



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Saturday July 2, 2022

The following divisions need to be in the competition venue and prepared to be called to Staging. This does not mean you will be called to staging at this time, this is only a general estimate for your convenience.

7:30am	All 7 and Under Kumite Divisions 18-34 Years Old Elite Male Kumite	S300-S317 ES600-ES602
8:00am	All 8 Year Old Kumite Divisions Male and Female Elite-Para Kata	S318-S325 EPK400-EPK405
8:30am	18-34 Years Old Elite Male Kumite	ES603-ES604
9:30am	9 Year Old Female Kumite Divisions	S326-S329
10:00am	9 Year Old Male Kumite Divisions	S330-S333
10:30am	All 18-34 Years Old Elite Female Kumite	ES605-ES609
12:00pm	18-34 Year Old NON Elite Kumite	S398-S407
1:30pm	All 35 and Up Female Kumite Divisions	S408-S411
2:30pm	Open Kumite Divisions All 35 and Up Male Kumite Divisions	ES610 & ES611 S412-S415
3:00pm	All 11 and Under Team Kumite	TS300-TS311
3:30pm	All 18-34 Year Old Team Kumite	TS324-TS327
4:00pm	All 12-15 Year Old Team Kumite	TS312-TS319
4:30pm	All 16-17 Year Team Kumite All 35 and Up Team Kumite	TS320-TS323 TS328-TS331



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USA National Karate-do Federation National Championships & Team Trials Schedule of Competition



Sunday July 3, 2022

The following divisions need to be in the competition venue and prepared to be called to Staging.
This does not mean you will be called to staging at this time, this is only a general estimate for your convenience.

7:30am	All 10 Year Old Kumite Divisions All 11 Year Old Female Kumite Divisions All 14-15 Years Kobudo	S334-S341 S342-S345 WB316-WB321 & WS316-WS321
8:15am	All 11 Year Old Male Kumite Divisions	S346-S349
8:30am	All 12 Year Old Female Kumite Divisions All 16-17 Kobudo Divisions	S350-S353 WB322-WB327 & WS322-WS327
9:00am	All 12 Year Old Male Kumite Divisions	S354-S357
10:00am	All 13 Year Old Female Kumite Divisions	S358-S361
10:30am	All 13 Year Old Male Kumite Divisions	S362-S365
11:00am	All 14 Year Old Female Kumite Divisions	S366-S369
11:30am	All 14 Year Old Male Kumite Divisions	S370-S373
12:00pm	All 15 year Old Kumite Divisions All 12-13 Years Kobudo	S374-S381 WB310-WB315 & WS310-WS315
12:30pm	All 16 Year Old Kumite Divisions All 17 Year Old Kumite Divisions	S382-S389 S390-S397

7:00 Finals

14-15 Years Old Elite Kata & Kumite Divisions
16-17 Years Old Elite Kata & Kumite Divisions
18-20 Years Old Elite Kata & Kumite Divisions