

United States Field Hockey Association Code of Conduct

ATHLETE PLEDGE

I pledge to uphold the spirit of the United States Field Hockey Association (“USFHA”) Code of Conduct (the “Code”), which offers a guide to my conduct as a member of a USA Senior and/or Junior National Squad (the “Squad”). I acknowledge that I have a right to a hearing if my opportunity to compete is denied or if I am charged with a violation of this Code.

I have familiarized myself with the Code and understand that acceptance of its provisions is a condition of my selection to the Squad.

As a Member of the Squad, I hereby promise and agree that I:

- will abide by all rules related to the Squad selection procedures as approved by USFHA;
 Including, my availability for the preparation for, and participation in any tours or events for the current calendar year. Exceptions for non-participation in any preparation or competition must be directed to and approved by the National Coach.
- have acted and will act in a sportsmanlike manner consistent with the spirit of fair play and responsible conduct;
- will maintain a level of fitness and competitive readiness that will permit my performance to be at the maximum of my abilities;
- will not commit a doping violation as defined by the International Olympic Committee (“IOC”), International Hockey Federation (“FIH”), World Anti-Doping Agency (“WADA”), the United States Anti-Doping Agency (“USADA”), the United States Olympic Committee (“USOC”) and am not currently serving a doping violation and/or do not have a pending or unresolved doping charge;
- verify that any drugs I am taking or might consider taking are not on the “banned list” and to further verify that I do not consume any substances or products which contain “banned substances”. This includes over the counter medications and prescription drugs. I should not assume my doctor or trainer is familiar with FIH drug policies. Contact the USADA Drug Reference Line at 1-800-233-0393 prior to taking any medications;
- will not engage in sexual or romantic relationships with a coach or any staff member

that potentially has authority over me;

- will not make contacts for any college recruitment purposes with any foreign players while representing the USFHA (this includes trials and any practice weeks in the U.S. as well as when traveling outside the U.S.);
- will not engage in any conduct that is criminal under any laws applicable to me, including, but not limited to laws governing the possession and use of drugs and alcohol and providing of drugs to any person and of alcohol to minors;
- will abide the United States alcohol and tobacco laws even when traveling abroad;
- will be responsible for any charges that occur after a travel ticket has been purchased due to changes at my request and are not the responsibility of USFHA;
- will be responsible for the cost of a travel ticket if I fail to attend a scheduled event of which I have committed;
- may be required to pay a fee to attend tours, events or tournaments;
- will refrain from conduct detracting from my ability or that of my teammates to attain peak performance;
- will not engage in team initiation defined as dangerous or degrading behavior (hazing);
- will respect the property of others whether personal or public;
- will respect members of my Squad, other teams, spectators and officials, and engage in no form of discriminatory behavior or verbal, physical or sexual harassment or abuse;
- will follow my Squad's rules, including by way of example, rules regarding curfew and required attendance at team meetings;
- will not secure individual corporate sponsorship that has either a USFHA National Squad Theme or an Olympic theme without consent of USFHA or USOC respectfully;
- am aware that USFHA sponsors, suppliers and licensees provide critical support for the Squad and, in recognition of this fact, I will wear designated USFHA apparel at all official Squad functions and events;
- will not conceal or cover-up any USFHA sponsor, supplier or licensee brand or other identification appearing on my USFHA apparel;
- agree to be filmed and photographed by the official photographer(s) and network(s) of USFHA under conditions authorized by USFHA and give event organizers and

USFHA the right to use my name, picture, likeness, and biographical information before, during and after the period of my participation in these activities to promote the activity in which I participate or to promote the success of the team on which I compete; in no event may USFHA or the event organizers use or authorize the use of my name, picture, likeness, voice and biographical information for the purpose of trade, including any use in a manner that would imply an endorsement of any company, product, or service, without my written permission;

- will not use or authorize the use of photographs, films or videos of myself in my USFHA apparel or equipment or the use of the USFHA logo for the purpose of trade, without the prior written consent of the USFHA (which consent shall not be unreasonably withheld);
- understand that field hockey is an activity that involves risk of bodily injury including possible paralysis or death. I knowingly and freely assume all such risk and, on behalf of myself, my heirs, and next of kin, releases, holds harmless and waives any claim or right to sue or hold responsible the USFHA, National Squad members, coaches, USOC, staff, IOC, FIH, PAHF, sponsors, and officials with respect to any and all such injury except that which has resulted from gross negligence or willful or wanton misconduct by any of the above;
- will act in a way that will bring respect and honor to myself, my teammates, USFHA and the United States; and
- will remember that at all times I am an ambassador for my sport, my country and the Olympic Movement.

As a Member of the Squad, I also acknowledge that:

Criteria for removal from Squad may include but is not limited to the following:

- Performance becomes unsatisfactory
- Injury prevents ongoing competition
- Violation of this Code of Conduct

ATHLETE OMBUDSMAN

I may contact the USOC Athlete Ombudsman,
toll free at 888.ATHLETE (888.284.5383) or John.Ruger@usoc.org
for further information regarding my rights under this Code
that are not answered by USFHA.

PARTICIPANTS' AFFIRMATION

I have read and accept this Code of Conduct. I agree to the rules, guidelines, jurisdiction and procedures stated in these documents as a condition of being selected to participate as a member of the Squad.

Signature

Printed Name

Date

PARENT/GUARDIAN CERTIFICATION (For Participants Under the Age of 18 as of Date of Signature)

Signature

Printed Name

Date

Relationship (Parent or Guardian)