

USA Field Hockey Youth Development Programs

ABOUT USA FIELD HOCKEY

USA Field Hockey is the national governing body for sport of field hockey in the United States, is based out of Colorado Springs, Colorado, and is a member of the United States Olympic Committee.

In 2012, launched sport development programs as a part of their 'Grow the Game' initiative, in an effort to increase awareness and participation across the country.



ABOUT FUNDAMENTAL FIELD HOCKEY

Fundamental Field Hockey is youth development initiative to inspire participation and expose our Olympic sport to thousands of boys and girls nationwide by providing free equipment and emphasizing fun physical activity.

- Free curriculum and equipment
- Over 300 programs currently running at YMCA's, Parks and Recs, BGCAs, and JCCs
- Created for beginners, ages 5-15
- Support from local USA Field Hockey members and clubs



ABOUT YOU GO GIRL

The You Go Girl program was created to introduce the sport of field hockey to girls, ages 10-18, in urban or non traditional areas. It uses local NCAA student-athletes and existing youth organizations, like Boys and Girls Clubs, to teach sport, healthy lifestyles, character development and the value of higher education.

For more information, please visit www.usafieldhockey.com or contact :

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Member, U.S. Olympic Committee