NATIONAL FUTURES CHAMPIONSHIP
ATHLETE PACKET
LANCASTER, PA | HOME OF HOCKEY
JUNE 20 - 28, 2019

*DUE TO THE FIH PRO LEAGUE THE NATIONAL FUTURES CHAMPIONSHIP GAME SCHEDULE IS SUBJECT TO CHANGE THROUGHOUT THE EVENT. THE AGE GROUP SPECIFIC ARRIVAL AND DEPARTURE DATES WILL NOT CHANGE.
CONGRATULATIONS!

USA Field Hockey would like to congratulate you on your selection to the 2019 Citi National Futures Championship (NFC), presented by Harrow Sports. Your advancement makes you part of an elite group of USA Field Hockey athletes poised to propel the United States forward as an international field hockey powerhouse. Best wishes for a great, fun tournament and the continued pursuit of your Olympic aspirations.

Please carefully read the following information. Additional details on arrival and departure times, athlete registration, meeting times, team practice schedule, housing, required forms, vendors and raffle tickets are included in this athlete packet.

“SOME PEOPLE DREAM OF SUCCESS. OTHERS STAY AWAKE TO ACHIEVE IT.”
ATHLETE PACKET

TEAM REGISTRATION & MEETING

<table>
<thead>
<tr>
<th>Division</th>
<th>Athlete Registration</th>
<th>Overall Team Meeting</th>
</tr>
</thead>
<tbody>
<tr>
<td>U-14</td>
<td>June 20 from 9:00 AM to 10:30 AM</td>
<td>June 20 at 10:30 AM</td>
</tr>
<tr>
<td>U-16</td>
<td>June 22 from 10:00 AM to 11:30 AM</td>
<td>June 22 at 11:30 AM</td>
</tr>
<tr>
<td>U-19</td>
<td>June 25 from 2:00 PM to 3:30 PM</td>
<td>June 25 at 3:30 PM</td>
</tr>
</tbody>
</table>

Athletes will be required to register themselves individually in their age division according to the registration times above. Athletes will need to bring their Rain/Emergency Delay Form and Raffle Drawing Stubs/Money at this time. An overall meeting for each age division will take place in the registration area at the time listed above. ATHLETES ARE REQUIRED AND PARENTS ARE ENCOURAGED TO ATTEND THE OVERALL MEETING.

Teams are welcome to meet as a team after the overall team meeting or during a time outside their practice schedule. Team uniforms will be distributed by the head coach after registration.

TEAM PRACTICE SCHEDULES

**U-14: June 20, 2019**

<table>
<thead>
<tr>
<th>Practice Time</th>
<th>Field</th>
<th>Team 1</th>
<th>Team 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:00 -12:55 PM</td>
<td>Outdoor Albertville</td>
<td>Sapporo</td>
<td></td>
</tr>
<tr>
<td>1:00 - 1:55 PM</td>
<td>Dome Helsinki</td>
<td>Sarajevo</td>
<td></td>
</tr>
<tr>
<td>2:00 - 2:55 PM</td>
<td>Outdoor Munich</td>
<td>Nagano</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Dome Rio</td>
<td>Lillehammer</td>
<td></td>
</tr>
</tbody>
</table>

**U-16: June 22, 2019**

<table>
<thead>
<tr>
<th>Practice Time</th>
<th>Field</th>
<th>Team 1</th>
<th>Team 2</th>
<th>Team 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:00 -1:55 PM</td>
<td>Dome Calgary</td>
<td>Melbourne</td>
<td>Mexico City</td>
<td></td>
</tr>
<tr>
<td>2:00 - 2:55 PM</td>
<td>Dome Berlin</td>
<td>Los Angeles</td>
<td>Moscow</td>
<td></td>
</tr>
<tr>
<td>3:00 - 3:55 PM</td>
<td>Dome Cortina</td>
<td>Rome</td>
<td>Paris</td>
<td></td>
</tr>
<tr>
<td>4:00 - 4:55 PM</td>
<td>Dome Beijing</td>
<td>Salt Lake City</td>
<td>Montreal</td>
<td></td>
</tr>
<tr>
<td>5:00 - 5:55 PM</td>
<td>Dome Atlanta</td>
<td>Oslo</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**U-19: June 25, 2019**

<table>
<thead>
<tr>
<th>Practice Time</th>
<th>Field</th>
<th>Team 1</th>
<th>Team 2</th>
<th>Team 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:00 - 5:55 PM</td>
<td>Outdoor Antwerp</td>
<td>Amsterdam</td>
<td>Seoul</td>
<td></td>
</tr>
<tr>
<td>6:00 - 6:55 PM</td>
<td>Dome Athens</td>
<td>London</td>
<td>Sochi</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Outdoor Tokyo</td>
<td>Squaw Valley</td>
<td>Sydeny</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Dome Barcelona</td>
<td>Genoble</td>
<td>Lake Placid</td>
<td></td>
</tr>
</tbody>
</table>

Athletes are required to attend their practice!

ATHLETE PACKET

PRE-EVENT CHECKLIST

Make sure you run through this checklist prior to departing for the event. Have you...

- Sold raffle tickets (arriving in the mail after registering for the National Futures Championship)
- Booked a hotel through Spooky Nook Sports <<Click Here to Book Your Hotel>>. In order to give all participants an opportunity to book a hotel room. This link will not be active until May 23.
- Completed the Emergency/Rain Delay Form <<Click Here for the Form>> (Under Athletes section)
- Followed USA Field Hockey on Facebook and Twitter @USAFieldHockey for event updates and promotions

PACKING CHECKLIST

When packing for the National Futures Championship, don’t forget to throw the following items into your suitcase. Note: Team uniforms will be provided by USA Field Hockey.

- Hockey stick/Goalkeeper equipment
- Shin guards
- Turf shoes
- Spandex to wear under uniform (if desired)
- Mouthguard
- Water bottle
- Sunblock
- Insect repellent
- Raffle money/Ticket stubs
- Emergency/Rain Delay Form
ATHLETE PACKET

VENDING HOURS
Visit the National Futures Championship vendors to buy your favorite field hockey apparel, accessories and equipment. Presenting sponsor, Harrow Sports, will be selling exclusive National Futures Championship gear!

Vending Hours
Thursday, June 20: 12:00 p.m. - 4:00 p.m. *Harrow Sports Only
Friday, June 21: 9:00 a.m. - 3:00 p.m. *Harrow Sports Only
Saturday, June 22: 9:00 a.m. - 3:00 p.m.
Sunday, June 23: 9:00 a.m. - 4:00 p.m.
Monday, June 24: 9:00 a.m. - 3:00 p.m.
Tuesday, June 25: 9:00 a.m. - 3:00 p.m.
Wednesday, June 26: 9:00 a.m. - 2:00 p.m.
Thursday, June 27: 9:00 a.m. - 2:00 p.m.
Friday, June 28: 9:00 a.m. - 1:00 p.m.

2019 SELECTION OPPORTUNITIES
Through your participation at the National Futures Championship, you will have the opportunity for selection to advance within USA Field Hockey’s Olympic Development programs. The following selection opportunities are available directly from the National Futures Championship:

Futures Stars and Stripes Elite Game
Approx. 72 U-16/U-19 athletes & Approx. 36 U-14 athletes

Junior National Camp
Approx. 80 athletes

AAU Junior Olympic Games (U-16 only)
Approx. 128 athletes

IMPORTANT: Final Junior National Camp Selections will be posted online no later than Friday, June 28, 2019. Selections for the AAU Junior Olympic Games will be posted by Monday, July 1, 2019. For the AAU Junior Olympic Games, athletes must accept their online invitation by Monday, July 8, 2019.

STARS AND STRIPES ELITE GAMES
The Stars and Stripes Elite Game will be held at the conclusion of each age division’s competition. Please refer to the 2019 National Futures Championship schedule for specific times. It will consist of the top 72 athletes in the U-16 and U-19 divisions and top 36 athletes in the U-14 division.

Athletes will have the opportunity to showcase their talents in the Stars and Stripes Elite Game. Selections for the Stars and Stripes Elite Game(s) will be posted online the morning of the final day of competition for each age division.
Welcome to Spooky Nook Sports! Our top priority at Spooky Nook Sports is making sure you have a great experience during your visit! As an organization, we are committed to operating the finest sports and entertainment complex in North America; with first-class facilities, dynamic programming, unrivaled instruction and friendly, professional staff. Please be advised that we do have parking and food/beverage policies that we ask you review before you join us for your event. These policies are listed below as well at spookynooksports.com.

**FOOD & BEVERAGE**

Coolers, outside food and beverage are prohibited inside and outside the facility. Spooky Nook Sports offers a wide array of food service options at our Smoothie Bar and Food Court areas.

**PARKING**

There will be a charge of $5.00 per vehicle, per day, for parking in the Spooky Nook Sports lot. Parking on-site at Spooky Nook Sports is on a first-come, first-serve basis so we encourage all guests to arrive early. Once all of our on-site parking lots are full, we accommodate guests at auxiliary parking lots located within a few miles of our facility.

Specific locations and directions to the auxiliary parking lots will be provided. Spooky Nook Sports will shuttle guests from the facility back to the auxiliary parking lots at no extra cost. Shuttles will run continuously throughout the day and will pick you up outside the front entrance of the building. Shuttle schedule will be determined closer to the event date and will be posted on our website and available at our Guest Services desk at Spooky Nook Sports.

If you park at Spooky Nook Sports and have to leave, you are NOT guaranteed a spot on-site when you return. If our on-site lots are full when you come back to the facility, you will have to park at one of our auxiliary lots. You will only pay for parking one time each day even if you end up parking on-site only.
Olympic Day, held annually on June 23, is celebrated by millions of people in more than 160 countries. Commemorating the birth of the modern Olympic Games in 1894, Olympic Day’s mission is to promote fitness, well-being, culture and education, while promoting the Olympic values of excellence, friendship and respect. The Olympic Day pillars - move, learn and discover - are promoted in every corner of the globe.

For the month of June, communities across the United States will celebrate Olympic Day 2018 through educational programming and other activities.

The U.S. Olympic Committee (USOC) has developed a turnkey program to assist communities across the nation in celebrating Olympic Day. The USOC will work with nearly 10,000 U.S. Olympians and Paralympians to share their experience and the role that the Olympic ideals have played in their lives at as many Olympic Day celebrations as possible.
WATCH USA TAKE ON THE WORLD!

SPOOKY NOOK SPORTS
75 CHAMP BLVD., MANHEIM, PA 17545

BRINGING HOCKEY HOME.

TEAM USA HOME SCHEDULE:

MAY 10
FRIDAY | 7PM
AUS
LANCASTER, PENNSYLVANIA

MAY 12
SUNDAY | 6PM
ARG
LANCASTER, PENNSYLVANIA

MAY 18
SATURDAY | 7PM
CHN
LANCASTER, PENNSYLVANIA

JUNE 1
SATURDAY | 7PM
NZL
LANCASTER, PENNSYLVANIA

JUNE 22
SATURDAY | 7PM
GER
LANCASTER, PENNSYLVANIA

TICKETS STARTING AT $10 FOR YOUTH/SENIORS & $20 FOR ADULTS

FOR GROUP TICKETING, EMAIL GROUPTICKETS@USAFIELDHOCKEY.COM FOR MORE INFORMATION

GET TICKETS ON USAFIELDHOCKEY.COM