ANCILLARY EVENTS

Lord Baltimore Mezzanine

DAY 1

Wednesday, March 14

4:00 PM - 8:00 PM

Learn to Play Event

Volunteer Coaches Needed

Thursday, March 15

8:30 AM - 5:00 PM

Level 2 Instructional Coaching Clinic

Friday, March 16

8:30 AM - 5:00 PM

Level 1 & Level 2 Instructional

9:00 AM - 4:00 PM

*For more information or to register for the ancillary events, go to usafieldhockey.com. Space limited.

Friday, March 16

12:00 PM **Summit Check-In Begins**

Coaching Clinic

Umpire Workshop (Free)

DAY 2

Lord Baltimore Theater Club Admin Workshop: Efficiency through Webpoint 3:00 PM - 5:00 PM with Matt Esposito and Club Admin Track Speakers 4:00 PM - 5:00 PM Field Hockey Fields Explained Lord Baltimore International Room with Andy Belles and Alastair Cox 6:30 PM - 9:00 PM Welcome Reception, presented by espnW Lord Baltimore Calvert Ballroom opening address given by Simon Hoskins and Missy Meharg

Saturday, March 17

7:00 AM - 7:45 AM Radisson Ballroom Field **Morning Workout** with Team USA Athletes Carissa and Michelle Vittese 9:00 AM - 9:45 AM Club Admin: Dynamic Fundraising for Your Club Lord Baltimore Hanover B with Dr. David Kelley Coach: Teaching Games for Understanding Radisson Ballroom Field with Dr. Stephen Harvey and Craig Parnham **Umpire: 21st Century Umpiring** Lord Baltimore Theater with Craig Gribble 10:00 AM - 10:45 AM Club Admin: Protecting Your Club, Athletes & Coaches Lord Baltimore Hanover B

with Katie Hanna Coach: Developing the Next Generation of Goalkeepers Radisson Ballroom Field

with Phil Edwards **Umpire: Positioning for Today's Game** Lord Baltimore Theater with Craig Gribble

11:00 AM - 12:00 PM **Keynote Speaker: Denise Parker, Growth for Success:** Grassroots Field Hockey & the Olympic Games USOC Vice President of NGB Services

Lord Baltimore Calvert Ballroom

12:00 PM - 1:00 PM Lunch Lord Baltimore Ballroom Lobby

1:00 PM - 1:45 PM **Club Admin: Leading Your Organization** Lord Baltimore Hanover B with Joanna Lignelli

> Coach: Basic Skill Instruction Radisson Ballroom Field with Janneke Schopman

> **Umpire: Applying the Rules** Lord Baltimore Theater with Steve Horgan

> > *SCHEDULE, PRESENTERS & LOCATION SUBJECT TO CHANGE



Saturday, March 17

DAY 2

2:00 PM - 2:45 PM	Club Admin: Grow Your Club & Grow the Game discussion and panel with Sally Goggin, Caitie Tornes, Carolyn King Robitaille, Meg Dudek, and G	Lord Baltimore Hanover B Chip Rogers
	Coach: Attacking & Defending the Circle with Craig Parnham and Team USA Athletes	Radisson Ballroom Field
	Umpire: Working with the Players with Suzi Sutton	Lord Baltimore Theater
3:00 PM - 3:45 PM	Club Admin: Keep Your Club Safe & Protected with Matt Sicchio and Amee Arledge	Lord Baltimore Hanover B
	Coach: Developing Backhand Skills with Janneke Schopman	Radisson Ballroom Field
	Umpire: Keeping the Game Under Control with Steve Horgan and Craig Gribble	Lord Baltimore Theater
4:00 PM - 4:45 PM	Club Admin: Recruiting 101 for You & Your Athletes with Zowie Tucker	Lord Baltimore Hanover B
	Coach: Trends in Modern Hockey with Craig Gribble	Lord Baltimore Theater
	Umpire: Fitness & Lifestyle for Umpires with Maggie Giddens	Radisson Ballroom Field
6:30 PM - 7:30 PM	🜟 Hall of Fame & Awards Gala, presented by STX: Cocktail Hour	Lord Baltimore Calvert Ballroom
7:30 PM - 10:00 PM	Hall of Fame & Awards Gala, presented by STX: Dinner *Separate registration required for Hall of Fame & Awards Gala events	Lord Baltimore Calvert Ballroom

Sunday	, March	18
Janaay	,,	

DAY 3

7:00 AM - 8:00 AM	Yoga for Hockey with Rachel Dawson	Radisson Ballroom Field *Bring yoga mat or towel
9:00 AM - 9:45 AM	Club Admin: Utilizing Social Media to Grow Your Brand with Cassie Calvert	Lord Baltimore Theater
	Coach & Umpire Panel: Conversations & Perspectives with Janneke Schopman, Steve Horgan and a Panel of Coaches and Umpires	Lord Baltimore Calvert Ballroom
10:00 AM - 10:45 AM	Club Admin: Best Practices in Club Communication discussion and panel with Sarah Dawson, Amanda Fishwick and Nick Salen	Lord Baltimore Hanover B
	Coach: We're Not There Yet! See Team as Work in Progress with Dr. Jamie Robbins	Lord Baltimore Calvert Ballroom
	Umpire: You Make the Call with Steve Horgan	Lord Baltimore Theater



Sunday, March 18

DAY 3

11:00 AM - 11:45 AM	Club Admin: Creating Leagues and Expanding Playing Opportunities with Sarah Hulsman, Kendra Lucking and Nigel Traverso	S Lord Baltimore Hanover B
	Coach: Preparing Youth Athletes for Competition with Nick Shedd	Lord Baltimore Calvert Ballroom
	Umpire: Mental Skills & Performance Excellence with Whit Ryan	Lord Baltimore Theater
12:00 PM - 12:15 PM	Closing Remarks	Lord Baltimore Calvert Ballroom
12:15 PM - 1:30 PM	Summit Adjourns/Lunch On Your Own	
1:30 PM - 3:00 PM	Introducing Baltimore Project Play & USA Field Hockey's Play to Support Growth in Baltimore City with Andre Fountain, Kevin McCloskey, Sally Goggin and Carey Fetting Smith	Lord Baltimore Theater

*SCHEDULE, PRESENTERS AND LOCATION SUBJECT TO CHANGE

Sponsors

Presenting Sponsor:



Event Sponsors:





Track Sponsors:



Club Administrator Track



Coach Track

Welcome Reception Sponsor:



Exhibit Hours

Friday: 12:00 p.m. - 3:30 p.m., 6:30 p.m. - 9:00 p.m.

Saturday: 11:45 a.m. - 1:30 p.m. Sunday: 8:00 a.m. - 9:00 a.m.



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Friday, Marc	ch 16	DAY	1
12:00 PM	Summit Check-In Begins	Lord Baltimore Mezzanine	
3:00 PM - 5:00 PM	Workshop: Efficiency through Webpoint with Matt Esposito and Club Admin Track Speakers	Lord Baltimore Theater	
4:00 PM - 5:00 PM	Field Hockey Fields Explained with Andy Belles and Alastair Cox	Lord Baltimore International Room	
6:30 PM - 9:00 PM	Welcome Reception, presented by espnW opening address given by Simon Hoskins and Missy Meharg	Lord Baltimore Calvert Ballroom	
Saturday, M	larch 17	DAY	2
7:00 AM - 7:45 AM	Morning Workout with Team USA Athletes Carissa and Michelle Vittese	Radisson Ballroom Field	
9:00 AM - 9:45 AM	Dynamic Fundraising for Your Club with Dr. David Kelley	Lord Baltimore Hanover B	
10:00 AM - 10:45 AM	Protecting Your Club, Athletes & Coaches with Katie Hanna	Lord Baltimore Hanover B	
11:00 AM - 12:00 PM	Keynote Speaker: Denise Parker USOC Vice President of NGB Services	Lord Baltimore Calvert Ballroom	
12:00 PM - 1:00 PM	Lunch	Lord Baltimore Ballroom Lobby	
1:00 PM - 1:45 PM	Leading Your Organization: Developing Culture with Joanna Lignelli	Lord Baltimore Hanover B	
2:00 PM - 2:45 PM	Grow Your Club & Grow The Game discussion with panel with Sally Goggin, Caitie Tornes, Carolyn King Robitaille, Meg Dudek, and	Lord Baltimore Hanover B Chip Rogers	
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Sunday, Ma		DAY	3
7:00 AM - 8:00 AM	Yoga for Hockey with Rachel Dawson	Radisson Ballroom Field *Bring yoga mat or towel	
9:00 AM - 9:45 AM	Utilizing Social Media to Grow Your Brand with Cassie Calvert	Lord Baltimore Theater	
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11:45 AM - 1:30 PM	Summit Adjourns/Lunch On Your Own		

Introducing Baltimore Project Play & USA Field Hockey

with Andre Fountain, Kevin McCloskey, Sally Goggin and Carey Fetting Smith

Play to Support Growth in Baltimore City

Lord Baltimore Theater

1:30 PM - 3:00 PM





Friday, March 16

12:00 PM **Summit Check-In Begins** Lord Baltimore Mezzanine 4:00 PM - 5:00 PM Field Hockey Fields Explained Lord Baltimore International Room with Andy Belles and Alastair Cox 6:30 PM - 9:00 PM Welcome Reception, presented by espnW Lord Baltimore Calvert Ballroom

opening address given by Simon Hoskins and Missy Meharg

Saturday, March 17

DAY 2

DAY 1

7:00 AM - 7:45 AM	Morning Workout with Team USA Athletes Carissa and Michelle Vittese	Radisson Ballroom Field
9:00 AM - 9:45 AM	Teaching the Game for Understanding with Dr. Stephen Harvey and Craig Parnham	Radisson Ballroom Field
10:00 AM - 10:45 AM	Developing the Next Generation of Goalkeepers with Phil Edwards	Radisson Ballroom Field
11:00 AM - 12:00 PM	Keynote Speaker: Denise Parker USOC Vice President of NGB Services	Lord Baltimore Calvert Ballroom
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2:00 PM - 2:45 PM	Attacking & Defending the Circle: A Player's Perspective with Craig Parnham and Team USA Athletes	Radisson Ballroom Field
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6:30 PM - 7:30 PM	🜟 Hall of Fame & Awards Gala, presented by STX: Cocktail Hour	Lord Baltimore Calvert Ballroom
7:30 PM - 10:00 PM	Hall of Fame & Awards Gala, presented by STX: Dinner *Separate registration required for Hall of Fame & Awards Gala events	Lord Baltimore Calvert Ballroom

Sunday, March 18

DAY 3

7:00 AM - 8:00 AM	Yoga for Hockey with Rachel Dawson	Radisson Ballroom Field *Bring yoga mat or towel
9:00 AM - 9:45 AM	Panel: Conversations & Perspectives with Janneke Schopman, Steve Horgan and a Panel of Coaches and Umpires	Lord Baltimore Calvert Ballroom
10:00 AM - 10:45 AM	We're Not There Yet! See Team as Work in Progress with Dr. Jamie Robbins	Lord Baltimore Calvert Ballroom
11:00 AM - 11:45 AM	Preparing Your Athletes for Competition with Nick Shedd	Lord Baltimore Calvert Ballroom
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Friday, March 16

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Saturday, March 17

7:00 AM - 7:45 AM Morning Workout Radisson Ballroom Field with Toam USA Athletes Carissa and Michelle Vittees

	with Team USA Athletes Carissa and Michelle Vittese	
9:00 AM - 9:45 AM	21st Century Umpiring with Craig Gribble	Lord Baltimore Theater
10:00 AM - 10:45 AM	Positioning for Today's Game with Craig Gribble	Lord Baltimore Theater
11:00 AM - 12:00 PM	Keynote Speaker: Denise Parker USOC Vice President of NGB Services	Lord Baltimore Calvert Ballroom
12:00 PM - 1:00 PM	Lunch	Lord Baltimore Ballroom Lobby
1:00 PM - 1:45 PM	Applying the Rules with Steve Horgan	Lord Baltimore Theater
2:00 PM - 2:45 PM	Working with the Players with Suzi Sutton	Lord Baltimore Theater
3:00 PM - 3:45 PM	Keeping the Game Under Control with Steve Horgan and Craig Gribble	Lord Baltimore Theater
4:00 PM - 4:45 PM	Fitness and Lifestyle for Umpires with Maggie Giddens	Radisson Ballroom Field
6:30 PM - 7:30 PM	🜟 Hall of Fame & Awards Gala, presented by STX: Cocktail Hour	Lord Baltimore Calvert Ballroom

Sunday, March 18

7:30 PM - 10:00 PM

DAY 3

Lord Baltimore Calvert Ballroom

DAY 1

DAY 2

7:00 AM - 8:00 AM	Yoga for Hockey with Rachel Dawson	Radisson Ballroom Field *Bring yoga mat or towel
9:00 AM - 9:45 AM	Panel: Conversations & Perspectives with Janneke Schopman, Steve Horgan and a Panel of Coaches and Umpires	Lord Baltimore Calvert Ballroom
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Hall of Fame & Awards Gala, presented by STX: Dinner

*Separate registration required for Hall of Fame & Awards Gala events

ANCILLARY EVENTS

Wednesday, March 14

4:00 PM - 8:00 PM

Learn to Play Event

UA House at Fayette, Baltimore

USA Field Hockey is working with Project Play and the Aspen Institute, the Living Classrooms Foundation, East Baltimore schools, and area collegiate, high school and club field hockey programs to offer a FREE Learn to Play Clinic for local girls, boys and adults ages 5+. We will be providing sustained playing opportunities through a summer camp and fall league. For more information and to register to help with this event and program, go to usafieldhockey.com.

Thursday, March 15

8:30 AM - 5:00 PM

Level 2 Instructional Coaching Clinic

UA House at Fayette, Baltimore

USA Field Hockey's Level 2 Instructional Coaching Clinic is a 14-hour offering that expands on several of the topics covered in the Level 1 Clinic and will challenge participants to further define and evaluate their individual coaching philosophies, styles and technique, while encouraging self-assessment. This course is also recommended for field hockey coaches of all levels. Coaches will work in groups to share best practices and receive peer feedback in a comfortable and encouraging environment. Level 2 Clinics offer an additional opportunity for professional development, local networking and mentorship. Upon completion of the course, all participants will receive their USA Field Hockey Level 2 Coaching Certification.

Friday, March 16

8:30 AM - 5:00 PM

Level 1 Instructional Coaching Clinic

UA House at Fayette, Baltimore

The Level 1 Instructional Coaching Clinic is the first level of certification in the Coach Education Program. This course is recommended for all field hockey coaches of all levels. The game of field hockey has changed significantly over the past decade. The introduction of synthetic turf and continual innovations have sped up the game, inspiring new tactics, techniques and rules to accommodate the faster play. Whether you coach players on grass, field turf, water or sand-based turf, teaching these new skills properly, in a fun engaging way, will enable you and your team to develop, succeed and your program to grow.

Level 1 Clinics are an 8-hour in-person offering that covers a broad range of topics essential for coaching success. Some course preparation is required. Level 1 Clinics provide an opportunity for professional development and networking within your local field hockey community. Upon completion of the course, all participants will receive their Level 1 Coaching Certification.

8:30 AM - 3:00 PM

Level 2 Instructional Coaching Clinic: Day 2

UA House at Fayette, Baltimore

9:00 AM - 4:00 PM

Umpire Workshop

Lord Baltimore Hotel Theater

Spend a day reviewing and discussing topics and rules pertinent to all levels of umpiring. Time will be included to answer questions and for video analysis. This event is free, although pre-registration is appreciated. Register at usafieldhockey.com.

Friday, March 16

DAY 1

3:00 PM - 5:00 PM

Club Admin Workshop: Introductions & Increasing Efficiency through Webpoint

Lord Baltimore Theater

Come meet the team that supports your team, as you will be introduced to USA Field Hockey's Membership Department and other Club Member Partners including:

- Matt Esposito, Ai Group, Club Membership Technology
- Matt Sicchio and Amee Bell, Integro, Club Insurance
- Katie Hanna, United State Center for SafeSport Director of Education and Outreach
- Next College Student Athlete
- SI Play
- And more!

Matt Esposito, Ai Group, will demonstrate the excellent Webpoint features that are available to Member Clubs. Esposito has been with Ai Group for 15 years and provides the technology to nine National Governing Bodies (NGB), including USA Field Hockey. All included partners will be available for one-on-one questions.



Friday, March 16 -

Day 1

4:00 PM - 5:00 PM

Field Hockey Fields Explained

Lord Baltimore International Room

More and more schools and multi-sport organizations are installing artificial turf fields across the country to increase the accessibility of high quality playing surfaces for youth to elite players. USA Field Hockey recognizes that good facilities are especially important to the sport, making the game faster and more fun, and enabling recruitment to retain players and fans. AstroTurf, USA Field Hockey Summit Presenting Sponsor, and their parent company Sport Group, has installed more field hockey fields than any other company, including every hockey field used at the Olympic Games since 1976. Join Andy Belles, AstroTurf's International Field Hockey Sales Director, and special guest Alastair Cox, International Hockey Federation's (FIH) Facilities and Quality Programme Manager, to learn about different types of field hockey fields and get advice on how to select, build and maintain a field for your community.

6:30 PM - 9:00 PM

Welcome Reception, presented by espnW

Lord Baltimore Calvert Ballroom

Welcome to the 2018 USA Field Hockey Summit, presented by AstroTurf! Join fellow attendees, vendors, guest presenters and USA Field Hockey Staff in the Lord Baltimore Calvert Ballroom. Simon Hoskins, USA Field Hockey's Chief Executive Officer, will kick-off the weekend and introduce special guest Missy Meharg, University of Maryland's Head Coach and USA Field Hockey Foundation Board Member. There will be a cash bar and appetizers will be served.

Saturday, March 17

DAY 2

7:00 AM - 7:45 AM

Morning Workout

Radisson Ballroom Field

Hoping to get some morning exercise? Join U.S. Women's National Team athletes Carissa and Michelle Vittese as they run you through their favorite Team USA warm-up exercises. Come prepared to run, sweat and hopefully laugh. Sticks are not necessary.

9:00 AM - 9:45 AM

Club Admin: Dynamic Fundraising for Your Club

Lord Baltimore Hanover B

In today's youth sport world, the market for fundraising for clubs is crowded. Bake sales, candle sales, car washes, coupon books, auctions, this is just the beginning of a long list of options utilized today. As the youth sport world evolves, so should your ways of finding means to financially support your athletes and clubs. Dr. David Kelley will use his experience and research to guide attendees on how to raise funds more dynamically.

Coach: Teaching Games for Understanding

Radisson Ballroom Field

Learn and discuss practical game play activities to enhance player development with Dr. Stephen Harvey, Ohio University's Associate Professor in Sports Coaching, and Craig Parnham, USA Field Hockey's Director of Coach Education and Learning. Focus is on age appropriate practice design for maximum player engagement and enjoyment.

Umpire: 21st Century Umpiring

Lord Baltimore Theater

Get the most up to date information on Rules and Applications of Rules for today's game from Craig Gribble, International Hockey Federation's (FIH) Officials and Appointments Manager. The focus will be on understanding and consistency for all participants.

10:00 AM - 10:45 AM

Club Admin: Protecting Your Club, Athletes & Coaches in an Ever-Changing World

Lord Baltimore Hanover B

All athletes deserve to participate in sports that are free from bullying, hazing, misconduct and any form of emotional or physical abuse. Meet with Katie Hanna, United States Center for SafeSport Director of Education and Outreach, to learn how to keep your athletes well-being the centerpiece by creating and maintaining a positive sports culture.

Coach: Developing the Next Generation of Goalkeepers Beginner to Intermediate Level

Radisson Ballroom Field

Join Phil Edwards, U.S. Women's National Team Assistant Coach, as he examines the coaching skills required to help young goalkeepers develop and succeed in the modern game. Session highlights include strategies on how to manage, develop and challenge multiple goalkeepers during team practice.



Saturday, March 17

DAY 2

10:00 AM - 10:45 AM

Umpire: Positioning for Today's Game

Lord Baltimore Theater

The emphasis of this presentation by Craig Gribble, International Hockey Federation's (FIH) Officials and Appointments Manager, will be the need and reasons why we have to think differently about where umpires are positioned on the field when making decisions. Fitness and sight lines will be emphasized.

11:00 AM - 12:00 PM



Keynote Speaker: Denise Parker

Lord Baltimore Calvert Ballroom

Growth for Success: Grassroots Field Hockey & the Olympic Games

USA Field Hockey Summit special guest and keynote speaker, Denise Parker, is one of the most incredible women in the Olympic Movement and sports industry. She is the youngest Olympian in American history, a three-time Olympian, an Olympic bronze medalist and is currently the United States Olympic Committee (USOC) Vice President of National Governing Body (NGB) Services. Parker will share the vision of the USOC leading up to the Tokyo 2020, Paris 2024 and Los Angeles 2028 Summer Olympic Games. She'll also discuss the importance of USA Field Hockey, its members and how grassroots growth leads to international success.

12:00 PM - 1:00 PM

Lunch

Lord Baltimore Ballroom Lobby

1:00 PM - 1:45 PM

Club Admin: Leading Your Organization Developing a Positive Culture

Lord Baltimore Hanover B

Positive Coaching Alliance trainer Joanna Lignelli will show leaders how to use youth and high school sports as a Development Zone® to develop better athletes, better people. Attendees learn why and how to establish positive coaching as a cultural norm, plus they get a takeaway action-plan for implementation throughout their community of coaches, parents, athletes, officials and spectators.

Coach: Basic Skill Instruction

Radisson Ballroom Field

Join our U.S. Women's National Team Head Coach Janneke Schopman as she introduces the basic skills and building blocks for successful individual player development. Team USA players will be demonstrating.

Umpire: Applying the Rules

Lord Baltimore Theater

Consistent application of the rules is the most important aspect for players, coaches and fans. During this session, USA Field Hockey's Director of Umpiring Steve Horgan will show and address specific examples to help participants understand the rules and the proper applications. Personal interpretations are not part of this presentation.

2:00 PM - 2:45 PM

Club Admin: Grow Your Club & Grow the Game

Lord Baltimore Hanover B

Join Sally Goggin, USA Field Hockey's National Development Director, Caitie Tornes, USA Field Hockey's Senior Membership Manager, and a panel of USA Field Hockey clubs and coaches to discuss strategies to attract new players and coaches to grow your club and grow the game.

Coach: Attacking & Defending the Circle

Radisson Ballroom Field

Gain insight into U.S. Women's National Team athletes' perspectives during practice and game play. Craig Parnham, USA Field Hockey's Director of Coach Education and Learning, will facilitate this session and discuss coach-player interaction, while Team USA athletes will provide their point of view on the psychological impacts of pressure training and how it transfers to game day performance.

Umpire: Working with the Players

Lord Baltimore Theater

Learn the up to date ways the game has evolved with the umpires talking to the players while on the field. Suzi Sutton, USA Umpire and International Hockey Federation (FIH) World Development Panel Umpire, Techniques on proper wording and timing of conversations with players to get them to understand what is needed and for umpires to know what the player is trying to do.

3:00 PM - 3:45 PM

Club Admin: Keep Your Club Safe & Protected

Lord Baltimore Hanover B

Matt Sicchio and Amee Arledge, Integro Club Insurance Representatives, will take you through the world of insurance and will help you to understand what you need to know and do to protect yourselves, your athletes and coaches. Topics will include an explanation of USA Field Hockey's Club Insurance and what other types of insurance you may want to consider depending on your club's situation. This session is extremely important for all club administrators to ensure that you are getting and providing the protection you, your club and your athletes need.

Saturday, March 17

DAY 2

3:00 PM - 3:45 PM

Coach: Developing Backhand Skills

Radisson Ballroom Field

Join our U.S. Women's National Team Head Coach Janneke Schopman as she breaks down the key technical points for teaching backhand skills. Session will include the backhand sweep and the progression to teaching the backhand hit.

Umpire: Keeping the Game Under Control

Lord Baltimore Theater

Come learn game umpire management from Steve Horgan, USA Field Hockey's Director of Umpiring, and Craig Gribble, FIH's Officials and Appointments Manager. Techniques and options on how to keep a match under control and consistent will be discussed.

4:00 PM - 4:45 PM

Club Admin: Recruiting 101 for You & Your Athletes

Lord Baltimore Hanover B

Collegiate coaches will sit on a panel with Next College Student Athlete's (NCSA) Zowie Tucker to discuss the college recruiting process and how to help athletes navigate successfully. Topics include when and how to start, how to find the right fit, the tools USA Field Hockey provides to members and each individual's role in the process.

Coach: Trends in Modern Hockey

Lord Baltimore Theater

Craig Gribble is the International Hockey Federation's (FIH) Officials and Appointments Manager. Although his specialty is officiating, he brings a wealth of knowledge about today's game and the future of hockey to share with coaches and umpires of all levels.

Umpire: Fitness & Lifestyle for Umpires

Dadisson Pallroom Fi

Learn and participate is an exercise session of training ideas and yoga that will help keep an umpire at the top of their game physically. This session will be presented by Maggie Giddens, USA Umpire and International Hockey Federation (FIH) World Development Panel Umpire.

6:30 PM - 10:00 PM

7:30 PM: Dinner

6:30 PM: Cocktail Hour

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Hall of Fame & Awards Gala, presented by STX

Lord Baltimore Calvert Ballroom

2018 marks the 30th year of the USA Field Hockey Hall of Fame, celebrating the finest players and contributors in the sport. This year, additional deserving individuals will be recognized across five different categories: Grow the Game, Umpire, Coach, Club and Humanitarian. Join USA Field Hockey to recognize and celebrate all award winners and to enjoy of evening of fun, fellowship and fine dining.

*Separate registration required for Hall of Fame & Awards Gala events

Sunday, March 18

DAY 3

7:00 AM - 8:00 AM

Yoga for Hockey

Radisson Ballroom Field

Join special guest, former U.S. Women's National Team athlete, three-time Olympian and certified yoga instructor, Rachel Dawson, for a one-hour yoga session. Dawson will present the poses and movements most helpful for field hockey. With the intention of cultivating your ability to listen deeply to the messages of your body, Dawson will lead participants through the Baptiste Journey into Power sequence. The listening developed through the asanas (poses) will give you access to your innate ability to create, respond, coach, play and lead from your power. Please bring your yoga mat or a towel from the hotel, but remember to return the towel to your room!

9:00 AM - 9:45 AM

Club Admin: Utilizing Social Media Platforms to Reach Your Target and Grow Your Brand

Lord Baltimore Theater

Cassie Calvert is the Social Media Coordinator for the Baltimore Ravens and runs all the team's social media platforms day-to-day, which include Facebook, Snapchat, Instagram, Twitter and YouTube. Calvert will present on the basics of utilizing social media platforms to reach your target audience and grow your brand. These days social media is one of the best ways to engage with your audience, but maintaining (or even starting) multiple social channels can be a daunting task. Calvert will guide clubs on how to best direct their efforts to maximize their results and teach the best practices that the Baltimore Ravens utilize.

Coach & Umpire Panel:

Lord Baltimore Calvert Ballroom

Conversations & Perspectives

Join us for what is sure to be a lively round table discussion with a panel of coaches and umpires. Specific questions will be put forward to help coaches and umpires understand each other's perspectives. This session will include Janneke Schopman, U.S. Women's National Team Head Coach, Steve Horgan, USA Field Hockey's Director of Umpiring, and a panel of coaches and umpires.

Sunday, March 18

DAY 3

= Sanday, March 10

10:00 AM - 10:45 AM

Club Admin: Best Practices: Social Media, Customer Service and Club Communications

Lord Baltimore Hanover B

Join Club Administrators as they discuss best practices which have helped to elevate their recruitment, grow their club, and improve overall athlete and parent satisfaction.

Coach: We're Not There Yet! Seeing Yourself and Your Team as Works in Progress

Lord Baltimore Calvert Ballroom

Carol Dweck (2006) explained that individuals tend to have a growth or fixed mindset. Tversky and Kahneman (1974) stated that all our decisions are inundated with bias. This session led by Dr. Jamie Robbins, Certified Mental Performance Consultant (CMPC) and Youth Development Consultant for USA Field Hockey, will address how your mindset impacts your view of yourself, your athletes and your team as a whole. We will explore useful and harmful thoughts that keep athletes, teams and coaches looking back, rather than looking ahead. Most importantly, this session aims to help coaches identify the strengths and weaknesses of their own thoughts and create a plan for improving their thoughts to stimulate positive behavior change moving forward.

Umpire: You Make the Call

Lord Baltimore Theater

Come and review current videos and have input into the proper decisions with Steve Horgan, USA Field Hockey's Director of Umpiring. This session will go over the "why" it should be called a certain way for consistency purposes. Come have fun and give your opinions as well.

11:00 AM - 11:45 AM

Club Admin: Creating Leagues and Expanding Playing Opportunities

Lord Baltimore Hanover B

Learn how to increase playing opportunities and create leagues to ultimately grow the game of field hockey in your area. Join Sarah Hulsman, Kendra Lucking and Nigel Traverso they discuss what it takes to develop and create these opportunities, as well as learn how USA Field Hockey can offer additional support through The Sanctioned Event Program.

Coach: Preparing Youth Athletes for Competition

Lord Baltimore Calvert Ballroom

Nick Shedd, U.S. Women's National Team's Strength and Conditioning Coach, will discuss and demonstrate some key functional movements to ensure athletes are not only prepared to play, but also equipped to prevent injuries through a combination of basic strength and movement exercises.

Umpire: Mental Skills & Performance Excellence for Umpires

Lord Baltimore Theater

Learn techniques that will help you to stay focused, deal with situations when they go wrong, conflict resolution as well as giving and receiving feedback. Leading this discussion will be Whit Ryan, USA Umpire.

11:45 AM

Summit Adjourns

1:30 PM - 3:00 PM

Introducing Baltimore Project Play & USA Field Hockey's Play to Support Growth in Baltimore City

Lord Baltimore Theater

USA Field Hockey invites everyone who is able to stick around to meet Andre Fountain, The Aspen Institute Project Coordinator, Sports & Society Program, Blake Micael, BeMore Athletics Youth Basketball Coordinator and Advisor, Sally Goggin, USA Field Hockey's National Development Director, and Carey Fetting Smith, to learn more about Project Play, the State of Play in Baltimore City, USA Field Hockey's Learn to Play initiative and to discuss strategies and plans to continue to grow the game in Baltimore and beyond. Maryland clubs, coaches and field hockey advocates have done a great job driving grassroots growth, and this will be the perfect opportunity to discuss what strategies and support systems are necessary to bring sustainable playing opportunity to boys and girls in urban zip codes such as Baltimore City.









