Officials Practice Test
Level 1
(Updated 5-10-2020)

1. Bouts can be contested with _______ round times in all USA local boxing competitions. (NRB, page 18)

2. In all USA Boxing Prep competitions _______ and _______ boxers will box 3 rounds at 1 min, but _______ boxers will box 3 rounds at 1.5 minutes. (NRB, page 18)

3. In all USA Boxing _______ and _______ competitions, bouts will consist of 3 rounds at 3 minutes each. (NRB, page 18)

4. Boxers over 141 lbs. can use _______ or _______ oz. gloves. (NRB, page 57)

5. Which entity approves the LBC’s portion of the sanction fee? _______. (NRB, page 9)

6. Does the USA Boxing national office have the right to review the LBCs’ fee schedule? True or False. (NRB, page 9)

7. No _______ or _______ will be permitted on the competition uniform. (NRB, page 56)

8. No adornment may be affixed to the trunks such as _______ or _______ objects sequins etc. (NRB, page 56)

9. Boxers are _______ to have their last name embroidered onto competition trunks as long as it is a different color from the competition singlet/jersey. (NRB, page 56)

10. If USA Boxing provides competition uniforms, those competition uniforms ______________ by all boxers. (NRB, page 56)

11. The no tape or binding rule may be relaxed at the local and LBC level (to support the _______) (NRB, page 56)

12. The lowest weight classification for a Masters men boxer is _______ lbs. (NRB, page 66)

13. The highest weight classification for a Masters women boxer is _______ lbs. (NRB, page 67)
14. Masters boxers will be limited to boxing 3 rounds, between _____ and _____ minutes in duration. *(NRB, page 66)*

15. Master boxers are permitted to wear facial hair that is no longer than _____ inches. *(NRB, page 67)*

16. The referee may consult with the ______ with respect to any injury to the boxer. *(NRB, page 25)*

17. Once a boxer has entered the ring, the referee must ensure the boxer is wearing the appropriate ______ according to the rules. *(NRB, page 25)*

18. With or without previous warnings a referee can ______ a boxer for committing a serious foul? *(NRB, page 25)*

19. The boxer must be wearing no other objects except the ______ specified in the rules *(NRB, page 25)*

20. ______ ______ ______ are the rules which USA Boxing Local Boxing Committees, Affiliate Members, boxing members, and clubs must follow and respect in any of its competitions in accordance to activities at all levels. *(NRB, page 4)*

21. A ______ is a contest between two boxers taking place as part of a competition. *(NRB, page 4)*

22. ______ is the acronym for Disqualification. *(NRB, page 5)*

23. The ______ allocates points during a bout based on each boxer's performance in the ring in respect of the USA Boxing Technical Rules. *(NRB, page 5)*

24. The Referee must respect that the rest period is for the Boxers and Coaches, and the Referee must not ______. *(RJM, page 34)*

25. If the scoring system fails, the Judges will have to use ______ ______ to score the whole round. *(RJM, page 35)*

26. At the bout's final bell, the Referee will give the command ______. *(RJM, page 35)*

27. At a USA National Competition, each bout will be judged by ______ judges who will be seated on ______ sides of the ring. *(NRB page 26)*

28. No judge will speak or give a sign to a ______ or to another judge. *(NRB page 26)*
29. The _______ is responsible for overseeing officiating at the LBC level. (NRB page 51)

30. All certified officials are required to have a _______ with proof of registration. (NRB, page 50)

31. The standardized clinic material is on a _______ presentation and is available to clinicians on USA Boxing’s website. (NRB, page 51)

32. A judge may only leave his or her seat at ring side when the _______ is announced. (NRB, page 26)

33. A boxer who is outside or partly outside the ropes as the result of a blow or series of blows is considered a _______. (NRB, page 23)

34. In compulsory count limits, a maximum of _______ eight counts will be given in a round, and the maximum of _______ will apply in one bout. (NRB, page 23)

35. The _______ warning to the same boxer in a bout will automatically disqualify the boxer. (NRB, page 22)

36. The main duty of the timekeeper is to regulate the _______ and _______ of the rounds and the intervals between rounds. (NRB, page 26)

37. _______ seconds before the end of each round, the timekeeper and gong/bell operator must signal the approaching end of the round. (NRB, page 26)

38. The timekeeper will be seated directly at the side of the ring next to the _______ _______. (NRB, page 27)

39. The timekeeper and gong/bell operator must regulate all periods of time and counts by a _______ or _______. (NRB, page 26)

40. The timekeeper and gong/bell operator must start and end each round by striking the _______. (NRB, page 26)

41. If the referee gives the boxer a count up to 10, the downed boxer will lose by _______. (NRB, page 21)
42. If a boxer fails to come out of the corner after the rest period, the opponent is the winner by _______. (NRB, page 20)

43. In all USA Boxing sanctioned events, _______ and _______ gloves are recommended. (NRB, page 34)

44. Gloves used in all USA Boxing competitions must be approved by _______ or _______. (NRB, page 34)

45. Gloves and headgear must be cleaned using _______ _______ _______ or comparable wipes. (NRB, pages 35/36)

46. The _______ of the Gloves must not be displaced or broken. (NRB, page 35)

47. Coaches/Seconds can only use a _______ water bottle. (NRB, page 27)

48. Coaches/Seconds will not be permitted to throw any item into the ring to demonstrate a disagreement or to kick any chair or water bottle or to take any other action that may be deemed as _______ _______. (NRB, page 28)

49. The turnbuckles must be covered with a _______ _______. (NRB, page 28)

50. Small, _______ plastic bags should be located in each neutral corner outside of the ring. (NRB, page 29)

51. Boxers exit out of the _______ corner to see the doctor when bout is over. (NRB, page 30)

52. Operating in a dual capacity as an R/J and coach at an LBC event _______ allowed. (RJM, page 10)

53. The number of bouts each official works as a referee or judge should be _______ _______. (RJM, page 11)

54. Boxers, their coaches, the event supervisor, and the _______ _______ must approve Developmental Bouts. (NRB, page 68)

55. The _______ must conduct the Developmental Bout as a competitive bout. (NRB, page 68)

56. The use of approved headgear is _______ in Developmental Bout contests. (NRB, page 16)

57. Judges may not score Developmental Bouts. There is no _______. (NRB, page 16)

58. At the conclusion of the Developmental Bout, both boxers’ hands are raised by the _______ in the center of the ring. (NRB, page 68)
59. Exhibition bouts are _______. *(NRB, page 16)*

60. Developmental Bout rest periods between rounds are limited to a duration of _______ minute. *(NRB, page 16)*

61. Both boxers in USA Boxing Developmental Bouts must wear gloves of the same _______. *(NRB, page 68)*

62. Any boxer who has participated as a professional in any physical combat sport _______ be eligible to compete as an athlete in USA Boxing. *(NRB, page 7)*

63. All participants must be a _______ _______ _______ with USA Boxing to work or compete at any and all competitions. *(NRB, page 8)*

64. To work or compete at any and all USA Boxing competitions, one must have current _______, be properly ________, and not be under suspension from ________. *(NRB, page 8)*

65. If a boxer fails to make the weight limit, said boxer is _______. *(NRB, page 16)*

66. The _______ must be conducted by officials authorized by the supervisor, and those officials _______ be of the same gender as the boxer. *(NRB, page 17)*

67. Matched bouts must be in accordance with _______ and _______ limitations. *(NRB, page 16)*

68. Boxers must always adhere to the competition rules of the _______ age division. *(NRB, page 16)*

69. Headgear must be worn at _______ competitions. *(NRB, page 16)*

70. A Boxer with _______ bouts a boxer may elect to enter the Open Division. *(NRB, page 16)*

71. A Boxer’s _______ Bout must be competed as an Open Boxer. *(NRB, page 16)*

72. Matched bouts will be made with the coach’s discretion with final match approval by the _______ _______. *(NRB, page 16)*

73. If approved, the boxer will present the Affidavit of Religious Exemption form with passbook when _______ at the boxing competition. *(NRB, page 16)*
74. At USA Boxing National Competitions in addition to the General Weigh-in all boxers must weigh in on the __________ __________ __________. (NRB, page 16)

75. At USA Boxing National Competitions a boxer will be present at the ______ of the General and Daily Weigh-in. (NRB, page 16)

76. At USA Boxing National Competitions General and Daily Weigh-in, if the boxer fails to make the weight limit, said boxer is ________. (NRB, page 17)

77. The Weigh-In must be conducted by officials authorized by the supervisor, and must be of the same ______ as the boxer. (NRB, page 17)

78. A boxer will be allowed to be present at the official scales ________. (NRB, page 17)

79. At all USA Boxing national tournaments, medical examinations will take place ________ boxers’ stepping on the scale for the General and Daily Weigh-ins. (NRB, page 17)

80. Boxers must remove all facial hair ________ stepping on the scale at the official weigh-in. (NRB, page 17)

81. When necessary at the official weigh-in, the boxer may take off the ________. (NRB, page 17)

82. One (1) team official or boxer representative is ________ to attend the Official Draw for confirmation of boxer entry into the Official Draw. (NRB, page 17)

83. A computerized draw system is to be ________ in all USA Boxing national competitions. (NRB, page 17)

84. Exhibition bouts are ________. The ring announcer must clearly identify and announce to the audience the purpose of USA Boxing Developmental Bouts. (NRB, page 68)

85. All non-athletes are required to complete SafeSport Training every ________year. (NRB, page 7)

86. Any boxer who boxes for a club or organization, which is not a registered member of the LBC, must enter the contest as ________. (NRB, page 7)

87. All participants must be a ________ ________ ________ with USA Boxing to work or compete at any and all competitions. (NRB, page 8)

88. What material is permitted on the face? ________ (NRB, page 37)

89. Where can detailed ________ on Boxers uniform Guidelines be found? (NRB, page 56)
90. Red and blue uniforms, in conjunction with the assigned corner, are _______ for all USA Boxing competitions. (NRB, page 56)

91. Boxers must wear a _______ athletic shirt (singlet or jersey), of a different color from the waistband of the trunks. (NRB, page 56)

92. If a boxer, in the opinion of the referee, is unfit to continue because of a sustained or increased injury from correct punches, the bout will be stopped and the opponent will be declared the winner of the bout by _______. (NRB, page 20)

93. If a boxer, in the opinion of the referee, becomes incapable of continuing to compete because of an injury sustained not from punches, the bout will be stopped and the opponent will be declared the ______ of the bout by RSC-I (NRB, page 20)

94. In the case the supervisor knows in advance that a boxer will not be present, he/she may cancel an official _______ procedure, and the result must be officially announced. (NRB, page 21)

95. For minor fouls, cautions can be given without the command _______. (RJM, page 16)

96. For persistent major fouls, the Referee should command _______ and issue a caution. (RJM, page 16)

97. Following a hard punch, the Boxer has not fallen and is not lying on the ropes, but is in a semi-conscious state and cannot continue the bout, the Boxer is considered _______. (RJM, page 18)

98. A _______ is given when a Boxer breaks the rules. (RJM, page 16)

99. Boxers between the ages of _______ to _______ are categorized as Youth Boxers. (NRB, page 12)

100. The weight differential for a 152lb. Male Youth Boxer is _______. (NRB, page 57)

101. The _______ will authorize the start of the weigh in and medical examination. (NRB, page 39)
102. What score represents a clear winner due to the big difference in number of quality blows? _______.  
(RJM, page 26)

103. A Judges score may be tied at the end of a round. True or False?  
(RJM, page 26)

104. When both boxers are evenly matched in most of the criteria, the judges should score the round _______.  
(RJM, page 26)

105. Disregarding any personal issues, clearing the mind of all negativity, staying focused, calm, and balanced are all ways that a referee can _______ prepare for a bout.  
(RJM, page 13)

106. If a 15yr old boxer is boxing a 14yr old boxer, how long is the round? _______ or _______.  
(Appendix F)

107. What size gloves are used in a bout with Junior boxers who are 145lbs? _______  
(Appendix F)

108. If a 143lb 17yr old male boxer is competing against a 138lbs 15yr old boxer, what size are the gloves? _______  
(Appendix F)

109. Can an 18yr old Youth boxer compete against a 39yr old Elite boxer? _______  
(Appendix F)

110. Individuals who have competed in amateur combat sports will compete in the _______ division of their age division for all USA Boxing sanctioned events.  
(NRB, page 15)

111. All members who wish to participate in USA Boxing sanctioned events MUST present their _______ _______ to the event coordinator, or its designee.  
(NRB, page 15)

112. Boxer with zero (0) to ten (10) bouts will be classified a _______, at five (5) bouts a boxer may elect to enter the _______ _______.  
A Boxer's eleventh (11th) Bout must be competed as an _______ _______.  
(NRB, page 16)

113. Failure to comply with the USA Boxing Code of Conduct may result in your USA Boxing membership being _______ or _______.  
(NRB, page 46)

114. Following any disciplinary action by USA Boxing, the disciplined member has a right to a _______ by the Judicial Committee, if requested in writing and within the statute of limitations, and submitted with the filing fee.  
(NRB, page 46)
115. As stated in the USA Boxing ______ of ______ for non-athletes, I will remove myself from working a bout if there could be a perceived conflict of interest or a neutrality/partiality issue. (NRB, page 49)

116. Common flagrant fouls include ______________________________________________________________.

(RJM, page 17)

117. The Referee, upon noticing any bleeding, shall give the command _______ consider taking a boxer to the Ringside Physician depending on the severity of the injury. (RJM, page 22)

118. Tape or binding is not permitted on the competition uniform at national competition or competition leading to national competition. This rule may be _______ at the ______ level to support the waistband rule or to ensure the boxer’s uniform fits correctly, as boxers safety is the primary concern. (NRB, App E)

119. In all USA Boxing national competitions ______ judges will be used. (NRB, page 18)

120. At the end of each ________, the ________ shall collect the score cards of the judges and give them to the supervisor and deputy supervisor. (NRB, page 18)

121. A split decision on points is when the _______ of ______ appoint (1) boxer as the winner and the other judges appoint the other Boxer as the winner or as a draw. (NRB, page 19)

122. Number of _______ _______ on the target area is the most important scoring criteria. (NRB, page 19)

123. 10 vs. 8 is the round score for _______ ______. (NRB, page 19)

124. The referee should never ________ in between boxers after ordering “Break”. (RJM, page 21)

125. The referee, upon noticing any ________ shall start a standing eight (8) count. (RJM, page 22)
126. After the eight (8)-count, the Referee shall consider whether the Boxer is fit to continue or not and if the Boxer is unable to continue, the Referee shall take the Boxer to a __________ ________. (RJM, page 22)

127. The Referee may wear __________ __________. (RJM, page 28)

128. If she/he is the first Referee of the session, he/she should __________ the ring. (RJM, page 28)

129. For minor fouls the Referee should not ________ the bout to caution the boxer. (RJM, page 28)

130. For flagrant fouls the referee should command ________. (RJM, page 28)

131. To issue a warning, the Referee should send the other Boxer to the __________ __________. (RJM, page 29)

132. To administer an eight (8)-count the Referee should command ________ and send the other boxer to the __________ __________. (RJM, page 31)

133. During an eight (8)-count the Referee may ________ the count, if the Boxer does not remain in the neutral corner. (RJM, page 31)

134. When the Referee is giving a standing eight (8)-count, he/she must remember that the ________ of his/her attention should remain with the Boxer who is ________. (RJM, page 31)

135. After the Referee has said “Ten”, the Bout ends and must be decided as ________. (RJM, page 32)

136. If the Referee believes that the count to eight (8) or ten (10) would be detrimental to the safety of the Boxer, he/she will waive off the Bout and immediately call for ________ ________. (RJM, page 32)

137. The Referee may wipe gloves on their shirt. True or False? (RJM, page 32)