



Local & National Events Ringside Physician Information

By Dr. Armando Sanchez

Thank you very much for your interest in participating as a Ringside Physician for USA Boxing. You will find that the sport of amateur boxing is a sport that allows young athletes, and those young at heart, an opportunity to work hard at accomplishing personal goals through hard work, dedication a lot of sweat, and at times, some tears. Being a member of this boxing family brings you close to these athletes and you will join in their triumphs, not only in boxing, but also in life.

A. Requirements for a Ringside Physician

1. Possess an M.D. or D.O. medical degree
2. Have an active medical license in at least one of the 50 states
3. Be a registered member of USA Boxing
 - To register, please call the USA Boxing Membership Department at 719-866-2323
 - Registration is free for physicians
4. Successfully pass a yearly background check, which is paid for by USA Boxing
5. Be willing to volunteer your valued time
6. Wear your USA Boxing physician badge
7. Become familiar with the rules of amateur boxing versus those of other combat sports. Several rules of professional boxing do not apply to amateur boxing. USA Boxing Rule Book can be found on-line at www.usaboxing.org

B. The day of the event

1. Arrive about one hour early to check on the venue and to make sure that measures are in place for a safe event. Introduce yourself to the ambulance crew if available and plan an exit from the venue strategy before the event begins.
2. In order for an event to move forward, the Ringside Physician must be at ringside at all times. The Ringside Physician must be seated at a neutral corner in order to have a better view of the bout. **If for any reason (s) the ringside physician has to step away from ringside and no other**



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physician is available, the bout must be stopped until the physician returns. Please notify the ring captain if you plan on leaving ringside so that the necessary measures are taken.

3. After every bout, you must examine both boxers as they come out of the ring and be able to medically clear them before they leave.
4. **You must complete the necessary paperwork for each athlete after every bout. If a medical injury occurs, you must complete the medical injury reports that will be provided for you at ringside by the ring supervisor.**
5. **Safety is paramount in this sport. Please be attentive at all times during the bouts to make sure that the safety of the boxers comes first amongst all else.**

C. Summary:

1. As a Ringside Physician you must perform a pre-participation physical on all participating boxers before the event. The main reason for the pre-participation physical exam is to medically clear to boxer to compete in the event. Please see the description of the Pre-bout Physical Exam.
2. Be very vigilant during the bouts to make sure that the bout is conducted in a very safe manner. Remember, boxing is a contact sport and injuries may occur at any time. When necessary, confer with the referee about any potential stop in the bout.
3. Perform a Post-Bout physical exam as described in the attached memo and make sure to complete any injury report (s) before leaving the venue.
4. Enjoy the sport and welcome to the family.

D. Helpful Hintsinclude:

1. USA Boxing provides Medical Malpractice Insurance (see attachment)
2. Medical supplies should be provided at the event but please bring a "doctor's bag" if you have one
3. Please view the video on the USA Boxing website by clicking this link: <https://www.youtube.com/watch?v=MqqpN6FSbjk&feature=youtu.be&t=2s>



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Physician Activities in Amateur Boxing

Prepared by Dr. Armando Sanchez

- A. Materials needed
 1. Blood pressure cuff
 2. Stethoscope
 3. Otoscope (a penlight is **not** enough)
 4. Ophthalmoscope (a penlight may do)
 5. Scale (usually one is available for weigh-ins)
 6. Tongue blades
 7. Thermometer with plastic disposable probes (plenty of them)
 8. Recommend another assistant, i.e. another **M.D. or R.N.** or medical assistant

- B. Assess exam area
 1. It should be a quiet area
 2. It should be semi-private for all involved. There are female and male boxers examined at the same time
 3. It should provide for a comfortable environment, i.e. not too cold, not too hot

- C. Discuss with event organizer
 1. Availability of an ambulance
 2. Need for oxygen as this is required per rules
 3. Stretcher available. (Optional at local level)
 4. Exit routes to hospital
 5. Have local E.R. phone numbers available
 6. For major events, notify E.R. of event and what they may or may not expect

- D. Pre-Bout physicals
 1. Actual exam:
 - Exam pupils, ears and facial bones
 - Exam mouth, teeth and throat
 - Neck Exam
 - very important
 - check flexibility and presence or observance of pain



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2. Heart exam:
 - Pressure or absence of heart murmurs. irregular heartbeats or **extra** noises
 3. Lung exam
 4. Abdominal exam
 5. Chest: check for rib fractures, clavicle fractures
 6. Groin: may be deferred as per physicians' recommendation
 7. Skin exam: make sure there are **no** open wounds or vesicles
 8. Extremities: range of motion; look for "boxers" fracture
- E. Post Bout exam- at ringside preferably
1. check pupils
 2. check neck and rib cage
 3. check liver area
 4. check for any injuries to the jaw: dislocations and/or fractures



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USA Boxing Medical Professional Liability Coverage

USA Boxing is pleased to provide Medical Malpractice Insurance for USA Boxing Ringside Doctors
(Limited to MD & DO Registered Members)

Insured Name: USA Boxing, Inc.

Carrier: Homeland Insurance Company of New York **NAIC:**

Coverage 34452 Medical Professional Liability

PROFESSIONAL LIABILITY

Limit:	\$1,000,000	Per Claim
	\$3,000,000	Aggregate
	HIPPA Violation	
	Reimbursement	
	\$25,000	Aggregate
	Legal/Media Expense Reimbursement	Retroactive Date - As Per Insuring Agreement (A)
	\$5,000	Each Legal Defense Proceeding
	\$25,000	Aggregate for all Legal Defense Proceedings
Deductible:	\$0	Per Claim
	<i>NIA</i>	Aggregate

Endorsements: HPE - 300320-10-08 Specific Covered Operations/Services Volunteer physicians responsible for pre and post bout physicals, medical evaluations of referees and judges, evaluation of any injury in the ring and minor first aid for fight participants Coverage for suturing of the skin or other superficial fascia is provided under the policy.

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