



Masters Boxers FAQ

- A. What is the age range for Masters Boxers?
- 35+ years of age
- B. How are Masters bouts matched?
- Masters bouts can be matched within 10 years of age and within 10 lbs in weight. Most shows will match as close as possible to age and weight as long as the number of participants allow! Height is not considered when matching bouts.
- C. If I boxed as an amateur and turn professional can I come back and compete as a Masters amateur?
- No, you cannot. The same rules apply for Masters as it does for the Junior/Elite level boxers. If you have fought professionally you cannot box as an amateur!
- D. How long are Masters bouts?
- Masters bouts can range from 1 min in duration up to 2 minutes in duration with a 1 minute rest in between. The time is determined by the boxing show host/promoter.
- E. When and Where are Masters tournaments held?
- Local shows all over the country have Masters on their bout card. It's best to check with your local LBC. Currently, there are 2 large Masters tournaments. Ringside Masters Championship, Lenexa, KS, in March; and Gleason's, NYC, in June.
- F. What type of equipment is required in the Masters Division?
- 16oz gloves and a USA Boxing Certified Masters Headgear. You can purchase both from Ringside Boxing and Title Boxing. Headgear must have the USA Boxing Masters Insignia.
- G. I am new to Masters boxing. How would I find a Masters-friendly Gym/Coach?
- Join one of the social media sites for the Official USA Boxing Masters Group. Soon we will have this information placed on the USAboxing.org website. <https://www.facebook.com/groups/MastersAmateurBoxing/>
- H. Are there females competing in Masters boxing?
- Yes! The female's division is becoming one of the fastest growing divisions. We hope to double the level of participation this year.
- I. Can I compete as an Elite and Masters boxer?
- Yes, if you check the box on your USA Boxing registration and you qualify within the age range. However, you will be required to possess a Yellow Passbook (for Masters only) and a White Athlete's Passbook (for all other divisions).



USA Boxing, Inc.

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J. **What is a Masters Boxer?**

- a. If you want to box and you are age 41 and older, you will be classified as a Masters Boxer. If you are age 35 to 40, you may choose to box as a Master or you may choose to box as Senior/Elite (or both) until you reach the age of 41. Masters will have a different passbook than other boxers; the Masters book is yellow and will say Master on it. Masters must get a yearly physical that is more in-depth than what is required for other boxers. For more information, see Appendix H of the USA Boxing Competition Rulebook, or from the USA Boxing Home Page, click on Forms, click on Athlete Physical, then click on Masters Physical.

K. <http://www.teamusa.org/USA-Boxing/Rulebook/Forms-and-Documents/Masters-Physical-Exam-Form>

- a. Are there Golden Gloves or Masters National tournaments? Currently, there are no Masters Golden Gloves Franchises or Masters only National tournaments. However, we are working on creating a Masters National Tournament for 2018!



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