



Officials Practice Test
Level 1
(Updated 5-10-2020)

1. Bouts can be contested with _____ round times in all USA local boxing competitions. **(NRB, page 18)**
2. In all USA Boxing Prep competitions _____ and _____ boxers will box 3 rounds at 1 min, but _____ boxers will box 3 rounds at 1.5 minutes. **(NRB, page 18)**
3. In all USA Boxing _____ and _____ competitions, bouts will consist of 3 rounds at 3 minutes each. **(NRB, page 18)**
4. Boxers over 141 lbs. can use _____ or _____ oz. gloves. **(NRB, page 57)**
5. Which entity approves the LBC's portion of the sanction fee? _____. **(NRB, page 9)**
6. Does the USA Boxing national office have the right to review the LBCs' fee schedule? True or False. **(NRB, page 9)**
7. No _____ or _____ will be permitted on the competition uniform. **(NRB, page 56)**
8. No adornment may be affixed to the trunks such as _____ or _____ objects sequins etc. **(NRB, page 56)**
9. Boxers are _____ to have their last name embroidered onto competition trunks as long as it is a different color from the competition singlet/jersey. **(NRB, page 56)**
10. If USA Boxing provides competition uniforms, those competition uniforms _____ by all boxers. **(NRB, page 56)**
11. The no tape or binding rule may be relaxed at the local and LBC level (to support the _____) **(NRB, page 56)**
12. The lowest weight classification for a Masters men boxer is _____ lbs. **(NRB, page 66)**
13. The highest weight classification for a Masters women boxer is _____ lbs. **(NRB, page 67)**



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14. Masters boxers will be limited to boxing 3 rounds, between _____ and _____ minutes in duration. **(NRB, page 66)**
15. Master boxers are permitted to wear facial hair that is no longer than _____ inches. **(NRB, page 67)**
16. The referee may consult with the _____ with respect to any injury to the boxer. **(NRB, page 25)**
17. Once a boxer has entered the ring, the referee must ensure the boxer is wearing the appropriate _____ according to the rules. **(NRB, page 25)**
18. With or without previous warnings a referee can _____ a boxer for committing a serious foul? **(NRB, page 25)**
19. The boxer must be wearing no other objects except the _____ specified in the rules **(NRB, page 25)**
20. _____ are the rules which USA Boxing Local Boxing Committees, Affiliate Members, boxing members, and clubs must follow and respect in any of its competitions in accordance to activities at all levels. **(NRB, page 4)**
21. A _____ is a contest between two boxers taking place as part of a competition. **(NRB, page 4)**
22. _____ is the acronym for Disqualification. **(NRB, page 5)**
23. The _____ allocates points during a bout based on each boxer's performance in the ring in respect of the USA Boxing Technical Rules. **(NRB, page 5)**
24. The Referee must respect that the rest period is for the Boxers and Coaches, and the Referee must not _____. **(RJM, page 34)**
25. If the scoring system fails, the Judges will have to use _____ to score the whole round. **(RJM, page 35)**
26. At the bout's final bell, the Referee will give the command _____. **(RJM, page 35)**
27. At a USA National Competition, each bout will be judged by _____ judges who will be seated on _____ sides of the ring. **(NRB page 26)**
28. No judge will speak or give a sign to a _____ or to another judge. **(NRB page 26)**



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29. The _____ is responsible for overseeing officiating at the LBC level. **(NRB page 51)**
30. All certified officials are required to have a _____ with proof of registration. **(NRB, page 50)**
31. The standardized clinic material is on a _____ presentation and is available to clinicians on USA Boxing's website. **(NRB, page 51)**
32. A judge may only leave his or her seat at ring side when the _____ is announced. **(NRB, page 26)**
33. A boxer who is outside or partly outside the ropes as the result of a blow or series of blows is considered a _____. **(NRB, page 23)**
34. In compulsory count limits, a maximum of _____ eight counts will be given in a round, and the maximum of _____ will apply in one bout. **(NRB, page 23)**
35. The _____ warning to the same boxer in a bout will automatically disqualify the boxer. **(NRB, page 22)**
36. The main duty of the timekeeper is to regulate the _____ and _____ of the rounds and the intervals between rounds. **(NRB, page 26)**
37. _____ seconds before the end of each round, the timekeeper and gong/bell operator must signal the approaching end of the round. **(NRB, page 26)**
38. The timekeeper will be seated directly at the side of the ring next to the _____. **(NRB, page 27)**
39. The timekeeper and gong/bell operator must regulate all periods of time and counts by a _____ or _____. **(NRB, page 26)**
40. The timekeeper and gong/bell operator must start and end each round by striking the _____. **(NRB, page 26)**
41. If the referee gives the boxer a count up to 10, the downed boxer will lose by _____. **(NRB, page 21)**



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42. If a boxer fails to come out of the corner after the rest period, the opponent is the winner by _____. **(NRB, page 20)**
43. In all USA Boxing sanctioned events, _____ and _____ gloves are recommended. **(NRB, page 34)**
44. Gloves used in all USA Boxing competitions must be approved by _____ or _____. **(NRB, page 34)**
45. Gloves and headgear must be cleaned using _____ or comparable wipes. **(NRB, pages 35/36)**
46. The _____ of the Gloves must not be displaced or broken. **(NRB, page 35)**
47. Coaches/Seconds can only use a _____ water bottle. **(NRB, page 27)**
48. Coaches/Seconds will not be permitted to throw any item into the ring to demonstrate a disagreement or to kick any chair or water bottle or to take any other action that may be deemed as _____. **(NRB, page 28)**
49. The turnbuckles must be covered with a _____. **(NRB, page 28)**
50. Small, _____ plastic bags should be located in each neutral corner outside of the ring. **(NRB, page 29)**
51. Boxers exit out of the _____ corner to see the doctor when bout is over. **(NRB, page 30)**
52. Operating in a dual capacity as an R/J and coach at an LBC event _____ allowed. **(RJM, page 10)**
53. The number of bouts each official works as a referee or judge should be _____. **(RJM, page 11)**
54. Boxers, their coaches, the event supervisor, and the _____ must approve Developmental Bouts. **(NRB, page 68)**
55. The _____ must conduct the Developmental Bout as a competitive bout. **(NRB, page 68)**
56. The use of approved headgear is _____ in Developmental Bout contests. **(NRB, page 16)**
57. Judges may not score Developmental Bouts. There is no _____. **(NRB, page 16)**
58. At the conclusion of the Developmental Bout, both boxers' hands are raised by the _____ in the center of the ring. **(NRB, page 68)**



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59. Exhibition bouts are _____. **(NRB, page 16)**
60. Developmental Bout rest periods between rounds are limited to a duration of _____ minute. **(NRB, page 16)**
61. Both boxers in USA Boxing Developmental Bouts must wear gloves of the same _____. **(NRB, page 68)**
62. Any boxer who has participated as a professional in any physical combat sport _____ be eligible to compete as an athlete in USA Boxing. **(NRB, page 7)**
63. All participants must be a _____ with USA Boxing to work or compete at any and all competitions. **(NRB, page 8)**
64. To work or compete at any and all USA Boxing competitions, one must have current _____, be properly _____, and not be under suspension from _____. **(NRB, page 8)**
65. If a boxer fails to make the weight limit, said boxer is _____. **(NRB, page 16)**
66. The _____ must be conducted by officials authorized by the supervisor, and those officials _____ be of the same gender as the boxer. **(NRB, page 17)**
67. Matched bouts must be in accordance with _____ and _____ limitations. **(NRB, page 16)**
68. Boxers must always adhere to the competition rules of the _____ age division. **(NRB, page 16)**
69. Headgear must be worn at _____ competitions. **(NRB, page 16)**
70. A Boxer with _____ bouts a boxer may elect to enter the Open Division. **(NRB, page 16)**
71. A Boxer's _____ Bout must be competed as an Open Boxer. **(NRB, page 16)**
72. Matched bouts will be made with the coach's discretion with final match approval by the _____. **(NRB, page 16)**
73. If approved, the boxer will present the Affidavit of Religious Exemption form with passbook when _____ at the boxing competition. **(NRB, page 16)**



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74. At USA Boxing National Competitions in addition to the General Weigh-in all boxers must weigh in on the _____. **(NRB, page 16)**
75. At USA Boxing National Competitions a boxer will be present at the _____ of the General and Daily Weigh-in. **(NRB, page 16)**
76. At USA Boxing National Competitions General and Daily Weigh-in, if the boxer fails to make the weight limit, said boxer is _____. **(NRB, page 17)**
77. The Weigh-In must be conducted by officials authorized by the supervisor, and must be of the same _____ as the boxer. **(NRB, page 17)**
78. A boxer will be allowed to be present at the official scales _____. **(NRB, page 17)**
79. At all USA Boxing national tournaments, medical examinations will take place _____ boxer's stepping on the scale for the General and Daily Weigh-ins. **(NRB, page 17)**
80. Boxers must remove all facial hair _____ stepping on the scale at the official weigh-in. **(NRB, page 17)**
81. When necessary at the official weigh-in, the boxer may take off the _____. **(NRB, page 17)**
82. One (1) team official or boxer representative is _____ to attend the Official Draw for confirmation of boxer entry into the Official Draw. **(NRB, page 17)**
83. A computerized draw system is to be _____ in all USA Boxing national competitions. **(NRB, page 17)**
84. Exhibition bouts are _____. The ring announcer must clearly identify and announce to the audience the purpose of USA Boxing Developmental Bouts. **(NRB, page 68)**
85. All non-athletes are required to complete SafeSport Training every _____ year. **(NRB, page 7)**
86. Any boxer who boxes for a club or organization, which is not a registered member of the LBC, must enter the contest as _____. **(NRB, page 7)**
87. All participants must be a _____ with USA Boxing to work or compete at any and all competitions. **(NRB, page 8)**
88. What material is permitted on the face? _____ **(NRB, page 37)**
89. Where can detailed _____ on Boxers uniform Guidelines be found? **(NRB, page 56)**



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90. Red and blue uniforms, in conjunction with the assigned corner, are _____ for all USA Boxing competitions. **(NRB, page 56)**
91. Boxers must wear a _____ athletic shirt (singlet or jersey), of a different color from the waistband of the trunks. **(NRB, page 56)**
92. If a boxer, in the opinion of the referee, is unfit to continue because of a sustained or increased injury from correct punches, the bout will be stopped and the opponent will be declared the winner of the bout by _____. **(NRB, page 20)**
93. If a boxer, in the opinion of the referee, becomes incapable of continuing to compete because of an injury sustained not from punches, the bout will be stopped and the opponent will be declared the _____ of the bout by RSC-I **(NRB, page 20)**
94. In the case the supervisor knows in advance that a boxer will not be present, he/she may cancel an official _____ procedure, and the result must be officially announced. **(NRB, page 21)**
95. For minor fouls, cautions can be given without the command _____. **(RJM, page 16)**
96. For persistent major fouls, the Referee should command _____ and issue a caution. **(RJM, page 16)**
97. Following a hard punch, the Boxer has not fallen and is not lying on the ropes, but is in a semi-conscious state and cannot continue the bout, the Boxer is considered _____. **(RJM, page 18)**
98. A _____ is given when a Boxer breaks the rules. **(RJM, page 16)**
99. Boxers between the ages of _____ to _____ are categorized as Youth Boxers. **(NRB, page 12)**
100. The weight differential for a 152lb. Male Youth Boxer is _____. **(NRB, page 57)**
101. The _____ will authorize the start of the weigh in and medical examination. **(NRB, page 39)**



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102. What score represents a clear winner due to the big difference in number of quality blows?
_____. **(RJM, page 26)**
103. A Judges score may be tied at the end of a round. True or False? **(RJM, page 26)**
104. When both boxers are evenly matched in most of the criteria, the judges should score the round _____. **(RJM, page 26)**
105. Disregarding any personal issues, clearing the mind of all negativity, staying focused, calm, and balanced are all ways that a referee can _____ prepare for a bout. **(RJM, page 13)**
106. If a 15yr old boxer is boxing a 14yr old boxer, how long is the round? _____ or _____.
(Appendix F)
107. What size gloves are used in a bout with Junior boxers who are 145lbs? _____ **(Appendix F)**
108. If a 143lb 17yr old male boxer is competing against a 138lbs 15yr old boxer, what size are the gloves? _____ **(Appendix F)**
109. Can an 18yr old Youth boxer compete against a 39yr old Elite boxer? _____ **(Appendix F)**
110. Individuals who have competed in amateur combat sports will compete in the _____ division of their age division for all USA Boxing sanctioned events. **(NRB, page 15)**
111. All members who wish to participate in USA Boxing sanctioned events MUST present their _____ to the event coordinator, or its designee. **(NRB, page 15)**
112. Boxer with zero (0) to ten (10) bouts will be classified a _____, at five (5) bouts a boxer may elect to enter the _____. A Boxer's eleventh (11th) Bout must be competed as an _____. **(NRB, page 16)**
113. Failure to comply with the USA Boxing Code of Conduct may result in your USA Boxing membership being _____ or _____. **(NRB, page 46)**
114. Following any disciplinary action by USA Boxing, the disciplined member has a right to a _____ by the Judicial Committee, if requested in writing and within the statute of limitations, and submitted with the filing fee. **(NRB, page 46)**



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115. As stated in the USA Boxing _____ of _____ for non-athletes, I will remove myself from working a bout if there could be a perceived conflict of interest or a neutrality/partiality issue. **(NRB, page 49)**
116. Common flagrant fouls include _____
_____. **(RJM, page 17)**
117. The Referee, upon noticing any bleeding, shall give the command _____, consider taking a boxer to the Ringside Physician depending on the severity of the injury. **(RJM, page 22)**
118. Tape or binding is not permitted on the competition uniform at national competition or competition leading to national competition. This rule may be _____ at the _____ level to support the waistband rule or to ensure the boxer's uniform fits correctly, as boxers safety is the primary concern. **(NRB, App E)**
119. In all USA Boxing national competitions _____ judges will be used. **(NRB, page 18)**
120. At the end of each _____, the _____ shall collect the score cards of the judges and give them to the supervisor and deputy supervisor. **(NRB, page 18)**
121. A split decision on points is when the _____ of _____ appoint (1) boxer as the winner and the other judges appoint the other Boxer as the winner or as a draw. **(NRB, page 19)**
122. Number of _____ _____ on the target area is the most important scoring criteria. **(NRB, page 19)**
123. 10 vs. 8 is the round score for _____ _____. **(NRB, page 19)**
124. The referee should never _____ in between boxers after ordering "Break". **(RJM, page 21)**
125. The referee, upon noticing any _____, shall start a standing eight (8) count. **(RJM, page 22)**



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126. After the eight (8)-count, the Referee shall consider whether the Boxer is fit to continue or not and if the Boxer is unable to continue, the Referee shall take the Boxer to a _____. **(RJM, page 22)**
127. The Referee may wear _____. **(RJM, page 28)**
128. If she/he is the first Referee of the session, he/she should _____ the ring. **(RJM, page 28)**
129. For minor fouls the Referee should not _____ the bout to caution the boxer. **(RJM, page 28)**
130. For flagrant fouls the referee should command _____. **(RJM, page 28)**
131. To issue a warning, the Referee should send the other Boxer to the _____. **(RJM, page 29)**
132. To administer an eight (8)-count the Referee should command _____ and send the other boxer to the _____. **(RJM, page 31)**
133. During an eight (8)-count the Referee may _____ the count, if the Boxer does not remain in the neutral corner. **(RJM, page 31)**
134. When the Referee is giving a standing eight (8)-count, he/she must remember that the _____ of his/her attention should remain with the Boxer who is _____. **(RJM, page 31)**
135. After the Referee has said "Ten", the Bout ends and must be decided as _____. **(RJM, page 32)**
136. If the Referee believes that the count to eight (8) or ten (10) would be detrimental to the safety of the Boxer, he/she will waive off the Bout and immediately call for _____. **(RJM, page 32)**
137. The Referee may wipe gloves on their shirt. True or False? **(RJM, page 32)**



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