

USA Boxing Frequently Asked Questions

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General

What is USA Boxing?

USA Boxing (USAB) is the National Governing Body for Olympic-style boxing in the United States. USAB is a non-profit corporation and a member of the United States Olympic and Paralympic Committee. USAB oversees the training, competition, and development of the sport, as well as nominating athletes to the U.S. Olympic, Youth Olympic, and Pan American Teams. The International Boxing Federation (AIBA) recognizes USAB as the federation responsible for the governance of boxing in the United States.

What is an LBC?

LBC stands for Local Boxing Committee. USA Boxing is comprised of 57 different LBCs nationally. While many LBCs represent entire states, some states have more than one. In addition, two of the LBCs represent collegiate boxing clubs. LBCs follow USAB guidelines to regulate USA Boxing programs, clubs, and events within their jurisdiction. LBCs approve new clubs and sanctioned events. LBCs are assigned by one's home address (special exceptions are made for collegiate boxers).

Is Boxing Safe?

Like all sports, there are risks associated with boxing. However, USA Boxing has taken numerous steps to preserve the safety of our participants.

- We require the use of protective equipment (headgear, mouthguard, and cup protector) for all boxers (Females may choose to use a cup protector)
- All boxers are required to pass an annual physical conducted by a licensed physician, nurse practitioner, or physician's assistant (working under a physician)
- Rounds and bouts are shorter than those found in professional boxing, reducing the risk of injury
- All sanctioned bouts require a ringside physician to be present

The University of Notre Dame conducted a study on the safety of amateur boxing, which you can read [HERE](#).

Why Join USA Boxing?

Boxing is a great way to stay in shape, meet new people, learn from some of the best boxing minds in the sport, and join the Olympic movement. Other benefits include:

- \$25,000 of secondary accident and injury insurance, should a member sustain an injury during an organized practice or competition
- Participation in USA Boxing sanctioned events. We have events at every level, from local grassroots events to competing in the Summer Olympics
- Access to an organization who prioritizes the safety of its members. All coaches, officials, and ringside physicians are required to undergo a thorough background screening and an athlete safety course.
- Earn exclusive discounts on USA Boxing merchandise
- ...and much more

What Is the Cost to Join USA Boxing?

Prices depend on location, membership type, and age (if you plan to box). The average price for a boxer is \$65.00 and the average price for a coach/official is \$90.00.

How Long is my Membership For?

Memberships are valid for one year – January to December. All memberships expire on December 31 of that year. For example, if someone registers August 1, their membership will expire December 31 of that year. The best time to register is during our early registration period each November. This pays for membership through the end of the calendar year PLUS all of next year,

Registration

How Do I Register with USA Boxing?

Whether you plan on registering as a boxer, coach, official or ringside physician, the first step is to sign-up. To register:

1. Click [HERE](#) to begin registration. (If the link does not work, copy <https://webpoint.usaboxing.org/wp/Memberships/Join.wp> into your web browser)
2. Begin by entering your personal information then click [SUBMIT](#) at the bottom of the page.
3. Choose your club (gym) and membership type. You are not required to be part of a gym or club to join USA Boxing. You will also be asked to choose one of the following membership types:
 - **Non-Athlete:** Ideal for coaches, trainers, officials, not looking to box
 - **Athlete:** For those who plan on boxing
 - **Parkinson's Fitness Membership:** For those participating with a USAB certified fitness trainer or facility, who specializes in Parkinson's specific boxing-therapy
 - **Fitness Membership:** For those looking to participate in a *non-contact* fitness regimen through a USAB certified program/facility

Once you've selected a membership type, click [SUBMIT](#) to go to the next page.

4. Here, you review and agree to the "Waiver, Release, and Assumption of Risk" document.
5. ***For non-athlete members only*** Non-athlete members are required to have a full background screening every other year. This screen will explain your rights and capture your approval to the background screening.
6. Next, you'll be directed to the *Waiver, Release, and Assumption of Risk* page explaining the risks associated with boxing.
7. Once you accept the, "Waiver, Release, and Assumption of Risk," you will be given the opportunity to purchase authentic USA Boxing merchandise. Click Submit to proceed.
8. Lastly, you will be asked to review all personal and membership information before finalizing your application. If everything is correct, enter your payment information and click [Join](#) at the bottom. This concludes the online portion of your registration

Now that I'm registered, what is the next step?

The following step is to obtain your passbook. A passbook tracks your activity with USA Boxing (number of bouts, W/L record, certifications, etc.). Without it, members cannot not officiate, coach, nor box. You will receive a membership confirmation document that will outline instructions on obtaining Below is a rundown on the various passbook types:

Athletes:

You must provide proof of age and citizenship via a certified copy of your birth certificate or a photocopy of your passport page that includes your photo and vital statistics. You are required to submit two small, passport-size photos; one of which will be affixed to your passbook. In addition, all athletes are required to pass a yearly physical exam with corresponding documentation. Once you submit the required documents as instructed on your membership confirmation page, you will receive a white athlete passbook from the LBC registration chair. **DO NOT LOSE YOUR BOOK!** You **must** have this book with you to box at an event.

Passbooks for Officials, Coaches, Physicians & Non-athletes:

Coaches and officials must obtain a copy of their registration confirmation page, two small, passport-size photos, clear their background screening and complete their Safesport certification to receive to their passbook. Once this is done, documents are sent to the LBC registration chair for approval. Once approved, the LBC registration chair will mail the passbook to the address on file with USA Boxing. As a reference, these instructions are outlined on your registration confirmation page. Coaches receive red passbooks, while officials receive blue passbooks. **DO NOT LOSE YOUR BOOK,** as you will need your book to work an event.

[Certifications and Clinics](#)

To participate as a coach or an official, you must be certified. The following information will explain the certification requirements for coaches and officials, respectively.

[What is SafeSport?](#)

Upon signing up, all non-athlete members are required to be SafeSport certified. SafeSport is an online program developed by the U.S. Olympic and Paralympic Committee and the U.S. Center for Safe Sport. The objective of the course is to emphasize the importance of athlete safety. It consists of a series of online readings and videos, with a quiz at the end of each module. Once all modules are complete, you'll be required to take a final exam going over the entire course. If you do not pass it the first time, you may take it again. Upon passing the test, the US Center for Safe Sport will update your USA Boxing member profile, indicating you have completed the course.

[How do I become a coach?](#)

To work your boxer's corner, you **must** certify as a coach. Our current coaching certification follows a color-coded system: Green, Bronze, Silver, Gold. Our new curriculum incorporates the American Development Model of coaching, a system designed to promote long term athlete development using quality coaching concepts to promote sustained physical activity. Information on the ADM can be found here:

[American Development Model](#)

The Green level certification course is free and only available online. Click the link below for more information on our coaching programs, including coaching resources, helpful tips, clinics, and more.

[Coaching Home Page](#)

[How do I become an official?](#)

The certification process for officials is very similar to the one used by coaches, as both require a current membership and Safesport certification. There are currently five levels of certification:

- Official's Pathway – An online certification that certifies an official to become a timekeeper, clerk, or glove table official. This is the entry level Officials course.
- Level I – This course teaches more advanced officiating concepts than the previous level in preparation to officiate local/regional events. A Level I certification now requires you to attend a clinic.
- Level II – Concepts taught at this level are for officials expected to officiate at local or regional events.
- Level III – This is for officials seeking to participate at national level events.
- AIBA Certified- This is the highest level of certification awarded to officials. Ideal for those looking to participate internationally. Only the top 20 officials ranked by AIBA are eligible to apply.

The [Officials Home Page](#) is a great resource for all things officiating.

Do I need an email address?

We strongly encourage all members to provide an email address, as this is the primary means USA Boxing communicates with members, regarding their membership status, certifications, upcoming events, important rule changes, and more. As a member, you have control over the types and number of emails you receive. To specify which types of emails you want to receive:

- Log in to your profile
- Select the Main Info at the top,
- Select Email Preferences on the second row of tabs and choose your preferences.

What is the background screening for?

Safety of our members is our utmost concern. We require all non-athlete members (coaches, officials, physicians, etc.) to submit to a background screening every year. Background screenings cost \$35.00 and are paid every other year, beginning when you register. The cost of the background screen is in addition to your membership fees. In most cases, background screenings take between 3 to 5 business days to complete.

Why do you need my Social Security Number?

We only ask for your Social Security Number if you are registering as a non-athlete (coach, official, or ringside physician). Your SSN is very important in correctly identifying you for the background screening. We **DO NOT** keep your SSN on file. Please make sure you enter your SSN correctly, or it will delay your background screening.

What if I do not have a Social Security Number?

We realize we have many members who are not U.S. Citizens and may not have Social Security Numbers. If you do not have a Social Security Number, you can still be a member of USA Boxing. At the current time, you will not be able to register online. You must call the USA Boxing national office at 719-866-2323, and we can get you registered over the phone. Please have your debit or credit card information available.

How do I renew my membership?

Renewing your membership can be done online. If you do not know, your login information, try the "Forgot User Name/User ID or Password?" link on our website (Access that site [HERE](#)). If that does not

work, either contact our office at 719-866-2323 or email us at membership@usaboxing.org and we will gladly look up this information for you.

Once you are past the log in screen, just follow the steps. If you are not automatically prompted to register, select "Renew Membership" in quick navigation section on the right-hand side of your home page. Please ensure your contact information is up to date. The final step will prompt you to pay membership fee with a Visa or Master Card. If you do not have one, we also accept Visa and Mastercard gift cards, which are available at a number of retailers.

If you are a boxer and have received your passbook, print your membership card and tape it to either the inside cover of your passbook. Make sure you have proof of a current physical exam in your passbook. If you lost your passbook, contact your LBC registration chair for a replacement. Your registration chair's name will be on your membership confirmation page or on our LBC directory. Click [HERE](#) for the LBC Directory.

Coaches and officials may be prompted for a background screening and/or Safe Sport certification. Once your membership is current (not In-Progress), print your membership card and tape it inside your passbook.

[I was a member of USA Boxing was many years ago. Should I register as a new member?](#)

The USA Boxing database retains membership information for many years, meaning it is likely you are still in our database. To locate your old information click [HERE](#) and select "Forgot User Name/User ID or Password" and follow the prompts. If you are not able to obtain your login information, please contact us at 719-866-2323, or email us at membership@usaboxing.org and we can help locate your account.

[What do I do if I lost my passbook?](#)

Contact the registration chair of your LBC (Local Boxing Committee). You may be charged a fee for an additional book. Please do not lose them as your passbooks are the only way you can participate in events. You can find the LBC Directory [HERE](#).

[Help! I forgot my user name and password!](#)

You have a couple of options.

1. Click [HERE](#) to go to the user name/password recovery page. Complete the information on screen. If your information is valid, you will receive an email to help you log in.
2. If that does not work, email us at membership@usaboxing.org or call Member Services at 719-866-2323 and we can help locate your user name and reset your password.
membership@usaboxing.org *(Please note our phone number and email are only monitored during business hours, M-F, 8am to 5pm, Mountain time.)*

[What is a Masters Boxer?](#)

If you want to box and are age 41 and older, you will be classified as a Masters Boxer. Boxers ages 35 to 40 may choose to box in the Masters, Elite (ages 19 – 40), or both categories until the age of 41. Masters boxers carry a yellow passbook and are required to pass a more comprehensive physical than what is required for other boxers each year. More information on Masters boxing can be found in Appendix H of our national rulebook. Click [HERE](#) to obtain a copy of our rulebook.

Do I need to get a physical exam before I can box?

Yes! It is mandatory for all boxers to get a physical exam/sports physical and be cleared to participate before they can box.

We have two different physical forms:

- Masters boxers -- Click [HERE](#)
- All other boxers -- Click [HERE](#)

You will find more information regarding boxer physicals in our rulebook. Click [HERE](#) to view our rulebook.

Club Registration

What is a club registration?

A club registration recognizes your boxing gym/fitness facility as a USA Boxing certified location. Most importantly, it allows your gym or facility to benefit from USA Boxing's insurance policy. This policy provides you, as the gym owner, with general liability coverage to cover you in the event of injuries or damages resulting from a USA Boxing sanctioned activity. Click [HERE](#) for more information on our insurance policy. Secondly, being a registered facility grants you the ability to host USA Boxing sanctioned events at the registered facility. Lastly, you will receive an exclusive USA Boxing poster to hang in your club. This is a great way to make your club really stand out. Club registration is only available to members with an active non-athlete membership and the average cost to register your club/gym varies by state. On average, members pay between \$180.00 and \$250.00 per year.

How do I register my club?

1. Log in to your USA Boxing account by clicking [HERE](#)
2. Once you are logged in, locate the "Member Home" area on the left-hand side
3. Click on "Register A New Club"
4. Complete the application and click submit

Once the application is complete, you will be required to pay your club membership dues. When everything has been turned in, we will send a request to your local LBC for approval.

What is a club certificate?

Your club certificate represents your club's membership with USA Boxing. Once your club has been approved, the club administrator may print an official club certificate through their USA Boxing online profile. To print the club certificate:

1. Log in to your USA Boxing account [HERE](#)
2. Once logged in, locate the "Club Administration" section on the left-hand side of the home page
3. Click on the "Print Club Certificate" link to generate your document

In addition, all clubs registered with USA Boxing will be mailed a 36" x 24" club poster each year to hang in their gym.

How do I renew my club membership?

Only member(s) listed as the club administrator may renew the club. To renew your club:

1. Log in to your USA Boxing account [HERE](#)
2. Once logged in, locate the “Club Administration” section on the left-hand side of the home page
3. Click on “Renew My Club” and complete the on-screen application. **If you do not see the link to renew your club, you may not be listed as club administrator. If this is incorrect, please email membership@usaboxing.org, or call (719) 866-2323, and we’ll be glad to get this resolved for you.**

When I registered with USA Boxing, my club was not listed. Why?

Only clubs with a current USA Boxing membership will be listed. Even though your club was previously registered, a lapsed club membership will not allow you to select that club. Once that club renews their membership, please call us (719) 866-2323 or email membership@usaboxing.org and we’ll be glad to reattach you to your club.

Can I host an event at my club?

To host an authorized USA Boxing event, you are required to have a sanction. A sanction is an official permit, granted to you by USA Boxing, giving you the right to host an event. More importantly, events and activities **MUST** be authorized to receive coverage through the insurance policy included with your USA Boxing club membership.

How do I apply for a sanction?

To apply for a sanction, you must be a club or LBC administrator. To apply:

1. Log in to your USA Boxing account [HERE](#)
2. Once logged in, locate the “Event Administration” section on the left-hand side of the home page and click “Submit an Event”
3. On the next screen, you will be asked to choose the type of sanction you are applying for
 - Club Event – This is the most common sanction. This sanction is for clubs looking to host an event at their gym, featuring boxers within their gym and the immediate community
 - LBC Event - Typically a larger scale event that may bring a higher level of competition. This can include citywide or regional events
 - Golden Gloves - Only members of the Golden Glove franchise can apply for this type of sanction
 - Third Party/Charitable Event - An event where the proceeds benefit a third party not associated with the club or local LBC.
 - Pro-Am – This event hosts a combination of profession and amateur bouts. Applicants are only required to obtain a sanction for the amateur portion of the event. Promoters who have questions for the professional portion of the event should contact their state athletic commission for more information.
 - **Applicants looking for a Junior Olympic (JO) sanction will need to contact the national office at (719) 866-2323.**

When registering for a sanction please have the following information available:

- The Official in charge. Contact your LBC if you need assistance obtaining an official
- The event’s ringside doctor (can be entered later)
- Event details (Location, Date, and Time)

- Payment information

Once you've completed the application process online, your LBC will need to approve it. Upon your sanction's approval, you will receive an email. As each LBC operates a little differently, it is a good idea to contact the LBC President and Chief of Officials prior to applying to make sure the date you want is available.

Does USA Boxing provide insurance?

Yes. Your membership with USA Boxing includes insurance -- injury/accident insurance for athletes, coaches, officials and other volunteers, and liability insurance for clubs and events. For more information, please see our [Insurance Manual](#).