



2022 USA BOXING ELITE HIGH PERFORMANCE SQUAD QUALIFICATION GUIDELINES MEN & WOMEN

Minimum Eligibility Requirements

In order to be considered eligible to qualify as a member of USA Boxing's 2022 Elite High Performance Squad, athletes must meet the following criteria:

1. Athlete must have proof of U.S. citizenship
2. Athlete must be eligible to compete for USA in accordance with all USA Boxing rules.
3. Athlete must be a member in good standing of USA Boxing, meaning the athlete is not under suspension from USA Boxing.
4. Athlete must be born between January 1, 1983, and December 31, 2003.
5. Athlete must meet all requirements to be eligible to train at the Olympic & Paralympic Training Center (OPTC), as established by the US Olympic & Paralympic Committee (USOPC). These requirements include:
 - a. Completed Safe Sport Certification
 - b. Completed background screening

In addition to the minimum eligibility requirements above, athletes must meet at least one of the following performance markers to be eligible for selection to a High Performance Camp, where he or she will be evaluated to determine qualification to the High Performance Squad.

- A. Athlete must have been a member of the 2020 Olympic Team
- B. Athlete must have been a member of the 2021 Elite World Championships Team
- C. Athlete must finish in the top four (4) in the elite division at one of the following events:
 - 2021 USA Boxing National Championships
 - December 5-11, 2021 – Shreveport, Louisiana
 - 2022 National Qualifier
 - April 23-30, 2022 – Cleveland, Ohio
 - 2022 National Junior Olympics & Summer Festival
 - July 9-16, 2022 – Wichita, Kansas

Evaluation & High Performance Squad Qualification

Athletes who meet the requirements above are eligible to be selected to participate as a training partner at a USA Boxing Elite High Performance Training Camp. Eligibility does not guarantee selection, as selections are made based on the discretion of USA Boxing's High Performance Staff based on the High Performance Team's training needs.

Each athlete who participates in a USA Boxing Elite High Performance Training Camp will be evaluated by the USA Boxing High Performance Staff. This evaluation will be based on the High Performance Evaluation Guidelines outlined in Attachment A.



Once the evaluation process is complete, athletes that meet the minimum evaluation score of 75 will be designated as members of the Elite High Performance Squad and will be ranked in a projected Olympic weight division according to his or her evaluation score.

Note: Qualification to the High Performance Squad does not guarantee participation at international events or qualify athletes for High Performance Team benefits.

DISCLAIMER: USA Boxing reserves the right to make changes to these procedures as deemed necessary.



Attachment A

High Performance Evaluation Guidelines

Athletes will be evaluated on the following categories during USA Boxing Elite Team Training Camps:

USA Boxing Athlete Evaluation Form		
Athlete Name:	Weight Class:	
Evaluation Topic	Max 10 Points per Category	Comments
High Performance Compliance: Ability to follow Covid-19 protocol, Team Policies & Procedures, participate fully in individual and team activities.		
International Performance Potential: Potential for success at the international level based on assessment of technique and skill by USA Boxing's Coaching Staff.		
Weight Management: Compliance with Body Weight Management Policy as listed in Team Policies and Procedures.		
Health Management: Compliance with all Medical Rules and Guidelines as listed in Team Policies & Procedures		
High Performance Mindset: Displays drive, determination, willingness to learn new concepts, continuous improvement mindset.		
Evaluation Topic	Max 50 Points per Category	
Performance in Training: Successful implementation of techniques and tactics taught by National Head Coach, National Strength & Conditioning Coach, and High Performance Staff based on the subcategories listed on the following page.		
Boxer Evaluation Score		

Scoring Guide					
0	1 or 2	3 or 4	5 to 6	7 to 8	9 to 10
Very Poor	Poor	Below Average	Average	Above Average	Excellent



Performance in Training Subcategories

Athlete Name:	Weight Class:	
	Event Name & Date:	
Evaluation Topic (Technical/Tactical Criteria)	0 - 5	Comments
Competitiveness/Domination		
Combination Punching		
Defense/Counter Punching		
Effective Jab		
Mental Toughness/Conditioning		
Effective Feinting		
Intensity/Time Between Attacks		
Coachability		
Adaptability		
Rules Infringement/Ring General		
Total		

Scoring Guide		
0	Very Poor	Did not fulfill any aspect of topic
1	Poor	Boxer not competitive, taking too much punishment
2	Below Average	Boxer did not demonstrate enough boxing criteria
3	Average	Boxing demonstrated adequately in boxing criteria, but not consistent
4	Above Average	Boxer demonstrated majority of boxing criteria proficiently
5	Excellent	Boxer demonstrated all boxing criteria consistently and dominantly