SAFETY OF THE BOXER

“I would rather stop 1,000 bouts too soon, than one too late”
“If in doubt - give a count”
“If in doubt - stop the bout”
Why do we conduct clinics?

To provide you with a better understanding of AOB/Olympic style boxing; the reasoning behind our rules, scoring system, the need for continuous education and to render the best possible decision for its boxers.

This PowerPoint mimics the USA Boxing compliance requirements.
Why …

• USA Boxing compliance requirement
• Officials certification – recertification
• For all participating members of USA Boxing
  – Improve the comfort level
  – Promote credibility
  – Reduce legal liability
International Olympic Committee

AIBA
(Association Internationale de Boxe Amateur)

Sports Governing Body

USOC
(United States Olympic Committee)

National Governing Body

USA Boxing

Revised 11.1.17
Olympic-style Amateur Boxing

- Is a blend of offensive and defensive skills used in the art of self defense

- Where a boxer uses speed, maneuverability and technique to outscore the opponent and win the decision

- It transforms the combination of conditioning, defense, offense and strategy into a skilled and exciting sport
Ted Stevens Olympic and Amateur Sports Act

- Establishes the operational ground rules for the United States Olympic Committee and specifics requirements for its national governing bodies

- Gives the boxer the right to fair notice and opportunity for a hearing before declaring such individual ineligible to participate

- Increases the boxer’s representation, and protection of the USOC against lawsuits involving the right to participate

- An individual who is declared suspended for any reason is not allowed to participate in a USA Boxing event in any capacity
- Conduct themselves in a professional manner and in accordance with USA Boxing’s code of conduct
- Must act in a manner consistent with the spirit of fair play (neutrality)
- Must avoid conflicts of interest by not officiating in any bout that involves a participant from your current or former region (state) – by informing your Ringside Supervisor
- Must avoid conflict bouts whereby there is an emotional attachment (coaching, training, relative, etc.)
- Must avoid the consumption of alcohol or any other substance anytime while in uniform
- Must recognize that the code of conduct does not establish a complete set of rules that prescribes every aspect of appropriate and/or inappropriate behavior
Official’s Proficiency Levels
# Level I Official Requirements

(Certification is good for 2 years)

## TO BECOME:

- Register with USA Boxing as a non-athlete and pass the background screening
- Pass the Level I exam with 80% or better either online or at a clinic or R/J workshop
- Obtain an Officials Passbook
- Contact your LBC COO for mentoring and instructions on how to start working as an official

## TO MAINTAIN:

- Maintain a current USA Boxing membership
- Actively participate in your LBC’s events
- Participate and learn the functions of timekeeper, clerk and judge at sanctioned events
- If desired, learn the functions of a referee
- Keep your official’s certification current by attending a clinic or recertifying online before your certification lapses

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Level II Official Requirements
(Certification is good for 2 years)

TO BECOME:

• Be registered as a non-athlete member of USA Boxing and actively participate in your LBC with satisfactory performance – **working as a Level I Official for a minimum of 2 years**

• Be proficient as a timekeeper, clerk, glove table, judge – plus referee, if desired

• Must have worked at least one regional advancing tournament since your last certification clinic which must be notated in your official’s passbook.

• Attend a certification clinic and pass the level II test with a score of 80% or better

TO MAINTAIN:

• Maintain a current USA Boxing membership

• Actively participate in your LBC’s events with satisfactory performance

• Must have worked at least one regional tournament within the last 2 years which must be notated in your official’s passbook

• Recertify at an officials’ clinic or R/J workshop and pass the Level II exam with 80% or better, prior to your certification lapsing

Revised 11.1.17
Level III Official Requirements
(Certification is good for 2 years)

TO BECOME:

- Have been a registered member of USA Boxing for at least 3 years
- Actively participate with satisfactory performance in your LBC
- Work as a Level II Official for a minimum of 2 years
- Be proficient as a timekeeper, clerk, glove table, and judge. Referee, if desired
- Must have worked at a Regional and/or National level for a minimum of 2 years
- Take the Level III test at a designated national event* given by an AIBA official, and pass the test with 90% or better.

*The designated national events are:
USA Boxing National Championships, USA Boxing JO Championships, National Qualifier tournaments, and National Golden Gloves and National PAL

Level III officials must complete a Level III Exam Admission/Verification Form (EAV) (Part I) and have it signed by the LBC President and COO (Part II) to test at one of the designated national tournaments
Level III Official Requirements
(Certification is good for 2 years)

TO MAINTAIN:

- Maintain a current membership with USA Boxing
- Actively participate in your LBC events with ongoing satisfactory performance
- Must keep Official’s passbook current with sustaining information and requirements
- Re-take a Level III exam at a designated national event given by an AIBA official and pass with 90% or better

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The Master Officials program is designed for officials who have served worldwide or on a national level, in a distinguished, honorable, and active manner for a minimum of 15 years. To maintain the Master Official status you must meet the requirements for testing, certification and proficiency level as established by USA Boxing.

– must have reached the age of 65 years
– must be active throughout the 15 years
Official’s Clinic Process

- All certification clinics must have an Official's Clinic Number (OCN)
- OCNs are requested from Member Services and the request form must be signed by the LBC president and chief of officials
- No officials passbook with substantiating information -- no examination
- Upon completion of a certification clinic, an examination must be administered to the officials in attendance by the clinician
- The clinician must complete and submit a transmittal form (level specific) to USA Boxing Member Services
- The clinician must write the OCN and other required information in the attendees passbook
Clinician Process

- Upon completion of a certification clinic, an examination must be administered to the officials in attendance by the clinician.
- The clinician must complete and submit a transmittal form (level specific) to USA Boxing Member Services.
- The clinician must write the OCN and other required information in the attendees passbook.
- A maximum of 3 clinicians can receive credit for conducting a clinic.
- Certification clinics cannot be given at National events.
Membership

All boxers, coaches, officials, and physicians must be members of USA Boxing to participate in any USA Boxing event. All members must be registered and be responsible for enforcing the policy and rules set forth by USA Boxing. Coaches and officials must be certified.
Members

- Participants must be registered, certified and not under any suspension from USA Boxing to participate.
- Medical Doctor or Doctor of Osteopath registration is free of charge, with consent for an annual background check and a valid medical license (in good standing within their respective state).
- Any member of USA Boxing shall be permanently disqualified if convicted of a felony involving rape or a sex crime against any person.
- Non-Athletes are required to successfully pass a background screening every year, although they will only be charged every other year.
- Non-Athletes must also take the SafeSport course online once plus a refresher course every two years.

Revised 11.1.17
Physicians

Only the Ringside Physician can attend to the knocked down boxer.

Revised 11.1.17
Field of Play

Is the competition area which extends for approximately 20 feet outside the platform of the ring. No electronic devices are allowed in the field of play unless approved by the Supervisor. This removes all impropriety of anyone disbursing information from the field of play. Electronic devices include cell phones, I-Pads, laptops, tablets, etc.
Field of Play

[Diagram showing a ring with numbers and labels for different areas and positions]

1. Judge 1
2. Judge 2
3. Judge 3
4. Judge 4
5. Judge 5
6. Deputy Supervisor
7. Official Announcer
8. Timekeeper
9. Gong Operator
10. Scoring System Operator
11. Ringside Physicians’ Table
12. Red Corner Seating Area
13. Blue Corner Seating Area
14. Neutral Corner
15. Photographers
16. Supervisor
17. Draw Commission Chairperson
18. R&J Evaluators

Revised 11.1.17
Ring

- No less than 16, no more than 20 feet square within the ropes
- Apron no less than 2 feet
- The ring shall not be more than 4 feet above the floor
- 3 sets of suitable steps (one in each boxer’s corner and one in a neutral corner)

- 4 ropes, with 2 spacer ties per side and no less than one inch in diameter
- 1 inch Ensolate padding
- The turnbuckles must be covered with a protective padding
- Non-transparent, plastic bag in each neutral corner

Rev 11.1.17
Ringside Equipment

- Water bucket
- Stools
- Water bottle (must be clear, no color)
- 10% household bleach and water resolution

Mandatory
- Oxygen
- Stretcher

Administered by a medical provider or licensed certified medical technician

Revised 11.1.17
Boxing Programs
**Boxing Programs**

**Men’s Division:**
• 10 bouts or less will be a Elite Novice boxer
• At 5 bouts, the boxer may elect to enter the Elite Men’s division.
• With 11 bouts or more the Boxer will be in the Elite Men’s division.

**Women’s Division:**
• 10 bouts or less will be a Novice boxer
• With 5 bouts, the boxer may elect to enter the Elite Women’s division

**Youth Division:**
• 10 bouts or less will be a Novice Youth boxer
• With 5 bouts, the boxer may elect to compete in the Youth Open division
Advancing Tournaments

**Prep, Junior, and Youth**
All participating boxers must have a **minimum of 5 bouts** prior to entering a State tournament which leads to Regional and National Championships. Walkover bouts are not included in the 5 bout requirement.

**Elite Men Only**
For advancing USA boxing competitions in the Elite Men’s division, a boxer must have competed in a **minimum of 10 bouts** to enter. Walkover bouts are not included.
Non - Advancing Tournaments

A boxer may compete out of said boxer’s weight class; however the weight differential must be as stated in Appendix F of the USA Boxing National Rulebook (Guide for Making Matches at the local level), for the lighter boxer.

Example: A senior male boxer weighing 164 lbs. may not box against a boxer who exceeds 174 lbs.

When in doubt use the lighter weight and/or the boxers age for guidance.
Boxers
Boxers

- All boxers are required to have a medical exam prior to boxing, and must get a new physical exam each year. The medical exam forms can be found at [www.usaboxing.org](http://www.usaboxing.org) (Rulebook/Forms & Documents). Masters boxers have a different form and different requirements than other divisions. Physicals must be kept in the passbooks.

- Female boxers will be provided a declaration of non-pregnancy. Failure to sign this form will prevent the boxer from participating in the event.

- Female boxers will be able to compete with breast implants with a signed “Release to compete with Breast Implants” form.

- Refer to current USA Boxing Medical Handbook for other prohibited conditions and allowed handicaps.

- The age of the boxer is determined by the boxer’s year of birth ([this is only applicable for advancing tournaments](#) -- 18 year old may compete on the Elite level providing they meet all qualifications).

- At a local sanctioned events the boxer’s age is determined based on his/her current age.

Revised 11.1.17
Attire

* Must have either the USA Boxing label or AIBA label
* For National competitions, boxers **cannot** have any tape on any part of their uniform for the purpose of securing the uniform. This rule may be relaxed at the LBC level.
* Boxers must be clean shaven – **no mustache**
  - *Facial hair is allowed on master boxers only; moustaches and neatly trimmed beards of less than two (2) inches in length.*
* Must have **headgear, gloves, trunks and jersey** that is either red or blue depending on the assigned corner (all applicable - USA Boxing National Competition)
* Must wear soft-soled shoes
* **Cannot** have a **red or partially red** mouth piece (orange, pink, etc.)
Attire

- Male boxers must wear a **protective cup**

- **Female** boxers may wear a **groin protector**

- Female boxers may wear a **breast protector**
  - Not to exceed past the tip of the sternum or upward past the collarbone

- Boxer can wear **soft contact lenses** – only

- **Braces** require a Release to Compete with Braces form (special molded mouthpiece)
**Attire**

**Trunks:**
- Each boxer shall wear a pair of loose-fitting trunks that reach halfway down the thigh, to the top of the knees.
- Cannot have fabric that is partially attached and therefore able to flap with the movement of the Boxer (gladiator/thai type trunks, fringe, and tassels).
- No partially attached fabric that can flap with movement.

**Vest – Tank Top:**
- Skirts only allowed for females boxers.
- Boxers may appear in uniform and/or accessories bearing an advertisement, brand name or logo of the club or their club’s sponsor except when required by USA Boxing, the region or their LBC to wear a specific uniform.

Revised 11.1.17
Gloves

- Must be thumbless or thumb attached

- All boxers except Masters:
  - Up to 141 lbs.: 10, 12, or 16 oz. gloves
  - Above 141 lbs: 12 or 16 oz. gloves

- Masters: 16 oz. gloves

- Boxer must have gloves on before entering the ring. Gloves must be removed immediately after the bout and prior to the decision being announced.
Hand Wraps

**Velpeau:**
- Min 2.5 meters (8.2 ft.) and no longer than 4.5 meters (14.76 ft.) by 5.7 centimeters (2 ½ inches)
- Must be stretchy cotton material Velcro enclosure

**Cotton Gauze:**
- Max 15 meters (49 ft.) by 5 centimeters (2 inches) wide or Max 5 meters (16 ft.) length by 10 centimeters (4 inches) wide;
- Surgeon’s tape – max 5 meters (16 ft.) by 2.5 centimeters (1 inch) – applies to all categories
- A boxer may apply the bandages to their hands as he or she likes, provided that the knuckles of his or her hands are not covered by surgeons tape
- Gauze padding may be used to cover the knuckles
- Must use bandages from one of the AIBA official boxing equipment licensees
- The bandages of each Boxer must be checked and marked by the equipment manager at the equipment check table

Revised 11.1.17
Headgear - Hairnets

- Is mandatory for all boxers competing in the United States
- Hairnets or cap are mandatory for long hair
- Boxers must put on the headgear after entering the ring.
- Headgear must come off immediately after the bout is over and prior to the decision being announced.
Only USA Boxing certified Coaches can work as seconds in all USA Boxing Competitions, with one exception: A registered boxer may serve as a second, however he/she must be in the presence of two certified coaches, and may not enter the ring or mount the ring apron. In the event that there is only one certified coach in the corner, the Boxer may mount the ring apron but may not enter the ring.
**Coaches**

- Coaches are allowed to give instructions in the corner and during rounds - Instructions should be given in a controlled manner from the corner.

- Coaches can still be removed from the corner by the Supervisor, Referee and Judge Evaluator, or Deputy Supervisor.

- No touching the ring during round, must be seated at least 3 feet from the ring in a 6 square feet area.

- Coaches will only be able to use clear bottles of water in the corner.

- Coaches must demonstrate sportsmanlike behavior when seated in the Field of Play – physical or verbal assaults to the opponent, coaches, or acting officials is not tolerated.
Coaches

• **1st violation** on any of the aforementioned prohibited activities, seconds will receive a caution

• **2nd violation** on any of aforementioned prohibited activities, seconds will receive a warning and be placed just outside of the Field of Play but be allowed to remain in the competition venue

• **3rd violation** on any of the aforementioned prohibited activities, seconds will be removed by the Supervisor, Referee and Judge Evaluator or Deputy Supervisor for the rest of the day
  – If the seconds are removed for a **second time**, seconds will be completely suspended from the competition
In the event of a cut the seconds can use the following items during the rest period:

- Collodion
- Gel foam
- Ice bags
- Micro Fibrilar Collagen
- Steri Strip
- Surgical and adrenaline (1/1000)
- Swabs
- Thrombin Solution
- Vaseline

(NO supplemental oxygen should be administered by a second to a boxer during a bout. Inhalers may NOT be used during a bout.)
Weigh-In

Male weigh master will weigh in male boxers and female weigh mistress will weigh in female boxers. No Exceptions!
Weigh-In

General Weigh-In:

- Will be conducted prior to the draw, along with a physical
- A boxer shall not exceed the maximum of the boxer’s weight class nor be below the minimum of boxer’s weight class
- At the daily weigh-in (once the tournament starts), only the maximum weight limit should be controlled, not the minimum weight limit

- Zero tolerance on any weight over designated weights
- A boxer will have only one opportunity to weigh in on the official scale
- A test scale must be available and calibrated; the test scale must be the same as the official scale or the difference will be noted on the scale
- General weigh in will be two hours or until completed
- Daily weigh in will be one hour or until completed
Weigh-In

- If a boxer is wearing a dressing on an abrasion or laceration, blood is swelling on any area of the head, the decision will be made by the ringside doctor examining the boxer on the day the boxer is competing.
- The boxer shall weigh in wearing a swimming suit or underwear.
- No jewelry or body piercing on any part of the body.
- Clean Shaven (no mustache, no beards)
  - Exception: Master Boxers and Religious Exemption
- No passbook, no boxing, no exception.
- Late arrival to weigh-in, boxer will be disqualified once last boxer has weighed in that session.

Revised 11.1.17
Decisions
Decisions

- Points
  - Split or Unanimous
- RSC
  - Referee Stops Contest
- RSC-I
  - Referee Stops Contest - Injury
- KO
  - Knockout

- DQ
  - Disqualification
- ABD
  - Abandon
- NC
  - No Contest
- WO
  -- Walkover
- DKO
  -- Double Knockout

Revised 11.1.17
Points

**Unanimous**

5 Judges
same winner

**Split Decision**

3 Judges appoint one Boxer as the winner,
2 Judges appoint other Boxer as the winner or have the Bout tied.

Or
4 Judges same Boxer, 1 Judge, other Boxer

Revised 11.1.17
Tiebreaker

When neither boxer has the majority of votes

Revised 11.1.17
If an injury caused by an unintentional foul occurs and as a result the contest is stopped by the referee, the judges will record the points gained by each boxer up to the time of the termination of the bout. The boxer ahead on points will be declared the winner of the bout on points.

- If both boxers are injured at the same time and as a result the contest is stopped by the referee.
- If the bout is terminated by the referee due to an event that is out of the boxer’s or referee’s control (destruction of the ring, forces of nature, etc.) after the end of the first round.
- Thebout is terminated by the referee due to an event that is out of the referee’s control, such as destruction of the ring, lighting supply, forces of nature and other unforeseen conditions. In such circumstances if it occurs before the end of the first round the bout will be terminated and the decision will be No Contest. The bout will then have to be rescheduled by the Supervisor.

The boxer who is ahead on points will be declared the winner of the bout on points in accordance with the scoring system.

The round in which the bout is stopped will be scored, even if it is a partial round.

Revised 11.1.17
- Boxer fails to continue due to loss of contact lenses
- Coach retires boxer by throwing the towel into the ring

ABANDON – (ABD)
– Boxer fails to resume boxing after the rest period or after a knockdown
– Boxer is outclassed, in the opinion of the Referee, Supervisor or Ringside Physician
– Boxer fails to return to the ring unassisted after 30 seconds (Out of the Ring)
– Bout is terminated by referee at the discretion of the Supervisor or advice from the Ringside Physician (not caused by injury)
In the event that a boxer is knocked out of the ring, the boxer should be allowed thirty (30) seconds to come back into the ring, after the 8 count, without anyone’s assistance.

If the boxer is not able to come back into the ring within the aforementioned timeframe, the opponent shall be declared the winner of the bout by RSC.
– Boxer in the opinion of the referee or ringside physician, is unfit to continue due to a sustained or increased injury from a correct punch/punches
– Boxer fails to recover after 90 seconds (Low Blow)
– Boxer becomes incapable to continue competing because of an injury, not caused by a punch/punches
  • Uncontrolled nose bleeding
  • Shoulder pops out
  • Twisted ankle

Referee Stops Contest – Injury
RSC-I
Boxer is knocked down and fails to resume boxing

Should the referee count up to 10, the bell will not save the boxer

Boxer is considered knocked down, when the boxer
  - touches the floor with any part of his/her body other than his/her feet;
  - hangs helplessly on the ropes;
  - is outside or partly outside of the ropes;
  - has fallen and is not lying on the ropes, but is semi-conscious state and cannot continue the bout, in the opinion of the referee;

The bell will not save the boxer; Referee must continue the count

In the event that both boxers are knocked out, during a final bout of a tournament, the decision will be determined by the scorecards. The boxer ahead on points will be declared the winner.
– When a boxer is present in the ring fully attired, ready to box and the opponent fails to appear in the ring after being announced, and the maximum period of one minute has elapsed after the bell has sounded

– If the supervisor knows in advance that a boxer will not be present, the Supervisor will cancel the procedure mentioned above and the announcer will announce the official result to the public

Walkover – (WO)
The new scoring system is based on a 10 point must system that can be used either with a electronic scoring system or a manual paper process.

The winning boxer of each round must be awarded 10 points and the losing boxer must be awarded 9 or fewer points.
5 judges will enter the field of play, their position around the ring will be randomly selected by the Electronic scoring system.

At the end of each round, when using the electronic system, the judges will have 15 seconds to enter their score into the electronic scoring pad.

The judge will select a winner after each round by hitting the red or blue button on the scoring pad. All judges will declare their winner.

If the Bout is tied, the scoring pad will light up and blink indicating to the judge they have to select a winner.
- If the electronic scoring system becomes defective, the Referee will collect the scorecards from all judges to give to the Supervisor.

- Each of the judges must determine the winner of the round and award a score of 10 - 9 or less, but not lower than 7, every round must have a declared winner no tie

- The Supervisor will apply any warnings associated with the bout electronically with the electronic systems technician
Scoring System - Paper

- 3 to 5 judges will enter the field of play, their position around the ring will be randomly selected (random selection process may vary locally)

- The judge will select a winner after each round manually writing it on the score card, all judges will declare their winner

- In the event of a tie when using the manual paper process, a winner must be declared on the score card before the scorecard is handed in at the end of the bout

- After each round the Referee will collect the scorecards from the judges and turn it into the Supervisor or Deputy Supervisor

- Each of the judges must determine the winner of the round and award a score of 10 - 9 or less, but not lower than 7, every round must have a declared winner no tie

- The Supervisor will apply any warnings associated with the bout on the Supervisor Bout Summary Sheet
Awarding of Points

• Each judges shall score independently the merits of the two boxers using the following criteria:
  – Number of quality blows on target area
  – Domination of the bout by technical and tactical superiority
  – Competitiveness
QUALITY BLOW

- Punch connects with the knuckle surface of the glove.
- Punch is thrown with the weight of the body or shoulder.
- Punch must connect in the correct area of the body.
- Punch connects cleanly (not picked, parried, or blocked).
- Punch connects while not infringing on the rules.
- The judge must have clear vision of the punch.

Remember that a body blow meets the quality blow & technique/tactic criteria and should count more than a simple jab.
TECHNICAL AND TACTICAL SUPERIORITY

- Causing an opponent to miss and make them vulnerable to punches
- Throwing effective counters and standing the opponent off
- Controls the ring and pace of action
- Neutralizes the style and type of boxer
- Body punches
- Displays superior defense (blocking, slipping, weaving, good footwork)
- Not infringing on the rules

Revised 11.1.17
DOMINATION OF THE ROUND

- Boxer who is the “effective aggressor”
- Boxer who controls the round with a combination of attack and defense; scores cleanly while defending against counter-punching
- Boxer who forces the action and sets the tempo of the round
  - Remember – A boxer who is constantly attacking by going forward is not necessarily an “effective aggressor.”
COMPETITIVENESS

- Doesn't give up
- Loses the previous round, and comes back stronger
- Gets knocked down in previous round, and comes back stronger
- Realizes their strategy didn’t work in the first round and changes it in subsequent rounds
The judges can award score of ten (10) points for a boxer who they believe performed better and nine (9) or less for the other boxer:

- 10 – 9 (Close round)
  A very close round, with Boxers evenly matched in most criteria.

- 10 – 8 (Clear winner)
  Clear winner due to the difference in quality blows scored, or an advantage in other scoring criteria.

- 10 – 7 (Total Dominance)
  One Boxer is completely dominant over the other in all criteria.
Judges Scoring

- Each judge will independently judge the merits of the two boxers using the scoring criteria
- No speaking or signaling to a boxer or anyone else during a bout
- Do not leave your assigned seat until the results of the bout have been announced
Cautions, Warnings & DQs

- A boxer who does not obey the instructions of the Referee, acts against the rules of boxing, boxes in any unsportsmanlike manner, or commits fouls, will, at the discretion of the Referee, be cautioned, warned or disqualified.

- If a Referee intends to warn a boxer, the Referee must say “stop” and demonstrate the infringement to the boxer and then Supervisor.

- Cautions will be issued at the discretion of the Referee, there will be no limit on the number of cautions that can be issued.

- Warnings will carry the weight of one point.

- If a boxer receives a warning from the Referee, the supervisor will record the warning in the scoring systems and each warning will reduce the total score of the offending boxer by one point per judge.

Revised 11.1.17
Cautions, Warnings & DQs

- If the Referee has any reason to believe that a foul has been committed which the Referee has not seen, the Referee may consult the Judges.

- In the event that any irregularity is found in the bandages after the bout that in the Referee’s opinion gave an advantage to the boxer, this boxer must be disqualified immediately.

- The boxer will be disqualified after the 3rd warning.

- The Referee can DQ a boxer at anytime for a flagrant foul.

- The supervisor or evaluators have the right to caution, remove and disqualify a second who has infringed upon the rules.

Revised 11.1.17
Compulsory Count Limits

- Elite men (19 – 40) after a maximum of three 8 counts in one round the bout will be stopped

- Elite Men (National & International) - No limit of the amount of 8 counts in a bout without exceeding 3 in a round (At the LBC level, 3 in round and 4 in a bout)

- Women, youth and juniors will have a maximum of three 8 counts in one round and 4 in the bout

Revised 11.1.17
Fouls

- Hitting below the belt, holding, tripping, kicking, and butting with foot or knee;
- Hits or blows with head, shoulder, forearm, elbow, throttling of the opponent, and pressing with arm or elbow in opponent’s face, pressing the head of the opponent back over the ropes;
- Hitting with open glove, the inside of the glove, wrist or side of the hand;
- Hits landing on the back of the opponent, and especially any blow on the back of the neck, back of the head, or kidney punch;

- Holding and hitting or pulling and hitting;
- Pivot blows - backhand;
- Attack while holding the ropes or making any unfair use of the ropes;
- Lying on, wrestling and throwing in the clinch;
- An attack on an opponent who is down or who is in the act of rising;
- Holding or locking, on the opponent’s arm or head, or pushing an arm underneath the arm of the opponent;
- Ducking below the belt of the opponent;
Fouls

- Spitting out the gum shield (mouth piece) intentionally without receiving a correct punch will cause the Boxer to receive a mandatory warning

- If the gum shield (mouth piece) falls out after the Boxer has received a correct punch, and if this happens for the third time, the Boxer will receive a mandatory warning

- Keeping the advanced hand straight in order to obstruct the opponent’s vision (spearing)

- Biting an opponent

- Completely passive defense by means of double cover and intentionally falling, running, or turning the back to avoid a blow

- Speaking

- Not stepping back when ordered to break

- Faking or simulating an injury

- Attempting to strike opponent immediately after the Referee has ordered “break” and before taking a step back; Assaulting or behaving in an aggressive manner towards a Referee at any time

Revised 11.1.17
If the mouthpiece is knocked out as a result of a legal blow

Or

The boxer carries the mouthpiece halfway outside of his mouth

Issue a “Caution”
When 2 cautions have already been issued

Or

The boxer deliberately spits out the mouthpiece

Issue a “Warning”
After a low blow, if the offended boxer **does not complain** and the low blow was not hard or intentional, the referee makes a sign to signal the foul without interrupting the bout.

After a low blow, if the offended boxer **complains** about the severity of the blow, the referee has 2 options:

—Disqualifying the offender immediately, if an intentional and hard blow has been landed

or

—Start an 8 count
Low Blow Rule

**After the 8 count**

- Referee has 2 options:
  1. If the boxer is fit to continue, the referee *may* issue a warning to the offender (*if the Referee considers it necessary*) and the bout continues;
  2. If the boxer is unfit to continue, the referee gives a certain amount of time to recover with a maximum of up to one and a half (1 1/2 minutes) or (90 Seconds)

**After the 90 seconds**

- Referee has 2 options
  1. If the boxer is fit to continue, the referee *may* give a warning to the offender and the bout continues;
  2. The boxer is unfit to continue, his opponent shall be declared the winner of the Bout by **RSC**

Revised 11.1.17
Low Blow Rule

Low Blow

- DQ
- 8 - count
  - boxer can continue = "Warning"
  - boxer cannot continue = 1 ½ min. rest period
  - boxer cannot continue = Opponent wins by RSC

- boxer can continue = Box
Intentional Head Butting and Illegal Blows

If the Referee stops a bout following the advice of the Ringside Physician because a boxer has an injury or cut caused by intentional head butting or illegal blows, the Referee **MUST** disqualify the offending boxer.

If a boxer receives intentional head butting or illegal blows which do not cause an injury or cut, the Referee **will** give a warning to the offending boxer, deducting one (1) point per Judge.

If a boxer receives intentional head butting or illegal blows which cause an injury or cut, the Referee shall **DQ** the offending boxer.
Intentional head butting and Illegal blows

- No Cut – No facial injury
  - Warning – 1 point
    - Box
  - Cut – Facial injury
    - DQ

Revised 11.1.17
Accidental Clash of Heads

No Cut – No injury

Caution Boxers

Box
In the event of an increased injury during the course of the bout by a “correct legal blow (s)” and the ringside physician signals or states “stop the bout” the decision will be RSC-I.
Bleeding Rule

If the boxers are bleeding or one boxer is bleeding and the opponent has an open cut or abrasion, the referee may stop the bout and take the boxer to see the doctor – to receive an examination. If the bout is stopped the boxer ahead on points will be the winner

Revised 11.1.17
Disqualification

- 3 Warnings in bout
- Flagrant Foul - Warning or DQ
- Low Blow – Warning or DQ
Referee

The referee may now use a touch by hand to stop, break and/or to separate the boxers.
Referee

- Good Judgment
- Knowledge of the Rules
- Be strict without being severe
- Movement and Positioning
- Do not get in the act
- General Ring Mechanics

- Identify right time to start an eight count
- Identify the right time when to declare an RSC or KO
- Distinguish between “infighting” and “clinching”
Duties of Referee

Pre–bout:

- Prepare mentally and physically
- Inspect ring
- Inspect boxers and coaches – right to check
- Provide pre-bout instructions – be short and to the point
  - Bring boxers to the center
  - Establish waistline
  - Heads up
  - No holding
  - Touch gloves
- Visually check to see that judges and physician are in place
- Wait for the Supervisor to signal the start of the bout
- Once the signal is received Supervisor signal the Timekeeper ring the bell and start the clock
Duties of Referee

During the bout:

- The safety of and for both boxers throughout the bout
- To see that the rules and fair play are strictly observed
- To maintain control of the contest at all its stages
- To prevent a weak boxer from receiving undue and unnecessary punishment
- To indicate to a boxer by suitable explanatory signs, verbal commands or gestures any infringement of the rules
Duties of Referee

During the bout:

— After each round the referee will collect the scorecards from each judge and provide them to the supervisor

— When the Referee has disqualified a boxer or stops the bout, the Referee shall first inform the Supervisor which boxer has been disqualified and the reason for which the bout was stopped

— In the event a boxer’s glove becomes undone during a bout, the Referee must stop the bout to have the issue rectified

— In the event of a potential foul and if the Referee did not see the foul, the Referee must request the opinion of each Judge to see whether all or a majority have seen a foul or a correct blow; the Referee will apply the USA Boxing Technical Rules for RSC or DQ
Duties of Referee

During the bout:
- The Referee may consult the Ringside Doctor in regards to any injury to a boxer
  - Only the Referee and Ringside Doctor must be present on the apron;
  - The other boxer must be directed to the neutral corner - “white corner”
- If an injury occurs and the Referee does not clearly understand the cause of the injury, the Referee must ask the Ringside Doctor whether or not the boxer is fit to continue,
  - If yes, the Referee may continue the bout;
  - If no, the Referee must stop the bout
### Commands

- **Stop** – when calling for a temporary stop and when ordering the boxers to stop boxing

- **Break** – when breaking a clinch upon command each boxer shall take a step back before continuing to box

- **Time** - when the referee needs to interrupt the bout for a period longer than 10 seconds using the command time will stop the clock

- **Box** - when ordering the boxers to continue boxing
commands

stop:

- Avoid saying “Stop” too often, unless it is because of a head butt
- At the end of the round, call “Stop” and wait for the boxers to retire to their corners
- Do not turn your back on the boxers, but move to the center of the ring, turn and back into the neutral corner

break:

- Avoid using “BREAK” too quickly or too often
- “BREAK” command should be given when the boxers are slow in getting out of a clinch
- At the command “BREAK”, insist that both boxers take a full step backwards, it may be necessary to use the hands to touch and separate the boxers
Infighting
Boxing closer to an opponent than at arm’s length

Clinching
When one or both boxers’ arms become locked together
This is not a foul - a foul is when either boxer does not make the attempt to break free from the clinch and holds

Revised 11.1.17
Fouls

Decide the following:

1. Was it an accidental or intentional foul?
2. What type of foul?
3. Is a point deduction required?
4. Does it qualify as a disqualification?
5. Should the bout continue?

You don’t always have to say “STOP”; use stop for harmful fouls and unsafe situations.
Movement & Positioning

- Stay neutral, calm and alert
- Strive for right distance between yourself and the boxer
- Stay on the dominant or “open” side
- Keep moving, avoid standing in one position
- Walk forward as often as possible, avoid going backwards

- Shortening your distance when:
  - Difficult and tough bouts
  - Boxers are infighting
  - Ability of one boxer is in doubt (stay on that boxer’s open side)
  - Boxers are moving towards or fighting on ropes
  - Crowd noise is extremely loud
  - 10 seconds are left in the round

- When both boxers are in the same stance – work both sides
One Minute Rest Period

1. Do not interrupt corner activity
2. Make eye contact with your team
3. Observe and evaluate the boxers
4. Get ready for the next round
5. Make sure corners are clean before starting the next round
Responsibilities / Powers

**To disqualify:**

- a boxer who fails to comply immediately with the Referee’s command, or behaves towards the Referee in an offensive or aggressive manner at any time
- with or without previous warning, to disqualify a boxer for committing a serious foul
- a coach or assistant coach who has infringed the rules, and, if the coach or assistant does not comply with the referee’s orders

**To terminate:**
(At any stage of the contest)

- if it is considered one-sided;
- if one of the boxers has received an injury on account of which the Referee decides the boxer should not continue
- if the Referee considers the boxers inactive and not competitive (in this case the referee may disqualify one or both of the boxers)

Revised 11.1.17
Responsibilities / Powers

- To caution:
  A boxer or to stop the boxing during a contest to administer a warning to a boxer for a foul or for any other reason in the interest of fair play or to ensure compliance with the rules

- To suspend:
  A count in the event of a knockdown, if a boxer deliberately fails or delays to retire to a neutral corner

To interpret:
The rules insofar as they are applicable or relevant to the actual contest or decide and take action on any circumstance of the contest which is not covered by the rule
Duties

Post bout:
– At the end of the bout, the Referee must check the bandages (hand wraps) of each boxer
– When the referee has disqualified a boxer or stopped the bout, the Referee must inform the Supervisor which boxer has been disqualified and the reason
– The referee must indicate the winner by raising the hand of the winning boxer once the announcement has been made – this must occur in the center of the ring (facing the camera, if applicable)

Revised 11.1.17
Timekeeper

All timekeepers need to be certified officials
Duties

• Regulate the time and the number and duration of the rounds (based on age classification);

• The intervals between rounds must be of one (1) minute;

• A knockdown at the end of the round – the bell does not save the boxer

• Initiate the count in case a boxer is knocked down

• Must start and end each round by sounding the bell;
  – If, at the end of a round, a boxer is knocked down and the Referee is in the course of counting, the bell indicating the end of the round must not sound. The bell may sound only when the Referee gives the command “box” indicating the continuation of the bout
Duties

- Stop clock when referee says “Time”
- Resume time when referee says “Box”
- Signal 10 seconds before the bout ends
- Signal 10 seconds before the start of the next round

Must regulate the time when:
- A low blow
- LOC occurs
- A boxer is knocked out of the ring

Timekeeper must have two stop watches
Low Blow

90 seconds recuperation period

- 30 seconds (one clap)
- 60 seconds (two claps)
- 90 seconds (three claps)
Boxer out of the ring

- Referee counts to 8, says “stop” and signals to start the clock.
- After 20 seconds, begin a 10 second count with the sounding device.
- 30 seconds to re-enter the ring.
Loss of Consciousness

If a boxer is unconscious

Less than a minute
- 90 day restriction

More than a minute
- 180 day restriction

Revised 11.1.17
SUPERVISOR
(OFFICIAL IN CHARGE)

Is the person who is appointed to be responsible and administer all technical and competition related issues in any USA Boxing Competition – formerly known as Ring Captain

Any time more than one ring is being utilized, a Deputy Supervisor will be appointed
Supervisor:

- Is responsible for all decisions;
- Must receive the results of each bout;
- Must pay close attention to the FOP while maintain discipline and order;
- Must allow the start of a bout only if all checks have been made;
- Will not allow photographers or cameramen to disturb working Judges;
- Must make the Official Announcer aware of the name of the boxer shown as the winner, prior to the name is announced to the public;
- Will ensure that the competition Manager is in direct contact for necessary action;
- Must watch the scores and performance of each Referee and Judges and suspend any wrong doing for the entire competition. After the competition the Supervisor, Referee and Judge Evaluator must discuss any further recommendations to the disciplinary commission, if sanctioning the Referee or Judge is required.
Supervisor:

• If an Official appointed to a bout is absent, the Supervisor may appoint a suitable member from the roll of approved Officials to replace the absence official; ensuring that R&J's are in the correct positions before the boxers enter the ring.

• If circumstances arise which would affect the holding of a bout under proper conditions and if the Referee does not take efficient action concerning the situation, the Supervisor may order boxing to cease until it is satisfactory to continue.

• The Supervisor may also take any immediate action (deemed necessary) to handle a situation that may affect the proper conduct of a boxing session.

• A supervisor will ensure that everything and everyone in his/her area of responsibility is available and ready.
Supervisor:

• If a boxer is guilty of a serious and deliberate offence that is contrary to the spirit of sportsmanship, the Supervisor, the Referee and Administrators have the right to recommend to the Disciplinary Commission for possible sanctions.
• The Supervisor, Evaluator will be responsible for cautioning, warning and/or removing a second.
• A decision of a Referee may be overruled by the Supervisor when the Referee has given a decision which is clearly against the present rules and the Statues and Bylaws. When considering such an incident, the Supervisor may use video tape recording of the incident (ex: Low Blow, Mouthpiece).
Announcer
### Duties of Announcer

**Announce**

- the entrance of the boxer
- the referee and judges
- 10 seconds before the end of rest-period as “Seconds Out”

- the number of each round right after the start of each round
- the final results at the end of the bout after receiving the official results from the Supervisor
RESTRICTIONS

The ringside doctor must complete and sign a Restriction Affidavit for any bouts resulting in a decision of KO or RSC with restrictions.

The same restrictions must apply if a KO and/or concussion should occur during training – coach will be responsible for reporting incident to the national office and informing the LBC registration chair.
Restrictions of a Knockout

If the boxer has been KO’d or received a severe head blow which results in the bout being terminated, the Ringside Physician will classify the seriousness of the concussion and prescribe the medical restriction period as follow:

- In the event of **No** Loss of Consciousness (LOC), a minimum restriction of 30 days

- In the event of LOC for less than one minute, a minimum restriction of 90 days

- In the event of LOC more than one minute, a minimum restriction of 180 days
Restrictions of a Knockout

- Three Knockouts - A boxer who has been knocked out as a result of head blows during a contest, or the referee has stopped the contest due to the boxer having received hard blows to the head, making this boxer defenseless or incapable of continuing three times in a period of 12 months, will not be permitted to take part in competitive boxing or sparring for 18 months from the third knockout.

- Any boxer who has a medical restriction must not train or spar during the restriction period.

- All protective measures will also apply if a KO and/or LOC occurs during training or anywhere else (football, home, etc.).

- Not all RSC decisions will carry a restriction.

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PROTESTS

No protests are permitted - the decision of the Referee and Judges are final.

If the supervisor believes that the decision of the Referee has infringed on the technical and competition rules of AOB; the Supervisor must call for a meeting with all participating National Technical Officials, Referees and Judges to review the bout, at the end of the session for a final decision. In such case, the supervisor must complete a bout review request form before the next bout and inform the appointed Team Delegates, immediately.
Questions
# Weigh-in Sheet

**USA BOXING**  
OFFICIAL WEIGH-IN SHEET

<table>
<thead>
<tr>
<th>BOXER’S NAME</th>
<th>AGE</th>
<th>DOB</th>
<th>Member #</th>
<th>WEIGHT</th>
<th>W/L RECORD</th>
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Revised 11.1.17
Announcer’s Sheet

OFFICIAL BOUT RESULT for ANNOUNCER

RED CORNER (City, ST):

BLUE CORNER (City, ST):

JUDGES SCORES

<table>
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Selected Judge Name:

Selected Judge Name:

Selected Judge Name:

RESULT:

DECISION: UNANIMOUS ☐ SPLIT ☐

WINNER:
# Judge Scoring Card

## Judges Score Card

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#### RED

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*In case of tie, select Red or Blue as your preference at the end of the bout only*

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# Supervisor Bout Report

## 3 Judges

### SUPERVISOR BOUT REPORT (3 Judges)

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**WINNER**

**DECISION**

**ROUND**

**REMARKS**

**SUPERVISOR NAME:**

**SUPERVISOR SIGNATURE:**

---

*USA Boxing Form SBJM/Jan 2017*
# Supervisor Bout Report

## 5 Judges

### Supervisor Bout Report

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### Winner

- DECISION
- ROUND

### Remarks

- SUPERVISOR NAME:
- SUPERVISOR SIGNATURE:

---

USAB Form/01/10/17 13

Revised 11.1.17
# Officials Assignment Matrix

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### Officials

| OFFICIALS | REG | REG | REG | REG | REG | REG | REG | REG | REG | REG | REG | REG | REG | REG | REG | REG | REG | Ref | Judge | Paper | Timer | Total |
|-----------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|-------|-------|-------|-------|

- **X** = CONFLICT
- **REG** = REGION
- **T** = TIMEKEEPER
- **P** = PAPER JUDGE
- **CT** = COMPUTER TECH
- **J** = JUDGE

Revised 11.1.17
USA Boxing Official’s Level III Exam Admission Verification (EAV) Form
Parts I & II MUST be completed & verified to take this examination
*A clinic is not given for this examination*

**Part I - Filled in by Official**

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<td>Prior Year Registration #</td>
<td>Date Obtained:</td>
</tr>
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<td>Prior Year Registration #</td>
<td>Date Obtained:</td>
</tr>
<tr>
<td>Current Level:</td>
<td>Date Obtained:</td>
</tr>
<tr>
<td>Previous Level:</td>
<td>Date Obtained:</td>
</tr>
<tr>
<td>Previous Level:</td>
<td>Date Obtained:</td>
</tr>
<tr>
<td>Official’s Signature:</td>
<td>Date:</td>
</tr>
</tbody>
</table>

*Revised 11.1.17*
Part II - Filled in by LBC Chief Of Officials  (Requirements in the Past 24 Months Must Have Been Met and Verified)

Active within their own LBC:  Yes:   No:  Last Certification Date:  

Worked LBC Advancing Tournament:  Yes:   No:  Location:  Date:  

Worked Regional Advancing Tournament:  Yes:   No:  Location:  Date:  

Worked National Tournament:  Yes:   No:  Location:  Date:  

LBC COO (Print):  Signature:  Date:  

LBC President (Print):  Signature:  Date:  

Part III - Filled in by AIBA Official Administering this Level III Examination

ONLY OFFERED AT: Junior/Youth Open, USAB Elite National Championships, USAB JO Championships, National PAL, National Golden Gloves & National Silver Gloves

Location of Exam  Date:  

Elevation  OR  Maintenance (Circle one)  Pass  Fail  Exam Score  %

Certified as:  Referee:  Judge:  Timekeeper:  Clerk:  

Examiner (Print)  Signature:  

AIBA Examiner will fax/mail/email EAV form with Transmittal to USA Boxing

Revised 11.1.17
Elevation/Maintenance Transmittal

This form is available for Levels I, II and III
USA Boxing

Official’s Clinic Request Form

Association: ______________________ LBC #: _____________ Date: _______________

Clinician’s Name: ______________________ Member #: ________________
Email: ______________________ Phone #: ________________

Clinic Location: ______________________ Date of Clinic: ________________

Required LBC Approval

______________________________ ______________________
LBC President Date

______________________________ ______________________
LBC Chief of Officials Date

______________________________
THIS PORTION TO BE FILLED OUT BY USA BOXING MEMBERSHIP SERVICES

Approved By

______________________________
Clinic Control Number

______________________________
USA Boxing Approval Signature – Membership Services Date

NOTE: The Official’s Clinic Request Form must be submitted to USA Boxing at least one week in advance of the scheduled clinic. All clinics must be approved by the LBC President and the Chief of Officials.

Rev 9/2015

Revised 11.1.17
## Official’s Passbook

### RECORD OF OFFICIAL’S CLINICS AND TESTING

<table>
<thead>
<tr>
<th>Date</th>
<th>Place</th>
<th>OCN</th>
<th>Clinic/Test</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Level</th>
<th>Pass/ Fail</th>
<th>PRINT Name of Clinician</th>
<th>Signature of Clinician</th>
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</thead>
<tbody>
<tr>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

Revised 11.1.17
# Judges Evaluation Form

<table>
<thead>
<tr>
<th>Date</th>
<th>Bout #</th>
<th>Ring</th>
<th>Wt. Cat</th>
<th>Red Corner</th>
<th>Blue Corner</th>
</tr>
</thead>
</table>

## Judges' Evaluation Form

**USA Boxing**

### Judge Number

<table>
<thead>
<tr>
<th>Judge</th>
<th>J1</th>
<th>J2</th>
<th>J3</th>
<th>J4</th>
<th>J5</th>
</tr>
</thead>
</table>

#### Judge's Name

Name: ______________________  State: ________

Signature: __________________

### Judge's Evaluation

**Total Score**: Judge's Score (50 pts) - Total deduction

- | J1 | J2 | J3 | J4 | J5 |
- |----|----|----|----|----|

**EVALUATION CODE**

- Comments:

---

Revised 11.1.17
### Referee Evaluation Form

**USA BOXING**

#### Referee Evaluation Form

<table>
<thead>
<tr>
<th>NO.</th>
<th>VIOLATION</th>
<th>DEDUCTION</th>
<th>NUMBER OF VIOLATIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>No clear instruction and signal</td>
<td>-1 PT</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Bad movement and positioning</td>
<td>-2 PTS</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Unnecessary stoppages during bout</td>
<td>-1 PT</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Allowed boxer to circle-around or make illegal avoidance tactics</td>
<td>-1 PT</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Too early 8-count</td>
<td>-2 PTS</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>No warning for clear foul or unnecessary warning given</td>
<td>-3 PTS</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>Too early RSC call</td>
<td>-4 PTS</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>Either too early or no disqualification when needed</td>
<td>-4 PTS</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Too late 8-count or RSC call</td>
<td>-8 PTS</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Late or no doctor call in event of injury, RSC, or KO</td>
<td>-8 PTS</td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>Difficulty of contest</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Easy:</td>
<td>-10 PTS</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Competitive:</td>
<td>-5 PTS</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Difficult:</td>
<td>-2 PTS</td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Other specific violations not listed above. Please explain:</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>- ____ PTS</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**TOTAL DEDUCTION**

**BASE SCORE: **

**TOTAL DEDUCTION: **

**REFEREE SCORE:**

**Comments:**

**Referee’s Evaluator (print name):**

**State:**

**Signature:**

---

Revised 11.1.17
All boxers registered with USA Boxing **must have an annual medical examination that declares boxer as “fit to participate.”** Annual physical should be kept in the Boxer’s passbook (Competition Record Book). This shows page 3 of Annual Athlete Physical available on the website.
Boxers competing with braces are required to have a completed Release To Compete With Braces form attached to their boxing passbook.

This form requires the written approval of their dentist, parents, legal guardian or care taker (if the boxer is under the age of 18).

Boxer must have a dentist-molded mouthpiece.
Female boxers with breast implants may participate as long as there is a Release to Compete with Breast Implants form attached to the boxer’s passbook.
DECLARATION OF NON-PREGNANCY

Declaration of non-pregnancy for female boxers aged 18 and older

Date: __________________________
Place: __________________________
Name of Competition: __________________________

I, __________________________, declare that I am not pregnant.

I understand the seriousness of this statement and accept full responsibility for it. In the case that this declaration is subsequently shown to be inaccurate or untrue and I suffer any related injury or damage during the competition, I, on behalf of myself, my heirs, executors and administrators, waive and release any and all claims for damages I may have against USA Boxing (including its officials and employees), the organizers of the competition (including the Organizing Committee and/or Host Federation) and the competition venue owners for such injury or damage.

Signature of the Boxer

Declaration of non-pregnancy for female boxers aged UNDER 18

Date: __________________________
Place: __________________________
Name of Competition: __________________________

I, __________________________, am one of the parents / legal caretaker of __________________________ (insert name of the Boxer) and declare, on her behalf, that she is not pregnant.

I understand the seriousness of this statement and accept full responsibility for it. In the case that this declaration is subsequently shown to be inaccurate or untrue and __________________________ (insert name of Boxer) suffers any related injury or damage during the competition, I, on behalf of __________________________ (insert name of Boxer) her heirs, executors and administrators, waive and release any and all claims for damages she may have against USA Boxing (including its officials and employees), the organizers of the competition (including the Organizing Committee and/or Host Federation) and the competition venue owners for such injury or damage.

Signature of one of the Parents / Legal Caretaker
Acknowledged by [Signature of the Boxer]

COO Manual Oct. 2017

Revised 11.1.17
Resources

www.usaboxing.org
## APPENDIX F

**Guide for Making Matches at the Local Level**

(Revised 11.1.17)

This chart is for reference only, it does not replace the rulebook.

### Matched bouts—by date-of-birth (34-month max for JOs)

<table>
<thead>
<tr>
<th>Division</th>
<th>Pee Wee</th>
<th>Senior</th>
<th>Intermediate</th>
<th>Junior</th>
<th>Youth</th>
<th>Elite</th>
<th>Masters</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>8-9, 10</td>
<td>11, 12</td>
<td>13-15</td>
<td>15, 16</td>
<td>17, 18</td>
<td>19-20</td>
<td>35 and older</td>
</tr>
<tr>
<td>8 year old may box 8-9</td>
<td>11 year old may box 9-12</td>
<td>13 year old may box 11-14</td>
<td>15 year old may box 13-17</td>
<td>17 year old may box 15-19</td>
<td>19 year old may box 17-20</td>
<td>May only box other Masters within 10 years of opponent</td>
<td></td>
</tr>
<tr>
<td>9 year old may box 6-11</td>
<td>12 year old may box 10-14</td>
<td>14 year old may box 12-16</td>
<td>16 year old may box 14-17</td>
<td>18 year old may box 16-18</td>
<td>20 year old may box 18-20</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Weight Differentials for Matched Bouts (in lbs)

<table>
<thead>
<tr>
<th>Weight Categories</th>
<th>(in lbs)</th>
<th>5 lb increments up to 95 lbs, then 101, 106, 110, 114, 119, 125, 125+</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Men</td>
<td>Women</td>
</tr>
<tr>
<td></td>
<td>108-8 lbs</td>
<td>106-8 lbs</td>
</tr>
<tr>
<td></td>
<td>114-8 lbs</td>
<td>112-8 lbs</td>
</tr>
<tr>
<td></td>
<td>120-8 lbs</td>
<td>118-8 lbs</td>
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<td>126-8 lbs</td>
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<td>132-8 lbs</td>
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<td>138-8 lbs</td>
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<td>144-8 lbs</td>
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<td>150-8 lbs</td>
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<td>162-8 lbs</td>
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<td>168-8 lbs</td>
<td>164-8 lbs</td>
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<td></td>
<td>174-8 lbs</td>
<td>170-8 lbs</td>
</tr>
<tr>
<td></td>
<td>180-8 lbs</td>
<td>176-8 lbs</td>
</tr>
</tbody>
</table>

### # of Rounds & Minutes

<table>
<thead>
<tr>
<th>Rounds &amp; Minutes</th>
<th>3 Rds 1 min</th>
<th>3 Rds 1.5 min, or less</th>
<th>3 Rds 2 mins, or less</th>
<th>3 Rds 3 mins, or less</th>
<th>3 Rds 2 mins, or less</th>
<th>3 Rds 3 mins, or less</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bout stopped upon 3rd in a Round, 4th in a bout</td>
<td>Bout stopped upon 3rd in a Round, 4th in a bout</td>
<td>Bout stopped upon 3rd in a Round, 4th in a bout</td>
<td>Bout stopped upon 3rd in a Round, 4th in a bout</td>
<td>Bout stopped upon 3rd in a Round, 4th in a bout</td>
<td>Bout stopped upon 3rd in a Round, 4th in a bout</td>
<td></td>
</tr>
</tbody>
</table>

### Court Limits in a Round and Bout

<table>
<thead>
<tr>
<th>Gloves*</th>
<th>Boxers up to 141 lbs wear 10, 12, or 16 oz.</th>
<th>Over 141 lbs use 12 or 16 oz.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Boxers up to 141 lbs wear 10, 12, or 16 oz.</td>
<td>Over 141 lbs use 12 or 16 oz.</td>
</tr>
<tr>
<td></td>
<td>Boxers up to 141 lbs wear 10, 12, or 16 oz.</td>
<td>Over 141 lbs use 12 or 16 oz.</td>
</tr>
<tr>
<td></td>
<td>Boxers up to 141 lbs wear 10, 12, or 16 oz.</td>
<td>Over 141 lbs use 12 or 16 oz.</td>
</tr>
<tr>
<td></td>
<td>Boxers up to 141 lbs wear 10, 12, or 16 oz.</td>
<td>Over 141 lbs use 12 or 16 oz.</td>
</tr>
<tr>
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</tbody>
</table>

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<tr>
<td></td>
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</tr>
<tr>
<td></td>
<td>Boxers up to 141 lbs wear 10, 12, or 16 oz.</td>
<td>Over 141 lbs use 12 or 16 oz.</td>
</tr>
</tbody>
</table>

### Headgear

<table>
<thead>
<tr>
<th>Headgear</th>
<th>Yes</th>
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<th>Yes</th>
<th>Yes</th>
<th>Yes</th>
<th>Yes</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Open face or with Cheek Protectors</td>
<td>Open face or with Cheek Protectors</td>
<td>Open face or with Cheek Protectors</td>
<td>Open face or with Cheek Protectors</td>
<td>Open face or with Cheek Protectors</td>
<td>Open face or with Cheek Protectors</td>
</tr>
</tbody>
</table>

*All competition gloves & headgear must be USA Boxing or AIBA approved. In the case of 16 oz gloves, boxers of any age may use USA Boxing **Masters-approved** gloves.

USAB REVISED 11/17/17