



Timing Bouts



Timekeeper Duties

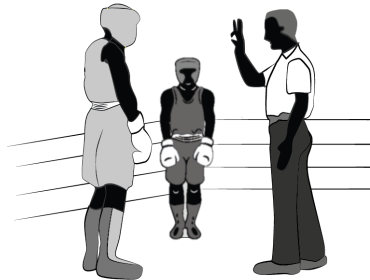
Maximum Rounds

- 3X **1:00** Ages 8–12
- 3X **1:30** Ages 13 & 14
- 3X **2:00** Ages 15 & 16 & Master's
- 3X **2:00** Ages 17–40 Novice Boxers
- 3X **3:00** Ages 17–40 Open Boxers

- Start the Round, and regulate Round and Rest Intervals.
- Only stop the clock if the Referee calls "Time."
- Sound 10-Second warning as Round ends.
- Signal elapsing seconds to Referee during a Referee's count.
- Do not sound the Bell during a Referee's Count.
If Time expires, sound the bell after the Referee says "Box."
A Boxer cannot be saved by the bell.
- Regulate time for Low Blow recovery and if a Boxer falls out of the ring.
- Keep time for Referee & Doctor if a Boxer loses consciousness.
- Sound "Seconds Out" 10 seconds before the next Round begins.
- Maintain communication with the Referee.
Exaggerate signals and sounds, as needed, in case of a loud venue.

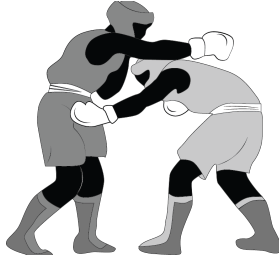


Rest Interval for All Divisions

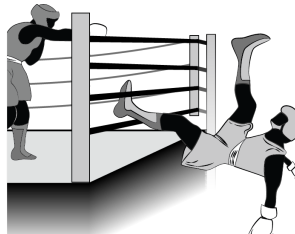


Signal elapsing seconds on all Referee Counts

Recovery time for a Low Blow (at Referee request) 1:30 maximum

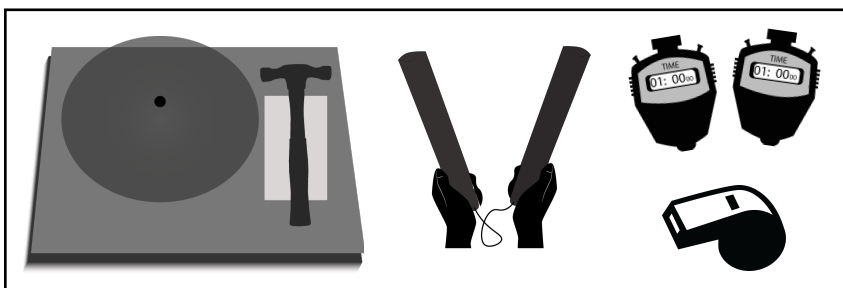


Allowable time for Boxer to return to ring if they fall out :30 maximum



The timekeeper and referee are teammates in managing the bout.

Timekeeper Equipment



Keep elapsed time if a Boxer loses consciousness

