

Bobsled Athlete Progression Pathway

(Updated 9/16/2022)



By implementing the Bobsled Athlete Progression Pathway (BAPP), athletes will have a career outline that will provide guidance to each individual athlete allowing them to reach their potential efficiently. The standards and benchmarks are set to encourage athletes to be their best while ensuring that the USABS is on track to meet its goal of Olympic excellence in 2026 and beyond. Standards and benchmarks must be met annually, and athletes must demonstrate a significant level of commitment to the program with continual attendance and participation in USABS supported programs and/or IBSF competitions.

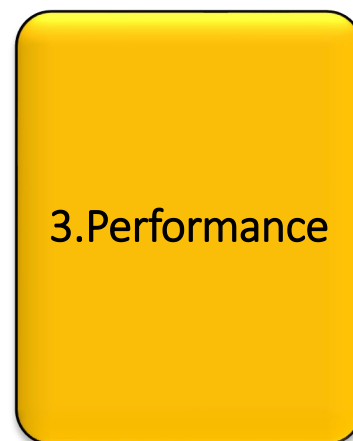
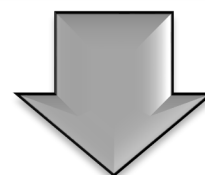
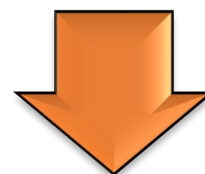
In the **RECRUITMENT** level, athletes will have an *introduction* to the sport while learning the basic skills that are necessary for both pushing and driving. All athletes will experience a Rookie Push Camp before deciding whether to pursue pushing or driving. Pilots will then attend Rookie Sliding Camps at either or both tracks to begin learning the basic concepts of driving as well as equipment care.

The **DEVELOPMENT** level will provide the greatest opportunity for *growth* for both push athletes and pilots. Athletes are eligible to race in development circuit races (NAC/EC/Jr. Worlds) as they demonstrate pushing and/or driving ability by meeting push standards and driving competency during USABS Development Sliding Camps. Athletes will also have additional support of the USABS coaches, OPTC facilities, and other USOPC support to foster improvements and growth. Athletes may also have targeted opportunities to race on the WC level.

Athletes who reach the **PERFORMANCE** level will have shown the ability to compete with the nation's and world's best by both pushing ability and/or driving aptitude. These *elite* athletes will compete primarily with the National Team on the WC circuit. Only the top performing athletes will achieve the Performance level, and the USABS will constantly set high expectations to ensure overall program growth.

Considering support and resource limitations, the **PROVISIONARY** level will provide athletes, who are not achieving growth via push standards and/or driving aptitude over time, a continued opportunity to slide, race, and compete. However, their support and resources may be reduced. This *review period* will also be limited in time, but if athletes are able to demonstrate an ability to achieve the previously missed standards and benchmarks, they will be reinstated into the main pathway.

Additionally, the local tracks may nominate up to 2 pilots per year to be considered for entry into the Development level. In cooperation with the local tracks during Rookie and Development Sliding Camps, local track development coaches will work with the USABS development coaches to ensure consistent expectations and communication for the athletes.



			'A' Standard	'B' Standard	'C' Standard
Ice-House Push Standards	Push Athletes	Men	TBD	TBD	TBD
		Women	TBD	TBD	TBD
	Pilots	Men	TBD	TBD	TBD
		Women	TBD	TBD	TBD
8-item Combine Score		Men	740	700	660
		Women	740	700	660

Bobsled Athlete Progression Pathway (Pilot)



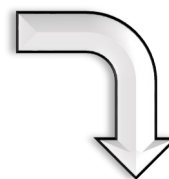
1. Recruitment

Phase 1 –

- Attend a Rookie Push Camp. Identified by:
 - GMTM
 - National Scouting Combine
 - NSCA
 - In-person Combine
- Meet 'C' Standard
- Eligible for Jr. Worlds

Phase 2 – (~ Year 1)

- Attend 1+ Rookie Sliding Camp (hosted by local tracks w/ USABS support)
- Show **"Sliding Aptitude"** (approx. ~40 runs from the top of combination of both tracks)
- Attend National Championships or 2nd Development Sliding Camp
- **Athletes may only participate in Recruitment Phase 2 for a maximum of 2 years**



2. Development

Phase 1 –

- Attend 1+ Development Sliding Camp (hosted by USABS w/ local track support)
- Attend National Championships or 2nd Sliding Camp
- Meet 'B' push standard
- Race in IBSF NAC/EC competition(s) based on discretion
- Show **"Sliding Aptitude"** (Approx. ~40+ runs from top of combination of both tracks)

Phase 2 –

- Attend National Championships and 1+ Sliding Camps
- Race in IBSF NAC/EC competition(s) based on discretion or NTT selection
- Meet/maintain 5-3-2
- Meet 'A' Standard *OR* Selected to National Team
- Show **"Sliding Aptitude"** (Approx. ~40+ runs from top of combination of both tracks)
- **Athletes may only participate in Development for 2 years after Jr. Worlds eligibility or a maximum of 4 total years.**



Provisionary

- Continue to show **"Sliding Aptitude"**
- Race in IBSF competition(s) based on NTT (will not be selected by discretion)
- Meet/maintain 5-3-2
- Meet 'A' Standard *OR* Selected to National Team by results (not discretion)
- Attend National Championships and/or Development Sliding Camps
- **Only 2 male and 2 female pilots may be in Provisionary Level. If more than 2 pilots are in Provisionary, the shortest tenured pilot will remain.**
- **Athletes may only participate in Provisionary for 2 years.**



3. Performance

Phase 1 –

- Selected to National Team
- Meet 'A' Standard

Phase 2 –

- Continue Racing on WC circuit

Local Tracks

Local tracks may identify bobsled pilots through their youth, club, or other sliding opportunities.



*** **Sliding Aptitude** – Establish and meet individual benchmarks and goals. These can be agreed upon with the development coach at the beginning of a camp and/or season as part of individual athlete plan. Essentially athletes are sliding with purpose to meet coaches' daily expectations.

Bobsled Athlete Progression Pathway (Push Athlete)



1. Recruitment

Phase 1 –

Attend a Rookie Push Camp. Identified by:

- GMTM
- National Scouting Combine
- NSCA
- In-person Combine
- Youth Programs from ORDA/UOP

Meet 'C' Standard

Phase 2 –

Attend Push Championships



2. Development

Phase 1

Race in Development circuit race (NAC/EC)

Meet 'B' Standard

Phase 2

Selected to National Team

Meet 'A' Standard



3. Performance

Phase 1

Meet 'A' Standard

Selected to National Team for 2+ years

Phase 2

Continue racing in World Cup races for 2+ years