

# MEETING AND TRAINING SESSIONS

2022 MINOR ATHLETE  
ABUSE PREVENTION  
PROGRAM



## POLICY APPLICATION

- Policy applies to all In-Program training sessions and meetings.
- Requirements for meetings with a licensed mental health care professional or health care provider apply at sanctioned events and facilities partially or fully under the Organization's jurisdiction.

## POLICY REQUIREMENTS

- 1** | Must follow **ALL** aspects of the One-on-One Interactions Policy
  - Observable
  - Interruptible
- 2** | Advanced written consent is required from a parent/guardian annually for all In-Program individual training sessions.
  - Consent can be withdrawn at any time.
- 3** | Parents/guardians must be allowed to observe the training session.
- 4** | Meetings with licensed mental health care professionals or health care providers (not including athletic trainers) do not have to be observable and interruptible if:
  - The door remains unlocked.
  - Another adult is present in the facility and aware of the meeting.
  - The Organization is aware of the meeting.
  - Provider must obtain consent from the parent/guardian per applicable laws and ethical standards.

## POLICY EXCEPTIONS

If one of the following exceptions exists with appropriate consent, In-Program transportation is not required to follow the One-on-One Interactions policy.

- 1** | Emergency
  - 2** | Dual Relationship – The Adult Participant has an existing relationship with Minor Athlete outside of the sport program.
  - 3** | Close-in-Age – The Adult Participant has no authority over the Minor Athlete and is not more than 4 years older than the Minor Athlete.
  - 4** | Personal Care Assistant – The Adult Participant is a Personal Care Assistant and has met all the requirements.
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## COMMON QUESTIONS

Can an individual training session be observable but not interruptible as long as a parent/guardian provides consent?

**A:** No. Individual training sessions must ALWAYS be observable and interruptible unless one of the exceptions exists. Parent/guardian consent is required annually for ALL training sessions.

Is advanced written consent required for a coach to provide individual instruction during practice sessions or competitions?

**A:** No. Individual instruction during a practice with other Minor Athletes present does not require consent. The instruction must still follow the One-on-One Interactions Policy.