



UNITED STATES BIATHLON
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US Biathlon Talent Identification Camp

Olympic Training Center
Lake Placid, New York

Dates:

Arrival: June 20th or 21st – camp starts on Sunday June 21st at 7:00 PM

Departure: June 25th – camp ends June 25th at 10:00 AM

Camp Activities:

US Biathlon is looking for talented endurance athletes who are interested in becoming world-class competitors. The talent identification camp will help us evaluate your stage in this journey.

- Physical tests, e.g. uphill run, 30 meter test
- Strength tests and flexibility screening
- Roller ski technique training with World Cup athletes Lowell Bailey, Susan Dunklee, Tim Burke, and Olympic Champion Andrea Henkel Burke
- Shooting drills and precision test
- Question and answer sessions with World Cup athletes Lowell Bailey, Susan Dunklee, Tim Burke, and Olympic Champion Andrea Henkel Burke
- Final running Biathlon competition running at the Olympic Biathlon venue Mt van Hoevenberg

Needed material:

- Gear for indoor and outdoor sport
- Gym shoes
- Running shoes
- Roller skis, ski boots, poles
- Writing material

Applications: please fill out the attached application form and email it to US Biathlon Chief of Sport Bernd Eisenbichler by May 5th : b_eisenbichler@yahoo.de

Invitations: will go out latest by May 15th

Travel: Applicants are responsible for their own travel. Those arriving by air should plan to arrive in Albany, NY.

Housing & Meals: The camp will take place at the Olympic Training Center in Lake Placid, NY. Meals and lodging will be provided there free of charge.

Application For US Biathlon Talent Identification Camp

- Due May 5th, 2015, but the sooner you apply the better!
- Email to US Biathlon Chief of Sport Bernd Eisenbichler: b_eisenbichler@yahoo.de

Name:

Address:

Date of Birth: mm/dd/yy

Email:

Cell phone:

Parents names and cell phone (for emergency contact):

Ski/Biathlon Club/School/College:

Coach's name, email and phone (optional):

High School and or College Graduation Dates:

Grade in school or college:

Right or Left handed:

Height:

Weight:

Do you have access to a biathlon rifle (not required):

List several of your best cross-country skiing results from the past two seasons (Cross Country National Champs, JNs, regional JNQs, State HS Champs, College Races, NCAA Champs, USSA Points FIS Points):

What other sports do you compete in? Please list some of your top results (times and distances) from the past two years. Please list team sports as well:

Have you had any laboratory testing-lactate profile or max VO₂? If so, please include results:

What were your training hours last year?

What are your goals in sport?

Why are you interested in Biathlon?