



2019 U.S. Biathlon Talent ID Camp

Overview

The U.S. Biathlon Team is hosting its annual Talent ID camp in Lake Placid, NY from June 16th to June 20th. This camp is used to identify current cross-country skiing talents and offer a development “fast track” to the National Team for selected athletes showing athletic potential.

Biathlon is a major career opportunity for talented cross-country skiers who want to continue racing professionally beyond college in front of tens of thousands on the vibrant World Cup biathlon scene. Athletes like Susan Dunklee (USA), Clare Egan (USA), Denise Herrmann (GER), Kaisa Makarainen (FIN) and many others have consistently proven that it’s possible to achieve world-class results without prior shooting experience at a younger age. With proper training, a strong skiing background, and a commitment to excellence, you can develop shooting skills in your early 20’s and go on to win World Championship medals. This could be you!

Camp Details

Who should apply: Talented xc skiers, with a proven record of successful National racing, who are looking to take their athletic career past college ski racing. You do not need to be a college graduate to apply, but you should be at least 20 years old.

What to expect as a result of camp: Athletes from this camp may be chosen to receive training support such as housing at the Olympic Training Center, and access to National Team Coaches, select National Team training camps, and a biathlon rifle. This camp can put you on the fast track to the U.S. Biathlon National Team and international racing.

Coaching: Four-time Olympian and World Championship Silver medalist Tim Burke will lead this camp along with Development Staff Danika Frisbie. Olympic Champion Andrea Burke and World Champion Lowell Bailey will help with select training sessions. Current National Team athletes who have come through the Talent ID program will also be available for Q & A sessions.

Where: Olympic Training Center
Lake Placid, NY 12946

When: Arrivals on Sunday, June 16th. Camp will begin at 8am on Monday, June 17th
Departure: Thursday, June 20th. Camp ends at 11 am on the 20th.

Travel: Participants are responsible for their own travel. Those traveling by air should plan to arrive in Albany, NY.

Lodging and Meals: Lodging and meals will be provided free of charge at the Lake Placid Olympic Training Center.

What to Bring: Running gear, gym shoes, skate roller skis, poles, ski boots, helmet. If you have access to a biathlon rifle bring it. If not, we've got you covered.

Camp Activities: Rollerski technique sessions, intro to shooting and shooting drills, uphill run time trial, strength training, rollerski time time trial.

To Apply

Interested athletes should answer the follow questions and send to Tim Burke at burketjb@gmail.com by May 5th. You will hear back no later than May 15th if you have been invited to participate in the camp.

Name:

Address:

Date of Birth:

Email:

Cell phone:

Parents names and cell phone (for emergency contact):

Ski/Biathlon Club/School/College:

Coach's name, email and phone (optional):

High School and or College Graduation Dates: Grade in school or college:

Right or Left handed:

Height:

Weight:

Do you have access to a biathlon rifle (not required):

List several of your best cross-country skiing results from the past two seasons (Cross Country National Champs, JNs, regional JNQs, State HS Champs, College Races, NCAA Champs, USSA Points, FIS Points):

What other sports do you compete in?

Please list some of your top results (times and distances) from the past two years:

Have you had any laboratory testing: lactate profile or max VO₂? If so, please include results:

What were your training hours last year?

What are your goals in sport?

Why are you interested in Biathlon?