

Chula Vista Elite Athlete Training Center

Short-Term Training Program Policy

This document outlines the requirements to be eligible to apply for a short-term training program at the Chula Vista Elite Athlete Training Center.

Short-Term Training Program

A short-term training program (defined as a program with duration of 90 days or less) is designed to give athletes the opportunity to train at the Chula Vista Elite Athlete Training Center. The athlete must have specific training goals in mind and be willing to work hard during their time at the training center. The candidate athlete understands that they will have a self-developed training program. This program may not conflict with any USA Archery Resident Athlete training session or activity unless permission is given by the USA Archery National Head Coaching Staff. Coaching from the USA Archery National Head Coaching Staff will not be provided.

Eligibility

Athletes applying for a short-term program must meet the following requirements:

- 1) Be a current member of USA Archery
- 2) Be a minimum of 18 years of age
- 3) Be a U.S. citizen. If an athlete does not have a valid U.S. passport they must have the written permission of the Member Association, if any, of the country from which they have a valid passport.
- 4) Meet the Minimum Qualifying Score(MQS) outlined in Tables 1 and 2.

Access

Athletes who meet the eligibility requirements may apply for short term programs at the Chula Vista Elite Athlete Training Center, but will be required to coordinate and pay all costs associated with on-site housing, facility use, and/or meals. Athletes will also be responsible for their travel to and from the Chula Vista Elite Athlete Training Center in Chula Vista, California.

Application Process

Athletes applying for a short-term program shall complete these requirements:

1. Complete the Short-Term Training Program Application Form and return to lmalavasi@usarchery.org.
2. If the application is approved by USA Archery, you must coordinate your stay with the following contacts:
 - a. Lodging, Meals and Facility Access
Contact: Chula Vista Elite Athlete Training Center - info@easchulavista.com or 1-619-656-1500
 - b. Archery Center Access
Contact: Easton Archery Center for Excellence - info.eace@esdf.org or [1-619-205-4326](tel:1-619-205-4326)

Table 1

Senior Recurve MQS	
Division	Double 70m Score
Senior	<i>620 Men / 605 Women</i>

Table 2

Para MQS	
Event	72 Arrow Round Score
Men's Individual Compound – W1	600+
Men's Individual Compound Open	660+
Men's Individual Recurve Open	600+
Women's Individual Compound W1	530+
Women's Individual Compound Open	630+
Women's Individual Recurve Open	550+

Short-Term Training Program Application

Section 1 (Applicant Information):

Applicant Name: _____ Male Female
Address: _____
City: _____ State: _____ Zip Code: _____
Home Phone: _____ Cell Phone: _____
Date of Birth: _____ E-Mail Address: _____
USA Archery Member Number: _____

Section 3 (Personal Coach Information):

Coach Name: _____ Coach Phone No.: _____
Coach Email: _____

Section 4 (Training):

Note: The following is for information collection only and is does not affect your application.

1. Does your personal coach teach the National Training System? Yes No
2. How often do you meet with your personal coach? _____ Per week _____ Per Month
3. What is your training schedule?

- Number of days per week _____
- Number of hours per day _____
- Average Number of arrows shot per training session:
 - Blank Bale _____
 - At distance _____
- Please select the style of archery you compete in:
 - 18M Indoor Yes No
 - Outdoor Yes No
 - Longest competitive event distance you shoot: _____

Section 5 (Tournament Experience):

List the results of any USA Archery outdoor sanctioned tournaments you attended in the year the application is being submitted.

Tournament	Location of Event	Date of Event	Score	
			144 Arrow Round	72 Arrow Round
USAT				
Arizona Cup	Arizona			
SoCal Showdown	California			
Gator Cup	Florida			
Texas Shootout/Buckeye Classic	Texas/Ohio			
JOAD Nationals or National Target Championships				
Other Events				

Section 6 (Minimum Qualifying Score)

The MQS must be achieved in the year of application submission. Please attach proof of achieving MQS with application. If scorecard is unavailable, attach posted score from website or photo of applicable scorecard.

MQS: FITA (1250 Men/ 1240 Women) _____ -- or -- 72 Arrow Round Score _____

Distance _____

Tournament Name and Location: _____ Date _____

Terms and Conditions

I understand that if approved for a Short-Term Training Program in Chula Vista, I will have to follow all the policies and procedures set forth by USA Archery, the Easton Archery Center of Excellence and the Chula Vista Elite Athlete Training Center. If I violate the policies of any organization, the SafeSport Code, Code of Ethics, or am found guilty of misconduct during practice or during my residency at the Chula Vista Elite Athlete Training Center, my Short Term Training Program will be immediately terminated. USA Archery is not responsible for any travel logistics, or costs associated with the applicants Short-Term Training Program at the Chula Vista Elite Athlete Training Center, including cancellation fees. USA Archery cannot guarantee the training dates you request will be available.

Name of Applicant

Signature of Applicant

Date of Application