



Recurve Junior Dream Team- Selection Camp

Minimum Criteria and Selection Process

The Recurve Junior Dream Team (RJDT) consists of select male and female archers of varying ages and abilities. At the end of each calendar year, a varying number of open positions become available for new qualified archers to fill. When the USA Archery National Head Coach (NHC) decides it is time to fill some or all of these open positions, a Selection Camp is held (typically in November or December) to select primary and alternate archers to become members of the RJDT. Alternates are used when additional openings become available beyond the initial selection process throughout the next calendar year. The following information describes the process that is used to select potential members and should be used to aid archers, parents, and coaches as they consider applying for RJDT membership.

Part 1 – **Minimum Criteria:** The following criteria must be met or agreed to before an archer can be considered for selection camp attendance. The NHC will make the final selection.

1. Be a minimum of 12 years of age, maximum of 18 at the time of the selection camp and a current member of USA Archery. Archers 14 years of age and younger (unaccompanied minor as defined by airlines) require a parent or designated representative to accompany them, as RJDT staff will not accept unaccompanied minors at the airport.
2. Be a U.S. citizen or a Permanent Resident (holder of a Green Card) that is on the path to U.S. citizenship.
3. Agree to use the National Training System (NTS) shooting technique.
4. Agree to use an assigned RJDT coach to help and track your progress when at home in addition to your local coach.
5. Fill out and submit the NEW RJDT Membership Application form.
6. Read and sign the RJDT Determination and Commitment Memo (archer and his or her parent/legal guardian).
7. Have shot a minimum qualifying score (MQS) during the calendar year. These scores may be obtained at any United States Archery Team (USAT) or USA Archery sanctioned events listed as State, Regional, National, or International. Proof of obtaining the score must accompany the application for membership. This proof can be in the form of a link to a website of published scores, a copy of the published results, or a copy of a signed score card.



MINIMUM QUALIFYING SCORE (MQS) CRITERIA

Age Class	FITA Distances		72 Arrow Max Distance	
	MALE	FEMALE	MALE	FEMALE
Cub (13-14)	50M, 40M, 30M, 20M	50M, 40M, 30M, 20M	50M	50M
Cadet (15-17)	70M, 60M, 50M, 30M	60M, 50M, 40M, 30M	60M	60M
Junior (18-20)	90M, 70M, 50M, 30M	70M, 60M, 50M, 30M	70M	70M

MQS SCORE

	FITA		72 Arrow at Max Distance	
	MALE	FEMALE	MALE	FEMALE
Cub	1210	1190	610	600
Cadet	1210	1190	610	600
Junior	1210	1170	610	590

8. Email the forms to the RJDT Coordinator- Gary Yamaguchi as shown on the application form.

After all applications have been reviewed by the NHC, a final selection will be made as to those who will receive invitations to the Selection Camp. The total number of applicants is typically based upon the number of coaches that are available to assist in the evaluation process. Applicants will typically stay on site. However, if the number of applicants exceeds the number of available beds, there may be an option to stay offsite and return each day for training.

Costs: There is a cost of \$110 per day for room and board, plus additional fees to cover administrative costs and OTC fees. Transportation is provided via Olympic Training Center vans and drivers for flights arriving and departing between the hours of 7:00 am and 7:00 pm only.

Part 2 – Selection Process: The evaluations use both Quantitative and Qualitative data and criteria (See Attachment 1). Quantitative data are things that can be measured, like competition scores and physical fitness. Qualitative data are things that the coaching staff observes during the week such as attitude, team interaction, work ethic, and coachability. All attempts will be made to have the final criteria provided to each candidate prior to attending the camp. If circumstances require a change during the camp, the change will be discussed during the first day orientation meeting or as soon as possible during the week. No criteria will be changed that could result in an unfair advantage for one or more archers over another.



The RJDT Selection Camp will typically consist of the following activities:

- 2-4 hours of open shooting on arrival day. This gives the coaching staff an opportunity to mingle with the archers and get to know them and observe their current shot process. None of this is used in the selection process.
- Orientation meeting on arrival day. At this meeting, the selection criteria will be discussed.
- Physical training each morning.
- Two 36-arrow rounds for score. Coaches will roam from archer to archer or group to group making assessments.
- Round robin matches. Used for coach observation only.
- Physical fitness test that consists of the BEEP or shuttle run test, push-ups achieved in 2 minutes, and sit-ups achieved in 2 minutes.
- 2 days of rectification or active coaching where each coach will spend approximately 90 minutes working with each group (coaches will rotate from group to group until the day's activities are completed). During this time, the NTS is being taught.
- Gold Game.
- Team Round and/or simulated Team Round.
- Coaches meeting to discuss evaluations.

Once the evaluations are compiled (a spreadsheet is used to document and calculate numerical scores based upon the selection criteria), each coach will rank the archers according to the information he or she has gathered during the camp. The coaching staff and the NHC will review and discuss the individual results and a single ranking for both males and females will be developed. From that ranking the coaching staff will make a recommendation to the NHC for immediate additions and alternates. The final selection is not based solely on the final tabulated score or ranking. It also depends upon the type of open slot (male or female) that is available. The team structure is based upon having 18 males and 18 female team members, but if, during the camp, additional male or female archers are found to be demonstrably better than archers of the other gender, we will shift the numbers to favor that gender by a maximum of 3 archers. As an example: If there are 3 open male spots and 3 open female spots. This would make the team total 18/18. If we had 5 males that stood out as being more advanced than the females or the last two females (of the 3), we will make the selection 5/1 instead of 3/3 to make the team total 20/16.



ATTACHMENT 1

Recurve Junior Dream Team (RJDT) Selection Criteria

New members to the RJDT are selected using a variety of criteria. In addition to this, an archer's potential for advancement and improvement is also weighed in the selection process.

The selection process is based in part on the system outlined below:

Quantitative Score

- First two 36 arrow round scores
 - Each 36-arrow score is used to rank the archers from highest to lowest by gender.
- 72-arrow Gold Game
 - Total score is used to rank the archers from highest to lowest by gender.
- Team Round
 - Arrow average is used to rank archers highest to lowest by gender (archers keep track of individual arrow scores).
- Physical Fitness
 - Archers are ranked highest to lowest by an adjusted score and separated by gender.
- 40 second 72-arrow simulated team
 - Total score is used to rank archers from highest to lowest by gender.
- Second two 36-arrow round scores
 - Each 36-arrow score is used to rank the archers from highest to lowest by gender.

Each rank score is added and sorted to get a final ranking by gender.

Qualitative Score

Coach's Evaluation and Ranking: Points are initially assigned per coach based upon the total number of archers at the camp by gender. The coaches will independently rank the archers. By ranking them, the point total is automatically adjusted based upon that rank. The evaluation is based upon, but not limited to, the following:

- Teamwork
- Progress at Camp
- Motivation
- Work Ethic
- Grasp of National Training System
- Potential
- Maintain Positive Attitude
- Ethics
- Ability to Make Form Changes



Points are totaled per archer and the archers are ranked from lowest score to highest.

Final ranking and selection:

The quantitative rank score and the qualitative rank score are added together and the archers are sorted, using those scores, from lowest total to highest, by gender. Based upon that final ranking and the number of open and alternate spots, the new team members are selected. Once that initial selection is made, the coaches will discuss the results to determine if the gender selection number needs to be adjusted based upon the overall performance of the archers during the camp. Once the coaches are satisfied with the results, the process ends. It should be noted that the National Head Coach acts as a facilitator only and has no say in who the new team members are.



Recurve Junior Dream Team- Selection Camp **Application**

Review selection criteria and return completed application to recurvejdt@usarchery.org or by mail to:
Gary Yamaguchi, Recurve JDT Coordinator, 2517 East Rocky Slope Drive Phoenix, AZ 85048

Section 1 (Applicant Information):

Applicant Name: _____ Male _____ Female _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Cell Phone: _____

Date of Birth: _____ E-Mail Address: _____

Section 2 (U.S. Citizenship):

U.S. Citizen: ____ Yes ____ No (If the applicant is not a U.S. Citizen, the applicant must be a permanent resident and in the process of becoming a U.S. citizen). See the following:

If No was answered for U.S. Citizen, complete the following:

Permanent Resident:

_____ Yes (Attach a copy of the applicants "Green Card" and Include copies of completed pages 1, 6, and 10 of form N-400, "Application for Naturalization" Department of Homeland Security – U.S. Citizenship and Immigration Services)

_____ No (JDT Membership is not authorized) – **DO NOT SUBMIT APPLICATION**

Section 3 (Coach Information):

Personal Coach: _____ Coach Phone No.: _____

Club: _____ Coach Email: _____



Section 5 (Training):

Note: The following is for information only and is not used to determine if an application will be accepted or rejected.

1. Does your personal coach teach the National Training System? ____ Yes ____ No
2. How often do you meet with your personal coach? _____ Per week _____ Per Month
3. What is your training schedule?
 - Number of days per week _____
 - Number of hours per day _____
 - Average Number of arrows shot per training session:
 - Blank Bale _____
 - At distance _____
 - Please select the style of archery you compete in:
 - 18M Indoor ____ Yes ____ No
 - Outdoor ____ Yes ____ No
 - Longest competitive event distance you shoot: _____



Recurve JDT Determination & Commitment

It takes a tremendous amount of commitment to remain competitive on the National and International level. As a member of the RJDT, you must be totally committed to excellence and continuing to learn, grow and improve. You do this not only as an individual RJDT member and competitor, but as a team as well. It must be that you are determined to be the best in the world, not just the best in the United States. The following is the minimum commitment that a potential RJDT Archer must display:

- Attend JOAD Nationals and at least two other outdoor JOAD or USAT qualifiers.
- Attend U.S. Team Trials for World Archery Youth Championships (WAYC) if you are competing in a class that is participating in the WAYC that year.
- Attend 2 RJDT camps per calendar year and not miss two consecutive camps unless specifically approved beforehand.
- Show continuing technical progress in your shooting form.
- All RJDT athletes are required to meet a minimum scoring performance standard by the end of the calendar year in order to remain on the RJDT. This standard will be reviewed with the athlete during the Key Performance Indicator (KPI) review at the last camp of each calendar year. If the performance level is not met, the athlete will have a six-month period to bring their performance up to the required level. The score may be shot at any USA Archery sanctioned tournament at the state level or higher (see page 2 for the scoring matrix).
- Achieve a minimum grade of “Satisfactory” on the end of year review. This review uses the KPI process that is established for the JDT (see page 4 for an example of the KPI).
- Show continuing improvement in the ability to self-coach.
- Show physical progress from camp to camp using the Beep Test or the fitness test results.
- Be able to demonstrate and explain the National Coaching System before a group.
- Be a team player.
- Participate in all RJDT camp activities unless injured.
- Display exemplary sportsmanship and respect to others at all times.
- Maintain contact with assigned RJDT coach between camps by email, phone, Skype or video.
- Submit RJDT Home Log Book weekly to the NHC and assigned RJDT Coach.
- Always follow Athlete Code of Conduct.

Parent's Signature: _____

Date: _____

Archer's Signature: _____

Date: _____