



## **2019 USA Diving Region 8 Championships**

May 3, 2019 – May 5, 2019

## Meet Administration



### Facility Address

620 7<sup>th</sup> Ave E  
West Fargo, ND, 58078

### Meet Director

Emily Pascavis  
(651) 216-0088  
Emily@redriverdiving.com

### USA Diving Director of Membership & Events

Chris Zukas  
317-237-5255  
Chris.Zukas@USADiving.org

### Technical Meeting

Friday, May 3<sup>rd</sup>, 2019  
5:00-5:30pm

### Sportsmanship Statement

USA Diving promotes good sportsmanship by athletes, coaches and spectators. We request your cooperation by supporting the participants and officials in a positive manner. Profanity, racist or sexist comments or other intimidating actions directed at judges, meet personnel, athletes, coaches, spectators, or team representatives are grounds for removal from the site of competition. Thank you in advance for your cooperation.

### Anti-bullying Policy

Hazing, harassment, intimidation, menacing or bullying and acts of cyberbullying by members, towards any member is strictly prohibited. Retaliation against any person who reports, is thought to have reported, files a complaint or otherwise participates in an investigation or inquiry is also strictly prohibited. False charges shall also be regarded as a serious offense and will result in disciplinary action or other appropriate sanctions. Persons whose behavior is found to be in violation of this policy will be subject to discipline, up to and including expulsion. USA Diving may also make referrals to law enforcement officials.

### Use of Audiovisual Equipment

Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms or locker rooms.

### Deck Changing

Changing into or out of swimsuits other than in locker rooms or designated changing areas is not appropriate and is prohibited.

## Meet Information



### Entering the Meet

All athlete and coach meet entries must be made online at [www.divemeets.com](http://www.divemeets.com) prior to April 15, 2019 at 5PM ET

### Entry Fees:

\$50 per event

### Late Registration

Coaches – If a coach misses the online registration deadline, a \$20 late fee will be assessed prior to deck authorization.

Athletes – Athletes may still register after the deadline. A \$100 late fee will be assessed in addition to the entry fee if registering online after the deadline. If registering on deck, a \$100 late fee will be assessed and the entry fee will be \$60 per event. Athletes previously registered for the meet who wish to add an event will only pay \$60 per event.

### International Divers

In accordance with USA Diving rules, international athletes may participate in USA Diving Regional Championships but may not advance to Zones or Nationals and may not take a qualifying spot away from a diver with USA citizenship.

### Directions to Pool

From 94, take exit 347 to 9<sup>th</sup> Street E  
Left on 7<sup>th</sup> Ave E  
Pool is on the right hand side

### Parking Information

Main parking lot: off of 7<sup>th</sup> Ave E.  
Overflow parking lot: off of 4<sup>th</sup> Ave E.

### Pool Hours

Friday, May 3<sup>rd</sup>: 5:30am-8:30pm  
Saturday, May 4<sup>th</sup>: 6:30am-8:00pm  
Sunday, May 5<sup>th</sup>: 6:00am-6:00pm

# Order of Events



## 2019 USA Diving Region 8 Championships

### Schedule of Events:

Day 1			
Event	Age Group	Schedule	
Flighted Warm Ups		7:00am-8:30am	
Event Warm Up		Warm Ups:	8:40am-9:10am
1M	Girls 11 & Under [D] and 12-13 [C]	Competition Start:	9:15am
3M	Boys 11 & Under [D] and 12-13 [C]	Competition End:	10:30am
Event Warm Up		Warm Ups:	10:35am-11:20am
1M	Girls 14-15 [B]	Competition Start:	11:25am
3M	Boys 14-15 [B]	Competition End:	1:45pm
Event Warm Up		Warm Ups:	1:50pm-2:50pm
1M	Girls 16-18 [A]	Competition Start:	2:55pm
3M	Boys 16-18 [A]	Competition End:	5:40pm
2 hours of open boards following the completion of competition.			

Day 2			
Event	Age Group	Schedule	
Flighted Warm Ups		6:30am-8:00am	
Event Warm Up		Warm Ups:	8:10am-8:40am
1M	Boys 11 & Under [D] and 12-13 [C]	Competition Start:	8:45am
3M	Girls 11 & Under [D] and 12-13 [C]	Competition End:	9:15am
Event Warm Up		Warm Ups:	9:20am-10:05am
1M	Boys 14-15 [B]	Competition Start:	10:10am
3M	Girls 14-15 [B]	Competition End:	12:00pm
Event Warm Up		Warm Ups:	12:05pm-1:05pm
1M	Boys 16-18 [A]	Competition Start:	1:10pm
3M	Girls 16-18 [A]	Competition End:	4:40pm

## Tickets and Accommodations



### Ticket Information

The Hulbert Aquatic Center can hold 1,100 people.

Single Day Wristband: \$10

2-Day Wristband: \$15

### Hotels

NTS Events Management is proud to serve as the Official Travel Partner for USA Diving! Hotel, air or car...whatever your travel needs, NTS has the solution. We have a full staff of experienced travel professionals excited to assist you! For more information visit: [www.ntssportstravel.com/events/diving.shtml](http://www.ntssportstravel.com/events/diving.shtml)

### United Airlines

As a member of USA Diving, you are eligible to receive discounted flights to USA Diving events on United Airlines. Book now by calling the United Olympic Desk at 1-800-841-0460 and receive up to 10% off the retail fare price by mentioning the designated Tour Code: UO21. By using the designated code when booking through United, your purchase benefits USA Diving and Team USA. Thank you for your continued support.

## Facility



### Equipment

**All boards are Maxiflex "B" – new in 2017.**

- (4) 1-Meter Diving Boards
- (2) 3-Meter Diving Boards
- (4) Infrared Wall Mounted Heaters
- (4) On-Deck Hot Water Showers



The Hulbert Aquatic Center is equipped with a 54 meter long by 25-yard wide competition pool with 2 movable bulkheads.

Water Depth: The competitive pool ranges from 7ft to 14.3ft deep

Water Temp: Ranging from 78 to 82 degrees F

Gallons of Water: 867,660 gallons

Dimensions: 54 meters long by 25 yards wide

Deck: 10,200 sq. ft. pool deck with on-deck athlete seating for 640