

Dates	Divers	Dives	Minutes	Duration	Start Time	End Time	Event	Notes	Board
Friday, July 28					7:00AM	5:00PM	Training		
					5:00PM		Coaches Meeting		
					TBD		Opening Ceremony		
Saturday, July 29					7:00AM	8:00AM	Training		
					8:00AM	9:00AM	Event Warm Up		
	21/21	6	63	1h 5	9:00AM	10:20AM	D Boys 1m Prelims	Concurrent 21/21 split	K / J Platforms
	24	5	80.4	1h 20			D Girls Plat Prelims		
					10:20AM	12:40PM	Training		
					12:40PM	12:50PM	Event Introduction		
					12:50PM	1:50PM	Event Warm Up		
	30	6	120.6	2h	2:00PM	4:00PM	D Boys 1m Finals	Concurrent	K / J Platforms
	30	5	100.5	1h 40			D Girls Plat Finals		
					4:00PM	8:00PM	Awards / Training		
Sunday, July 30					7:00AM	8:00AM	Training		
					8:00AM	9:00AM	Event Warm Up		
	24	5	80.4	1h 20	9:00AM	10:35AM	D Boys Plat Prelims	Concurrent 21/21 split boards	Platforms I / H C / B F / E
	21/21	6	63	1h 5			D Girls 3m Prelims		
	21/21	9	94.5	1h 35			B Boys 3m Prelims		
	21/21	8	84	1h 25			B Girls 1m Prelims		
					10:35AM	11:35AM	Event Warm Up		
	21/21	7	73.5	1h 15	11:35PM	1:30PM	C Girls 1m Prelims	Concurrent 21/21 split boards	K / J Platforms F / E C / B
	24	7	112.56	1h 55			C Boys Plat Prelims		
	21/21	10	105	1h 45			A Girls 1m Prelims		
	21/21	11	115.5	1h 55			A Boys 3m Prelims		
					1:30PM	1:40PM	Event Introduction		
					1:40PM	2:40PM	Event Warm Up		
	30	5	100.5	1h 40	2:40PM	4:40PM	D Boys Plat Finals	Concurrent	Platforms I / H
30	6	120.6	2h	D Girls 3m Finals					
				4:40PM	8:00PM	Awards / Training			
Monday, July 31					7:00AM	8:00AM	Training		
					8:00AM	9:00AM	Event Warm Up		
	21/21	6	63	1h 5	9:00AM	11:10AM	D Boys 3m Prelims	Concurrent 21/21 split boards	I / H K / J C / B Platforms
	21/21	6	63	1h 5			D Girls 1m Prelims		
	21/21	8	84	1h 25			B Girls 3m Prelims		
	24	8	128.64	2h 10			B Boys Plat Prelims		
					11:10AM	12:10PM	Event Warm Up		
	21/21	8	84	1h 25	12:10PM	2:35PM	C Boys 3m Prelims	Concurrent 21/21 split boards	I / H Platforms F / E
	24	9	144.72	2h 25			A Girls Plat Prelims		
	21/21	11	115.5	1h 55			A Boys 1m Prelims		
					2:35PM	2:45PM	Event Introduction		
					2:45PM	3:45PM	Event Warm Up		
	30	6	120.6	2h	3:45PM	5:45PM	D Boys 3m Finals	Concurrent	I / H K / J Platforms
30	6	120.6	2h	D Girls 1m Finals					
24	6	96.48	1h 40	C Girls Plat Prelims					
				5:45PM	8:00PM	Awards / Training			

Age Group Key
A = 16-18
B = 14-15
C = 12-13
D = 11 & Under

Dates	Divers	Dives	Minutes	Duration	Start Time	End Time	Event	Notes	Board	
Tuesday, August 1					7:00AM	8:00AM	Training			
					8:00AM	9:00AM	Event Warm Up			
	24	7	112.56	1h 55	9:00AM	10:55AM	B Girls Plat Prelims	Concurrent 21/21 split boards	Platforms	
	21/21	9	94.5	1h 35			B Boys 1m Prelims		F / E	
	21/21	8	84	1h 25			C Boys 1m Prelims		K / J	
						10:55AM	11:55AM	Event Warm Up		
	21/21	7	73.5	1h 15	11:55AM	2:35PM	C Girls 3m Prelims	Concurrent 21/21 split boards	I / H	
	21/21	10	105	1h 45			A Girls 3m Prelims		C / B	
	24	10	160.8	2h 40			A Boys Plat Prelims		Platforms	
					2:35PM	8:00PM	Training			
Wednesday, August 2					7:00AM	7:50AM	Training			
					7:50AM	8:00AM	Event Introduction			
					8:00AM	9:00AM	Event Warm Up			
	30	7	140.7	2h 20	9:00AM	11:20AM	C Girls 1m Finals	Concurrent	K / J	
	30	7	140.7	2h 20			C Boys Plat Finals		Platforms	
					11:20AM	8:00PM	Awards / Training			
Thursday, August 3					7:00AM	7:55AM	Training			
					7:55AM	8:00AM	Event Introduction			
					8:00AM	9:00AM	Event Warm Up			
	30	9	135	2h 15	9:00AM	11:20AM	B Boys 3m Semi Finals	Concurrent	C / B / A	
	30	8	120	2h 20			B Girls 1m Semi Finals		G / F / E	
	30	6	120.6	2h			C Girls Plat Finals		Platforms	
						11:40AM	11:45AM	Event Introduction		
						11:45AM	12:45PM	Awards / Event Warm Up		
	30	10	150	2h 30	12:45PM	3:30PM	A Girls 1m Semi Finals	Concurrent	G / F / E	
	30	11	165	2 h 45			A Boys 3m Semi Finals		C / B / A	
	30	8	160.8	2h 20			C Boys 3m Finals		I / H	
						3:30PM	3:40PM	Event Introduction		
						3:40PM	4:40PM	Awards / Event Warm Up		
	12	4	32.16	35 min	4:40PM	5:15PM	B Boys 3m Finals	Concurrent	C / B / A	
	12	3	24.12	25 min			B Girls 1m Finals		G / F / E	
						5:15PM	5:25PM	Event Introduction		
						5:25PM	6:25PM	Awards / Event Warm Up		
12	5	40.2	40 min	6:25PM	7:15PM	A Girls 1m Finals	Concurrent	G / F / E		
12	6	48.24	50 min			A Boys 3m Finals		C / B / A		
					7:15PM	8:00PM	Awards / Training			

Dates	Divers	Dives	Minutes	Duration	Start Time	End Time	Event	Notes	Board
Friday, August 4					7:00AM	7:55AM	Training		
					7:55AM	8:00AM	Event Introduction		
					8:00AM	9:00AM	Event Warm Up		
	30	8	160.8	2h 40	9:00AM	11:40AM	B Boys Plat Semi Finals	Concurrent	Platforms
	30	8	120	2h			B Girls 3m Semi Finals		C / B / A
	30	8	160.8	2h 40			C Boys 1m Finals		K / J
					11:40PM	11:50PM	Event Introduction		
					11:50PM	12:50PM	Awards / Event Warm Up		
	30	9	180.9	3h	12:50PM	3:50PM	A Girls Plat Semi Finals	Concurrent	Platforms
	30	11	165	2h 45			A Boys 1m Semi Finals		G / F / E
	30	7	140.7	2h 20			C Girls 3m Finals		I / H
					3:50PM	4:00PM	Event Introduction		
					4:30PM	5:30PM	Awards / Event Warm Up		
	12	4	32.16	35 min	5:30PM	6:05PM	B Boys Plat Finals	Concurrent	Platforms
	12	3	24.12	25 min			B Girls 3m Finals		C / B / A
					6:05PM	6:15PM	Event Introduction		
					6:15PM	7:15PM	Awards / Event Warm Up		
	12	5	40.2	40 min	7:15PM	8:05PM	A Girls Plat Finals	Concurrent	Platforms
12	6	48.24	50 min	A Boys 1m Finals			G / F / E		
				8:05PM	8:15PM	Awards			
Saturday, August 5					7:00AM	8:00AM	Training		
					8:00AM	9:00AM	Event Warm Up		
	30	9	135	2h 15	9:00AM	11:15AM	B Boys 1m Semi Finals	Concurrent	G / F / E
	30	7	140.7	1h 45			B Girls Plat Semi Finals		Platforms
					11:15AM	12:15PM	Event Warm Up		
	30	10	150	2h 30	12:15PM	3:35PM	A Girls 3m Semi Finals	Concurrent	C / B / A
	30	10	201	3h 20			A Boys Plat Semi Finals		Platforms
					3:35PM	3:45PM	Event Introduction		
					3:45PM	4:45PM	Event Warm Up		
	12	4	32.16	35 min	4:45PM	5:20PM	B Boys 1m Finals	Concurrent	G / F / E
	12	3	24.12	25 min			B Girls Plat Finals		Platforms
					5:20PM	5:30PM	Event Introduction		
				5:30PM	6:30PM	Awards / Event Warm Up			
12	5	40.2	40 min	6:30PM	7:20PM	A Girls 3m Finals	Concurrent	C / B / A	
12	6	48.24	50 min			A Boys Plat Finals		Platforms	
				7:20PM	7:30PM	Awards			
Sunday, August 6					7:00AM	5:00PM	Training		
Monday, August 7					7:00AM	5:00PM	Training		
					5:00PM		Coaches Meeting		
Tuesday, August 8					7:00AM	8:00AM	Training		
					8:00AM	9:00AM	Event Warm Up		
	44	6	120	2h 15 min	9:00AM	11:15AM	Sr Mens 1m Semi Final		G / F / E
					11:15AM	12:15PM	Event Warm Up		
	48	5	100	2h	12:15PM	2:15PM	Sr Wms 1m Semi Final		G / F / E
					2:15PM	2:20PM	Event Introduction		
					2:20PM	3:00PM	Event Warm Up		
	10	6	44.22	45 min	3:00PM	3:45PM	Sr Mens 1m Final		G / F / E
					3:45PM	3:50PM	Event Introduction		
					3:50PM	4:30PM	Awards / Event Warm Up		
10	5	36.85	40 min	4:30PM	5:10PM	Sr Wms 1m Final		G / F / E	
				5:10PM	8:00PM	Awards / Training			

Dates	Divers	Dives	Minutes	Duration	Start Time	End Time	Event	Notes	Board
Sunday, August 6					7:00AM	5:00PM	Training		
Monday, August 7					7:00AM	5:00PM	Training		
					5:00PM		Coaches Meeting		
Tuesday, August 8					7:00AM	8:00AM	Training		
					8:00AM	9:00AM	Event Warm Up		
	44	6	120	2h 15 min	9:00AM	11:15AM	Sr Mens 1m Semi Final		G / F / E
					11:15AM	12:15PM	Event Warm Up		
	48	5	100	2h	12:15PM	2:15PM	Sr Wms 1m Semi Final		G / F / E
					2:15PM	2:20PM	Event Introduction		
					2:20PM	3:00PM	Event Warm Up		
	10	6	44.22	45 min	3:00PM	3:45PM	Sr Mens 1m Final		G / F / E
				3:45PM	3:50PM	Event Introduction			
				3:50PM	4:30PM	Awards / Event Warm Up			
	10	5	36.85	40 min	4:30PM	5:10PM	Sr Wms 1m Final		G / F / E
					5:10PM	8:00PM	Awards / Training		
Wednesday, August 9					7:00AM	8:00AM	Training		
					8:00AM	9:00AM	Event Warm Up		
	53	6	120	2h 40	9:00AM	11:40AM	Sr Mens 3m Quarter	Concurrent	C / B / A Platforms
	22	5	134	2h			Sr Wms PL Quarter		
					11:40AM	12:40PM	Event Warm Up		
	18	6	54	1h	12:40PM	1:40PM	Sr Mens 3m Semi Final		C / B / A
					1:40PM	2:40PM	Event Warm Up		
18	5	60.3	1h	2:40PM	3:40PM	Sr Wms PL Semi Final		Platforms	
				3:40PM	8:00PM	Training			
Thursday, August 10					7:00AM	8:00AM	Training		
					8:00AM	9:00AM	Event Warm Up		
	49	5	100	2h 10	9:00AM	11:40AM	Sr Wms 3m Quarter	Concurrent	C / B / A Platforms
	25	6	160.8	2h 40			Sr Mens PL Quarter		
					11:40AM	12:40PM	Event Warm Up		
	18	5	45	45 min	12:40PM	1:25PM	Sr Wms 3m Semi Final		C / B / A
					1:25PM	2:25PM	Event Warm Up		
18	6	72.36	1h 15	2:25PM	3:40PM	Sr Mens PL Semi Final		Platforms	
				3:40PM	8:00PM	Training			
Friday, August 11					12:00PM	5:10PM	Training		
					5:15PM	5:20PM	Event Introductions		
					5:20PM	6:20PM	Event Warm Up		
	14	6	60.3		6:30PM	7:31PM	Sr Mens 3m Final	NBC Taping	C / B / A
					7:41PM	7:46PM	Awards		
					7:50PM	7:55PM	Event Introductions		
					7:55PM	8:55PM	Event Warm Up		
	14	5	50.25		9:05PM	9:56PM	Sr Wms PL Final	NBC Live	Platforms
					10:06PM	10:11PM	Awards		
Saturday, August 12					7:00AM	9:05AM	Training		
					9:05AM	9:45AM	Event Warm Up		
					9:45AM	9:50AM	Event Introductions		
	14	6	60.3		10:00AM	11:00AM	Sr Mens PL Final		Platforms
					11:00AM	11:05AM	Event Introductions		
					11:05AM	11:45AM	Awards / Event Warm Up		
	14	5	50.25		11:45AM	12:35PM	Sr Wms 3m Final		C / B / A
				12:35PM	12:40PM	Awards			