



U.S. OLYMPIC TEAM TRIALS DIVING

COVID-19 MITIGATION PLAN

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The following policies and procedures were created and set forth by USA Diving based on the [U.S. Olympic and Paralympic Trials Participant Rules COVID-19 Mitigation Measures](#) set forth by the USOPC. The purpose of these policies is to create, to the best of our ability, a safe and healthy environment for the 2020 U.S. Olympic Team Trials Diving.

***Participants must read this document in its entirety and sign the USA Diving Olympic Trials Participation Agreement**

KEY TERMS USED IN THESE RULES

- a. **CDC Guidelines** – guidelines issued by the Centers for Disease Control regarding COVID-19, available [here](#), and the Centers for Disease Control’s Considerations for Events and Gatherings, available [here](#).
- b. **Close Sustained Contact** – contact within 6-feet sustained for at least 15 minutes over a 24-hour period, whether or not masks are worn.
- c. **COVID-19 Mitigation Plan** – this document in its entirety, including all rules, policies, and guidelines
- d. **COVID-19 Officer** – an individual appointed by USA Diving to oversee implementation of the following policies.
- e. **COVID-19 PCR Test** – a polymerase chain reaction test or equivalent nucleic acid amplification test such as loop mediated isothermal amplification to test for COVID-19. For purposes of clarity, antigen and antibody tests are **NOT** considered COVID-19 tests permissible under these rules.
- f. **Event** – 2020 U.S. Olympic Team Trials Diving, beginning June 3, 2021, and ending June 13, 2021.
- g. **Medical Director** – a physician who has admitting privileges at a nearby hospital, or is associated with a local medical team that has associated privileges.
- h. **Participant** – any athlete, coach, staff, support personal, or other person who has access to athletes or athlete areas during the Olympic Trials.
- i. **Venue** – Indiana University Natatorium, Indianapolis, Indiana.

KEY CONTACTS

Event Director – Aaron Kaylor, USA Diving Senior Event Coordinator: aaron.kaylor@usadiving.org

COVID-19 Officer – John Locke, USA Diving Head Athletic Trainer: jlocke4@indy.rr.com

Medical Director – Daniel Ordaz M.D., Ascension St. Vincent Sports Performance



April 20, 2021

MASKS

Participants must wear approved masks at all times while in the Venue. The only Participants that may temporarily remove their masks are athletes. Athletes can remove their masks while in line for the springboards and platform during both practices and competition.

The following are acceptable face masks: (1) a medical mask; (2) a KN95 mask; or (3) a fabric mask that is washable at high temperatures regularly, with at least two – but ideally three – layers, including an inner layer of absorbent material (such as cotton), a middle layer of non-woven material (such as polypropylene), and an outer layer of non-absorbent material (such as polyester or a polyester blend).

USA Diving will provide branded masks for participants. These masks are optional, but participants whose masks do not meet the above standards or have competing branding will be required to wear the provided masks.

PHYSICAL DISTANCING

Participants must maintain a distance of 6-feet from all other individuals. This includes at all times, whether or not masks are being worn, on the deck, in the locker rooms, and within any other functional areas. The pool deck will have markings to act as a guide and encourage proper social distancing. Failure to properly socially distance greatly increases the likelihood of individuals being exposed to someone with COVID-19, having to quarantine, and being banned from the Venue.

In addition, Participants will have a separate entrance/exit to the Venue (Please see maps). Participants must use that entrance/exit each time they enter or leave the Venue. The Participant entrance leads directly to areas that cannot be accessed by spectators. Participants should not go into spectator areas. Spectators and non-Participants will not be held to the same rigid COVID-19 policies as Participants and therefore have a higher likelihood of being infected with COVID-19. Participants should avoid entering spectator and non-Participant areas to prevent coming into close, sustained contact with someone who has COVID-19.

TESTING PROTOCOL

Participants will be required to obtain two negative COVID-19 PCR test results prior to participating in the Olympic Trials and a third negative test during the Event. The first test must be taken prior to traveling to Indianapolis and the second and third tests will be administered on-site in Indianapolis. Participants who have received a COVID-19 vaccination must still adhere to the testing protocol.

1. Pre-travel Test:

Participants must take a COVID-19 PCR test at their own expense within 72 hours of arriving in Indianapolis. This applies to both flights and ground transportation. It is strongly recommended that the test be taken as early as possible within that window to allow for repeat testing should the test deliver a positive or indeterminate result.

Participants who live in Indianapolis or the surrounding area should acquire their first test on May 31.

- If the result of the test is positive, and the Participant is asymptomatic and has no known exposure to an individual with COVID-19, the Participant may obtain another COVID-19 PCR Test. If the result of the second COVID-19 PCR Test is also positive, the Participant has COVID-19, should immediately begin isolation and comply with all applicable public health requirements and guidance regarding COVID-19 infection.
- If the test delivers an equivocal or indeterminate result, the result does not count as a negative test. The Participant must repeat the COVID-19 PCR Test to obtain a clear positive or negative test result to determine if they can participate in the Event.

2. On-site Test 1:

Participants will be administered a COVID-19 PCR test at the expense of USA Diving on-site in Indianapolis. This test will be administered on **Wednesday, June 2**, the day before the Venue opens for practice, and additional testing days will be added as needed based on travel schedules. All Participants must arrive 72 hours prior to their first competition and the on-site test must be completed prior to entering the Venue.

- If the result of the test is positive, the Participant will not be allowed to enter the Venue and will be barred from participating in the Event.
- If the result of the test is equivocal or indeterminate, the result does not count as a negative test. The Participant must repeat the COVID-19 PCR Test to obtain a clear positive or negative test result to determine if they can participate in the Trials Event.

3. On-site Test 2:

Participants will also be administered a second COVID-19 PCR test at the expense of USA Diving on-site in Indianapolis. This test will be administered on **Wednesday, June 9** to all Participants excluding those who are competing on the 9th. Participants competing on the 9th will take their second on-site test on Thursday, June 10. Any Participants arriving on the 9th or later will only be tested on-site once.

- If the result of the test is positive, the Participant will not be allowed to enter the Venue and will be barred from participating in the Event.
- If the result of the test is equivocal or indeterminate, the result does not count as a negative test. The Participant must repeat the COVID-19 PCR Test to obtain a clear positive or negative test result to determine if they can participate in the Trials Event.

4. Confirmatory Tests:

Athlete Participants whose on-site test results are positive will be provided the opportunity for further testing provided they are asymptomatic and have no known exposure to an individual with COVID-19.

- Two additional COVID-19 PCR tests will be administered, and the result of both tests must be negative in order to overturn the initial positive test result. If the results of the confirmatory tests cannot be acquired prior to competition, then the athlete is presumed to have COVID-19 and cannot compete.
- If either of the confirmatory tests produce a positive test result, there will be no further review and the athlete will be immediately removed from the Venue and barred from participating in the Event.

PRIOR COVID-19 INFECTION

Participants who can provide clear documentation of COVID-19 infection within 90 days of the Event (i.e., a doctor's note and evidence of a positive COVID-19 test result) and who are currently asymptomatic are not required to complete the testing protocol.

SYMPTOM MONITORING

Participants will be required to screen for COVID-19 symptoms twice a day throughout the course of the Event. The first daily screening will occur when Participants arrive at the Venue. The second screening must be done by each Participant during the evening of each day, 6 PM EDT or later, and submitted to the COVID-19 Officer. Screenings will consist of three parts.

1. Temperature reading – temperature must be below 100.4° F
2. Have you experienced any COVID-19 related symptoms, including a cough, sore throat, shortness of breath, fever or chills, fatigue, muscle or body aches, headache, loss of taste or smell, congestion, or a temperature of over 100.4° in the last 14 days?
3. In the last 14 days, have you had with someone who is currently sick with suspected or confirmed COVID-19?

Any Participant displaying signs and symptoms indicative of COVID-19 (including a temperature higher than 100.4°F) may be removed immediately from the Trials Event venue as determined by the Medical Director.

Participant Athletes will have the following opportunities for further review prior to being barred from the Event and Venue.

A. Medical Evaluation

Time permitting, an athlete who displays symptoms of COVID-19 will be directed to a safe location for further medical evaluation by the Medical Director to determine whether the athlete can participate in the Trials Event. The Medical Director may instead immediately direct an athlete to an urgent care health facility in their sole medical judgment.

The Medical Director will monitor the athlete for up to one hour to make a medical determination, recheck their temperature using different thermometers, and do other evaluations as appropriate. The athlete is not permitted out of the medical area during that time or out of sight of the Medical Director.

The athlete may present information and medical documentation regarding conditions that may impact the appearance of signs and symptoms similar to those related to COVID-19.

Time permitting, an athlete may request subsequent testing and must produce two negative test results (and no positive test results) and the Medical Director's approval based on their evaluation of the symptoms, in order to be permitted to compete. The athlete must be denied access to the Trials Event venue pending the outcome of the confirmatory tests and physician approval to compete.

If the Medical Director clears the athlete for a return to competition, there is no need for steps B–D.

B. Secondary Medical Review

If the Medical Director determines it is appropriate to bar an athlete from participating in the Event, then a second physician will conduct a secondary medical review. If both agree, the decision to bar the athlete from participating in the Trials Event stands.

C. Final Medical Review (Tiebreaker)

If the Medical Director and second physician do not agree about whether to bar an athlete from participating in the Trials Event, a third physician (appointed and approved by either the NGB or the USOPC) will conduct a medical review. This may be in-person, or telephonically, with the physician to review the records and medical determination.

D. COVID-19 Officer

The COVID-19 Officer will review and ensure that the physicians followed the proper protocols and processes. The COVID-19 Officer may request further medical evaluation if the process was not followed.

A decision to bar an athlete from participating in the Trials Event made by the physicians (or third physician, as necessary) based on signs and symptoms of COVID-19 and confirmed by the COVID-19 Officer is final and binding.

CONTACT TRACING

A Participant who has been identified through contact tracing to have been in Close Sustained Contact with an individual infected with COVID-19 will be removed immediately from the Event Venue and should quarantine for the period recommended by CDC Guidelines.

Participants who have completed a full COVID-19 vaccination series at least two weeks prior to having Close Sustained Contact with an individual diagnosed with COVID-19, or who can provide clear documentation of COVID-19 infection within 90 days of the Close Sustained Contact (i.e., a doctor's note and evidence of a positive COVID-19 test result) are not required to quarantine if they are asymptomatic.

Participant Athletes will have the following opportunities for further review prior to being barred from the Event and Venue.

A. Contact Tracing Identification

Upon an individual testing positive for COVID-19, the COVID-19 Officer will gather information from the individual and will identify all other individuals who have been in Close Sustained Contact. Those individuals will be notified and must be removed immediately from the Trials Event venue and follow CDC guidelines. The identity of the individual who tested positive for COVID-19 will not be disclosed, unless the individual expressly consents to release this information.

B. Secondary Review – Opportunity to Present Evidence



To rebut a finding that an athlete was in Close Sustained Contact with an individual who tested positive for COVID-19, the removed athlete will have the opportunity to present evidence to the COVID-19 Officer about their whereabouts and any other relevant information, including corroborating evidence, evidence of prior COVID-19 infection, or evidence of completion of a full COVID-19 vaccination series. Based on a review of all of the evidence available, the COVID-19 Officer will make a determination of whether the evidence shows the removed athlete was in Close Sustained Contact with an individual who tested positive for COVID-19.

C. Medical Director Confirmation

The Medical Director will confirm if the COVID-19 Officer followed the appropriate contact tracing protocols.

A decision to bar an athlete from participating in the Trials Event made by the COVID-19 Officer and confirmed by the Medical Director is final and binding.

VENUE SANITATION

The Venue will be thoroughly sanitized before and after each day of practice and competition. Specific areas that will see more frequent cleaning include bathrooms, locker rooms, doorknobs, and handrails. Hand sanitizer will be provided at all Venue entrances and Participants must clean their hands immediately upon entering the Venue.

LIMITATIONS ON COMMUNITY ACTIVITIES

In addition to all of the on-site policies listed here, Participants should also be careful to protect themselves and others when not at the Venue. The following rules must be followed by all Participants starting on Friday, May 28, 2021.

- Avoid in-person dining at restaurants.
 - Order delivery or takeout instead.
- Avoid movies, concerts, and all other public gatherings.
- Avoid shopping including the grocery store.
 - Order delivery or curbside pickup instead.
- Avoid other diving competitions unless they have equal or more rigorous COVID-19 policies in place.
- Avoid training with groups of other athletes if possible.
 - Socially distance at all times during training
- Travel alone by personal transportation whenever possible
 - Riding in a car with someone, even while wearing a mask, constitutes Close Sustained Contact.

- Make every attempt to stay in your own hotel room while not at the Venue
 - If you have a roommate, that person will 100% be considered to have Close Sustained Contact with you.

VIOLATIONS OF COVID-19 MITIGATION PLAN

By signing this document, Participants agree to be bound by all of the rules and polices set forth in the COVID-19 Mitigation Plan. When a Participant fails to abide by a requirement of the COVID-19 Mitigation Plan, the following dispute resolution process will provide Participants with an opportunity for a hearing before the USOPC Trials Administrative Board (TAB).

A. Mitigation Plan Enforcement

The COVID-19 Officer, or their designees, will enforce the COVID-19 Mitigation Plan at the Event Venue. USA Diving may learn of an alleged violation of the COVID-19 Mitigation Plan by any means, including allowing Participants to report suspected violations.

B. Sanctions

The COVID-19 Officer, or their designees, may impose sanctions on Participants for violations of the COVID-19 Mitigation Plan, ranging from a warning to being barred from participating in the Event. The Participant will be permitted to share explanatory or other relevant information related to the violation. The COVID-19 Officer will notify the Participant if they are being barred from participating in the Event.

C. Request for Hearing

If a Participant (athlete or non-athlete) is barred from participating in the Event, the Participant may request a hearing in front of the Trials Administrative Board (TAB). This request must be made within 90 minutes of the removal.

D. USOPC Dispute Resolution Unit

If a Participant requests a hearing, the NGB will immediately contact the USOPC Dispute Resolution (DRU) to initiate the proceeding at dru@usopc.org. DRU is responsible for ensuring that all disputes are heard in an expedited, fair, and impartial manner. DRU may modify these procedures at any time for the effective administration of complaints taking into consideration any time constraints, while also ensuring fairness to all parties. An attorney from DRU will serve as an impartial counsel to the TAB solely to answer questions and provide legal assistance when requested, and will not in any way take part in rendering the decision or influencing the TAB.

E. Trials Administrative Board

DRU will convene the TAB to hear and render a decision on the dispute. The TAB is comprised of the following individuals:

1. USOPC Board Chair
2. USOPC CEO
3. National Governing Body Council (NGBC) Chair
4. Athletes' Advisory Council (AAC) Chair



5. 10 Year+ Athlete8 (designated position from the Chef de Mission)

Any member of the TAB may designate to an alternate. No member on the TAB will have a direct interest, either personally or by virtue of organizational affiliation, in the outcome of the proceeding. As long as a quorum (3 members) of the panel members is present, the hearing may proceed. The USOPC Board Chair, or their designee, will be chair of the panel.

F. Initiation of the Proceeding

DRU will immediately provide confirmation of the request for hearing to USA Diving and the Participant. DRU will provide details about the proceeding to USA Diving and the Participant, including information about the date, time, and call-in details for the hearing.

G. Conduct of the Proceeding

The TAB will run the proceeding, with assistance from DRU. The proceeding will be held telephonically or through videoconference on an expedited basis.

The TAB has the authority to rule on all matters raised in the proceeding and will set such other rules regarding the proceeding and the conduct of the hearing as it deems necessary.

USA Diving and the Participant will be permitted to present evidence relating to the violation of the NGB COVID-19 Mitigation Plan. The TAB may ask questions at any time.

H. Decision

The TAB will render a written decision promptly after the hearing, and a verbal or operative decision may be rendered on an expedited basis. The decision will be determined by a majority of the TAB.

The TAB has the authority to impose any consequence, including the decision to uphold the bar on participation in the Trials Event. The consequence will be in effect immediately after a decision is made, unless stated otherwise.

I. Medical Expert

Upon the request of the TAB, a medical expert may serve as an advisor to the TAB.

J. Representative

USA Diving and Participant have the right to have counsel or a representative present at any point during these proceedings at their own expense.

CANCELLATION OF EVENT

The COVID-19 Mitigation Plan has been put together with the goal of preventing COVID-19 transmission and infection within the Venue and during the Event. However, it is not possible to prevent against the presence of the disease and there is an inherent possibility that COVID-19 could be transmitted as a result of the Event. The policies in this COVID-19 Mitigation Plan are specifically designed to limit such transmission if there is an infected Participant, but in the event that positivity rates among participants reach 15%, or if 20% of Participants are placed into isolation (positive COVID-19 test) or quarantine (Close Sustained Contact) the Event will be postponed/cancelled to further ensure the health and safety of all participants.

ATHLETE OMBUDS

The Office of the Athlete Ombuds is available to provide independent and confidential advice to athletes regarding their rights under this COVID-19 Mitigation Plan and to assist in the resolution of athlete concerns and disputes. Athletes may contact the Athlete Ombuds at: ombudsman@usathlete.org or 719-866-5000 or visit their website at www.usathlete.org for more information and resources.

MAPS



