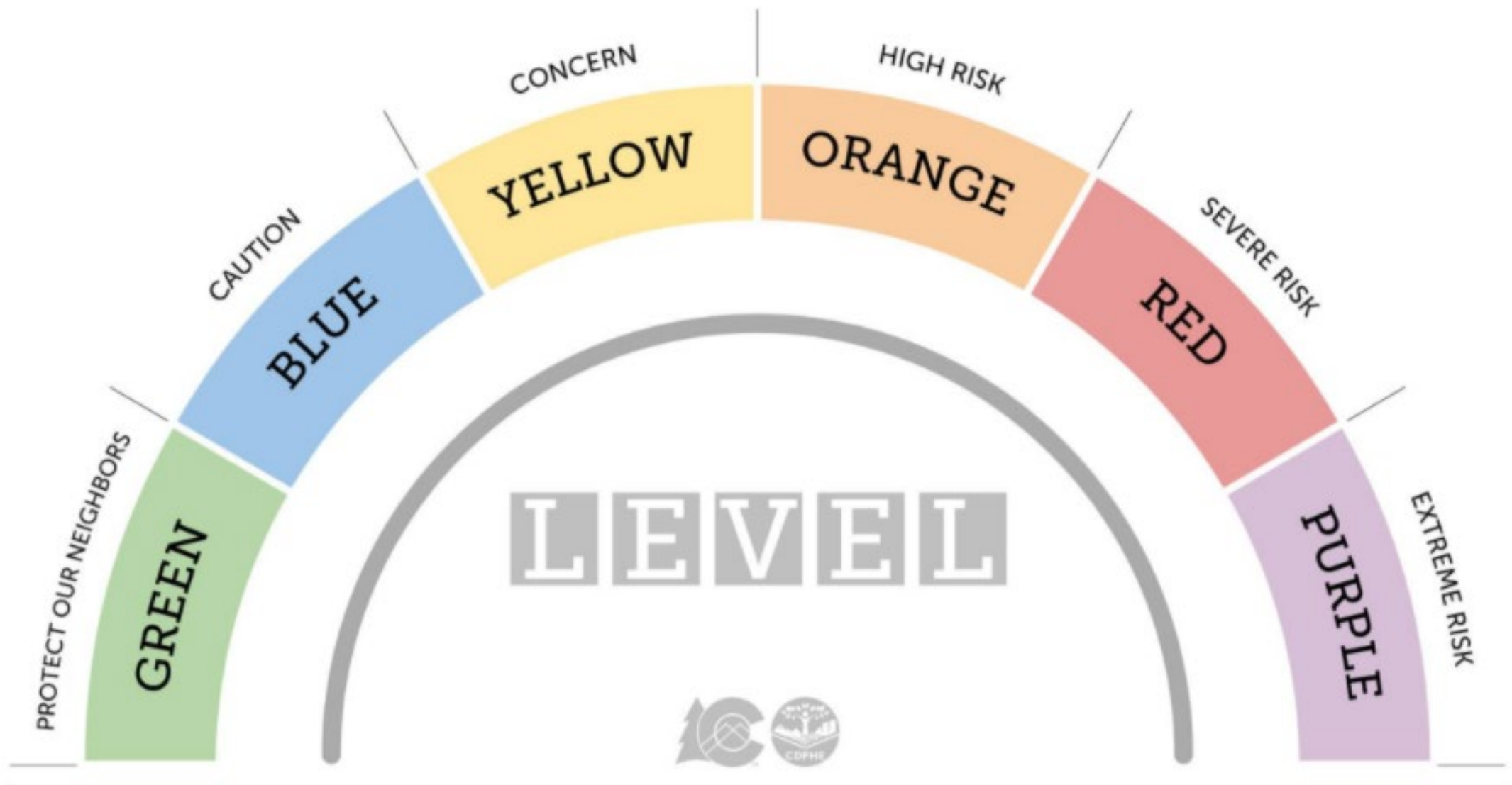



OPTC COVID-19 Decision Framework

Risk levels are based on the [Colorado COVID-19 Dial](#):



	 LEVEL GREEN: PROTECT OUR NEIGHBORS	LEVEL BLUE: CAUTION	LEVEL YELLOW: CONCERN	LEVEL ORANGE: HIGH RISK	LEVEL RED: SEVERE RISK	LEVEL PURPLE: EXTREME RISK
NEW CASES	Must achieve all 8 Protect Our Neighbors metrics and complete the certification process	0-75 / 100,000 2-week incidence	> 75-175 / 100,000 2-week incidence	> 175-350 / 100,000 2-week incidence	> 350 / 100,000 2-week incidence	Hospital capacity risks being breached, which may be indicated by: approaching the need for medical crisis standards of care, utilizing alternative care sites, critical shortages of PPE or staff, or hospitals approaching 90% of their reported surge capacity
PERCENT POSITIVITY		No greater than 5%	No greater than 10%	No greater than 15%	No limit	
HOSPITALIZATIONS		Increasing, stable, or declining?	Increasing, stable, or declining?	Increasing, stable, or declining?	Increasing, stable, or declining?	

Fast facts:

- □ Colorado’s dial framework has six color levels to provide guidance to counties.
- □ Counties can move back and forth between levels, depending primarily on three metrics.
- □ Levels are based on the number of new cases, the percent positivity of COVID-19 tests, and the impact on hospitals, as well as local considerations. As the dial moves left, toward Protect Our Neighbors, more people can participate in various activities.
- □ This framework gives communities a tool to make life in the pandemic more sustainable.

OPTC PROTOCOLS AND RESTRICTIONS	LEVEL ORANGE	LEVEL RED	LEVEL PURPLE
<p align="center">DETERMINANTS TO CHANGE PROTOCOLS*</p> <p align="center">State County Guidelines CDC Guidelines/Recommendations Hospital Capacity Community Positivity Rate OPTC Positivity Rate Athlete & Staff wholistic well-being</p>			
<p>COVID-19 TESTING & SYMPTOM TRACKER**</p> <p>**Athletes, coaches and staff are required to complete the COVID-19 symptom tracker survey twice daily.</p>	<p>Athletes & Coaches</p> <p>USOPC Staff</p>	<p>During re-entry process: Upon arrival to OPTC, athlete will be quarantined and receive COVID-19 tests on days 4 and 5. If tests are <u>negative</u>, athlete is released from quarantine.</p> <p>After re-entry process: If athlete reports signs or symptoms of COVID-19 via the symptom tracker, they must remain in their room and notify sports medicine, who will perform a COVID-19 test on the athlete.</p> <p>If test is <u>positive</u>, they will remain in isolation; if test is <u>negative</u>, they will be treated and allowed to participate in training based upon their symptoms.</p> <p>Athletes who leave complex and travel, compete, or have significant exposure to the public will need to go back through the re-entry process.</p> <p>If staff member reports signs or symptoms of COVID-19 via the symptom tracker, they must not come to work and notify their supervisor and P&C. Staff are strongly encouraged to see their primary care physician for an evaluation and COVID-19 test.</p> <p>When staff member reports having symptoms, P&C will perform contact tracing. The individuals who are identified to have had close sustained contact*** with that staff member at work will be notified and asked to quarantine until the test results from the symptomatic staff member are available.</p> <p>Staff who travel or have significant exposure to the public will need to quarantine for 14 days before accessing the OPTC.</p>	
<p>QUARANTINE</p>	<p>Athletes, Coaches & USOPC Staff</p>	<p><i>Quarantine:</i> for someone going through a screening process or has been exposed to an individual with COVID-19.</p> <p>If an individual has a known exposure to COVID-19, they must quarantine for 14 days from the time of their last close sustained contact*** with positive COVID-19 case.</p>	
<p>ISOLATION</p>	<p>Athletes, Coaches & USOPC Staff</p>	<p><i>Isolation:</i> for someone who is suspected of having COVID-19 or has been diagnosed with COVID-19.</p> <p>If <u>asymptomatic</u>: individual must remain in isolation for 10 days from positive test.</p> <p>If <u>symptomatic</u>: individual must remain in isolation for a minimum of 10 days from their symptom onset. Individual can end isolation after 10 days if 1) their symptoms have improved, and 2) they no longer have a fever without use of medications for min. 24 hours.</p>	
<p>GROUP TRAINING</p>	<p>Athletes & Coaches</p>	<p>On-site and off-site athletes train together if cases in the applicable county are less than 25 per 100K.</p>	<p>On-site and off-site athletes train at different times.</p> <p>High degree of possibility of closing training venues.</p>
<p>TRAINING DURING QUARANTINE</p>	<p>Athletes & Coaches</p>	<p>One hour of individual training permitted on the outdoor turf of Strength & Conditioning (must be scheduled with S&C). Aquatics sports may use that one hour to train individually in the pool. All other training must be done inside of room (fitness equipment will be provided).</p> <p>No indoor training in Aquatics or Strength & Conditioning.</p>	
<p>CAMPS</p>	<p>Athletes & Coaches</p>	<p>OPTC camps with out-of-state athletes allowed based on OPTC capacity.</p>	<p>No OPTC camps with out-of-state athletes – only long-term athlete training.</p> <p>No OPTC camps with out-of-state athletes. High degree of possibility of closing training venues.</p>
<p>DINING OPTIONS</p>	<p>Athletes & Coaches</p>	<p>Dine-in for on-site athletes and curbside takeout for off-site athletes.</p>	<p>On-site athletes must get to-go meals from Dining (no dine-in option) and off-site athletes get curbside takeout.</p> <p>No curbside service available to off-site athletes. On-site athletes must get to-go meals from Dining (no dine-in).</p>
<p>*DETERMINANTS</p>	<p align="center">We look at combination of factors to determine if we can sustain a safe and healthy environment.</p>		

***close sustained contact = within six feet or less, for a cumulative total of 15 minutes or more over a 24-hour period.