UNITED STATES OLYMPIC COMMITTEE
HIGH PERFORMANCE STRENGTH & CONDITIONING SYMPOSIUM
TEAM SPORTS 2019
Beyond Just Sets and Reps
PROCESS • LEADERSHIP • PERFORMANCE
May 15-17, 2019
US Olympic Training Center
Colorado Springs, CO USA
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Nicholas Pearce PhD
Peter Haberl joined the United States Olympic Committee in 1998. In his current position as senior sport psychologist, he provides individual and team consultations and counseling sessions to various resident and national team athletes with a specific specialization in team sports.

Haberl has enjoyed the privilege of having worked at eight Olympic Games, three Pan American Games, and one Paralympic Games with U.S. athletes.

Prior to joining the Olympic Movement in the U.S., Haberl played professional ice hockey in Austria. Born in Austria, Haberl received his bachelor’s degree in sports science from the University of Vienna, Austria. He later earned his master’s degree in counseling and his Ed. D. in counseling psychology at Boston University.

A licensed psychologist, Haberl focuses on mindfulness-based interventions and cognitive-behavioral treatments.

Peters is passionate his family, coaching his kids in ice hockey, reading, skiing with the kids, trail running behind the house.
John Crawley is the High Performance Director of Team Sports with the Sport Performance Division of the United States Olympic Committee in Chula Vista, CA. He is responsible for providing performance impacting services and expertise, high performance strategic planning, competitive analysis, and training and competition performance support for eight (8) summer Olympic team sports, including; basketball, football (soccer), water polo, volleyball (indoor and beach), field hockey, rugby sevens, team handball, and archery. He also directs a multidisciplinary team of sport performance professionals to support strategies that optimize medal winning opportunities for almost 17 years.

John has worked in a variety of sport performance roles with the United States Olympic Team, and has served with the USA delegation at multiple Olympic Games, Pan American Games, World Championships, and World Cup events. From 1999-2002, John was a Sport Biomechanist with the Coaching and Sport Sciences Division of the United States Olympic Committee in Colorado Springs, Colorado and provided performance enhancement service to athletes and coaches preparing for the Sydney (2000) and Salt Lake City (2002) Olympic Games. From 2002-2007, John served in several capacities with USA Triathlon, including High Performance Manager, National Select Team Coach, and Technical Services Coordinator during the Athens (2004) and Beijing (2008) Olympic campaigns. John served on the coaching staff at the 2007 Pan American Games in Rio de Janeiro, Brazil, and served on USA Triathlon’s elite coaching staff at several International Triathlon Union (ITU) World Championships and numerous ITU World Cups. John returned to the Sport Performance Division of the USOC in 2008 and was a member of the USA delegation at the 2010 Winter Olympic Games in Vancouver, the 2012 Summer Olympic Games in London, and the 2014 Winter Olympic Games in Sochi, Russia. He was also a member of the USA delegation at the 2016 Summer Olympic Games in Rio de Janeiro.

John earned his undergraduate degree from The Ohio State University and his graduate degree in Kinesiology from Arizona State University. In 2013, he completed the prestigious Olympic Sport Leadership professional certificate program from the Kellogg School of Management at Northwestern.

When not serving the sports he supports, John is an avid endurance enthusiast and enjoys running, riding, prone or stand up paddling. In his down time, he can be found unplugged sitting in his beach chair engaged in great book or sitting in front of a drum set.
Adam Krikorian is the head coach for the US Women's Waterpolo Senior National Team. Since taking over the Women's Senior National Team, Adam Krikorian has been just about perfect. From his arrival in 2009 Team USA has competed in 19 major FINA Championships and come away with Gold in 16. This includes the 2012 and 2016 Olympic Games, 2009, 2015, and 2017 FINA World Championships, the 2010 and 2014 FINA World Cups, eight FINA World League Super Final crowns and the 2016 Olympic Qualification Tournament. He's helped the United States maintain a number-one world ranking for the majority of his tenure.

Following the 2012 Olympic Games, Krikorian was honored with the USOC National Coach of the Year Award and also was the 2013 Jack Kelly Fair Play Award recipient, awarded by the USOC, for his accountability and composure during the 2012 Olympic Games semifinal match vs. Australia.

Following the 2016 Olympic Games, Krikorian was again named Coach of the Games by the USOC at the Team USA Awards. And in early 2017, Krikorian was also honored by the Los Angeles Sports Council and the LA Sports Awards by receiving the first ever "Extraordinary Achievement in Olympic Sport" honors.

Krikorian was named head coach of the USA Water Polo Women's Senior National Team on March 27, 2009. He had previously been head coach of the UCLA men's and women's programs for 10 years prior.

At UCLA, Krikorian earned National Women's Water Polo Coach of the Year honors five times: 2001 and from 2005 through 2008. He also received National Men's Coach of the Year honors in 2004 after leading the UCLA men's program to its eighth overall NCAA championship. He guided the women's team to eight national championships, including a string of five consecutive titles. As a student-athlete, assistant coach, and head coach, Krikorian has a part of 10 National Championships, 4 as a player and 11 as a coach. During his athletic and coaching career, on both the collegiate and international level, Krikorian has compiled a combined record of 33-3 in Championship games.

A standout player at UCLA from 1992 to 1995, Krikorian captained the squad in his final year, leading UCLA to the 1995 Men's NCAA Championship, the school's first title in 23 years. He was voted "Most Inspirational" in each of his final three seasons at UCLA from 1993-1995. And in 2016, was inducted into the UCLA Hall of Fame.

Krikorian graduated from UCLA with a psychology degree and a business administration emphasis in June 1997. In May 2001 Krikorian married Anicia Mendez, a four-year Bruin letter-winner in varsity tennis who completed her MBA at UCLA. Adam and Anicia reside in Manhattan Beach, CA, with their son, Jack (born July 2006) and daughter Annabel (born June 2009). When he is not working, he can be found spending as much time as he can with his family, playing golf, doing anything competitive and or taking trips with his family to Hawaii or Tahoe.
Dawn Scott
High Performance Coach
US Soccer WNT

Dawn has been in High Performance for 21 years and is currently going into her 9th year with the US Women’s Soccer Senior team. Her current title is High Performance Coach where she oversees the support and integration of sport science for the US Senior WNT. This includes scheduling and the periodization of annual calendar and camps/tournaments, camp travel and support, developing strength and conditioning programs, physical testing and profiling, player wellness, monitoring training and game load (internal and external), developing nutrition, hydration and recovery strategies, education of players/coaches/support staff, ongoing research and dissemination of information, as well as overseeing the sport science support program for the NWSL.

Prior to her time with US Soccer, Dawn served as a Sport Science Lecturer (Worcester University, UK), was the Head of Exercise Science (women’s) (The Football Association, England), and she is currently a FIFA Course Instructor.

Over the course of her career, she has been a part of some great journeys and moments of success which include: European Championships (England, Silver Medal, 2009), World Cup Finals (USA, Runners Up, 2011), Olympics (USA, Gold Medal, 2012), World Cup Finals (USA, Winners, 2015). Dawn has been recognized globally and has received awards for her work by many accredited and distinguished organizations such as: Women in Soccer Trailblazer Award (2017), NSCAA President Recognition Award (2017), and the Equal Playing Field Initiative, trek and participation in the Guinness Book of Records highest played soccer match (Kilimanjaro, 2017).

Professionally, Dawn is passionate about pursuing and integrating the highest level of support for US WNT players possible; she continues to seek out ways to learn and grow. She strives to research best practice and learn from others. Dawn enjoys meeting other professionals, and enjoys discussing ideas, methodologies and watching other practitioners apply their work. She wants to continue to help the women’s game grow both in the US and Worldwide, and optimize the physical performance of USA players. Her goal is to develop the best sports science support program in the world for women’s soccer while concurrently supporting and progressing the NWSL by the ongoing evolution of the sport science support afforded to the players in the league. Her passions have led her on the current pursuit of a PhD.

When Dawn is not working, she can be found glued to her sofa watching soccer with her coffee in hand, traveling, hiking, or doing anything challenging physically and mentally.
Teena Murray is in her 14th year as Director of Sports Performance at the University of Louisville. At Louisville Teena and her team have built a holistic program committed to preparing champions for sport and life.

In her current role, Teena oversees performance and sport science services for 21 of the Cardinals 23 teams, and works directly with the women's basketball program. She also oversees a global mentorship program affiliated with Australian Catholic University, the Leicester Tigers and a variety of North American academic partners. Teena is an adjunct lecturer in the College of Health and Sport Science at Louisville, holds an associate appointment in the Department of Bioengineering, and leads a R&D Task Force.

Teena brings over 22 years of experience as an educator, researcher, mentor and practitioner. Collegiately, she has worked previously at the University of Connecticut and Cornell University. Beyond the college ranks she has worked with several NHL teams, the International Ice Hockey Federation, and from 2006-2010 was the Director of Performance for USA Hockey’s Women’s National & Olympic Teams. Her teams have not only been to the 2010 Winter Olympic Games, but they visited the Women’s NCAA Final Four 3 times. As a result of her interest in improving sport and sport performance, in 2012 she was the recipient of Guiding Woman in Sport Award (NAGWS).

Teena holds a Master’s degree in Exercise Physiology & Sports Nutrition from the University of North Carolina at Greensboro, and undergraduate degrees in Education and Kinesiology from Queen’s University and Laurier University (both in Canada). She holds a list of industry certifications, and is currently completing an Executive Leadership Program at Northwestern University (Kellogg).

Teena believes in contributing to the field as a researcher, and has published extensively, including 10 peer-reviewed publications. Her research centers on risk and performance profiling of elite athletes.

Teena is passionate about mentorship, research, talent profiling and vision crafting. She is a native of Shawville, Quebec (Canada). She played college basketball at Laurier University in Waterloo, Ontario. Teena has two daughters ages 11 (MacKay) and 6 (Hadley).
Currently Head of the Strength & Conditioning Discipline, a position held since 1999. Prior to this was the Australian Weightlifting Federation’s Coaching Director and prior to that the Sydney Organising Committee for the Olympic Games – Competition Director for Weightlifting. His current position manages thirteen full time S&C Coaches, six S&C contractors, two Post Graduate S&C Scholar’s and one S&C PhD Scholar. These positions are based at various locations around Australia, not just at the Canberra AIS Campus and have their time allocated to primarily Olympic sports with medal winning capabilities. The S&C Discipline is responsible for direct servicing support to sport, capability building and Research and innovation activities for both within S&C and across thirty four identified sports. Recently he has moved into a more senior management role at the AIS when it adopted the “Australia’s Winning Edge” (AWE) Policy in 2013. He has been a member of the Performance Support Steering Committee responsible for developing and implementing the assignment of support to categorised sports under the AWE Policy which required being seconded into the Head of Performance Support Services role managing the Sport Liaison positions (8 staff), who were responsible for working with sports with assigned AIS staff to optimise all roles and outputs of these staff along with identifying their accountabilities. He is currently back in his substantive of Head of Strength & Conditioning whilst the AIS implements a new strategy and structure.

Julian has an extensive background in S&C and he has played a major role in the following Olympic Summer Games: 1996 Atlanta Olympics, 2000 Sydney Olympics, 2004 Athens Olympics and the 2008 Beijing Olympics. He served as the National Men’s Basketball Team’s Strength & Conditioning Coach 1997 – 2000 including Olympic Games, He served as an S&C Consultant to the Basketball National Training Centre from 1997-2008, He also was the Strength and conditioning coach for the Canberra Cannons (National Basketball League Club Team) from 1995-1998. He continues to serve as an Advisor to the Men’s National Team – Boomers. Julian has coached many members of the Swimming Australia National Team since 1997, and he is currently the National Lead of S&C for Swimming Australia and has directly provided S&C support for 14 Olympic Medallist. Julian has also served as the S&C lead for Australia Waterpolo Women senior team from 2005 to 2016. This team has stood on the Olympic podium in 2004, 2008, and 2012. Julian currently is working with BMX, where he has been able to assist in a World Championship and World Cup Gold medallist.

Currently a Board and Life Member (2010) of the Australian Strength & Conditioning Association, his Board role provides strategic planning and management along with the portfolio of external relationships/Industry advocacy within the Associations identified structure. He sits on the Course Design and Review Committee for Bond University for their Master in Sports Science (S&C) and Chair’s the Course Review Committee at Edith Cowen University for its Master’s in Strength & Conditioning Course.

When Julian is not working, He is spending time with his family, walking his 2 dogs (beagle and schnauzer), hiking, canoeing and abseiling.
Alan Ashley was named chief of sport performance for the United States Olympic Committee on Sept. 1, 2010, after previously serving as managing director of sport performance since January 2010. Since 2010, Team USA topped the overall medal counts at the 2010, 2012 and 2016 Olympic Games, and won the most medals at any Olympic Winter Games held outside North America in 2014. Prior to that, Ashley served as a team leader in the sport performance division beginning in November 2006.

In his current role, Ashley oversees the USOC divisions tasked with providing targeted resources and support to the National Governing Bodies and top athletes competing internationally in pursuit of sustained competitive excellence. The support includes funding services in the areas of coaching, sport science, sports medicine, competitive analytics, and logistics and on-site operations in support of performance at the Games.

Ashley joined the USOC after spending 16 years with the U.S. Ski and Snowboard Association, where he was a key contributor to the rise of the U.S. ski and snowboard teams, having most recently served as the vice president of athletics. At USSA, Ashley helped manage the coaching, training and organizational structure for six Olympic (alpine, cross-country, nordic combined and freestyle skiing; ski jumping; and snowboarding) and two Paralympic (alpine and cross-country skiing) sports involving 170 elite athletes, 125 elite coaches and administrative staff, 320 USSA clubs, 3,000 club coaches and 16,000 USSA member athletes.

Prior to his work at the USSA, Ashley served as the director of skiing for four years at his alma mater, the University of Colorado at Boulder.
Chris has been in the coaching profession for the past 23 years and has been serving in his role for the last 2 years. Where he acts as a Teaching coach for the team sports division of the USOC and providing analysis and support for coaching performance.

Prior to his current position, Chris served in several top coaching positions: Head Coach USA Field Hockey MNT, Associate Head Coach Boston College Field Hockey, Physical Education Teacher - American International School of The Hague, Christchurch Boys’ High School, and the National Talent Identifier for the Jr National Team - New Zealand Hockey

During his time coaching, he has been credentialed as an Elite Coach and a Coach Educator for the Federation of International Hockey,

Chris is passionate about Performance, People and Relationships. When he is not working he is working on his golf game or any DIY project.
Matt DeLancey is Assistant Director of Strength and Conditioning at the University of Florida. His primary responsibilities at the University of Florida are the oversight and implementation of strength and conditioning plans for Women’s Indoor Volleyball, Track and Field, and Swimming.

In his 16-year tenure, Matt has seen 9 NCAA Championship teams (8 in Men’s Track & Field, 1 in Women’s Swimming & Diving) and 29 SEC Championship teams (11 Volleyball, 6 Women’s Track & Field, 6 Men’s Swimming & Diving, 4 Men’s Track & Field, 1 Women’s Swimming & Diving, 1 Women’s Cross Country). He’s also helped athletes collect 130 Individual NCAA Championship titles between Swimming and Track & Field. On the international stage, Matt has helped athletes on the track and in the pool, bring home 10 Olympic Gold Medals, 6 Olympic Silver Medals, and 6 Olympic Bronze Medals.

In Matt’s spare time, he enjoys training, reading, kayaking, mountain biking, gardening, and handyman work around the house. He’s married to Aurymar Rodriguez-DeLancey. They reside in beautiful Alachua, Florida at Turkey Creek Golf Course.
Alex has spent the last year working as Head of Learning within the EIS. He has been working in High Performance for almost 15 years. Previously, Alex served as the Head of Strength and Conditioning for the English Institute of Sport and as the S&C lead for Team GB Rowing Team.

In his current role, Alex is focusing on the organisational strategy around learning and development and its implementation. This includes leading the flagship practitioner development programme across the high performance system. Alex has a growing expertise in facilitating purposeful learning opportunities aligned to staff welfare, growth and performance.

During his time as a Head of S&C for the EIS, Alex led a team of 65+ S&C coaches to consistently perform during moments that matters. This includes the support and development of coaches in preparation for major championships.

Alex is passionate about high performance learning, leadership, mentoring, facilitation and creative problem solving. Alex is most happy when he is with his kids Evalyn and Beatrix, travelling and cooking.
Darren Burgess PhD

Director of High Performance
Arsenal Football Club

Darren is currently the Director of High Performance at Arsenal Football Club and has been in this role since June 2017. Prior to this appointment Darren was High Performance Manager at Port Adelaide Football (AFL) Club for 4.5 years, and Head of Fitness and Conditioning at Liverpool Football Club for just under 3 years.

From 2008 till 2010 Darren was employed as Head of Sports Science for Football Federation Australia as well as the Australian Soccer Team’s Fitness Coach. This included the 2010 World Cup in South Africa. Darren has previously worked as Head of High Performance at Port Adelaide Football Club (2004-2007) and Assistant Fitness Coach with Sydney Swans in the AFL (1997-2000), as well as Head Fitness Coach with the Parramatta Power in the Australian National Soccer League (2002-2004). Darren worked as a lecturer in Exercise Science at Australian Catholic University in Sydney between 1997 and 2005 and completed his PhD in movement analysis of AFL and Soccer in 2012.

Darren’s current role at Arsenal involves the leadership and management of Performance (Fitness, strength, nutrition), Medical (Physiotherapy, injury prehabilitation, injury rehabilitation), Analysis (video, statistics, match/training evaluation), Psychology and Research departments for both the first team and academy.

Darren has had multiple papers published in peer review journals and has spoken at many international conferences.

Darren’s interests include most sports, fitness and reading.
Nicholas Gill has been working as a sport scientist and strength and conditioning professional for 20 years. He is currently in his 12th year with the New Zealand All Blacks and his 5th year as an associate professor.

He is currently responsible for the integration of all aspects of performance. He works closely with the 5 coaches, 2 managers and 4 medical staff on a daily basis to ensure the athletes can perform in every match.

During his tenure with the All Blacks, he has assisted in the attainment of 2 World Cup Titles, has helped the All Blacks achieve an 86% winning record over the past 11 years and has helped his team earn a World Number 1 for record number of weeks across all of sport.

Nic is passionate about winning, chasing excellence, whilst balancing the humanistic nature of sport, travel, life and fun! In addition to all things related to strength, power, speed, agility, evasion, skill, decision making, fatigue, recovery, adaptation, fuel, nutrition, bodyfat........

He is an Avocado grower, a fisherman, loves the personal challenge of Ironman Triathlon and enjoys “experiencing” first hand, the need for balance.
Jesse is in his 3rd year in this role with the 76ers, where he is responsible for the organization and implementation of player load monitoring systems and technology. Advising coaching staff on team training scheduling, Oversees and conducts performance testing, both for both roster players and draft prospects, Coordinates all team meals with the team Dietitian and assists and supports in all team research and development projects.

Jesse has been in the profession for the past 21 years in many different roles such as; 9 years as the head S&C for the 76ers, 8 years as the Director of a private training facility, in addition to working as an S&C in American football for Hofstra University, Barcelona Dragons(NFL-Europe), Philadelphia Eagles and Temple University.

Jesse currently serves as the chairman for the NBA Pre-Draft Combine Testing Planning Committee, he was awarded the NBA strength and conditioning Coach of the Year award in 2013, and he is currently working on a Master’s degree in High Performance Sport through Australian Catholic University.

Jesse about spending time with his son(Brandin) and participating In his son’s activities. Additionally, Jesse is passionate about coaching science, performance, recovery, professionalism, and career longevity in sports.
Richard is the Performance Manager of Strength & Conditioning for the Netherlands Olympic Committee (TeamNL). Where he manages a team of roughly 20 strength and conditioning coaches. In addition to managing a large team of coaches, he is the primary S&C coach for the women’s water polo senior team and the short track speedskating team.

Richard has been in the Strength and Conditioning field for the past 17 years and over this time he has spent 10 of those years working as a strength and conditioning coach for the Netherlands Olympic Committee. He has also served as a manager of elite sport for 2 years for the Netherlands Strength Sports Federation and also worked as the primary S&C coach for the National track cycling team from 2004-2006.

Richard has been fortunate and has been able to be involved with the preparation for some extraordinary sport success. He has assisted athletes in the attainment of 7 world championship titles, 7 Olympic Gold (2-Beijing 2008, 3-Sochi 2014, 2-Pyeonchang 2018), 5 Olympic Silver Medals (1-Beijing 2008, 1-London 2012, 3-Pyeonchang 2018), 4 Olympic Bronze Medals (1-London 2012, 2-Sochi 2014, 1-Pyeonchang 2018), and has helped serve athletes who have won 19 gold medals in the European Championships.

Richard’s teams walked away from the 2018 Pyeonchang Olympic Winter Games with 2 Gold medals, 3 Silver medals and 1 Bronze medal.

Richard is passionate about high performance and being part of a team with other ambitious professionals working to improve performance and conditioning.

Outside of work, Richard enjoys mountain biking, road cycling, running, strength training, speed skating
Clive Brewer
Asst. Director of High Performance & Head of Sport Science
Toronto Blue Jays

Clive’s key role is leading the sport-science approach to the Blue Jays collaborative and interdisciplinary player support system and high performance culture. The primary role of this is to provide subject matter expertise in human and other aspects of performance science, and build bridges between the High performance (strength & conditioning, sports medicine, sports nutrition, mental performance) and coaching processes in respect to decisions around players and programming for performance and development. This involves leading the interdisciplinary planning, programming, monitoring and evaluation process development, collaborating with all lead staff to produce short, medium and long-term planning structures. A core focus of this role is incorporated knowledge management, including the process of capturing, developing, sharing and effectively using data to inform decision-making and evidence-based practice.

Prior to joining the Blue Jays, Clive worked as the Head Strength and conditioning coach with Widnes rugby league (joining the team as a last place franchise, leaving 3 years later as a play-off team with injury rate reduced by 18% year on year), National strength and conditioning coach for Scotland rugby league (achieving the highest ever finish in the world cup as ¼ finalists in 2013, winning the European championship in 2014), and Head of S&C for Liverpool Ladies FC (double premier League winners 2013, 2014). This followed National lead roles as Head of Human Performance for England Rugby Football league, National program manager for Athlete development with SportsScotland working across professional and Olympic sports, National track & Field strength and conditioning coach, & National project coordinator for RFU England Fitness advisory project. Clive has also worked as a Consultant for the following organizations: Wimbledon tennis championships since 2000, Manchester Utd, USA Football, Royal Army Physical Training Corp, IAAF and various professional athletes.

He was awarded fellowship of the UK strength & conditioning Association in 2015, and served 11 consecutive years on the board of the UKSCA, including leading the development of the accreditation system. He is Licensed by the UK Science council as a chartered sports scientist and he is Accredited as an Interdisciplinary sports scientist by the British association of Sport and exercise sciences (BASES). In addition to all of Clive’s extraordinary hands on experience, he has authored 2 text books, over 20 book chapters & scientific articles in peer reviewed journals.

Clive’s professional passions include: building bridges & restructuring knowledge between different support disciplines to maximize athlete development and performance; physio-mechanical approaches to optimising power, speed & agility, Planning & structuring workloads.

Outside of work Clive enjoys spending time with his wife and his teenage daughter who lives in the UK and who comes over for vacations.
Dr. Nicholas Pearce (@napphd) serves as the founder and chief executive officer of The Vocati Group, a boutique global executive advisory consultancy, and as an award-winning clinical professor of management and organizations at the Northwestern University Kellogg School of Management. He is a leading scholar, lecturer, and trusted strategic adviser on values-driven leadership, collaboration, and change in organizations. He has served leaders of corporations, social impact organizations, communities of faith, and governments on six continents, including the Archdiocese of Chicago, Boston Scientific, BP, Chicago Public Schools, Google, Hearst, Hyatt, JPMorgan Chase, KIPP, McDonald’s, NASA, Nike, Teach for America, U.S. Department of State, U.S. Olympic Committee, Whirlpool, WomenHeart, and the Young Presidents Organization. His thought leadership has been featured in global media outlets including The Atlantic, Bloomberg Businessweek, The Chicago Tribune, The Chronicle of Philanthropy, CNBC, Crain’s Chicago Business, Discovery Channel, Fast Company, Forbes, Fortune, The Huffington Post, The Los Angeles Times, MSNBC, National Geographic, The New York Times, Newsweek, NPR, Slate, Time, Univision, UrbanFaith.com, and The Washington Post.

Beyond the marketplace, Dr. Pearce currently serves as Assistant Pastor of Chicago’s historic Apostolic Church of God, where he is responsible for overseeing Christian education and discipleship for Apostolic’s 12,000-member congregation. He is also deeply committed to civic engagement, serving as a trustee of the Field Foundation, Chicago Children’s Museum, the Chicago Community Trust’s African American Legacy Fund, and the Seminary Co-Op Bookstores. Dr. Pearce has been a Fellow of Leadership Greater Chicago since 2015 and has also been named one of Chicago’s 40 Game Changers (under 40) by WVON/Ariel Investments, Kellogg’s MSMS Professor of the Year (2015), a Galbraith Scholar by Harvard University’s Kennedy School of Government, and a Public Voices Faculty Fellow by The OpEd Project. He has also been honored for excellence by the Coca-Cola Scholars Foundation, Congressional Black Caucus Foundation, Mustard Seed Foundation, National Black MBA Association, and Union League Club of Chicago, among other notable institutions.
Phil Moreland
Head of Performance Conditioning
Scottish Institute of Sport

Phil is the Head of Performance Conditioning for sportscotland institute of sport, he has been working in his role since 2013.

As the head of performance conditioning, Phil manages the delivery of physical preparation services to the institute supported sports and athletes. Currently the Institute supports 550 athletes from 32 different sports. This level of support includes staff management, Phil is responsible for 28 full time coaches that work at 11 different training facilities. Phil two primary sports that he is responsible for are: Women’s Field Hockey and Beach Volleyball.

Phil has dedicated 30 years to the field of high performance sport, over the course of his tenure, he has served in a number of very distinguished roles: Phil served as Head of Performance services at the ACT Academy of Sport-Canberra. He has served as the Head of strength and conditioning at the Sports Institute in Northern Ireland, he has served as the Head of strength and conditioning at Vietnam sport, he has served as the Head of strength Conditioning at Brunei Elite athlete program, and worked as the Director of Sports consultants(a private company) that delivered S&C services to many of Queensland’s professional teams which included the Brisbane Blazers WNBL squad, Queensland Bulls cricket and the Brisbane Striker NSL team.

A couple of highlights of Phil’s career are, having his beach volleyball team win an Olympic Gold Medal on home turf at the 2000 Sydney Olympic Summer Games, Being involved in Team Scotland’s Medal Haul at the 2018 Commonwealth Games on Australia’s Gold Coast and mentoring coaches. He is passionate about coach development and enjoys watches coaches he has mentored be successful.

When Phil passionate about serving his athletes, and helping them along their journeys and helping them fulfil their dreams. When Phil is not at the office or on the road, traveling with and supporting his teams, he is watching sports or spending quality time with his family.
Chris Snyder is the Director of Coaching for the United States Olympic Committee. In his current role Chris and the coaching education department support the USOC sport performance department by working in coach education, coaching development and coach recognition for all Olympic and Pan-American Sports, as well as, working as an advisor for US Paralympic sport on coaching. The coaching department has created various resources that aid the National Governing Bodies of sport from a mobile application system for sharing coaching resources, to a formal long term athlete development system called the American Development Model (ADM).

The coaching department also operates several high performance coaching programs to grow the level of quality coaching by national team level coaches that lead Team USA into the Olympic, Paralympic and Pan-American Games.

Previously, Mr. Snyder served as the manager of coaching education and training for U.S. Lacrosse in Baltimore. He has also coached competitive sports for over 15 years at the collegiate, high school and competitive club levels.
Tim Pelot
Senior S&C Physiologist
US Olympic Committee

Tim is a Senior Strength and Conditioning Physiologist for the United States Olympic Committee, He has been involved with the preparation of national team athletes for 11 years and he has been in his current role since 2010. He has been involved in strength and conditioning for 19 years, serving coaches and athletes in the collegiate, professional and Olympic settings. He has assisted athletes and coaches at all 3 US Olympic Training Centers and has helped prepare athletes for both the 2012 London Olympic Games and the 2016 Rio Olympic Games and served on the Team USA’s delegation for both Olympics.

He has recently completed an Olympic Sport Leadership program from Kellogg School of Management, via Northwestern University. He currently is responsible for the physical preparations for the following national teams: Men's Indoor Volleyball, Beach Volleyball and Women's Waterpolo. In his tenure with the US Olympic Committee he has helped support the attainment of 22 Major International Gold Medals, 3 Olympic Gold medals, 3 Olympic bronze medals, 1 Olympic silver medal, 2 World Cup titles and 2 World Championships.

Tim’s professional objectives are to Teach, Inspire and Serve those he works with and his professional passions are learning (everything sport science and leadership). He values relationships and works hard to keep his work fun and enjoyable.

Tim lives in Southern California and enjoys spending time with his wife (Jaclyn), 2 kids (Tyler and Alyson) and their Rhodesian Ridgeback (Bear). He enjoys time at home, working in the yard, spending time with his family, taking an active role in his kids sporting activities, reading, being physically active and riding on two wheels (mountain bikes or motorcycles).