



COVID-19 WORKING GROUP UPDATE

April 3, 2020

Team –

We hope you, your families and your communities are staying healthy and well as we continue to learn more about the impact of coronavirus (COVID-19).

With the number of confirmed cases on the rise in the United States, we are doing everything we can to keep you and the U.S. Olympic and Paralympic community safe and informed. It's critical that we all do our part.

We have received several questions regarding the use of face masks to prevent the spread of the virus. As of today, the Centers for Disease Control and Prevention is [recommending](#) that all individuals wear cloth face coverings in public settings, and several state and city officials are adjusting their public health guidance accordingly.

Please see below and continue to refer to TeamUSA.org/coronavirus for the latest information.

Sincerely,
USOPC COVID-19 Working Group

Medical

- There are over 273,880 confirmed cases of COVID-19 and 7,077 deaths related to this disease in the United States.
- In light of new evidence on how COVID-19 is transmitted, the [CDC recommended today](#) that **all individuals wear cloth face coverings in public** settings where other physical distancing measures are difficult to maintain (e.g., elevators, grocery stores and pharmacies) especially in areas of significant community-based transmission.
- At this time, and to preserve critical medical supplies for healthcare workers and first responders, **homemade cloth face coverings are recommended** rather than purchasing medical face masks such as surgical masks or N-95 respirators.
- Maintaining six-feet physical distancing remains critical to slowing the spread of the virus.
- Continue to follow [infection prevention recommendations](#) and twice daily [self-monitor for symptoms](#) of COVID-19.
- Remember, limited testing is currently available for those with doctor's orders, hospitalized patients, healthcare workers and first responders. If you are feeling anxious about this limited capacity, remember that testing does not change the treatment. Click [here](#) to learn more.

International Travel and Domestic Policies

- Many governors and mayors – including those in areas with a primary USOPC footprint, including California, Colorado and New York – are adopting face-mask cultures. Please adhere to the local guidance and federal executive orders of your state and city public health officials.

Training Centers and Facilities

- An individual at the Chula Vista Elite Athlete Training Center in California tested positive for COVID-19. They have been quarantined as have the individuals who were in close contact with them.
- The USOPC sports medicine team will continue to see athletes for acute injuries, illnesses, or essential rehabilitation. A clinician will also be on call to answer questions from athletes 24/7. Clinic hours have been reduced to further limit exposure of healthcare providers and athletes to COVID-19:
 - Colorado Springs: 9-11 a.m. M-F
 - Lake Placid: 9-11 a.m. (M-W-F) and 9 a.m.-12 p.m. (Tues-Thurs); 9-11a.m. (M-F)
 - Chula Vista: 9-11a.m. M-F
- If you have questions, contact a member of the resident sports medicine team at the following:
 - Colorado Springs Olympic & Paralympic Training Center: (719) 866-4554
 - Lake Placid Olympic & Paralympic Training Center: (518) 523-8450
 - Chula Vista Elite Athlete Training Center: (619) 482-6141