



USOC BIOGRAPHY

RANDY WILBER

Senior Sport Physiologist, Ph.D.

Randall L. Wilber joined the United States Olympic Committee in August 1993 and currently serves as a senior sport physiologist at the U.S. Olympic Training Center in Colorado Springs, Colorado. In his current role, he works closely with Team USA athletes and coaches in the areas of altitude training, heat/humidity acclimatization, blood chemistry analysis, overtraining, international air travel (jet lag) and exercise-induced asthma. In more than 20 years with the USOC, he has supported Team USA at seven Olympic Games (2002-2014).

Wilber has authored more than 30 papers in peer-reviewed scientific journals and has written several book chapters in the areas of sports medicine and sport science. He authored *Altitude Training and Athletic Performance* (Human Kinetics, 2004) and co-authored *Exercise-Induced Asthma: Pathophysiology and Treatment* (Human Kinetics, 2002). He was recognized as a Fellow of the American College of Sports Medicine in 1998 and currently serves as Chair of the ACSM Olympic and Paralympic Sports Medicine and Sport Science Committee.

Wilber earned a bachelor's degree in history from Grove City College and holds a M.A. in history from the University of Wisconsin-Eau Claire. He earned his M.S. and Ph.D. in exercise physiology from Florida State University. In 2005, he received the Centennial Laureate Alumni Award from Florida State University and in 2007, he received the President's Distinguished Alumni Award from the University of Wisconsin-Eau Claire.

