



COVID-19 WORKING GROUP UPDATE

March 26, 2020

Team –

With news of the Olympic and Paralympic Tokyo 2020 Games postponement now official, our focus remains on supporting Team USA athletes – and all of you in the Olympic and Paralympic community who have been working tirelessly to support their dreams in preparation for the Games. We know the International Olympic Committee’s decision was not made lightly, but with the safety and well-being of athletes and our communities around the world in mind.

The complexities of our new reality have never been experienced by our global community and we recognize the postponement presents more initial questions than answers. It’s expected and understandable that with that uncertainty may come stress and anxiety, which is why our focus on mental health and overall well-being – for the athletes we serve, for one another and for our greater community – is more important than ever before.

In that spirit, it’s critical that we continue to keep you safe and informed with the latest updates related to the impact of the coronavirus (COVID-19). As a reminder, we have expanded our mental health services available to athletes, USOPC staff and their families during this time.

We will be working with you – and our global partners – to address your questions and concerns as quickly as possible. Thank you for your understanding, patience and collaboration as we adapt and continue to support our athletes. Our commitment to our mission has never been stronger.

Please see below and refer to TeamUSA.org/coronavirus for the latest updates related to the impact of coronavirus (COVID-19) on the Team USA community.

Sincerely,
USOPC COVID-19 Working Group

Medical

- In response to the uncertainty and stress facing the global Olympic and Paralympic community, the USOPC is enlisting support from its mental health officers, who were scheduled to work with Team USA at the Olympic and Paralympic Games Tokyo 2020. The officers will assist by providing mental health services and leading virtual town halls for athletes and staff. More information will be forthcoming.
- In the meantime, there are multiple mental health resources available for Team USA athletes and staff, including information from the USOPC’s sports psychology team (available under Support

Resources at TeamUSA.org/coronavirus), as well as [ComPsych](#), [All Mental Health](#) and [Mental Health America](#).

- To help [prevent the spread of the virus](#), athletes and staff should continue twice daily [self-monitoring for symptoms](#) of COVID-19. Should an individual develop any of these symptoms, they should stay home, [self-isolate](#) and call their primary care physician (staff) or sports medicine representative (athletes) for further directions. Another option for staff and athletes who are eligible for Elite-Athlete Health Insurance is to utilize their Telehealth benefits via Teladoc.com or by contacting 1-800-835-2362.
- According to the latest from the World Health Organization, COVID-19 is present in over 200 countries. There are approximately 500,000 COVID-19 cases and 19,000 deaths worldwide. In the United States, there have been 68,440 confirmed cases and 994 deaths. In the last 24 hours, there have been more cases of COVID-19 diagnosed in the United States than anywhere else in the world. Although experts cannot predict exactly how long the pandemic will last, the WHO anticipates it will be many more months.

International Travel and Domestic Policies

- The number of nations included under CDC's Level 3 (widespread ongoing transmission) continue to increase. The CDC recommends that travelers avoid all nonessential travel to these destinations. The full, current list is below with recently added nations in bold.
 - CDC Level 3 nations with entry restrictions to the United States include China, Iran, countries within the United Kingdom, Ireland and [most European countries](#).
 - CDC Level 3 nations without entry restrictions to the United States include **Argentina**, Australia, Brazil, Canada, Chile, **Ecuador**, **India**, **Indonesia**, Japan, Israel, Malaysia, Pakistan, **Panama**, **Philippines**, **Qatar**, **Romania**, **Russia**, **Saudi Arabia**, **Singapore**, **South Africa**, South Korea, Thailand and Turkey.
- The Department of Homeland Security has extended the REAL ID enforcement deadline for one year. Now beginning Oct. 1, 2021, only REAL ID state-issued driver's licenses and identification cards will be accepted at federal facilities, such as TSA airport security checkpoints.
- The following 22 states have issued stay-at-home orders: Alaska, California, Colorado, Connecticut, Delaware, Hawaii, Idaho, Illinois, Indiana, Louisiana, Massachusetts, Michigan, Minnesota, New Jersey, New Mexico, New York, Ohio, Oregon, Vermont, Washington, West Virginia and Wisconsin. Please adhere to your state and county public health policies.

Sport

- The USOPC will continue to share information with athletes and NGBs as it learns more from the IOC, IPC and International Federations regarding implications from the postponed Tokyo Games. NGBs are asked to notify their USOPC sport performance representatives as IFs share more information regarding qualification guidelines.
- In the days coming, the USOPC will offer guiding principles to help maximize opportunity and fairness with team selection procedures. In the meantime, NGBs and HPMS are asked to include the following statement for athletes, coaches and staff in their Tokyo Selection Procedures: "CURRENTLY UNDER REVIEW FOR AMENDMENTS DUE TO POSTPONEMENT OF THE GAMES [DATE]." Member organizations do not need a letter of approval from USOPC sport performance to include this disclaimer.
- Once the disclaimer has been added, member organizations are asked to repost their procedures online and widely distribute an email communication to notify athletes to expect changes to the procedures once guidance from the IOC, IPC and IF is received.

- NGBs and athletes should continue to refer to the “Athlete FAQ” at TeamUSA.org/coronavirus for updates from the USOPC regarding qualification, USOPC benefits and services, as well as mental health and other resources.

Training Centers and Facilities

- The Colorado Springs Olympic & Paralympic Training Center is limiting to essential staff due to Colorado’s [stay-at-home order](#), effective today (March 26). Adhering to the statewide guidance, the USOPC will continue to provide the following essential services at its facilities in Colorado:
 - Dining. The CSOPTC will continue to provide resident athletes meals to go.
 - Security, Housekeeping and Maintenance. The USOPC will continue to provide these services to resident athletes at the CSOPTC, as well as at HQ and Sport House.
 - Mail and Shipping. The USOPC limit staffing and on-site access as much as possible.
 - Sports Medicine. The USOPC will continue to provide medical services for athletes with acute injuries, illnesses and essential rehabilitation needs during limited hours. A healthcare provider is also on-call 24-7 should athletes require medical services outside of clinic hours (9-11 a.m. M-F).