## Three-time U.S. Olympic fencer and Team for Tomorrow Athlete Ambassador Tim Morehouse to visit New York City's Vanderbilt YMCA on Oct. 16

Tim Morehouse, 2008 Olympic silver medalist in team sabre fencing and a native New Yorker, will visit the Vanderbilt YMCA in New York City on Tuesday, Oct. 16, as an Athlete Ambassador for the United States Olympic Committee's Team for Tomorrow program.

Beginning at 4 p.m., Morehouse will share his personal story with young athletes and also speak about the importance of living an active and healthy lifestyle. Following the presentation, he will give a demonstration and allow the participants to try their hand at fencing, which is one of only five sports to be featured at every modern Olympic Games.

The activities will take place at the Vanderbilt YMCA located at 224 East 47<sup>th</sup> St.

"Team for Tomorrow provides me with a platform to contribute to making the world a better place," said Morehouse who regularly gives back to the community and recently founded Fencing-in-the-Schools – an educational organization dedicated to bringing fencing to disadvantaged inner-city and rural public schools to help improve health, academic performance and self-esteem amongst youth. "It's humbling to see my fellow athletes share the excitement I have in giving back to others. As Olympians, we have a responsibility to give back, and I would not be where I am today if it were not for the wonderful role models and mentors in my own life."

Morehouse will also share his personal story of determination and commitment while encouraging young people to reach for their dreams.

"At the Y, we encourage kids to find their passion and nurture their potential by exploring different options," said Vanderbilt YMCA Executive Director Anita Harvey. "So, we are honored to have Olympic fencer Tim Morehouse visit the Vanderbilt Y to speak with kids about pursuing their dreams."

The USOC launched Team for Tomorrow in 2008 in partnership with U.S. Olympians and Paralympians to provide a vehicle through which U.S. athletes can offer their assistance and support to those in need around the world, as well as a means to continue spreading the Olympic Values of excellence, friendship and respect. Through this initiative, U.S. athletes offer assistance and support in the form of donations, volunteerism, disaster recovery support, advocacy and other contributions to communities.

Morehouse and his fellow <u>Team for Tomorrow Athlete Ambassadors</u> are serving as captains of the program on behalf of the entire 2012 U.S. Olympic and Paralympic Team. As ambassadors, this select group of athletes will act as advocates and champions of the effort, educating their U.S. teammates and spreading awareness about Team for Tomorrow's causes for 2012.

## **About the YMCA of Greater New York**

The YMCA of Greater New York is, and always will be, dedicated to building healthy, confident, connected and secure children, adults, families and communities. With a focus on youth development, healthy living and social responsibility, the Y nurtures the potential of every youth and teen, improves New York City's health and well-being and provides opportunities to give back and support neighbors. In scores of neighborhoods across the five boroughs and its camp upstate, the Y makes accessible the support and opportunities that empower more than 400,000 New Yorkers to learn, grow and thrive. Visit ymcanyc.org.

To attend Morehouse's visit to the Vanderbilt YMCA, please contact Ellen Murphy at <a href="mailto:emurphy@ymcanyc.org">emurphy@ymcanyc.org</a>. If you need images or have additional requests for Morehouse, please contact Brant Feldman at <a href="mailto:agmsports@aol.com">agmsports@aol.com</a> or Nicole Jomantas at <a href="mailto:n.jomantas@usfencing.org">n.jomantas@usfencing.org</a>.