



Personal Performance Gear ~ Summer Sports
As of September 1, 2005

The specialized equipment listed below has a material effect on the performance of athletes during the actual sports competition. This list has been compiled and approved by the United States Olympic Committee pursuant to the requirements of the *Olympic Charter*.

Archery

Sunglasses	Quiver
Shoes	Tab
Hat or visor	Finger sling

Archery Equipment (Bow)

Riser	Rest
Limbs	Clicker
String	Stabilizer
Sight	V-bars
Plunger	

Archery Equipment (Arrow)

Points (for arrows)	Inserts
Arrows	Nocks (for arrows)
Vanes-feathers	

Athletics

Shoes/Spikes	Gloves
Undergarment/Support	Vaulting Poles/Helmets
Joint and abdominal support/Weight belt	Watch
Sunglasses	Throwing implements

Badminton

Rackets	Medical brace
Shoes	Sport glasses

Baseball

Batting helmets	Baseball bat(s)
Sunglasses	Catcher's gear
Wristbands	Glove – batting
Protective gear	Glove – fielding
Performance apparel	Shoes



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Basketball

Shoes
Braces

Bowling

Bowling balls	Ball grips and slugs
Ball cleaners, polishers and rejuvenators	Shoes and sole revision kits
Gloves and wrist, back, elbow and ankle braces	

Boxing

Mouthpiece	Boxing shoes
Boxing cup	Headgear
Eye contacts	

Canoe/Kayak - Sprint

Boat	Seat
Foot brace	Spray skirt
Paddle	Sunglasses
Rudder	

Canoe/Kayak - Slalom

Boat	Spray skirt
Dry suit	Paddle
Helmet	Personal floatation device

Cycling

Bicycle	Pedals/Shoes
Helmet	Shoe covers
Skinsuit	Sunglasses

Diving

Swimsuit
Wrist supports



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Equestrian

None

Fencing

Mask	Underarm protector
Shoes	Lame (electric vest)
Fencing weapons	Electronic body cords
Jacket	Fencing gloves
Knickers (pants)	

Field Hockey

Stick	Goalkeeper helmet
Shoes	Goalkeeper gloves
Grip	Goalkeeper protective padding
Goalkeeper shorts	Orthopedic braces/inserts
Goalkeeper leg guards and kickers	

Gymnastics - Rhythmic

Leotards, body suits	Balls, ribbon with sticks, hoops, ropes, clubs
Socks (competition shoes)	

Gymnastics - Artistic

Handgrips	Chalk
Wrist, elbow, arm, knee, ankle guards/bands	Socks (competition shoes)

Gymnastics - Trampoline

Chalk
Socks (competition shoes)

Judo

Gi

Karate

Gi	Shin guard
Fist pad	Ladies chest protector
Mouth guard	



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Modern Pentathlon

Fencing

Epee
Fencing shoes
Fencing gloves
Fencing mask
Fencing jacket and pants

Shooting

Pistol
Ammo
Shooting glasses
Shooting shoes

Running

Running shoes/spikes

Riding

Saddle

Swimming

Swimsuit
Goggles

Racquetball

Racquet
Gloves

Shoes
Eyeguards

Roller Sports

Speed

Skates (including boots, frames, wheels,
and bearings) Eyewear
Helmet

Figure

Skates (including boots, frames, wheels,
and bearings)

Hockey

Skates (including boots, frames, wheels,
and bearings) Padding (including hip, neck, shin, elbow,
and knee pads, gloves)
Stick Helmet

Rowing

Sunglasses
Oars (sculling and sweep)

Shell (racing boats)



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Sailing

Boat	Mast
Boat shoe	Sail
Boom	Spar
Gloves	Spinnaker poles
Hiking harness	Sunglasses
Life jacket	Wet suit

Shooting

Shot-shell ammunition *	Shooting vest, shotgun *
Smallbore and airgun ammunition (.22 and .177) *	Shooting shoes, pistol (competition wear only) *
Rifles (air and smallbore) *	Shooting boots, rifle *
Pistols (air and smallbore) *	Shooting glove, rifle *
Shotguns *	Shooting sling, rifle *
Shooting jackets, rifle *	Shooting glasses (competition wear only)
Shooting pants, rifle *	Hearing protection
Shooting boots/shoes, shotgun (competition wear only)	Inclement weather clothing, shotgun (competition wear only)

* All ISSF regulation

Soccer

Cleated shoes	Goalkeeper gloves
Shinguards	

Softball

Glove	Catcher's chest protection
Batting glove	Catcher's shin guards
Bat	Sunglasses
Catcher's skullcap/mask	Shoes

Squash

Racquets	Footwear
Strings	Protective eyewear
Grips	



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Swimming

Swim suit	Caps
Goggles	

Synchronized Swimming

Noseclip	Swim cap
Black Figure suit	

Table Tennis

Glue	Rubber
Racquet	Playing shoes
Blade	

Taekwondo

Belt	Chest protection (must meet IF specs)
Dobak	Mouth guard
Headgear (must meet IF specs)	

Team Handball

Shoes	Protection pads/braces/injury treatment gear
Mouthguards	Compression shorts/under garments
Eye protection	

Tennis

Racquet	Grips
Shoes	String
Sunglasses	Glasses/optical enhancers

Triathlon

Swim/race wear	Cycling shoes
Swim goggles	Bike helmet
Wetsuit	Sunglasses
Bike (to include all bike components and bike computer)	Running shoes



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Volleyball - Beach

Sunglasses	Sand socks
Hat/Headband	Competition apparel

Volleyball - Indoor

Shoes

Water Polo

Swimsuits

Water Skiing

Armsling	Skis
Eyewear	Bindings
Gloves	Fins
Handles	Wing
Ropes	Swimsuits
Helmet	Trick release
Life jacket	Wetsuits
Braces (mouth piece and back, knee and neck braces)	Speed suit

Weightlifting

Lifting belt/ singlet	Wrist wraps and knee sleeves
Lifting shoes	

Wrestling

Shoes